

# 2021 KINSHIP SERVICES



**Navajo Nation, Arizona**

## Assistance Programs

### Financial Assistance Program – Navajo Nation Department of Family Services

Low Income Home Energy Assistance, General Assistance, Community Service Block Grant, burial assistance. Call the Administration Office to be transferred to your local office's line.

Administration Office: 1(866) 251-5651

### Navajo Nation Department of Child Support Services

Administration Office: (928) 871-7194  
 Fort Defiance Agency: (928) 871-6895  
 Chinle Agency: (928) 674-2300  
 Tuba City Agency: (928) 283-3416  
 Crownpoint Agency: (505) 786-2207  
 Shiprock Agency: (505) 368-1036

### Navajo Nation Department of Self-Reliance

Support Services: 1(866) 347-2403 / Fax: (928) 810-8557  
 Chinle Office: (928) 674-8194 / Fax: (928) 674-2351  
 Saint Michaels Office: (928) 810-8592 / Fax: (928) 810-8598  
 Greasewood Office: (928) 654-3910 / Fax: (928) 654-3920  
 Tuba City Office: (928) 283-6613 / Fax: (928) 283-3407  
 Kayenta Office: (928) 697-5660 / Fax: (928) 697-5665  
 Gallup Office: 1(866) 704-6940 / Fax: (505) 722-8959  
 Crownpoint Office: 1(866) 784-1694 / Fax: (505) 786-2394  
 Farmington Office: (505) 287-8190

## Breastfeeding Resources

You may also contact your local WIC office (page 6 Nutrition and Food) or OB/GYN Clinic or Ward (pages 5-6 Navigating Health Care) for breastfeeding support.

### Arizona 24/7 Breastfeeding Hotline

1(800) 833-4642

### Flagstaff Medical Center Breastfeeding Center

(928) 773-2605

### La Leche League

1(877) 452-5324  
 www.llli.org

### Navajo Nation WIC Breastfeeding Peer Counselor

1(800) 307-4231

### Phoenix Indian Medical Center Breastfeeding Hotline

(602) 317-1833

### Pregnancy and Breastfeeding Hotline

1(800) 833-4642

## Child Care & Home Visiting

### Arizona Kith and Kin Project

Join us for weekly gatherings with others who care for children in their homes. Training support, school readiness materials and safety equipment are available at no cost.

Office: (480) 829-0500 ext: 1101  
 Cell: (928) 310-5252

### Growing In Beauty Home Visiting Program

Locations: Black Mesa Community School, Cottonwood Day School, Dennehotso Boarding School, Dilkon Community School, Kayenta Agency Office, Chile Agency Office, Pinon Community School, Window Rock Agency Office, Rock Point Community School, Seba Dalkai Boarding School, Shonto Preparatory School, Tuba City Boarding School.  
 Phone: (928) 871-7458

### Navajo Nation Department of Child Care Development

Administration Office  
 P.O. Box 2425, Window Rock, AZ  
 Phone: (928) 871-6629 / Fax: (928) 871-7077

### Northwest New Mexico First Born Home Visiting Program

San Juan and McKinley Counties

114 N. Behrend Ave., Farmington, NM 87401

Phone: (505) 325-9187

Website: <https://firstbornprogram.org/>

## Counseling, Behavioral Health & Substance Abuse

### Navajo Nation Division of Behavioral and Mental Health Services

### Mental Health Helplines

Do you need to talk to someone? Are you a youth or elder that would like to seek help with depression, anxiety or stress? DBMHS staff are prepared to listen to you and/or answer questions about your mental health.

Arizona Outpatient	M-F (8am-5pm) Phone Number	After hours & weekends Phone Number
Chinle	(928) 674-2190	(928) 551-0247
Dilkon	(928) 657-8000	(928) 551-0624
Fort Defiance	(928) 729-4012	(928) 551-0247
Kaibeto	(928) 673-3267	(928) 551-0624
Kayenta	(928) 697-3766	(928) 551-0247
Newlands	(928) 688-3475	(928) 551-0247
Red Mesa	(505) 368-1438	(928) 551-0508
Tuba City	(928) 283-3346	(928) 551-0624
New Mexico Outpatient	M-F (8am-5pm) Phone Number	After hours & weekends Phone Number
Crownpoint	(505) 786-2111	(928) 797-3413
Gallup	(505) 722-9470	(928) 551-0566
Navajo Regional Behavioral Health Center	(505) 368-1438	(928) 551-0508

### Navajo Treatment Center for Children and Their Families

Voluntary outpatient counseling and other services.

