

First Things First supports early childhood programs in Arizona through grants to community organizations that provide services—at no cost—for young children from birth to age 5 (before kindergarten) and their families.

Northwest Maricopa Region includes Peoria, El Mirage, Glendale, Surprise, Wickenburg, Youngtown, Aguila, Morristown, Sun City, Sun City West, Waddell, Wittmann and small parts of the city of Phoenix.



GET THIS INFO ONLINE:

[FirstThingsFirst.org / Find-Programs](https://FirstThingsFirst.org/Find-Programs)



Parenting

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

Family Friend and Neighbor Caregivers

Many children spend parts of the day with non-parent caregivers in informal home settings. Learn how you can better support the health, development and learning of the young children in your care through health and safety practices, educational activities and understanding more about child development.

Family Resource Centers

Bring your children and take classes and workshops from trained parent educators, connect with community resources and more, all in one convenient location.

Deer Valley Family Resource Center at Copper Creek Elementary

(623) 376-3975
<https://www.dvusd.org/dvfrc>

GESD Family Hub

(623) 237-7364
familyhub@gesd40.org

GESD Landmark Family Resource Center

(623) 237-4180
familyhub@gesd40.org

GESD Family William C. Jack Family Resource Center

(623) 237-4581
familyhub@gesd40.org

GESD Family Desert Garden Family Resource Center

(623) 237-5460
familyhub@gesd40.org

GESD Family Bicentennial South Family Resource Center

(623) 237-5460
familyhub@gesd40.org

Pendergast Family Resource Center Hub

(623) 772-2339
PendergastFRC@pesd92.org

Lutheran Social Services

2502 E. University Ste 125
Phoenix, AZ 85034
(480) 868-0902
smcgovern@lss-sw.org

Pendergast Family Resource Center at Sunset Ridge Elementary

(623) 772-2339
PendergastFRC@pesd92.org

PUSD Family Resource Center at Sky View Elementary

(623) 773-6679
FamilyResourceCenter@pusd11.net

PUSD Family Resource Center at Alta Loma Elementary

(623) 773-6679
FamilyResourceCenter@pusd11.net

Surprise Resource Center

City of Surprise
(623) 222-1675
surprisecares@surpriseaz.gov

Washington Resource Information Center at Sunset Elementary

(602) 347-2422
wesdcommserv@wesdschools.org

Wickenburg Family Resource Center All Thrive 365

(928) 684-7894 ext 426
wickenburg@allthrive365.org

Home Visiting Programs

Work 1-on-1 with a trained and caring parent educator, in the convenience of your own home, to build on the parenting skills you already have and nurture your child's health, development and learning.

**Parents as Teachers
Child & Family Resources**
(602) 688-5540
cfr@cfraz.org

Parent Partners Plus
(602) 633-0732
pppintake@swhd.org

Family Support - Children with Developmental Concerns

Get individualized support and coaching to help you identify and address developmental concerns early, respond to challenging behaviors, and support your child's physical, social and emotional development.

Child & Family Resources
(602) 688-5540
cfr@cfraz.org



Quality Child Care and Preschool

Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.



Learn more and find programs near you at: **FirstThingsFirst.org**



Birth to Five Helpline

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child's feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.



Southwest Human Development
1-877-705-KIDS (5437)
birthtofivehelpline.org

LEARN MORE

For more information about how First Things First supports the healthy development and learning of young children in our community, visit us at **FirstThingsFirst.org/Regions/Northwest-Maricopa** or call **602.771.4961**.

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Space may be limited and eligibility requirements may apply. While this listing only includes programs funded by First Things First, many of them can connect you with additional services that might be right for you.

In accordance with the Americans with Disabilities Act, First Things First (FTF) will not discriminate on the basis of disability in its services, programs or activities. Qualified individuals with disabilities may request auxiliary aids and services to make information and communications accessible as well as request reasonable modifications to policies and programs so that they can participate equally in FTF's services, programs and activities. For assistance, contact FTF at (602) 771-5057. This document was last modified 06/27/2025.

SCAN QR CODE
TO FIND PROGRAMS
IN YOUR AREA

