

First Things First supports early childhood programs in Arizona through grants to community organizations that provide services—at no cost—for young children from birth to age 5 (before kindergarten) and their families.

The Phoenix South Region includes the City of Phoenix, south of Thomas Road, but also includes Maryvale and Laveen. The region does not include Ahwatukee.



GET THIS INFO ONLINE:

[FirstThingsFirst.org / Find-Programs](https://www.FirstThingsFirst.org/Find-Programs)



## Parenting

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

### Community Based Language and Literacy

Gives parents and families of young children the opportunity to participate in language and literacy workshops at community locations, such as libraries, schools or housing complexes. The workshops may be one-time, one-day events or may be ongoing, but they all include opportunities for parents to learn about early language and literacy in a group setting.

#### **Phoenix Public Library Early Literacy Programs City of Phoenix Library**

Kathleen Harris | (602) 534-2740  
[kathleen.harris@phoenix.gov](mailto:kathleen.harris@phoenix.gov)

### Family Resource Centers

Bring your children and take classes and workshops from trained parent educators, connect with community resources and more, all in one convenient location.

#### **Creighton Family Resource Center**

(602) 381-4605  
[FamilyResourceCenter@creightonschools.org](mailto:FamilyResourceCenter@creightonschools.org)

#### **Family Resource Center at Valleywise Community Health Center - South Central**

(602) 344-6660 | [frc@valleywisehealth.org](mailto:frc@valleywisehealth.org)

#### **Family Resource Center at Valleywise Community Health Center - West**

(602) 655-6906 | [frc@valleywisehealth.org](mailto:frc@valleywisehealth.org)

#### **Family Resource Center at Valleywise Comprehensive Health Center - Phoenix**

(602) 344-1352 | [frc@valleywisehealth.org](mailto:frc@valleywisehealth.org)

#### **Heart of Isaac Community Center**

(602) 442-0583 | [heartofisaac@isaacschools.org](mailto:heartofisaac@isaacschools.org)

#### **Pendergast Family Resource Centers**

(623) 772-2339 | [PendergastFRC@pesd92.org](mailto:PendergastFRC@pesd92.org)

#### **Phoenix Families First Resource Center at Beuf Community Center**

(602) 376-7093 | [mailbox.youth@phoenix.gov](mailto:mailbox.youth@phoenix.gov)

#### **Phoenix Families First Resource Center at Burton Barr Library**

(602) 376-7093 | [mailbox.youth@phoenix.gov](mailto:mailbox.youth@phoenix.gov)

#### **Phoenix Families First Resource Center at Aeroterra**

(602) 376-7093 | [mailbox.youth@phoenix.gov](mailto:mailbox.youth@phoenix.gov)

#### **Rio Vista Elementary Family Resource Center**

(623) 772-2339 | [PendergastFRC@pesd92.org](mailto:PendergastFRC@pesd92.org)

#### **Roosevelt Early Childhood Family Resource Center**

(602) 762-2055 | [tfloyd@arizona.edu](mailto:tfloyd@arizona.edu)

#### **Sunset Ridge Elementary Family Resource Center**

(623) 772-2339 | [PendergastFRC@pesd92.org](mailto:PendergastFRC@pesd92.org)

### Family Support for Children with Developmental Concerns

Get individualized support and coaching to help you identify and address developmental concerns early, respond to challenging behaviors, and support your child's physical, social and emotional development.

#### **Side By Side Program**

#### **Southwest Human Development**

Andrea Sinohui | (602) 633-8575  
[asinohui@swhd.org](mailto:asinohui@swhd.org)

## Home Visiting Programs

Work 1-on-1 with a trained and caring parent educator, in the convenience of your own home, to build on the parenting skills you already have and nurture your child's health, development and learning.

### **Healthy Families**

#### **Southwest Human Development**

Heather Gonzales | (602) 224-1750  
hgonzales@swhd.org

### **Parents as Teachers**

#### **Arizona's Children Association**

Sandy Vicars | (480) 861-3204  
svicars@arizonaschildren.org

### **Parent Partners Plus**

Amy Jaffe | (480) 427-4681  
ajaffe@swhd.org

## Family Friend and Neighbor Caregivers

Many children spend parts of the day with non-parent caregivers in informal home settings. Learn how you can better support the health, development and learning of the young children in your care through health and safety practices, educational activities and understanding more about child development.

### **Arizona Kith and Kin Project**

#### **Candelen**

Ashleigh Leonard  
(480) 741-4761 | aleonard@candelen.org



## Child Health and Development

All children develop differently, but it helps to know if they're meeting typical milestones or could use extra assistance, and many medical and dental problems can be prevented.

## Developmental and Sensory Screening

Have your child checked for vision, hearing or developmental concerns (including communication, social-emotional, problem-solving and motor skills) and, if needed, get a referral for further evaluation or support.

### **Chicanos Por La Causa, Inc.**

#### **dba Parenting Arizona**

Hanany Topete | (602) 684-1192  
Hanany.Topete@parentingaz.org



## Quality Child Care and Preschool

Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.



Learn more and find programs near you at: [FirstThingsFirst.org](https://www.FirstThingsFirst.org)



## Birth to Five Helpline

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child's feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.



### **Southwest Human Development**

1-877-705-KIDS (5437)  
birthtofivehelpline.org

## LEARN MORE

For more information about how First Things First supports the healthy development and learning of young children in our community, visit us at [FirstThingsFirst.org/Regions/Phoenix-South](https://www.FirstThingsFirst.org/Regions/Phoenix-South) or call **602.771.5100**.

 **FIRST THINGS FIRST** [.ORG](https://www.firstthingsfirst.org)

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Space may be limited and eligibility requirements may apply. While this listing only includes programs funded by First Things First, many of them can connect you with additional services that might be right for you.

In accordance with the Americans with Disabilities Act, First Things First (FTF) will not discriminate on the basis of disability in its services, programs or activities. Qualified individuals with disabilities may request auxiliary aids and services to make information and communications accessible as well as request reasonable modifications to policies and programs so that they can participate equally in FTF's services, programs and activities. For assistance, contact FTF at (602) 771-5057. This document was last modified 03/06/2024.

**SCAN QR CODE**  
TO FIND PROGRAMS  
IN YOUR AREA