Please contact the Administration Office for your nearest office's contact information.

Administration Office

Phone: (928) 871-7679

## Crisis Lines, Helplines & Hotlines

---

### ARIZONA

**Northern Arizona Crisis Line**  
1(877) 756-4090

**Teen Lifeline - Statewide Arizona**  
1(800) 248-TEEN (8336) or text (602) 248-8336

### NEW MEXICO

**Agora Crisis Center (New Mexico)**  
1(855) 505-4505 or (505) 277-3013

**New Mexico Crisis Line**  
1(855) NMCISIS (662-7474)

**New Mexico Peer to Peer Warm Line**  
1(855) 4NM-7100 (466-7100)  
Call 3:30PM-11:30PM or text 6PM-11PM,  
7 days per week.

### UTAH

**San Juan County Utah Crisis Support**  
(435) 979-1588

### NATIONAL

**Crisis Text Line**  
Text HELLO to 741741

**Gay & Lesbian National Hotline**  
1(888) 843-4564

**National Runaway Safeline**  
1(800) RUNAWAY (786-2929)

**National Suicide Lifeline**  
1(800) 273-TALK (8255)

**Teen Line**  
(310) 855-4673  
Text TEEN to 839863

**The Trevor Project (LGBTQ) Crisis Line**  
1(866) 488-7386 or text START to 678678

**Veterans Crisis Line**  
1(800) 273-TALK (8255) - Press 1  
Text 838255 or chat: [veteranscrisisline.net](http://veteranscrisisline.net)

## Other Helplines & Hotlines

---

**Poison Control**  
1(800) 222-1222

**Birth to Five Helpline**  
1(877) 705-KIDS (5437)

**Pregnancy and Breastfeeding Hotline**  
1(800) 833-4642

**Arizona Postpartum Depression Warm Line**  
1(888) 434-6667  
[www.azpostpartum.org](http://www.azpostpartum.org)

**Arizona Well Women Health Check—Cancer Screening**  
1(888) 257-8502

**Center for Disease Control (CDC) Information Line—National AIDS and STD**  
1(800) 232-4636

**American Diabetes Association**  
1(800) 342-2382  
[www.diabetes.org](http://www.diabetes.org)

**American Cancer Society**  
*Can provide general AZ referral information*  
1(800) 227-2345

**American Heart Association and American Stroke Association**  
*Can provide general Arizona referral information*  
1(800) 227-8721

**Arizona Smoker's Helpline (Ashline)**  
1(800) 556-6222

**Allergy and Asthma Network/Mothers of Asthmatics (AAN/MA) - National**  
1(800) 878-4403

**American Liver Foundation National Helpline**  
1(800) 465-4837

**The Skin Cancer Foundation**  
1(800)754-6490  
[www.skincancer.org](http://www.skincancer.org)

## Disabilities & Special Needs

---

### Disability Law and Rights Organizations

**Native American Disability Law Center**  
Toll-free: 1(800) 862-7271

**Arizona Center for Disability Law, Inc.**  
Tucson Office: 1(800) 922-1447  
Phoenix Office: (602) 274-6287  
[www.azdisabilitylaw.org](http://www.azdisabilitylaw.org)

**Disability Rights New Mexico, Inc.**  
Albuquerque Office: 1(800) 432-4682  
Las Cruces Office: (575) 541-1305  
[www.drnm.org](http://www.drnm.org)

**Utah Disability Law Center, Inc.**  
Phone: 1(800) 662-9080

### Division of Developmental Disabilities

**Main Office**  
Intersection of HWY 264 & Navajo Rte. 12 North  
P.O. Box 439, Window Rock, AZ 86515  
Phone: (928) 674-8325  
Fax: (928) 871-2400

**Chinle Office**  
North HWY 191, Building 7395A  
P.O. Box 2150, Chinle, AZ 86503  
Toll Free: 1(800) 560-8325  
Fax: (928) 674-3757

**Tuba City Office**  
50 South Main Street  
P.O. Box 1199, Tuba City, AZ 86045  
Phone: (928) 283-4012 or 4008  
Fax: (928) 283-5586

