Family Resource Centers

Bring your children and take classes and workshops from trained parent educators, connect with community resources and more, all in one convenient location.

Parenting

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

Parenting Activities

Participate in family-friendly workshops, classes, story times and other events to have fun with your child, learn more about child development, positive parenting, health and literacy, and meet other parents.

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City of Phoenix Library Early Literacy Program
City of Phoenix Library
Kathleen Harris  |  (602) 534-2740
kathleen.harris@phoenix.gov

Parent Partners Plus
(602) 633-0732

Arizona Kith and Kin Project
Candelen
Kavita Bernstein  |  (928) 223-7409  |  kbernstein@candelen.org

Home Visiting Programs

Work 1-on-1 with a trained and caring parent educator, in the convenience of your own home, to build on the parenting skills you already have and nurture your child's health, development and learning.

Family Friend and Neighbor Caregivers

Many children spend parts of the day with non-parent caregivers in informal home settings. Learn how you can better support the health, development and learning of the young children in your care through health and safety practices, educational activities and understanding more about child development.
Child Health and Development
All children develop differently, but it helps to know if they're meeting typical milestones or could use extra assistance, and many medical and dental problems can be prevented.

Dental/Oral Health
Prevent tooth decay by having a professional check your child's teeth (or yours, if you're pregnant), protect your child's teeth with fluoride, and get a referral to a dentist if you need one.

Developmental and Sensory Screening
Have your child checked for vision, hearing or developmental concerns (including communication, social-emotional, problem-solving and motor skills) and, if needed, get a referral for further evaluation or support.

Quality Child Care and Preschool
Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.

Birth to Five Helpline
A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child's feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.

Find Help Phoenix
Strengthens families of young children by providing information on free or low-cost resources in Maricopa County.

First Teeth First
Maricopa County Department of Public Health
Berenise Bauer | (602) 372-4650
Berenise.Bauer@maricopa.gov

BASICS Hearing and Vision Screening Program
The EAR Foundation of Arizona
(602) 904-6344
BasicsFTF@earfoundationaz.com

Southwest Human Development
1-877-705-KIDS (5437)
birthtofivehelpline.org

LEARN MORE
https://www.firstthingsfirst.org/regions/phoenix-north/
(602) 771-5100