First Things First supports early childhood programs in Arizona through grants to community organizations that provide services—at no cost—for young children from birth to age 5 (before kindergarten) and their families.

The Yavapai Region includes all of Yavapai County, plus the part of the city of Sedona that lies in Coconino County. The Yavapai-Apache Nation is included in the Yavapai Region.

Parenting
There’s no one right way to raise a child, and you don’t have to be perfect. These programs are here to help you learn effective ways to support your child’s healthy development and learning.

Parenting Activities
Participate in family-friendly workshops, classes, story times and other events to have fun with your child, learn more about child development, positive parenting, health and literacy, and meet other parents.

Family Support - Children with Special Needs
Get individualized support and coaching to help you identify and address developmental concerns early, respond to challenging behaviors, and support your child’s physical, social and emotional development.

Home Visiting Programs
Work 1-on-1 with a trained and caring parent educator, in the convenience of your own home, to build on the parenting skills you already have and nurture your child’s health, development and learning.

Quality Child Care and Preschool
Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.

QualityFirstAZ.com

Family Education and Support Services Program
Arizona’s Children Association
Jennifer Booth | (928) 443-1991 x 2040
jbooth@arizonaschildren.org

Little Learners
High Country Early Intervention
Sherie Gifford | (928) 776-9285
sherie@hceip.org

Parents as Teachers
Arizona’s Children Association
Julie Daly | (928) 443-1991 x 2010
jdaly@arizonaschildren.org

Healthy Families
Valley Verde Medical Center
Susan Lacher | (928) 639-6566
susan.lacher@nahealth.com
Birth to Five Helpline

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child’s feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.

Southwest Human Development
1-877-705-KIDS (5437)
birthtofivehelpline.org

Yavapai Region

For more information contact:
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