# ## FIRST THINGS FIRST

Southeast Maricopa Region



2022 Needs and Assets Supplemental Report:

Children's Access to and Use of Public Health Services

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## **EXECUTIVE SUMMARY**

Under the direction of First Things First (FTF), the Arizona State University Center for Health Information & Research (CHiR) conducted a regional analysis of children from birth to age 5 to determine the health assets and health needs in the Southeast Maricopa Region. Southeast Maricopa consisted of the following subregions: Apache Junction, East Mesa, Gilbert, Queen Creek and West Mesa. The main data source was claims data from the Arizona Health Care Cost Containment System (AHCCCS), Arizona's Medicaid agency; therefore, the results presented in this report were for children and mothers who were enrolled in AHCCCS from 2017 to 2019. This population was denoted as AHCCCS children or AHCCCS women.

CHiR and representatives from the FTF Regions, Programs, and Evaluation teams determined priority indicators for this report. AHCCCS children's health was measured in the following categories: primary care and well-child visits, health care workforce, screening for lead poisoning, weight assessment and counseling, developmental health, behavioral health, vision, hearing, oral health, immunizations, maternal prenatal and postpartum care and health plan performance. Many of the reported indicators were from the Healthcare Effectiveness Data and Information Set (HEDIS)<sup>2</sup>. HEDIS is a performance improvement tool whereby health plans, health care organizations and government agencies submit data on specific health measures. HEDIS uses the collected data to calculate national performance statistics and benchmarks and set standards for measures. HEDIS specifications were applied to the AHCCCS population for each region. Non-HEDIS indicators, which do not have associated benchmarks, were compared to state and national data when possible. The results were displayed by gender, age, race, ethnicity, tribal affiliation<sup>3</sup>, provider type, and health plan when the data was available and within data suppression guidelines. The results of the analyses are summarized below. When possible, the results are grouped by 1) indicators that met or were above the state average or national HEDIS standards and 2) indicators that did not meet or were below the state average or national HEDIS standards. Other notable findings are also presented that do not have comparison data.

## Population and Demographics of Children Enrolled in AHCCCS

There were 234,616 children from birth to age 5 enrolled in AHCCCS statewide from 2017 to 2019. In Southeast Maricopa, there were 24,450 children enrolled in AHCCCS in 2017, 22,867 children enrolled in 2018 and 21, 926 children enrolled in 2019. Of these, male AHCCCS children outnumbered females by 4-6% annually. More than 60% of the AHCCCS children in Southeast Maricopa lived in the West Mesa

<sup>&</sup>lt;sup>1</sup> Data used in this report covers all AHCCCS members in Arizona, including members living in FTF tribal regions and subregions. Reports for tribal regions and subregions were carried out with specific approval from each tribe. For those tribal regions and subregions who did not give approval, data is included only in aggregate totals for Arizona, and—in the case of a tribal subregion—aggregate totals for the region.

<sup>&</sup>lt;sup>2</sup> See https://www.ncqa.org/hedis/

<sup>&</sup>lt;sup>3</sup> Tribal affiliation refers to whether an individual is a member of a federally recognized Arizona tribe and is displayed as a flag (Yes/No) in this report. This information is captured during enrollment in AHCCCS.

subregion. Approximately 7% of AHCCCS children were affiliated with a tribal community.<sup>4</sup> Around 30% of annual health claims were submitted by physicians, followed by pharmacy claims for prescription drugs (13-14%) and 10-11% of claims for habilitation which is training in independent living skills or special developmental skills, sensory-motor development, orientation and mobility and behavior intervention.

Approximately 10% of children enrolled in AHCCCS statewide lived in the Southeast Maricopa Region which is a significant portion of the AHCCCS population for this age group. There were more children from birth to age 2 (51-54%) than ages 3-5 (46-49%). AHCCCS children in the region were enrolled in various health plans covering all types of care, including children with special needs and long-term care. AHCCCS children were more likely to be enrolled in the largest health plans in Maricopa County, namely Mercy Care Health Plan (30%), United Healthcare (20-21%) and Steward Health Choice AZ (13-14%).

The population of young children enrolled in AHCCCS fell 10% over the period 2017 to 2019. More information on the region's population was needed to better understand this trend.

#### **Health Care Workforce**

The supply of physicians in the United States is tracked by the Association of American Medical Colleges biennially. Arizona had 160 hospitals individually licensed by the state which were subtyped as children, critical access, long term, short term, psychiatric, rehabilitation, transplant and non-participating. Southeast Maricopa Region had 12 short-term hospitals, one children's hospital and six Federally Qualified Health Centers.

The rate of available primary care physicians in the region was 14-17 primary care physicians per 1,000 AHCCCS children versus the statewide rate of 23-24 per 1,000 AHCCCS children. For primary care physicians accepting AHCCCS patients, the regional rate was 10-12 physicians per 1,000 AHCCCS children. For dentists accepting AHCCCS patients, the regional rate was 6-7 dentists per 1,000 AHCCCS children compared to 16-17 dentists per 1,000 AHCCCS children statewide.

We compared the distance that regional and statewide AHCCCS children needed to travel to the nearest provider type to assist in determining whether the population in the region may have access to care issues based on travel distance. For primary care, 70-72% of AHCCCS children in Southeast Maricopa Region traveled no more than one mile for services compared to 56-57% of AHCCCS children statewide. Another 25-27% of regional AHCCCS children traveled 5 or more miles to the nearest primary care provider compared to 34-35% of AHCCCS children statewide. A similar pattern was shown across the other providers; 94-100% of regional AHCCCS children traveled no more than 5 miles to the nearest provider compared to 80-92% of AHCCCS children statewide. Except for hospitals, 70-80% of regional AHCCCS children traveled one mile or less for services compared to 56-65% of statewide AHCCCS children.

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<sup>&</sup>lt;sup>4</sup> Tribal affiliation refers to whether an individual is a member of a federally recognized Arizona tribe and is displayed as a flag (Yes/No) in this report. This information is captured during enrollment in AHCCCS

## **Primary Care and Well-Child Visits**

Access to primary care is important for the health and well-being of children. Primary care practitioners (PCPs) provide appropriate screenings, treatment and preventive services. When children regularly visit a PCP, they are less likely to visit the emergency department for non-urgent care. Well-child visits are PCP visits scheduled at designated age intervals where a child's growth and development are measured and tracked according to national guidelines. PCPs examine a child holistically for physical, mental, emotional and social/environmental health during a well-child visit.

In Southeast Maricopa, 89% of AHCCCS children had at least one PCP visit annually compared to 85-86% of statewide AHCCCS children and 86-87% of Medicaid children nationally. Each subregion exceeded the AHCCCS Minimum Performance Standard (MPS)<sup>5</sup> of 84% with 86-97% of AHCCCS children ages 25 months to six years with an annual PCP visit. Over 92% of children ages 1-2 visited a PCP annually along with more than 85% of children ages 3-5. PCP visits were more likely for children who were Hispanic or Latino with more than 91% having an annual PCP visit. For PCP visits by race, 61-65% of Native American children enrolled in AHCCCS had an annual PCP visit compared to 86-92% of all other races.

Regionally, 54-60% of AHCCCS children birth to 15 months had six or more well-child visits compared to 53-60% of AHCCCS children statewide and 63-66% of Medicaid children nationally. The region and state rates were below the AHCCCS MPS of 65% (2017 and 2018) and 62% (2019) for this indicator. Ninety-five percent of AHCCCS children birth to 15 months in the region had at least one well-child visit. Apache Junction exceeded the MPS in 2017 at 67%, and West Mesa exceeded the MPS in 2019 at 62%.

For AHCCCS children ages 3-5, 62-64% of regional children had an annual well-child visit compared to 62-65% of statewide children and 72-74% of Medicaid children ages 3-6 nationally. Apache Junction subregion met the CMS median of 70% of children ages 3-6 receiving a well-child visit in 2017 compared to 62-65% of AHCCCS children statewide and 72-74% of Medicaid children nationally. Hispanic or Latino children had higher rates of well-child visits among all age groups. AHCCCS children ages 3-5 in West Mesa had annual well-child visits at rates of 64-66%.

## **Screening for Lead Poisoning**

Lead poisoning is a silent killer because often there are no symptoms. Exposure to lead can cause irreversible damage to the brain and other vital organs in children, as well as intellectual and behavioral deficits. To detect abnormal blood lead levels in children, screenings are conducted via a blood lead test. According to the Arizona Department of Health Services (ADHS), children who live in areas designated as

<sup>5</sup> Minimum Performance Standard (MPS) is the minimal expected level of performance by AHCCCS Contractors. AHCCCS-reported rates are the official rates used to determine Contractor compliance with performance requirements. If a Contractor does not achieve the MPS, they will be required to submit a

high-risk for lead poisoning should receive a blood lead test at 12 and 24 months of age, and older children who have not been previously tested should receive a blood lead test.<sup>6</sup>

From 2017 to 2019, 26% of regional AHCCCS children were screened for lead poisoning one or more times by their second birthday compared to 32-35% of AHCCCS children statewide. The West Mesa subregion had about 30% of AHCCCS children with one or more lead screenings compared to 14-23% of AHCCCS children in the other subregions. The state identified more zip codes in the Mesa areas as high-risk and fewer zip codes in the Gilbert and Queen Creek areas, which may have contributed to higher rates of testing in West Mesa.

## Weight Assessment and Counseling<sup>7</sup>

Childhood obesity has both short-term and long-term effects, so it is important for PCPs to monitor weight problems in children and provide guidance for maintaining a healthy weight and lifestyle. The prevalence of obesity among children aged 2–5 years in 2015-2016 was 14% according to a national survey. For this report, we focused on AHCCCS children ages 3-5.

AHCCCS children in Southeast Maricopa were assessed for weight at rates of 4-7% compared to 9-19% of AHCCCS children statewide. For nutrition, the region was assessed for weight at rates of 2-3% versus 4-5% of statewide AHCCCS children. Physical activity assessments were recorded for <1% of AHCCCS children in the region for all years and <1% for statewide AHCCCS children in 2017 and 2018.<sup>8</sup>

## **Developmental Screening and Delay**

During early childhood, children grow and develop at a rapid pace physically and cognitively. Although children develop skills at different times, there are guidelines that define the period when an average child should meet certain developmental milestones. National pediatric guidelines recommend developmental screenings during well-child visits for all children ages 9 months, 18 months, 2 years and 2.5 years. Developmental delay occurs when a child does not demonstrate mastery of developmental milestones. Developmental delays have been found to occur in 10-15% of preschool children nationwide.

CHiR found that developmental screening rates increased in regional AHCCCS children from 14% of claims in 2017 to 17% of claims in 2019 compared to statewide AHCCCS children's rates increasing from 10% to 14% of claims. Of those, 4-6% of regional AHCCCS children were diagnosed with developmental delay compared to 3-5% of statewide AHCCCS children. AHCCCS children ages 1-2 in Southeast Maricopa were most likely to receive a developmental screening (34-42%), and this age group exceeded the AHCCCS

<sup>7</sup> There was limited reporting in claims data as this information was most likely collected in the medical record, so the reported rates should be interpreted with caution.

<sup>&</sup>lt;sup>6</sup> https://www.azdhs.gov/preparedness/epidemiology-disease-control/lead-poisoning/index.php#high-risk-zip-codes-home

<sup>&</sup>lt;sup>8</sup> Physical Activity Counseling included sports physicals which generally were not provided to children in the early childhood age group.

statewide median rate of 33% in 2018. Hispanic or Latino AHCCCS children were more likely to be screened (38-48%) than Non-Hispanic or Latino AHCCCS children (32-39%).

AHCCCS children living in Gilbert (6-8%) and Queen Creek (7-8%) were more likely to be diagnosed with a developmental delay. AHCCCS Children who were male (4-7%) or ages 3-5 (5-8%) were more likely to have a diagnosis of developmental delay. After a diagnosis of developmental delay, behavioral health services were more likely to be provided to AHCCCS children in Gilbert (53-68%) and those who were male (49-67%), ages 3-5 (50-72%), part of a tribal community (46-68%) or Asian/Pacific Islander (64-79%). Behavioral health services were provided to 45-64% of regional AHCCCS children with a diagnosis versus 47-58% of AHCCCS children statewide. The percentage of children with a diagnosed developmental delay may be underreported if a child is diagnosed prior to enrolling in AHCCCS as their claims may not report the diagnosis.

#### **Behavioral Health**

The social-emotional development and adaptive functioning of a young child is as important as their physical health. Negative early childhood events can lead to behavioral and physical health problems in adulthood if behavioral health intervention services are not provided at the infant and toddler stages. For young children, behavioral health services <sup>9</sup> would likely include day programs, crisis services, rehabilitation services, health promotion, mental health counseling, psychiatric and psychologist services, and various support services.

Behavioral health service utilization for regional AHCCCS children increased from 12% in 2017 to 18% in 2019 compared to an increase of 11-16% for statewide AHCCCS children. AHCCCS children living in Gilbert (15-21%) and Queen Creek (19-21%) were more likely to receive behavioral health services than AHCCCS children living in the other subregions. Male AHCCCS children in the region (14-22%) were more likely to receive behavioral health services than female AHCCCS children (9-13%).

## Vision<sup>10</sup>

Visual impairment affects a child's development, performance, and quality of life. Fortunately, most vision problems are successfully treated when detected early through regular visits to PCPs, and well-child visits should include a vision screening. It has been estimated that 20% of preschool children in the United States have eye or vision problems. Arizona's Eyes on Learning Vision Coalition recommends a vision screening beginning at age one. Children ages 3-5 should have at least one vision screening by a PCP or trained screener, and annual screenings should be provided to children in kindergarten through fourth grade.

<sup>&</sup>lt;sup>9</sup> For more detail on AHCCCS behavioral health services, visit https://www.azahcccs.gov/Members/AlreadyCovered/coveredservices.html

<sup>&</sup>lt;sup>10</sup> Per the AHCCCS Medical Policy Manual, AHCCCS children should receive hearing and vision screenings during their well-child visits according to the periodicity schedule. Claims data does not specify each service provided during a well-child visit; thus, we cannot verify whether these screenings were provided according to the schedule. The rates in this report should be interpreted with caution.

In Southeast Maricopa, 52-53% of AHCCCS children received a vision screening or well-child visit compared to 43-47% of statewide AHCCCS children. Each subregion exceeded the state rates in 2017 - 2019 with 50-59% of the AHCCCS children having had a vision screening or well-child visit. Regional AHCCCS children ages 1-2 (73-75%) were more likely to receive an annual vision screening or well-child visit than ages 3-5 (62-64%). The same was true of Hispanic or Latino AHCCCS children (57-59%) versus Non-Hispanic or Latino AHCCCS children (49-51%). By race, 28-31% of Native American children enrolled in AHCCCS had a vision screening or well-child visit compared to 48-59% of all other races. Rates for eye exams were the same between regional and statewide AHCCCS children (4-5%). Eyes exams were more likely for regional AHCCCS children ages 3-5 (6-7%) than 1-2 (3-4%). Rates for treatment of significant eye conditions increased regionally and statewide for AHCCCS children to 60% in 2019.

## Hearing<sup>10</sup>

Most children begin hearing sounds at birth and learn to speak over time by imitating the sounds around them. However, it is reported that around two or three out of every 1,000 children are born deaf or hard-of-hearing in the United States, and more lose their hearing later in childhood. For children diagnosed with hearing loss, early detection, intervention and treatment would provide each child with the opportunity to develop better language and communication skills. Arizona strives to screen all infants before one month of age. Infants who do not pass the initial hearing screen and a rescreening, should be evaluated further to confirm or diagnose hearing loss before 3 months of age. Infants diagnosed with permanent hearing loss should receive intervention services before 6 months of age.

Around 99% (82,035) of all Arizona infants received a newborn hearing screening in 2017 which was slightly higher than the national rate of 98%. Less than 1% of all Arizona infants were diagnosed with permanent hearing loss, and of those, 42% were diagnosed before three months of age. Nationally, 10% of infants were diagnosed with permanent hearing loss, and of those, approximately 74% were diagnosed before three months of age. For AHCCCS children who needed additional audiology services of testing, evaluation and assessment after a hearing test, Southeast Maricopa reported 14-19% of children under age one received services compared to 9-12% of statewide AHCCCS children. All reported regions exceeded the state rates for additional audiology services after a hearing test for AHCCCS children under age one.

In Southeast Maricopa, 26-33% of AHCCCS children received a hearing screening at ages 1-5 compared to 20-28% of AHCCCS children statewide. All subregions performed better than the state in hearing screening for AHCCCS children ages 1-5 except for Apache Junction (all years) and Queen Creek (2019). For AHCCCS children ages 1-5 who needed additional audiology services after a hearing test, the region and state showed a decrease in AHCCCS children who received additional audiology services from 74% to 71% of regional AHCCCS children compared to 68% to 57% of statewide AHCCCS children. At the subregional level for ages 1-5, 67-95% of AHCCCS children received additional audiology services after a hearing test in all subregions except Apache Junction.

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<sup>10</sup> ibid

#### **Oral Health**

Oral health is a key indicator of overall health, well-being and quality of life. Access to dental care is necessary to maintain good oral health. Two preventative care dental visits are recommended annually for children. For young children, the application of fluoride varnish to primary and permanent teeth is also recommended to prevent cavities.

For Southeast Maricopa, 52-53% of AHCCCS children had at least one annual dental visit compared to 51-53% of AHCCCS children statewide. At the subregional level, Apache Junction met the minimum performance standard of 60% in 2017 for children with an annual dental visit. The recommended two annual preventative care dental visits were attended by 20-22% of AHCCCS children in the region versus 18-19% of AHCCCS children statewide. AHCCCS children in the region were more likely to have one annual preventative care dental visit (46-50%). Regionally, 49-50% of AHCCCS children ages 1-5 received fluoride varnish compared to 47-49% of AHCCCS children statewide. AHCCCS children in Apache Junction, East Mesa and West Mesa performed as well or better than AHCCCS children statewide on annual dental visits and applications of fluoride varnish.

## **Maternal Prenatal and Postpartum Care**

The health of women before pregnancy and after delivery significantly impacts their health and the health of their babies. Thus, it is important to focus on women's prenatal and postpartum care. Prenatal care involves regular visits to a health care provider to monitor the mother's health and health of the developing fetus. Women should have at least one prenatal visit in the first trimester of pregnancy. The period of up to 60 days following childbirth is called the postpartum period. Preexisting health conditions, social determinants, and newly developed conditions contribute to maternal morbidity and mortality during this period so at least one postpartum visit is recommended.

