About First Things First

Approved by Arizona voters, First Things First (FTF) works to ensure that your youngest children have access to quality early childhood experiences so they will start school healthy and ready to succeed. Across the state, FTF Regional Partnerships Councils - in collaboration with local leaders - identify the education and health needs of children birth through age 5 in their communities and fund strategies to address those needs.

Disclaimer

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Welcome to the Yuma Connection Guide

Strong families are the cornerstone of strong communities. Physical well-being and lifelong health begin at birth and continue to develop as we grow. These enable our children to become productive and contributing community members.

Families are a child’s first and best teacher. It is important that parents and caregivers have the information and support they need to make the best choices.

First Things First brings you this guide to provide you with information on programs, organizations and resources in the FTF Yuma and Cocopah Tribe regions.

First Things First’s mission is to collaborate with local partners to create a family-centered, comprehensive, collaborative and high-quality early childhood system that supports the development, health and early education of all Arizona’s children birth through age 5 to prepare them to succeed in school and life.

This guide is intended to enhance networking opportunities, improve communication, create new partnerships and bring awareness of resources in the area to help better serve families with children from birth to age 5.

We hope this information will be useful to you!

If you would like additional copies of this guide, would like to suggest corrections, or would like to be included in the next edition, please contact Diana Ortega, Program Coordination Specialist, at 928.343.3020

Thank you for partnering with us as we work together to build a better future for our children, our families and our community!
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Why Early Childhood Matters

From birth to age 5, a child’s brain grows more than at any other time in life. And early brain development has a lasting impact on a child’s ability to learn and succeed in school and life. The quality of a child’s experiences in the first few years of life – positive or negative – helps shape how their brain develops.

The brain is the command center of the human body. A newborn baby has all of the brain cells (neurons) they’ll have for the rest of their life, but it’s the connections between these cells that really make the brain work. Brain connections enable us to move, think, communicate and do just about everything. The early childhood years are crucial for making these connections. At least one million new neural connections (synapses) are made every second, more than at any other time in life.

The early years are the best opportunity for a child’s brain to develop the connections they need to be healthy, capable, successful adults. The connections needed for many important, higher-level abilities like motivation, self-regulation, problem solving and communication are formed in these early years – or not formed. It’s much harder for these essential brain connections to be formed later in life.

90% of Brain Growth Happens Before Kindergarten

At birth, the average baby’s brain is about a quarter of the size of the average adult brain. Incredibly, it doubles in size in the first year. It keeps growing to about 80% of adult size by age 3 and 90% – nearly full grown – by age 5.
Breastfeeding Resources / Recurso De Lactancia Materna

Arizona Breastfeeding Coalition
The Arizona Breast Coalition provides awareness and education to assist in the betterment of public health and breastfeeding protection and awareness.
1.800.833.4642
www.azbreastfeeding.org
Hours: 24 hours, 7 days
Languages offered: English, Spanish
Cost: Free

Arizona Department of Health Services Breastfeeding Program
The Arizona Department of Health Services (ADHS) provides support to breastfeeding mothers through breastfeeding awareness.
150 N 18th Ave
Phoenix, AZ 85007
602.542.1025
Breastfeeding hotline: 1.800.833.4642
www.azdhs.gov/breastfeeding.
Hours: Breastfeeding hotline is 24 hours a day, 7 days a week
Languages offered: English, Spanish
Cost: Free

La Leche League of Arizona
La Leche League provides education, information, support, and encouragement to those who want to breastfeed/chestfeed. Support services include breastfeeding support by phone and in person.
Yuma Main Library
2951 S 21st Dr
Yuma, AZ 85364
602.234.1956
www.lllofaz.org
Hours: Contact for hours.
Languages offered: English, Spanish
Cost: Free

Women, Infants and Children (WIC)
Women Infants & Children (WIC) program is a Special Supplement Nutrition Program for Women, Infants and Children (WIC) up to 5 years of age is a short-term intervention program designed to influence lifetime nutrition and health behaviors. Services include nutrition education, breastfeeding support, supplemental foods, in-staff registered dietician, referrals to health care and other social services. WIC locations in Yuma, San Luis, Somerton and Wellton.
Yuma
220 W 28th St
Yuma, AZ 85364
928.317.4500
www.yumacountyaz.gov/government/health-district/divisions/wic-nutrition
San Luis
1358 Liberty ST (inside County Court Complex)
San Luis, AZ 85349
Somerton
350-B Main ST
Somerton, AZ 85350
Wellton
10452 Williams ST
Wellton, AZ 85356
Hours: Mon.-Fri. 8 a.m.- 5 p.m.
Languages offered: All
Cost: Free

YRMC Breastfeeding Support & Lactation Classes
YRMC offers several levels of support to help new mothers get their babies off to a healthy start through lactation consultants who are registered nurses dedicated to making breastfeeding a positive and rewarding experience for mothers and their babies (currently offered virtually).
928.336.1211
www.yumaregional.org
Facebook: www.facebook.com/yumaregional
Hours: Contact lactation consultants for hours.
Languages offered: English, Spanish
Cost: Contact for details
Comité de Bien Estar, Inc.
Comité de Bien Estar is a non-profit agency focusing in building and strengthening the community. Comité de Bien Estar assist Mexican-Americans and new immigrants to overcome barriers they may face such as low wages, limited political representation and limited access to conventional financing.

Programs

- Bienestar Housing Resource Center (BHRC)
  Bienestar Housing Resource Center (BHRC) a division of the Comité de Bien Estar. BHRC is a one-stop center that focuses on assisting people meet their housing needs by facilitating access to affordable housing and practical financial counseling. Program assistance aims to aide families in areas such as finances management, foreclosure assistance, financial literacy, first time homebuyer counseling, down payment, and closing cost assistance.
  963 E B St
  San Luis, AZ 85349
  928.627.8559
  www.comiteaz.com
  Facebook: www.facebook.com/ComitedeBienestarYuma
  Hours: Mon.- Thurs. 8 a.m. – 5 p.m.
  Languages offered: English, Spanish
  Cost: Fees may apply

Habitat for Humanity
Habitat for Humanity has been a part of the Yuma Community for almost 19 years building houses for thousands of low income families. Habitat for Humanity has successfully joined together with community groups and others to address a significant issue in our society and provide housing.
  1245 S 4th Ave
  Yuma, AZ 85364
  928.783.3993
  www.habitat.org
  Hours: Tues.-Fri. 9 a.m. – 4 p.m.
  Languages offered: English
  Cost: Fees may apply

Hacienda Manuel Chavez
The Chavez Foundation housing program assist eligible families with subsidized apartments and rentals. The Hacienda Manuel Chavez offers apartments to qualifying applicants. Application fees apply and all applicants are subject to background checks.
  500 S Somerton Ave
  Somerton, AZ 85350
  928.627.2919
  Hours: Mon.-Fri. 9 a.m. – 4 p.m.
  Languages offered: English, Spanish
  Cost: Contact for details

Housing America Corp.
Housing America Corp is dedicated to the improvement of communities by providing safe, affordable and decent housing through education and economic opportunity for low-income to moderate income families and individuals.

Programs

- Self Help
  The USDA Mutual Self-Help program provides assistance to very low and low income individuals and families able and willing in building 65% of their own house. Programs creates groups of ten to twelve participants who work together to build each other’s houses. All participants are to attend required education classes, work a set amount of construction labor to include weekends. For further information, contact the USDA Mutual Self Help program office.

- 502 Loan Program
  The 502 Loan Program assist low- and very-low-income families/homebuyer in obtaining a decent, safe and clean housing through payment assistance to increase the homebuyer repayment ability. Payment assistance is a form of subsidy that may reduce monthly mortgage payments.

- Homeownership Education
  Homeownership Education assist by providing families with pre and post purchase homebuyer education in an effort to create successful long term homeowners. Classes are free of charge.
  130 N State Ave
  Somerton, AZ 85350
  928.627.4221
  www.housingamericacorp.com
  Facebook: www.facebook.com/Housing-America-Corporation
  Hours: Mon- Thu, Sat-Sun, 8 a.m. – 5 p.m.
  Languages offered: English, Spanish
  Cost: Fees may apply
**Housing Authority of the City of Yuma (HACY)**

HACY is a non-profit organization committed to providing affordable housing opportunities that meet the needs of residents and the community.

**Programs**

- **Section 8**
  
  HCV Section 8 program works with landlords and property owners to provide affordable housing opportunities to individuals and families in need. Housing Assistance Payment (HAP) program subsidizes the household rent in contract with the landlord/owner. Program subsidies are dependent on participants’ household income.

928.782.3823 Ext. 110

- **Rental Assistance Demonstration (RAD)**
  
  The Rental Assistance Demonstration (RAD) Program is a new initiative that seeks to improve the quality of life for over 200 Yuma residents. The RAD program consists in converting public housing subsidies into Section 8 contracts attached to the developments.

928.782.3823 Ext. 110

- **Family Self Sufficient Program (FSS)**
  
  The Family Self-Sufficiency (FSS) Program is designed to motivate and assist participants identifying career goals to overcome barriers and achieving their goals. The FSS program provides low-income families opportunities for education, job training, counseling and other forms of social service assistance as they live in assisted housing.

928.782.3823 Ext 153

- **Multi-Family Service Program (MSP)**
  
  The Multi-Family Service Program assists residents of public housing remain self-sufficient and be aware of resources available in the Yuma community. The MSP Program offers assessments to help to determine needs and provide referrals to medical and/or mental health services, meal or nutritional services, emergency response services, educational workshops, employment information and transportation is provided for qualified participants.

928.782.3823 Ext 145

- **Homeownership Programs**
  
  Family Self-sufficient Participants who wish to become a homeowner are afforded the opportunity to develop their Individual Training and Service Plan (ITSP) in preparation for homeownership. The FSS program coordinates workshops to assist participants with programs such as WISH/IDEA.

420 S Madison Ave Yuma, AZ 85364
928.782-3823 Ext. 151
www.hacy.org

Hours: Mon.-Fri. 8 a.m. – 5 p.m.
Languages offered: English, Spanish  Cost: Free

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**Rapid Rehousing - Western Arizona Council of Governments (WACOG)**

Western Arizona Council of Governments’ Rapid Rehousing program assists families in becoming stabilized utilizing specialized services and community referrals. Case managers are available to assess and provide eligible households appropriate services such as client engagement, developing & monitoring case plan, closure of the care plan, outside resources, evaluation & planning, and budgeting.

1235 S Redondo Center Dr
Yuma, AZ 85364
928.782.1886

www.wacog.com/rapid-rehousing
Facebook: www.facebook.com/WACOG.AZ

Hours: Mon.-Fri. 8 a.m. – 5 p.m.
Languages offered: English, Spanish  Cost: Free

**Youth Build/AmeriCorps - Portable Practical Education Preparation, Inc. (PPEP)**

The YouthBuild/AmeriCorps is a program for youth providing students skill development. Through housing partnerships students build low income housing, attend GED classes and community college courses. Students are able to give back to the community through service, expand their education, and earn education scholarships for higher education.

731 N First Ave
San Luis, AZ 85349
928.627.3203

www.ppep.org

Hours: Mon.-Fri. 8 a.m. – 4 p.m.
Languages offered: English, Spanish  Cost: Free

**U.S. Department of Agriculture - USDA**

USDA provides opportunities for homeownership and home renovation and repair programs in rural sites. USDA assistance in providing financing to elderly, disabled or low-income rural residents in multi-unit housing complexes. USDA Programs include: housing for individuals, multi-family housing rentals, single family housing direct home loans, single family housing guarantee loan program, single family housing repair loans and grants.

www.usda.gov
Facebook: www.facebook.com/USDA

Hours: Mon.-Fri 8 a.m. – 5 p.m.
Languages offered: English  Cost: Free
Department of Economic Security (DES)
DES works with families, community organizations, advocates and state and federal partners to realize our collective vision that every child, adult and family in Arizona will be safe and economically secure.

Programs

- Nutrition Assistance (Formerly known as food stamps program)
  Nutrition Assistance is a program for the Food and Nutrition Service (FNS) Supplemental Nutrition Assistance Program (SNAP) which strives to prevent under nutrition in Arizona. https://des.az.gov/na

- Emergency Food Assistance Program (TEFAP)
  The Emergency Food Assistance Program (TEFAP) is a federally funded program assisting the low-income Americans nutrition, including elderly people through emergency food and nutrition assistance at no cost
  www.fns.usda.gov/tefap/emergency-food-assistance-program

Office Locations

San Luis
663 N William Brooks Ave
San Luis, AZ 85349
928.627.1890

Somerton
342 W Main St
Somerton, AZ 85350
928.627.2075

Yuma
1800 E. Palo Verde S
Yuma, 85364
928.247.8740
1185 S Redondo Dr
Yuma, AZ 85365
928.247.8760

Hours: Mon.-Fri. 7:30 am. – 5 p.m.
Languages offered: English, Spanish
Cost: Free

Fr. Cherian Food Pantry - St. Paul’s Episcopal Church
Fr. Cherian Food Pantry has teamed up with the Yuma Community Food Bank to provide boxes of food to our community. Working hours are 9 a.m. to 11 a.m. every other Saturday. All those with a picture ID and residential address may please access this opportunity to receive food items whether for themselves or to recommend this outreach program to others who are in need.
1550 S 14th Ave
Yuma, AZ 85364
928.782.5155
Facebook: www.facebook.com/StPaulsYuma

Hours: Every other Saturday 9am. – 11 a.m.
Languages offered: English, Spanish
Cost: Free

New Life Pregnancy Center - Arizona Baptist Children Services
Free Pregnancy tests, diapers, wipes, clothes, baby supplies and food boxes. Services offered to pregnant women and children zero to six years of age.
2363 S. Kennedy Ln
Yuma, AZ 85365
928.726.5568
www.newlifepregnancy.com/locations/new-life-pregnancy-center-yuma/

Hours: Tues.-Thurs. 8a.m.-4p.m.
Languages offered: English, Spanish
Cost: Free

Yuma Community Food Bank
Provides emergency food boxes through the Emergency Food Assistance Program (TEFAP), a federal program that supplements the diets of low-income individuals and families. Provides food assistance to low-income Seniors over the age of 60 through the Commodity Senior Food Program (CSFP). Food boxes are available at Yuma Community Food Bank locations and other agencies in Yuma County. Distribution sites in Dateland, San Luis, Somerton, Wellton and Yuma.
2404 E 24th St
Yuma, AZ 85365
www.yumafoodbank.org/
Facebook: www.facebook.com/yumafoodbank
Food Distribution Mon.-Fri. 7 a.m. – 12:30 p.m. (Hours vary due to pandemic)
Languages offered: English
Cost: Free
Nutrition & Food Resources / Recursos De Nutrición Y Alimentos

Distribution Sites

Dateland
Dateland Elementary School
1300 Ave 64E
Dateland, AZ 85333
Food Distribution: 2nd Thu of every month, 10 a.m. - 12 p.m.

Somerton
Somerton Gym
801 W Main St
Somerton, AZ 85350
Food Distribution: 4th Wed of each month, 10 a.m. -12 p.m.

Yuma County Housing
Campo Amarillo 8450 US 95
Somerton, AZ 85350
Food Distribution: 3rd Thu of each month, 8 a.m. - 11 a.m.

San Luis
San Luis Senior Center
790 Juan Sanchez
San Luis, AZ 85349
Food Distribution: 2nd & 4th Wed of each month, 7 a.m. -9 a.m.

Wellton
ED Whitehead Tire Pro Shop
29889 Los Angeles Ave
Wellton, AZ 85356
Food Distribution: 2nd Thu of every month, 7 a.m. - 9 a.m.

Yuma
2404 E 24th St
Yuma, AZ 85364
928-343-1243
Food Distribution: Open Mon – Fri, 9a.m. – 3p.m.

Mesa Heights
2150 S. AZ Ave
Yuma, AZ 85364
Food Distribution: 3rd Tue of each month, 8a.m. - 10 a.m.

Yuma County Women Infants & Children (WIC)

Women Infants & Children (WIC) program is a special supplement nutrition program for Women, Infants and Children (WIC) up to 5 years of age is a short-term intervention program designed to influence lifetime nutrition and health behaviors. WIC is assistance, not a handout. It is healthcare, not a welfare program. WIC provides nutritious foods and services at no cost without reservation of status. Services include nutrition education, breastfeeding support, supplemental foods, in-staff registered dietician, referrals to health care and other social services.

Locations

Yuma
2200 W 28th St
Yuma, AZ 85364
928.317.4509

O.C. Johnson
1201 W 12th St
Yuma, AZ 85354
928.317.4500

San Luis
1358 Liberty St
San Luis, AZ 85349
928.317.5000

Somerton
350-B Main St
Somerton, AZ 85350
928.317.4500

Wellton
10452 Williams St
Wellton, AZ 85356
928.317.4500 (Appointment only)
Hours: Mon.-Fri. 8 a.m.- 5 p.m.
Languages offered: English, Spanish, ASL
Cost: Free
## Basic Needs / Necesidades Básicas

### Nutrition & Food Community Resources / Recursos Comunitarios De Nutrición Y Alimentos

<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adventist Community Services</td>
<td>903 W 3rd St, Yuma, AZ 85364</td>
<td>928.329.1076</td>
<td><a href="http://www.communityservices.org/">www.communityservices.org/</a></td>
</tr>
<tr>
<td>American Legion #19</td>
<td>2575 S Virginia Dr, Yuma, AZ 85364</td>
<td>928.344.8800</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td><em>Food boxes for veterans and families in need</em></td>
</tr>
</tbody>
</table>

### Safe House & Shelter Resources / Recursos De Casa Segura Y Refugio

<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amberly's Place</td>
<td>1310 S 3rd Ave, Yuma, AZ 85364</td>
<td>928.373.0549</td>
<td><a href="http://www.amberlysplace.com">www.amberlysplace.com</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>24 Hour Crisis Hotline: 928.373.0849</td>
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<td></td>
<td></td>
<td>Hours: Mon.-Fri. 8 a.m.-5p.m.</td>
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</tr>
<tr>
<td></td>
<td></td>
<td>Languages offered: English, Spanish</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Cost: Free</td>
<td></td>
</tr>
<tr>
<td>Catholic Community Services</td>
<td>690 E 32nd St, Yuma, AZ 85364</td>
<td>928.782.0077</td>
<td><a href="http://www.ccs-soaz.org">www.ccs-soaz.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Local Hotline: 928.782.0044</td>
<td></td>
</tr>
<tr>
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<td></td>
<td>Crisis Hotline: 1.877.440.0550</td>
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<tr>
<td></td>
<td></td>
<td>Hours: Mon.-Fri. 8 a.m.-5p.m.</td>
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<td></td>
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<td>Languages offered: English, Spanish</td>
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<td></td>
<td></td>
<td>Cost: Free</td>
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</tbody>
</table>

*Note: Some organizations provide additional services beyond food.*
Crossroads Mission
Crossroads Mission offers programs to assist homeless guest with basic needs, a safe environment, a clean, comfortable bed, hot meals, showers, and bathrooms. Services are available 365 days a year, 24 hours a day. Guests can make use of the program for ten consecutive days each month. Guest must be 18 years and older or be accompanied by a parent or guardian. Program access requires a valid, non-expired, and acceptable identification, proof of marriage for couples. Without identification, guests are only allowed one night of shelter. Crossroads Mission is a faith based organization whose goal is to restore and preserve human dignity.
944 S. Arizona Ave
Yuma, AZ 85364
928.783.9362
www.crossroadsmission.org
Hours: Mon.-Fri. 8 a.m.-5 p.m.
Languages offered: English, Spanish
Cost: Free

YCAT
Yuma County Area Transit (YCAT) part of the Yuma County Intergovernmental Public Transportation Authority (YCIPTA) providing bus services throughout Yuma County. Services are available in Yuma, Somerton, Town of Wellton, Cocopah Indian Reservation and unincorporated communities of Yuma County, including Gadsden, Fortuna Foothills, Ligurta, Winterhaven and El Centro, CA and on the Quechan/Fort Yuma Indian Reservation.
2715 E 14th St
Yuma, AZ 85365
Administrative Offices: 928.539.7076
Transit Information: 928.783.2235
www.ycipta.org
Hours: Mon.-Fri. from 5:25 a.m. to 8:30 p.m.; Sat. from 9:30 a.m. - 6:30 p.m.
Languages offered: English
Cost: Fees apply

Greyhound Bus Station
Greyhound provides transportation within the state and national travel. Greyhound is one of the largest providers of transportation. Travel fees and restrictions apply.
1245 S Castle Dome Ave
Yuma, AZ 85364
928.783.4403
www.greyhound.com
Hours: Mon.-Fri. 8 a.m.- 8 p.m.; Sat. 9 a.m. - 6 p.m.
Languages offered: English
Cost: Fees apply

Right Turn for Veterans
Right Turn for Veterans assist Veterans at risk of being homeless or homeless veterans with permanent transition to financial and social independence through transitional housing. Assistance includes room and board, medical benefits, re-engaging with community and family and assisting in obtaining financial independence.
257 S 3rd Ave
Yuma, AZ 85364
928.783.0179
www.rightturnyumavets.com
Hours: Mon.-Fri. 8 a.m.- 5 p.m.
Languages offered: English, Spanish
Cost: Free

Yuma International Airport
Yuma International Airport is operated and managed by the Yuma County Airport Authority. Yuma International Airport strives to provide a safe and comfortable environment for people traveling through the airport’s terminal.
2191 E 32nd St, Suite 218
Yuma, AZ 85365
928.726.5882
Hours: Mon.-Fri. 8 a.m.- 5 p.m.; Terminals open at 5:30 a.m., 7 days a week.
Languages Offered: English, Spanish
Cost: Fees apply
Utilities Resources / Recursos De Utilidades

**Affordable Connectivity Program**
Provides a monthly discount towards broadband Internet service for households on low income and those who live on Tribal lands. Includes a one-time discount of up to $100 to purchase a laptop, desktop computer, or tablet from participating providers.
877.384.2575
www.affordableconnectivity.gov
Hours: 24-hours website; daily
9 a.m. - 9 p.m. Eastern Time
Languages offered: English, Spanish
Cost: Free

**Arizona Public Service (APS)**
Arizona Public Services provides assistance for individuals in need of assistance with their energy bills through discounts for qualified limited income individuals and bill management programs. A little help can make a big difference.
MS 3200 PO Box 53933
Phoenix, AZ 85072
1.800.253.9405
www.aps.com/en/Residential/Account/Assistance-Programs
Hours: 24 hours a day, seven days a week
Languages offered: English, Spanish
Cost: Free

**City of Yuma Utilities Department**
City of Yuma Utilities Department offers assistance to city residents with utilities through a one-time set amount limit towards utilities. The City of Utilities Department goal and priority is to take all necessary actions to ensure the delivery of reliable water supply of the highest quality at reasonable cost. For more information, contact the utilities department.
155 W 14th St
Yuma, AZ 85364
928.373.4500
hwww.yumaaz.gov/utilities
Hours: Mon.- Thu. 7 a.m. – 5 p.m.
Languages offered: English, Spanish
Cost: Free

**The Salvation Army**
Assistance with emergency food, utilities and rent (when funds are available) and personal hygiene kit bag.
600 W Catalina Dr
Yuma, AZ 85364
928.783.0181
www.yuma.salvationarmy.org/yuma_corps
Facebook: www.facebook.com/salvationarmyyuma
Hours: Mon.-Fri. 9 a.m. -5p.m.
Languages offered: English, Spanish
Cost: Free

**Western Arizona Council of Governments**
Western Arizona Council of Governments (WACOG) provides a comprehensive array of services to help people achieve their highest level of self-sufficiency. WACOG programs provide a safety net of services to the community, working to prevent homelessness, maintain independent living and providing the foundation for the development of self-sufficient, healthy, caring and productive children and families.
1235 S Redondo Center Dr
Yuma, AZ 85364
928.782.1886
www.wacog.com
Facebook: www.facebook.com/WACOG.AZ
Hours: Mon.-Fri. 8 a.m. – 5 p.m.
Languages offered: English, Spanish
Cost: Free
What is Quality First?

Quality First is a program of First Things First, Arizona’s early childhood agency, that supports Arizona’s child care providers, so they can support our young children. With over 1,300 participants, these programs are licensed and regulated, but participating in Quality First is voluntary. These programs are committed to quality improvement, going beyond regulatory requirements to help the infants, toddlers and preschoolers in their care be ready for success in school and beyond.

Quality matters

90% of a child's brain growth happens before age 5, and the positive, nurturing relationships young kids have with adults — from parents to child care and early learning professionals — shape their learning now and throughout their lives.

Quality First Scholarships

Early care and education providers enrolled in Quality First may be eligible to offer Quality First Scholarships, which help low-income families with children birth to age 5 afford quality child care. Many low-income families struggle to pay for quality child care. Some must choose between a job or leaving their children in care that is not their first choice. Quality First Scholarships help early care and education providers fill paid slots in their program and reimburse them for some of the expenses of providing quality (higher wages for more experienced and educated professionals, low staff-to-child ratios and small group sizes, etc.).

To learn more visit: www.QualityFirstAZ.com

Child care and Preschools Quality First Providers

Because learning starts from birth, First Things First funds Quality First to help early care and education providers strengthen their programs through professional development and coaching, specialized assistance from a team of early childhood experts, and funding to improve facilities and learning materials. Participating in Quality First is free for regulated child care centers, homes and preschool programs in Arizona. Currently, more than 1,300 providers across the state participate in Quality First. We invite your program to join us, too.

Interested in becoming a Quality First Provider?
Visit www.QualityFirstAZ.com/apply for more information.
Department of Economic Security (DES)
The Arizona Department of Economic Security (DES) works with and provides families with assistance programs to become economically secure. DES Child Care provides childcare assistance program to assist families with childcare cost to empower parents to partake in employment and education development.

Office Locations
San Luis
663 N William Brooks Ave
San Luis, AZ 85349
1.855.432.7587

Yuma
1800 E. Palo Verde S
Yuma, 85364
1.855.432.7587

1185 S Redondo Dr
Yuma, AZ 85365
928.247.8760

https://des.az.gov/
Hours: Mon.-Fri. 7:30 a.m. to 5 p.m.
Languages offered: English, Spanish
Cost: Free

Quality First
Quality First is Arizona’s quality improvement and rating system for early learning programs. Created and administered by First Things First, Quality First partners with more than 1,000 licensed and regulated child care and preschool providers across the state to improve the quality of their early learning programs for children from birth to age 5 and help more Arizona kids arrive at kindergarten ready to succeed.

Programs

- Quality First Scholarships
  Early care and education providers enrolled in Quality First may be eligible to offer Quality First Scholarships, which help low-income families with children birth to age 5 afford quality child care. Many low-income families struggle to pay for quality child care. Some must choose between a job or leaving their children in care that is not their first choice. Quality First Scholarships help early care and education providers fill paid slots in their program and reimburse them for some of the expenses of providing quality care.

- Site Coaching
  Coaching focused on key components of quality early care, including adult-child interactions, learning environments and staff qualifications. Coaches can conduct on-site customized training and provide coaching on how to implement best practices for children in your care. Based on assessment scores, each program is given a Quality First Star Rating, ranging from 1 to 5 stars.
  3970 W 24th St., Suite 103
  Yuma, AZ 85364
  928.783.4003
  www.qualityfirstaz.com
  Hours: Mon.-Fri. 8 a.m. to 4 p.m.
  Languages offered: English, Spanish
  Cost: Income based, contact for more information
Child Care Resources & Providers / Recursos Y Proveedores De Cuidado Infantil

Quality First Child Care Providers

San Luis
Arcoiris Childcare/Preschool
1944 E San Francisco
San Luis, AZ 85349
928.627.0494
Email: arcoirischildcarepreschool@hotmail.com

Bienestar Child Development Center
1504 Liberty St
San Luis, AZ 85349
928.627.9342
Email: bienestarchildcare@yahoo.com

El Castillo Del Niño
1409 Arden Ave
San Luis, AZ 85349
928.366.9447
Email: elcastillodelninodaycare@gmail.com

Ester's Childcare
1434 B St
San Luis, AZ 85349
928.627.1695
Email: estergurrola@yahoo.com

Famania Learning Center
3333 East Edna Lopez Ct
San Luis, AZ 85349
928.236.3087
Email: Mrs.famania24@gmail.com

Harvest Preschool & Childcare Center
1945 Juan Sanchez Blvd, Suite 5b
San Luis, AZ 85349
928.446.3333
Email: agamez@harvestprep.com

Hi Kids Childcare/Preschool
1456 Babbitt Ln
San Luis, AZ 85349
928.627.0108
Email: hikidsc@yahoo.com

Somerton
The King's Treasures
4715 West Cynthia Ln
Somerton, AZ 85350
928.210.7932
Email: rositaadonai@yahoo.com

Yuma
ABC's Clubhouse
246 West 23rd St
Yuma, AZ 8364
928.388.1831
Contact: Herlinda Martinez
Email: Herlindamartinez1250@gmail.com

Alicia's Daycare
2036 S. 46th Ave
Yuma, AZ 85364
928.329.8987
Email: plara2036@gmail.com

Angela's Daycare
3056 S 32nd Ave
Yuma, AZ 85364
928.257.8921
Email: gela129@gmail.com

Bubbles Early Headstart and Preschool
1403 S. 5th Ave
Yuma, AZ 85364
928.783.3364
Contact: Kenia Morales
Email: Bubbleschildcareyuma@gmail.com

Bubbles Early Learning Center
2464 W 8th Street
Yuma, AZ 85364
928.248.5216
Email: Bubblesearlylearningcenter2018@gmail.com

Busy Bee'z Preschool/Childcare
2375 S. Ave A
Yuma, AZ 85364
928.783.4677
Contact: Humberto Montero
Email: Busybeezpreschool@hotmail.com
busybeezpreschoolandchildcare.com

Children's Daycare Center
1701 South Ave B, Unit 101-103
Yuma, AZ 85364
928.276.4862
Contact: Jose Diaz
Email: Childrens20011@hotmail.com

Desert Trails Learning Center
802 West 19th St
Yuma, AZ 85364
928.246.1243
Contact: Rozalynn Koch
Email: Deserttrails@happytrailsyuma.com

First Christian Church Preschool
3261 S Ave 6E
Yuma, AZ 8536
928.503.9763
Email: akinsmbsb4@yahoo.com

Happy Face Daycare
1739 West 26th Dr
Yuma, AZ 85364
928.726.9515
Contact: 928.726-9515
Email: Lauraesquer61@gmail.com

Happy Trails Preschool
11607 S Fortuna Rd
Yuma, AZ 85367
928.345.9199
Email: happytrailsyuma@happytrailsyuma.com

Harvest Preschool/Childcare
1793 S 1st Ave
Yuma, AZ 85364
928.446.3333
Contact: Araceli Gamez
Email: agamez@harvestprep.com
www.harvestprep.com

Jardin Angelical
4240 West Daisy St
Yuma, AZ 85364
928.783.3318
Contact: Guadalupe Centeno
Email: Jardinaangelical@gmail.com

Kid's Wonderland
4882 West 18th Pl
Yuma, AZ 8534
928.210.5784
Email: lizzyparra@yahoo.com
Quality First Child Care Providers

Little Star Childcare
1733 West 26th Dr
Yuma, AZ 85364
928.726.0481
Contact: Angelica Tovar
Email: Atovar0481@gmail.com

Lupita’s Daycare
2018 S. 36th Dr
Yuma, AZ 85364
928.304.4331
Email: lupitasdaycare@yahoo.com

Lydia’s Daycare
1702 West 1st St
Yuma, AZ 85364
928.783.5743
Contact: Lydia Sanchez
Email: lydiasanchezll@yahoo.com

Maria R. Gomez
1645 South 42nd Ave
Yuma, AZ 85364
928.246.0999
Contact: Maria Gomez
Email: rbautista@hotmail.com

Maria Rodriguez
4599 W 17th St
Yuma, AZ 85364
928.219.0997
Email: dorcamercedes45@gmail.com

Maria Teresa Elizarraras
4885 W 20th Pl
Yuma, AZ 85364
928.581.8671
Email: mariaelizarraras37@gmail.com

Milestone Preschool
2600 W 24th St
Yuma, AZ 85364
928.304.4366
Contact: Josefina Garcia
Email: Milestone.yuma@gmail.com
www.milestonespreschoolyuma.com

Preschool Express, LLC
183 E 24th St. #8
Yuma, AZ 85364
928.782.3290
Contact: Kimberly Fanning
Email: fanningkd@hotmail.com
www.preschoolexpressyuma.com

Sunflower’s Day Care
271 W 12th St
Yuma, AZ 85364
928.376.0091
Contact: Rosa Silva
Email: Silvarossy41@gmail.com

The Treehouse Kids Club
1730 S 4th Ave
Yuma, AZ 85364
928.783.8733
Contact: Marcia Worley
Email: play@treehouseyuma.com
https://www.treehouseyuma.com/

Wonder Kidz Preschool
2332 S Arizona Ave
Yuma, AZ 85364
928.782.7777
Contact: Maria G Hurtado
Email: mariagalindohurtado@gmail.com

Yadi’s Group Home
2023 S Walnut Ave
Yuma, AZ 85364
928.318.2454
Contact: Yadira Romero
Email: yadiradaycare@gmail.com

Yumis Childcare/Preschool
4053 S Brittlebush
Yuma, AZ 85364
928.314.0024
Email: gpegalin3@yahoo.com

Zulema’s Childcare
1756 W 26th Dr
Yuma, AZ 85364
928.344.6887
Contact: Zulema Padilla
Email:Zulemarascon24@gmail.com

The Treehouse Kids Club
7985 E 24th St
Yuma, AZ 85365
928.246.0871
Email: play@treehouseyuma.com
**Bienestar Child Development Center**
The Bienestar program provides a preschool program for children 3 to 5 years of age. Children are taught utilizing AZ Early Learning Standards to assist children in school readiness.
1504 Liberty St
San Luis AZ 85349
928.627.9342
Facebook:
www.facebook.com/people/Bienestar-Child-Development-Center-LLC/100054370786700
Hours: Mon.-Thurs. 7:30 am.-2:30 p.m.
Languages offered: English, Spanish
Cost: Fees apply

**Chicanos Por La Causa (CPLC)**
Chicanos Por La Causa assist families and children through early childhood development programs such as Head Start and Early Head Start. Programs provide nutrition, comprehensive appropriate early childhood education, health and parent involvement services to low income children and their families.

