

First Things First supports early childhood programs in Arizona through grants to community organizations that provide services—at no cost—for young children from birth to age 5 (before kindergarten) and their families.

Northwest Maricopa Region includes Peoria, El Mirage, Glendale, Surprise, Wickenburg, Youngtown, Aguila, Morristown, Sun City, Sun City West, Waddell, Wittmann and small parts of the city of Phoenix.



GET THIS INFO ONLINE:

[FirstThingsFirst.org / Find-Programs](https://FirstThingsFirst.org/Find-Programs)



Parenting

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

Family Resource Centers

Bring your children and take classes and workshops from trained parent educators, connect with community resources and more, all in one convenient location.

Benevilla Family Resource Center

(623) 207-6016 | egarner@benevilla.org

GESD Family Hub

(623) 237-7364 | familyhub@gesd40.org

Family Resource Center

at Bicentennial South School

(623) 237-7364 | familyhub@gesd40.org

Family Resource Center at Desert Garden School

(623) 237-7364 | familyhub@gesd40.org

Family Resource Center at Landmark School

(623) 237-7364 | familyhub@gesd40.org

Family Resource Center at William C Jack School

(623) 237-7364 | familyhub@gesd40.org

PUSD Family Resource Center

at Sky View Elementary

(623) 773-6681 | FamilyResourceCenter@pusd11.net

PUSD Family Resource Center

at Desert Palms Elementary

(623) 773-6689 | FamilyResourceCenter@pusd11.net

PUSD Family Resource Center

at Alta Loma Elementary

(623) 773-6697 | FamilyResourceCenter@pusd11.net

Deer Valley Family Resource Center at Copper Creek Elementary

(623) 376-3975 | dawn.sears@dvusd.org

Deer Valley Family Resource Center at New River Elementary

(623) 376-3975 | dawn.sears@dvusd.org

Pendergast Family Resource Center at Pendergast Community Center

(623) 772-2339 | PendergastFRC@pesd92.org

Pendergast Family Resource Center at Sunset Ridge Elementary

(623) 772-2339 | PendergastFRC@pesd92.org

Pendergast Family Resource Center at Rio Vista Elementary

(623) 772-2339 | PendergastFRC@pesd92.org

Washington Resource Information Center at Ocotillo Elementary

(602) 347-2422

enriqueta.disanto@wesdschools.org

Family Support - Children with Special Needs

Get individualized support and coaching to help you identify and address developmental concerns early, respond to challenging behaviors, and support your child's physical, social and emotional development.

Parents as Teachers Early Intervention – Children with Special Needs

(602) 688-5540

Home Visiting Programs

Work 1-on-1 with a trained and caring parent educator, in the convenience of your own home, to build on the parenting skills you already have and nurture your child's health, development and learning.

Find Help Phoenix

Strengthens families of young children by providing information on free or low-cost resources in Maricopa County.

Parent Partners Plus
(602) 633-0732

Find Help Phoenix
FindHelpPhx.org



Child Health and Development

All children develop differently, but it helps to know if they're meeting typical milestones or could use extra assistance, and many medical and dental problems can be prevented.

Dental/Oral Health

Prevent tooth decay by having a professional check your child's teeth (or yours, if you're pregnant), protect your child's teeth with fluoride, and get a referral to a dentist if you need one.

Well-Child Programs

Get information, assistance and referrals from a developmental specialist to help you support the health and development of your young child.

First Teeth First
Maricopa County Department of Public Health
Berenise Bauer | (602) 372-4650
Berenise.Bauer@maricopa.gov

Pediatric Care Coordination - Peoria Valleywise Health
Maritza Doyle | (623) 344-6500
Maritza.Doyle@mihs.org
Catheryn Masferrer | (623) 344-6797
Catheryn.Masferrer@mihs.org



Quality Child Care and Preschool

Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.

QUALITY FIRST 
#FIRSTTHINGSFIRST
Learn more and find programs near you at: [FirstThingsFirst.org](https://www.FirstThingsFirst.org)



Birth to Five Helpline

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child's feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.

Birth to Five HELPLINE 
"Nothing Out of the Question"

Southwest Human Development
1-877-705-KIDS (5437)
birthtofivehelpline.org

LEARN MORE

For more information about how First Things First supports the healthy development and learning of young children in our community, visit us at [FirstThingsFirst.org/Regions/Northwest-Maricopa](https://www.FirstThingsFirst.org/Regions/Northwest-Maricopa) or call **602.771.4961**.

FIRST THINGS FIRST 

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Space may be limited and eligibility requirements may apply. While this listing only includes programs funded by First Things First, many of them can connect you with additional services that might be right for you.

In accordance with the Americans with Disabilities Act, First Things First (FTF) will not discriminate on the basis of disability in its services, programs or activities. Qualified individuals with disabilities may request auxiliary aids and services to make information and communications accessible as well as request reasonable modifications to policies and programs so that they can participate equally in FTF's services, programs and activities. For assistance, contact FTF at (602) 771-5057. This document was last modified on 5/5/22.