In the Southeast Maricopa Region, 85-87% of pregnant women began prenatal care in the first trimester compared to 84-86% of AHCCCS women statewide, which are both above the Healthy People 2030 target rate of 81%<sup>11</sup>. Nearly all subregions exceeded the Healthy People 2030 target rate except for Apache Junction in 2017 (77%) and 2019 (79%).

For postpartum care, 92-94% of regional AHCCCS women had at least one postpartum visit compared to 88-89% of AHCCCS women statewide and 64-75% of Medicaid women nationally. At the subregional level, 90% or more of AHCCCS women in all subregions received a postpartum visit except for AHCCCS women in Apache Junction in 2018 (82%) and 2019 (88%). Regional AHCCCS women of all races and ethnicities had high rates of postpartum visits from 87-95%.

[14]

<sup>&</sup>lt;sup>11</sup> https://health.gov/healthypeople/objectives-and-data/browse-objectives/pregnancy-and-childbirth/increase-proportion-pregnant-women-who-receive-early-and-adequate-prenatal-care-mich-08/data

#### **Health Plan Performance**

This section provided a selection of health indicators to compare results among AHCCCS children enrolled in each of the AHCCCS health plans available in the region. Nearly all regional health plans met or exceeded the AHCCCS statewide aggregate performance and MPS for PCP visits for ages 1-5, except for Banner University Family Care (2017 and 2019), Comprehensive Medical and Dental Program (CMDP) (2018), Department of Economic Security Developmentally Disabled, and Magellan Complete Care. For at least one well-child visit in the first 15 months, regional health plans ranged from 88% for Arizona Complete Care (2017) to 100% for Magellan Complete Care (2019).

For AHCCCS children having six or more well-child visits in the first 15 months, Arizona Complete Care (2019) and Care 1<sup>st</sup> (2019) met or exceeded the statewide aggregate health plan performance and MPS. Care 1<sup>st</sup> and Mercy Care Plan met or exceeded the statewide aggregate health plan performance in 2017 for six or more well-child visits in the first 15 months.

Care 1<sup>st</sup> (all years), Children's Rehabilitative Services (CRS) (2017 and 2018), and United Healthcare (2019) met or exceeded the statewide aggregate health plan performance and MPS for well-child visits for ages 3-5. Arizona Complete Health (all years), Mercy Care Plan (all years), Steward Health Choice AZ (all years), and United Healthcare (2017 and 2018) met or exceeded the statewide aggregate health plan performance for this indicator.

No regional AHCCCS health plan met or exceeded the statewide aggregate health plan performance or MPS for preventative care dental visits for ages 1-5, which may be due to the statewide indicator for preventative care dental visits including a significantly larger number of AHCCCS children ages 2-20.

#### Conclusion

From 2017 to 2019, Southeast Maricopa showed strong performance on the following AHCCCS children's and women's health indicators: annual PCP visits, developmental screenings of ages 1-2, timely prenatal and postpartum care visits, and travel distance for typical health care services. These achievements contributed to good health outcomes throughout the region. The areas where needs were identified for AHCCCS women and children included well-child visits; lead poisoning screenings; vision screenings; developmental screenings in ages 3-5; behavioral health services; and biannual preventative care dental visits. The information in this report can be combined with other available information to create a more comprehensive view of young children and women in the region for regional council planning.

## **INTRODUCTION**

## THE IMPORTANCE OF EARLY CHILDHOOD HEALTH

Under the direction of First Things First (FTF), the Arizona State University Center for Health Information & Research (CHiR) conducted a regional analysis of children from birth to age 5 to explore the health assets and needs in the FTF Southeast Maricopa Region. This report provides detailed health utilization and access to services for children birth through 5, along with prenatal and postpartum women, who were enrolled in the Arizona Health Care Cost Containment System (AHCCCS). Additional information is provided via medical board licensing data to further describe access to medical professionals and services contracted under AHCCCS. The goal is for the FTF Regional Partnership Councils to utilize the findings in this report when conducting regional planning discussions, as an additional resource and tool to the Regional Needs and Assets base report.

#### **DEFINITIONS**

#### Access to Care

This term refers to making health care services readily available when needed and removing all barriers.

## Age Groups

- Age is defined as the age of the patient on Dec. 31 of each given year. The age for a patient is
  constant through the report year. Special age breakdowns are listed for certain indicators that
  have an associated milestone.
- Infants: less than 1 year of age
- Toddlers: greater than or equal to 1 year of age to less than 3 years of age
- Preschooler: greater than or equal to 3 years of age to less than 6 years of age

#### Assets

An asset is a finding where young children or women appear to be faring well regarding utilization of or access to health care.

#### Behavioral Health

To determine whether children are receiving behavioral health services, we used the following definition: category of service on claim equals mental health services (category of service = 47) or primary diagnosis is a behavioral health diagnosis as listed in the AHCCCS Behavioral Health Services Matrix https://www.azahcccs.gov/PlansProviders/MedicalCodingResources.html.

#### Children

Unless noted otherwise, all references to children denote children, ages birth to 5, who are AHCCCS members.

#### CMS Median

The Centers for Medicare & Medicaid Services (CMS) annually collects and reports state performance rates on a standardized set of care quality measures for Medicaid and Children's Health Insurance Program beneficiaries, called the Child and Adult Core Set. The CMS Median is the average performance among reporting states for each measure.

#### Habilitation

Training in independent living skills or special developmental skills, sensory-motor development, orientation and mobility and behavior intervention.

## <u>Healthcare Effectiveness Data and Information Set</u>

The Healthcare Effectiveness Data and Information Set (HEDIS) is a tool produced by the National Committee for Quality Assurance (NCQA) that is used by most U.S. health plans to measure performance and quality in health care. HEDIS® contains over 90 measures under six domains of care: effectiveness of care, access/availability of care, experience of care, utilization and risk adjusted utilization, health plan descriptive information, and measures reported using electronic clinical data systems. The national committee collects HEDIS® survey results from health plans and Preferred Provider Organizations through the Healthcare Organization Questionnaire and collects non-survey data through the Interactive Data Submission System. HEDIS measures are specifically defined to make comparisons among health plans. The measurement set is reviewed annually. CHiR uses the AHCCCS claims within HEDIS. HEDIS measures have complicated numerator and denominator calculations, and therefore, are expressed and interpreted as rates.

#### **Health Plans**

Health plan categories include acute care, Children's Rehabilitative Services, Comprehensive Medical and Dental Program, Developmental Disability/Department of Economic Security, Long Term Care, and Fee-For-Service American Indian health plans.

## Minimum Performance Standard

Minimum Performance Standard (MPS) is the minimal expected level of performance by AHCCCS Contractors. AHCCCS-reported rates are the official rates used to determine Contractor compliance with performance requirements. If a Contractor does not achieve the MPS, they will be required to submit a corrective action plan and may be subject to sanctions for each deficient indicator.

## Needs

A need is an area where it appears that access or utilization of health care is low.

#### Postpartum Period

The AHCCCS postpartum period begins the day the pregnancy terminates and continues for 60 days following pregnancy termination.

## **Primary Care Physician Specialties**

Physicians included in the primary care specialty include Family Practitioner, General Practitioner, Internal Medicine and Pediatrician.

## Race/Ethnicity

Race and ethnicity are grouped and reported in the following manner.

- Race
  - Asian/Pacific Islander
  - o Black
  - Caucasian/White
  - Native American
  - Other/Unknown

- Ethnicity
  - Hispanic or Latino
  - Not Hispanic or Latino
  - Unknown

Up until 2017, AHCCCS only collected one race/ethnicity variable and used the Hispanic value to denote Hispanic or Latino origin. As of 2017, AHCCCS began collecting race and ethnicity as separate variables. Hispanic was retained as a race variable, but AHCCCS was phasing out its use; therefore, the decrease in the use of Hispanic in the race variable correlates to the increase in reporting of Unknown in the race variable. Ethnicity is reported separately beginning in 2018 and notes on its use in this report are below.

- Individuals who reported "Not Hispanic, Latino, Spanish" are not Hispanic or Latino origin.
- To denote those of Hispanic or Latino origin, we combine Mexican, Mexican American, Chicano, Puerto Rican, Cuban, Other Hispanic/Latino Origin, and Hispanic or Latino Unknown.
- All individuals who reported a race/ethnicity of Hispanic prior to 2017 were assigned a race of other/unknown and an ethnicity of Hispanic or Latino origin
- Ethnicity Unspecified refers to individuals who did not answer or were not provided the opportunity to give this information.
- Ethnicity Unknown means the individual chose to be unknown. AHCCCS started phasing out this category in October 2018.
- Data on multiracial individuals is not collected.

#### **Tribal Affiliation**

Tribal affiliation refers to whether an individual is a member of a federally recognized Arizona tribe and is displayed as a flag (Yes/No) in this report. This information is captured during enrollment in AHCCCS. This is based on AHCCCS-stated affiliation, not residential location.

#### Well-Child Visits

Children enrolled in AHCCCS receive well-child visits under the Early and Periodic Screening, Diagnostic and Treatment (EPSDT) Program. The EPSDT program provides comprehensive treatment and preventive health care services for children under age 21. The services include dental, physical, behavioral health, developmental, vision, hearing, screenings and other specialty services. EPSDT visits are all-inclusive, meaning one payment is made for all services rendered during the visit. Only certain services are billed

separately when conducted by qualified health care providers, and those are: nutritional assessments, developmental screenings, immunizations, fluoride varnish and ocular photo screening.

## Women

Unless noted otherwise, all references to women denote women who were AHCCCS members.

#### **APPROACH**

CHiR and representatives from the FTF Regions, Programs, and Evaluation teams determined priority indicators for this report. FTF provided the regional and subregional boundaries. Southeast Maricopa consisted of the following subregions: Apache Junction, East Mesa, Gilbert, Queen Creek and West Mesa. The main data source was claims data from the Arizona Health Care Cost Containment System (AHCCCS), Arizona's Medicaid agency; therefore, the results presented in this report were for children and mothers who were enrolled in AHCCCS from 2017 to 2019. This population was denoted as AHCCCS children or AHCCCS women.

AHCCCS children's health was measured in the following categories: primary care, well-child visits, health care workforce, screening for lead poisoning, weight assessment and counseling, developmental screening and delay, behavioral health, vision, hearing, oral health, immunizations, maternal prenatal and postpartum care, and health plan performance.

Many of the reported indicators were from the Healthcare Effectiveness Data and Information Set (HEDIS). HEDIS is a performance improvement tool whereby health plans, health care organizations and government agencies submit data on specific health measures. HEDIS used the collected data to calculate national performance statistics and benchmarks and set standards for measures. HEDIS specifications were applied to the AHCCCS population for each region. The denominators were listed within each indicator and are available on the National Committee for Quality Assurance website at <a href="https://www.ncqa.org/hedis/">https://www.ncqa.org/hedis/</a>. Inclusion generally required a child to have continuous enrollment for the reporting year with no more than one gap smaller than 45 days allowed. Some indicators also required enrollment in a period preceding the reporting year.

Non-HEDIS denominators were derived from the children who met the AHCCCS inclusion criteria for the region. The AHCCCS inclusion criteria were children ages 0-5 (0 <= age < 6) who were enrolled in AHCCCS in 2017, 2018, or 2019 and residing in Arizona regions defined by First Things First. Health claims were for paid services in 2017, 2018, or 2019. Additional AHCCCS enrollment requirements were indicator-based. The complete population of children covered by AHCCCS were not included due to the limitations on AHCCCS enrollment gaps which were not met by all children.

For the distance analysis that was reported in the health care workforce section, all AHCCCS-enrolled children were assigned coordinates on a map related to their residential address on file. Health providers were also assigned coordinates from their address on file or public address, if available. Each child's address was analyzed to determine the distance in miles to the closest provider for each provider type. The children were then grouped into distance ranges as percentages. The region and state percentages

were listed side-by-side to compare totals and determine if the population in the region may have access to care issues due to the distance required to travel for health services.

Data used in this report covered all AHCCCS members in Arizona, including members living in FTF tribal regions and subregions. Report creations for tribal regions and subregions was carried out with specific approval from the tribe. For those tribal regions that did not give approval, data was included only in aggregate totals for Arizona. In the case of a tribal subregion, only aggregate totals for the region were included.

#### REPORTING

There were 13 health topics discussed in this report. Each section began with context on the importance of the health topic before discussing the results from the AHCCCS claims data.

The AHCCCS results were presented at the regional level with state and national benchmarks provided for comparison, where available. When possible, the results were grouped by 1) indicators that met or were above the state average or national HEDIS standards and 2) indicators that did not meet or were below the state average or national HEDIS standards. Other notable findings were also presented that do not have comparison data. Most results were presented as percentages for standardization purposes and ease of comparison with benchmarks. The terms rate and percent were used interchangeably.

After reporting the general regional demographics, the results were displayed by gender, age group, race, ethnicity, tribal affiliation, provider type, and/or health plan when the data was available and within the data suppression guidelines stated below. Each section contained maps to display the results at the subregional level. The maps had a color gradient which compared the performance among the subregions for each indicator. A darker color denoted a higher percentage of individuals in the subregion who were included in the indicator. Percentages over 1% were rounded to the nearest whole number. Percentages less than 1% were denoted as "<1%".

A brief conclusion summarized how well the region was doing with regards to access and utilization of health care services and provided areas where the regional councils may want to focus during their regional planning conversations.

The Executive Summary was designed to provide the main findings and takeaways for the report. A definitions section explained the lesser-known terms. The data sources were detailed in the Appendix which follows the references. The report was hyperlinked for ease of navigating from the Table of Contents and the text to the associated topics, figures and tables.

To protect the confidentiality of program participants, the First Things First Data Dissemination and Suppression Guidelines preclude our reporting data related to health or developmental delay if the count is less than six. Throughout this report, information which was not available because of suppression guidelines will be indicated by entries of "<6" for counts or "DS" (data suppressed) for percentages. Data were sometimes not available for particular regions, either because a particular program did not operate in the region or because data were only available at a higher level (i.e., county, state, etc.). Cases where data were not available will be indicated by an entry of "N/A."

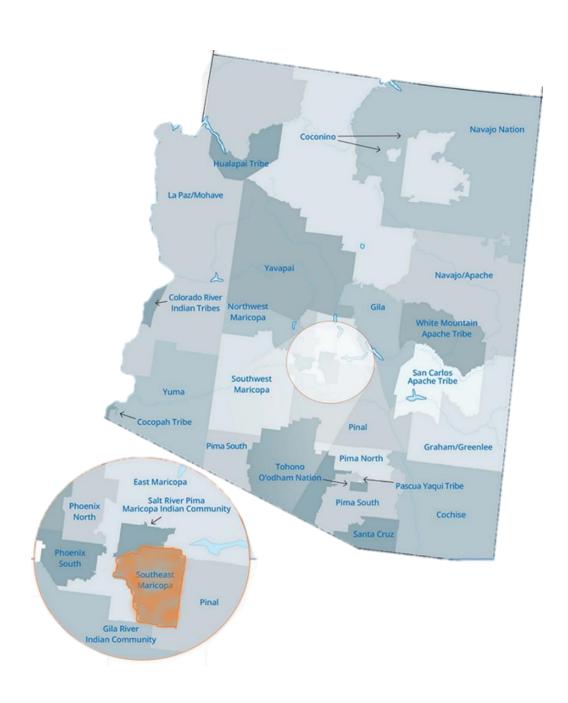
#### **DATA LIMITATIONS**

Most of the results in this report used AHCCCS claims and encounter data. While being limited to the population of children enrolled in Arizona Medicaid, this data source was also subject to coding errors and missing data for some indicators.

To best capture the full picture of childhood immunizations, a combination of data from claims, electronic health records, paper medical records and registry data was needed. AHCCCS used a combination of AHCCCS claims, Arizona State Immunization Information System (ASIIS) registry data and medical record data from its contractors to measure immunization rates internally. For this report, we used only AHCCCS claims as we did not have access to the other data sources. Since the AHCCCS claims data only included a subset of the immunizations of Arizona's children, our results showed substantially lower immunization rates than AHCCCS officially reports.

Per the AHCCCS Medical Policy Manual, AHCCCS children should receive hearing and vision screenings during their well-child visits according to the periodicity schedule. Claims data does not specify each service provided during a well-child visit; thus, we cannot verify whether these screenings were provided according to the schedule. The rates in this report should be interpreted with caution.

## **SOUTHEAST MARICOPA REGIONAL RESULTS**



#### POPULATION AND DEMOGRAPHICS OF CHILDREN ENROLLED IN AHCCCS

AHCCCS exists to make care affordable to the individuals and families it enrolls, including the approximately 235,000 children birth to age 5 who were enrolled in AHCCCS from 2017 to 2019.

There were 234,616 children from birth to age 5 enrolled in AHCCCS statewide from 2017 to 2019.

(AHCCCS Claims Data, 2021)

In Southeast Maricopa there were 24,450 children birth to age 5 enrolled in AHCCCS in 2017, 22,867 children enrolled in 2018 and 21,926 children enrolled in 2019. Of these, male children outnumbered females by 4-6% annually (Table 1). More than 60% of the children enrolled in AHCCCS in the Southeast Maricopa Region lived in the West Mesa subregion (Figure 1). Approximately 7% of regional AHCCCS children were affiliated with a tribal community (Figure 4). 12

Around 30% of annual health claims were submitted by physicians, followed by pharmacy claims for prescription drugs (13-14%) and 10-11% of claims for habilitation<sup>13</sup> (Table 3).

Approximately 10% of children enrolled in AHCCCS statewide lived in the Southeast Maricopa Region which is a significant portion of the AHCCCS population for this age group (Figure 1). There were more children from birth to age 2 (51-54%) than ages 3-5 (46-49%) (Table 2). AHCCCS children in the region were enrolled in various health plans covering all types of care, including children with special needs and long-term care (Figure 5). AHCCCS children were more likely to be enrolled in the largest health plans in Maricopa County, namely Mercy Care Health Plan (30%), United Healthcare (20-21%) and Steward Health Choice AZ (13-14%).

The population of young children enrolled in AHCCCS fell 10% over the period 2017 to 2019 (Table 1). More information on the region's population was needed to better understand this trend.

Table 1. Number of AHCCCS Children Birth to Age 5 by Year and Sex

development, orientation and mobility and behavior intervention.

Year	Female	Male	Total of AHCCCS-Enrolled Children
2017	11,899	12,551	24,450
2018	11,180	11,687	22,867
2019	10,651	11,275	21,926

Source: AHCCCS Claims Data, 2021. CHIR is the source for all processing of the AHCCCS data.