**Programs**

- **Migrant & Seasonal Head Start**
  Program provides full-day, full-year program services to children, ages birth to 5 years, of migrant and seasonal farm and agriculture working families.

- **Early Head Start**
  Program provides full-day, full-year early childhood development services to low-income children, ages birth to 3 years, and their families in educationally-stimulating learning environments.
  310 W Main St
  Somerton, AZ 85350
  928.627.5050
  www.cplc.org
  Facebook: www.facebook.com/1cplc
  Hours: Mon.-Fri. 8 a.m.-5 p.m.
  Languages offered: English, Spanish
  Cost: Free

**CPLC Sites**

- **San Luis**
  690 N. 10th Ave
  San Luis, AZ 85349
  928.627.4970

- **Yuma**
  1875 S 45th Ave
  Yuma, AZ 85364
  928.783.4657
  930 S Ave C
  Yuma, AZ 85364
  928.782.1639

**Crane School District**
“The Crane School District programs and curriculum are developed by creating a personalized learning experience for students. The success of students is the responsibility of our outstanding teachers, dedicated administrators and support staff. Students will have the best possible learning opportunities and experiences as staff actively promote inclusive practices and diversity.” (www.craneschools.org)

**Programs**

- **Exceptional Students Services**
The Exceptional Student Services department assist and is designed to promote interaction with regular education and special education.
  928.373.3451

- **Migrant Education Program**
The Migrant Education strives to impact instruction and learning for students k-12 to achieve high academic success by providing support structure and scope of available services to migratory students.
  928.373.3432

- **Homeless Education Assistance**
The McKinney-Vento Homeless Education Assistance Act is to ensure that each homeless child or youth is afforded equal access to free appropriate education as other children to include preschools.
  928.373.3432
  www.craneschools.org/apps/pages/index.jsp?uREC_ID=1905814&type=d&pREC_ID=2112491
Head Start & Preschools / Head Start Y Preescolares

Preschool Sites
4501 W 20th St  
Yuma, AZ 85364  
928.373.3949  
www.craneschools.org/EarlyLearning-Center.aspx

Cranes Preschool Sites
Gary A. Knox  
2926 S 21st Dr  
Yuma, AZ 85364  
928.373.5500  
www.garyaknox.craneschools.org

Great Beginnings at Valley Horizon  
4501 W 20th St  
Yuma, AZ 85364  
928.373.4000  
www.valleyhorizonelementaryschool.org

H. L. Suverkrup  
1590 S Ave C  
Yuma, AZ 85364  
928.373.3500  
www.craneschools.org/hlsuverkrupelementaryschool

Ronald Reagan  
3200 W 16th St  
Yuma, AZ 85364  
928.373.3700  
www.craneschools.org/ronaldreaganelementaryschool

Salida de Sol  
910 S Ave C  
Yuma, AZ 85364  
928.373.5600  
www.craneschools.org/salidadelseolelementaryschool

Gadsden School District
“Our mission is to ensure high-quality educational programs by providing each student with the skills necessary to contribute to our society and to successfully compete in the global economy. We will accomplish this by emphasizing the development of both academic and social skills.” (www.gesd32.org)
San Luis Preschool  
1055 North Main St  
San Luis, AZ 85349  
928.627.6961  
www.gesd32.org

Harvest Preschool and Childcare
Harvest Preschool and Child Care is designed to nurture the child’s mind with age appropriate instruction and learning experiences. Harvest Preschool strives to develop the whole child by providing opportunities for physical, social-emotional and cognitive development, in a safe, loving, and happy environment.
1793 South 1st Ave  
Yuma, AZ 85364  
928-276-4286  
Facebook: www.facebook.com/harvestpreschoolandchildcare  
Hours: Mon.-Fri. 7:30 a.m. – 6 p.m.  
Languages offered: English  
Cost: Fees apply

Preschool Express, LLC
Preschool Express provides high quality preschool and childcare to children from 1 year of age through 8 years.
183 E. 24th St #8  
Yuma, AZ 85364  
928.782.3290  
www.preschoolexpressyuma.com  
Hours: Mon.-Fri. 6:30 a.m. – 6 p.m.  
Languages offered: English, Spanish  
Cost: Fees apply

Somerton School District
“The Somerton School District’s mission is to empower students of all ages to achieve a quality education in a nurturing, positive and inviting atmosphere.” (www.ssd11.org)
Valle del Encanto Preschool  
400 North Cesar Chavez Ave  
Somerton, AZ 85350  
928.341-6705  
www.ssd11.org/o/elc

Western Arizona Council of Governments - WACOG
“WACOG Head Start believes each child must be treated as an individual in an inclusive community that values, respects and responds to diversity. The variety of classroom experiences provided by the program support the continuum of children’s growth and development, including the physical, social, emotional and cognitive development of each child. Half and full day classes focus on school readiness. There is no cost for the program for children ages 3-5 years old (income requirements apply).” (www.wacog.com/head-start)
Head Start & Preschools / Head Start Y Preescolares

WACOG Early Head Start Program
WACOG offers an Early Head Start Program for children birth to 2 years of age at select locations. For further information, please contact the WACOG program.
1235 S Redondo Center Dr
Yuma, AZ 85365
928.782.1886
www.wacog.com/
Facebook: www.facebook.com/WACOG.AZ/

WACOG Preschool Sites

Yuma
Carver
1341 W 5th St
Yuma, AZ 85364
928.782.0005

Foothills
2950 S Ave 10E.
Yuma, AZ 85365
928.305.1652
*Early Head Start program site

WACOG Preschool Sites

San Luis
San Luis Head Start & Early Head Start
720 E. Juan Sánchez Blvd
P.O. Box 758
San Luis, AZ 85349
928.627.3981
*Early Head Start Program Site

Somerton
Carlisle
241 N Congress Ave
P.O. Box 2652
Somerton, AZ 85350
928.627.3922

Orange Grove
3525 W Co. 16 ½ St
P.O. Box 2652
Somerton, AZ 85350
928.627.2601

Wellton
Wellton Head Star
29126 San Jose Ave
Wellton, AZ 85356
928.785.4118

Helping Hands
384 S 13th Ave
Yuma, AZ 85364
928.783.4706

Pecan Grove
600 S 21st Ave, Rooms 10 & 11
Yuma, AZ 85364
928.502.8126
*Early Head Start program site

Wellton Head Star
29126 San Jose Ave
Wellton, AZ 85356
928.785.4118

Rancho Viejo
930 S Ave C, Bldg. # 800
Yuma, AZ 85364
928.782.3621
*Early Head Start program site

Wellton
29126 San Jose Ave
Wellton, AZ 85356
928.785.4118

San Luis
San Luis Head Start & Early Head Start
720 E. Juan Sánchez Blvd
P.O. Box 758
San Luis, AZ 85349
928.627.3981
*Early Head Start Program Site

Smolen
241 N Congress Ave
P.O. Box 2652
Somerton, AZ 85350
928.627.3922

Wellton
29126 San Jose Ave
Wellton, AZ 85356
928.785.4118

San Luis
San Luis Head Start & Early Head Start
720 E. Juan Sánchez Blvd
P.O. Box 758
San Luis, AZ 85349
928.627.3981
*Early Head Start Program Site

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*Early Head Start Program Site

Yuma
Carver
1341 W 5th St
Yuma, AZ 85364
928.782.0005

Foothills
2950 S Ave 10E.
Yuma, AZ 85365
928.305.1652
*Early Head Start program site

Gwyneth Ham
840 E 22nd St
Yuma, AZ 85365
928.502.8400
*Early Head Start program site

Helping Hands
384 S 13th Ave
Yuma, AZ 85364
928.783.4706

Pecan Grove
600 S 21st Ave, Rooms 10 & 11
Yuma, AZ 85364
928.502.8126
*Early Head Start program site

Rancho Viejo
930 S Ave C, Bldg. # 800
Yuma, AZ 85364
928.782.3621
*Early Head Start program site

Yuma West
250 S 20th St
Yuma, AZ 85364
928.782.2130
Head Start & Preschools / Head Start Y Preescolares

Yuma School District One Preschool
Yuma School District One offers several preschool options with different qualifying requirements. All preschool programs focus on the whole child in terms of development with program curriculum focusing on the five developmental areas including cognition, social emotional, communication, physical and adaptive (www.yuma.org/Preschool). Students must be 4 years of age prior to September 1 of the current school year, live in the district and meet income requirements.

Programs

- **Exceptional Student Services Program**
  Exceptional Student Services preschool staff follow the Child Find Policy; screenings and evaluations are conducted to determine eligibility determination. Transportation for provided for ESS preschool programs. For more information, contact the ESS office. 928.502.8140

- **Migrant Preschool Programs**
  Migrant Preschool programs are available for qualifying migrant families. Qualifying students are placed in the program based on program availability. There is no transportation provided for the program and no September 1 deadline applies. For more information, contact the Migrant Office. 928.502.4381
  601 S 5th Ave
  Yuma, AZ 85364
  928.502.8139
  www.yuma.org/Preschool
  Facebook: www.facebook.com/YumaDistrict1/

Preschool Sites

- **Desert Mesa**
  2350 Ave 7 1/2 E
  Yuma, AZ 85365
  928.502.8600
  www.desertmesa.yuma.org

- **Dorothy Hall**
  5777 E 45th Pl
  Yuma, AZ 85365
  928.502.8300
  https://dorothyhall.yuma.org/

- **James B Rolle**
  2711 S Engler Ave
  Yuma, AZ 85365
  928.502.8289
  www.rolle.yuma.org

- **O.C. Johnson**
  1201 12th St
  Yuma, AZ 85364
  928.502.7900
  www.johnson.yuma.org

- **Pecan Grove**
  600 S 21st Ave
  Yuma, AZ 85364
  928.502.8050
  www.pecangrove.yuma.org

Head Start, Preschools & Provider Resources Consultation & Support Resources / Head Start, Preescolares Y Recursos Para Proveedores - Recursos De Consulta Y Apoyo

**Smart Support Mental Health Consultation**
A unique program that partners early childhood mental health consultants with child care providers to promote the social and emotional development of all children in care, and help providers respond to children with behavioral challenges. Smart Support consultants work with you to design an individualized plan to meet your program’s needs for children ages birth to 5. Services may include early childhood mental health consultation and professional development, implementation of classroom strategies and resources, or referrals for specific children or situations. Your plan may be short- or long-term, depending on need.

3860 W 24th St, Suite 201
Yuma, AZ

Providers need not be part of DES or Quality First, and can apply through the statewide number at 1.866.330.5520 www.swhd.org/training/smart-support/

Hours: Mon.-Fri. 8 a.m. - 5 p.m.
Languages offered: English, Spanish
Cost: Free

**Yuma Child Care Health Consultation - University of Arizona, Cooperative Extension (CCHC)**
The Yuma Child Care Health Consultation program is to provide countywide health and safety consultation specific to early childcare and home providers for children birth through age 5. The program strives to improve the overall quality of care, reduced illness and increased school readiness.

2200 W 28th St, Ste 102
Yuma, AZ 85364
928.366.0114 and 928.978.8045
www.extension.arizona.edu/child-care-health-consultation

Hours: Mon.-Fri. 8 a.m. - 5 p.m.
Languages offered: English, Spanish
Cost: Free
The Arizona Parent Kit, provided free by First Things First, is distributed to parents of newborns in the state before they leave the hospital or birthing center. The Parent Kit contains resources to help new parents like you support your baby’s healthy development and learning. Look for your Parent Kit before you take your baby home.

**These tools:**

- Connect families to helpful resources through the Arizona New Parent Guide, which provides information and resources to help parents care for their child, including tips about child development, health and safety, quality child care and school readiness.

- Promote early literacy with a board book to encourage parents to begin reading to and with their child from the very beginning.

- Remind parents that expert help is a phone call away with a refrigerator magnet promoting the toll-free Birth to Five Helpline, which provides free advice and answers to the toughest parenting questions from nurses and other child development experts.

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Find more resource for new parents at: FirstThingsFirst.org/parent-guide
Help grow the FTF Yuma Region Resource Connection Guide.

First Things First developed this guide to inform the general public about programs, organizations and resources in the FTF Yuma region. It is intended to enhance networking opportunities, improve communication, create new partnerships and bring awareness of resources in the area to help better serve families with children from birth to age 5.

Advertisement Page Sizes

Full page, inside front or back cover (color)
11.25 inches (W) x 8.75 inches (H)
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Black and white, 300 DPI

¼ page (black/white)
3.5 inches (W) x 4.75 inches (H)
Black and white, 300 DPI

Contact for pricing information

Interested in advertising?
The FTF Resource Connection Guide will be available digitally and in print (in limited quantities). For-profit and non-profit rates are available.

Contact us
For questions or clarifications, please contact Diana Ortega at dortega@FirstThingsFirst.org or 928-343-3020.
Home Visitation / Visita A Domicilio

Healthy Families-Child and Family Resources Inc.
Healthy Families is a home visitation program that provides in-home/virtual support to families during pregnancy and the challenging first five years of a child's life. Healthy Families provides a range of support services to families such as information about fetal and child development, parent-child attachment, positive family relationships, parenting information and referrals to community services.

3970 W 24th St., Suite 103
Yuma, AZ 85364
928.783.4003
www.childfamilyresources.org

Hours: Mon.- Fri. 8 a.m. – 5 p.m.
Languages offered: English, Spanish
Cost: Free

Yuma Parents as Teachers- Easterseals Blake Foundation
Free home visitation services for prenatal mothers and families with children birth to 5 years of age. Parents as Teachers is an evidence based model. The program offers development-centered parenting and family well-being topics, parent-child interactive activities, developmental and health screenings, parenting assessments, community resources and group connections. All families with children up to the ages of 5 years of age are eligible. *Now offering virtual and telecommunication services.

3860 W 24th St
Yuma, AZ 85364
928.248.5112 Ext 5112
www.easterseals.com/family-support-programs

Hours: We provide flexibility to schedule visits beyond typical working hours, 8 a.m. – 5 p.m.
Languages offered: English, Spanish
Cost: Free

Nurse-Family Partnership
Comprehensive voluntary home visitation program for first-time mothers who are paired with a personal registered nurse during the mother’s pregnancy through the child’s second birthday. The nurse provides support and education to the mother and child including developmental screening, basic health monitoring and referral information to the mother as appropriate.

3860 W. 24th Street, Suite 201
Yuma, AZ 85364
520.247.3275
https://www.easterseals.com/blakefoundation/our-programs/childrens-services/family-support-programs.html
Cost: Free

Child Development / Desarrollo Infantil

If you are interested in learning more about the importance of early childhood in the community, please contact:

Zahid Plantillas
Yuma Region Community Engagement Coordinator
928.343.3020

As a community, we all have a shared responsibility to ensure children are well prepared for their educational journey. Our mission is to assist the community in creating a family-centered, equitable, high-quality early childhood system that supports the development, well-being, health and education of all Arizona's children, birth to age 5.

First Things First Community Engagement focuses on building relationships with community stakeholders who can help get the message out that early childhood matters.

Awareness is provided to local agencies/organizations via presentations, trainings, meetings and community events. The FTF community engagement coordinator can provide resources with those interested in becoming our voices and ambassadors of early childhood and First Things First.
From the day your child is born, understanding how they play, learn, speak, act and move offers important clues about your child’s development. While all children develop differently, it helps to know if your child is meeting typical milestones at different ages and stages and how you can support their healthy development. Understand what’s happening at different stages of your child’s life and how you can help them learn and grow.

VISIT FirstThingsFirst.org/AgesAndStages
Literacy Resources / Recursos De Literatura

Reach Out and Read Yuma County - American Academy of Pediatrics, AZ Chapter
Reach Out and Read gives young children a foundation for success by incorporating books into pediatric health care and encouraging families to read aloud together. Reach Out and Read doctors are trained to talk with parents about how important it is to read aloud and engage with their young children and show them how to look at books and talk about the stories with their children, encourage them to build routines around books and then give a new book to the child to take home and keep.

2600 N Central Ave, Ste 1860
Phoenix, AZ 85004
www.reachoutandread.org

Hours: Reach Out and Read Medical Practitioners hours vary at each location
Languages offered: English, Spanish
Cost: Free

Participating Reach Out and Read Medical Practitioners & Clinics

San Luis
San Luis Walk-In Clinic
1896 E Babbitt Ln
San Luis, AZ 85350
928.722.6112

Sunset Community Health Center
815 E Juan Sanchez Blvd
San Luis, AZ 85350
928.627.3822

YRMC Primary Care
845 B. St
San Luis, AZ 85350
928.336.2055

Somerton
San Luis Walk-In Clinic
214 W Main St
Somerton, AZ 85350
928.627.1120

San Luis Walk-In Clinic
950 E. Main Street
Somerton, AZ 85350
928-315-7935

Wellton
Sunset Community Health Center
10425 Williams St
Wellton, AZ 85356
928.785.3256

Yuma
Dr. Isabel P. Bellot, MD
2851 S. Avenue B Ste 9,
Yuma, AZ 85364
928.341.1100

Habib Rathle, MD-Pediatrics
1025 W 24th St, Ste #6
Yuma, AZ 85364
928.341.0058

Karen A. Watts, NP, PLC
3970 W 24th St, Ste 214
Yuma, AZ 85364
928.341.0058

Sunset Community Health Center
2060 W 24th St
Yuma, AZ 85364
928.344.5112

Sunset Community Health Center
North End Clinic
675 S Ave B
Yuma, AZ 85364
928.539.3140

Tuscany Children Clinic
2525 W 28th St
Yuma, AZ 85364
928.366.1026

YRMC Pediatrics
2851 S Ave B, Ste. 1201, Bld.12
Yuma, AZ 85364
928.819.7000

YRMC Pediatrics
2359 S 22nd Dr #2
Yuma, AZ 85364
928.344.4800

YRMC Family Medicine
2500 S 8th Ave #200
Yuma, AZ 85364
928.336.709

Yuma Kids Clinic
2851 S Ave B, Ste 2951
Yuma, AZ 85364
928.783.1222

Community Based Language and Learning Program
Provides parents and children, birth to age 5, the opportunity to participate in language and literacy workshops at public locations. Parents have the opportunity to observe trained staff model language and literacy concepts with their child and parents have an understanding of the importance of language and literacy.

928.304.6379
www.arizonaschildren.org

Hours: Contact for details
Languages offered: English, Spanish
Cost: Free
Search free early childhood programs across Arizona.

- Child Health and Development
- Parenting
- Support for Families with Young Children

First Things First (FTF) supports early childhood programs through grants to community organizations that provide FTF-funded services—at no cost—for young children from birth to age 5 (before kindergarten) and their families. Space may be limited and eligibility requirements may apply. This listing only includes programs funded by FTF, but many of them can connect you with additional services that might be right for you.

www.FirstThingsFirst.org/find-programs
Bright By Text
Arizona PBS Education provides a free service that sends tips and resources promoting child development via text message. A free parent and caregiver messaging program for expectant parents and families with children up to age 8. The messages are comprised of research-based content from Bright by Three and other trusted providers, such as PBS Kids, PBS Kids for Parents, PBS LearningMedia, Vroom, Fred Rogers Productions and Sesame Workshop.
For more information in Yuma, AZ contact Yanira.Yee@asu.edu, 928.655.0150 or Susana.OBrien@asu.edu, 602.531.1983
Hours: Mon – Fri, 8 a.m.- 5p.m.
Languages offered: English, Spanish
Cost: Free, Message and Data Rates May apply

Family Education and Support Services - Arizona’s Children Association
Various parenting education workshops that engage parents and caregivers in structured series to promote knowledge of child development and positive parenting skills. Program is designed for families with children ages birth to 5 that live in Yuma County.
275 W 17th Pl
Yuma, AZ 85364
928.304.6379
www.arizonaschildren.org
Hours: Monday 9 a.m. – 6 p.m.
Languages offered: English, Spanish
Cost: Free

Family, Friend and Neighbor - Arizona’s Children Association
Family, Friend and Neighbor (FFN) care increases the knowledge and skills of caregivers and supports the quality of caregiving, interactions and learning environments for children zero to five in lawfully unregulated, home-based child care settings or any other unrelated adult while parents need to be away. FFN services are provided in the home with the caregiver or in community-based classes in Yuma County.

Western Arizona Council of Governments (WACOG)
Comprehensive services to children and families. Education, health, social service supports. Half or full day classes focus on school readiness. Quality education, nutritious meals, family goals and support.
1235 S Redondo Center Dr
Yuma, AZ 85365
928.217.7146
www.wacog.com
Facebook: www.facebook.com/WACOG.AZ
Hours: Mon – Fri, 8 a.m.- 5p.m.
Languages offered: English, Spanish
Cost: Free
Arizona Association for the Education of Young Children AZToolkit
AZToolkit is a one-stop website to help Arizona’s child care providers save time, maximize funding and share resources. It includes more than 1,800 tools and resources for financials/budgeting, business operations, staff recruitment/retention, human resources, cost savings/discounts and professional development.
602.935.9505
www.azaeyc.org/toolkit
Hours: 24 hours, 7 days
Languages offered: English, Spanish, plus 100+ other translations
Cost: Contact for details

Yuma First Things First Community of Practice and Early Learning System Change
Provides no cost evidence-based professional development, for individuals that teach and care for young children birth to age 5 in regulated child care settings. Sessions are based on Developmental Appropriate Practice and directly apply to the day to day work. Participants learn new techniques and practice new methods.
928.655.0150
www.azpbs.org
Hours: Contact for details
Languages offered: English, Spanish
Cost: Free

AZ STEPS Expulsion Prevention
Provides training, consultation, and support to help child care providers prevent suspensions and expulsion while strengthening their ability to support all children. These services are FREE to DES-contracted child care providers, along with their early childhood staff and the families they serve. Foundational and advanced courses offer opportunities to learn how understanding child development, attachment, trauma reaction, and support of children’s developing self-regulation skills can help reduce and prevent expulsion of children from ages birth to 12 years.
3860 W 24th St., Suite 201, Yuma, AZ 85364
(602) 633-8730
Email: AZSTEPS@swhd.org
www.swhd.org/expulsion/
Hours: Mon.-Fri. 8 a.m.-4 p.m.
Languages offered: English, Spanish
Cost: Free

Early Childhood Business Management
A professional development program utilizing consulting, training, and collaborating with early childhood education professionals to create financially sustainable early care and education programs. Services may include child care management software implementation, program operations training, goal development, business development and marketing, data metrics for business decision, record-keeping, staff management and much more. Services are offered in Yuma County.
602.265.4768
English interest form: https://forms.office.com/r/0XVJzzQfsT
Spanish interest form: https://forms.office.com/r/ZF5quZ9HKn
Hours: 8 a.m. - 4:30 p.m.
Languages offered: English, Spanish
Cost: Contact for details
Early Intervention Information

What is Early Intervention?
Parents, guardians, foster parents and family members know their child best. They observe the health and development of their child daily through routines, play and interactions. Sometimes parents/caregivers may have concerns that their child is not meeting the milestones for his or her age. Other times home visitors, health care providers, child care providers or early education teachers may identify concerns for a child's development and share them with the parent/caregiver.

These concerns may be observed by the way a child:
- Plays, sees, hears (physical development),
- Interacts with others (social-emotional development),
- Learns (cognitive development),
- and communicates (language/speech development).

Why is Early Intervention important?
Addressing concerns early on in a child's life is important. If the parent, guardian or caregiver is interested in learning more about the additional support their child can receive, there are early intervention resources that can help them. Early intervention resources can have a maximum impact by enhancing the early growth and development in infants and toddlers, who may have or are at risk for developmental delays or disabilities, by providing individualized support and services to the child and their family.

- Children who receive early intervention have improved outcomes and increased success and independence in the long run.
- Early intervention can have a positive impact on a child's health, development and academic success.
- Early intervention therapies can alleviate the financial burden of therapy in the long run by reducing the need for continuing intensive therapy.

What can I do if I have concerns about my child's development?
- Talk to your child's doctor and share your concerns. Don't wait. Acting early can make a real difference!
- Complete a milestone checklist for your child's age.
  - Center for Disease Control (CDC) Milestone checklist Search online: CDC Milestone Checklist. The CDC's Developmental Milestones link will provide checklists for age 2 months to 5 years.
  - CDC's Milestone Tracker App Download it free today on iOS and Android devices.
- Ask about a developmental screening.
  - Ask your child's doctor to conduct a developmental screening and/or if you are concerned about possible signs of autism, an autism screening (generally completed at 18 and 24 months).
  - Parents have FREE access to the Ages & Stages Questionnaires® (ASQ), one of many general developmental screening tools, by visiting easterseals.com and searching ASQ.
- Get an Evaluation for your child.
  - Call your local public school district to get information about their upcoming Child Find events. The Individuals with Disabilities Education Act (IDEA) includes the Child Find mandate. Child Find requires all Public Education Agencies (school districts) to identify, locate and evaluate ALL children birth through 21, who may have or are at risk for developmental delays or disabilities. Screening procedures include vision and hearing screenings along with developmental screenings.
Early Intervention Services

**CHILD IDENTIFICATION**

There is a concern about the child’s growth, development and/or learning. These concerns can be identified by parents/caregivers, relatives, home visitors, child care providers, school teachers or health care providers based on:

- Observation – the way a child plays, sees, hears, interacts with others, learns and communicates and/or
- A milestone checklist or a developmental screening completed.

### THE CHILD IS BIRTH TO AGE 3.

**Referral & Intake**

- The parent/guardian can start the online or phone referral process for their child; or,
- A home visitor, child care provider, early education teacher or health care provider obtains permission from the parent/guardian before referring and starting the online or phone referral process.

**Who to contact:**

**Arizona Early Intervention Program (AzEIP)**
1789 W Jefferson St,
Mail Drop 2HP1
Phoenix, AZ 85007
602.532.9960

**Easterseals Blake Foundation**
3860 W 24th St., Ste 200
Yuma, AZ 85364
928.276.9225

### Evaluation & Assessment

The Early Intervention program (for children age 0-3) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child’s development and the family’s needs and concerns.

### Child is Found Ineligible for Services

If the child is age 0-3:

The child’s family receives information on growth and development. Referrals are made to other community resources, if appropriate. The child may be reevaluated at a later date.

If the child is age 3-21:

The school system will notify the parent/guardian in writing and explain why the child has been found “not eligible.” The parent/guardian will be given information about what they can do if they disagree with the decision.

### THE CHILD IS AGE 3 TO 21.

**Referral & Intake**

- The parent/guardian can contact their local school district (Public Education Agency) to get information on the next Child Find event, where the child can be evaluated; or,
- The parent/guardian can contact their local school district (Public Education Agency) to be evaluated; or,
- A home visitor, child care provider, early education teacher or health care provider obtains permission from the parent/guardian before referring the child to be evaluated by their local school district or Child Find event.

### Evaluation & Assessment

The school district (for children age 3-21) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child’s development and the family’s needs and concerns within 45 calendar days of the date they are notified about the child.

