

First Things First supports early childhood programs in Arizona through grants to community organizations that provide services—at no cost—for young children from birth to age 5 (before kindergarten) and their families.

The boundaries of the White Mountain Apache Tribe Region are the same as the White Mountain Apache Reservation (sometimes called Fort Apache).



GET THIS INFO ONLINE:

[FirstThingsFirst.org / Find-Programs](https://www.FirstThingsFirst.org/Find-Programs)



Parenting

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

Parenting Activities

Participate in family-friendly workshops, classes, story times and other events to have fun with your child, learn more about child development, positive parenting, health and literacy, and meet other parents.

Parenting Counts - White Mountain Apache Tribe Summit Healthcare Association

DeAnn Davies | (928) 892-2388
ddavies@summithealthcare.net

Family Support - Children with Special Needs

Providing parents and caregivers with training and tools to promote optimal child development, positive parenting skills, and the opportunity to build a network of parenting support.

Parents as Teachers

Paula Joseph | (602) 371-1366 ext. 2197
pjoseph@arizonaschildren.org

Family, Friend and Neighbor Caregivers

Many children spend parts of the day with non-parent caregivers in informal home settings. Learn how you can better support the health, development and learning of the young children in your care through health and safety practices, educational activities and understanding more about child development.

Kith and Kin

Sarah Ocampo | (480) 829-0500 ext. 1126
socampo-schlesinger@asccaz.org



Child Health and Development

All children develop differently, but it helps to know if they're meeting typical milestones or could use extra assistance, and many medical and dental problems can be prevented.

Well-Child Programs

Get information, assistance and referrals from a developmental specialist to help you support the health and development of your young child.

HealthySteps - Show Low North Country HealthCare

(928) 537-4300



Quality Child Care and Preschool

Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.



Learn more and find programs near you at: [QualityFirstAZ.com](https://www.QualityFirstAZ.com)



Birth to Five Helpline

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child's feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.



Southwest Human Development
1-877-705-KIDS (5437)
birthtofivehelpline.org

**White Mountain Apache
Tribe Region**
For more information contact:

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(928) 532-5041 | fsprengeler@firstthingsfirst.org

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Space may be limited and eligibility requirements may apply. While this listing only includes programs funded by First Things First, many of them can connect you with additional services that might be right for you.

In accordance with the Americans with Disabilities Act, First Things First (FTF) will not discriminate on the basis of disability in its services, programs or activities. Qualified individuals with disabilities may request auxiliary aids and services to make information and communications accessible as well as request reasonable modifications to policies and programs so that they can participate equally in FTF's services, programs and activities. For assistance, contact FTF at (602) 771-5057. This document was last modified on 04/23/2021.