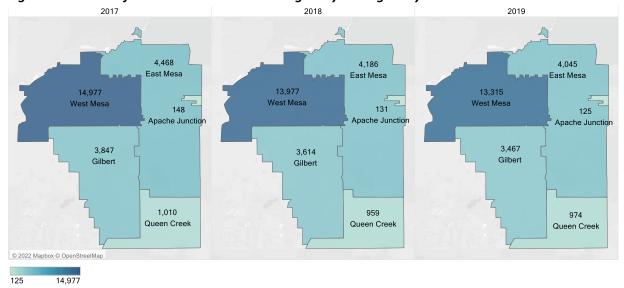
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 <sup>12</sup> Tribal affiliation refers to whether an individual is a member of a federally recognized Arizona tribe and is displayed as a flag (Yes/No) in this report. This information is captured during enrollment in AHCCCS
 13 Habilitation is training in independent living skills or special developmental skills, sensory-motor

Table 2. Number of AHCCCS Children Birth to Age 5 by Year and Age Group

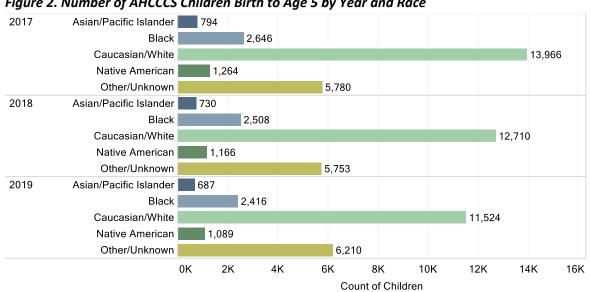
Year	Infant (under 1)	Toddler (1-2)	Preschooler (3-5)
2017	5,197	7,925	11,328
2018	4,923	7,000	10,944
2019	4,607	6,585	10,734

Figure 1. Number of AHCCCS Children Birth to Age 5 by Subregion by Year



Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Figure 2. Number of AHCCCS Children Birth to Age 5 by Year and Race



2017 Hispanic or Latino Not Hispanic or Latino 15,321 Unknown 171 2018 8,237 Hispanic or Latino Not Hispanic or Latino 14,564 Unknown 66 2019 Hispanic or Latino 7,639 Not Hispanic or Latino 14,186 Unknown 101 0K 2K 4K 6K 8K 10K 12K 16K 18K 14K Count of Children

Figure 3. Number of AHCCCS Children Birth to Age 5 by Year and Ethnicity

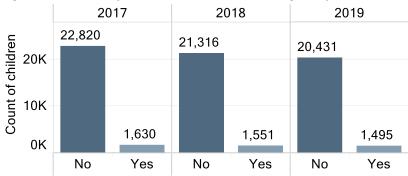


Figure 4. Number of AHCCCS Children Birth to Age 5 by Year and Tribal Affiliation

Figure 5. Number of AHCCCS Children by Year and Health Plan

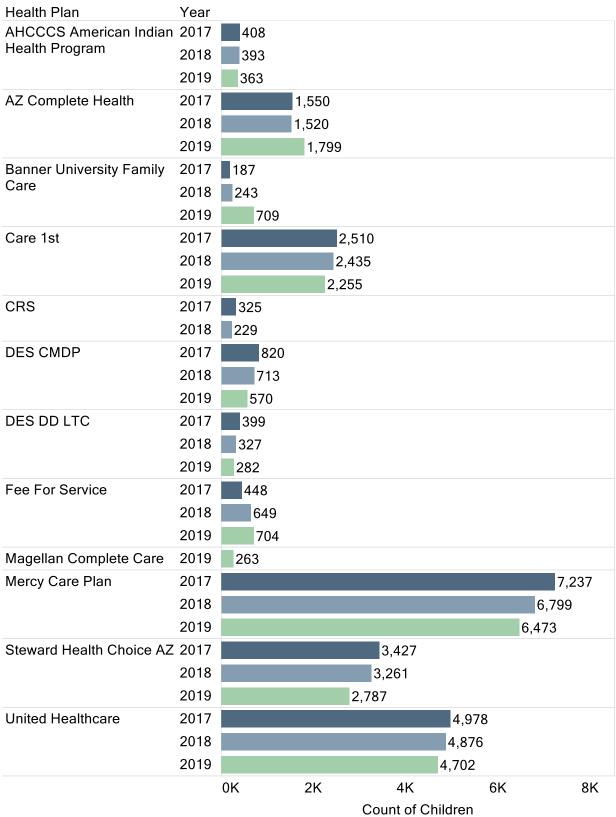


Table 3. Number of AHCCCS Claims by Provider Type (Billing Entity), 2017-2019

	20	17	20	18	2019		
Provider Type	Claims Count	Percent of Total	Claims Count	Percent of Total	Claims Count	Percent of Total	
Behavioral Health Outpatient Clinic	29,727	7%	20,330	5%	17,948	4%	
Dentist	18,318	4%	17,503	4%	16,887	4%	
Durable Medical Equipment Supplier	8,366	2%	8,411	2%	8,275	2%	
DO-Physician Osteopath	13,497	3%	13,692	3%	13,204	3%	
Federally Qualified Health Center (FQHC)	6,760	2%	6,405	1%	6,735	2%	
Habilitation Provider*	46,618	10%	49,311	11%	52,670	12%	
Home Health Agency	11,167	3%	10,880	3%	10,019	2%	
Hospital	28,188	6%	26,158	6%	27,440	6%	
Integrated Clinics**	2,131	<1%	4,455	1%	4,047	<1%	
Laboratory	11,480	3%	10,652	2%	10,373	2%	
MD-Physician	128,302	29%	18,629	27%	13,916	25%	
Non-Emergency Transportation Providers	2,914	<1%	2,414	<1%	2,187	<1%	
Occupational Therapist	14,027	3%	18,082	4%	20,644	5%	
Pharmacy	62,374	14%	58,242	13%	57,916	13%	
Physical Therapist	7,953	2%	8,316	2%	10,259	2%	
Physician Assistant	15,070	3%	16,664	4%	16,837	4%	
Registered Nurse Practitioner	15,091	3%	17,168	4%	16,552	4%	
Speech Language Pathology	3,848	<1%	6,418	1%	7,414	2%	
Speech/Hearing Therapist	15,990	4%	24,741	6%	30,992	7%	
Other	6,317	1%	5,189	1%	6,012	1%	

Note: \* Habilitation is training in independent living skills or special developmental skills, sensory-motor development, orientation and mobility and behavior intervention.

<sup>\*\*</sup> An Integrated Clinic is a provider licensed by the Arizona Department of Health Services as an Outpatient Treatment Center which provides both behavioral health services and physical health services.

#### HEALTH CARE WORKFORCE

The most current available data for all Arizona is shown below. Currently, Arizona has 160 hospitals individually licensed by the state which are subtyped as children, critical access, long term, short term, psychiatric, rehabilitation, transplant and non-participating (Arizona Department of Health Services, 2021). Southeast Maricopa Region had 12 short-term hospitals and one children's hospital. There were also six Federally Qualified Health Centers and a host of outpatient treatment centers, ambulatory surgical centers and other licensed medical facilities.

The rate of available primary care physicians in the region was 14-17 primary care physicians per 1,000 AHCCCS children (Table 5) versus the statewide rate of 23-24 per 1,000 AHCCCS children (Table 4). For primary care physicians accepting AHCCCS patients, the regional rate was 10-12 physicians per 1,000 AHCCCS children. For dentists accepting AHCCCS patients, the regional rate was 6-7 dentists per 1,000 AHCCCS children compared to 16-17 dentists per 1,000 AHCCCS children statewide.

In Table 6, we compared the distance that regional and statewide AHCCCS children needed to travel to the nearest provider type to assist in determining whether the population in the region may have access to care issues based on travel distance. For primary care, 70-72% of AHCCCS children in Southeast Maricopa Region traveled no more than one mile for services compared to 56-57% of AHCCCS children statewide. Another 25-27% of regional AHCCCS children traveled 5 or more miles to the nearest primary care provider compared to 34-35% of AHCCCS children statewide. A similar pattern was shown across the other providers; 94-100% of regional AHCCCS children traveled no more than 5 miles to the nearest provider compared to 80-92% of AHCCCS children statewide. Except for hospitals, 70-80% of regional AHCCCS children traveled one mile or less for services compared to 56-65% of statewide AHCCCS children.

Table 4. Supply of Key Health Professionals in Arizona, 2017-2019

Dravidor Tuno	20	17	20:	18	2019*	
Provider Type	Number	Rate	Number	Rate	Number	Rate
Total Active Physicians	16,345	70	17,356	74	N/A	N/A
Active Primary Care Physicians <sup>1</sup>	5,396	23	5,598	24	N/A	N/A
Pediatricians <sup>4</sup>	1,214	5	1,257	5	1,293	6
Active Registered and Practical Nurses <sup>2</sup>	N/A	N/A	101,599	433	104,434	445
Dentists <sup>3</sup>	3,796	16	3,903	17	4,012	17

Source: <sup>1</sup> (Association of American Medical Colleges, 2017). (Association of American Medical Colleges, 2019). <sup>2</sup> (National Council of State Boards of Nursing, 2021). <sup>3</sup> (American Dental Association, 2021). <sup>4</sup> (American Board of Pediatrics, 2020); (American Board of Pediatrics, 2019); (American Board of Pediatrics, 2018).

Note: The rates were calculated using the Arizona population of AHCCCS children birth to age 5 (N = 234,616). The national data on certified pediatricians excluded those who were over age 70 to better control for those who may have been deceased in recent years.

<sup>&</sup>lt;sup>1</sup> Data are from the 2017 and 2019 AMA Physician Masterfiles. Active physicians are federal and non-federal with an Arizona state license who work at least 20 hours per week.

<sup>\*</sup>Data on active physicians is not available for 2019.

Table 5. Supply of Key Health Professionals in Southeast Maricopa Region per 1,000 AHCCCS Children, 2017-2019

Provider N		17	2018		2019	
		Rate	Num	Rate	Num	Rate
Primary Care						
Primary Care – All Licensed Primary Care Physicians <sup>2</sup>	332	14	355	16	364	17
Physicians accepting AHCCCS <sup>1,2</sup> – Total	250	10	267	12	260	12
Physicians accepting AHCCCS – Pediatrics	97	4	103	5	104	5
Physicians accepting AHCCCS – Primary Care	153	6	164	7	156	7
Physicians with ≥250 AHCCCS patients per year (all ages)		6	150	7	152	7
Behavioral Health – AHCCCS <sup>1</sup>						
Behavioral Health Physician Specialty or Allied Health Professional	249	10	279	12	321	15
Primary Care with Behavioral Health Services*	10	0	17	1	19	1
Other						
Dentist – accepting AHCCCS <sup>2</sup>	145	6	146	6	150	7
Hospital <sup>1,3</sup>	11	0	11	0	11	1
Pharmacy <sup>1,4</sup>	108	4	108	5	108	5

Source: <sup>1</sup>AHCCCS Claims Data, 2021. <sup>2</sup>Arizona Medical Board and Arizona Board of Osteopathic Medical Examiners in Medicine and Surgery, 2021. <sup>3</sup> (Arizona Department of Health Services, 2021) <sup>4</sup> (RXOpen dataset, accessed from data.gov, 2020). CHiR was the source for all processing of the AHCCCS and Workforce data.

Note: The rate was calculated using the regional population of AHCCCS children birth to age 5 (N = 24,450 for 2017, N = 22,867 for 2018 and N = 21,926 for 2019). Pharmacies that were co-located with hospitals or clinics were not captured in the data. Hospital and pharmacy historic data was not available, so all numbers are based on the most recent data available.

<sup>\*</sup> This includes Federally Qualified Health Clinics and Integrated Clinics. These facilities provide both behavioral health services and physical health services.

Table 6. Percent of AHCCCS Children Grouped by Travel Distance Between Provider and Child's Residence by Provider Type for Region and Arizona, 2017-2019

Duniday Time /NAiles	Vaar	0-1 M	liles	1-5 M	iles	5-10 Miles		10+ Miles		Unknown**	
Provider Type/Miles	Year	Region	ΑZ	Region	ΑZ	Region	ΑZ	Region	ΑZ	Region	ΑZ
Behavioral Health	2017	77%	62%	22%	30%	<1%	3%	<1%	2%	1%	4%
Specialty or Primary Care with Behavioral Health	2018	77%	64%	22%	27%	<1%	3%	<1%	2%	1%	3%
Services*	2019	79%	65%	20%	27%	<1%	3%	<1%	2%	1%	4%
	2017	72%	62%	27%	29%	<1%	3%	<1%	4%	1%	2%
Dentist	2018	74%	63%	26%	29%	<1%	3%	<1%	3%	1%	3%
	2019	73%	63%	26%	28%	<1%	3%	<1%	3%	1%	3%
	2017	9%	11%	85%	69%	5%	9%	<1%	10%	<1%	<1%
Hospital	2018	9%	12%	85%	69%	5%	9%	<1%	11%	<1%	<1%
	2019	9%	12%	85%	69%	5%	9%	<1%	11%	<1%	<1%
	2017	80%	64%	20%	26%	<1%	3%	<1%	7%	<1%	<1%
Pharmacy	2018	80%	64%	20%	26%	<1%	3%	<1%	7%	<1%	<1%
	2019	79%	64%	21%	26%	<1%	3%	<1%	7%	<1%	<1%
	2017	72%	56%	26%	34%	<1%	4%	<1%	4%	2%	3%
Primary Care	2018	72%	56%	25%	35%	<1%	3%	<1%	4%	2%	3%
	2019	70%	57%	27%	34%	<1%	3%	<1%	4%	3%	3%

Source: <sup>1</sup> AHCCCS Claims Data, 2021; (Arizona Medical Board and Arizona Board of Osteopathic Medical Examiners in Medicine and Surgery, 2021). CHiR was the source for all processing of the AHCCCS and Workforce data.

Notes: See the Approach section for details on the methodology. Pharmacies that were co-located with hospitals or clinics were not captured in the data. Hospital and pharmacy historic data was not available, so all numbers are based on most recent data available. \*Behavioral Health providers includes primary care providers that offer behavioral health services. \*\*The Unknown column captured children who did not have an exact-match address, so the number of miles to the nearest provider could not be accurately calculated.

#### PRIMARY CARE

Access to primary care is important for the health and well-being of children. Primary care practitioners (PCPs) provide appropriate screenings, treatment and preventive services. When children regularly visit a PCP, they are less likely to visit the emergency department for non-urgent care (Transforming Clinical Practice Initiative, 2019) (Piehl, Clemens, & Joines, 2000).

The inclusion criteria for this indicator were children ages 25 months to six years enrolled in AHCCCS the previous 12 months who had at least one claim with a primary care provider, which includes primary care physicians, nurse practitioners and physician assistants.

Statewide, 85-86% of AHCCCS children ages 25 months to six years had at least one annual PCP visit from 2017 to 2019.

(Arizona Health Care Cost Containment System, July 2021) In Southeast Maricopa, 89% of AHCCCS children had at least one PCP visit annually compared to 85-86% of statewide AHCCCS children (Table 7) and 86-87% of Medicaid children nationally. In Figure 6, each subregion exceeded the AHCCCS Minimum Performance Standard (MPS)14 of 84% with 86%-97% of AHCCCS children ages 25 months to six years with an annual PCP visit. Over 92%

of children ages 1-2 visited a PCP annually along with more than 85% of children ages 3-5 (Figure 7). PCP visits were more likely for children who were Hispanic or Latino with more than 91% having an annual PCP visit (Figure 7). For PCP visits by race in Figure 7, 61-65% of Native American children enrolled in AHCCCS had an annual PCP visit compared to 86-92% of all other races.

Table 7. Arizona and Regional AHCCCS Rates for PCP Visits, 2017-2019

Indicator/Year	20	17	20	18	2019		
mulcatory rear	Region	Arizona	Region	Arizona	Region	Arizona	
Access to Primary Care	89%	85%	89%	85%	89%	86%	

<sup>&</sup>lt;sup>14</sup> Minimum Performance Standard (MPS) is the minimal expected level of performance by AHCCCS Contractors. AHCCCS-reported rates are the official rates used to determine Contractor compliance with performance requirements. If a Contractor does not achieve the MPS, they will be required to submit a corrective action plan and may be subject to sanctions for each deficient indicator.

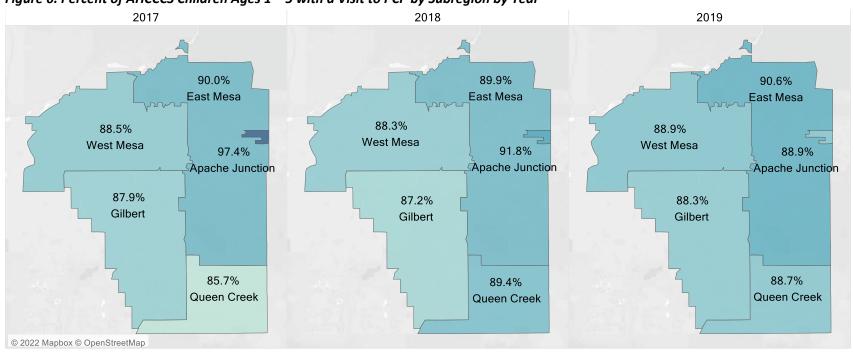


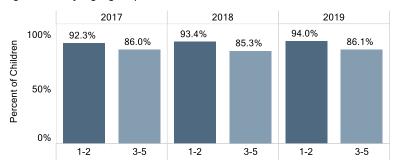
Figure 6. Percent of AHCCCS Children Ages 1 – 5 with a Visit to PCP by Subregion by Year

Regional Range

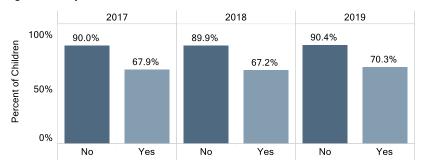
85.7% 97.4%

Figure 7. Percent of AHCCCS Children Ages 1 – 5 with a Visit to PCP by Age Group, Tribal Affiliation, Ethnicity, Race and Year

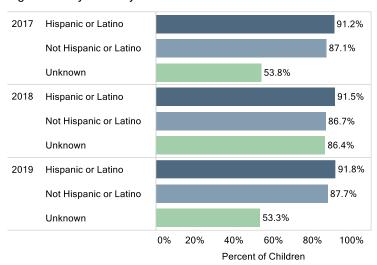
Percent of children with a visit to primary care practitioner ages 1 - 5 by age group



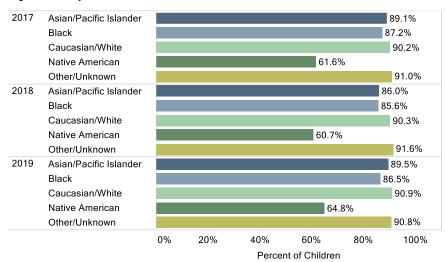
Percent of children with a visit to primary care practitioner ages 1 - 5 by tribal affiliation



Percent of children with a visit to primary care practitioner ages 1 - 5 by ethnicity



Percent of children with a visit to primary care practitioner ages 1 - 5 by race



#### WELL-CHILD VISITS

Well-child visits provide an opportunity for PCPs to examine a child holistically for physical, mental, emotional and social/environmental health. A child's growth and development are tracked during a well-child visit. Screenings, counseling and immunizations take place at well-child visits. PCPs can instill healthy behaviors in children by reinforcing their importance during well-child visits. Parents and caregivers can team up with PCPs to address concerns. Creating a trusted relationship between the PCP and child is important as the child ages and develops, so these visits are beneficial to everyone involved (Moreno, 2018); (Sturgeon, 2015).