### ELIGIBILITY DETERMINATION

**Child is Found Eligible for Services**

If the child is age 0-3:

Individualized Family Service Plan (IFSP) The family of an eligible child meets with the Early Intervention (EI) team to create an IFSP, usually in the home or in a community setting. The EI team provides services as outlined in the IFSP. The EI team reviews the child’s IFSP as needed throughout the year. The IFSP is updated annually with the family.

**Transition:** As the child approaches their third (3rd) birthday, the family and local EI program prepare for transition to special education preschool, school district (K-12) and/or other community based services.

If the child is age 3-21:

When a concern is identified through evaluation procedures, the parent/guardian must be notified within 10 school days and informed of procedures to follow up on the child’s needs. For example:

- The child may be referred to the school’s study team for pre-intervention services; or,
- If the child may have a disability, a comprehensive evaluation will be necessary to determine the child’s eligibility for special education and related services. A team, of which the parent/guardian will be a member of, will meet to begin the process.

Arizona Early Intervention Program (AzEIP)
1789 W Jefferson St,
Mail Drop 2HP1
Phoenix, AZ 85007
602.532.9960

Easterseals Blake Foundation
3860 W 24th St., Ste 200
Yuma, AZ 85364
928.276.9225
MIKID
MIKID offers services to mental health programs for children, support for families, youth services, suicide prevention, transition youth program and training programs. MIKID is a licensed outpatient clinic, family run organization assisting in proving contract care with various insurances and Indian communities.
3780 S 4th Ave
Yuma, AZ 85364
928.344.1983
https://www.mikid.org/
Hours: Mon.- Fri. 8 a.m.- 4 p.m.
Languages offered: English, Spanish
Cost: Free

Pathways of Arizona
Pathways of Arizona provides high quality accessible programs serving children, families, and adults across Arizona. Programs include service programs for youth, families’ services, assessment & evaluation, functional behavioral analysis, autism (ABA) services, case management; individual, group & family therapy; 24/7 crisis services; psychiatric services; tele-medicine; skills development; substance abuse; parenting; prevention; respite; child-parent psychotherapy.
3818 W 16th St
Yuma, AZ 85364
928.317.0177
24-Hour Crisis Line (NurseWise) 1.866.495.6735
https://www.pathwaysofaz.com/yuma
Hours: Mon.- Fri. 7 a.m.- 5 p.m.
Languages offered: English, Spanish
Cost: Contact for details

Raising Special Kids
Raising Special Kids programs assist to improve the lives of children with disabilities from birth to age 26 through support, training, information and individual assistance to assist families in becoming effective advocates for their children.
3205A E 40th St
Yuma, AZ 85364
928.444.8803
https://raisingspecialkids.org/
Hours: Mon.- Fri. 8 a.m.- 5 p.m.
Languages offered: English, Spanish
Cost: Free

Strong Beginnings, LLC
Strong Beginnings programs are dedicated to improving the quality of life for children with Autism Spectrum Disorders (ASD) and other developmental delays in Yuma.
2741 S 8th Ave, Ste C
Yuma, AZ 85364
928.782.1338
https://strongbeginnings-aba.com/
Hours: Mon. 8 a.m.-5 p.m.;
Tues.- Thurs 8:30 a.m. – 5:30 p.m.; Fri. 8:30 a.m.-3:30 p.m.
Languages offered: English
Cost: Contact for information

United Cerebral Palsy of Southern Arizona (UCPSA)
United Cerebral Palsy of Southern Arizona assist children and adults with disabilities by providing home based support services. Services include personal care, hygiene, light housekeeping, cooking and other households’ chores related to care. UCPSA also offers respite to parents and guardians of individuals with disabilities, behavioral services, behavioral training, independent living, and various habilitation services.
333 W 8th St
Yuma, AZ 85364
928.259.7700
http://ucpsa.org/
Hours: Mon.- Fri. 8 a.m.- 5 p.m.
Languages offered: English, Spanish
Cost: Contact for details
Early Intervention / Intervención Temprana

Arizona Early Intervention Program (AzEIP)
AzEIP is a statewide interagency which provides support and services addressed to assist eligible families of infant children and toddlers with developmental delays or disabilities with support to support the child's development.
Arizona Early Intervention Program (AzEIP)
3839 N Third St, Ste 304
Phoenix, AZ 85012
602.532.9960
1.888.439.5609

https://des.az.gov/services/disabilities/developmental-infant

Easterseals Blake Foundation
Easterseals Blake Foundation serves people and families who face a wide range of disabilities, to include physical, emotional, intellectual social and educational. Easterseals services are designed to help people and families realize and reach for their full potential.

Programs

- Family Support for Children with Developmental Concerns: Desarrollo Mutuo
  Family support services for families with children 5 years of age and under exposing mild to moderate developmental consents who are not eligible for early intervention programs. We monitor children's development, help enhance parenting practices and provide referrals to community resources, as needed. We offer development-centered parenting and family-wellbeing topics, parent-child interactive activities, developmental and health screenings, parenting assessments and group connections.
  928.750.8007

Education Resources / Recursos Educativos

AZ Child Find
“Child find is a component of the Individuals with Disabilities Education Act that requires Public Education Agencies (PEA) to locate, identify, and evaluate all children with disabilities, aged birth through 21, located within their boundaries of responsibility who are in need of early intervention or special education services.” (azed.gov/specialeducation/az-find/)
Coordinator: Becky Raabe
928.637.1871
https://www.azed.gov/specialeducation/az-find/

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  928.750.8007

Arizona Department of Education Exceptional Student Services (ESS)
“ESS ensures that public education agencies in Arizona have special education programs, policies, and procedures that comply with the federal Individuals with Disabilities Education Act (IDEA) and its implementing regulations, and that eligible children and youth with disabilities receive a free appropriate public education (FAPE). ESS provides professional learning opportunities, provides technical assistance to schools, supports the needs of families of students with disabilities, monitors schools for compliance with the regulations that implement the IDEA, and administers the IDEA Entitlement grant.” (azed.gov/specialeducation)
ESS Reception Desk
602.542.4013
https://www.azed.gov/specialeducation
Education Resources / Recursos Educativos

Early Childhood Special Education
“Early Childhood Special Education (ECSE) is a state and federally mandated program for children (ages 3-5) who meet state eligibility criteria because they are experiencing developmental delays. School districts and other public agencies are responsible for locating, identifying and evaluating eligible children and offering a free & appropriate public education (FAPE). Eligible children are entitled to a FAPE at no cost to the family. If a child is eligible, the public school district of the child must offer services to meet their identified needs to access the general education curriculum.” (https://www.azed.gov/specialeducation/early-childhood-special-education )

ESS Reception Desk
602.542.4013
essinbox@azed.gov

Arizona School for the Deaf and Blind (ASDB)
ASDB is committed in providing excellence education and innovation for all Arizona children who are hard of hearing, deaf, blind/visually impaired, multiple sensory disabled, or deafblind. ASDB Utilizing cooperatives provide services to students from preschool to high school.

Southwest Regional Cooperative (SWR)
2450 S 4th Ave, Ste 600
Yuma, AZ 85364
928.317.0429
Facebook: https://www.facebook.com/asdbazgov
Hours: Mon.- Fri. 6 a.m.- 2:30 p.m.
Languages offered: English, Spanish, American Sign Language
Cost: Free

Arizona Western College- AccessAbility Services
AccessABILITY Resource Services assists and works in partnership with students with disabilities, faculty and staff to remove barriers in the educational process through design and accommodation. Recognizing disability as an aspect of diversity and promoting a culture of inclusion for all diverse groups.

2020 S Ave 8E
Yuma, AZ 85365
928.344.7674
https://www.azwestern.edu/student-support/accessibility-services
Hours: Mon.- Fri. 8 a.m.- 6 p.m.
Languages offered: English
Cost: Free

Crane School District
“The Crane Exceptional Student Services department is designed to promote the interaction and cooperation of special education and regular education. Although committed to Child Find, the district strives to minimize labeling and continually address the concept of the least restrictive environment. Through the use of School-Wide Teacher Assistance Teams (STAT), collaboration / consultation and/or child study teams (CST), the District adheres to the standard of developing interventions in regular education before referring the student for special education consideration.” (www.craneschools.org )

4250 W. 16th St
Yuma, AZ 85364
928.373.3451
https://www.craneschools.org/
Hours: Mon.- Fri. 8 a.m.- 4 p.m.
Languages offered: English, Spanish
Cost: Free

Gadsden Elementary School District
“Resource teachers/LD teachers work with students in small groups to provide one-on-one assistance in areas such as: academics, social emotional, behavioral, and various other students' needs in or out of the mainstream classroom.” (www.gesd32.org )

1350 E Cesar Chavez Blvd
San LUIS, AZ 85349
928.627.6540
https://www.gesd32.org/
Hours: Mon.- Fri. 8 a.m.- 4 p.m.
Languages offered: English, Spanish
Cost: Free

Somerton School District
“The Exceptional Student Services staff and related service personnel work collaboratively with District personnel and parents to provide a free and appropriate public education for students with disabilities. These mandates are supported through parent support services, instructional support, and related services including psych-educational services. Staff are trained continuously and receive on-going program development to maintain an appropriate level of support to students with disabilities.” (www.ssd11.org )

343 N Carlisle Ave
Somerton, AZ 85350
928.341.6000
www.ssd11.org
Hours: Mon.- Fri. 8 a.m.- 4 p.m.
Languages offered: English, Spanish
Cost: Free

FAMILY SUPPORT - DISABILITIES & SPECIAL NEEDS / APOYO FAMILIAR - DISCAPACIDADES Y NECESIDADES ESPECIALES
FAMILY SUPPORT - DISABILITIES & SPECIAL NEEDS / APOYO FAMILIAR - DISCAPACIDADES Y NECESIDADES ESPECIALES

Education Resources / Recursos Educativos

Wellton Elementary School
“The Student Services Department provides services for students between the ages of 3 to 14 with special needs. Students with disabilities could be eligible to receive services under the Individual with Disabilities Education Act (IDEA).” (www.welltontschool.org)
29126 San Jose Ave
Wellton, AZ 85356
928.785.3311
https://www.welltontschool.org/
Hours: Mon.- Fri. 7:30 a.m.- 4 p.m.
Languages offered: English, Spanish
Cost: Free

Yuma School District One
“Exceptional Student Services provides services for students between the ages of 3 and 14 with special needs. All students with disabilities categorically eligible under the Individual with Disabilities Education Act (IDEA), regardless of severity, may receive services. These include students with impairments in speech and language, hearing, health, and vision; developmental delays; emotional and learning disabilities; intellectual disabilities; autism; traumatic brain injury; multiple disabilities; and other health learning disabilities; intellectual disabilities; autism; traumatic brain injury; multiple disabilities; and other impairments.” (www.yuma.org)
601 S 5th Ave
Yuma, AZ 85364
928.502.7800
https://www.yuma.org/
Hours: Mon.- Fri. 8 a.m.- 4:30 p.m.
Languages offered: English, Spanish
Cost: Free

Yuma Union High School District No. 70
“YUHSD is dedicated to identifying all students who need special education services who live within the district's boundaries. Once a student is identified, the student's special education team works together to ensure the student receives the necessary special education services. If parents or community members have a concern about the academic or developmental progress of a student, they can review this site to determine whether they should inquire about special education services at their child's school.” (www.yumaunion.org)
3150 S Ave A, Bld. A
Yuma, AZ 85364
928.502.6780
https://www.yumaunion.org/YUHSD
Hours: Mon - Fri 7 a.m.- 4 p.m.
Languages offered: English, Spanish
Cost: Free

Education Resources - After School Care / Recursos Educativos-Cuidado Después De La Escuela

CASPER - Saguaro Foundation Community Living Programs, Inc.
The Children After School Program is made for Educational Recreational (CASPER) is developed for children of 12 to 17 years of age. CASPER provides a wide range of activities such as arts and crafts, community outings for social development, and life skills. CASPER operates 365 days a year and transportation is provided.
1495 S 4th Ave
Yuma, AZ 85364
928.783.6069
https://saguarofoundation.org/day-program-services/
Hours: Mon.- Fri. 8 a.m.- 5 p.m.
Languages offered: English
Cost: Free

School Transitional Program (SASTP) – Saguaro Foundation Community Living Programs, Inc.
The afterschool SASTP provides programs diverse activities for students 18 years of age who are still attending high school who do not qualify for the DTA regular program. Program attendance can be customized to meet individual plans. Transportation is provided.
1495 S 4th Ave
Yuma, AZ 85364
928.783.6069
https://saguarofoundation.org/day-program-services/
Hours: Mon.- Fri. 8 a.m.- 5 p.m.
Languages offered: English
Cost: Free
**Family Partners, LLC**  
Family Partners LLC offers services for unique needs of developmental disabled family members. Services offered include: respite, habilitation and attendant care, adult day program, and child and developmental homes.  
2197 S 4th Ave  
Yuma, AZ 85364  
928.783.3858  
https://www.familypartners.net/  
Hours: Mon.- Fri. 8 a.m.- 5 p.m.  
Languages offered: English  
Cost: Contact for Details

**Saddles of Joy**  
Saddles of Joy, Inc. is a therapeutic riding program dedicated to introducing children, or any person to the joy of riding horses. Saddles of Joy's offers services such as therapeutic riding, adaptive riding and riding lessons.  
2749 W County 14th St  
Yuma, AZ 85365  
928.344.3562  
http://www.saddlesofjoyinc.org/home.html  
Facebook: https://www.facebook.com/SaddlesOfJoyInc/  
Hours: Contact for Classes Schedule  
Languages offered: English  
Cost: Contact for Details

**Saguaro Speech Therapy**  
Saguaro Speech Therapy offers clinical services, prevention, advocacy, education, administration and research in the areas of communication and swallowing, speech sound production, voice, fluency, language comprehension and expression, and cognition to children from infancy through life span through geriatrics.  
3802 W 16th St  
Yuma, AZ 85364  
Hours: Mon.- Fri. 8 a.m.- 6 p.m.  
Languages offered: English  
Cost: Contact for Details

**Special Olympics Arizona**  
Special Olympics Arizona offers inclusive programs to individuals of all abilities and age levels through sports, arts, health and much more.  
2455 N Citrus Rd, Bld. 64  
Goodyear, AZ 85395  
928.210.8862  
https://specialolympicsarizona.org/  
Hours: Mon.- Fri. 8 a.m.- 5 p.m.; some Saturdays  
Languages offered: English  
Cost: Free

**Strong Beginnings, LLC**  
Strong Beginnings provides a variety of instructional techniques such as discrete trial training, pivotal response training, incidental teaching, and errorless learning. Services offered include parent training, feeding, school tutoring, consultations, and Applied Behavior Analysis (ABA).  
2741 S 8th Ave, Suite C  
Yuma, AZ 85364  
928.782.1338  
https://strongbeginnings-aba.com/  
Hours: Mon.- Fri. 8:30 a.m.- 5 p.m.  
Languages offered: English  
Cost: Contact for Details
Daybreak Adult Day Health Care
Catholic Community Services of Southern Arizona, Inc. (CCS-Yuma)
Yuma's Daybreak Adult Day Health Care offers a welcoming and structured day program with nursing services. Daybreak program offers interactive and social activities to encourage cognitive stimulation/maintenance, social development, and nutritional services. Services are provided on a community-based care and respite is available for family caregivers.
321 S. 15th Ave
Yuma, AZ 85364
928.783.8316
https://www.ccs-soaz.org/services/detail/daybreak-adult-day-health-care
Hours: Mon.- Fri. 8a.m. to 5p.m.
Languages offered: English, Spanish
Cost: Free

RISE Services
RISE is a Human Services Network provides services for seniors, individuals with disabilities and children with foster care & adoption needs. RISE programs include residential home settings, home, community-based services for individuals of all ages, day treatment for adults, supported employment and non-medical home care.
1030 W 24th St
Yuma, AZ 85364
928.304.7484
https://riseservicesinc.org/
Hours: Mon.- Fri. 8 a.m.- 5 p.m.
Languages offered: English
Cost: Some fees may apply

Saguaro Foundation Community Living Programs, Inc.
Saguaro Foundation provides services to individuals with developmental disabilities, disabled adults, behavioral health, training, and transportation. Saguaro strives to deliver quality services through professionally trained caregivers, residential aids and professionally trained drivers.

Programs

- Day-by-Day
  Day-By-Day Offers a day program for developmentally disabled adults. The program strives to engage adult individuals with special needs through activities such as: art projects, gardening, table games, kick ball, basketball, air hockey, etc.
  274 N Ave B, Ste B
  Somerton, AZ 85350
  Hours: Mon.- Fri. 8:30 a.m-3:30 p.m.
  Languages offered: English
  Cost: Free

- SAND
  Saguaro’s-A-New-Day (SAND) day program is for developmentally disabled adults. The program is designed to provide a supportive service to meet the needs of adults with special needs who have difficulty performing daily living activities.
  274 N Ave B, Ste B
  Somerton, AZ 85350
  Hours: Mon.- Fri. 8:30 a.m-3:30 p.m.
  Languages offered: English
  Cost: Free
Independent Living Resources / Recursos De Vida Independiente

SMILE – Service Maximizing Independent Living and Empowerment
Services Maximizing Independent Living and Empowerment (SMILE) is a Center for Independent Living, Yuma is home to one of five centers in the state of Arizona. S.M.I.L.E. assists individuals with disabilities including children and youth by providing an array of independent living services regardless of age, income or disability.

Programs

- **Blind Services Program**
The Blind Services Program provides assistive devices and device training to individuals with low vision or blind to assist them in living an independently, safely and with dignity in their community.

- **Lost Peepers**
The Lost Peepers group provides support for individuals with low vision or blindness. The group is open to community members that would like to attend group meetings, learn and grow with the group.

- **Transition Services**
Transition Services provides assistance for people with disabilities with transition assistance from nursing homes to community based residences

- **Youth Transition Services**
Transition of youth with significant disabilities after completion of secondary education to post-secondary life.
1929 S Arizona Ave, Ste 11
Yuma, AZ 85364
928.329.6681
https://smile-az.org/
Hours: Mon.- Fri. 8 a.m.- 5 p.m.
Languages offered: English
Cost: Free

Vocational Rehabilitation (VR) Program
The Vocational Rehabilitation program provides a variety of services to persons with disabilities, with the ultimate goal to prepare for, enter into, or retain employment.

Programs

- **Arizona Rehabilitation Services Administration (RSA)**
Assists individuals with disabilities to overcome barriers to employment and become as economically independent.

- **Business Enterprise Program (BEP)**
The Business Enterprise Program provides opportunities for VR program participants who are blind or visually impaired in operating business merchandising businesses such as vending machines and food service facilities, under Federal and State agency management.

- **Older Individuals who are Blind Program (OIB)**
The Older Individuals who are Blind program provides evaluation and instruction to persons with blindness or vision impairments in the areas of orientation and mobility, communication skills, and personal home management. For further information, contact the OIB program.

- **Vocational Rehabilitation Program (VR, Voc-Rehab)**
The Vocational Rehabilitation program assists individuals with disabilities with programs to include but not limited to vocational evaluation, job training, job search, job placement, transportation job site modification, self-employment and entrepreneurial activities.
AZ Department of Economic Security
1185 S Redondo Center Dr
Yuma, AZ 85364
928.247.8880
https://des.az.gov/services/employment/rehabilitation-services/vocational-rehabilitation-vr
Hours: Mon.- Fri. 8 a.m.- 5 p.m.
Languages offered: English, Spanish
Cost: Free
Arizona Association of Providers for People with Disabilities
“The Arizona Association of Providers for People with Disabilities supports and advocates for organizations that enhance the lives of people with disabilities and their families. Our vision is to advance excellence in Arizona programs and services through informing, educating and networking with the disabilities community, while encouraging a strong collective voice among those networks.” (www.aappd.org)
P.O. Box 33366
Phoenix, AZ 85067
602.510.9373
http://aappd.org/

Arizona Center for Disability Law
“The ACDL provides legal services to people who have a wide range of physical, mental, psychiatric, sensory, and cognitive disabilities. We receive specific federal protection and advocacy funding to assist people with certain kinds of disabilities, such as developmental disabilities or serious mental illness.” (www.azdisabilitylaw.org)
ACDL Phoenix
5025 E. Washington St, Suite 202
Phoenix, AZ 85034
602.274.6287
Toll Free 1.800.927.2260
www.azdisabilitylaw.org
Hours: Mon.- Fri. 8 a.m. - 4:30p.m.
Intake hours Mon., Tues., Thurs., Fri. 9a.m.-1p.m.
Languages offered: English
Cost: Free

Arizona Disability Advocates of Arizona
Advocates for the legal rights of persons with disabilities to be free from abuse, and neglect and discrimination, and also have access to education, health care, housing and jobs, and other services in order to maximize independence and achieve equality.
1.602.274.6287

*See the Legal Resources Section for additional resources.

Arizona Department of Child Safety
The Arizona Department of Child Safety is charged with child protection and serves as a visionary leader in primary prevention, partnering with other family-serving agencies and community organizations to improve community health and strengthen families.
1800 E Palo Verde St
Yuma AZ 85364
928.247.8200
Child Abuse Hotline: 1.888.767.2445
https://dcs.az.gov/
Hours: Mon.- Fri. 8 a.m.- 5 p.m.
Languages offered: English, Spanish
Cost: Free

Arizona Department of Health Services, Division of Behavioral Health
The Arizona Department of Health Services/Division of Behavioral Health Services that serves as the state authority in providing coordination, planning, administration, regulation and monitoring all facets of the state public behavioral health system.
150 North 18th Ave
Phoenix, AZ 85007
602.542.1025
https://www.azdhs.gov/index.php

Department of Developmental Disabilities
The Division of Developmental Disabilities, within the Arizona Department of Economic Security, provides support and services to eligible individuals with developmental disabilities. The support services are tailored to meet as individual needs at home and in community-based settings.
1800 E palo Verde St
Yuma, AZ 85364
928.247.8709
https://des.az.gov/services/disabilities/developmental-disabilities
Hours: Mon.- Fri. 8 a.m.- 5 p.m.
Languages offered: English, Spanish
Cost: Free
### Respite Resources / Recursos De Relevo

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<th>Program</th>
<th>Details</th>
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| **ABRIO Care** | ABRIO Care provides respite, habilitation, and attendant care to individuals with disabilities. ABRIO staff maintain Level 1 clearance and houses in-house trainer to instruct CPR, First Aid, and state approved Direct Care workforce curriculum.  
183 E 24th St, Suite 7  
Yuma, AZ 85364  
928.314.9961  
www.abriocare.com/  
Facebook: www.facebook.com/ABRiOYuma  
Hours: Mon.- Fri. 8 a.m. - 5 p.m.  
Languages offered: English  
Cost: Contact for details |
| **Daybreak Adult Day Health Care - Catholic Community Services of Southern Arizona, Inc. (CCS-Yuma)** | Daybreak Adult Day Health Care program is a structured day program providing nursing services, engaging social activities to encourage cognitive stimulation/maintenance and social development. Daybreak provides community-based care for a loved one to remain home and respite for family caregivers.  
321 S. 15th Ave  
Yuma, AZ 85364  
928.783.8316  
https://www.ccs-soaz.org/services/detail/daybreak-adult-day-health-care  
Hours: Mon.- Fri. 8 a.m. to 5 p.m.  
Languages offered: English, Spanish  
Cost: Free |
| **Resilient Health** | Resilient Health assist in creating a safe place for individuals to learn the tools in navigating through challenges by providing opportunities for differentiated therapies.  
1314 S 4th Ave, Ste B & C  
Yuma, AZ 85364  
928.344.3870  
www.resilienthealthaz.org  
Hours: Mon.- Fri. 9 a.m. to 3 p.m.  
Languages offered: English, Spanish  
Cost: Contact for details |

### Programs

- **Respite (In Community)**  
  Supportive services for family caregivers and participants outside the home with program emphasis in community connection to assist and support long term resilience.

- **Art Awakenings**  
  Art Awakenings provides therapeutic arts and art therapy for families, children and adults in individual and group settings; with emphasis on meaningful activities for socialization, life skills and resilience.

### Transportation Resources / Recursos De Transporte

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<th>Program</th>
<th>Details</th>
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| **Helping Hands of Yuma** | Helping Hands provides no cost programs for individuals in need of minimal assistance to maintain their independence. Services include transportation for vital and medical appointments, therapy, banking, legal matters and post office.  
11776 S Sheryl Dr  
Yuma, AZ 85367  
928.305.9974  
www.helpingyuma.org/  
Hours: Mon.- Thurs. 8 a.m. - 2 p.m.  
Languages offered: English  
Cost: Free |
| **Saguaro Transportation Services** | Saguaro Transportation services provides transportation for the elderly/handicapped and individuals with developmental disabilities. Vehicles are equipped with power lifts and ramps that are able to accommodate wheelchairs, personal mobility carts and walkers; also, these vehicles also have capabilities to transport individuals on stretchers.  
1495 S 4th Ave  
Yuma, AZ 85364  
928.783.6069  
www.saguarofoundation.org  
Hours: 24 hours a day  
Languages offered: English  
Cost: Fees may apply |
| **Western Arizona Council of Governments Area Agency on Aging** | WACOG Area Agency on Aging collaborates with transportation providers to provide free transportation to seniors age 60 and older, and in certain areas to younger adults with disabilities.  
1235 S. Redondo Center Dr  
Yuma, AZ 85365  
928.782.1886  
www.wacog.com/senior-transportation/  
Hours: Mon.- Fri. 8 a.m. - 5 p.m.  
Languages offered: English  
Cost: Free |
Reading is vital to a child’s ability to learn and be successful in school. And the early literacy skills needed to be a good reader – like language and vocabulary – start developing from birth. But it doesn’t happen automatically. A child’s brain is not pre-wired for reading.

When babies and toddlers hear words and language from caring adults, their brains develop the important connections needed to learn how to read. Studies show that children whose parents and caregivers regularly talk and read with them develop larger vocabularies, become better readers and do better in school. That’s because the first few years of a child's life are when the brain grows and develops the most, and a child's experiences in these early years affect how their brain develops.

Language and early literacy developments starts from the very beginning. Babies are listening in utero, and once they’re born, they’re communicating through eye contact, facial expressions, crying, smiles and touch. When adults respond with words, conversation and attention, it helps build the child’s brain in ways that promote healthy development and learning.

For more information visit: FirstThingsFirst.org/language-and-literacy
Crane School District
“The Crane School District programs and curriculum are developed by creating a personalized learning experience for students. The success of students is the responsibility of our outstanding teachers, dedicated administrators and support staff. Students will have the best possible learning opportunities and experiences as staff actively promote inclusive practices and diversity.” (www.craneschools.org)

Programs

- **Exceptional Students Services**
  The Exceptional Student Services department assist and is designed to promote interaction with regular education and special education.
  928.373.3451

- **Migrant Education Program**
  The Migrant Education strives to impact instruction and learning for students k-12 to achieve high academic success by providing support structure and scope of available services to migratory students.
  928.373.3432

- **Homeless Education Assistance**
  The McKinney-Vento Homeless Education Assistance Act is to ensure that each homeless child or youth is afforded equal access to free appropriate education as other children to include preschools.
  928.373.3432
  www.craneschools.org/apps/pages/index.jsp?uREC_ID=1905814&type=d&pREC_ID=2112491
  4501 W 20th St
  Yuma, AZ 85364
  928.373.3949
  www.craneschools.org/apps/pages/index.jsp?uREC_ID=1926042&type=d&pREC_ID=2062171

Crane School Sites
Gary A. Knox Elementary School
2926 S. 21st Dr
Yuma, AZ 85364
928.373.5500
www.garyaknox.craneschools.org

Gowan Science Academy (Magnet School)
1590 S Ave C
Yuma, AZ 85364
928.539.1200
www.gowanscience.craneschools.org

HL Suverkrup Elementary School
1590 Ave C
Yuma, AZ 85364
928.373.3500
www.hlsuverkrup.craneschools.org

Mesquite Elementary School
4451 W 28th St
Yuma, AZ 85364
928.373.4100
www.mesquite.craneschools.org

Pueblo Elementary School
2803 W 20th St
Yuma, AZ 85364
928.373.3600
www.pueblo.craneschools.org

Ronald Reagan Fundamental School
3200 W 16th St
Yuma, AZ 85364
928.373.3700
www.ronaldreagan.craneschools.org

Salida del Sol Elementary School
910 Ave C
Yuma, AZ 85364
928.373.5600
www.salidadelsol.craneschools.org

Valley Horizon Elementary School
4501 W 20th St
Yuma, AZ 85364
928.73.4000
928.329.0504
www.valleyhorizon.craneschools.org

Middle Schools
Crane Middle School
4450 W 32nd St
Yuma, AZ 85364
928.373.3200
www.cranemiddle.craneschools.org

Centennial Middle School
2650 W 20th St
Yuma, AZ 85364
928.373.3300
www.centennial.craneschools.org
Elementary & Middle Schools / Escuelas Primarias E Secundarias

Gadsden Elementary School District
“Our mission is to ensure high-quality educational programs by providing each student with the skills necessary to contribute to our society and to successfully compete in the global economy. We will accomplish this by emphasizing the development of both academic and social skills.”
(www.gesd32.org)

- Migrant Program
  The Migrant Program assist and supports migratory students to achieve high academic success in their K-8 learning.

- Special Education
  Special Education supports students’ academic, social emotional, behavioral and various students’ needs through small group instruction, one on one assistance, and address needs in or out of the mainstream classroom.

