

First Things First supports early childhood programs in Arizona through grants to community organizations that provide services—at no cost—for young children from birth to age 5 (before kindergarten) and their families.

The Phoenix South Region includes the City of Phoenix, south of Thomas Road, but also includes Maryvale and Laveen. The region does not include Ahwatukee.



GET THIS INFO ONLINE:

[FirstThingsFirst.org / Find-Programs](https://FirstThingsFirst.org/Find-Programs)



Parenting

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

Parenting Activities

Participate in family-friendly workshops, classes, story times and other events to have fun with your child, learn more about child development, positive parenting, health and literacy, and meet other parents.

Family Resource Centers

Bring your children and take classes and workshops from trained parent educators, connect with community resources and more, all in one convenient location.

Creighton Family Resource Center

(602) 381-4605

FamilyResourceCenter@creightonschools.org

Family Learning Center at Comprehensive Healthcare Center

(602) 344-1352 | flc@valleywisehealth.org

Heart of Isaac Community Center

(602) 442-0583 | heartofisaac@isaacschools.org

South Central Family Learning Center Valleywise Health

(602) 344-6660 | flc@valleywisehealth.org

Maryvale Family Learning Center

(602) 655-6906 | flc@valleywisehealth.org

Pendergast Family Resource Centers

(623) 772-2339 | PendergastFRC@pesd92.org

Phoenix Families First Center at Beuf Community Center

(602) 376-2608 | mailbox.youth@phoenix.gov

Phoenix Families First Center at Burton Barr Library

(602) 376-7093 | mailbox.youth@phoenix.gov

Phoenix Families First Center at Cesar Chavez Library

(602) 376-6629 | mailbox.youth@phoenix.gov

Phoenix Families First Center at AeroTerra Center

(602) 329-9068 | mailbox.youth@phoenix.gov

Roosevelt Early Childhood Family Resource Center

(602) 980-3692

FamilyResourceCenter@cals.arizona.edu

Side By Side Program

Southwest Human Development

Rachael Cervantes | (602) 633-8455

rcervantes@swhd.org

Parent Partners Plus

(602) 633-0732

Family Support - Children with Special Needs

Get individualized support and coaching to help you identify and address developmental concerns early, respond to challenging behaviors, and support your child's physical, social and emotional development.

Home Visiting Programs

Work 1-on-1 with a trained and caring parent educator, in the convenience of your own home, to build on the parenting skills you already have and nurture your child's health, development and learning.

Family Friend and Neighbor Caregivers

Many children spend parts of the day with non-parent caregivers in informal home settings. Learn how you can better support the health, development and learning of the young children in your care through health and safety practices, educational activities and understanding more about child development.

Find Help Phoenix

Strengthens families of young children by providing information on free or low-cost resources in Maricopa County.

Arizona Kith and Kin Project Candelen

Kavita Bernstein
(928) 223-7409 | kbernstein@candelen.org

Find Help Phoenix FindHelpPhx.org



Child Health and Development

All children develop differently, but it helps to know if they're meeting typical milestones or could use extra assistance, and many medical and dental problems can be prevented.

Developmental and Sensory Screening

Have your child checked for vision, hearing or developmental concerns (including communication, social-emotional, problem-solving and motor skills) and, if needed, get a referral for further evaluation or support.

Dental/Oral Health

Prevent tooth decay by having a professional check your child's teeth (or yours, if you're pregnant), protect your child's teeth with fluoride, and get a referral to a dentist if you need one.

Well-Child Programs

Get information, assistance and referrals from a developmental specialist to help you support the health and development of your young child.

BASICS Hearing and Vision Screening Program The EAR Foundation of Arizona

(602) 904-6344
BasicsFTF@earfoundationaz.com

First Teeth First Maricopa County Department of Public Health

Berenise Bauer | (602) 372-4650
Berenise.Bauer@maricopa.gov

Pediatric Care Coordination Maricopa Integrated Health System

(602) 344-1015



Quality Child Care and Preschool

Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.



Learn more and find programs near you at: [FirstThingsFirst.org](https://www.FirstThingsFirst.org)



Birth to Five Helpline

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child's feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.



Southwest Human Development
1-877-705-KIDS (5437)
[birthtofivehelpline.org](https://www.birthtofivehelpline.org)

LEARN MORE

For more information about how First Things First supports the healthy development and learning of young children in our community, visit us at [FirstThingsFirst.org/Regions/Phoenix-South](https://www.FirstThingsFirst.org/Regions/Phoenix-South) or call **602.771.5100**.

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Space may be limited and eligibility requirements may apply. While this listing only includes programs funded by First Things First, many of them can connect you with additional services that might be right for you.

In accordance with the Americans with Disabilities Act, First Things First (FTF) will not discriminate on the basis of disability in its services, programs or activities. Qualified individuals with disabilities may request auxiliary aids and services to make information and communications accessible as well as request reasonable modifications to policies and programs so that they can participate equally in FTF's services, programs and activities. For assistance, contact FTF at (602) 771-5057. This document was last modified on 06/15/2022.