井 FIRST THINGS FIRST

Santa Cruz Region

2022 Impact Report



90% of a child's brain grows before kindergarten. Early childhood matters.

First Things First (FTF) partners with families and communities to help our state's youngest children prepare for kindergarten and beyond.

Many young children in Arizona face challenges that threaten their healthy development and learning. In the FTF Santa Cruz Region, there are **4,416 children** (under age 6) with **35% living in poverty**.

Here is how FTF is working to support young children and their families in this region.

I'm hopeful that all of us affiliated with First Things First can exploit the intellectual resources, within and without the



First Things First organization, and discover new ways to bang our drum louder about the vital importance of early childhood education, health and development."

Bill Kirkpatrick

Chair of FTF Santa Cruz Regional Partnership Council

FTF Santa Cruz Regional Key Impact Highlights [State Fiscal Year 2022]



Additional Strategies

736 Activities

were held for parents to learn about early childhood development and resources at family resource centers.

80

Families with young children

participated in voluntary home visiting programs proven to reduce parental stress levels, increase connections to community supports, and improve children's cognitive, motor, behavioral and social-emotional development.



Family resource center prepares Nogales family for children's school experience

Marisla Diaz's son was nearing his first birthday when she sought out classes to deepen her parenting skills in support of her first child's growth and development.

With young Jesus in tow, she started attending classes at the Nogales Family Resource Center, which offers families with children up to age 5 various classes, activities and social events. In one of her early classes, the mother learned about the importance of nurturing a healthy parent-child relationship, while her child engaged in age-appropriate activities.

The First Things First Santa Cruz Regional Partnership Council funds the center, which is run through a partnership between the University of Arizona Cooperative Extension and the Nogales Unified School District.

Diaz liked their experiences, so she kept going back to the resource center.

"I liked the mix of classes," she said. "You learn while spending time with your kids in a different environment. The kids also get to learn and spend time with other kids the same age."

Families have free access to a dozen different parenting classes offered in English and Spanish. Diaz has attended them all. Jesus, now 5, still goes to the resource center once a week as does his younger sister, Marisla, 3. Stephanie Garcia, the center's site coordinator, said the goal is to help children like Jesus and his sister Marisla, get ready for kindergarten. The program targets children up to age 5 because it is considered a critical period for brain development.

Jesus already has learned skills that will prove useful when he starts kindergarten in the fall, she said. Since he recognizes most letters and knows how to properly hold a pencil, "he's not going to be struggling."

In the near future, Garcia said, the center's early literacy activities that aim to instill a love of reading while improving vocabulary, comprehension and attention span, will make it easier for Jesus to learn to read.

"All the classes are really good, they encourage the kids to read books, they do activities that go with the books, they practice with scissors," she said. "As they get older, they start doing activities that are a little bit harder, they prepare them for school very well."

When Diaz expressed concern over her son's language development, the resource center guided the mother through the process of securing speech therapy for Jesus through the Nogales Unified School District. "He had a speech delay and I was iffy about starting that process," she said. "The staff at the center made it easier."

The speech therapy that her son has received since he was a toddler has helped him improve his verbal communication, Diaz said. "He's still taking it now because he's still working on his pronunciation, but you can understand what he's trying to tell you."

Jesus is now in preschool, where the skills he learned at the resource center already have served him well, according to feedback teachers have given his mother.

"It does make a difference," said Diaz, who seeks to ensure a similar learning experience for her daughter.

FTF Santa Cruz Regional Partnership Council

FTF regional partnership councils are made up of volunteers who study the unique needs of the local community and inform how funds should be used to best support the healthy development and early learning of young children birth to age 5. FTF invests in proven programs and innovative strategies through grants to community organizations that provide services to children and families. Some of the programs in this region include Parents as Teachers, Family Resource Centers and Happy Smiles/ Sonriza Feliz.

FTF Santa Cruz SFY22 Total Regional Program Expenditures

Strengthening Families	\$679,229	3% ^{1%} <1%
Quality Child Care and Preschool	\$351,146	
Preventive Health	\$162,321	13%
Research and Evaluation	\$37,953	
Parent and Community Awareness	\$17,934	54%
Coordination	\$9,633	
	Total \$1,258,216	28%

FTF Santa Cruz Regional Partnership Council and Staff

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The **FTF Santa Cruz Region** covers almost all of Santa Cruz County, the smallest county in Arizona. Situated in the Sonoran desert of southeast Arizona, Santa Cruz County and the Santa Cruz Region are home to six communities: Nogales, Patagonia, Rio Rico, Sonoita, Elgin and Tubac. Nogales is the county seat and is one of the largest ports of entry between Mexico and the United States. The area surrounding the Amado community in the northwestern corner of the county is assigned to the Pima South Region.

Diana Yanez

Learn more at FirstThingsFirst.org/Regions/Santa-Cruz