Gadsden Elementary School
1350 E Cesar Chavez Blvd
San Luis, AZ 85349
928.627.6540
www.gesd32.org

Gadsden Elementary School District Sites
Arizona Desert Elementary School
1245 N Main St
San Luis, AZ 85349
928.627.6940
https://ads.gesd32.org/

Cesar Chavez Elementary School
1130 N 10th Ave
San Luis, AZ 85349
928.627.6958
https://ccs.gesd32.org/

Desert View Elementary School
P.O. Box 6870
San Luis, AZ 85349
928.627.6915
https://dvs.gesd32.org/

Ed Pastor Elementary
985 N 6th Ave
San Luis, AZ 85349
928.627.6980
https://eps.gesd32.org/

Gadsden Elementary School
18745 S Gadsden St
Gadsden, AZ 85336
928.627.6970
https://ges.gesd32.org/

Rio Colorado Elementary School
1055 N Main St
San Luis, AZ 85239
928. 627.6902
https://rcs.gesd32.org/

Middle Schools
San Luis Middle School
1135 N Main St
San Luis, AZ 85349
https://slms.gesd32.org/

Southwest Junior High School
963 N 8th Ave
San Luis, AZ 85349
928.627.6580
https://swjh.gesd32.org/

Somerton School District
“The Somerton School District’s mission is to empower students of all ages to achieve a quality education in a nurturing, positive and inviting atmosphere.”
(www.ssd11.org/)

- Exceptional Student Services
  The Exceptional Student Services staff collaborates with parents and district personnel to support students with disabilities education through services such as instructional support, support services, to include psych-educational services.
  928.341.6000

- Migrant Education Program
  The Migrant Education Program assist and supports migrant students in academic standards to propel students to earn a high school diploma or complete a GED.
  928.341.6036

  343 N Carlisle Ave
  Somerton, AZ 85350
  928.341.6000
  www.ssd11.org
Elementary & Middle Schools / Escuelas Primarias E Secundarias

**Somerton School District Sites**
- Desert Sonora Elementary School  
  301 N Carlisle Ave  
  Somerton, AZ 85350  
  928.341.6300  
  www.ssd11.org/o/dss
- Orange Grove Elementary  
  3525 W County 16 ½ St  
  Somerton, AZ 85350  
  928.341.6200  
  www.ssd11.org/o/oge
- Tierra Del Sol Elementary School  
  1002 S Somerton Ave  
  Somerton, AZ 85350  
  928.341.6400  
  www.ssd11.org/o/tds

**Middle Schools**
- Somerton Middle School  
  1011 N Somerton Ave  
  Somerton, AZ 85350  
  928.341.6100  
  www.ssd11.org/o/sms

**Wellton School District**
"When you’re a Wellton Bulldog, you’re family. Learn all about who we are, and meet the people who come together to make our school an excellent place for your child to learn and grow."  
(www.welltonschool.org)

**Yuma District One**
“Here at Yuma Elementary School District One, we believe education should be an adventure where every child is thrilled to learn. We foster an environment that challenges students to develop their innate talents and abilities to the fullest. We know that investing in our children will enrich our community for years to come.” (www.yuma.org)

- **Exceptional Student Services Program**
  Exceptional Student Services assist and supports special needs students between the ages of 3 to 14. Services strives to assist students educational progress through inclusion to general classrooms, off campus alternative setting or homebound services. For more information, contact the ESS office.  
  928.502.7818

- **Migrant Program**
  Migrant program is available for qualifying migrant students from 3 years of age to the 8th grade. Support services provide assistance to parents and teachers to assist students' educational growth. For information, contact the Migrant Office.  
  928.502.4381
  601 S 5th Ave  
  Yuma, AZ 85364  
  928.502.4300  
  www.yuma.org

**Student Services Department**
The Student Services Department provides support and services for students with special needs between the ages of three to fourteen.  
29126 San Jose Ave  
Wellton, AZ 85356  
928.785.3311  
www.welltonschool.org
Elementary & Middle Schools / Escuelas Primarias E Secundarias

Yuma District School Sites
Alice Byrne School
811 W 16th St
Yuma, AZ 85364
(928) 502-7500
https://alicebyrne.yuma.org/

C.W. McGraw School
2345 S Arizona Ave
Yuma, AZ 85364
(928) 502-7700
www.mcgraw.yuma.org

Desert Mesa School
2350 S Ave 71/2 E
Yuma, Arizona 85364
928.502.8600
www.desertmesa.yuma.org

Dorothy Hall Elementary
5777 E 45th Pl
Yuma, AZ 85365
928.502.8300
https://dorothyhall.yuma.org/

G.W. Carver School
1341 W 15th St
Yuma, Arizona 85364
928.502.7600
www.gwcarver.yuma.org

James B. Rolle
2711 Engler Ave
Yuma, AZ 85365
928.502.8200
www.rolle.yuma.org

James D. Price Elementary
1010 Barranca Rd
Yuma, Arizona 85365
928.502.4306
www.price.yuma.org

Mary A Otondo School
2251 Otondo Dr
Yuma, AZ 85364
928.502.8500
www.otondo.yuma.org

O.C. Johnson School
1201 W 12th St
Yuma, AZ 85364
928.502.7900
www.johnson.yuma.org

Palmcroft School
901 Palmcroft Dr
Yuma, AZ 85364
928.502.8000
www.palmcroft.yuma.org

Pecan Grove
600 S 21st Ave
Yuma, Arizona 85364
928.502.8050
www.pecangrove.yuma.org

Roosevelt School
550 5th St
Yuma, AZ 85365
928.502.8150
928.502.8228
www.roosevelt.yuma.org

Sunrise Elementary
9943 E 28th St
Yuma, AZ
928.502.8800
928.502.8787
www.sunrise.yuma.org

Middle Schools
Fourth Avenue Junior High
450 S 4th Ave
Yuma, AZ 85364
928.502.7000
www.fourthavenue.yuma.org

Ron Watson Middle School
9851 E 28th St
Yuma, AZ 85364
928.502.7400
www.ronwatson.yuma.org

Castle Dome Middle School
2353 S Otondo Dr
Yuma, AZ 85365
928.502.7300
www.castledome.yuma.org

Woodard Junior High
2250 8th Ave
Yuma, AZ 85364
928.502.7200
www.woodard.yuma.org

Gila Vista Junior High
2245 Arizona Ave
928.502.7100
www.gilavista.yuma.org

FAMILY SUPPORT - EDUCATION / APOYO FAMILIAR - EDUCACIÓN
AmeriSchools
“As one of the best charter schools in Arizona, our goal is to develop lifelong learners who are compassionate, culturally sensitive, effective, and responsible citizens. AmeriSchools Academy strives to create and maintain a safe and inviting learning community to best support students and their families.” (www.amerischools.org)

School Sites
1220 S 4th Ave
Yuma, AZ 85364
928.919.7803

South Campus
2098 S 3rd Ave
Yuma, AZ 85364
928.329.1100

North Campus
1220 S 4th Ave
Yuma, AZ 85364
928.919.7203
www.amerischools.org

Desert View Academy
“Purpose at Desert View Academy is to educate our students with knowledge, empower our students with character and equip our students for life. (https://dva.dvsk12.com/)

School Sites
Elementary Campus
3777 W 16th St
Yuma, AZ 85364
928.314.1102

Middle School Campus
Desert View Academy
3777 W 20th Ln
Yuma, AZ 85364
928.317.3113
https://dva.dvsk12.com/

Harvest Preparatory Academy
“It is the mission of Harvest Preparatory Academy to guide each student into a high level of academic achievement and success through the development of their personal integrity through an academically rich rigorous educational program.” (www.harvestprep.com)

School Sites
Yuma Campus
350 E 18th St
Yuma, AZ 85364
928.782.2052

San Luis Campus
1044 N 10th Ave
San Luis, AZ 85349
928.627.5008
www.harvestprep.com
Bienestar Child Development Center
Bienestar Child Development Center provides before and after school care for children to assist working parents. Child care services are also available during the summer.
1504 Liberty St
San Luis AZ 85349
928.627.9342
Facebook:
www.facebook.com/Bienestar-Child-Development-Center-
Hours: Mon- Fri 6 am.- 6 p.m.
Languages offered: English, Spanish
Cost: Contact for details.

Right at School
Right at School supports parents and families by offering before and after school care at students’ main school. Right at School strives to cultivate the love of learning, support schools and giving parents a piece of mind. Participating schools vary, please contact for more information.
928.294.9596
www.rightatschool.com
Hours: Mon.-Fri. 7 a.m.-9:40 a.m.
Languages Offered: English
Cost: Contact for details

SHINE Program
The SHINE Program is an after-school program providing sports and character education program to students from 3rd to 6th grade in high poverty neighborhoods. The SHINE program is available after school hours to assist students in developing good citizenship, strong moral character, team spirit and promoting healthy competition.
1100 S 13th Ave
Yuma, AZ 85364
928.318.5800
www.theshineprogram.org
Hours: Mon -Fri 2p.m. – 5:30p.m.; Summer Camp:
Mon – Fri 7:30 a.m.- 5:30p.m.
Languages offered: English, Spanish
Cost: Contact for details.

YMCA Before & After School Care
The Yuma Family YMCA’s Before & After School programs are fully state licensed and focus on safety, health, social growth and academic enhancement. Our after school program serves kindergartners through middle school students in a safe, secure environment. Our curriculum appeals to kids while at the same time teaches confidence, encourages self-expression, and enriches social development. The Somerton program is not licensed by the state of Arizona.

Program Sites
1917 W 32nd St
Yuma, AZ 85364
928.317.0522

James E Kerley Youth Center
235 W Canal St
Somerton, AZ 85350
928.627.7024
www.valleyymca.org
Hours: Mon. –Fri.6 a.m. -7 p.m.
Languages offered: English, Spanish
Cost: Contact for details
Antelope High School

“It is the mission of Antelope Union High School to create a safe learning environment where students learn to be responsible, thoughtful, self-reliant, productive, citizens capable of adapting to and competing in a rapidly changing world community.” (www.antelopeunion.org)
9168 S Ave 36E
Wellton, AZ 85356
928.785.3344
www.antelopeunion.org

Desert View Academy

“Purpose at Desert View Academy is to educate our students with knowledge, empower our students with character and equip our students for life.” (https://dva.dvsk12.com/)
3777 W 20th Ln
Yuma, AZ 85364
928.317.3113
https://dva.dvsk12.com/

PPEP-Tec High School

“PPEP Tec High School (PTHS) is available for students looking for an alternative to a traditional education. With small student to teacher ratios, we are able to provide more of a one-on-one learning experience. PPEP Tec High School (PTHS) provides an alternative educational option for students ages 14-21, grades 9-12.” (www.ppeptechs.org)

Programs

Career & Technical Education
YUHSD offers courses to students in state approved Career and Technical Education (CTE) programs. CTE programs may be available for college credits through dual enrollment in CTE classes. For more information, contact the student’s school advisor or CTE office, 928.502.6787

Special Services-Special Education
YUHSD assist students with special needs who reside within the district’s boundaries by ensuring the student receives the necessary special education services and support. For further information, please contact the student’s school or the Special Education Office. 928.502.6780

Migrant Education Program
The YUHSD Migrant Program supports migrant students from ages 3 to 21 with services such as tutoring, school supplies, vision exams, GED study material, Migrant Summer Academy, cap and gown. Migrant Program is only offered at Yuma High School. For more information, contact the Migrant Program office. 928.502.4652

School Sites

Cibola High School
4100 W 20th St
Yuma, AZ 85364
928.502.5700
www.yumaunion.org/Cibola

Gila Ridge High School
7150 E 24th St
Yuma, AZ 85364
928.502.6400
www.yumaunion.org/gilaridge

Kofa High School
3100 S Ave A
Yuma, AZ 85364
928.502.5400
www.yumaunion.org/kofa

San Luis High School
1250 N 8th Ave
Yuma, AZ 85364
928.502.6100
www.yumaunion.org/sanluis

Vista High School
2350 Virginia Dr
Yuma, AZ 85364
928.343.2521
www.yumaunion.org/vista

Yuma High School
400 S 6th Ave
Yuma, AZ 85364
928.502.5000
www.yumaunion.org/yumahs

Facebook: www.facebook.com/ppephep.arizona

Yuma Union High School District

“At Yuma Union High School District we recognize the importance of the high school years to each student’s future success. Our teachers, staff, administration, and local community dedicate themselves to helping each of our district’s students achieve their potential by laying a foundation that they will build on throughout their lives.” (www.yumaunion.org)
FIRST THINGS FIRST
SCHOLARSHIPS AND INCENTIVES

Financial scholarships to support eligible individuals in completing a credential, associate degree, or bachelor’s degree in early childhood education or related field.

College Scholarship for Early Childhood Professionals
The FTF College Scholarship provides the early childhood workforce working directly with or on behalf of young children birth through age 5 access to education and training to achieve degrees, credentials, and specialized skills to promote children’s development.

Bonus Program
The FTF Bonus Program is a financial incentive offered to scholars who are continuing their education in the early childhood education field.

For scholarship information contact:
1.855.818.6613
info@thearizonaregistry.org

For a step-by-step scholarship guide, visit:
azearlychildhood.org
Scholarships & Grants / Becas Y Subvenciones

Arizona Community Foundation
In partnership with our generous donors, we award millions of dollars annually to help students achieve their educational goals. Through our online system, students complete one application and are matched with available scholarships, based on their eligibility requirements.
350 W 16th St #304
Yuma, AZ 85364
928.539.5343
www.azfoundation.org/ways-to-give/give-locally/acf-of-yuma
Languages offered: English, Spanish
Cost: Contact for details

Arizona Early Childhood Workforce Registry
Provide scholarships to higher education for the Yuma early childhood workforce working directly with or on behalf of young children birth to age 5 to obtain a Child Development Associate (CDA) credential, and to obtain an Associate degree in early childhood education or related field. A local representative is available to help.
555 N Central Ave # 500
Phoenix, AZ 85004
480.869.0183 | misty.haas@asu.edu
www.azregistry.org
Languages offered: English, Spanish
Cost: Free

Arizona Western College
Arizona Western College offers institutional scholarships to assist current Arizona Western College students in the areas of art, music, career & technical education, choir, honors program, presidential scholarship and theatre. Contact the AWC Financial Aid Office for information on external and transfer scholarships.
2020 S Ave B E
Yuma, AZ 85365
928.344.7634
www.azwestern.edu/enrollment/financial-aid/scholarships-and-grants
Languages offered: English
Cost: Free

AWC Foundation
The Arizona Western College Foundation is committed to helping students reach their educational goals through scholarships, grants and collaborative contributions. The AWC foundation assist students attending Arizona Western College. All AWC Foundation available scholarships are posted on foundation's webpage.
P.O. Box 929
Yuma, AZ 85366
928.344.1720
https://foundation.azwestern.edu/
Languages offered: English
Cost: Free

Caballeros de Yuma
Caballeros de Yuma offers scholarships to high school seniors graduating from Yuma County high schools, Yuma County charter schools and current college students. Caballeros de Yuma offers a wide range of scholarships to assist Yuma County students’ educational careers.
P.O. Box 5987
Yuma, AZ 85366
928.343.1715
www.caballeros.org/
Languages offered: English
Cost: Free

Federal Student Aid
Federal Student Aid and Federal Pell Grants are available for eligible students who are seeking their bachelor, graduate, or professional degree. For eligibility guidelines and information, visit the Student Aid website.
www.studentaid.gov
Languages offered: English
Cost: Free

YRMC Foundation
YRMC Foundation offers scholarships in various areas each year. YRMC Foundation ongoing commitment to the delivery of quality healthcare, recognizes the education as an essential component by offering scholarships in various areas each year.
2400 S Ave A
Yuma, AZ 85364
928.344.2000
www.yumaregional.org/For-The-Community/Foundation
Languages offered: English
Cost: Free

Yuma County Fair, Inc.
The Yuma County Fair program assist local eligible youth with financial support for their educational goals. For scholarship information contact the Yuma County Fair.
2520 E 32nd St
Yuma, AZ 85365
928.726.4420
www.yumafair.com/scholarships.html
Languages offered: English
Cost: Free

Arizona Community Foundation
In partnership with our generous donors, we award millions of dollars annually to help students achieve their educational goals. Through our online system, students complete one application and are matched with available scholarships, based on their eligibility requirements.
350 W 16th St #304
Yuma, AZ 85364
928.539.5343
www.azfoundation.org/ways-to-give/give-locally/acf-of-yuma
Languages offered: English, Spanish
Cost: Contact for details

Arizona Early Childhood Workforce Registry
Provide scholarships to higher education for the Yuma early childhood workforce working directly with or on behalf of young children birth to age 5 to obtain a Child Development Associate (CDA) credential, and to obtain an Associate degree in early childhood education or related field. A local representative is available to help.
555 N Central Ave # 500
Phoenix, AZ 85004
480.869.0183 | misty.haas@asu.edu
www.azregistry.org
Languages offered: English, Spanish
Cost: Free

Arizona Western College
Arizona Western College offers institutional scholarships to assist current Arizona Western College students in the areas of art, music, career & technical education, choir, honors program, presidential scholarship and theatre. Contact the AWC Financial Aid Office for information on external and transfer scholarships.
2020 S Ave B E
Yuma, AZ 85365
928.344.7634
www.azwestern.edu/enrollment/financial-aid/scholarships-and-grants
Languages offered: English
Cost: Free

AWC Foundation
The Arizona Western College Foundation is committed to helping students reach their educational goals through scholarships, grants and collaborative contributions. The AWC foundation assist students attending Arizona Western College. All AWC Foundation available scholarships are posted on foundation's webpage.
P.O. Box 929
Yuma, AZ 85366
928.344.1720
https://foundation.azwestern.edu/
Languages offered: English
Cost: Free

Caballeros de Yuma
Caballeros de Yuma offers scholarships to high school seniors graduating from Yuma County high schools, Yuma County charter schools and current college students. Caballeros de Yuma offers a wide range of scholarships to assist Yuma County students’ educational careers.
P.O. Box 5987
Yuma, AZ 85366
928.343.1715
www.caballeros.org/
Languages offered: English
Cost: Free

Federal Student Aid
Federal Student Aid and Federal Pell Grants are available for eligible students who are seeking their bachelor, graduate, or professional degree. For eligibility guidelines and information, visit the Student Aid website.
www.studentaid.gov
Languages offered: English
Cost: Free

YRMC Foundation
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2400 S Ave A
Yuma, AZ 85364
928.344.2000
www.yumaregional.org/For-The-Community/Foundation
Languages offered: English
Cost: Free

Yuma County Fair, Inc.
The Yuma County Fair program assist local eligible youth with financial support for their educational goals. For scholarship information contact the Yuma County Fair.
2520 E 32nd St
Yuma, AZ 85365
928.726.4420
www.yumafair.com/scholarships.html
Languages offered: English
Cost: Free
Arizona State University (ASU) - Yuma Extension
Arizona State University Yuma Extension in partnership with Arizona Western College assist students perusing a bachelor’s degree from ASU as they complete their associate degree at AWC.
ASU @ Yuma
928.317.6205
www.education.asu.edu
Hours: Mon.-Thu 7 a.m.-7 p.m.
Languages offered: English
Cost: Fees apply

Arizona Western College
Arizona Western College (AWC) Transforming lives through education and partnerships to create thriving communities.

Programs

Yuma Promise
Arizona Western College Yuma Promise is a tuition reimbursement program assisting recent high school graduates with the cost of tuition. For further information, contact Yuma Promise.
promise@azwestern.edu

Dual Enrollment
Arizona Western College partners with local high schools to offer Dual Enrollment credit for academic and occupational degrees. For more information, contact the Dual Enrollment office.
tiffany.tipton-pavey@azwestern.edu
928.344.7742

Concurrent Enrollment
The Concurrent Enrollment at Arizona Western College is program for high school students who want to take courses on the college campus or online while in high school. The program is available to all high school students with their high school is in agreement. For further information, contact the Concurrent Enrollment office and the student’s school academic advisor.
tiffany.tipton-pavey@azwestern.edu
928.344.7742

Military Services
AWC Military Services offers services such as academic advice, course registration assistance, and some in-person courses are also available at MCAS-Yuma for active duty military, DOD employees, and their families at MCAS-Yuma and Yuma Proving Grounds. For more information, contact the Military Services office.
military.services@azwestern.edu
928.317.7605

Veterans Services
Veteran Services strives to assist veterans with a successful transition and integration into higher education. Veteran Services collaborates with community veteran organizations to enhance educational and career opportunities for student veterans.
veteran.services@azwestern.edu
928.344.7622

AWC Services for Students with Disabilities - AccessABILITY Resource Services (ARS)
The AccessABILITY Resource Services assists students with disabilities, collaborates with faculty and staff to remove barriers through design and accommodation. Students can initiate the accommodation process by either logging in directly to Accommodate using their AWC username and password below, or make an appointment for assistance.
accessability@azwestern.edu
928.344.7674

Northern Arizona University - Yuma
Northern Arizona University-Yuma is available for students seeking undergraduate and graduate degrees. NAU-Yuma campus is designated a Hispanic Serving Institution (HIS) by the U.S. Department of Education.
Academic Complex
2020 S Avenue 8E
Yuma, Arizona 85366
www.nau.edu/yuma/
928.317.6450
Hours: Mon.-Thurs. 7 a.m.-7 p.m
Languages offered: English
Cost: Fees apply
Universities & Colleges / Universidades Y Colegios

**AWC Sites**

- **Main Campus**
  - 2020 S Ave 8E
  - Yuma, AZ 85365
  - 928.317.6000
  - 1.888.293.0392
  - www.azwestern.edu

- **Downtown Center**
  - 1351 S Redondo Center Dr
  - Yuma, AZ 85365
  - 928.317.6150

- **MCAS Education Center**
  - Bld. 850
  - Yuma, AZ 85369
  - 928.317.7605

- **Parker Learning Center**
  - 1109 Geronimo Ave
  - Parker, AZ 85344
  - 928.669.2214

- **Quartzsite Learning Center**
  - 695 N Kofa Ave at Quail
  - Quartzsite, AZ 85346
  - 928.927.8299
  - 928.669.2214

- **Somerton Center**
  - 1011 N Somerton Ave
  - Somerton, AZ 85350
  - 928.314.9464

- **Somerton City Hall**
  - 143 N State Ave
  - Somerton, AZ 85350
  - 928.314.946

**AWC Sites**

- **San Luis Learning Center**
  - 1340 N 8th Ave
  - San Luis, AZ 85349
  - 928.314.9449

- **San Luis Technology Institute**
  - 1135 N Main St
  - San Luis, AZ 85349
  - 928.314.9438

- **Wellton Learning Center**
  - 28851 County 12th St
  - Wellton, AZ 85356
  - 928.785.4175

- **US Army Proving Ground**
  - USAG Yuma Education Center, Bld. 501
  - Yuma, AZ 85365
  - 928.328.3177

- **San Luis Technology Institute**
  - 1340 N 8th Ave
  - San Luis, AZ 85349
  - 928.314.9438

- **Quartzsite Learning Center**
  - 695 N Kofa Ave at Quail
  - Quartzsite, AZ 85346
  - 928.927.8299
  - 928.669.2214

- **Somerton Center**
  - 1011 N Somerton Ave
  - Somerton, AZ 85350
  - 928.314.9464

- **Somerton City Hall**
  - 143 N State Ave
  - Somerton, AZ 85350
  - 928.314.946

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**University of Arizona (U of A) - Yuma Extension**

The University of Arizona Yuma Extension is available to students seeking to earn their associate’s degree at AWC and finishing their bachelor’s degree at UA Yuma.

- **The University of Arizona Yuma**
  - 7875 E 24th St, Ste #7
  - Yuma, AZ 85365
  - (928) 782-1914
  - https://extension.arizona.edu/yuma

- **Hours**: Mon.- Thu. 7 a.m. – 7 p.m.
- **Languages offered**: English
- **Cost**: Fees apply

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# Public Arizona Colleges and Universities

## Public, 4-year

<table>
<thead>
<tr>
<th>College Name</th>
<th>Phone Number</th>
<th>Website</th>
<th>Programs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northern Arizona University (Flagstaff)</td>
<td>(928) 523-9011 nau.edu</td>
<td>Online, Undergraduate, Graduate, Graduate Certificate Programs</td>
<td></td>
</tr>
<tr>
<td>University of Arizona (Tucson)</td>
<td>(520) 621-0898 arizona.edu</td>
<td>Online, Undergraduate, Graduate, Graduate Certificate Programs</td>
<td></td>
</tr>
<tr>
<td>Arizona State University (Tempe)</td>
<td>(480) 965-6113 asu.edu</td>
<td>Online, Undergraduate, Graduate, Graduate Certificate Programs</td>
<td></td>
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</tbody>
</table>

## Public, 2-year

<table>
<thead>
<tr>
<th>College Name</th>
<th>Phone Number</th>
<th>Website</th>
<th>Programs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Glendale Community College (Glendale)</td>
<td>(623) 845-3000 gccaz.edu</td>
<td>Certificate and Associate Programs</td>
<td></td>
</tr>
<tr>
<td>Chandler-Gilbert Community College (Chandler)</td>
<td>(480) 732-7280 cgc.edu</td>
<td>Certificate and Associate Programs</td>
<td></td>
</tr>
<tr>
<td>Rio Salado College (Tempe)</td>
<td>1(800) 729-1197 riosalado.edu</td>
<td>Certificate and Associate Programs</td>
<td></td>
</tr>
<tr>
<td>Arizona Western College (Yuma)</td>
<td>(928) 317-6000 azwestern.edu</td>
<td>Certificate and Associate Programs</td>
<td></td>
</tr>
<tr>
<td>Estrella Mountain Community College (Avondale)</td>
<td>(623) 935-8000 estrellamountain.edu</td>
<td>Certificate and Associate Programs</td>
<td></td>
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<tr>
<td>Mesa Community College (Mesa)</td>
<td>(480) 461-7000 mesacc.edu</td>
<td>Certificate and Associate Programs</td>
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<tr>
<td>Paradise Valley Community College (Phoenix)</td>
<td>(602) 787-7862 paradisevalley.edu</td>
<td>Certificate and Associate Programs</td>
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<tr>
<td>Eastern Arizona College (Thatcher)</td>
<td>1(800) 678-3808 eac.edu</td>
<td>Certificate and Associate Programs</td>
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<tr>
<td>Gateway Community College (Phoenix)</td>
<td>(602) 286-8200 gatewaycc.edu</td>
<td>Certificate and Associate Programs</td>
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</tr>
<tr>
<td>Phoenix College (Phoenix)</td>
<td>(602) 285-7800 phoenixcollege.edu</td>
<td>Certificate and Associate Programs</td>
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<tr>
<td>Central Arizona College (Coolidge)</td>
<td>1(800) 237-9814 centralaz.edu</td>
<td>Certificate and Associate Programs</td>
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<tr>
<td>Scottsdale Community College (Scottsdale)</td>
<td>(480) 423-6000 scottsdalecc.edu</td>
<td>Certificate and Associate Programs</td>
<td></td>
</tr>
<tr>
<td>Pima Community College (Tucson)</td>
<td>(520) 206-4500 pima.edu</td>
<td>Certificate and Associate Programs</td>
<td></td>
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<tr>
<td>Cochise Community College (Sierra Vista)</td>
<td>1(800) 966-7943 cochise.edu</td>
<td>Certificate and Associate Programs</td>
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</tr>
<tr>
<td>Tohono O’odham Community College (Sells)</td>
<td>(520) 383-8401 tocc.edu</td>
<td>Certificate and Associate Programs</td>
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</tr>
<tr>
<td>Yavapai College (Prescott)</td>
<td>(928) 445-7300 yc.edu</td>
<td>Certificate and Associate Programs</td>
<td></td>
</tr>
<tr>
<td>South Mountain Community College (Phoenix)</td>
<td>(602) 243-8000 southmountaincc.edu</td>
<td>Certificate and Associate Programs</td>
<td></td>
</tr>
<tr>
<td>Northland Pioneer College (Holbrook, Hopi, Kayenta, Whiteriver, Show Low, Snowflake/Taylor, Winslow, St. Johns, Springerville-Eagar)</td>
<td>(928) 532-6111 npc.edu</td>
<td>Certificate and Associate Programs</td>
<td></td>
</tr>
<tr>
<td>Mohave Community College</td>
<td>(928) 855-7812 mohave.edu</td>
<td>Certificate and Associate Programs</td>
<td></td>
</tr>
</tbody>
</table>
### Private Arizona Colleges and Universities

#### Private, non-profit, 4-year

<table>
<thead>
<tr>
<th>College/Medical School</th>
<th>Phone Number</th>
<th>Website</th>
<th>Program Offered</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arizona Christian College (Phoenix)</td>
<td>1(800) 247-2697</td>
<td>arizonachristian.edu</td>
<td>Online, Undergraduate</td>
</tr>
<tr>
<td>Embry-Riddle Aeronautical University (Prescott)</td>
<td>1(800) 888-3728</td>
<td>erau.edu</td>
<td>Certificate, Undergraduate, Graduate Programs</td>
</tr>
<tr>
<td>Prescott College (Prescott)</td>
<td>1(877) 350-2100</td>
<td>prescott.edu</td>
<td>Certificate, Undergraduate, Graduate Programs</td>
</tr>
<tr>
<td>International Baptist College and Seminary (Chandler)</td>
<td>1(800) 422-4858</td>
<td>ibcs.edu</td>
<td>Certificate, Undergraduate, Graduate Programs</td>
</tr>
<tr>
<td>Ottawa University (Phoenix)</td>
<td>1(855) 774-7713</td>
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<td>Online, Undergraduate, Graduate Programs</td>
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#### Private, for-profit, 4-year

<table>
<thead>
<tr>
<th>College/Medical School</th>
<th>Phone Number</th>
<th>Website</th>
<th>Program Offered</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grand Canyon University (Phoenix)</td>
<td>1(855) 428-5673</td>
<td>gcu.edu</td>
<td>Undergraduate, Graduate, Graduate Certificate Programs</td>
</tr>
<tr>
<td>University of Phoenix (Phoenix and Tucson)</td>
<td>1(844) 937-8679</td>
<td>phoenix.edu</td>
<td>Certificate, Undergraduate and Graduate Programs</td>
</tr>
<tr>
<td>Southwest University of Visual Arts (Tucson)</td>
<td>1(800) 825-8753</td>
<td>suva.edu</td>
<td>Undergraduate and Graduate Programs</td>
</tr>
<tr>
<td>University of Advancing Technology (Tempe)</td>
<td>1(800) 658-5744</td>
<td>uat.edu</td>
<td>Online, Undergraduate, Graduate Degree Programs</td>
</tr>
<tr>
<td>Chamberlain University (Phoenix)</td>
<td>1(877) 751-5783</td>
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<td>Undergraduate and Graduate</td>
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</table>

#### Private, for-profit, 2-year

<table>
<thead>
<tr>
<th>College/Medical School</th>
<th>Phone Number</th>
<th>Website</th>
<th>Program Offered</th>
</tr>
</thead>
<tbody>
<tr>
<td>Universal Technical Institute (Avondale)</td>
<td>1(800) 834-7308</td>
<td></td>
<td>Automotive, Diesel, Motorcycle</td>
</tr>
<tr>
<td>Arizona Automotive Institute (Glendale)</td>
<td>(623) 934-7273</td>
<td>aai.edu</td>
<td>Automotive, Diesel, Welding, Refrigeration/Heating/Ventilation</td>
</tr>
<tr>
<td>The Refrigeration School, Inc. (Phoenix)</td>
<td>(480) 676-5843</td>
<td>refrigerationschool.com</td>
<td>HVAC, Refrigeration, Electrician and Welding</td>
</tr>
<tr>
<td>Arizona College (Glendale and Mesa)</td>
<td>1(855) 706-8382</td>
<td></td>
<td>Allied Health</td>
</tr>
<tr>
<td>National Paralegal College, Inc. (Phoenix)</td>
<td>1(800) 371-6105</td>
<td>nationalparalegal.edu</td>
<td>Certificate, Undergraduate and Graduate Programs</td>
</tr>
<tr>
<td>Pima Medical Institute (Mesa)</td>
<td>1(800) 477-7462</td>
<td></td>
<td>Allied Health</td>
</tr>
<tr>
<td>Brookline College (Phoenix, Tempe, Tucson, Albuquerque)</td>
<td>1(888) 337-9003</td>
<td>brooklinecollege.edu</td>
<td>Online, Certificate, Undergraduate Programs</td>
</tr>
<tr>
<td>Southwest Institute of Healing Arts (Tempe)</td>
<td>(480) 994-9244</td>
<td></td>
<td>Massage</td>
</tr>
</tbody>
</table>
Achieve Community Services
Achieve Community Services assist individuals with vocation, education and daily life skills promoting. Achieve Community Services are delivered by HCMS caregivers and tutors to ensure supportive service delivery and flexibility.