### **Raising Special Kids**

Northern Arizona – Flagstaff  
(serves Navajo Nation)  
Phone: (928) 444-8834

### **St. Michaels Association for Special Education**

HWY 264, 1 mile North on Mustang Rd.  
St. Michaels, AZ 86511  
Phone: (928) 871-2812

## **Domestic and Sexual Violence Resources**

---

### **Emergency call 911**

#### **Family Harmony Program CRISIS LINE**

*The Family Harmony Program will provide all domestic violence victims within the Navajo Nation culturally holistic advocacy, supportive services, prevention education and a safe shelter for immediate safety that will promote healing. All services will be provided in a supportive, safe and healing environment that will foster the ability to self-advocate with confidence.*

CRISIS LINE: (505) 368-1157  
Administration Office: (928) 871-7629

#### **Gallup Indian Medical Center – Sexual Assault Nurse Examiner (SANE)**

*Sexual assault services for patients on a 24/7 basis.*  
Phone: (505) 722-1171 or 1000

#### **Northern Navajo Medical Center – Domestic Violence Prevention Initiative (DVPI)**

*The DVPI Program promotes evidence-based, culturally-informed care for survivors of sexual assault through a community-based interdisciplinary approach. This project provides community education to prevent sexual assault and promotes support and healing for survivors of sexual assault.*

Phone: (505) 368-6304 or 6001

#### **Sexual Assault Services of Northwest New Mexico**

*Sexual Assault Nurse Exams, victim/survivor advocacy, counseling, outreach, community education, prevention programs, community justice. Serving Farmington, Gallup and local Navajo communities.*

SAS Crisis Hotline: 1(800) 908-4700  
Gallup, NM Office: (505) 399-5940  
Farmington, NM Office: (505) 325-2805

### **StrongHearts Native Helpline**

*The helpline is a safe domestic, dating and sexual violence helpline for American Indian and Alaska Natives, offering culturally-appropriate support and advocacy daily from 7AM-10PM Central Time. It is anonymous and confidential. Caller reaching our after-hours may connect with The National Domestic Violence Hotline by selecting number option one.*

Toll-free: (844) 762-8483

### **Tsehootsoo Medical Center – Family Advocacy**

*Medical services for children, teenagers and adults who are victims of sexual assault and/or sexual abuse.*

Phone: (928) 729-3705 or 8000

### **Tuba City Regional Health Care Corporation – Sexual Assault Nurse Examiner/Sexual Assault Response Team (SANE/SART)**

*The SANE/SART program serves sexual assault victims by providing comprehensive medical treatment and confidential forensic evaluation by nurse experts through a coordinated community response. Services are available on a 24 hours, 7 days a week.*

Phone: (928) 283-2934 or 2900

## **Early Education & Early Intervention**

---

### **Baby Watch Early Intervention Program**

*The San Juan (Utah) School District is the Navajo Nation Utah Region Early Intervention Provider.*

200 North Main, Blanding, UT 84511  
Phone: (435) 678-1222

### **Growing In Beauty Early Intervention Program**

*Navajo Nation Arizona and New Mexico Early Intervention Provider*

P.O. Box 1420, Window Rock, AZ 86515  
Phone: (928) 871-6338  
Toll Free: (866) 341-9918

### **Navajo Head Start/Early Head Start**

Headquarters Administration  
P.O. Box 3479, Window Rock, AZ 86515  
Phone: (928) 871-6902  
Fax: (928) 871-7886

## **Education & Employment Programs**

---

### **Job Corps**

Northern Arizona Representative: (602) 377-4352  
Toll-free: 1(800) 733-5627

### **Navajo Nation Department of Workforce Development**

*Please call the Administration Office for your local office's number.*

Administration Office: (928) 871-7707 or 7724

### **Vocational Rehabilitation Program**

*Please call the Administration Office for your local office's number.*

Administration Office: 1(866) 341-9918

## **Housing, Utilities & Transportation**

---

### **Navajo Housing Authority**

*Please call the Main Office for your local office's contact information.*

Main Office: (928) 871-2600

### **Navajo Nation Land Department – Home Site Lease**

Chinle: (928) 674-2056 or 2058

Crownpoint: (505) 786-2376

Tuba City: (928) 283-3195

Shiprock: (505) 368-1120

Ft. Defiance: (928) 871-6523 or 7044

Utah Land Department: (435) 651-3504

<http://dinehbikeyah.org/>

### **Navajo Transit System**

Phone: (928) 729-4002  
[navajotransit.navajo-nsn.gov](http://navajotransit.navajo-nsn.gov)

