

Ways grandparents support early development for kids

Grandparents play a powerful part in young children's lives. They share stories, teach skills and help kids feel loved and supported. Many provide child care or act as steady helpers for busy parents. Whether nearby or connected from a distance, grandparents help children build confidence, curiosity and a strong sense of family.



Scan for more information, services and resources.



Grandparents are a source of wisdom, learning and love.

Grandparents offer trusted advice and reassurance to parents in moments of uncertainty or stress. They support their grandchildren's growth through play, conversation and shared traditions, reinforcing important lessons while offering comfort and understanding. The close, caring relationships they build support healthy brain and emotional development.



Grandparents provide child care.

ZERO TO THREE reports 1 in 4 children under age 5 are cared for by grandparents while parents work or attend school. While grandparents often step up, it's not always easy. ZERO TO THREE offers helpful resources to support families and caregivers.



Some grandparents are primary caregivers.

Many grandparents are raising their grandchildren. In Arizona, First Things First funds programs to support them. Use the Find Programs tool to explore local classes and workshops.