Programs

- **Tutoring**
  Achieve Community Services offers tutoring services to include remedial academic tutoring, GED testing, college level course, core class tutoring, CNA state testing, ASVAB, and cosmetology state testing. Contact the office for information.

- **Clerical Technology**
  The Clerical Technology training program offers training to enter the clerical field with such as skills with data entry, filing, general office work, use of office Microsoft Suite, computer applications and database maintenance.

- **Career Exploration**
  The Career Exploration service consists of career exploration processes and activities, development of self-assessment, guidance through available employment networks and information about various industries and occupation.

- **Supported Education**
  This service is instructional activities that prepare a client for the education or training necessary to successfully achieve employment in their chosen field. This may be done through identifying education and/or training requirements, utilizing education resources, identifying education costs, exploring and finding financial aid resources or options and assisting the client in registering for selected education/vocational training programs.

  1790 S 3rd Ave, Ste 3
  Yuma, AZ 85364
  928.783.4069
  www.ecsaz.org

  Hours: Mon.- Fri. 8am.-3:30p.m.
  Languages offered: English
  Cost: Fees may apply

Arizona Western College
Arizona Western College (AWC) Transforming lives through education and partnerships to create thriving communities. Please contact or visit AWC for further education and career information.

Programs

- **Career and Technical Education**
  The Career and Technical Education Division provides instructional programs and services at Arizona Western College designed to assist students in preparing for the workforce by supporting their educational and professional development pursuits. Technical degrees and certificates are available including areas such as agricultural and science, construction and technology, health care, public safety and more. For more information, contact the Career Technical Education center.
  928.344.7567

- **Job Training**
  Arizona Western College Job Training Program offers preparation programs that include career, educational and/or training services. The Job Training is a federally funded grant program through the Workforce Innovation and Opportunity Act (WIOA).
  2020 S Ave 8E
  Yuma, AZ 85365
  928.317.6000
  1.888.293.0392
  www.azwestern.edu

  Hours: Mon.- Fri. 8am.-3:30p.m.
  Languages offered: English
  Cost: Tuition fees apply

College of Health Careers- Regional Center for Border Health, Inc.
"The Regional Center for Border Health, Inc./College of Health Careers is licensed by the Arizona State Board for Private Postsecondary Education as a Vocational Training Center and the Arizona State Board of Nursing. The College of Health Careers provides Allied Health Vocational Training & Certificate Programs for entry-level healthcare occupations." (www.rcbh.edu)

Programs

- **Nursing Assistant**
  "The Nursing Assistant Program is a 6 weeks' program of full-time education which includes a total of 153 hours of instruction (as required by the Arizona State Board of Nursing) The program is designed to prepare students for certification as nursing assistants. A nursing assistant is a licensed caretaker who assists in performing activities of daily living to persons in skilled nursing facilities, hospitals and doctors' offices." (www.rcbh.edu)
Vocational & Technical Schools / Escuelas De Profesional Y Técnicas

- **Medical Coder and Biller**
  “The Medical Coder and Biller Training Program is a 14-week program of part-time instruction with a total of 300 hours designed to prepare students for certification as a medical coder and biller. The focus of this program is learning the coding rules for the CPT, ICD-10-CM, and Level II coding systems and then applying the rules to code patients’ services. In addition, a variety of payment systems are presented. The medical topics of Medicare fraud/abuse, HMOs, and QIOs are also reviewed.” (www.rcbh.edu)

- **Medical Office Specialist**
  “The Medical Office Specialist Training Program is an 11-week program of full-time instruction with a total of 309 hours designated to provide students with the necessary skills to obtain entry-level employment in the medical facility. Students are cross-trained in both the clinical and administrative duties that are required to work effectively and productively in a medical setting.” (www.rcbh.edu)

- **Caregiver**
  Where a person learns the skills of assisting clients with their activities of daily living, light housekeeping and meal preparation. During the program students will gain an understanding of client needs and how to assist the client with their specific needs. Caregivers are frequently employed in assisted living facilities & home health/hospice agencies.” (www.rcbh.edu)

- **Phlebotomy Technician**
  “The Phlebotomy Technician Program is a 2-week program with a total of 40 hours that works under the supervision of a licensed medical laboratory technician, physician or other individuals with an advanced degree in biomedical/related sciences. A phlebotomy technician’s primary function is to collect blood specimens from patients for the purpose of laboratory analysis. Techniques used for this blood collection are taught which include patient preparation, processing, safety and compliance.” (www.rcbh.edu)

- **Nutrition and Food Service Management**
  “The Nutrition and Food Service Management is a 10-week, 360-hour program which will provide participants with the practical knowledge and skills to obtain satisfactory employment in the food service industry. Many food service locations are required to have a staff member with the training and certification needed to operate a safe establishment. This program has been approved by the Arizona State Board of Private Postsecondary Education.” (www.rcbh.edu)
  950 E Main St, Bld. A
  Somerton, AZ 85350
  928.315.7600
  www.rcbh.edu
  Facebook: www.facebook.com/College-of-Health-Careers
  Hours: Mon.- Fri. 8 a.m.-3:30 p.m.
  Languages offered: English
  Cost: Tuition fees apply

- **Job Corps**
  Job Corps provides technical training and education for low income youth ages 16 to 24. Students enrolled in the program receive meals, basic medical support services, and transitional support services after graduation. The program is administered through the U.S. Department of Labor.
  518 S 3rd St
  Phoenix, AZ 85004
  1.800.733.5627
  www.jobcorps.gov
  Hours: Mon.- Fri. 8 a.m.- 5 p.m.
  Languages offered: English
  Cost: Free

- **STEDY (Southwest Technical Education District of Yuma)**
  “Southwest Technical Education District of Yuma provides improved job skills training for high school students. CTED is an independent school district specifically established to provide approved career and technical education (CTE) or vocational programs to high school students.” (www.stedycte.org)

- **Programs**
  - **Business Management**
    “This program will offer the knowledge to enter the business field in an entry-level position such as filing clerk, receptionist, clerk typist, cashier, teller, hospital admitting clerk and transcribing, among others.” (www.stedycte.org)
Vocational & Technical Schools / Escuelas De Profesional Y Técnicas

- **Community Health Care Worker**
  “This program is designed to provide students with the necessary skills to become a community health care worker, also known as a promotor/a. Students will learn to build individual and community relationships by increasing health knowledge and self-sufficiency through outreach, education, informal counseling, social support and advocacy.” (www.stedycte.org)

- **Electrical Technology**
  “This program prepares students for an entry-level position in the construction trades industry. This program provides opportunities for students to learn to install, maintain, and repair electrical wiring, equipment and fixtures in accordance with relevant codes. This program curriculum is aligned with the National Center for Construction Education Research standardized national skills standards for the construction trades.” (www.stedycte.org)

- **HVAC- Air Conditioning/Heating**
  “The HVAC program provides students with the essential skills required for entry-level employees in the A/C and refrigeration industry. Training in various aspects of A/C and Refrigeration include trouble-shooting, maintenance, repair and servicing of A/C units, related electrical controlling devices, motors and safety factors concerning the use of various refrigerants.” (www.stedycte.org)

- **Manufacturing Technology**
  “Through a collaborative partnership with Arizona Western College, the Southwest Technical Education District of Yuma (STEDY) students will participate in a Manufacturing Technology program. The program will be focused on planning, managing and performing the processing of materials into intermediate or final products and related professional and technical support activities such as production planning and control, maintenance and manufacturing, and process engineering.” (www.stedycte.org)

- **Pre-Engineering (Drafting)**
  “This program provides courses in the drafting CAD and technical subject areas as well as the required general education courses to prepare students to transfer to a university. This program will provide knowledge in computer-aided drafting (CAD) technology.” (www.stedycte.org)

- **Solar Technology**
  “Students enrolled in this program will use a nationally developed curriculum to develop knowledge and skills to successfully install photovoltaic panels. The student will gain a basic understanding of electrical theory, wiring to proper code, safety and panel mounting, panel positioning and tie-in to the commercial grid.” (www.stedycte.org)

- **Professional Information Technology Support**
  “Computer support specialists and network administrators help computer users and organizations. Some of these workers support computer networks by testing and evaluating network systems and ensuring that the day-to-day operations work. Others provide customer service by helping people with their computer problems.” (www.stedycte.org)

- **Cloud Computing Technology**
  “A basic definition of cloud computing is when companies move physical information technology (IT) activities, such as file storage and on-site servers, to a virtual environment. As a cloud computing specialist, you will utilize these virtual environments to create streamlined operations for companies.” (www.stedycte.org)

- **Agriculture Science & Technology**
  “The STEDY Agriculture Science and Technology program is focused around the study and principles of agricultural technologies, food safety, and food products and processing. Students will research and learn the innovations and nuances of new technology within the agricultural industry and their impact in relation to the various agriculture pathways.” (www.stedycte.org)

- **Animation 2d & 3D**
  “The Animation program prepares the students in developing the process of displaying still images in sequence to create the illusion of movement. These images can be hand drawn, computer generated or pictures of 3D objects. Animators and Multimedia Artists create animation and visual effects for television, movies, video games, and other forms of media.” (www.stedycte.org)

- **Medical Assistant**
  “Medical Assistant’s work throughout the healthcare industry in many different clinical settings. Students will gain knowledge in phlebotomy, medical terminology, anatomy and physiology, lab safety, how to take vital signs and how to administer injections.” (www.stedycte.org)

- **Software Development**
  “This program will prepare students to pursue a career in software development. Students will learn how to write programs and work with a variety of computer languages. Students will also test codes that allow computer applications and software programs to function properly.”(www.stedycte.org)

989 E Plaza Circle Ste 1
Yuma, AZ 85366
928.366.5904
www.stedycte.org

Hours: Mon.- Thu, call for hour information
Languages offered: English  Cost: Fees Apply
Teen Pregnancy Prevention Programs
The Arizona Department of Health Services provides two different programs, Abstinence Only and Abstinence Plus in an effort to reduce teen pregnancy and sexually transmitted diseases among teens. Programs are available at certain schools, juvenile court youth programs in Yuma and San Luis.

2200 W 28th St
Yuma, AZ 85364
938.317.4580
www.yumacountyaz.gov/government/health-district/divisions/health-promotion/teen-pregnancy-prevention

Hours: Mon.- Fri. 8 a.m. – 4 p.m.
Languages offered: English, Spanish
Cost: Free

Yuma County Anti-Drug Coalition
The YCADC is a non-profit organization that provides drug education and awareness to youth and their families.

www.facebook.com/YCADC
Email: yumacountyantidrugcoalition@gmail.com
Adult Education Resources / Recursos De Educación De Adultos

Adult Education Services- Arizona Department of Education

“Arizona Adult Education Services provides comprehensive services to students 16 years of age and older who are not enrolled in a K-12 school. To quality educational programs to assist students to: earn a High School Equivalency Diploma (HSE); connect to employment and job training opportunities; transition to post-secondary education; and become proficient in English.” (www.azed.gov)

1535 West Jefferson St, Bin 26
Phoenix, AZ 85007
602.258.2410
www.azed.gov/adultedservices

Hours: Mon.- Fri. 8 a.m. – 4:30 p.m.
Languages offered: English, Spanish
Cost: Free

Adult Literacy Plus

“Adult Literacy Plus of Southwest Arizona (ALPS) is a full-time advocate for adult literacy in Southwest Arizona. As mentors, we change lives through outreach programs, adult basic education, ESL instruction, workplace preparation and training, and tutoring. Our program facilitates success within the family, workplace, and the community.”

Programs

- Adult Basic Education (ABE)
  “Literacy instruction aligned to the Arizona Adult Education Content Standards to students with educational functioning levels below secondary education (pre-GED test level). Workforce Preparation activities can be provided concurrently with ABE instruction.”

- Adult Secondary Education (ASE)
  “Literacy instruction aligned to the Arizona Adult Education Content Standards to students with educational functioning levels above basic education (GED test and college preparation level). ASE activities are designed to lead to the attainment of a secondary diploma (or its equivalent) and transition to postsecondary education/training or employment. Workforce Preparation activities can be provided concurrently with ASE instruction.”

- English Language Acquisition for Adults (ELAA)
  “English language instruction designed to help eligible learners achieve proficiency in reading, writing, speaking and listening; and that leads to attainment of a secondary diploma (or its equivalent), transition to postsecondary/training, or employment. To meet the requirement of leading to the attainment of a secondary diploma (or its equivalent), transition to postsecondary education/training, or employment, the ELAA program: 1) aligns to the Arizona Adult Education Content Standards, 2) offers college/career counseling services, and/or 3) is part of a career pathway.”

- Integrated English Literacy and Civics Education (IELCE)
  “Education services provided to English language learners to achieve competence in the English language and acquire the basic and more advanced skills needed to function effectively as parents, workers and citizens. Services include: 1) instruction in literacy and English language acquisition, and 2) instruction on the rights and responsibilities of citizenship and civic participation. Services include workforce preparation and workforce training.”

- Integrated Education and Training (IET)
  “Instruction provides adult education and literacy activities concurrently and contextually with workforce preparation activities and workforce training for a specific occupation or occupational cluster for the purpose of educational and career advancement. IET components are: 1) adult education and literacy 2) workforce preparation activities and 3) workforce training. Instruction is based on occupationally relevant materials for the purpose of educational and career advancement. Participation is intended for students at all skill levels, including adults with low academic skills.”

825 S Orange Ave
Yuma, AZ 85364
928.343.9363
www.somerton.k12.az.us/o/adult-ed

Hours: Mon.-Fri. 8 a.m. - 4 p.m.
Languages offered: English, Spanish
Cost: Free
Adult Education Resources / Recursos De Educación De Adultos

Arizona Early Childhood Workforce Registry
The Registry will help you grow your skills, increase your knowledge in early childhood, and advance your career. You’ll be able to find and register for training and professional development opportunities. Manage your career profile. Access FTF College Scholarships to take college classes toward a degree or credential in early childhood (only available through the Registry) and share your qualifications with employers. A local representative is available to help.
555 N Central Ave, Ste 500
Phoenix, AZ 85004
480.869.0183 | misty.haas@asu.edu
info@thearizonaregistry.org
Hours: Fri 8a.m. - 5p.m.
Languages offered: English, Spanish
Cost: Free

Arizona Western College
Arizona Western College (AWC) Transforming lives through education and partnerships to create thriving communities.
Programs
(Please visit www.azwestern.edu for more programs and further information)

- Workforce Education
  Workforce Education is an extension of Arizona Western College offers a wide variety of courses, workshops, seminars and conferences for business and industry professionals.

- GED Testing
  GED testing is available to anyone who does not possess a high school diploma and is interested in completing the general education development (GED) test series. GED test are available in English and Spanish.
  2020 S Ave 8E
  Yuma, AZ 85365
  928.317.6000
  1.888.293.0392
  www.azwestern.edu
  Hours: Mon.-Thu. 7 a.m. – 5 p.m.
  Languages offered: English, Spanish
  Cost: Fees may apply

Crossroads Mission- Career & Academic Center
Crossroads Mission Career & Academic Center is an adult education center that assists individuals obtain their GED, computer literacy courses and individualized tutoring. Services are free of charge and open to the community.

Programs

- GED Program
  The Crossroads Career & Academic Center offers small classes every year; utilizing a back-to-basics approach and learning by doing participants are geared for success

- Vocational Training Program
  The vocational training program is designed to prepare participants to learn supervisory skills, food service skills, how to maintain proper sanitation and health conditions, office assistants, warehouse management, retail sales and a variety of other positions; participants learn how to work with people, to live sober, productive lives, and to be engaged citizens in the community.
  944 S Arizona Ave
  Yuma, AZ 85364
  928.783.9362
  www.crossroadsmission.org
  Hours: Mon.-Thu. 8 a.m. – 6p.m.
  Languages offered: English
  Cost: Free

Martin Luther King Jr. Youth One Stop Center- Yuma Private Industry Council
Programs assist participants ages 16 to 24 years in academic planning, assistance with high school diploma or GED, college financing resources, graduation planning, among other programs.
  300 S 13th Ave
  Yuma, AZ 85364
  928.783.9347
  TTY: 928.329.6466
  www.ypic.com
  Hours: Mon.- Thu 8 a.m. – 5p.m.
  Languages offered: English
  Cost: Free
ACHIEVE Human Services, Inc.
ACHIEVE is a Community Rehabilitation Program (CRP) assist individuals seeking employment training and career opportunities, through programs such as vocational rehabilitation, center-base employment, housing services and adult day training.
3220 E 40th St
Yuma, AZ 85364
928.920.7222
www.achievehumanservices.org
Hours: Mon- Fri 8 a.m.- 5 p.m.
Languages offered: English
Cost: Free

Arizona Western College - Workforce Education
Workforce Education is an extension of Arizona Western College offering a wide variety of courses, workshops, seminars and conferences aimed at business and industry professionals.
2020 S Ave 8E
Yuma, AZ 85365
928.317.6000
928.317.7674
1.888.293.0392
www.azwestern.edu
Hours: Mon.- Fri. 8am.-6 p.m.
Languages offered: English
Cost: Tuition fees apply

Arizona@Work Yuma County Youth Services - Yuma Private Industry Council, Inc.
Youth Services provides education, employment, and vocational training services to youth between the ages of 16 to 24 who face barriers to challenges with education, training, and employment.
300 S. 13th Ave
Yuma, AZ 85364
928.783.9347
www.arizonaatwork.com
Facebook: www.facebook.com/ArizonaatWorkYumaCounty

Program Sites
Martin Luther King Youth Career Center
3000 S 13th Ave
Yuma, AZ 85364
928.783.9347

Palo Verde
1800 East Palo Verde St
Yuma, AZ 85364
928.247.8740
Hours: Mon.- Fri. 8 a.m.- 5 p.m.
Languages offered: English, Spanish
Cost: Free

Crossroads Mission - J.O.B.S.
The J.O.B.S. is a program geared to assist individuals in relearning basic job skills and adequate workplace ethic; the program consists of 14 weeks and each week is focused on exploring and learning component as part of the New Life Recovery Program.
944 S Arizona Ave
Yuma, AZ 85364
928.328.8082
www.crossroadsmission.org

Elite Community Services
Elite Community Services assist individuals in the areas of vocation, education and daily life skills through innovative and quality programs that include: Work Adjustment Training/Trial Work Experience, Extended Supported Employment, Disability Related Employment Services, Rehabilitation Instructional Services.
1790 S 3rd Ave, Ste 3
Yuma, AZ 85364
928.783.4069
www.ecsaz.org
Hours: Mon.- Fri. 8am.-3:30p.m.
Languages offered: English
Cost: Fees may apply

Goodwill of Central & Northern Arizona Career Center
Goodwill Career Services are no-cost and here to help individuals acquire employment, land a job, and advance your career. Visit the Yuma Career Center or MyCareerAdvisor.com and receive no-cost access to everything from skills training, career coaching, resume review, certifications, hiring events, and more. Visit MyCareerAdvisor.com and sign-up for a free account to get started today.
3097 S 8th Ave
Yuma, AZ 85364
928-343-7600
www.goodwillaz.org/venue/yuma-career-center
Hours: Mon.-Thurs. 9 a.m.-4 p.m.
Languages offered: English, Spanish
Cost: Free
Employment Resources / Recursos De Empleo

Arizona@Work
ARIZONA@WORK assist job seekers through career services programs that equip participants with tools to seek employment.

Program Sites
One-Stop-Center
3826 W 16th St
Yuma, AZ 85364
928.329.0990
www.arizonaatwork.com

Specialized Center
300 S 13th Ave
928.783.9347
www.ypic.com
Hours: Mon.- Fri. 8 a.m. – 5 p.m.
Languages offered: English, Spanish
Cost: Free

CityLink
CityLink programs links residents to opportunities to education, job training, counseling and social service assistance while residing in assisted housing.

420 S Madison Ave
Yuma, AZ 85364
928.782.3823 Ext. 151
www.hacy.org
Hours: Mon.- Fri. 8 a.m. – 5:00p.m.
Languages offered: English, Spanish
Cost: Free

Department of Economic Security
Employment Service is a network of public employment offices providing placement services for job seekers and labor force recruitment services for employers. The Employment Service focuses on providing a variety of employment-related labor exchange services including, but not limited to, job search assistance, job referral and placement assistance for jobseekers, re-employment services to Unemployment Insurance claimants, and recruitment services for employers with job openings.

Programs

Unemployment Insurance Benefits
Eligibility for unemployment insurance benefits must meet specific requirements for wages earned or time worked during an established period of time, be determined to be unemployed through no fault of your own (determined under state law) and meet other eligibility requirements to qualify for Unemployment Insurance benefits. For further information, contact the Unemployment Insurance Offices.

1185 S Redondo Center Dr
Yuma, AZ 85364
928.247.8740

1800 E Palo Verde St
Yuma, AZ 85364
928.247.8740

663 N William Brooks Ave
San Luis, AZ 85349
382.627.9439
https://des.az.gov/services/employment/unemployment-individual

Hours: Mon.- Fri. 8 a.m. – 5 p.m.
Languages offered: English, Spanish
Cost: Free

National Farmworker Jobs Program - PPEP Inc.
The National Farmworker Jobs Program (NFJP) is an employment and training program specifically for migrant and seasonal farmworkers and their dependents. The program assists eligible participants with training, supportive services, barrier elimination and job placement services for gainful employment in and out of agriculture industries. Participants must be legal residents or United States residents.

731 N. William Brooks Ave
San Luis, AZ 85349
928-627-3203
www.ppep.org

Hours: Mon.- Fri. 8 a.m. – 5 p.m.
Languages offered: English, Spanish
Cost: Free

Senior Community Service Employment Program - Western Arizona Council of Governments
The Senior Community Service Employment Program (SCSEP) is a community service and work-based training program for older workers providing subsidized, part-time, community service training for unemployed, low-income persons 55 or older who have poor employment prospects. Program include subsidized community services and participant services.

1235 S Redondo Center Dr
Yuma, AZ 85365
928.782.1886
www.wacog.com/senior-community
Hours: Mon.- Fri. 8 a.m. – 5 p.m.
Languages offered: English, Spanish
Cost: Free
Behavioral Health / Salud Conductual

National Alliance of Mental Illness
NAMI Southern Arizona is a non-profit, grassroots organization providing no-cost advocacy, education, and support to all those affected by mental illnesses and their families.
6122 E. 22nd St
Tucson, AZ 85711
502.622.5582
Community Crisis Line: 1.520.622.6000
www.namisa.org
Hours: Mon - Fri 8 a.m.-5 p.m.
Languages offered: English, Spanish
Cost: Free

Educational Resources / Recursos Educativos

AZ Friends of Foster Children Foundation (AFFCF)
AZ Friends of Foster Children Foundation offers scholarship programs for foster youth that has aged out of foster care and would like to peruse higher education.
360 S Coronado Rd, Ste 190
Phoenix, AZ 85004
602.252.9445
www.affc.org/scholarships
Languages offered: English/Spanish
Cost: Free

Arizona State University Bridging Success
Bridging Success can provide personal coaching to help assist navigate personal and academic challenges and referrals for on and off-campus resources and provide a community of peer and staff support while attending Arizona State University or Maricopa Community College.
P.O. Box 871101
Tempe, AZ 85287-1101
480.965.6060
https://fosteryouth.asu.edu/bridging-success
Languages offered: English
Cost: Free

Educational Support and Assistance
Ensuring students have minimal school changes can support their educational stability. Federal legislation, such as Every Student Succeeds Act (ESSA), assists by requiring that Best Interest Determination meetings be held prior to moving a youth in foster care from their school of origin.
EducationPOC@azdcs.gov
Languages offered: English/Spanish
Cost: Free
Arms of Love Foster Care
2363 S Kennedy Ln.
Yuma, AZ 85365
928.726.5568
www.abcsfostercare.com

Jessie's Closet Foster Child Resource Center
Jessie's Closet Foster Child Resource Center is a children's boutique designed just for foster children and their families.
2301 S Ave A
Yuma, AZ 85364
928.769.4004
www.jessiescloset.org
Hours: Mon.-Fri. 8 a.m.-5 p.m.
Languages offered: English
Cost: Some fees may apply

Provider Indemnity Program (PIP)
The Provider Indemnity Program (PIP) is a state-funded insurance program that provides liability coverage for foster parents while caring for a child in foster care.
602.542.2182
www.staterisk.az.gov/insurance/provider-indemnity-program
Hours: Mon.-Fri. 8 a.m.-5 p.m.
Languages offered: English/Spanish
Cost: Free
Arizona’s Children Association
Arizona’s Children Association (AzCA) provides training and support to foster care families. Adoption services are available for those seeking to adopt internationally, privately and from the foster care system.
275 W 17th Place
Yuma, AZ 85364
1-800-944-7611
www.arizonaschildren.org
Hours: Mon.-Fri. 8 a.m.-5 p.m.
Languages offered: English/Spanish
Cost: Free

AVIVA Children’s Services
AVIVA responds to the needs of children in foster care by providing programs and resources to enhance their self-esteem and well-being as well as supplying necessity items such as clothing, shoes, blankets and personal care items.
3860 W 24th St Suite 201
Yuma, AZ 85364
Office: 520.990.4448
Cell: 928.246.7072
www.easterseals.com/blakefoundation/
Hours: Mon.-Fri. 8 a.m.-5 p.m.
Languages offered: English, Spanish
Cost: Free

Department of Child Safety
The Arizona Department of Child Safety is charged with child protection and serves as a visionary leader in primary prevention, partnering with other family-serving agencies and community organizations to improve community health and strengthen families.
1800 E Palo Verde St
Yuma, AZ 85364
928.247.8660
https://dcs.az.gov/
Hours: Mon.-Fri. 8 a.m.-5 p.m.
Languages offered: English
Cost: Free

DCS Helplines & Hotlines
Department of Child Safety Family Advocate: 1.877.527.0765 or 602.364.0777
Department Child Safety Child Abuse Hot Line: 1.888.767.2445
Warm Line- Foster Parents and Kinship Caregivers: 1.877.543.7633
Foster Care or Adoption: 1.877.543.7633

Intermountain Centers
Intermountain Centers recruits and trains foster care providers for at-risk children who require a safe and stable home environment in which to develop positive life skills, independence and self-sufficiency. Training and licensing is provided within the Intermountain organization, in accordance with State of Arizona regulations.
2445 S Arizona Ave
Yuma, AZ 85364
928.919.9304
www.intermountaincenters.org
Hours: Mon.-Fri. 8 a.m.-5 p.m.
Languages offered: English/Spanish
Cost: Free

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Yuma, AZ 85364
Office: 520.990.4448
Cell: 928.246.7072
www.easterseals.com/blakefoundation/
Hours: Mon.-Fri. 8 a.m.-5 p.m.
Languages offered: English, Spanish
Cost: Free

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1800 E Palo Verde St
Yuma, AZ 85364
928.247.8660
https://dcs.az.gov/
Hours: Mon.-Fri. 8 a.m.-5 p.m.
Languages offered: English
Cost: Free

AVIVA Children’s Services
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3860 W 24th St Suite 201
Yuma, AZ 85364
Office: 520.990.4448
Cell: 928.246.7072
www.easterseals.com/blakefoundation/
Hours: Mon.-Fri. 8 a.m.-5 p.m.
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Cost: Free

Department of Child Safety
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1800 E Palo Verde St
Yuma, AZ 85364
928.247.8660
https://dcs.az.gov/
Hours: Mon.-Fri. 8 a.m.-5 p.m.
Languages offered: English
Cost: Free
FAMILY SUPPORT - LEGAL RESOURCES / 
APOYO FAMILIAR - RECURSOS LEGALES

Advocacy & Legal Resources / Defensa Y Recursos Legales

Campesinos Sin Fronteras
Campesinos Sin Fronteras’ mission is to promote self-sustainability to farmworkers, low to moderate-income individuals by providing and facilitating access to health, behavioral health, social services, housing rehabilitation, counseling, education and workforce development. Legal services provide notary public services, translation services, guardianships, and Annual Reports (Guardianships).

663 E Main St, Ste A
Somerton, AZ 85350
928.627.5995
www.campesinossinfronteras.org
Hours: Mon- Thu. 8 a.m. – 5:30p.m.; Fri 8 a.m.- 12 p.m.
Languages offered: English, Spanish
Cost: Some fees apply

CASA of Yuma County
CASA Volunteers are everyday citizens appointed by a judge to speak up for abused and neglected children in court. CASA volunteers serve as fact-finders for the judge by gathering information regarding the circumstances of a child's case. To access the information needed for the volunteer to advocate effectively, he or she must build a relationship with the child. The CASA volunteer makes recommendations to the court which represent the best interests of the child.

2440 W 28th St
Yuma, AZ 85364
928.314.1858
www.azcourts.gov/casa
Hours: Mon - Fri 8 a.m. – 5p.m.
Languages offered: English
Cost: Free

Chicanos Por La Causa
CPLC Family Immigration Services helps reunite families that have been divided by international borders or mixed immigration statuses.

308 W Main St
Somerton, AZ 85350
928.627.2042
www.cplc.org/hhs/immigration.php
Hours: Mon.-Fri. 8 a.m. – 4:00p.m.
Languages offered: English, Spanish
Cost: Contact for details

Community Legal Services
Community Legal Services (CLS) is dedicated to providing legal assistance, advice or representation, self-help materials and legal education so people can know their rights. Services focus on helping survivors of domestic violence; assisting victims of consumer fraud and abuse, protecting tenants from unlawful/unfair practices by landlords, foreclosures, legal problems affecting agricultural workers, wage claims and other employment matters and federal state programs affecting peoples' health and economic stability.