This HEDIS indicator assesses whether children who turned 15 months old during the measurement year had one or more well-child visits since birth, categorized by number of visits from one to six or more. A separate HEDIS indicator assesses whether children ages 3-5 had an annual well-child visit.

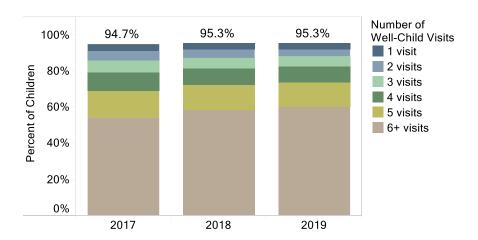
Regionally, 54-60% of AHCCCS children birth to 15 months had six or more well-child visits compared to 53-60% of AHCCCS children statewide (Table 8) and 63-66% of Medicaid children nationally. The region and state rates were below the AHCCCS MPS of 65% (2017 and 2018) and 62% (2019) for this indicator. Figure 8 showed that 95% of AHCCCS children birth to 15 months in the region had at least one well-child visit. Apache Junction exceeded the MPS in 2017 at 67%, and West Mesa exceeded the MPS in 2019 at 62% in Figure 9.

For AHCCCS children ages 3-5 in Table 8, 62-64% of regional children had an annual well-child visit compared to 62-65% of statewide children and 72-74% of Medicaid children ages 3-6 nationally. Apache Junction subregion met the CMS median of 70% of children ages 3-6 receiving a well-child visit in 2017 (Figure 9) compared to 62-65% of AHCCCS children statewide (Table 8) and 72-74% of Medicaid children nationally. Hispanic or Latino children had higher rates of well-child visits among all age groups (Figure 10 and Figure 12). AHCCCS children ages 3-5 in West Mesa had annual well-child visits at rates of 64-66% (Figure 11).

Table 8. Arizona and Regional AHCCCS Rates for Well-Child Visits, 2017-2019

Indicator/Year	2017		2018		2019	
	Region	Arizona	Region	Arizona	Region	Arizona
Six or More Well-Child Visits in First 15 Months of Life	54%	53%	59%	58%	60%	60%
Annual Well-Child Visit, Ages 3-5	62%	62%	63%	63%	64%	65%

Figure 8. Percent of Regional AHCCCS Children by Number of Well-Child Visits Completed During Their First 15 Months by Number of Visits and Year



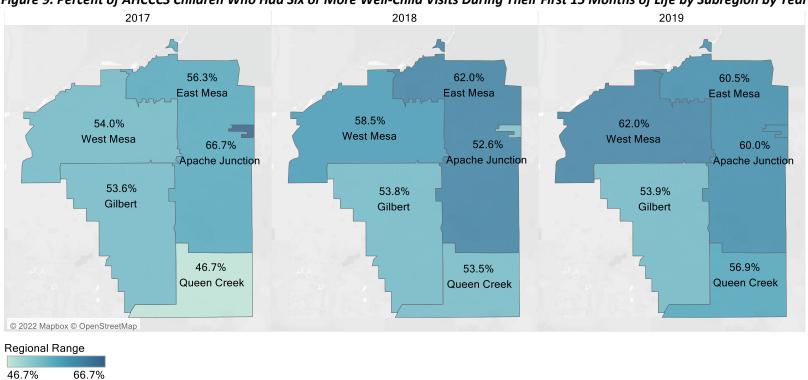
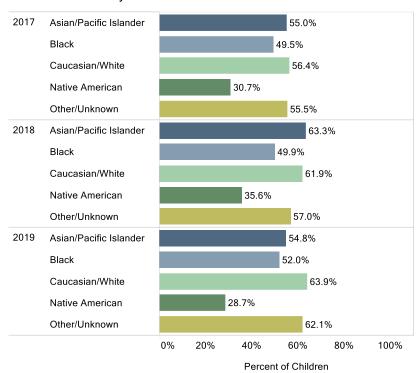


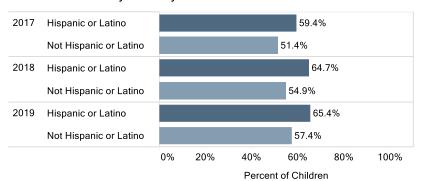
Figure 9. Percent of AHCCCS Children Who Had Six or More Well-Child Visits During Their First 15 Months of Life by Subregion by Year

Figure 10. Percent of AHCCCS Children Who Had Six or More Well-Child Visits During Their First 15 Months of Life by Race, Ethnicity, Tribal Affiliation and Year

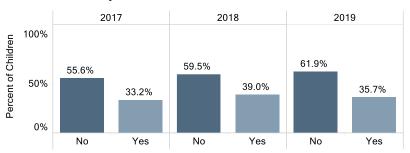
Percent of children with six or more well-child visits during their first 15 months of life by race



Percent of children with six or more well-child visits during their first 15 months of life by ethnicity



Percent of children with six or more well-child visits during their first 15 months of life by tribal affiliation



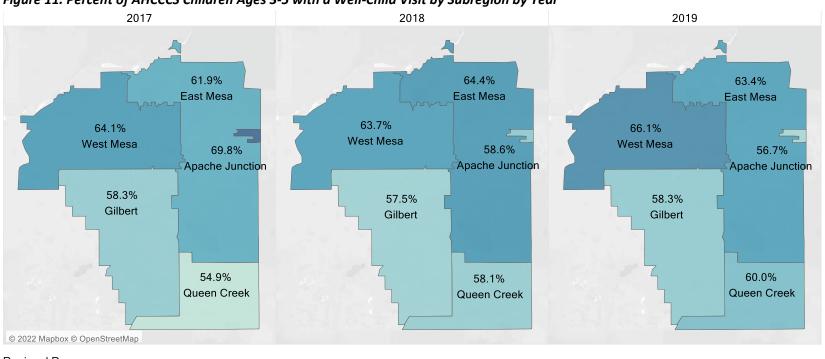
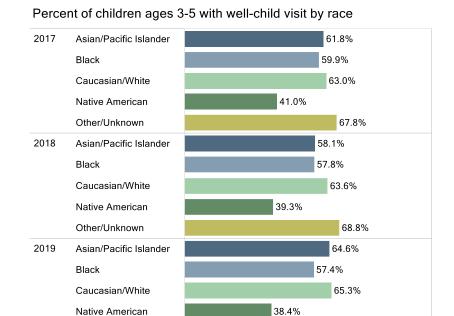


Figure 11. Percent of AHCCCS Children Ages 3-5 with a Well-Child Visit by Subregion by Year

Regional Range

54.9% 69.8%

Figure 12. Percent of AHCCCS Children Ages 3-5 with a Well-Child Visit by Subregion by Year

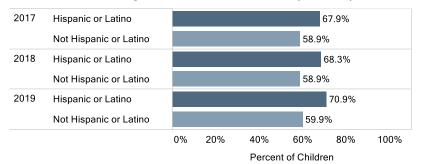


0%

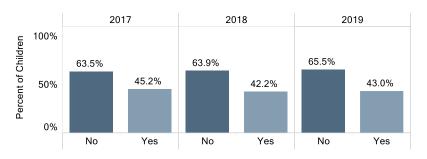
20%

Other/Unknown

# Percent of children ages 3-5 with well-child visit by ethnicity



## Percent of children ages 3-5 with a well-child visit by tribal affiliation



Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

60%

Percent of Children

40%

70.0%

80%

100%

### SCREENING FOR LEAD POISONING

Exposure to lead can cause damage to the brain and other vital organs, as well as intellectual and behavioral deficits. Because children who are exposed to lead often have no obvious symptoms, lead poisoning often goes unrecognized. Screening for lead via a capillary or venous blood lead test is an easy way to detect an abnormal blood lead level in children. There is no safe blood lead level. If not found early, exposure to lead and high blood lead levels can lead to irrevocable effects on a child's physical and mental health (Arizona Department of Health Services, 2006); (Arizona Department of Health Services, 2003); (National Center for Environmental Health, 2020).

In Arizona, blood lead results are reportable to the Arizona Department of Health Services (ADHS) for children less than six years old. According to ADHS, children who live in areas designated as high-risk<sup>15</sup> for lead poisoning should receive a blood lead test at 12 and 24 months of age, and older children who have not been previously tested should receive a blood lead test. ADHS reported 61,391 children under age six (14% of children under age 5) were screened in 2019, and 40,773 (66%) of those children lived in high-risk areas. Of the children living in high-risk areas, 29% were screened at 12 months of age, and 19% were screened at 24 months of age. Only 10% of children were screened at both intervals (Arizona Department of Health Services, 2021).

From 2017 to 2019, 26% of regional AHCCCS children were screened for lead poisoning one or more times by their second birthday compared to 32-35% of AHCCCS children statewide (Table 9). In Figure 13, the West Mesa subregion had about 30% of AHCCCS children with one or more lead screenings compared to 14-23% of AHCCCS children in the other subregions. The state identified more zip codes in the Mesa areas as high-risk and fewer zip codes in the Gilbert and Queen Creek areas, which may have contributed to higher rates of testing in West Mesa.

Table 9. Arizona and Regional AHCCCS Rates for Lead Poisoning Screening, 2017-2019

Indicator/Year	2017		2018		2019	
indicatory rear	Region	Arizona	Region	Arizona	Region	Arizona
One or More Tests for Lead Poisoning by Second Birthday	26%	32%	26%	34%	26%	35%

Source: AHCCCS Claims Data, 2021. CHIR is the source for all processing of the AHCCCS data.

<sup>15</sup> Interactive map of Arizona neighborhoods to identify those considered to be high-risk is online at

http://www.azhealth.gov/leadmap

[41]

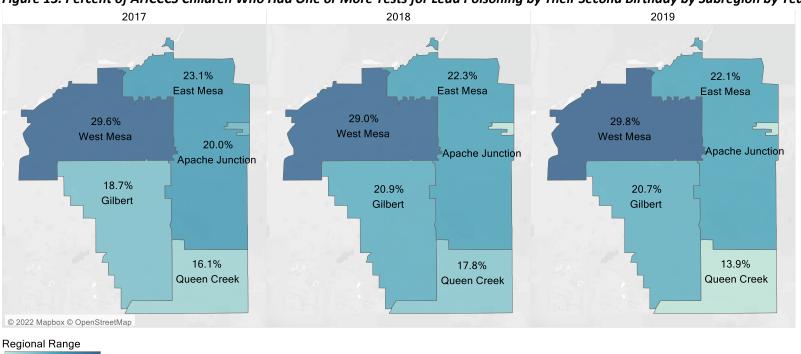


Figure 13. Percent of AHCCCS Children Who Had One or More Tests for Lead Poisoning by Their Second Birthday by Subregion by Year

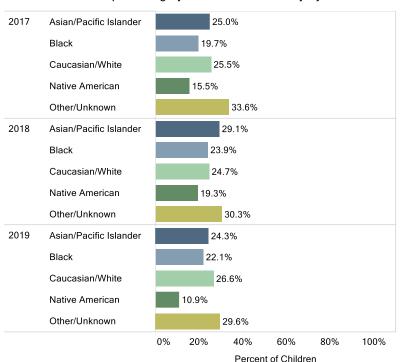
Regional Range
13.9% 29.8%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

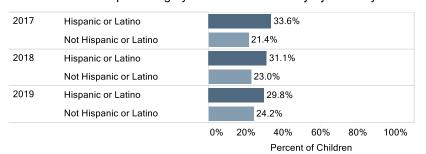
Note: Data for Apache Junction for 2018-2019 was under the data suppression threshold of < 6 people.

Figure 14. Percent of AHCCCS Children Who Had One or More Tests for Lead Poisoning by Their Second Birthday by Race, Ethnicity, Tribal Affiliation and Year

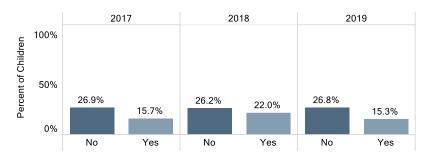
Percent of children who had one or more capillary or venous lead blood test for lead poisoning by their second birthday by race



Percent of children who had one or more capillary or venous lead blood test for lead poisoning by their second birthday by ethnicity



Percent of children who had one or more capillary or venous lead blood test for lead poisoning by their second birthday by tribal affiliation



### WEIGHT ASSESSMENT AND COUNSELING

Childhood obesity has both short-term and long-term effects, so it is important for PCPs to monitor weight problems in children and provide guidance for maintaining a healthy weight and lifestyle. The prevalence of obesity among children aged 2–5 years in 2015-2016 was 14% according to the National Health and Nutrition Examination Survey (Hales, Carroll, Fryar, & Ogden, 2017). For this report, we focused on AHCCCS children ages 3-5.

AHCCCS children in Southeast Maricopa were assessed for weight <sup>16</sup> at rates of 4-7% in Figure 15 compared to 9-19% of AHCCCS children statewide (Table 10). For nutrition, the region was assessed for weight at rates of 2-3% versus 4-5% of statewide AHCCCS children. Physical activity assessments were recorded for <1% of AHCCCS children in the region for all years and <1% for statewide AHCCCS children in 2017 and 2018. It is important to note that there was limited reporting in claims data as this information was most likely collected in the medical record, so these rates should be interpreted with caution. The national HEDIS Medicaid rates were reported in Table 11; these rates included children ages 3-17, and therefore, were not strictly comparable to the region or state rates for AHCCCS children ages birth to 5. Also, Physical Activity Counseling included sports physicals which were likely not provided to children in the early childhood age group.

Table 10. Arizona AHCCCS Rates for Weight Assessment and Counseling, Ages Birth to 5, 2017-2019

Indicator/Year	2017	2018	2019
BMI Assessment	9%	12%	19%
Nutrition Counseling	4%	5%	5%
Physical Activity Counseling	<1%	<1%	1%

Source: AHCCCS Claims Data, 2021. CHIR is the source for all processing of the AHCCCS data.

Table 11. National Medicaid HEDIS Rates for Weight Assessment and Counseling, Ages 3-17 Years, 2017-2019

Indicator/Year	2017	2018	2019
BMI Assessment	73%	74%	77%
Nutrition Counseling	67%	67%	68%
Physical Activity Counseling	61%	62%	64%

Source: (National Committee for Quality Assurance, 2021).

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<sup>&</sup>lt;sup>16</sup> Under HEDIS, the rates for weight assessment are an evaluation of whether Body mass index (BMI) percentile is accessed and does not determine the absolute BMI value. The diagnosis codes for pediatric BMI included: Z68.51 (< 5th percentile for age), Z68.52 (5th percentile to < 85th percentile for age), Z68.53 (85th percentile to < 95th percentile for age) and Z68.54 (≥ 95th percentile for age).

2017 BMI Nutrition 1.7% Phys. Ed. 0.1% 2018 BMI 6.3% Nutrition 2.4% Phys. Ed. 0.6% 2019 BMI 7.2% Nutrition 2.8% Phys. Ed. 0.8% 0% 5% 10% 15% 20%

Figure 15. Percent of AHCCCS Children Ages 3-5 Who Had Weight Assessment and Counseling by Year

Percent of Children

Note: Each of the three items above is a different indicator. Because BMI norms for youth vary with age and gender, this indicator evaluates whether BMI percentile is assessed, rather than an absolute BMI value.

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

### **DEVELOPMENTAL SCREENING AND DELAY**

During early childhood, children grow and develop at a rapid pace physically and cognitively. Although children develop skills at different times, there are guidelines that define the period when an average child should meet certain developmental milestones. The American Academy of Pediatrics recommends developmental screenings during well-child visits for all children ages 9 months, 18 months, 2 years months and 2.5 years (Centers for Disease Control and Prevention). Parents may also notice concerns they have about their child's development and discuss them with their child's health care provider.

Developmental delay occurs when a child does not demonstrate mastery of developmental milestones, and the delay can range from mild to severe. Developmental delays have been found to occur in 10-15% of preschool children (Choo, Agarwal, How, & Yeleswarapu, 2019). The National Health Interview Survey found that from 2015-2018, 18% of U.S. children ages 3-17 years had at least one developmental disability (Zablotsky & Black, 2020). After being diagnosed with a developmental delay, children should be referred to appropriate behavioral health services.

AHCCCS PCPs use developmental screening tools during 9-month, 18-month and 24-month well-child visits. Developmental screenings are assessed in claims data using billing code CPT 96110. AHCCCS has an active Performance Improvement Project to increase the number of screenings in its eligible populations (Arizona Health Care Cost Containment System, 2021). AHCCCS analyzed its own performance on developmental screenings using several data sources and reported 26% (Median = 42%) of eligible members in acute care screened in 2017 and 30% (Median = 33%) screened in 2018. Rates for AHCCCS children in foster care were 34% and 38% for the same years, respectively. AHCCCS also analyzed the 2018 data for disparities and found disparities in five of Arizona's 15 Counties: Apache, Gila, Navajo, Santa Cruz and Yavapai. Racial disparity was also demonstrated for the American Indian population.

In Figure 16 and Table 12., CHiR found that developmental screening rates increased in regional AHCCCS children from 14% of claims in 2017 to 17% of claims in 2019 compared to statewide AHCCCS children's rates increasing from 10% to 14% of claims. Of those, 4-6% of regional AHCCCS children were diagnosed with developmental delay compared to 3-5% of statewide AHCCCS children. AHCCCS children ages 1-2 in Southeast Maricopa were most likely to receive a developmental screening (34-42%), and this age group exceeded the AHCCCS statewide median rate of 33% in 2018. Hispanic or Latino AHCCCS children were more likely to be screened (38-48%) than Non-Hispanic or Latino AHCCCS children (32-39%) (Figure 17).

AHCCCS children living in Gilbert (6-8%) and Queen Creek (7-8%) were more likely to be diagnosed with a developmental delay in Figure 18. AHCCCS Children who were male (4-7%) or ages 3-5 (5-8%) were more likely to have a diagnosis of developmental delay (Figure 19). After a diagnosis of developmental delay, behavioral health services were more likely to be provided to AHCCCS children in Gilbert (53-68%) (Figure 20) and those who were male (49-67%), ages 3-5 (50-72%), part of a tribal community (46-68%) or Asian/Pacific Islander (64-79%) (Figure 21). Behavioral health services were provided to 45-64% of regional AHCCCS children with a diagnosis versus 47-58% of AHCCCS children statewide (Table 12.). The percentage of children with a diagnosed developmental delay may be underreported if a child is diagnosed prior to enrolling in AHCCCS as their claims may not report the diagnosis.

