Parenting

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

Parenting Education

Attend a series of group classes proven to increase your understanding of child development and improve your parenting skills.

Family Resource Centers

Bring your children and take classes and workshops from trained parent educators, connect with community resources and more, all in one convenient location.

<table>
<thead>
<tr>
<th>Buckeye Family Resource Center at Buckeye Elementary School</th>
</tr>
</thead>
<tbody>
<tr>
<td>(623) 925-3911</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>AZ Complete Health Avondale Resource Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>(623) 333-2703</td>
</tr>
</tbody>
</table>

Family Support - Children with Special Needs

Get individualized support and coaching to help you identify and address developmental concerns early, respond to challenging behaviors, and support your child's physical, social and emotional development.

Home Visiting Programs

Work 1-on-1 with a trained and caring parent educator, in the convenience of your own home, to build on the parenting skills you already have and nurture your child's health, development and learning.

Family Friend and Neighbor Caregivers

Many children spend parts of the day with non-parent caregivers in informal home settings. Learn how you can better support the health, development and learning of the young children in your care through health and safety practices, educational activities and understanding more about child development.

Find Help Phoenix

Strengthens families of young children by providing information on free or low-cost resources in Maricopa County.

Parent Partners Plus

(602) 633-0732

Arizona Kith and Kin Project Candelen

JMarco Villalpando | (480) 493-0113
mvillalpando@candelen.org

Find Help Phoenix

FindHelpPhx.org
Child Health and Development

All children develop differently, but it helps to know if they're meeting typical milestones or could use extra assistance, and many medical and dental problems can be prevented.

Dental/Oral Health

Prevent tooth decay by having a professional check your child's teeth (or yours, if you're pregnant), protect your child’s teeth with fluoride, and get a referral to a dentist if you need one.

Well-Child Programs

Get information, assistance and referrals from a developmental specialist to help you support the health and development of your young child.

Nutrition and Physical Activity

Participate in a series of fun classes to be more informed about nutrition and wellness and help motivate your family to eat healthy and be physically active.

Quality Child Care and Preschool

Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.

Birth to Five Helpline

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child’s feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.

LEARN MORE

https://www.firstthingsfirst.org/regions/southwest-maricopa/
(602) 771-4960

In accordance with the Americans with Disabilities Act, First Things First (FTF) will not discriminate on the basis of disability in its services, programs or activities. Qualified individuals with disabilities may request auxiliary aids and services to make information and communications accessible as well as request reasonable modifications to policies and programs so that they can participate equally in FTF's services, programs and activities. For assistance, contact FTF at (602) 771-5057. This document was last modified on 06/15/2022.