San Luis Office
845 B St
San Luis, AZ 85349
928.627.8023
1.800.356.7115
Email: infoslo@clsaz.org
Hours: Mon.- Fri. 8a.m.-5p.m.

Yuma Office
204 S 1st Ave
Yuma, AZ 85364
928.782.7511
1.200.424.7962
Email: infoyuco@clsaz.org
Hours: Mon.- Thu. 9a.m.-12p.m., 1:30p.m.-4p.m.; Fri-Phone calls only
www.clsaz.org
Languages offered: English
Cost: Free/Low fees

Generation Living Trusts
Offering estate planning for families to avoid probate with a living trust, including special needs trusts. To protect all families to avoid probate, secure their medical directives and to do this at a cost they can afford.

4573 South Jasmine Ave.
Yuma, AZ 85365
619.384.1931
www.generationlivingtrusts.com
Languages offered: English, Spanish
Cost: Fees apply; payment options may be available
Advocacy & Legal Resources / Defensa Y Recursos Legales

Public Fiduciary
The Yuma County Fiduciary provides guardianship, conservatorship, and decedent services in a professional, efficient and compassionate manner when no other person, agency, or corporation is qualified and willing to serve.

3007 S Pacific Ave
Yuma, AZ 85364
928.373.11.45
www.yumacountyaz.gov/government/public-fiduciary
Hours: Mon.-Fri. 8 a.m. – 5 p.m.
Languages offered: English, Spanish
Cost: Free

Yuma County Legal Defender Office
The Yuma County Legal Defender Office provides competent, effective, and professional legal representation to accused persons who do not have the means to hire an attorney and have been appointed an attorney by the court.

201 S 2nd Ave
Yuma, AZ 85364
928.817.4650
www.yumacountyaz.gov/government/legal-defender
Hours: Mon- Fri 8 a.m. – 5p.m.
Languages offered: English
Cost: Free

Courts & Resources / Tribunales Y Recursos

Yuma County Adult Detention Facility
The Yuma County Sheriff’s Office Detention Bureau to provide for the safety and security of people who are arrested, awaiting trial and people sentenced to the custody of the Sheriff.

141 S 3rd Ave
Yuma, AZ 85364
928.783.4427
www.yumacountysheriff.org/detention
Adult Probation
405 S Main St
Yuma, AZ 85364
928.329.2210
www.yumacountyaz.gov/government/courts/adult-probation
Hours: Mon.-Fri. 8 a.m. – 5 p.m.
Languages offered: English
Cost: Contact for details

Yuma County Juvenile Justice Center
The Yuma County Juvenile Justice Center is charged under the laws contained in the Arizona Revised Statutes, and the Rules of Procedure for Juvenile Court established by the Supreme Court of the State of Arizona with jurisdiction over all children up to 18 years of age, who are referred for reasons of mental health, incorrigibility or delinquency, and for all families involved in dependency, severance and adoption proceedings.

Hope Assessment Center
928.314.1825
2440 W 8th St.
Yuma, AZ 85364
928.314.1900
www.yumacountyaz.gov/government/courts/juvenile-justice-center
Hours: Mon.-Fri. 8 a.m. – 5 p.m.
Languages offered: English
Cost: Contact for details

Yuma County Superior Court
Superior Court in Yuma County is an essential part of a justice system that provides a fair and impartial forum for resolution of disputes; striving to provide meaningful access to the court by all, including self-represented litigants; ensuring that those that violate the laws are held accountable; and helping protect children, families and the community from physical or financial harm.

250 W 2nd St
Yuma, AZ 85364
928.817.4083
www.yumacountyaz.gov/government/courts/superior-court
Hours: Mon.-Fri. 8 a.m. – 5 p.m.
Languages offered: English
Cost: Contact for details
Yuma County Library District
Yuma County Library District is your center for information, community enrichment, recreational reading, and lifelong learning. Offering programs and services to the community for children and adults of all ages.

Programs
- Curbside Pickup
- Library eCards
- Virtual Storytime
- Virtual Bilingual Storytime
- Virtual Adult Programs
- Yuma County Library District
- Virtual Teen Programs
- Virtual Spanish Programs
- Virtual Tutor
- Homebound
- Lobby Stops

Locations
Main Branch
2951 S 21st Dr
Yuma, AZ 85364
928.373.6491

Dateland Branch
Avenue 64E & Interstate 8
1300 S Ave 64E
Dateland, AZ 85333
(Inside Elementary School)
928.454.2242

Foothills Branch
13226 E South Frontage Rd
Yuma, AZ 85367
928.342.1640

Heritage Branch
350 S Third Ave
Yuma, AZ 85364
928.783.5415

San Luis Branch
1075 N 6th Ave
San Luis, AZ 85349
928.627.8344

Somerton Branch
240 Canal St
Somerton, AZ 85350
928.627.2149

Wellton Branch
28790 San Jose Ave
Wellton, AZ 85356
928.785.9575
www.yumalibrary.org
Facebook: www.facebook.com/yumalibrary
Hours: Mon.-Sat. 9a.m-4p.m.
Languages offered: English
Cost: Free

University of Arizona Cooperative Extension - Yuma County
Our financial literacy programs teach basics of budgeting, savings, information about credit and other topics related to managing your money.
2200 W 28th St, Ste 102
Yuma, AZ 85364
928.726.3904
www.extension.arizona.edu/financial-literacy
Facebook: https://www.facebook.com/pages/category/Community-Organization/Yuma-County-Cooperative-Extension-870535189762002/
Hours: Mon.-Fri. 8 a.m. - 5 p.m.
Languages offered: English, Spanish handouts
Cost: Free
Arizona Baptist Children's Services and Family Ministries (ABCS)

ABCS is faith-based, non-profit social service ministry that serves the full spectrum of Arizona families, from unborn babies to seniors. ABCS ministries are focused on providing practical help to meet those needs. Services include Adult ministry, Counseling, Food and clothing, Foster Care, Parent Aide and Pregnancy.

2363 S Kennedy Ln
Yuma, AZ 85365
928.726.5568
https://abcs.org/location/yuma-office/

Hours: Mon.- Thurs. 8 a.m.-4:30 p.m. and Fri. 8 a.m.-3 p.m.
Languages offered: English, Spanish
Cost: Free

Arizona Department of Child Safety

The Arizona Department of Child Safety is charged with child protection and serve as a visionary leader in primary prevention, partnering with other family-serving agencies and community organizations to improve community health and strengthen families.

1800 E Palo Verde St
Yuma, AZ 85365
928.247.8200
https://dcs.az.gov

Hours: Mon- Sun 24 hours a day
Languages offered: English, Spanish
Cost: Free

Arizona Self Help

Arizona Self Help is a free and easy way to find out if your family can get help from 40 different health and human services programs. This website provides convenient, one-stop access to Program List and descriptions, contact information, eligibility item list, and program applications.

www.arizonaselfhelp.org

Hours: 24-hour website
Languages offered: English, Spanish
Cost: Free

Department of Economic Security

The Arizona Department of Economic Security (DES). DES works with families, community organizations, advocates and state and federal partners to realize our collective vision that every child, adult, and family in Arizona will be safe and economically secure. DES works to promote enhanced safety and well-being for Arizonans by focusing on three primary goals: Strengthening Individuals and Families, increasing self-sufficiency, and Developing the capacity of communities.

Division: Adult Protective Services

Arizona Adult Protective Services (APS) investigates reports of abuse, neglect and exploitation of vulnerable adults. APS may also become involved when there is a claim of self-neglect which is when an adult with physical or mental impairments is not able to meet their basic needs (such as food, shelter, health care, managing money, etc.) which then impacts the adult's physical health, mental health or general safety. The goal of APS is to prioritize an adult's right to make their own decisions while keeping them safe.

( des.az.gov/services/basic-needs)

928.247.8615
https://des.az.gov/services/basic-needs/adult-protective-services

Division: Child Care Administration

“The Child Care Administration (CCA) provides child care assistance to eligible families who participate in employment activities and specific education and training activities related to employment by providing financial support intended to offset a portion of child care costs. This financial support allows families better access to high-quality, early care and education settings for their children. Child care assistance is also available for children who are involved with the Department of Child Safety due to child abuse or neglect, and families with children experiencing homelessness.”

928.247.8625

Division: Child Support Enforcement

“The Arizona Division of Child Support Services (DCSS) provides services to parents and caretakers who receive child support as well as parents who pay child support. Some of the services include obtaining a child support order, collecting child, medical and spousal support from parents who have a court order, and helping unwed parents establish paternity for their child.”

928.247.8635
https://des.az.gov/services/dcss

Division: Employment Services

“Employment Service is a network of public employment offices providing placement services for job seekers and labor force recruitment services for employers. The Employment Service focuses on providing a variety of employment-related labor exchange services including, but not limited to, job search assistance, job referral and placement assistance for job seekers, re-employment services to Unemployment Insurance claimants, and recruitment services for employers with job openings.”

928.247.8740
https://des.az.gov/services/employment
Support Resources / Recursos De Apoyo

**Family Assistance Administration**
The Family Assistance Administration provides assistance to eligible individuals and families through programs such as AHCCCS Health Insurance, Nutrition Assistance, and Cash Assistance.
928.247.8760
https://des.az.gov/services
1800 E palo Verde St
Yuma, AZ 85365
928.247.8635
Hours: Mon.- Fri. 7:30 am. – 5 p.m.
Languages offered: English, Spanish
Cost: Free

**Safe Kids Yuma County**
Led by Yuma County Health Services District, which provides dedicated and caring staff, operation support and other resources to assist in achieving our common goal: keeping your kids safe. This coalition implements evidence-based programs, such as car-seat checkups, safety workshops and presentations, that help parents and caregivers prevent childhood injuries.
2200 W. 28th Street
Yuma, AZ 85364
928.317.4580
Facebook: https://www.facebook.com/Safe-Kids-Yuma-County-220120329848
Hours: Mon.- Fri. 8 a.m.-5 .pm.
Available for special events outside this time frame)
Languages offered: English, Spanish
Cost: Free

**Social Security Administration**
Social Security provides services for qualifying individuals such as social security cards, retirement, disability, Medicare, survivors benefits and supplemental security benefits for those individuals meeting eligibility requirements.
325 W 19th St, Ste 1
Yuma, AZ 85364
1.866.613.2970
Online Services: www.ssa.gov
Hours: Mon.- Fri. 8a.m.-5p.m.
Languages offered: English, Spanish
Cost: Free

**Solari Inc., Crisis Response Network - Community Support Network**
Solari is an award-winning nonprofit that runs data-driven crisis and human services programs and contact centers in Arizona. We also partner with organizations to increase access to local care, and offer innovative technological solutions and consulting services to crisis centers around the country.
1275 W Washington St, Ste 210
Tempe, AZ 85281
602.427.4600
Toll Free: 1.800.631.1314
www.solari-inc.org
Facebook: www.facebook.com/SolariInc
Hours: Mon.- Sun. 24 hours a day
Languages offered: English, Spanish
Cost: Free
Military Family Resources / Recursos Para Familias Militares

Military Family Resources are applicable to veterans, service members and their families only. For further information, contact the individual program.

Blue Star Families
Blue Star Families provide support for the military community by connecting military families with their civilian neighbors and organization.
202.630.2583
www.bluestarfam.org

FOCUS Resilience Training
FOCUS provides resilience training to all military families, including Special Operations Command, through the Department of Defense Office of Military Community & Family Policy.
928.269.4288
www.focusproject.org
Hours: Mon.-Fri. 8 a.m.-4:30 p.m.
Languages offered: English
Cost: Free

Military One Source
Military One Source provides assistance and support to active-duty, National Guard, and Reserves service members and their families. Military OneSource assist in arranging non-medical counseling and support 24/7, worldwide.
1.800.342.9647
www.militaryonesource.mil
Hours: 24 hours a day, 7 days a week
Languages offered: English, Spanish
Cost: Free

MCAS Yuma School Liaison
The MCAS Yuma School Liaison Program (SLP) focuses its efforts on making transitions for military school age children easier. Through connections with families, schools, commanders, community and installation programs, School Liaisons engage in a system of support on behalf of the military child.
928.269-5373
https://installations.militaryonesource.mil/military-installation/mcas-yuma/education/education
Hours: Mon.-Fri. 8 a.m.-4:30 p.m.
Languages offered: English, Spanish
Cost: Free

Navy-Marine Corps Relief Society
The mission of the Navy-Marine Corps Relief Society is to provide, in partnership with the Navy and Marine Corps, financial, educational, and other assistance to members of the Naval Service of the United States, eligible family members, and survivors when in need.
928.269.2373
www.nmcrs.org
Hours: Mon.-Fri. 8 a.m.-4 p.m.
Languages offered: English
Cost: Free

Operation Homefront
Operation Homefront provides assistance with food, auto and home repair, vision care, relocation assistance, essential home items and no fee transitional housing for wounded veterans and their families.
Arizona Office
2525 Camino Del Rio South # 225
San Diego, CA 92124
1.800.722.6098
www.operationhomefront.org
Hours: 24 hours a day, 7 days a week
Languages offered: English
Cost: Free

Right Turn for Veterans
Right Turn for Veterans provides homeless or at risk of being homeless veterans with a permanent transition from homelessness to financial and social independence by providing transitional housing to include room and board, assistance in obtaining financial independence, medical benefits and services and re-engagement with community and family.
257 S 3rd Ave
Yuma, AZ85364
928.783.0179
www.rightturnyumavets.com
Hours: Mon.-Fri. 8 a.m.-5 p.m.
Languages offered: English, Spanish
Cost: Free
Military Family Resources / Recursos Para Familias Militares

**MCAS Yuma Exceptional Family Member Program**
The MCAS Yuma Exceptional Family Member Program (EFMP) will improve the quality of life of Active Duty Marine families (adults and children) that supports an Exceptional Family Member (EFM) with a diagnosed medical, educational or emotional need. We offer non-clinical case management, resources, workshops, trainings, fun family friendly events and a Lending Library with complimentary 2 week checkout. Enrollment ensures continuum of care while on the installation and when PCSing. The program is 100% confidential and shall not prejudice assignment or promotion opportunities.
928.269.2949
https://yuma.usmc-mccs.org/marine-family-support/military-family-life/exceptional-family-member-program
Hours: Mon.-Fri. 8 a.m. – 4:30 p.m.
Languages offered: English, Spanish
Cost: Free

**U.S. Army School Liaison Officer**
The School Liaison Officer works in partnership with local schools to address educational issues involving military children and to provide assistance with student transition from school system to school system.
301 C. St
Building 1105
Yuma, AZ 85365-9498
928.328.3119
https://yuma.armymwr.com/programs/school-liaison-services
Hours: Mon.-Thu. 7 a.m. – 5 p.m.
Languages offered: English
Cost: Free

**U.S. Department of Veterans Affairs**
Veterans Affairs provides support and care for those who serve their county. For a list of services offered contact VA's local branch clinic.
3111 S 4th Ave
Yuma, AZ 85364
928.317.9973
www.va.gov
Hours: Mon.-Fri. 8 a.m. – 4:30 p.m.
Languages offered: English
Cost: Free

**Veterans of Foreign Wars Post 1763**
We are primarily Veterans Outreach organizations assisting veterans in need to include but not limited to assisting with bills, food and fuel. We also support our community through charitable donations and Youth groups such as the Boys and Girl Scouts of America along with the military youth groups, Sea Eagles, Young Marines, Territorial Marines and the Civil Air Patrol.
2485 E. 14th St
Yuma AZ, 85365
928.329.1763
vfwmartinezsfcret@gmail.com
Facebook: VFW Post 1763
Hours: 24 hours a day, seven days a week
Languages offered: English
Cost: Free
FAMILY SUPPORT - RECREATION / APOYO FAMILIAR - LA RECREACIÓN

Arts & Recreation Resources / Recursos De Arte Y recreación

San Luis
City of San Luis Parks and Recreation
Provides opportunities for the physical, social, and cultural enhancement of the community through the offering of programs and facilities which foster the development of positive values and self-esteem. The recreation section provides our City of San Luis with fun activities and events, everything from aerobics classes, modeling classes, and hip hop classes for kids to movie nights and park events; recreation also organizes sport tournaments such as softball, soccer and baseball for both kids and adults of all ages.
965 N Park Ave
San Luis, AZ 85349
928.341.8535
www.sanluisaz.gov/157/Parks-Recreation
Facebook: www.facebook.com/SanLuisAZGov
Hours: Mon.-Thu. 7 a.m.-6 p.m.
Languages offered: English, Spanish
Cost: Contact for details

Cesar Chavez Cultural Center
Cesar Chavez Cultural Center provides performing arts through dance, music and art to enhance the arts in the community.
1015 N Main St
San Luis, AZ 85349
www.sanluisaz.gov/193/Cultural-Center
Hours: Mon.-Thu. 7 a.m.-6 p.m.
Languages offered: English, Spanish
Cost: Contact for details

San Luis Youth Center
973 N Park Ave
San Luis, AZ 85349
928.341.8574
www.sanluisaz.gov/191/Youth-Center
Hours: Mon.-Thu. 8 a.m.-6 p.m.
Languages offered: English, Spanish
Cost: Contact for details

Somerton
Somerton Parks and Recreation
Somerton Parks and Recreation Department to enhance the quality of recreational activities offered and the attractiveness of parks and facilities to provide a better quality of life for all Somerton residents.
143 N State Ave
Somerton, AZ 85350
928.722.7384
www.somertonaz.gov/departments/parks__recreation/index.php
Facebook: www.facebook.com/SomertonPandR
Hours: Mon.-Thu. 7 a.m.-6 p.m.
Languages offered: English, Spanish
Cost: Contact for details

Yuma
Children Arts Museum
The Children’s Museum of Yuma County strives to create a lifelong experience through hands-on, interactive exhibits where all children will have the opportunity to learn by using their imagination and creativity.
180 W 1st St
Yuma, AZ 85364
928.373.5000
www.yumaaz.gov
Hours: Tues.-Fri. 12 p.m.-7 p.m.
Languages offered: English
Cost: Contact for details

Yuma Art Center & Historic Yuma Theater
The Yuma Art Center is home to the Division of Arts and Culture supports the arts by providing opportunities for community and artistic growth through unique performing and visual arts classes, facilitates the annual summer mural programs, screens dozens of film, supports the North Artist Cooperative, coordinates festivals and special events, and advances public art throughout Yuma.
245 S Main St
Yuma, AZ 85364
928.373.5202
https://www.yumaaz.gov/visitors/yuma-art-center-historic-yuma-theatre
Hours: Tue.-Fri. 12 p.m.-7 p.m.
Languages offered: English
Cost: Contact for details

Yuma Parks & Recreation
One City Plaza
Yuma, AZ 85364
928.373.5200
www.yumaaz.gov/visitors/parks-recreation
Hours: Mon.-Fri. 8 a.m.-5 p.m.; some Sat
Languages offered: English, Spanish
Cost: Contact for details

Wellton
Town of Wellton
P. O. Box 67
28634 Oakland Ave
Wellton, AZ 85356
928.785.3348
www.town.wellton.az.us
Hours: Mon.-Thu. 6:30 a.m. - 5 p.m.
Languages Offered: English
Cost: Contact for details
FAMILY SUPPORT - SENIOR & ELDERLY / APOYO FAMILIAR - MAYORES

Senior & Elderly Resources / Recursos Para Personas Mayores

**Adult Protective Services**
Arizona Adult Protective Services (APS) investigates reports of abuse, neglect and exploitation of vulnerable adults. APS may also become involved when there is a claim of self-neglect which is when an adult with physical or mental impairments is not able to meet their basic needs (such as food, shelter, health care, managing money, etc.) which then impacts the adult's physical health, mental health or general safety.

1800 E Palo Verde Street
Yuma, AZ 85365
928.247.8615 (8616, 8617, 8618)
https://des.az.gov/services/basic-needs/adult-protective-services

**Area Agency on Aging - WACOG**
An Area Agency on Aging (AAA) is a public or nonprofit agency that helps serves older adults 60+, adults with disabilities, and family caregivers. Services include: prescreening for home delivered meals, answering in Medicare, caregiver support and information, transportation options, and Benefits Enrollment Center.

1235 S Redondo Center Dr
Yuma, AZ 85364
928.782.1886
Helpline: 1.800.782.1886
www.wacog.com/area-agency-on-aging

**Helping Hands of Yuma**
Helping Hands of Yuma provide support to the seniors in the community in order for them to remain living independently. Services include transportation, grocery shopping, medical equipment, advocacy & community resource information, social opportunities, personal hygiene and notary.

11776 S Sheryl Dr
Yuma, AZ 85367
928.305.9974
www.helpingyuma.org

**Western Arizona Council of Government (WACOG)**
WACOG offers evidence-based programs that meet the highest standards, programs to help older adults proactively better manage their health and improve their well-being. Programs include the following:
- Care Services and Assistance
  www.wacog.com/care-services-and-assistance
- Long-Term Care Ombudsman
  www.wacog.com/long-term-care-ombudsman
- Active Seniors Workshop Programs Chronic Disease Self-Management Program
  www.selfmanagementresource.com
- WISE- Wellness Initiative for Senior Education
  www.njpn.org/wise
- A Matter of Balance
  www.mainelhealth.org/healthy-communities/healthy-aging/matter-of-balance
- Mental Health First Aid
  www.mentalhealthfirstaid.org
- Physical Activity Programs
  www.arthritis.org/health-wellness/healthy-living/physical-activity/walking/walk-with-ease
- Tai Chi for Arthritis for Fall Prevention
  www.taichiforhealthinstitute.org

1235 S Redondo Center Dr
Yuma, AZ 85364
928.782.1886
Yuma County Meals on Wheels 1.800.782.1886
www.wacog.com/senior-nutrition

Hours: Mon.-Fri. 8a.m. to 5p.m.
Languages offered: English, Spanish
Cost: Free
Behavioral Health & Counseling / Salud Conductual Y Asesoramiento

Arizona’s Children Association
Arizona’s Children Association (AZCA) provides trauma informed care to children from birth to age 22. Services include case management, therapeutic counseling, living skills and family support assisting in areas of anger/aggression, hyperactivity, depression, past trauma or abuse, exposure to domestic violence, difficulties at home or school, relational problems or bullying and grief or loss.
275 W 17th Place
Yuma, AZ 85364
1-800-944-7611
www.arizonaschildren.org
Hours: Mon.-Fri. 8 a.m.- 5 p.m.
Languages offered: English, Spanish
Cost: Free

Catholic Community Services of Southern Arizona, Inc., Counseling
CCS – Yuma provide counseling services individual adults, couples, children, adolescents, families, and groups. Programs are administered by licensed professionals.
690 E 32nd St
Yuma, AZ 85364
928.341.9400
www.ccs-soaz.org
Hours: Mon.-Fri. 8 a.m.- 5 p.m.
Languages offered: English, Spanish
Cost: Free

Center for Children with Special Needs & Autism - Regional Center for Border Health
The Center for Children with Special Needs & Autism strives to provide a multidisciplinary approach to assist children with special needs and autism spectrum disorder to reach their God-given potential
214 W Main St
Somerton, AZ 85350
928.627.1120
www.centercsn-autism.org
Hours: Mon.-Fri. 7a.m.-6p.m.
Languages offered: English, Spanish
Cost: Contact for details

Child & Family Services of Yuma
Child and Family Services of Yuma, an outpatient program, offers therapy, family support and life skills to assist children/adolescents and their families in dealing with past and current trauma in their lives.
257 S 3rd Ave
Yuma, AZ 85364
928.783.2427
www.cfsyuma.com
Hours: Mon.-Fri. 8 a.m.- 5 p.m.
Languages offered: English, Spanish
Cost: Some fees may apply

Community Health Associates
Community Health Associates is dedicated to helping to improve the quality of lives of children, adults, families and the communities they live in, by building upon strengths. Thorough clinical assessment identifies the person’s strengths, needs, abilities and personal preferences

Locations
San Luis
1938 E Juan Sanchez Blvd, Ste 4
San Luis, AZ 85349
928.376.0026

Yuma
Corporate Office
2851 S Ave B, Bld-4
Yuma, AZ 85364
928.379.0026

Crisis Support Services
2851 S Ave B, Bld 11
Yuma, AZ 85364
Crisis Support Services: 1.866.495.6735
Toll Free: 1.866.320.1587
www.chaarizona.com
Hours: Mon.-Fri. 8 a.m.- 5 p.m.
Languages offered: English
Cost: Contact for details
Crossroads Mission
Crossroads Mission provides programs and services to assist individuals' betterment through programs such as:

- **First Step**
  The 1st Step Center supports people to stabilize themselves from drugs or alcohol by offering a safe environment. This center is open 24 hours a day, 7 days a week and is monitored by certified Emergency Medical Technicians. Clients may stay up to 10 days to utilize the stabilization services.

- **New Life**
  This New Life Program offers group and individual therapy by licensed counselors or counselors; the program content is based on the 12-steps of recovery with an emphasis on seeking a higher power to recover from the disease of addiction.

- **New Way**
  Program offers individualized case management services to increase a better living situation.

- **Joy of Being Sober - J.O.B.S.**
  The J.O.B.S. is program geared to assist individuals in relearning basic job skills and adequate workplace ethic; the program consists of 14 weeks and each week is focused on exploring and learning component as part of the New Life Recovery Program.
  944 S Arizona Ave
  Yuma, AZ 85364
  928.783.9362
  www.crossroadsmission.org
  Facebook: www.facebook.com/CrossroadsMissionAZ/
  Hours: Mon.- Sun. 24 hours a day
  Languages offered: English, Spanish
  Cost: Free

Pathways of Arizona
Serving children, families, and adults across Arizona with behavioral health care, high quality, accessible services through innovation and effective collaboration.

- 3818 W 16th St
  Yuma, AZ 85364
  928.317.0177
  24-hours crisis helpline: 1.866.495.6735
  www.pathwaysofaz.com/yuma
  Hours: Mon.-Fri. 7 a.m.- 5 p.m.
  Languages offered: English
  Cost: Contact for details

Regional Center for Border Health
“Committed to improving the quality of life of the residents along the U.S.- Mexico Border by increasing accessibility to quality training and affordable healthcare. We are pleased to introduce the Regional Center for Border Health, Inc. /Family Behavioral Integrated Health Services, an organization, an integrated comprehensive, and continuum primary behavioral healthcare model.” (www.rcfbh.org)

**Locations**

**Somerton**
- 214 W Main St
  Somerton, AZ 85350
  928.627.1120
- 1130 E Main St
  Somerton, AZ 85350
  928.627.2017

**San Luis**
- 1896 E Babbitt Ln
  San Luis, AZ 85349
  928.722.6112
  www.rcfbh.org
  Hours: Mon.-Fri. 7 a.m.- 6 p.m.
  Languages offered: English, Spanish
  Cost: Some fees may apply

Solari Inc., Crisis Response Network - Community Support Network
Solari is an award-winning nonprofit that runs data-driven crisis and human services programs and contact centers in Arizona. We also partner with organizations to increase access to local care, and offer innovative technological solutions and consulting services to crisis centers around the country.

- 1275 W Washington St, Ste 210
  Tempe, AZ 85281
  602.427.4600
  Toll Free: 1.800.631.1314
  www.solari-inc.org
  Facebook: www.facebook.com/SolariInc
  Hours: Mon.- Sun. 24 hours a day
  Languages offered: English, Spanish
  Cost: Free

Community Partners Integrated Healthcare
Community Partner is a knowledgeable team of health and service professionals dedicated to being your caring health, business and community partner for enhanced wellness and lasting success.