Table 12. Arizona and Regional AHCCCS Rates for Developmental Screenings and Delay, 2017-2019

Indicator/Year	2017		2018		2019	
indicatory rear	Region	Arizona	Region	Arizona	Region	Arizona
Developmental Screening, Ages Birth to 5	14%	10%	16%	11%	17%	14%
Developmental Delay, Ages Birth to 5	4%	3%	5%	4%	6%	5%
Developmental Delay and Behavioral Health Services, Ages 3-5	50%	49%	45%	47%	64%	58%

Source: AHCCCS Claims Data, 2021. CHIR is the source for all processing of the AHCCCS data.

Table 13. Percent of Claims by Provider Type for AHCCCS Children Receiving Developmental Screenings, 2017-2019

	2017		20	18	2019	
Provider Type	Claims Count		Claims Count	Percent of Total	Claims Count	Percent of Total
Federally Qualified Health Center (FQHC)	10	<1%	14	<1%	73	2%
Physician – MD/DO	3,721	82%	3,375	73%	3,480	71%
Physician Assistant	476	10%	707	15%	829	17%
Registered Nurse Practitioner	348	8%	538	12%	492	10%

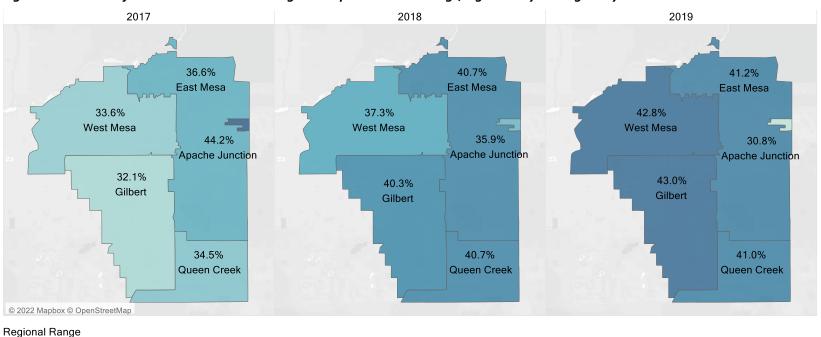
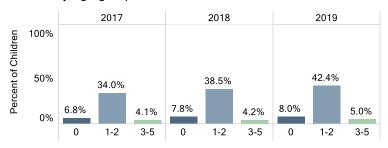


Figure 16. Percent of AHCCCS Children Receiving Developmental Screenings, Ages 1-2 by Subregion by Year

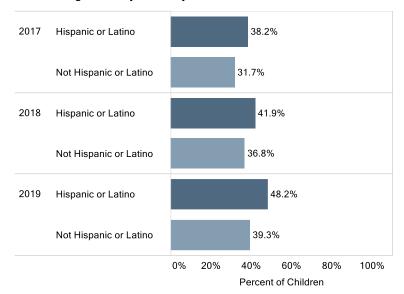
Regional Range 30.8% 44.2%

Figure 17. Percent of AHCCCS Children Receiving Developmental Screenings by Age Group, Tribal Affiliation, Ethnicity, Race and Year

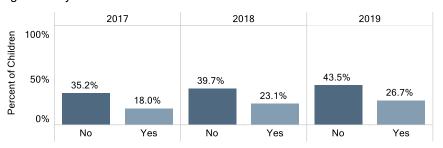
Percent of children receiving developmental screenings over all children by age group



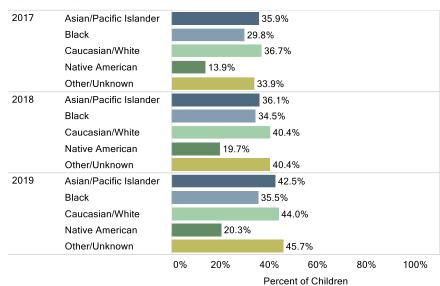
Percent of children receiving developmental screenings over all children ages 1-2 by ethnicity



Percent of children receiving developmental screenings over all children ages 1-2 by tribal affiliation



Percent of children receiving developmental screenings over all children ages 1-2 by race



Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: Since developmental delay screenings are more likely to take place for those ages 1-2, the other analyses focus on that age group.

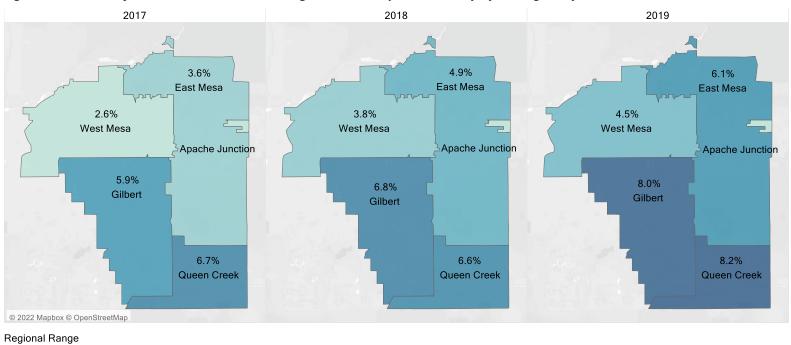


Figure 18. Percent of AHCCCS Children with a Diagnosed Developmental Delay by Subregion by Year

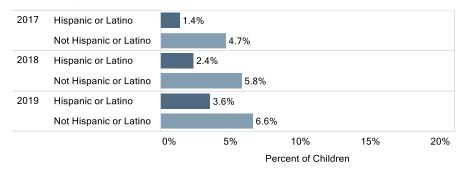
Regional Range
2.6% 8.2%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

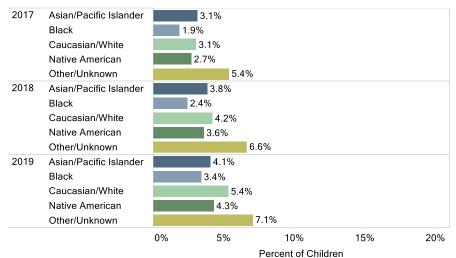
Note: Data for Apache Junction was under the data suppression threshold of < 6 people.

Figure 19. Percent of AHCCCS Children with a Diagnosed Developmental Delay by Ethnicity, Race, Sex, Tribal Affiliation, Age Group and Year

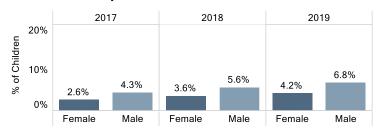
Percent of children with a diagnosed developmental delay over all children by ethnicity



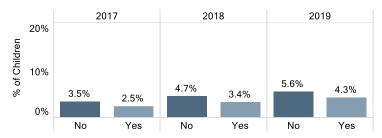
Percent of children with a diagnosed developmental delay over all children by race



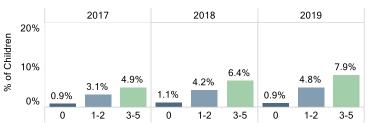
Percent of children with a diagnosed developmental delay over all children by sex



Percent of children with a diagnosed developmental delay over all children by tribal affiliation



Percent of children with a diagnosed developmental delay over all children by age group



2017 2019 2018 45.3% 48.5% 69.0% East Mesa East Mesa East Mesa 45.4% 39.4% 59.8% West Mesa West Mesa West Mesa Apache Junction Apache Junction Apache Junction 55.9% 67.4% 52.6% Gilbert Gilbert Gilbert 60.3% 46.0% 62.5% Queen Creek Queen Creek Queen Creek © 2022 Mapbox © OpenStreetMap

Figure 20. Percent of AHCCCS Children with a Diagnosed Developmental Delay Who Have Received Behavioral Health Services by Subregion by Year

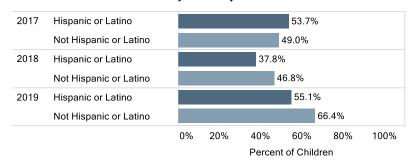
Regional Range
39.4% 69.0%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

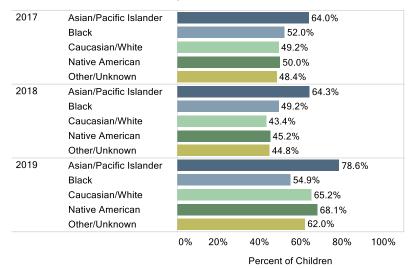
Note: Data for Apache Junction was under the data suppression threshold of < 6 people

Figure 21. Percent of AHCCCS Children with a Diagnosed Developmental Delay Who Have Received Behavioral Health Services by Ethnicity, Race, Sex, Tribal Affiliation, Age Group and Year

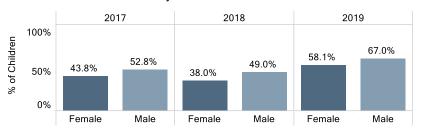
Percent of children who have delay diagnoses who have received behavioral health services by ethnicity



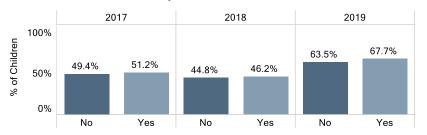
Percent of children who have delay diagnoses who have received behavioral health services by race



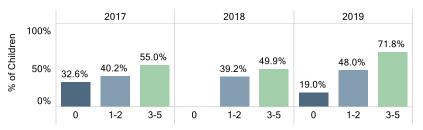
Percent of children who have delay diagnoses who have received behavioral health services by sex



Percent of children who have delay diagnoses who have received behavioral health services by tribal affiliation



Percent of children who have delay diagnoses who have received behavioral health services by age group



Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: The indicator uses diagnosis code R62.50: Unspecified lack of expected normal physiological development in childhood.

Table 14. Percent of Claims by Provider Type for AHCCCS Children with a Diagnosed Developmental Delay Who Have Received Behavioral Health Services, 2017-2019

	20	17	20	18	20	19
Provider Type	Claims Count	Percent of Total	Claims Count	Percent of Total	Claims Count	Percent of Total
Behavioral Health Outpatient Clinic	5,196	46%	4,957	40%	5,140	28%
Board Certified Behavior Analysts (BCBA)	<6	DS	<6	DS	599	3%
Durable Medical Equipment Supplier	805	7%	851	7%	780	4%
Habilitation Provider	2,453	22%	2,311	19%	2,929	16%
Hospital	150	1%	174	1%	234	1%
Integrated Clinics	110	1%	358	3%	539	3%
Occupational Therapist	678	6%	1,037	8%	2,055	11%
Physical Therapist	80	1%	141	1%	613	3%
Physician – MD/DO	181	2%	303	2%	303	2%
Speech Language Pathology	168	2%	389	3%	511	3%
Speech/Hearing Therapist	1,147	10%	1,554	13%	4,482	24%
Other	327	3%	185	2%	405	2%

Source: AHCCCS Claims Data, 2021. CHIR is the source for all processing of the AHCCCS data.

### **BEHAVIORAL HEALTH**

During the early years of life, the social-emotional development and adaptive functioning of a child changes rapidly and profoundly as their developing brains encounter experiences (National Scientific Council on the Developing Child, 2004). The Adverse Childhood Experiences studies demonstrate how negative early childhood events such as neglect, violence and trauma can lead to behavioral and physical health problems in adulthood like chronic disease, mental illness, and substance abuse (Centers for Disease Control and Prevention, n.d.). However, these effects can be mitigated with proper intervention at the infant and toddler stages by behavioral health services (Arizona Health Care Cost Containment System, 2018). For young children, behavioral health services<sup>17</sup> would likely include day programs, crisis services, rehabilitation services, health promotion, mental health counseling, psychiatric and psychologist services, and various support services.

Pediatric behavioral health providers screen AHCCCS children from birth to age five for emotional, behavioral, and/or developmental needs. A national screening tool assists providers in coordinating

<sup>&</sup>lt;sup>17</sup> For more detail on AHCCCS behavioral health services, visit https://www.azahcccs.gov/Members/AlreadyCovered/coveredservices.html

services based on the intensity of need and formulating an integrated treatment plan (American Academy of Child and Adolescent Psychiatry, 2006).

Of AHCCCS children statewide, 11% of children received behavioral services in 2017, nearly 12% of children in 2018 and nearly 16% of children in 2019.

According to Table 15, behavioral health service utilization for regional AHCCCS children increased from 12% in 2017 to 18% in 2019 compared to an increase of 11-16% for statewide AHCCCS children. AHCCCS children living in Gilbert (15-21%) and Queen Creek (19-21%) were more likely to receive behavioral health services than AHCCCS children living in the other subregions

(Figure 22). In Figure 23, male AHCCCS children in the region (14-22%) were more likely to receive behavioral health services than female AHCCCS children (9-13%).

Table 15. Arizona and Regional AHCCCS Rates for Behavioral Health Services, Ages 3-5, 2017-2019

Indicator/Year	2017		2018		2019	
indicatory real	Region	Arizona	Region	Arizona	Region	Arizona
Behavioral Health Services, Ages 3-5	12%	11%	13%	12%	18%	16%

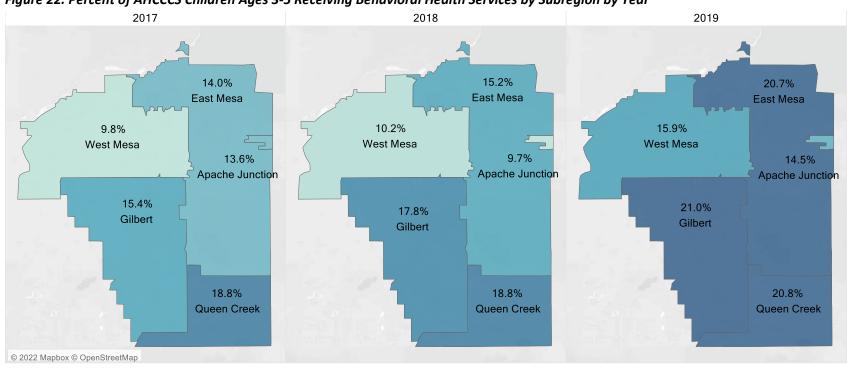
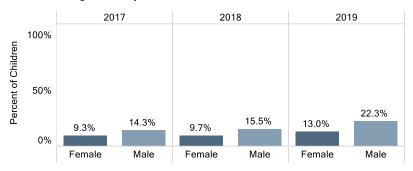


Figure 22. Percent of AHCCCS Children Ages 3-5 Receiving Behavioral Health Services by Subregion by Year

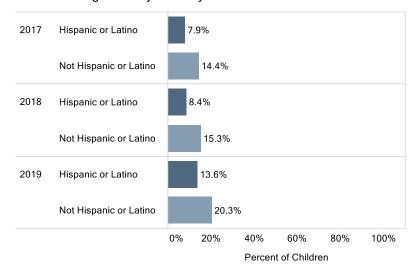
Regional Range 9.7% 21.0%

Figure 23. Percent of AHCCCS Children Ages 3-5 Receiving Behavioral Health Services by Sex, Tribal Affiliation, Ethnicity, Race and Year

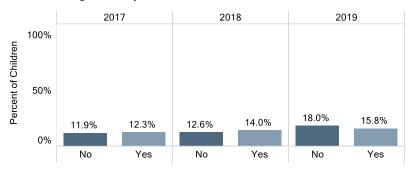
Percent of children who are receiving behavioral health services of all children ages 3-5 by sex



Percent of children who are receiving behavioral health services of all children ages 3-5 by ethnicity



Percent of children who are receiving behavioral health services of all children ages 3-5 by tribal affiliation



Percent of children who are receiving behavioral health services of all children ages 3-5 by race

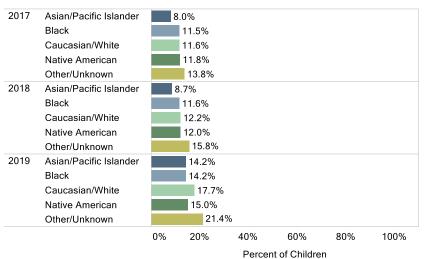


Table 16. Percent of Claims by Provider Type for AHCCCS Children Ages 3-5 Receiving Behavioral Health Services, 2017-2019

	20	17	20	18	20	19
Provider Type	Claims Count	Percent of Total	Claims Count	Percent of Total	Claims Count	Percent of Total
Behavioral Health Outpatient Clinic	22,199	55%	16,267	45%	15,375	33%
<b>Durable Medical Equipment Supplier</b>	971	2%	973	3%	901	2%
Habilitation Provider	7,383	18%	5,997	17%	6,538	14%
Hospital	555	1%	549	2%	595	1%
Integrated Clinics	1,299	3%	2,345	6%	2,283	5%
Occupational Therapist	2,084	5%	2,270	6%	3,873	8%
Physical Therapist	285	1%	409	1%	856	2%
Physician – MD/DO	675	2%	768	2%	764	2%
Speech Language Pathology	536	1%	1,232	3%	1,718	4%
Speech/Hearing Therapist	3,856	9%	4,799	13%	11,398	25%
Other	832	2%	533	1%	1,650	4%

#### VISION

Health conditions such as vision problems are detected through regular visits to PCPs. The American Public Health Association estimates that 20% of preschoolers have eye or vision problems (American Public Health Association, 2019). Vision screenings check the appearance of the eyes and detect potential eye problems. Most vision problems are successfully treated when detected early, but many children do not receive adequate vision screenings. A lack of vision care at younger ages can mean higher rates of undetected vision problems, leading to visual impairments that affect a child's development, performance, and quality of life.

Of all Arizona children 0-5 years old, 35% received a vision screening 2019-2020.

(Child and Adolescent Health Measurement Initiative)

Arizona's Eyes on Learning Vision Coalition recommends a vision screening as early as age one during a well-child visit. Other settings that provide vision screening include pediatrician offices, educational settings and community settings.

Children ages 3-5 should have at least one vision screening by a PCP or trained screener during this timeframe. Annual screenings should be provided to children in kindergarten through fourth grade. A vision screening is not necessary for children with certain developmental delays that cause difficulties with language and speech, motor skills, behavior, memory, learning, or other neurological functions. Instead, eye doctors recommend that all children with these types of delays receive a comprehensive eye exam. (Eyes on Learning, n.d.)

Vision screenings are typically included in AHCCCS' well-child visits according to their vision periodicity schedule and as medically necessary (Arizona Health Care Cost Containment System, 2021). However, the vision screening is not billed as a separate claim when completed during a well-child visit. Therefore, to capture the population of children who received a vision screening, we assumed that AHCCCS children were screened at their annual well-child visit, or they received a separately billable vision screening. Additional analysis showed that there were very few children who received a vision screening and not a well-child visit annually. Given that the claims data did not specify that a vision screening occurred during the well-child visit, these rates should be interpreted with caution and may be an overestimation of actual vision screenings.