### **Navajo Tribal Utility Authority**

Toll-free: 1(800) 528-5011  
[www.ntua.com](http://www.ntua.com)

## Legal, Foster Care & Adoption

---

### Arizona Birth Certificate Information

- **Apache County Public Health Services District**  
Phone: (928) 337-7525
- **Coconino County Public Health Services District**  
(877) 679-7272

### New Mexico Birth Certificate Information

- **McKinley County Public Health Office**  
(505) 722-4391
- **San Juan County Clerk's Office**  
(505) 327-4461

### Utah Birth Certificate Information

- **San Juan County Health Department**  
(435) 359-0038

### Foster Care & Adoption Program - Navajo Nation Department of Family Services

(928) 871-6556

### Navajo Nation DNA – People's Legal Services

Administration Office: (928) 871-4151  
Chinle: (928) 674-5242  
Tuba City: (928) 283-5265  
Dulce-Jicarilla Apache: (705) 759-7568  
Hopi: (928) 738-2251 or 5345  
Farmington: (505) 325-8886  
Flagstaff: (928) 774-0653

### Navajo Nation Judicial Branch

*Call the Administration Office for your local  
Judicial Court information.*

Administration: (928) 871-6762  
Probation Services: (928) 8716625  
Peacemaking Program: (928) 871-6388

### Navajo Nation Tribal Enrollment Services

Window Rock Office: (928) 871-6386  
Chinle Office: (928) 674-2279  
Crownpoint Office: (505) 786-2034  
Ramah Office: (505) 775-3328  
Shiprock Office: (505) 368-1334  
Tuba City Office: (928) 283-3404/3425

## Navigating Health Care

---

### CENTRAL AGENCY

#### Chinle Comprehensive Health Care

HWY 191 & Hospital Dr., Chinle, AZ 86503  
Phone: (928) 674-7001

#### Many Farms Dental

HWY 191 Lake Rd., Many Farms, AZ 86538  
Phone: (928) 781-3801

#### Pinon Health Center

Navajo Rte. 41, Pinon, AZ 86510  
Phone: (928) 725-9500

#### Rock Point Field Clinic

Rock Point, AZ 86545  
Phone: (928) 659-4282

#### Tsaile Health Center

Navajo Rte. 64, Tsaile, AZ 86556  
Phone: (928) 724-3600

### FORT DEFIANCE AGENCY

#### Greasewood Clinic – Navajo Health Foundation

Navajo Rte. 15, Greasewood, AZ 86505  
Phone: (928) 654-3208

#### Nahata' Dzill Health Center

Chiih'toh Blvd. Industrial Bldg., Sanders, AZ 86512  
Phone: (928) 688-5600

#### Sage Memorial Hospital—Navajo Health Foundation

HWY 191 & SR 264, Ganado, AZ 86505  
Phone: (928) 755-4500

#### St. Michael's Clinic - Northern Apache County Special Health Care District

359A West HWY 264,  
St. Michaels, AZ 8651  
Toll Free: 1 (844) 810-3800  
Phone: (928) 810-3800

#### Sanders Clinic - Northern Apache County Special Health Care District

Rio Vista Estates, Lot #24, Sanders, AZ 86512  
Toll Free: 1 (844) 810-3800  
Phone: (928) 688-7139

#### Tohatchi Health Center

07 Choos Gai Dr., Tohatchi, NM 87325  
Phone: (505) 733-8100

#### Tséhootsooi Medical Center

Corner of Navajo Rte. 12 & Navajo Rte. 7  
Fort Defiance, AZ 86504  
Phone: (928) 729-8000