- 2545 S Arizona Ave, Bld. A-D
  Yuma, AZ 85364
  928.376.0220
  www.communitypartnersinc.org
  Hours: Mon-Fri 8 a.m.- 5 p.m.
  Languages offered: English
  Cost: Some fees may apply
Sunset Health
“At Sunset Health, we focus on providing for your whole health needs. As parents, we're accustomed to seeing our children behave in a highly energetic and sometimes disruptive manner. Traits such as impulsive behavior or an inability to focus can be quite common in young children and are usually temporary. It's important to understand and recognize signs that may indicate a more serious condition. Our dedicated pediatricians and care coordinators at Sunset Health have vast expertise in diagnosing ADHD in children, and helping them obtain proper medical care. Our ADHD Intervention services are designed for children between the ages of 5 and 18 and include the following services: Screenings, Diagnosis, Treatment, Medication Management, Follow up Visits, Specialty Referrals, Coordination of Care, Education and Awareness.” (www.mysunsethealth.org)

Locations
San Luis
815 E Cesar Chavez Blvd
San Luis, AZ 85349
928.627.3822

Somerton
115 N Somerton Ave
Somerton, AZ 85350
928.627.2051

Yuma
2060 W 24th St
Yuma, AZ 85364
928.819.8999

North Yuma
675 S Ave B
Yuma, AZ 85364
928.539.3140

Yuma Regional Medical Center Behavioral Health
YRMC's psychiatrists, psychiatric nurse practitioners and professional counselor are trained to diagnose, manage and treat a wide range of behavioral health issues, including: anxiety, depression, eating disorders, feelings of sadness or hopelessness, hallucinations, mood swings, panic attacks. provides services.
2851 S Ave B, Bldg. 19
Yuma, AZ 85364
928.336.2090
www.yumaregional.org
Facebook: www.facebook.com/yumaregional
Hours: Mon.-Fri. 8 a.m. – 5 p.m.
Languages offered: English, Spanish
Cost: Contact for details

Behavioral Health Practitioners
Community Bridges Inc. (CBI)
3250 E 40th St B&C
Yuma, AZ 85364
928.482.2426
www.communitybridgesaz.org

Desert Counseling & Recovery Services, PLLC
3970 W 24th St, Ste 206
Yuma, AZ 85364
928.373.8041
www.mydesertcounseling.com

Dr. Renee Roberts, EdD
1405 W 16th St, Ste C
Yuma, AZ 85364
928.783.4859

Dr. Len Sariff, PhD
2450 S 4th Ave
Yuma, AZ 85364
928.276.4258

Dr. Ashley Hart, PhD
106 E 1st St
Yuma, AZ 85364
928.341.1046

Horizon Health & Wellness
3180 E 40th St
Yuma, AZ 85365
1.833.431.4449
www.hhwaz.org
HEALTH & WELLNESS / SALUD Y BIENESTAR

Crisis Hotlines / Líneas Directas De Crisis

FOR EMERGENCIES CALL 9-1-1

Domestic Abuse
- National Domestic Violence Hotline
  1.800.799-SAFE (7233) TTY 1.800.787.7224
- Parents Anonymous of AZ
  (Crisis Hotline) 1.800.352.0528

Domestic Violence - Shelters/Safe Houses; (24 hours)
- Amberly’s Place
  928.373.0879
- Boys Town National Hotline
  1.800.448.3000 TTY:1.800.448.1833
- Safe House in Yuma County
  928.782.0007
- Safe House Shelter
  928.782.0077 or 1.877.440.0550

Child & Family Services
928.783.2427

LGBTQ Crisis Hotlines
- Trans Lifeline
  1.877.565.8860
- Trevor Project
  1.866.488.7386

National 24-Hour Crisis Hotlines
- Crisis Text Line
  Text the word "HOME" to 741741
- National Sexual Abuse Hotline
  1.800.656.4673
- National Suicide Prevention Lifeline
  1.800.273.TALK (8255)
- National Substance Use and Disorder Issues Referral and Treatment Hotline
  1.800.662.HELP (4357)

Teen Crisis Hotlines
- Teen Life Line (phone or text)
  602.248.TEEN (8336)
- LGBTQ Youth
  1.866.488.7386

Veterans Crisis Hotlines
- Veterans Crisis Line
  1.800.273.8255 (press 1)
- Be Connected
  1.866.4AZ.VETS (429-8387)
HEALTH & WELLNESS / SALUD Y BIENESTAR

Dental Resources & Providers / Recursos Dentales y Proveedores

First Smiles - University of Arizona Cooperative Extension - Yuma County
First Smiles provides dental screenings and education to children 0-5 as well as pregnant women. Children who participate can also receive a free fluoride varnish application to help reduce the risk of cavities. First Smiles works to ensure children are receiving routine dental care and can provide assistance in finding a dental home, answer questions regarding oral health concerns, and discuss risk factors based on a personalized assessment.
2200 W 28th St, Ste 102
Yuma, AZ 85364
928.726.3904

Regional Center for Border Health
“Committed to improving the quality of life of the residents along the U.S.- Mexico Border by increasing accessibility to quality training and affordable healthcare. Now offering Dental services for children and adults, services include exams, X-rays, dental cleanings, fluorides, extractions, sealants, polypectomy, scaling and root planning, and stainless steel crowns.” (www.rcfbh.org)

Sunset Health
“Sunset Health is committed to building healthier communities by delivering comprehensive, preventive, and exceptional quality primary care in a compassionate and professional manner. To be the provider of choice and the leader in accessible health care. Providing exceptional quality, affordable primary and preventive health care services, ensuring an environment of: patient centricity, care coordination, excellence in service, integrity and ethics, innovation, commitment.” (www.mysunsethealth.org)
801 N 2nd Ave
San Luis, AZ 85349
928.627.8584

Dental Mobile Unit
Offering Adult and Pediatric general dentistry in Yuma County and surrounding areas.
928.627.8806
www.mysunsethealth.org
Hours: Mon-Fri 7a.m.-6p.m.
Languages offered: English, Spanish
Cost: Fees apply

Dental Providers
Harvest Dental
Our relationship-oriented team is committed to educating and motivating our patients towards seeking quality dental care. We focus on improving overall dental health and esthetics through the use of modern technology for patients two years of age and older.
2244 S Ave A, Ste B
Yuma, Arizona 85364
928.783.8481
www.dentistinyuma.com
Hours: Mon & Wed 7 am.-5p.m.; Tue & Fri 7 a.m.-3p.m.;
Thu 7 a.m.- 1 pm
Languages offered: English, Spanish
Cost: Fees apply
### Dental Resources & Providers / Recursos Dentales Y Proveedores

<table>
<thead>
<tr>
<th>Provider</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Robert J Land, DDS</td>
<td>2851 S Ave B #1401, Yuma, AZ 85364</td>
<td>928-726-1700</td>
</tr>
<tr>
<td>Gallemore Dental Group</td>
<td>2179 W 24th St, Yuma, AZ 85364</td>
<td>928.782.4707</td>
</tr>
<tr>
<td>Picacho Dental</td>
<td>3325 S Ave 8E, Ste 4, Yuma, AZ 85364</td>
<td>928.344.3177</td>
</tr>
<tr>
<td>San Luis Dental Group</td>
<td>1946 E Juan Sanchez Blvd, San Luis, AZ 85349</td>
<td>928.627.5977</td>
</tr>
<tr>
<td>The Yuma Dentist</td>
<td>11231 Commercial Center #105, Yuma, AZ 85364</td>
<td>928.846.3161</td>
</tr>
<tr>
<td>16th Street Dental</td>
<td>1325 W 16th St, Ste 4, Yuma, AZ 85364</td>
<td>928.782.3839</td>
</tr>
</tbody>
</table>

**Dentistry Providers**

**Avenue B Dental Group**
1460 S Ave B
Yuma, AZ 85364
928.344.3067

**Children's Dental**
538 E 16th St, Ste 101
Yuma, AZ 85364
928.304.7100

**Dr. Brian Cullen**
2369 S 22nd Dr
Yuma, AZ 85364
928.329.9565

**Robert J Land, DDS**
The office of Robert J Land, DDS, patients can expect to receive quality dental care in a comfortable, family-friendly environment. We truly care about each patient that we meet, and we go the extra mile to ensure that patients feel at ease during each visit to our practice. Please call or visit us today to schedule a consultation with our dentist, and to learn more about our dental services in Yuma and surrounding areas.

### Imaging & Diagnostic / Imágenes Y Diagnóstico

**Yuma Regional Medical Center Diagnostic Imaging**
The diagnostic imaging services we offer at Yuma Regional Medical Center make it convenient for our patients to receive the testing they need. The services offered include: computed tomography (CT), PET/CT, mammography, magnetic resonance imaging (MRI), nuclear medicine, diagnostic x-ray, ultrasound.

**Locations**

**YRMC Diagnostic Imaging Parkview**
2460 Parkview Loop, Ste 2
Yuma, AZ 85364
928-336-7400

**YRMC Diagnostic Imaging Promed**
2270 S Ridgeview Dr, Ste 127
Yuma, AZ 85364
928-317-0470

www.yumaregional.org
Facebook: www.facebook.com/yumaregional
Hours: Mon.-Fri. 7 a.m. – 7 p.m.
Languages offered: English, Spanish
Cost: Contact for details
KidsCare is Arizona’s Children’s Health Program for children under the age of nineteen.

KidsCare covers health, vision, dental, and behavioral health in Arizona.

Apply by calling 1.800.377.3536 or visit www.CoverAZ.org
Health Insurance Resources / Recursos De Seguro Médicos

**Health & Wellness / Salud y Bienestar**

**AHCCCS (Medicaid Arizona)**
Arizona Health Care Cost Containment System (AHCCCS) is Arizona's Medicaid agency that offers health care programs to serve Arizona residents. AHCCCS offers health insurance programs for children, elderly, and the disabled. Individuals must meet certain income and other requirements to obtain services.
801 E Jefferson St
Phoenix, AZ 85034
602.417.4000
Toll Free: 1.866.495.6738
https://www.azahcccs.gov

**Arizona Complete Health**
Arizona Complete Health provides affordable and reliable health plans for individuals and families residing in Arizona.
333 E Wetmore Rd, Ste 500
Tucson, AZ 85705
www.azcompletehealth.com
Medicaid Member Services: 1.888.788.4408
Provider Customer Service: 1.866.796.0542
TTY/TDY: 711

**Arizona Long Term Care (ALTCS)**
The Arizona Long Term Care System (ALTCS) program is for individuals who are 65 or older, blind, or disabled and need ongoing services at a nursing facility level of care.
Yuma ALTCS Office
1800 E Palo Verde Street
Yuma, AZ 85365
Toll free number: 1.888.621.6880
www.azahcccs.gov/members/ALTCSlocations.html
Hours: Mon.-Fri. 8 a.m.-5 p.m.
Languages offered: English, Spanish
Cost: Free

**CAPAZ-Mex: Medical Discount Network**
CAPAZ-MEX is a Private Medical Discount Network created by Regional Center for Border Health, Inc. aimed at helping the uninsured and underinsured residents of Yuma County receive affordable healthcare services on both sides of the border. Members can receive up to 65% off* medical services from our participating providers.
Regional Center for Border Health, Inc.
214 W. Main St.
Somerton, AZ 85349
Phone: (928) 627-1120
Fax: (928) 627-8315
www.capazmex.com
Languages: Spanish, English
Cost: Contact for details

**KidsCare**
AHCCCS offers health insurance through KidsCare for eligible children (under age 19) who are not eligible for other AHCCCS health insurance. For those who qualify, there are monthly premiums. Income limits apply.
602.417.4000
Toll Free: 1.866.495.6738
www.azahcccs.gov
Hours: Mon.-Fri. 8 a.m.-5 p.m.
Languages offered: English, Spanish
Cost: Free

**Medicare**
Medicare offers health insurance to eligible participants age 65 and older; younger participants with disabilities may qualify; the program assists with the cost of health care and not all medical cost expenses.
Toll Free Number 1.800.633.4227
www.medicare.gov
Hours: Live Chat is available 24 hours a day, 7 days a week
Languages offered: English
Cost: Free

**State Health Insurance Assistance Programs (SHIP)**
The State Health Insurance Assistance Programs (SHIPs) provide local, in-depth, and objective insurance counseling and assistance to Medicare-eligible individuals, their families, and caregivers.
Local SHIP program office
1235 S Redondo Center Dr
Yuma, AZ 85365
928.377.4964  Statewide: 1.800.432.4040
www.shiptacenter.org
Hours: Mon.-Fri. 8 a.m.- 5p.m.
Languages offered: English, Spanish
Cost: Free

**Western Arizona Council Governments - WACOG**
WACOG is committed to helping older adults through health, resources, and prevention programs. WACOG provides Medicare counseling and benefits enrollment assistance to older adults through SHIP and our Benefits Enrollment Center.
1235 S Redondo Center Dr
Yuma, AZ 85365
928.217.7136
www.wacog.com/benefits-counseling-and-enrollment-assistance
Facebook: www.facebook.com/WACOG.AZ
Hours: Mon.-Fri. 8 a.m.- 5p.m.
Languages offered: English, Spanish
Cost: Free

**San Luis Walk-in Clinic**
1896 E. Babbitt Lane
San Luis, AZ 85349
Phone: (928) 722-6112
Fax: (928) 627-8315

www.capazmex.com
Languages: Spanish, English
Cost: Contact for details
Children’s Action Alliance - AZ Immigrant Health Interactive Resource
AZ Immigrant Health is an interactive tool that features resources for immigrants and mixed status families to assist in making informed health care and health insurance choices.
3030 N 3rd St, Ste 760
Phoenix, AZ 85012
605.266.0707
www.azchildren.org
Hours: Online Interactive Resource is available 24 hours a day.
Languages offered: English, Spanish
Cost: Contact for details

Optometry Providers

Yuma Quartermaster Evening Lions Club
QMLF works with the Yuma Schools to provide eye examinations and glasses to school children whose families are unable to afford them.
928.750.8137
https://e-clubhouse.org/sites/yumaquartermaster/index.php
Hours: Contact for hours
Languages Offered: English
Cost: Contact for details

Path to Healthy Vision
Screening > Eye Exam > Treatment

Routine vision screenings are important for a child’s growth and learning milestones. Children should receive vision screenings:

- For the First Time as Early as Age 1
- At Least Once Between 3-5 Years Old
- Every 1 to 2 Years Throughout Grade School
Keep an eye on your child’s vision

Your little one learns through their senses and experiences. Their eyesight, which develops rapidly in early childhood, is a big part of how they explore, discover and connect with you and their other caregivers. And because they learn so much through their eyes, it’s important to make sure your child’s vision health is part of their regular check-ups.

Ask for a Vision Screening

The best thing you can do for your young child’s vision health is to talk with your doctor or healthcare provider about giving your child a vision screening. They may do a vision screening during a well-child visit, but if they don’t, you can ask for one. (‘I noticed my child didn’t get a vision screening today. I know it’s important, and I want my child’s vision screened.’) You can also get vision screenings through home visiting programs, Head Start and other child care programs, and some community health fairs.

Learn More About Vision Health

Visit EyesOnLearning.org for more information, tools and resources to help support your child’s healthy vision.

Eyes on Learning is Arizona’s vision health initiative dedicated to making sure that children with vision problems are identified early and receive an eye exam and follow-up treatment to achieve better vision health.

And on the First Things First website find more information about vision health for young children.

For more information visit: FirstThingsFirst.org/vision-health
Pediatric Medicine / Medicina Pediátrica

Yuma Regional Medical Center Pediatrics S. 22nd Drive
YRMC pediatricians provide children primary care and preventative services, which include: well child care, sick child care, newborn care, circumcisions, immunizations, camp physicals, school physicals, sports physicals.
2359 S 22nd Dr, Ste 2
Yuma, AZ 85364
928.344.4800
www.yumaregional.org
Facebook: www.facebook.com/yumaregional
Hours: Mon.-Fri. 8 a.m. - 5 p.m.; Sat 8 a.m.- 12 p.m.; Closed Sunday
Languages offered: English, Spanish
Cost: Contact for details

Tuscany Plaza
2851 S Ave B, Bld. 12
Yuma, AZ 85364
928.329.7000

Hours: Mon-Fri. 8 a.m. - 5 p.m.; Closed Sat & Sun
Languages offered: English, Spanish
Cost: Contact for details

Regional Center for Border Health
“Committed to improving the quality of life of the residents along the U.S.- Mexico Border by increasing accessibility to quality training and affordable healthcare. Services include: primary health care, behavioral health services, pediatric, obstetrics and gynecology, family planning services, internal medicine, women's and teen's health, men's health, laboratory services, diabetes management and care, weight loss control and management, asthma control and treatment, diabetes control and treatment, COPD treatment, immunizations.”
(www.rcfbh.org )

Family Behavioral Integrated Services Locations
San Luis
San Luis Walk-in Clinic, Inc.
Family Behavioral Integrated Services
1896 E Babbitt Ln
San Luis, AZ 85349
928.722.6112

San Luis Walk-in Clinic, Inc.
1233 S Main St, Ste 1
San Luis, AZ 85349
928.550.5514

Somerton
Family Behavioral Integrated Services
1130 E Main St
Somerton, AZ 85350
928.627.2017

San Luis Walk in Clinic, Inc.
Family Behavioral Integrated Services
214 W Main St
Somerton, AZ 85350
928).627.1120

Mobile Unit
Mobile Medical Unit serving Yuma, Mohave and La Paz Counties.
928.722.6112
www.rcfbh.org
NurseWide 1.866.495.6735
Hours: Mon.-Fri. 7a.m.-6p.m.
Languages offered: English, Spanish
Cost: Some fees may apply
Primary Care Providers / Proveedores De Atención Primaria

Sunset Health
“Sunset Health is committed to build healthier communities by delivering comprehensive, preventive, and exceptional quality primary care in a compassionate and professional manner. To be the provider of choice and the leader in accessible health care. Providing exceptional quality, affordable primary and preventive health care services, ensuring an environment of: patient centricity, care coordination, excellence in service, integrity and ethics, innovation, commitment. Services offered: pediatric medicine, adult medicine, OB/GYN, pharmacy, laboratory, dental & mobile dental, community health education & eligibility assistance.” (www.mysunsethealth.org )

Locations
North Yuma
675 S Ave B, Bld A
Yuma, AZ 85364
928.539.3140
San Luis
815 E Cesar Chavez Blvd
San Luis, AZ 85349
928.627.3822
Somerton
115 N Somerton Ave
Somerton, AZ 85350
928.627.2051
Wellton
10425 Williams St
Wellton, AZ 85356
928.785.3256
Yuma
2060 W 24th St
Yuma, AZ 85364
928.819.8999
www.mysunsethealth.org
Facebook: www.facebook.com/Sunset-Health
Hours: Mon.-Fri. 8a.m.-5p.m.
Languages offered: English, Spanish
Cost: Some fees may apply

Yuma County Public Health District
Yuma County Public Health Services District provides services in the prevention of epidemics and the spread of disease, protect against environmental hazards, promote and encourage healthy behaviors and assure accessibility of health services.

Programs
- Immunizations
  Immunizations are available for children 18 years and younger; there is a visit fee, vaccines included; if the child is covered by AHCCCS/Kidscare, proof must be provided. Adult immunizations for individuals 19 and older are available and vary in price.
  928.317.4559
- Family Planning
  Family planning appointments are available at the Reproductive Health Clinic by appointment only. Fees apply.
  928.317.4540
Yuma County Public Health Services District
220 W 28th St
Yuma, AZ 85364
928.317.4550
https://www.yumacountyaz.gov/government/health-district
Hours: Mon.-Fri. 8a.m.-4p.m.
Languages offered: English, Spanish
Cost: Some fees may apply

YRMC Primary Care Foothills
YRMC primary care team is dedicated to providing exceptional, compassionate care for every member of a family. Primary care providers generally serve as first point of contact whenever a medical need arises. They monitor the individuals’ health, provide recommendations for preventive care and referrals for specialists or specialized services whenever necessary. Some examples of primary care services include: preventive care, cold & flu, chronic disease management, pediatric care, women’s health, minor injuries, weight management, dermatology, mental health.
11142 S Scottsdale Dr
Yuma, AZ 85367
928-336-1815
www.yumaregional.org
Facebook: www.facebook.com/yumaregional
Hours: Mon.-Sun. 8 a.m. – 8 p.m.
Languages offered: English, Spanish
Cost: Contact for details
Primary Care Providers / Proveedores De Atención Primaria

YRMC Primary Care San Luis
YRMC primary care team is dedicated to providing exceptional, compassionate care for every family member. The primary care provider will generally serve as your first point of contact whenever a medical need arises. They monitor your health, provide recommendations for preventive care and referrals to specialists or specialized services whenever necessary. Some examples of primary care services include: preventive care, cold & flu, chronic disease management, pediatric care, women's health, minor injuries, weight management, dermatology.
928-336-2055
845 E B St
San Luis, AZ 85349
928-336-2055
www.yumaregional.org
Facebook: www.facebook.com/yumaregional
Hours: Mon.-Fri. 7:30 a.m. – 5:30 p.m.; closed Sat and Sun
Languages offered: English, Spanish
Cost: Contact for details

YRMC Family Medicine Center
Yuma
2500 S 8th Ave, Ste 200
Yuma, AZ 85364
928.336.7095
Hours: Mon.-Fri. 7 a.m. - 6 p.m.; Sat 8 a.m. -12 p.m.; Closed Sun
Languages offered: English, Spanish
Cost: Contact for details
1965 W 24th St, Ste A
Yuma, AZ 85364
928.344.5774
www.yumaregional.org
Facebook: www.facebook.com/yumaregional
Hours: Mon.-Fri. 7 a.m. - 6 p.m.; Closed Sat and Sun
Languages offered: English, Spanish
Cost: Contact for details

Yuma Regional Medical Center- YRMC
YRMC primary care team is dedicated to providing exceptional, compassionate care for every family member. The primary care provider will generally serve as your first point of contact whenever a medical need arises. They will monitor your health, provide recommendations for preventive care and referrals to specialists or specialized services whenever necessary. Some examples of primary care services include: preventive care, cold & flu, chronic disease management, pediatric care, women's health, minor injuries, weight management, dermatology, mental health.

Women’s Health / Salud De La Mujer

Sunset Women’s Medical Group
Sunset Health provides comprehensive, preventive, and exceptional quality primary care in a compassionate and professional manner. Women health services are offered at the following locations.
San Luis
815 E Cesar Chavez Blvd
San Luis, AZ 85349
928.627.3822

Yuma
2060 W 24th St
Yuma, AZ 85364
928.819.8999
Hours: Mon.-Fri. 8a.m.-5p.m.
Languages offered: English, Spanish
Cost: Some fees may apply

Yuma Regional Medical Center Women’s Health
The women's care specialists at YRMC are dedicated to providing the best possible medical care for women through every stage of their lives. The women's health services we offer include: Maternity Care, Gynecologic Surgery, Mammography and Breast Imaging Services, Bone Density Testing.
Locations
2911 S 8th Ave
Yuma, AZ 85364
928.783.3050
2851 S Avenue B #6
Yuma, AZ 85364
928.783-3050
www.yumaregional.org
Facebook: www.facebook.com/yumaregional
Hours: Mon.-Thu. 8 a.m. – 5 p.m.; Fri 8 a.m. – 2 p.m.
Languages offered: English, Spanish
Cost: Contact for details
Specialty Healthcare / Atención Médica Especializada

Yuma County Public Health District
Yuma County Public Health Services District is to provide services that prevent epidemics and the spread of disease, protect against environmental hazards, promote and encourage healthy behaviors and assure accessibility of health services.

Programs

- **Sexually Transmitted Disease Program**
  The program assists to reduce the incidence of sexual transmitted diseases (STDs) in Yuma County. Services for diagnosis, treatment, and follow-up of STDs are available.  
  928.317.4540

- **Tuberculosis (TB) Control**
  Tuberculosis (TB) Control is mandated by Arizona Statute. All cases of suspected TB are treated free of charge, latent TB infection is treated free of charge, a fee applies for tuberculosis testing and no charge tuberculosis contact/ suspect testing. By appointment only. 
  928.317.4585

- **HIV Services**
  The mission of HIV services is to provide HIV/AIDS awareness, resources, and education to assist dismiss the spread of the infections and improve the health care of the community. 
  928.317.4540 ext. 1843
  Yuma County Public Health Services District
  220 W 28th St, Rm 260
  Yuma, AZ 85364
  928.317.4550senior
  www.yumacountyaz.gov
  Hours: Mon.-Thu. 8 a.m. – 4 p.m.
  Languages offered: English, Spanish
  Cost: Contact for details

YRMC Ear, Nose and Throat
Yuma Regional Medical Center Ear, Nose and Throat medical team is trained to diagnose and treat a full range of EMT conditions, including: allergies, head and neck cancer, dizziness and vertigo, ear infections, facial, mouth, nasal, and neck lesions or growths, hearing loss and tinnitus, nasal and sinus disease, skin cancer, snoring and sleep apnea, sore throat, voice disorders or hoarseness, swallowing, breathing, taste and smell disorders, audiology, balloon sinuplasty, chronic sinusitis treatment, rhinoplasty, septoplasty, sinus surgery, sleep apnea surgery, turbinate reduction, wax removal.

2680 S Ave B
Yuma, AZ 85364
928-336-1476
www.yumaregional.org
Facebook: www.facebook.com/yumaregional

Hours: Mon.-Fri. 8 a.m. – 5 p.m.
Languages offered: English, Spanish
Cost: Contact for details

YRMC Wound Care Center
Yuma Regional Medical Center’s award-winning Wound Care Center specialists provide treatment in treating hard-to-heal wounds. Our Wound Care Center offers the most advanced wound care available by taking a comprehensive approach to diagnosing and treating your wound.

2460 S Parkview Loop, Ste 205
Yuma, AZ 85364
928-336-2030
www.yumaregional.org
Facebook: www.facebook.com/yumaregional

Hours: Mon.-Fri. 8 a.m. – 4:30 p.m.
Languages offered: English, Spanish
Cost: Contact for details

Yuma Regional Medical Center Specialty Clinics- Allergy, Asthma & Immunology
Yuma Regional Medical Center’s allergy, asthma and immunology specialists are trained to diagnose, manage and treat a wide range of allergic conditions or immunologic diseases in both adult and pediatric patients, including: allergies (hay fever), asthma, allergic reaction, eczema, primary immunodeficiency, allergy testing, allergy immunotherapy (allergy shots), spirometry testing, advanced biologic therapy, food and drug challenges.

2851 S Ave B
Yuma, AZ 85364
928-336-2434
www.yumaregional.org
Facebook: www.facebook.com/yumaregional

Hours: Mon.-Fri. 8 a.m. – 5 p.m.
Languages offered: English, Spanish
Cost: Contact for details

YRMC Center Foot and Ankle
Yuma Regional Medical Center Foot and Ankle provides treatment for conditions such as persistent ankle pain, shin splints, bunions, arthritis, heel pain, neuropathy and hammertoes come from just plain aging, working hard and playing hard.

1881 W 24th St
Yuma, AZ 85364
928-314-3333
www.yumaregional.org
Facebook: www.facebook.com/yumaregional

Hours: Mon.-Fri. 8 a.m. – 5 p.m.
Languages offered: English, Spanish
Cost: Contact for details
## Hospital / Hospital

**Yuma Regional Medical Center**

"Providing high-quality, patient-centered care is always the top priority at Yuma Regional Medical Center. Our staff is dedicated to providing individualized attention and excellent care to every patient, every time, and to delivering this care with compassion and respect." (www.yumaregional.org)

2400 S Ave A  
Yuma, AZ 85364  
928.344.2200  
Hours: 24 Hours a Day  
www.yumaregional.org

### Urgent Care

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
</table>
| **San Luis** | Five Minute Walk-In Clinic     | 1962 Juan Sanchez Blvd  
San Luis, AZ 85349  
928.627.4825 |  
Sunset Health  815 E Cesar Chavez Blvd  
San Luis, AZ 85349  
928.627.3822  
www.mysunsethealth.org  
San Jose Health Clinic  2000 E Juan Sanchez Blvd  
San Luis, AZ 85349  
928.722.6098 |  
San Luis Urgent Care  1233 Main St, Ste 1  
San Luis, AZ 85349  
928.550.5514 |  
San Luis Walk –In Clinic, Inc.  1896 E Babbitt Ln  
San Luis, AZ 85349  
928.722.6112  
www.slwic.org/links/ |  
**Somerton** | Sunset Health Inc.  10425 S Williams St  
Wellton, AZ 85356  
928.785.3256  
www.mysunsethealth.org |  
Yuma  NextCare  Yuma-Northside  1394 W 16th St  
Yuma, AZ 85364  
928.539.0055  
www.nextcare.com/locations/az/yuma |  
Pinnacle Health Care  4343 E 31st Pl  
Yuma, AZ 85364  
928.341.4544  
www.pinnacleweb.com/locations/yuma/ |  
PrimeCare  Primecare Locations:  PrimeCare Central (Big Curve)  284 W 32nd St  
Yuma, AZ 85364  
928.341.4563 |  
PrimeCare Valley  1581 S 6th Ave  
Yuma, AZ 85364  
928.343.0488 |  
Sunset Health Inc.  2060 W 24th St  
Yuma, AZ 85364  
928.819.8999  
www.mysunsethealth.org |  
Yuma Regional Medical Center Primary Care  845 B St  
Yuma, AZ 85364  
928.336.2055  
www.yumaregional.org |  
Yuma-Foothills  Foothills Walk-In Medical Care  11274 S Fortuna Rd, #14  
Yuma, AZ 85365  
928.345.2150 |  
PrimeCare Foothills  11279 S Glenwood Ave  
Yuma, AZ 85364  
928.345.6830  
www.primecareyuma.com |  
Yuma Regional Medical Center Primary Care (Foothills)  11142 S Scottsdale Dr  
Yuma, AZ 85365  
928.336.1815  
www.yumaregional.org/Medical-Services/Primary-Care |
Hospice of Yuma
Hospice of Yuma provides compassionate care through a dedicated team of professionals, volunteers and families dealing with chronic and terminal illness. Hospice of Yuma assist in bringing community awareness of death and grief are natural parts of life.
1824 S 8th Ave
Yuma, AZ 85364
928.343.2222
www.hospiceofyuma.com
Hours: Mon.-Sat.8 a.m. – 5 p.m.
Languages offered: English, Spanish
Cost: Contact for information

Southwestern Palliative Care & Hospice
Southwestern Palliative Care and Hospice provides continual care through the course of terminal illness. Our palliative care team is committed to providing comfort and dignity through physical, emotional and spiritual support.
1950 W 3rd St
Yuma, AZ
928.276.4477
www.swpcahospice.com
Hours: Mon.-Fri. 8 a.m. – 5 p.m.
Languages offered: English, Spanish
Cost: Contact for information

Palliative and Support Care
Yuma Regional Medical Center offers palliative and supportive care to improve the quality of life for patients who live with a variety of conditions such as cancer, Alzheimer's and other dementias, frailty, chronic obstructive lung disease and advanced heart failure.
2451 S Ave A, Ste 104A
Yuma, AZ 85364
928.336.2165
www.yumaregional.org/Medical-Services/
Pain-and-Palliative-Care
Hours: Mon.-Fri. 8 a.m. – 5 p.m.
Languages offered: English, Spanish
Cost: Contact for information

Yuma Regional Medical Center Cancer Center
YRMC Cancer Center hosts a Cancer Resource Center that is available to anyone in the Yuma community who is undergoing cancer treatment. Operated 100 percent by a dedicated volunteer staff and made possible by generous donations from our community. The center provides patients with free resources and services such as:

- Head Coverings
- Bras and Prosthetics
- Blankets
- Gas Certificates
- Supplemental Nutrition

Cancer Resource Center
The Cancer Resource Center is home to several programs that offer assistance to patients and caregivers. Programs offered by the American Cancer Society include:

- **Road to Recovery**
  The American Cancer Society Road to Recovery program provides transportation to and from treatment for people with cancer who do not have a ride or are unable to drive themselves.

- **Reach for Recovery**
  Reach for Recovery program assist in helping people cope with their breast cancer experience - as early as the first possibility of a diagnosis and continuing for as long as breast cancer remains a personal concern to them. Reach to Recovery volunteers offer understanding, support, and hope because they themselves have survived breast cancer. Program volunteers do not provide medical advice.
Hope Lodge
Each Hope Lodge offers cancer patients and their caregivers a free place to stay while receiving treatment in another city. Hope Lodge provides a nurturing, home-like environment where guests can retreat to private rooms or connect with others. Every Hope Lodge also offers a variety of resources and information about cancer and how best to fight the disease.

2375 S Ridgeview Dr
Yuma, AZ 85364
928.336.4969
www.yumaregional.org
Facebook: www.facebook.com/yumaregional

American Cancer Society
1.800.227.23.45
www.cancer.org

Hours: Mon. 9 a.m.- 4 p.m.; Tues.- Thu. 9 a.m.- 1 p.m.;
closed Fri
Languages offered: English, Spanish
Cost: Free

Yuma Regional Medical Center
YRMC transitional care team helps patients make a successful transition to returning home for patients that have been diagnosed with a condition such as congestive heart failure (CHF), chronic obstructive pulmonary disease (COPD), acute myocardial infarction (AMI) or pneumonia, or have had open heart surgery, require a specialized level once discharged from the hospital. YRMC team consists of nurse practitioners, nurses, medical assistants and a pharmacist to help ensure that patients have the resources to successfully manage their chronic condition.

2451 S Ave A, Ste 104 A
Yuma, AZ 85364
928-336-2165
www.yumaregional.org
Facebook: www.facebook.com/yumaregional

Hours: Mon.-Fri.  8 a.m. – 4:30 p.m.
Languages offered: English, Spanish
Cost: Contact for details

Transportation Non-Emergency / Transporte Que No Es De Emergencia

Medstar Yuma
MedStar provides non-emergency medical transportation service to all of the healthcare facilities in Yuma and the surrounding areas. The types of service provided include the following: ambulatory, wheelchair, stretcher, bariatric and oxygen upon request.