Eye exams are completed by optometrists or ophthalmologists, so we captured those using procedure codes for ophthalmological services. We designated the eye exam as a follow-up eye exam if the visit occurred within six months of a vision screening or well-child visit. If a child was diagnosed with a visually significant eye condition during an eye exam and received treatment or additional visits to an optometrist or ophthalmologist for eyeglasses, surgery or other procedures, the rate of treatment was reported under "visually significant eye conditions who receive treatment". To calculate the rate for visually significant eye conditions who receive treatment, the denominator was all AHCCCS children who received an eye exam and had a diagnosis of strabismus, refraction and accommodation, amblyopia, or other eye disorders; and of those AHCCCS children with an eye condition, the numerator included children who were treated for the eye condition.

In Southeast Maricopa, 52-53% of AHCCCS children received a vision screening or well-child visit compared to 43-47% of statewide AHCCCS children (Table 17). In Figure 24, each subregion exceeded the

state rates in 2017 - 2019 with 50-59% of the AHCCCS children having had a vision screening or well-child visit. In Figure 25, regional AHCCCS children ages 1-2 (73-75%) were more likely to receive an annual vision screening or well-child visit than ages 3-5 (62-64%). The same was true of Hispanic or Latino AHCCCS children (57-59%) versus Non-Hispanic or Latino AHCCCS children (49-51%). By race, 28-31% of Native American children enrolled in AHCCCS had a vision screening or well-child visit compared to 48-59% of all other races.

Rates for eye exams were the same between regional and statewide AHCCCS children (4-5%) in Table 17. Eyes exams were more likely for regional AHCCCS children ages 3-5 (6-7%) than 1-2 (3-4%) in Figure 26. Rates for treatment of significant eye conditions increased regionally and statewide for AHCCCS children to 60% in 2019 (Table 17).

Table 17. Arizona and Regional AHCCCS Rates for Vision, 2017-2019

Indicator/Voor	20	2017		18	2019	
Indicator/Year	Region	Arizona	Region	Arizona	Region	Arizona
Vision Screening or Well-Child Visit	52%	44%	52%	43%	53%	47%
Eye Exams	4%	4%	5%	4%	4%	5%
Eye Exams after Vision Screening or Well-Child Visit	4%	4%	5%	5%	4%	4%
Visually Significant Eye Conditions Who Receive Treatment	47%	54%	51%	56%	60%	60%

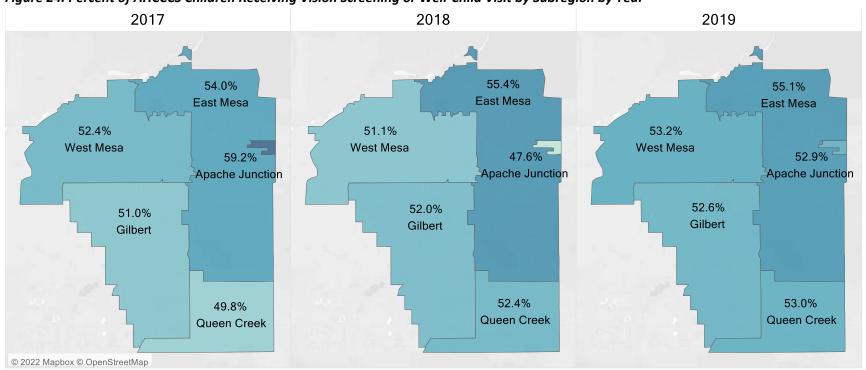
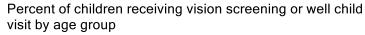


Figure 24. Percent of AHCCCS Children Receiving Vision Screening or Well-Child Visit by Subregion by Year

Regional Range

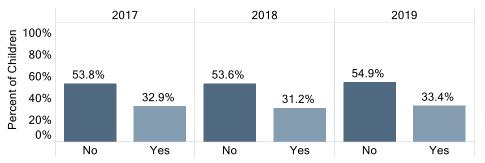
47.6% 59.2%

Figure 25. Percent of AHCCCS Children Receiving Vision Screening or Well-Child Visit by Age Group, Tribal Affiliation, Ethnicity, Race and Year

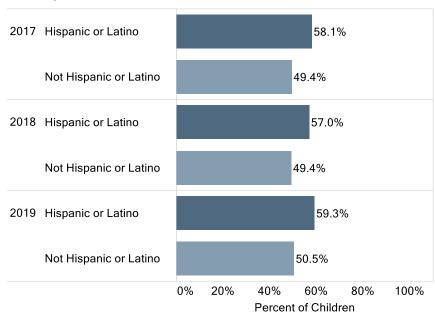




Percent of children receiving vision screening or well child visit by tribal affiliation



Percent of children receiving vision screening or well child visit by ethnicity



Percent of children receiving vision screening or well child visit by race

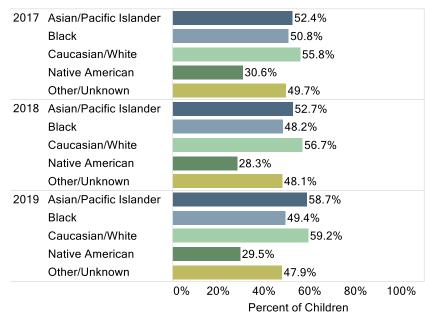
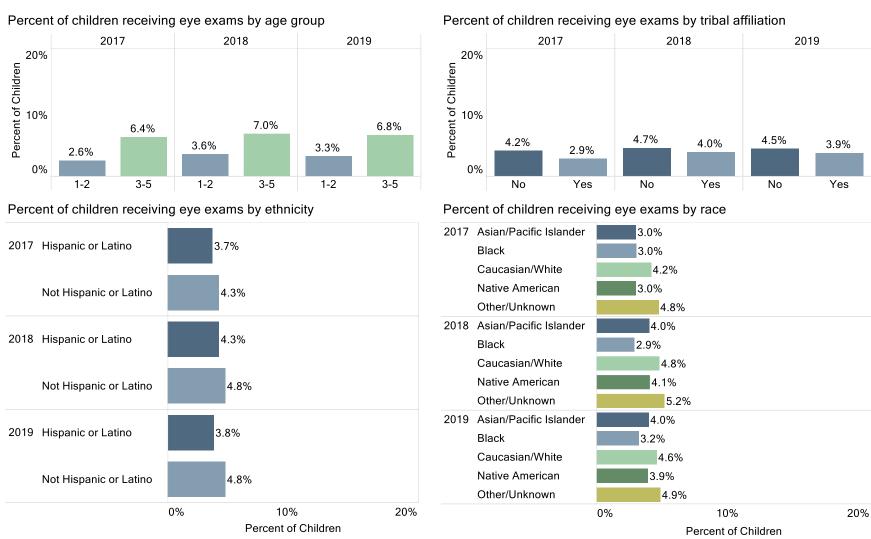


Figure 26. Percent of AHCCCS Children Receiving Eye Exams by Age Group, Tribal Affiliation, Ethnicity, Race and Year



Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: Eye exams are performed by an optometrist or ophthalmologist.

### **HEARING**

Most children begin hearing sounds at birth and learn to speak over time by imitating the sounds around them (NIDCD Information Clearinghouse, 2011). The National Institute on Deafness and Other Communication Disorders reports that around two or three out of every 1,000 children are born deaf or hard-of-hearing in the United States, and more lose their hearing later in childhood (NIDCD Information Clearinghouse, 2011). To detect hearing loss early, every state conducts universal newborn hearing screenings before a baby is discharged from a hospital or birthing center. If hearing loss is indicated, parents will be referred to an audiologist to conduct more comprehensive hearing testing. For children diagnosed with hearing loss, early intervention services help children develop better language and communication skills.

Arizona strives to screen all infants before 1 month of age. Infants who do not pass the initial hearing screen and a rescreening, should be evaluated further to confirm or diagnose hearing loss before 3 months of age. Infants diagnosed with permanent hearing loss should receive intervention services before 6 months of age (Arizona Department of Health Services, n.d.). This report included available data on hearing screenings along with comprehensive hearing testing, evaluation and assessment which were termed "additional audiology services".

In 2017, 99% (82,035) of all Arizona infants received a newborn hearing screening (Arizona Health Care Cost Containment System, 2018) compared to 98% nationally (National Center on Birth Defects and Developmental Disabilities, 2019). Less than 1% of all Arizona infants were diagnosed with permanent hearing loss, and of those, 42% were diagnosed before three months of age (Arizona Health Care Cost Containment System, 2018). Nationally, 10% of infants were diagnosed with permanent hearing loss, and of those, approximately 74% were diagnosed before three months of age (National Center on Birth Defects and Developmental Disabilities, 2019). For AHCCCS children who needed additional audiology services after a hearing test, Southeast Maricopa reported 14-19% of children under age one received services compared to 9-12% of statewide AHCCCS children (Table 18). All reported subregions exceeded the state rates for additional audiology services after a hearing test for AHCCCS children under age one in Figure 27.

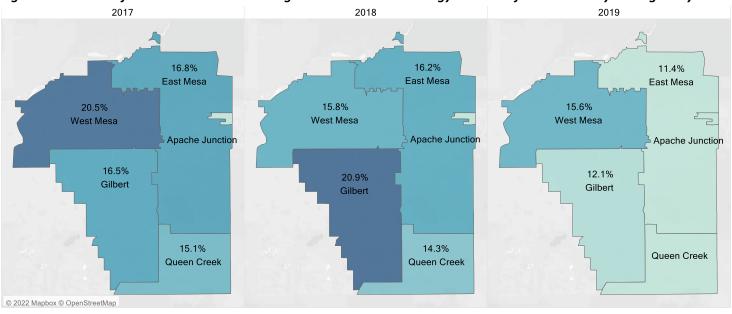
In Southeast Maricopa, 26-33% of AHCCCS children received a hearing screening at ages 1-5 compared to 20-28% of AHCCCS children statewide (Table 18). All subregions performed better than the state in hearing screening for AHCCCS children ages 1-5 except for Apache Junction (all years) and Queen Creek (2019) in Figure 29. For AHCCCS children ages 1-5 who needed additional audiology services after a hearing test, the region and state showed a decrease in AHCCCS children who received additional audiology services from 74% to 71% of regional AHCCCS children compared to 68% to 57% of statewide AHCCCS children (Table 18). At the subregional level for ages 1-5, 67-95% of AHCCCS children received additional audiology services after a hearing test in all subregions except Apache Junction.

Table 18. Percent of AHCCCS Statewide and Regional Hearing Results, 2017-2019

Indicator / Year	2017		2	018	2019	
mulcator / Year	-0 -	Arizona	Region	Arizona	Region	Arizona
Audiology Services Under Age One	19%	11%	17%	12%	14%	9%
Hearing Screening Ages 1-5	26%	20%	28%	22%	33%	28%
Audiology Services for those Screened, Ages 1-5	74%	68%	72%	66%	71%	57%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Figure 27. Percent of AHCCCS Children Under Age One Who Had Audiology Services of All Children by Subregion by Year



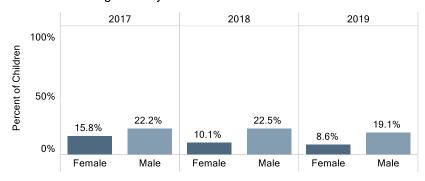
Regional Range
11.4% 20.9%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

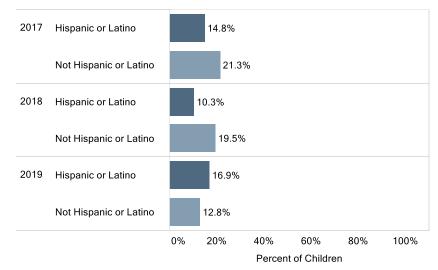
Note: Data was suppressed for Queen Creek in 2019 and Apache Junction.

Figure 28. Percent of AHCCCS Children Under 1 Year of Age Who Had Audiology Services by Sex, Tribal Affiliation, Ethnicity, Race and Year

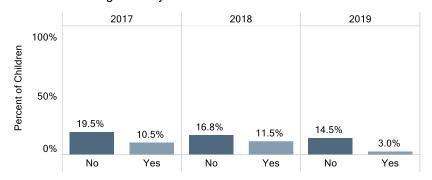
Percent of children who had additional audiology services over all children under age one by sex



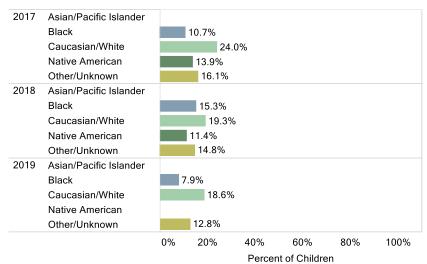
Percent of children who had additional audiology services over all children under age one by ethnicity



Percent of children who had additional audiology services over all children under age one by tribal affiliation



Percent of children who had additional audiology services over all children under age one by race



Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: Data was suppressed for Native Americans in 2019 and Asian/Pacific Islanders. For tribal affiliation in 2019, N = 7 and denominator = 233.

Table 19. Percent of Claims by Provider Type for AHCCCS Children Under Age One Who Had Audiology Services, 2017-2019

	2017		2018		2019	
Provider Type	Claims Count	Percent of Total	Claims Count	Percent of Total	Claims Count	Percent of Total
Audiologist	39	23%	45	33%	20	21%
Physician – MD/DO	122	71%	86	63%	63	66%
Other	12	7%	5	4%	12	13%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Table 20. Percent of Claims by Provider Type for AHCCCS Children Ages 1-5 Receiving Hearing Screening Tests, 2017-2019

	20	17	2018		2019	
Provider Type	Claims Count	Percent of Total	Claims Count	Percent of Total	Claims Count	Percent of Total
Audiologist	79	13%	162	27%	195	28%
Federally Qualified Health Center (FQHC)	<6	DS	7	1%	27	4%
Physician – MD/DO	481	77%	376	62%	389	57%
Physician Assistant	12	2%	18	3%	21	3%
Registered Nurse Practitioner	41	7%	44	7%	46	7%
Other	<6	DS	<6	DS	9	1%

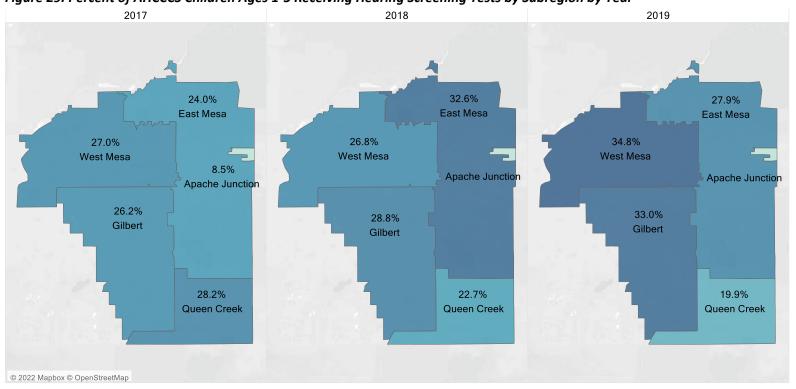


Figure 29. Percent of AHCCCS Children Ages 1-5 Receiving Hearing Screening Tests by Subregion by Year

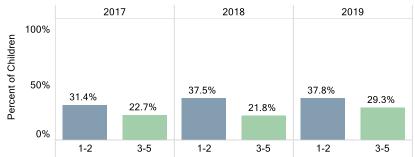
Regional Range 8.5% 34.8%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: Data was suppressed for Apache Junction in 2018 and 2019.

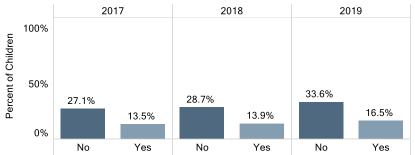
Figure 30. Percent of AHCCCS Children Ages 1-5 Receiving Hearing Screening Tests by Age Group, Tribal Affiliation, Ethnicity, Race and Year

Percent of children receiving hearing screening tests from ages 1-5 by age group

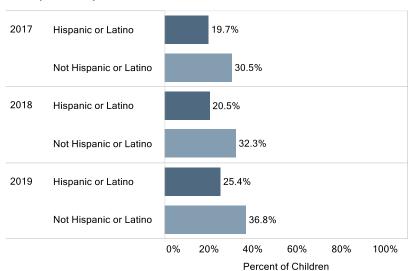


3-5

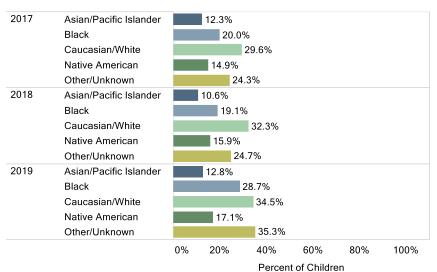
Percent of children receiving hearing screening tests from ages 1-5 by tribal affiliation



Percent of children receiving hearing screening tests from ages 1-5 by ethnicity



Percent of children receiving hearing screening tests from ages 1-5 by race



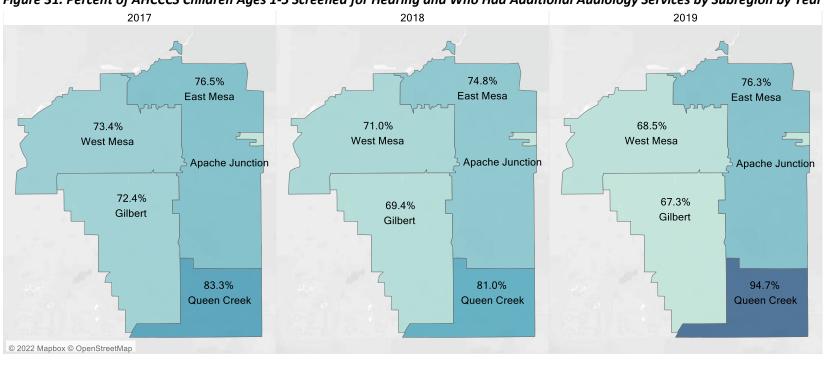


Figure 31. Percent of AHCCCS Children Ages 1-5 Screened for Hearing and Who Had Additional Audiology Services by Subregion by Year

Regional Range

94.7%

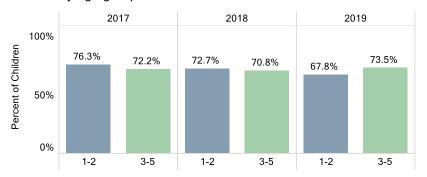
67.3%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

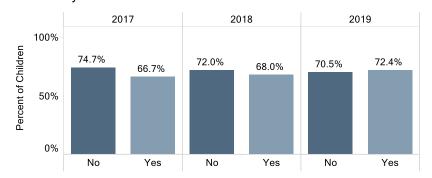
Note: Data was suppressed for Apache Junction. For Queen Creek, in 2017 N = 25 and denominator = 30; in 2018, N = 17 and denominator = 21; in 2019 N = 18 and denominator = 19.