### EASTERN AGENCY

#### Crownpoint Health Care Facility

Junction Rd. 371 and Navajo Rte. 9, Crownpoint, NM  
87313  
(505) 786-5291

#### Dzilh-Na-O-Dith-Hle Health Center

6 Rd. 7586, Bloomfield, NM 87413  
Toll Free: 1(855) 687-3942  
Phone: (505) 960-1801

#### Gallup Indian Medical Center

516 East Nizhoni Blvd., Gallup, NM 87301  
Phone: (505) 722-1000

### NORTHERN AGENCY

#### Four Corners Regional Health Center

HWY 160 & Navajo Rte. 35  
Teec Nos Pos, AZ 86514  
(928) 656-5000

#### Northern Navajo Medical Center

HWY 491 North, Shiprock, NM 87420  
Phone: (505) 368-6001

- **Toadlena Field Clinic**

Phone: (505) 789-3281

- **Sanostee Field Clinic**

Phone: (505) 723-2484

## Navigating Health Care Continued

### Utah Navajo Health System

- **Blanding Family Practice Community Health Center**  
802 South 200 West, Blanding, UT 84511  
Phone: (435) 678-0700
- **Monument Valley Community Health Center**  
30 West Medical Dr., Monument Valley, UT 8453  
Phone: (435) 727-3000
- **Montezuma Creek Community Health Center**  
1478 East HWY 162, Montezuma Creek, UT 8453  
Phone: (435) 651-3700

### WESTERN AGENCY

**Chilchinbeto Clinic - Canyonlands Health Care**  
HWY 160 & Rte. 59, Chilchinbeto, AZ

**Inscription House Health Center**  
HWY 98 Navajo Rte. 16, Tonalea, AZ 86044  
Phone: (928) 672-3000

**Kayenta Health Center**  
HWY 160, Mile Post 394.3, Kayenta, AZ 86033  
Phone: (928) 697-4000

**Navajo Mountain Community Health Center—Utah**  
Navajo Health System  
#2 Rainbow Rd., Navajo Mountain, UT 86044  
Phone: (928) 672-2494

**Tuba City Regional Health Care**  
167 Main St., Tuba City, AZ 86045  
Phone: (866) 976-5941

- **Lechee Health Facility**  
3 miles South on Coppermine Rd., Page, AZ 86040  
Phone: (928) 698-4900
- **Cameron Dental Clinic**  
HWY 89, within the Cameron Chapter House compound  
Cameron, AZ 86020  
Phone: (928) 213-8161

**Winslow Indian Health Care Center**  
500 North Indiana Ave., Winslow, AZ 86047  
Phone: (928) 289-4646  
Leupp Clinic  
Leupp School Rd., Leupp, AZ 86035  
Phone: (928) 686-6550

- **Dilkon Clinic**  
Dilkon Community School, Dilkon, AZ  
Phone: (928) 657-3800

## Nutrition & Food

### Navajo Fruit & Vegetable Prescription (FVRX) Program

*Please call the COPE Program Office for site to enroll and site to redeem/spend vouchers.*  
Phone: (505) 722-2185

### Navajo Nation Food Distribution Program

Administration Office: (928) 871-6429  
Fort Defiance: (928) 729-4022  
Leupp: (928) 686-3220  
Tuba City: (928) 283-3290  
Teec Nos Pos: (928) 656-3650  
Crownpoint: (505) 786-2280  
Mexican Springs: (505) 733-2855  
Kirkland: (505) 589-9736

### Nutrition Assistance Program (Arizona Department of Economic Security)

Window Rock: (928) 871-8090  
Chinle: (928) 674-1033 or 1032  
Kayenta: (928) 687-3509  
Tuba City: (928) 283-4511 or 4007  
Page: (928) 645-8131  
Winslow: (928) 289-2425  
Kykotsmovi: (928) 734-2202

**St. Jude Food Bank - Western Navajo Region**  
100 Aspen Dr., Tuba City, AZ 86045  
Phone: (928) 283-6886

### Women, Infant and Children (WIC) Nutrition Program

Navajo Nation Central Office: (928) 871-6698  
Chinle WIC: (928) 674-2184  
Crownpoint WIC: (505) 786-2185  
Farmington WIC: (505) 327-9951  
Fort Defiance WIC: (928) 871-7894  
Gallup WIC: (505) 722-4767  
Ganado WIC: (928) 755-5940  
Kayenta WIC: (928) 697-5507  
Pinon WIC: (928) 725-3755  
Shiprock WIC: (505) 368-1135  
Tsaille WIC: (928) 724-2200  
Tuba City WIC: (928) 283-3181  
Winslow WIC: (928) 289-3219

For more information and resources please visit: <https://www.firstthingsfirst.org/regions/navajo-nation/> and click **2020 Navajo Nation Family Resource Guide** under Publications.

