Parenting

There’s no one right way to raise a child, and you don’t have to be perfect. These programs are here to help you learn effective ways to support your child’s healthy development and learning.

Parenting Activities
Participate in family-friendly workshops, classes, story times and other events to have fun with your child, learn more about child development, positive parenting, health and literacy, and meet other parents.

Home Visiting Programs
Work 1-on-1 with a trained and caring parent educator, in the convenience of your own home, to build on the parenting skills you already have and nurture your child’s health, development and learning.

Quality Child Care and Preschool
Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.

Birth to Five Helpline
A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child’s feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.

Quality First
Learn more and find programs near you at: QualityFirstAZ.com

Southwest Human Development
1-877-705-KIDS (5437)
birthtofivehelpline.org

Graham/Greenlee Region
For more information contact:

Shari Elkins
Regional Director
(928) 428-0193 | selkins@firstthingsfirst.org

Antoinette Griffin
Community Outreach Coordinator
(928) 428-0193 | agriffin@firstthingsfirst.org

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