Figure 32. Percent of AHCCCS Children Ages 1-5 Screened for Hearing and Who Had Additional Audiology Services by Age Group, Tribal Affiliation, Ethnicity, Race and Year

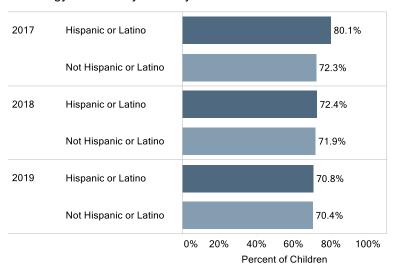
Percent of children screened ages 1-5 who had additional audiology services by age group



Percent of children screened ages 1-5 who had additional audiology services by tribal affiliation



Percent of children screened ages 1-5 who had additional audiology services by ethnicity



Percent of children screened ages 1-5 who had additional audiology services by race

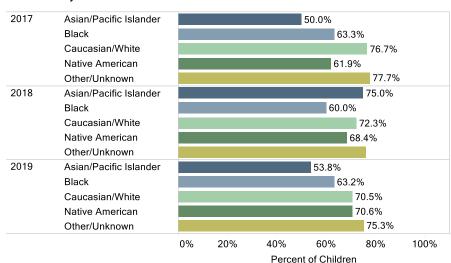


Table 21. Percent of Audiology Service Claims by Provider Type for AHCCCS Children Ages 1-5 Screened for Hearing and Who Had Additional Audiology Services, 2017-2019

Provider Type	2017		20	18	2019	
	Claims Count	Percent of Total	Claims Count	Percent of Total	Claims Count	Percent of Total
Audiologist	105	18%	192	34%	227	38%
Integrated Clinics	<6	DS	8	1%	9	1%
Physician – MD/DO	469	80%	359	63%	357	59%
Registered Nurse Practitioner	6	1%	7	1%	6	1%

Source: AHCCCS Claims Data, 2021. CHIR is the source for all processing of the AHCCCS data.

### **ORAL HEALTH**

Oral health concerns our teeth, gums, and oral-facial system that includes the ability to smile, speak, chew and other senses. Daily brushing and flossing of our teeth and gums demonstrates good oral hygiene, but it is not enough to maintain good oral health. We also need good nutrition, proper management of other health conditions, access to dental care, and extra help when there is a genetic predisposition to oral health conditions or special health care needs.

Oral health is a key indicator of overall health, well-being and quality of life.

Unfortunately, tooth decay has become a chronic disease in children. The CDC reports that 20% of children ages 5-11 have at least one untreated cavity, and children in low-

income families are twice as likely to have cavities than children in higher-income families (Dye, Xianfen, & Beltrán-Aguilar, 2012). Cavities can be prevented by applying a fluoride varnish to primary and permanent teeth, drinking fluoridated tap water, brushing with a fluoride toothpaste, and applying dental sealants. Children should have regular visits to the dentist, beginning before their first birthday, for early identification and management of problems (Enany, n.d.). Two preventative care dental visits are recommended annually for children.

For Southeast Maricopa, 52-53% of AHCCCS children had at least one annual dental visit compared to 51-53% of AHCCCS children statewide (Table 22). At the subregional level, Apache Junction met the minimum performance standard of 60% (Table 23) in 2017 for children with an annual dental visit (Figure 33). The recommended two annual preventative care dental visits were attended by 20-22% of AHCCCS children in the region versus 18-19% of AHCCCS children statewide (Table 22). AHCCCS children in the region were more likely to have one annual preventative care dental visit (46-50%) in Figure 35. Regionally, 49-50% of AHCCCS children ages 1-5 received fluoride varnish compared to 47-49% of AHCCCS children statewide (Table 22). AHCCCS children in Apache Junction, East Mesa and West Mesa performed as well or better than AHCCCS children statewide on annual dental visits and applications of fluoride varnish (Figure 33 and Figure 36).

Table 22. Percent of Statewide and Regional AHCCCS Children Oral Health Visits for Ages 1-5, 2017-2019

Type of Visit / Year	2017		20	18	2019		
	Region	Arizona	Region	Arizona	Region	Arizona	
Any Annual Dental Visit	52%	51%	53%	52%	53%	53%	
Preventative Care Dental Visit Biannually	20%	18%	22%	19%	22%	19%	
Fluoride Varnish Application	49%	47%	50%	48%	50%	49%	

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Table 23. AHCCCS Statewide Contractor Rate of Performance on Annual Dental Visits for Ages Two to 20 Years, 2017-2019

Contractor	2017	2018	2019	Minimum Performance Standard
AHCCCS Complete Care	61%	61%	60%	60%
Comprehensive Medical and Dental Program	74%	75%	60%	60%
KidsCare	74%	74%	76%	60%

Source: (Health Services Advisory Group, 2021); (Health Services Advisory Group, 2019) (Health Services Advisory Group, 2020).

Table 24. Percent of AHCCCS Claims by Provider Type for Children Ages 1-5 With at Least One Annual Dental Visit, 2017-2019

	2017		2018		2019	
Provider Type	Claims Count	Percent of Total	Claims Count	Percent of Total	Claims Count	Percent of Total
Dentist	18,182	98%	17,345	98%	16,717	97%
Federally Qualified Health Center (FQHC)	305	2%	311	2%	466	3%
Other	113	<1%	99	<1%	95	<1%

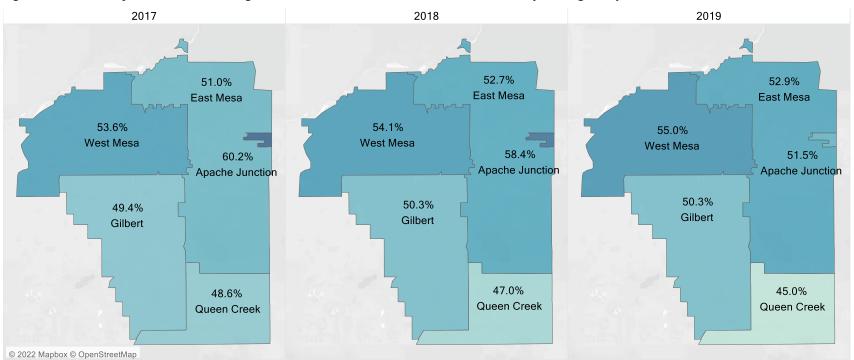


Figure 33. Percent of AHCCCS Children Ages 1-5 With at Least One Annual Dental Visit by Subregion by Year

Regional Range

60.2%

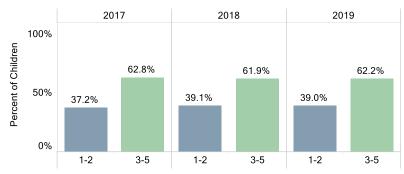
45.0%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

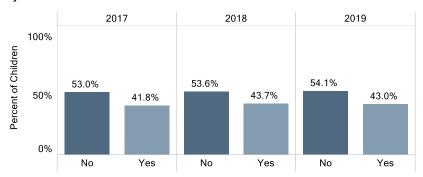
Note: This indicator includes any claim with an associated dental procedure code (CDT).

Figure 34. Percent of AHCCCS Children Ages 1-5 With at Least One Annual Dental Visit by Age Group, Tribal Affiliation, Ethnicity, Race and Year

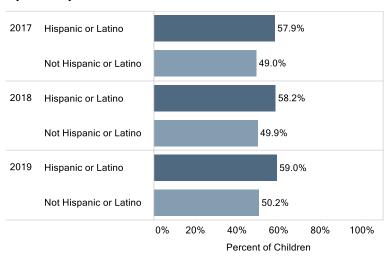
Percent of children who have at least one dental visit by age group



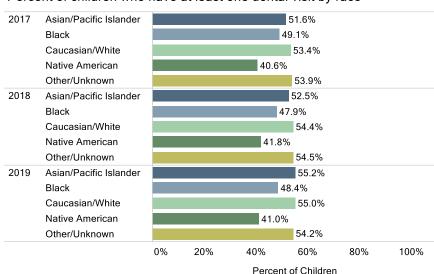
Percent of children who have at least one dental visit by tribal affiliation



Percent of children who have at least one dental visit by ethnicity



Percent of children who have at least one dental visit by race



Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: This indicator includes any claim with an associated dental procedure code (CDT).

100%

100%

100%

100%

46.5%

48.1%

49.9%

0%

2017

2018

2019

Figure 35. Percent of AHCCCS Children Ages 1-5 With One and Two Preventative Care Dental Visits in a Year

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: This indicator is called a preventative care dental visit and includes the following procedures: D0120 periodic oral evaluation, D0150 comprehensive oral evaluation and D0145 oral evaluation for patient under 3 years of age and counseling with primary caregiver.

Table 25. Percent of Claims by Provider Type for AHCCCS Children Ages 1-5 Receiving Fluoride Varnish, 2017-2019

	2017		2018		2019	
Provider Type	Claims Count	Percent of Total	Claims Count	Percent of Total	Claims Count	Percent of Total
Dentist	12,816	95%	12,282	94%	11,728	93%
Federally Qualified Health Center (FQHC)	57	<1%	61	<1%	133	1%
Physician (MD)	469	3%	511	4%	446	4%
Other	124	1%	277	2%	310	3%

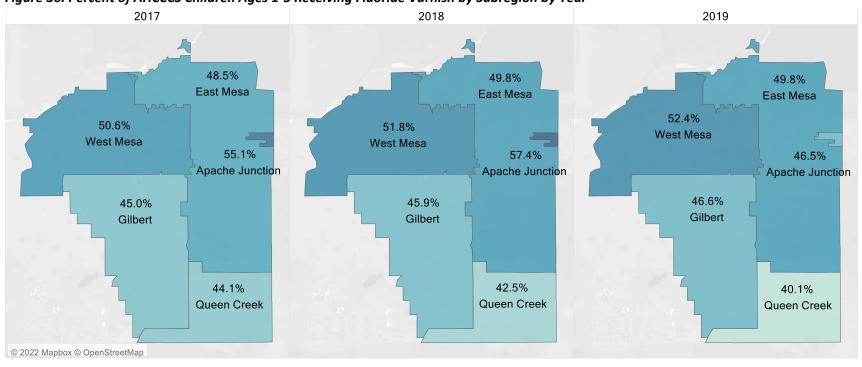


Figure 36. Percent of AHCCCS Children Ages 1-5 Receiving Fluoride Varnish by Subregion by Year

Regional Range

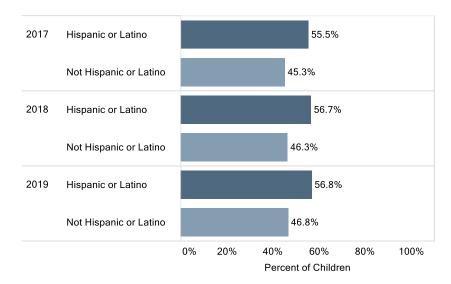
40.1% 57.4%

Figure 37. Percent of AHCCCS Children Ages 1-5 Receiving Fluoride Varnish by Age Group, Tribal Affiliation, Ethnicity, Race and Year

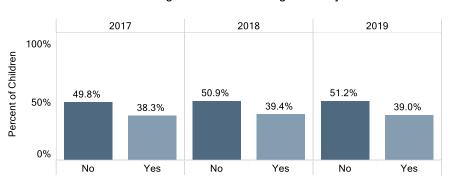
Percent of children receiving flouride varnish ages 1-5 by age group



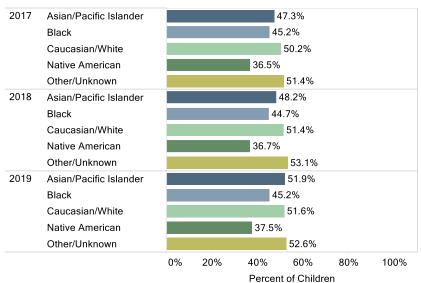
Percent of children receiving flouride varnish ages 1-5 by ethnicity



## Percent of children receiving flouride varnish ages 1-5 by tribal affiliation



## Percent of children receiving flouride varnish ages 1-5 by race



#### **IMMUNIZATIONS**

Childhood vaccines protect children from many serious and potentially life-threatening diseases such as diphtheria, measles, meningitis, polio, tetanus and whooping cough, at a time in their lives when they are most vulnerable to disease. Approximately 300 children in the United States die each year from vaccine preventable diseases (HHS Office of Disease Prevention and Health Promotion, 2021). Immunizations are essential for disease prevention and are a critical aspect of preventable care for children. Vaccination coverage must be maintained to prevent a resurgence of vaccine-preventable diseases.

The Centers for Medicare and Medicaid Services measures the quality of immunizations through a core measure of childhood immunization status which is also used by HEDIS. The measure calculates a rate for certain vaccines recommended by a child's second birthday (National Quality Forum, 2017):

- Percent of children who have completed the following schedules: four diphtheria, tetanus and acellular pertussis (DTaP); three polio (IPV); one measles, mumps and rubella (MMR); three haemophilus influenza type B (HiB); three hepatitis B (HepB); one chicken pox (VZV); four pneumococcal conjugate (PCV); one hepatitis A (HepA); two or three rotavirus (RV); two influenza (flu).
- Percent of children who have completed all vaccine courses combined: Combo 10.
- Percent of children who have completed Combo 3: four diphtheria, tetanus and acellular pertussis (DTaP); three polio (IPV); one measles, mumps and rubella (MMR); three haemophilus influenza type B (HiB); three hepatitis B (HepB); one chicken pox (VZV); four pneumococcal conjugate (PCV).

AHCCCS measures childhood immunization completion rates with each of its contractors biennially using the core measure. AHCCCS children's immunization status in Table 27 is the percent of AHCCCS children who have completed each indicated vaccine course by their second birthday, recorded in AHCCCS claims only. These rates are substantially lower than AHCCCS' published statistics in Table 26 due to the limitations of claims data and should be interpreted with caution. AHCCCS declared that claims data does not have the greatest level of detail as claims are not always reported for immunizations, particularly in school settings. To accurately capture immunization rates in AHCCCS' published statistics, AHCCCS uses data from medical records and from the Arizona State Immunization Information System (ASIIS), which is maintained by the Arizona Department of Health Services.

AHCCCS reported that statewide childhood immunization completion rates met or exceeded the national mean rates for three immunizations: DTaP, Hep A and Combo 3 (Arizona Health Care Cost Containment System, 2018) in Table 26. Several barriers to immunizations remained, including the spread of misinformation about vaccines and parental hesitancy. The rate of exemptions from immunizations increased statewide as nearly 6% of kindergarteners had a Personal Beliefs Exemption in place since the 2017-2018 school year (Arizona Department of Health Services, 2021).

Table 26. AHCCCS Statewide Aggregate Immunization Completion Rates by Two Years Old, FFY 2016

Immunizations	FFY 2016 (period ending 9/30/2017)	HEDIS Medicaid Mean	AHCCCS Minimum Performance Standard
DTaP	79%	77%	85%
Polio	88%	89%	91%
MMR	89%	90%	91%
HiB	87%	88%	90%
Нер В	87%	88%	90%
VZV	88%	89%	88%
PCV	76%	77%	82%
Нер А	88%	84%	40%
RV	61%	69%	60%
Flu	40%	45%	45%
Combo 3	71%	70%	68%

Source: (Arizona Health Care Cost Containment System, 2018)

Table 27. Percent of Statewide and Regional AHCCCS Children Immunization Status, from AHCCCS Claims Data Only, 2017-2019

	2017		2	018	2019	
Immunizations	Region	Arizona	Region	Arizona	Region	Arizona
DTaP	27%	30%	36%	38%	47%	52%
Polio	36%	40%	48%	51%	60%	66%
MMR	54%	57%	71%	72%	77%	76%
HiB	40%	46%	55%	56%	66%	69%
Нер В	10%	13%	15%	18%	15%	21%
VZV	54%	57%	71%	72%	76%	76%
PCV	18%	18%	31%	31%	46%	52%
Нер А	62%	65%	75%	75%	79%	78%
RV	27%	31%	34%	39%	42%	51%
Flu	15%	19%	25%	31%	30%	34%
Combo 3	5%	4%	9%	10%	11%	15%
Combo 10	1%	2%	3%	4%	4%	7%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: Rates only include immunizations recorded in AHCCCS claims, this is likely an undercount of immunization rates. The rows shaded in pink are for comparing with Table 26. AHCCCS Statewide Aggregate Immunization Completion Rates by Two Years Old, FFY 2016

#### MATERNAL PRENATAL AND POSTPARTUM CARE

Research has shown that the health of women before pregnancy and after delivery significantly impacts the health of their babies; therefore, it is important to focus on women's preconception health, prenatal care, postpartum care and beyond (Healthy People 2030).

Women who do not seek prenatal care are three times as likely to deliver a low birth weight infant.

(NICHD - Eunice Kennedy Shriver National Institute of Child Health and Human Development, 2017)

For pregnant women, prenatal care is essential for a healthy pregnancy and reducing the complications that can lead to poor birth outcomes for mother and child. Prenatal care involves regular visits to a health care provider to monitor the mother's health and health of the developing fetus, and this care should begin as early as

possible in the pregnancy and continue until delivery. Prenatal care can identify problems or complications and take steps to manage them (NICHD - Eunice Kennedy Shriver National Institute of Child Health and Human Development, 2017). The American Academy of Pediatrics and the American College of Obstetricians and Gynecologists recommend that a woman with an uncomplicated pregnancy be examined at least once in the first trimester for prenatal care. Appropriate perinatal services and education are crucial components of a healthy birth.

The period of up to 60 days following childbirth is called the postpartum period. Preexisting health conditions, social determinants, and newly developed conditions contribute to maternal morbidity and mortality during this period. Health care providers consider the postpartum period to be critical to the health and well-being of both mother and child, so postpartum care should not be considered as optional. Yet, research has shown that nearly 40% of women in the United States have gone without a single postpartum visit (American College of Obstetricians and Gynecologists, 2018).

In the Southeast Maricopa Region, 85-87% of pregnant women began prenatal care in the first trimester compared to 84-86% of AHCCCS women statewide (Table 28), which are both above the Healthy People 2030 target rate of 81%<sup>18</sup>. Nearly all subregions exceeded the Healthy People 2030 target rate except for Apache Junction in 2017 (77%) and 2019 (79%) in Figure 38.