1827 W 3rd St
Tempe, AZ 85281
520.999.8900
www.medstarmtc.com

Hours: 24 hours a day, 7 days a week
Languages offered: English
Cost: Fees apply

Yuma Medical Transport
281 W 24th St
Yuma, AZ 85364
928.920.4935

Hours: 24 hours a day
Languages offered: English
Cost: Fees apply
Wellness Programs & Resources / Programas Y Recursos De Bienestar

**Arizona Health Zone Yuma County**
“A community health engagement program that supports and builds collaborative partnerships aimed to improve health through increased access to physical activity opportunities, healthy food, and education. Services and programming are provided in collaboration with eligible partner agencies. Programming and activities include: group classes on nutrition, food preparation and cooking, food safety, gardening, active lifestyles; capacity-building training for agency staff; technical support and resources for school and community gardens; community engagement-focus groups and citizen’s advisory groups.”
2200 W 28th St #137
Yuma, AZ 85364
928.317.4632
www.yumacountyaz.gov/government/health-district/divisions/health-promotion/az-health-zone
Hours: Mon.-Fri. 8 a.m.- 4 p.m.
Languages offered: English, Spanish
Cost: Free

**Diabetes Empowerment Education Program**
The Diabetes Empowerment Education Program assist to provide educational awareness for the management of diabetes for pre-diabetics, caregivers, newly diagnosed diabetic, long-time diagnosed diabetic and anyone interested in learning about diabetes. Small group sessions meet once a week for six consecutive weeks; the duration of each class is two and half hours long.
2200 W 28th St #137
Yuma, AZ 85364
928.317.4572
Hours: Mon.-Fri. 8 a.m.- 4 p.m.
Languages offered: English, Spanish
Cost: Free

**Healthy Kids Program - Yuma Regional Medical Center**
The Healthy Kids Program is a free multi-week program for kids ages 6-12 and their families to learn about developing healthy lifestyles, including healthy eating and physical activity. The program offers live virtual sessions, educational worksheets, games, videos, and supplies such as pedometers and jump ropes. This program will remain virtual for the time being.
2400 S Avenue A
Yuma, AZ 85364
928.336.7958
www.yumaregional.org/Healthykids
Facebook: www.facebook.com/yumaregional
Hours: Contact for hours.
Languages offered: English, Spanish
Cost: Free

**Tobacco Use Prevention**
The Yuma County Tobacco Use Prevention Program provides education and resources to increase awareness of the harmful effects of tobacco use, second hand smoke and to change attitudes and perceptions regarding tobacco use issues.
2200 W 28th St, Ste 256
Yuma, AZ 85364
928.317.4580 Ext 34630
https://www.yumacountyaz.gov/government/health-district/divisions/health-promotion/tobacco-use-prevention-program-tupp
Hours: Mon.-Fri. 8 a.m.- 4 p.m.
Languages offered: English, Spanish
Cost: Free
## Emergency Resources / Recursos De Emergencia

<table>
<thead>
<tr>
<th>Emergency</th>
<th>Poison Control</th>
<th>Hospital: Yuma Regional Medical Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>911</td>
<td>1.800.222.1222</td>
<td>928.336.2000</td>
</tr>
</tbody>
</table>

## Local Governments / Gobierno Local

<table>
<thead>
<tr>
<th>City of San Luis</th>
<th>City of Yuma</th>
<th>Town of Wellton</th>
</tr>
</thead>
<tbody>
<tr>
<td>928.341.8520</td>
<td>928.373.5000</td>
<td>928.785.3348</td>
</tr>
</tbody>
</table>

### San Luis City Hall
1090 E Union St  
San Luis, AZ 85349  
928.341.8520

### San Luis Fire Department
1165 N McCain Ave  
San Luis, AZ 85349  
928.341.8550

### City of Somerton
www.cityofsomerton.com  
928.722.7330

### Somerton City Hall
110 N State Ave  
Somerton, AZ 85350  
928.722.7300

### Somerton Fire Department
445 E Main St  
Somerton, AZ 85350  
928.722.7376

### Somerton Police Department
445 E Main St  
Somerton, AZ 85350  
928.722.7300

<table>
<thead>
<tr>
<th>Yuma City Hall</th>
<th>City of Yuma Fire Administration</th>
<th>Wellton Town Hall</th>
</tr>
</thead>
</table>
| One City Plaza | One City Plaza  
Yuma, AZ 85364  
928.373-5000 | One City Plaza  
28634 W Oakland Ave  
Wellton, AZ 85356  
928.785.3348 |
|               | Non-emergency dispatch: 928.783.4461 |                   |

### City of Yuma Police Department
1500 S 1st Ave  
Yuma, AZ 85364  
928.373.4656  
Non-emergency dispatch: 928.783.4421

### Cocopah Indian Tribe
www.cocopah.com  
928.627.2102

### Quechan Indian Tribe
www.quechantribe.com  
928.760.572.0213

### County of Yuma
www.yumacountyaz.gov  
928.373.1010

### Courthouse
928.817.4210

### Health Department
928.317.4550

### Main Library
928.782.1871
# Public Safety & Emergency Resources / Recursos de Seguridad Pública y Emergencia

## Non-Emergency Police & Fire / Policía Y Bomberos Que No Son De Emergencia

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arizona Public Safety (Highway Patrol 24-hour)</td>
<td>520.746.4500</td>
</tr>
<tr>
<td>California Highway Patrol</td>
<td>760.572.0294</td>
</tr>
<tr>
<td>Rural/Metro Fire Department</td>
<td>520.297.3600 866.411.7633</td>
</tr>
<tr>
<td>Yuma Police Department</td>
<td>928.373.4700</td>
</tr>
<tr>
<td>Yuma County Sheriff</td>
<td>928.783.4427</td>
</tr>
</tbody>
</table>

## Utilities & Services / Utilidades Y Servicios

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arizona Public Service</td>
<td><a href="http://www.aps.com">www.aps.com</a> 928.782.7151</td>
</tr>
<tr>
<td>Century Link (formerly Qwest)</td>
<td><a href="http://www.centurylink.com">www.centurylink.com</a> 1.800.244.1111</td>
</tr>
<tr>
<td>Far West Water &amp; Sewer Company</td>
<td><a href="http://www.farwestwaterandsewer.com/">www.farwestwaterandsewer.com/</a> 928.342.1238</td>
</tr>
<tr>
<td>Southwest Gas</td>
<td><a href="http://www.swgas.com">www.swgas.com</a> 1.877.860.6020</td>
</tr>
<tr>
<td>Spectrum (Time Warner Cable)</td>
<td><a href="http://www.spectrum.com">www.spectrum.com</a> 1.877.523.6999</td>
</tr>
<tr>
<td>Water, Sewer &amp; Refuse, City of Yuma</td>
<td><a href="http://www.yumaaz.gov/business/request-water-service">www.yumaaz.gov/business/request-water-service</a> 928.373.5076</td>
</tr>
</tbody>
</table>

## Other Miscellaneous / Otros Misceláneos

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>AZ Department of Motor Vehicles</td>
<td><a href="http://www.azdot.gov">www.azdot.gov</a> 602.712.7355</td>
</tr>
<tr>
<td>Greater Yuma Economic Development Corporation</td>
<td>GreaterYuma.org 928.782.7774</td>
</tr>
<tr>
<td>Humane Society of Yuma</td>
<td><a href="http://www.hsoyuma.com">www.hsoyuma.com</a> 928.782.1621</td>
</tr>
<tr>
<td>Mexican Consulate</td>
<td><a href="https://consulmex.sre.gob.mx/yuma/">https://consulmex.sre.gob.mx/yuma/</a> 928.343.0066</td>
</tr>
<tr>
<td>Post office, all branches</td>
<td><a href="http://www.usps.com">www.usps.com</a> 800.AKS.USPS (800.275.8777)</td>
</tr>
<tr>
<td>Yuma Co. Chamber of Commerce</td>
<td><a href="http://www.yumachamber.org">www.yumachamber.org</a> 928.782.2567</td>
</tr>
<tr>
<td>Yuma Sun (newspaper)</td>
<td><a href="http://www.yumasun.com">www.yumasun.com</a> 928.783.3333</td>
</tr>
<tr>
<td>Yuma Visitors Bureau</td>
<td>Visitor Info Center 928.783.0071</td>
</tr>
</tbody>
</table>
COCOPAH
RESOURCE CONNECTION GUIDE

2023-2024

FIRST THINGS FIRST
About First Things First
Approved by Arizona voters, First Things First (FTF) works to ensure that your youngest children have access to quality early childhood experiences so they will start school healthy and ready to succeed. Across the state, FTF Regional Partnerships Councils - in collaboration with local leaders - identify the education and health needs of children birth through age 5 in their communities and fund strategies to address those needs.

First Things First Cocopah Regional Partnership Council
Chair - Wilana Ortega  
Vice Chair - Elizabeth Renaud  
Esteban Escobar
Joena Esroj  
Elizabeth Garcia  
Diana Navarro  
June Stillings  
Paula Twist Koolick  
Sheena Alvarez

First Things First Cocopah and Yuma Regional Staff
Ashley Pascual, Senior Director West Regional Area  
Nohemi Ortega, Cocopah Tribe Regional Director  
Diana Ortega, Program Coordination Specialist
Marie Megui, Administrative Assistant III, West Region  
Zahid Plantillas, Community Engagement Coordinator

Phone: (928) 343-3020
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Website: www.FirstThingsFirst.org  
www.FirstThingsFirst.org/regions/cocopah-tribe/

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Disclaimer
Disclaimer: The listing of private companies and services in this Guide is not an endorsement or recommendation of those companies or their services by First Things First. First Things First is not responsible or liable for your use of these companies and services. The publishers have taken every reasonable measure to ensure the information in this Resource Guide is accurate. In the event any information is inaccurate, the publishers assume no liability for damages incurred directly or indirectly as a result of incomplete, incorrect or omitted information. Inclusion of the agency in this directory does not constitute an endorsement of the agency nor their services. If you identify information that is incorrect, please notify Diana Ortega at First Things First, Yuma Regional Office at 928.343.3020 or dortega@firstthingsfirst.org
Families are a child's first and best teacher. It is important that parents and caregivers have the information and support they need to make the best choices.

Especially during the early years, when a child's brain grows and develops the most. In fact, 90% of a child's brain growth happens by age 5, before they start kindergarten. And scientific research has shown that a child's experiences in their early years affect how their brain develops.

That's why First Things First partners with families and communities to help kids have the positive, nurturing experiences they need to arrive at school ready to succeed. We do this through quality early care and education programs, preventive health efforts and supporting parents in their role as their child's first teachers.

The purpose of this guide is to allow organizations, businesses and other entities in the FTF Cocopah Tribe region to come together to create a family-centered, comprehensive, collaborative and high-quality early childhood system that supports the development, health and early education of all children birth through age 5 in the Cocopah Tribe region.

We hope you will find this information useful!

If you would like additional copies of this guide, would like to suggest corrections, or would like to be included in the next edition, please contact Diana Ortega program coordination specialist, at 928.343.3020.

Thank you for partnering with us as we work together to build a better future for our children, our families and our community!

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**Disclaimer**

**Disclaimer - Cocopah Tribe Programs are only available to Cocopah Indian Tribal Members Only.** The publishers have taken every reasonable measure to ensure the information in this Resource Guide is accurate. In the event any information is inaccurate, the publishers assume no liability for damages incurred directly or indirectly as a result of incomplete, incorrect or omitted information. Inclusion of the agency in this directory does not constitute an endorsement of the agency nor their services. If you identify information that is incorrect, please notify Diana Ortega at First Things First, Yuma Regional Office at 928.343.3020 or dortega@FirstThingsFirst.org.
Cocopah Indian Tribe

The Cocopah Indian Tribe, known as the River People, have lived along the lower Colorado River and delta for centuries, maintaining their traditions and culture throughout many political and environmental changes. The Cocopah are part of the greater Yuman-speaking peoples who have inhabited lands along the Colorado River for millennia have a largely oral language with histories being transmitted from generation to generation and through settler historical accounts documenting Cocopah life.

Established in 1917, the Cocopah Reservation comprises approximately 6,500 acres. Currently about 1,200 tribal members live and work on or near the Reservation. In 1964, the Tribe founded its first Constitution and established a Tribal Council.

Located 13 miles south of Yuma, AZ, the Reservation is home to Cocopah Casino, Cocopah Resort & Conference Center, Cocopah Rio Colorado Golf Course, Cocopah Museum, Cocopah RV & Golf Resort, Cocopah Speedway and Wild River Family Entertainment Center and Korner Store. Visitors enjoy golfing, gaming, shopping, learning about the Tribe's culture and taking in the great scenic beauty of the region.

www.cocopah.com
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Why Early Childhood Matters

From birth to age 5, a child’s brain grows more than at any other time in life. And early brain development has a lasting impact on a child’s ability to learn and succeed in school and life. The quality of a child’s experiences in the first few years of life – positive or negative – helps shape how their brain develops.

The brain is the command center of the human body. A newborn baby has all of the brain cells (neurons) they’ll have for the rest of their life, but it’s the connections between these cells that really make the brain work. Brain connections enable us to move, think, communicate and do just about everything. The early childhood years are crucial for making these connections. At least one million new neural connections (synapses) are made every second, more than at any other time in life.

The early years are the best opportunity for a child’s brain to develop the connections they need to be healthy, capable, successful adults. The connections needed for many important, higher-level abilities like motivation, self-regulation, problem solving and communication are formed in these early years – or not formed. It’s much harder for these essential brain connections to be formed later in life.

At birth, the average baby’s brain is about a quarter of the size of the average adult brain. Incredibly, it doubles in size in the first year. It keeps growing to about 80% of adult size by age 3 and 90% – nearly full grown – by age 5.

90% of Brain Growth Happens Before Kindergarten

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The Arizona Parent Kit, provided free by First Things First, is distributed to parents of newborns in the state before they leave the hospital or birthing center. The Parent Kit contains resources to help new parents like you support your baby’s healthy development and learning. Look for your Parent Kit before you take your baby home.

**These tools:**
- Connect families to helpful resources through the Arizona New Parent Guide, which provides information and resources to help parents care for their child, including tips about child development, health and safety, quality child care and school readiness.
- Promote early literacy with a board book to encourage parents to begin reading to and with their child from the very beginning.
- Remind parents that expert help is a phone call away with a refrigerator magnet promoting the toll-free Birth to Five Helpline, which provides free advice and answers to the toughest parenting questions from nurses and other child development experts.

Find more resource for new parents at:
FirstThingsFirst.org/parent-guide
What is Quality First?

Quality First is a program of First Things First, Arizona's early childhood agency, that supports Arizona's child care providers, so they can support our young children. With over 1,300 participants, these programs are licensed and regulated, but participating in Quality First is voluntary. These programs are committed to quality improvement, going beyond regulatory requirements to help the infants, toddlers and preschoolers in their care be ready for success in school and beyond.

Quality matters

90% of a child's brain growth happens before age 5, and the positive, nurturing relationships young kids have with adults — from parents to child care and early learning professionals — shape their learning now and throughout their lives.

Quality First Scholarships

Early care and education providers enrolled in Quality First may be eligible to offer Quality First Scholarships, which help low-income families with children birth to age 5 afford quality child care. Many low-income families struggle to pay for quality child care. Some must choose between a job or leaving their children in care that is not their first choice. Quality First Scholarships help early care and education providers fill paid slots in their program and reimburse them for some of the expenses of providing quality (higher wages for more experienced and educated professionals, low staff-to-child ratios and small group sizes, etc.).

To learn more visit: www.QualityFirstAZ.com

Child care and Preschools Quality First Providers

Because learning starts from birth, First Things First funds Quality First to help early care and education providers strengthen their programs through professional development and coaching, specialized assistance from a team of early childhood experts, and funding to improve facilities and learning materials. Participating in Quality First is free for regulated child care centers, homes and preschool programs in Arizona. Currently, more than 1,300 providers across the state participate in Quality First. We invite your program to join us, too.

Interested in becoming a Quality First Provider? Visit www.QualityFirstAZ.com/apply for more information.
Head Start & Preschools

Cocopah Day Care
The Cocopah Day Care is a child care center for children 3-12 years of age who are enrolled in a federally recognized tribe. Our priority is to provide child care for the Cocopah Indian Tribe and surrounding tribes. The Cocopah Day Care provides a fun educational environment for children. Staff are trained to provide the best child care experience.
14281 S Centre Ave
Somerton, AZ 85350
928.627.3729 Ext. 20
www.facebook.com/CocopahDaycare
Hours: Mon – Fri 8 a.m. – 5 p.m.
Languages offered: English
Cost: Free

Cocopah Head Start
Cocopah Head Start promotes school readiness of young children ages 3-5. We work with the families to set goals, meet needs, and provide their children with the start they need to get ahead in this world. Please come and visit us today.
17900 S Cottonwood Dr
Somerton, AZ 85350
928.627.3197
www.facebook.com/cocopahtribe
Hours: Mon-Fri 8 a.m. – 2:45 p.m.
Languages offered: English
Cost: Free

Early Steps Program
The Early Steps Program is a free voluntary home visitation program designed to help with the challenges of parenting and achieving goals that are important to you and your family. Your home visitor will work with you and your family in the areas of early childhood development, health, and the importance of early literacy. Being a parent is both very rewarding, but also challenging. Home visitation can guide you in helping your child grow, learn and thrive.
14515 S Veterans Dr
Somerton, AZ 85350
928.722.7536
Hours: Mon – Fri 8 a.m. – 5 p.m.
Languages offered: English
Cost: Free

Housing & Nutrition Resources

Cocopah Indian Housing and Development (CIHAD)
The Cocopah Indian Housing and Development (CIHAD) is an independent organization created by the Cocopah Tribe to establish a strong cohesive and financially stable community. CIHAD exists to provide safe, decent and sanitary housing for every tribal member and to encourage members already living on the Reservation to remain and to encourage members now living off-reservation to return.
10488 W Steamboat St
Somerton, AZ 85350
928.627.8863
E-mail: appayroll@ontherez.org
Hours: Mon.- Fri. 8 a.m. – 5 p.m.
Languages offered: English
Cost: Free

Cocopah Elder Nutrition
The Cocopah Elder Nutrition program provides Cocopah Tribal Members who are 55 years or older the following services: Home delivered meals, transportation, information and referral services, nutrition counseling, support services, advocacy and low-income home energy assistance.
14515 S Veterans Dr
Somerton AZ 85350
928.627.1148
Hours: Mon.- Fri. 8 a.m. – 5 p.m.
Languages offered: English
Cost: Free
Art & Recreation Resources

**Cocopah Parks Community Center**
A safe, fun environment offering recreational and social activities to Copah tribal members of all ages. Provides scheduled activities in the Arts, Sports and Fitness, Music and Dance and much more. The center houses a gym, computer room and recreation room which are open for tribe members use daily. The community center employs experienced recreation staff who are trained to ensure tribal members needs are met and all community members feel welcome.

14281 S Centre Ave,
Somerton, AZ, 85350
928.627.5658
Hours: Mon.- Fri. 7 a.m.-7 p.m.
Languages offered: English
Cost: Free

**Cultural Resources Department**
The Copah Cultural Resources Department serves the Copah community by protecting cultural resources, both past and present, as well as engaging in programs to build a brighter future for the Copah culture. Copah Cultural Resources works with government departments and agencies, both within the Copah Tribal Government and with outside organizations to ensure the protection of cultural resources and education about the Copah community. Copah Cultural Resources also assists Copah tribal members who wish to access traditional sites or need traditional plants/animals/knowledge for cultural practices.

14529 S Veterans Dr
Somerton, AZ 85350
928.627.4849
www.facebook.com/cocopahmuseum
Hours: Mon.-Fri 8a.m.-5p.m.
Languages offered: English
Cost: Free

**Museum**
Built in 1996, the Copah Museum and Cultural Center feature exhibits on history and culture, meeting spaces, and a gift shop. The Copah Museum is a recognized federal repository and its exhibits feature objects and depictions of Copah history and culture. Museum guests will see examples of traditional clothing such as bark skirts and leather sandals, modern-day beadwork, pottery, traditional tattoo designs, musical instruments and the Copah warriors’ display.

14533 S Veterans Dr
Somerton, AZ 85350
928.627.1992
www.cocopah.com/museum.html
Hours: Mon - Fri 8 a.m.-5p.m.
Languages offered: English
Cost: Free
When babies and toddlers hear words and language from caring adults, their brains develop the important connections needed to learn how to read. Studies show that children whose parents and caregivers regularly talk and read with them develop larger vocabularies, become better readers and do better in school. That’s because the first few years of a child’s life are when the brain grows and develops the most, and a child’s experiences in these early years affect how their brain develops.

Language and early literacy developments starts from the very beginning. Babies are listening in utero, and once they’re born, they’re communicating through eye contact, facial expressions, crying, smiles and touch. When adults respond with words, conversation and attention, it helps build the child’s brain in ways that promote healthy development and learning.

Reading is vital to a child’s ability to learn and be successful in school. And the early literacy skills needed to be a good reader – like language and vocabulary – start developing from birth. But it doesn’t happen automatically. A child’s brain is not pre-wired for reading.

For more information visit: FirstThingsFirst.org/language-and-literacy
Search free early childhood programs across Arizona.

- Child Health and Development
- Parenting
- Support for Families with Young Children

First Things First (FTF) supports early childhood programs through grants to community organizations that provide FTF-funded services—at no cost—for young children from birth to age 5 (before kindergarten) and their families. Space may be limited and eligibility requirements may apply. This listing only includes programs funded by FTF, but many of them can connect you with additional services that might be right for you.

www.FirstThingsFirst.org/find-programs
FAMILY SUPPORT

Education & Vocational Resources

Cocopah Education Department
The Education Department exists to address the primary and secondary education issues and concerns of the Cocopah Indian Nation by providing information and funding opportunities which assist the maximum number of enrolled Cocopah Indian students in grades K-12 and higher education.

Programs

- **Higher Education Assistance**
  The Cocopah Education Department will aid in the funding of graduating high school juniors and seniors with their college or university admissions application fees. The Cocopah Education Department will assist with college or university fees for students who qualify. For more information, contact the Education Department.

- **Johnson O’Malley Program**
  The Johnson O’Malley program is a math and reading program, with cultural and traditional values integrated for school age children entering kindergarten through 12th grade. The Johnson O’Malley Program is held during the summer months so all Native American school-aged children can participate.

- **Cocopah Summer Youth Program**
  Cocopah Summer Youth Program is an employment program that is available to high school students who meet the specified criteria and have successfully completed an academic school year. The Summer Youth Program is a four to six-week program that allows selected students to experience on-the-job training as well as learn how Cocopah Tribal Offices operate on a day-to-day basis. Applicants must be 15 years of age on or before June 1 of the program year and not beyond 18 years of age. The applicants must have earned their credits from the previous school year, completed one year of high school, not exceeded more than five unexcused absences per semester, and be registered in high school for the next academic year. Students must be an enrolled Cocopah Tribal member, no pending Cocopah Tribal enrollments. Eligible youth must be high school students registered and attending a State funded school, or State recognized public school. Students selected for employment are subject to a pre-employment drug screen and random drug screens thereafter. Students are required to complete an application for the program and return it to the Cocopah Education Department by the deadline date.

  14514 S Veterans Dr
  Somerton, AZ 85350
  928.627.4973
  www.cocopah.com/documents
  Facebook: www.facebook.com/cocopahtribe
  Hours: Mon.- Fri. 8 a.m. – 5 p.m.
  Languages offered: English
  Cost: Free

Cocopah Vocational Training Center
The goal of the Cocopah Vocational Training Center is to enable Tribal Members to find unsubsidized employment by providing the education and vocational skills required to be competitive in today's job market.

  14250 S Ave I
  Somerton, AZ 85350
  928.627.8026
  Hours: Mon.- Fri. 8 a.m. – 5 p.m.
  Languages offered: English
  Cost: Free

ManPower
Manpower provides GED and on the job training services for adults. Additionally, emergency services and food assistance are also provided.

  9803 W Veterans Pl
  Somerton AZ 85350
  928.210.4163
  Hours: Mon.- Fri. 8 a.m – 5 p.m.
  Languages offered: English
  Cost: Free
Keep an eye on your child’s vision

Your little one learns through their senses and experiences. Their eyesight, which develops rapidly in early childhood, is a big part of how they explore, discover and connect with you and their other caregivers. And because they learn so much through their eyes, it’s important to make sure your child’s vision health is part of their regular check-ups.

Ask for a Vision Screening

The best thing you can do for your young child’s vision health is to talk with your doctor or healthcare provider about giving your child a vision screening. They may do a vision screening during a well-child visit, but if they don’t, you can ask for one. (‘I noticed my child didn’t get a vision screening today. I know it’s important, and I want my child’s vision screened.’) You can also get vision screenings through home visiting programs, Head Start and other child care programs, and some community health fairs.

Learn More About Vision Health

Visit EyesOnLearning.org for more information, tools and resources to help support your child’s healthy vision.

Eyes on Learning is Arizona’s vision health initiative dedicated to making sure that children with vision problems are identified early and receive an eye exam and follow-up treatment to achieve better vision health.

And on the First Things First website find more information about vision health for young children.

For more information visit: FirstThingsFirst.org/vision-health
### Family Support

#### Social Services & Legal Resources

**Cocopah Social Services**

Cocopah Social Services provides support and services to individuals, families and the Cocopah community to ensure family and community unity. The services the department provides are Child & Adult Protection, enforcement of the Indian Child Welfare Act, and assisting community members in finding & applying for services from other agencies. Financial assistance is limited to foster care payments to foster parents and group homes for Cocopah wards and vulnerable adults of the Court. The Department acts as Fiduciary for Tribal members and medical power of attorneys as ordered by Cocopah Count.

14515 S Veteran Dr
Somerton AZ 85350
928.627.3729

Hours: Mon-Fri 8 a.m. – 5 p.m.
Languages offered: English
Cost: Free

#### Legal Resources

**Prosecutors Department**

14500 S Veterans Dr
Somerton, AZ 85350
928.627.2025

**Cocopah Tribal Court**

9761 Veterans Pk
Somerton, AZ 85350
928.627.2550 Ext 7507
From the day your child is born, understanding how they play, learn, speak, act and move offers important clues about your child’s development. While all children develop differently, it helps to know if your child is meeting typical milestones at different ages and stages and how you can support their healthy development. Understand what’s happening at different stages of your child’s life and how you can help them learn and grow.

VISIT FirstThingsFirst.org/AgesAndStages
Behavioral Health & Family Medicine

Alcohol/Drug Abuse Prevention Program (ADAPP)
The Cocopah Alcohol and Drug Prevention Program (ADAPP) delivers culturally sensitive and competent substance abuse/dependence treatment, education and prevention services to Cocopah tribal members. The goal of ADAPP is to improve functioning and relational stability thereby helping clients to overcome barriers and become productive members of their community and society.
Perry Thompson, ADAPP Director
9803 Veterans Pl
Somerton, AZ 85350
928.627.2161
Email: adapp@cocopah.com
Hours: Mon.- Fri. 8 a.m. – 5 p.m.
Languages offered: English
Cost: Free

Cocopah Native Connections
Cocopah Native Connections mission is to empower the community to prevent youth suicide and substance misuse by promoting body, mind and spirit wellbeing to establish balance in their lives. Native Connections services include awareness training, suicide prevention coalitions, screening for depression, suicides and substance abuse, youth togetherness activities, behavioral health referrals, youth after-school program, postvention services, at-risk youth well-check visits and youth counseling services. Native Connection services are available for all Cocopah youth from 9 to 24 years of age.
19515 S Veterans Dr
Somerton, AZ 85350
928.655.3237
Facebook: https://www.facebook.com/pages/category/Youth-Organization/Cocopah-Native-Connections-104687845005208/
Hours: Mon. - Fri. 8 a.m. – 5 p.m.
Languages offered: English,
Cost: Free

Fort Yuma Indian Health Services (IHS)
The Cocopah Tribe is served by the Fort Yuma Indian Health Services (IHS). The center provides patient centered medical services in the areas of acute illness, behavioral health counseling, chronic illness management, dental care, laboratory, nutrition, pediatrics, pharmacy, physical therapy, public health nursing, preventive care, social services, and wellness care.
Fort Yuma Health Center
401 Picacho Rd
Winterhaven, CA 92283
760.572.4100
Toll Free: 1.800-862-4911
Weekends and After Hours Nurse-Line: 1.866.896.1585
Pharmacy: 760.572.4119
Dental: 760.572.4226
Hours: Mon-Wed, Fri, 8 a.m. -5 p.m.; Thu. 10 a.m.-5p.m.
Languages offered: English
Cost: Free

Project LAUNCH
Cocopah Project LAUNCH promotes whole life wellness through early childhood mental health consultation and development focused on Cocopah families and caregivers with children ages 0-8. The program seeks to improve awareness of mental health to our community through education, promote sustainability, provide workforce development, and create a bridge to link services among existing tribal departments.
14526 S Veterans Dr
Somerton AZ 85350
928.627.2681
www.facebook.com/cocopahthmp
Hours: Mon.- Fri. 8 a.m. – 5 p.m.
Languages offered: English
Cost: Free

Tribal Health Maintenance Programs (THMP)
THMP exists to provide programs and services to support the wellness (mind and body) and the healthcare needs of tribal members (Community) to maintain and/or improve the well-being and quality of life.
14526 S Veterans Dr
Somerton, AZ 85350
928.627.2681
www.facebook.com/cocopahthmp
Hours: Mon-Fri 8 a.m. – 5 p.m.
Languages offered: English
Cost: Free
# PUBLIC SAFETY & EMERGENCY SERVICES

## Environmental Protection

**Environmental Protection Office (EPO)**  
Jennifer Alspach, EPO Director  
14500 S Veterans Dr  
Somerton, AZ 85350  
928.627.2025  
alspachj@cocopah.com

## Emergency Readiness

**Office of Emergency Preparedness**  
14500 S Veterans Dr  
Somerton, AZ 85350  
928.750.6612  
http://www.cocopah.com/oem/

**Fire Department**  
Somerton/Cocopah Fire Department  
445 E Main St  
Somerton, AZ 85350  
928.722.7381

**Police Department**  
Cocopah Police Department  
14540 S Veterans Dr  
Somerton, AZ 85350  
928.627.8857
FIRST THINGS FIRST

ACCESS THIS GUIDE ONLINE AT:
FIRSTTHINGSFIRST.ORG/REGIONS/YUMA