Parenting

There’s no one right way to raise a child, and you don’t have to be perfect. These programs are here to help you learn effective ways to support your child’s healthy development and learning.

Family Resource Centers

Bring your children and take classes and workshops from trained parent educators, connect with community resources and more, all in one convenient location.

- **Benevilla Family Resource Center**
  (623) 207-6016 | egarner@benevilla.org

- **GESD Family Hub**
  (623) 237-7364 | familyhub@gesd40.org

- **Family Resource Center at Bicentennial South School**
  (623) 237-7364 | familyhub@gesd40.org

- **Family Resource Center at Desert Garden School**
  (623) 237-7364 | familyhub@gesd40.org

- **Family Resource Center at Landmark School**
  (623) 237-7364 | familyhub@gesd40.org

- **Family Resource Center at William C Jack School**
  (623) 237-7364 | familyhub@gesd40.org

- **PUSD Family Resource Center at Sky View Elementary**
  (623) 773-6681 | FamilyResourceCenter@pusd11.net

- **PUSD Family Resource Center at Desert Palms Elementary**
  (623) 773-6689 | FamilyResourceCenter@pusd11.net

- **PUSD Family Resource Center at Alta Loma Elementary**
  (623) 773-6697 | FamilyResourceCenter@pusd11.net

- **Deer Valley Family Resource Center at Copper Creek Elementary**
  (623) 376-3975 | dawn.sears@dvusd.org

- **Deer Valley Family Resource Center at New River Elementary**
  (623) 376-3975 | dawn.sears@dvusd.org

- **Pendergast Family Resource Center at Pendergast Community Center**
  (623) 772-2339 | PendergastFRC@pesd92.org

- **Pendergast Family Resource Center at Sunset Ridge Elementary**
  (623) 772-2339 | PendergastFRC@pesd92.org

- **Pendergast Family Resource Center at Rio Vista Elementary**
  (623) 772-2339 | PendergastFRC@pesd92.org

- **Washington Resource Information Center at Ocotillo Elementary**
  (602) 347-2422 | enriqueta.disanto@wesdschools.org

Family Support - Children with Special Needs

Get individualized support and coaching to help you identify and address developmental concerns early, respond to challenging behaviors, and support your child’s physical, social and emotional development.

- **Parents as Teachers Early Intervention – Children with Special Needs**
  (602) 688-5540
Child Health and Development
All children develop differently, but it helps to know if they’re meeting typical milestones or could use extra assistance, and many medical and dental problems can be prevented.

Dental/Oral Health
Prevent tooth decay by having a professional check your child’s teeth (or yours, if you’re pregnant), protect your child’s teeth with fluoride, and get a referral to a dentist if you need one.

Well-Child Programs
Get information, assistance and referrals from a developmental specialist to help you support the health and development of your young child.

Quality Child Care and Preschool
Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.

Birth to Five Helpline
A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child’s feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.

Northwest Maricopa Region
For more information contact:

Eric Santiago
Regional Director
(602) 771-4961 | esantiago@firstthingsfirst.org

Nicole Yezzi
Community Outreach Coordinator
(602) 771-4965 | nyezzi@firstthingsfirst.org

Space may be limited and eligibility requirements may apply. While this listing only includes programs funded by First Things First, many of them can connect you with additional services that might be right for you.

In accordance with the Americans with Disabilities Act, First Things First (FTF) will not discriminate on the basis of disability in its services, programs or activities. Qualified individuals with disabilities may request auxiliary aids and services to make information and communications accessible as well as request reasonable modifications to policies and programs so that they can participate equally in FTF's services, programs and activities. For assistance, contact FTF at (602) 771-5057. This document was last modified on 9/7/22.