For postpartum care, 92-94% of regional AHCCCS women had at least one postpartum visit compared to 88-89% of AHCCCS women statewide and 64-75% of Medicaid women nationally (Table 28). At the subregional level in Figure 40, 90% or more of AHCCCS women in all subregions received a postpartum visit except for AHCCCS women in Apache Junction in 2018 (82%) and 2019 (88%). Regional AHCCCS women of all races and ethnicities had high rates of postpartum visits from 87-95% (Figure 41).

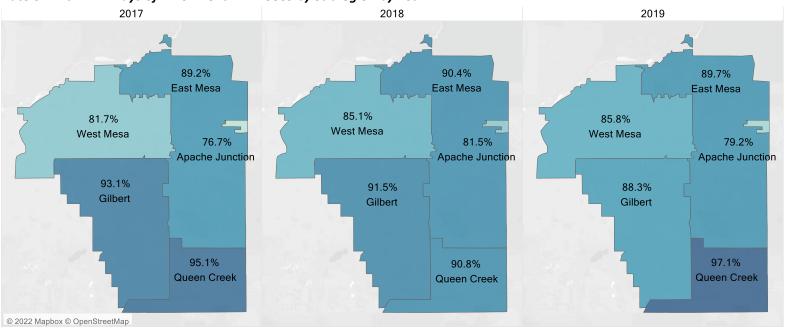
<sup>&</sup>lt;sup>18</sup> https://health.gov/healthypeople/objectives-and-data/browse-objectives/pregnancy-and-childbirth/increase-proportion-pregnant-women-who-receive-early-and-adequate-prenatal-care-mich-08/data

Table 28. Percent of All AHCCCS Women Who Received Timely Prenatal and Postpartum Care, 2017-2019

Type of Care	2017		20	18	2019	
Type of Care	Region	Arizona	Region	Arizona	Region	Arizona
Prenatal Care	85%	84%	87%	86%	87%	85%
Postpartum Care	92%	88%	94%	89%	93%	89%

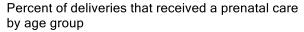
Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

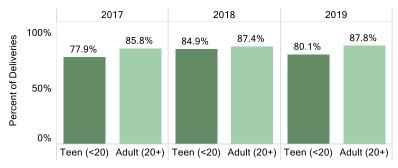
Figure 38. Percent of Deliveries That Received a Prenatal Care Visit While Enrolled in AHCCCS in the First Trimester, on the Enrollment Start Date or Within 42 Days of Enrollment in AHCCCS by Subregion by Year



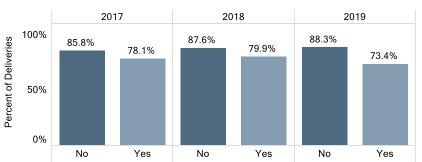
Regional Range 76.7% 97.1%

Figure 39. Percent of Deliveries That Received a Prenatal Care Visit While Enrolled in AHCCCS in the First Trimester, on the Enrollment Start Date or Within 42 Days of Enrollment in AHCCCS by Age Group, Tribal Affiliation, Ethnicity, Race and Year

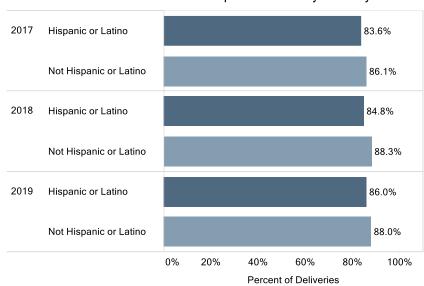




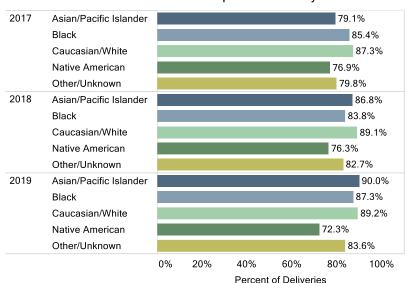
# Percent of deliveries that received a prenatal care by tribal affiliation



## Percent of deliveries that received a prenatal care by ethnicity



### Percent of deliveries that received a prenatal care by race



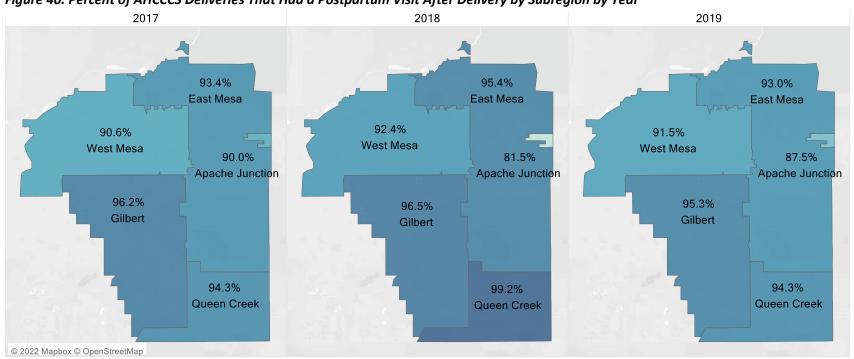


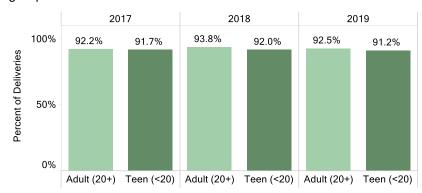
Figure 40. Percent of AHCCCS Deliveries That Had a Postpartum Visit After Delivery by Subregion by Year

Regional Range

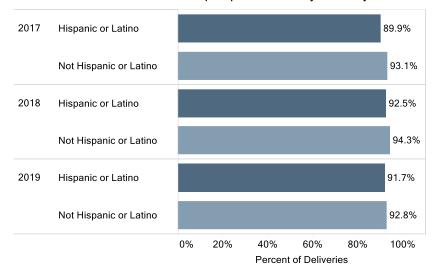
81.5% 99.2%

Figure 41. Percent of AHCCCS Deliveries That Had a Postpartum Visit After Delivery by Race, Ethnicity, Tribal Affiliation and Year

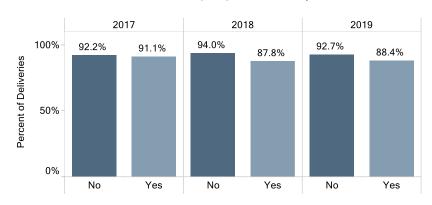
Percent of deliveries that had a postpartum visit after delivery by age group



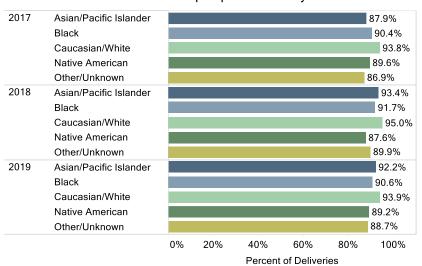
Percent of deliveries that had a postpartum visit by ethnicity



## Percent of deliveries that had a postpartum visit by tribal affiliation



#### Percent of deliveries that had a postpartum visit by race



#### **HEALTH PLAN PERFORMANCE**

This section provided a selection of health indicators to compare results among the AHCCCS health plans. Table 30 provided a snapshot of service utilization for regional AHCCCS children enrolled in each AHCCCS health plan. Nearly all regional health plans met or exceeded the AHCCCS statewide aggregate performance and MPS for PCP visits for ages 1-5, except for Banner University Family Care (2017 and 2019), Comprehensive Medical and Dental Program (CMDP) (2018), DES DD, and Magellan Complete Care. For at least one well-child visit in the first 15 months, regional health plan performance ranged from 88% for Arizona Complete Care (2017) to 100% for Magellan Complete Care in 2019 (N = 6).

For AHCCCS children having six or more well-child visits in the first 15 months, Arizona Complete Care (2019) and Care 1<sup>st</sup> (2019) met or exceeded the statewide aggregate health plan performance and MPS. Care 1<sup>st</sup> and Mercy Care Plan met or exceeded the statewide aggregate health plan performance in 2017 for six or more well-child visits in the first 15 months.

Care 1<sup>st</sup> (all years), Children's Rehabilitative Services (CRS) (2017 and 2018), and United Healthcare (2019) met or exceeded the AHCCCS statewide aggregate health plan performance and MPS for well-child visits for ages 3-5. Arizona Complete Health (all years), Mercy Care Plan (all years), Steward Health Choice AZ (all years), and United Healthcare (2017 and 2018) met or exceeded the AHCCCS statewide aggregate health plan performance for well-child visits for ages 3-5.

No regional AHCCCS health plan met or exceeded the AHCCCS statewide aggregate health plan performance or MPS for preventative care dental visits for ages 1-5. We note that the AHCCCS statewide indicator for preventative care dental visits includes a significantly larger number of AHCCCS children ages (2-20) than our reporting on ages birth to 5, so the rates should be compared with caution.

Table 29. AHCCCS Statewide Aggregate Health Plan Performance and Minimum Performance Standards, 2017-2019

Year/Indicator	Health Plan Type	One or More Annual PCP Visits, Ages 1-6 (MPS)	Six or More Well-Child Visits in First 15 Months (MPS)	One or More Annual Well- Child Visits, Ages 3-6 (MPS)	One or More Annual Preventative Care Dental Visits, Ages 2-20 (MPS)
	Acute	83% (84%)	60% (65%)	61% (66%)	61% (60%)
2017	CMDP	92% (84%)	75% (65%)	75% (66%)	74% (60%)
2017	CRS	93% (84%)	49% (65%)	66% (66%)	67% (60%)
	DES DD	89% (84%)	N/A (65%)	53% (66%)	57% (60%)
	Acute	84% (84%)	62% (65%)	61% (66%)	61% (60%)
2018	CMDP	93% (84%)	N/A (65%)	73% (66%)	75% (60%)
2018	CRS	92% (84%)	47% (65%)	64% (66%)	68% (60%)
	DES DD	87% (84%)	N/A (65%)	55% (66%)	57% (60%)
	Acute	84% (87%)	64% (62%)	63% (66%)	60% (60%)
2019	CMDP	92% (87%)	N/A (62%)	75% (72%)	75% (60%)
2019	CRS	N/A (87%)	N/A (62%)	N/A (66%)	N/A (60%)
	DES DD	89% (87%)	N/A (62%)	58% (66%)	53% (60%)

Source: (Health Services Advisory Group, 2019); (Health Services Advisory Group, 2020); (Health Services Advisory Group, 2021); (Health Services Advisory Group, 2019); (Health Services Advisory Group, 2020).

Note: There was no MPS for DES/DDD for six or more well-child visits in the first 15 months. Cells for which data was not available are indicated by "N/A".

Table 30. Select Regional Indicators by AHCCCS Health Plan, 2017-2019

Health Plan	V	One or More PCP		Visits in First onths	One or More Well-Child	One or More Preventative Care
nealth Plan	Year	Visits,	At Least	Six or	Visits,	Dental Visits,
		Ages 1-5	One Visit*	More Visits	Ages 3-5	Ages 1-5
	2017	88%	88%	42%	63%	31%
AZ Complete Health	2018	89%	97%	56%	62%	40%
	2019	89%	96%	64%	63%	47%
Donney University	2017	79%	94%	44%	53%	35%
Banner University Family Care	2018	87%	90%	60%	59%	34%
ranniy care	2019	86%	92%	37%	59%	36%
	2017	91%	97%	63%	68%	50%
Care 1st	2018	89%	97%	61%	67%	51%
	2019	91%	96%	66%	69%	51%
Children's Rehabilitative Services	2017	96%	95%	53%	67%	54%
(CRS)	2018	96%	98%	39%	68%	57%
DES Comprehensive	2017	94%	99%	32%	64%	58%
<b>Medical and Dental</b>	2018	91%	98%	38%	67%	56%
(CMDP) Program	2019	94%	96%	52%	68%	55%
DES Developmental	2017	83%	DS	DS	43%	40%
Disability (DD) Long	2018	90%	DS	DS	49%	39%
Term Care (LTC)	2019	92%	DS	DS	45%	29%
Magellan Complete Care	2019	82%	100%	DS	52%	35%
	2017	90%	96%	60%	63%	49%
Mercy Care Plan	2018	89%	96%	60%	64%	52%
	2019	91%	96%	60%	65%	53%
Chaward Haalth Chairs	2017	87%	96%	52%	61%	40%
Steward Health Choice AZ	2018	88%	95%	59%	61%	41%
AL.	2019	89%	97%	60%	64%	48%
	2017	90%	96%	54%	64%	48%
<b>United Healthcare</b>	2018	90%	97%	61%	65%	48%
	2019	90%	97%	63%	67%	50%

Source: AHCCCS Claims Data, 2021. CHIR is the source for all processing of the AHCCCS data.

Note: Suppressed data due to low counts are represented by "DS". It is important to note that since approximately 7% of the AHCCCS children in Southeast Maricopa were part of a tribal community, and enrollment in the American Indian Health Program was optional for American Indian members, results for this health plan were not comparable to the other health plans and therefore excluded.

Cells shaded green indicate the rate met or exceeded the AHCCCS statewide performance by health plan (Table 31); cells shaded blue indicate the health plan met or exceeded the AHCCCS statewide aggregate performance, and cells shaded purple indicate the health plan met or exceeded both the MPS and statewide aggregate performance (see Table 29). Magellan Complete Care in 2019, N = 6.

Table 31. Select AHCCCS Statewide Indicators by Health Plan, 2017-2019

Health Plan	Year	One or More PCP Visits, Ages 1-6	Six or More Well-Child Visits in First 15 Months	One or More Well- Child Visits, Ages 3-6	One or More Preventative Care Dental Visits, Ages 2-20
	2017	N/A	N/A	N/A	N/A
AZ Complete Health	2018	82%	61%	59%	48%
	2019	82%	64%	61%	55%
	2017	N/A	N/A	N/A	N/A
Banner University Family Care	2018	84%	62%	60%	54%
Curc	2019	83%	64%	61%	53%
	2017	83%	66%	64%	62%
Care 1st	2018	86%	67%	67%	65%
	2019	84%	71%	64%	63%
	2017	N/A	N/A	N/A	N/A
Magellan Complete Care	2018	N/A	N/A	N/A	N/A
	2019	67%	N/A	47%	37%
	2017	85%	63%	62%	64%
Mercy Care Plan	2018	86%	66%	63%	64%
	2019	87%	65%	65%	63%
	2017	83%	59%	60%	61%
United Healthcare	2018	84%	61%	61%	62%
	2019	86%	66%	67%	62%

Source: (Health Services Advisory Group, 2019); (Health Services Advisory Group, 2020); (Health Services Advisory Group, 2021); (Health Services Advisory Group, 2019); (Health Services Advisory Group, 2020).

Note: Cells that did not have available data for that year and/or the health plan was not contracted for that year are indicated by "N/A". Cells shaded blue indicate the rate met or exceeded the AHCCCS statewide aggregate health plan performance rate; cells shaded purple indicate the rate met or exceeded both the AHCCCS statewide aggregate health plan performance rate and the AHCCCS MPS (see Table 29).

\*AHCCCS did not measure health plan performance for the indicator of at least one PCP visit by 15 months of age.

#### CONCLUSION

The physical, mental, and emotional health of young children lays the foundation for the rest of their life. Southeast Maricopa had several assets contributing to better health outcomes for young children and women enrolled in AHCCCS from 2017 to 2019, including annual PCP visits, developmental screenings of ages 1-2, newborn hearing screenings, timely prenatal and postpartum care visits, and travel distance for typical health care services. The areas where needs were identified for AHCCCS women and children included well-child visits; lead poisoning screenings; vision screenings; developmental screenings in ages 3-5; children's behavioral health needs; and biannual preventative care dental visits.

The information in this report can be combined with other available information to create a more comprehensive view of young children and women in the region for regional council planning.

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## **APPENDIX: DATA SOURCES**

The source of data in all tables, graphs, reports, presentations, and other publications is the Arizona Health Care Cost Containment System (AHCCCS) (2021) unless otherwise noted. CHiR is the source of the calculations, analysis and/or processing of the data.

**AHCCCS** health claims and encounters data. AHCCCS is the state Medicaid provider. The data include health care transactions (paid claims) on all members, patients receiving inpatient, emergency department or other outpatient care in the state. The data layout is already at the individual patient level when received and requires no further manipulation to standardize variables or match patients.

#### AHCCCS System

In October 2018, AHCCCS enacted major changes to its care delivery system to integrate physical and behavioral health care under designated health plans for its eligible populations, called AHCCCS Complete Care. Integrated care would result in better coordination among providers in the same network and better health outcomes for AHCCCS enrollees. Under AHCCCS Complete Care, the choice of health plans varies by geographic area, but affected members have the same array of covered services and access to a network of providers (Arizona Health Care Cost Containment System, 2018).

Table 32. AHCCCS Complete Care Health Plans by Geographic Service Area

Geographic Service Area	AHCCCS Complete Care Health Plans			
North (Apache, Coconino, Mohave, Navajo and Yavapai Counties)	Care 1st and Health Choice Arizona			
Central (Maricopa, Gila and Pinal Counties)	Banner University Family Care, Care 1st, Health Choice Arizona, Arizona Complete Health, Magellan Complete Care, Mercy Care, UnitedHealthcare Community Plan			
South (Cochise, Graham, Greenlee, La Paz, Pima, Santa Cruz and Yuma Counties)*	Banner University Family Care, Arizona Complete Health, UnitedHealthcare Community Plan (Pima County only)			

Note: \*Zip codes 85542, 85192, 85550 are in the South geographic service area.

Other health plans serve specialty populations. AHCCCS members with developmental disabilities who are enrolled in the Department of Economic Security/Division of Developmental Disabilities (DES/DDD) with a Children's Rehabilitative Services designation receive integrated care through their assigned DDD health plan. Arizona Long Term Care members receive services through program contractors.

American Indian members have the choice of enrolling in an AHCCCS Complete Care managed care plan or the American Indian Health Program (AIHP fee-for-service) for integrated care or switch enrollment between the two at any time. AIHP members can also choose care coordination through a Tribal Regional Behavioral Health Authority when available (secondary health plan). American Indian members can receive services at any time from an Indian Health Service facility, or a tribally owned or operated organization (i.e., Tribal 638 providers or Urban Indian Health providers).

American Indian members determined to have a Serious Mental Illness receive behavioral health services from a Regional Behavioral Health Authority but have the option to choose the American Indian Health Program or AHCCCS Complete Care for physical health services.

**Arizona Health Care Workforce- Physicians.** For the provider indicators, we capture the supply of Arizona physicians by specialty using the Arizona Health Care Workforce data set. This data set includes administrative data collected from the Arizona Medical Board and the Arizona Board of Osteopathic Examiners in Medicine and Surgery, the licensing agencies for physicians.