

First Things First supports early childhood programs in Arizona through grants to community organizations that provide services—at no cost—for young children from birth to age 5 (before kindergarten) and their families.

Areas served: First Things First's Pima North, Pima South, Tohono O'odham Nation and Pascua Yaqui Tribe regions.



GET THIS INFO ONLINE:

[FirstThingsFirst.org / Find-Programs](https://FirstThingsFirst.org/Find-Programs)



## Parenting

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

### Home Visiting Programs

Work 1-on-1 with a trained and caring parent educator, in the convenience of your own home, to build on the parenting skills you already have and nurture your child's health, development and learning.

#### **In-Home Family Support**

##### **United Way of Tucson and Southern Arizona**

Cholpon Rosengren | (520) 903-3921  
[familysupport@unitedwaytucson.org](mailto:familysupport@unitedwaytucson.org)

### Community Based Language and Literacy

Gives parents and families of young children the opportunity to participate in language and literacy workshops at community locations, such as libraries, schools or housing complexes. The workshops may be one-time, one-day events or may be ongoing, but they all include opportunities for parents to learn about early language and literacy in a group setting.

#### **Story School**

##### **Make Way for Books**

Monique Perez | (520) 543-8309  
[monique@makewayforbooks.org](mailto:monique@makewayforbooks.org)

### Language, Literacy and Culture in Tribal Communities

Nurture the development and literacy of Pascua Yaqui Tribal families and children ages birth to 5 by providing culturally responsive materials to embrace our mother language through their early years and facilitate social opportunities to strengthen cultural identity.

#### **Dr. Fernando Escalante Tribal Library-Community Library & Resource Center**

##### **Pascua Yaqui Tribe**

Alvina Romero | (520) 879-5744  
[alvina.romero@pascuayaqui-nsn.gov](mailto:alvina.romero@pascuayaqui-nsn.gov)

### Family Resource Centers

Bring your children and take classes and workshops from trained parent educators, connect with community resources and more, all in one convenient location.

#### **Family Resource Center at Sahuarita Food Bank**

##### **Family Resource Center at Robles Elementary School**

##### **United Way of Tucson and Southern Arizona**

Lela Messick | (520) 777-7675  
[lmessick@unitedwaytucson.org](mailto:lmessick@unitedwaytucson.org)



## Child Health and Development

All children develop differently, but it helps to know if they're meeting typical milestones or could use extra assistance, and many medical and dental problems can be prevented.

### Well-Child Programs

Get information, assistance and referrals from a developmental specialist to help you support the health and development of your young child.

#### **Healthy Steps Program**

##### **Callie Pediatrics**

Mary Beth Callie | (520) 276-9081  
[mbcallie@callieped.com](mailto:mbcallie@callieped.com)



## Quality Child Care and Preschool

Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.

### Transition to Kindergarten

Introducing your child to what they'll experience in a kindergarten classroom can reduce their stress — and yours — and help them be ready to succeed in school.



Learn more and find programs near you at: [FirstThingsFirst.org](https://www.FirstThingsFirst.org)

### Summer Transition to Kindergarten Pascua Yaqui Tribe

Connie Ross  
[connie.ross@pascuayaqui-nsn.gov](mailto:connie.ross@pascuayaqui-nsn.gov)



## Birth to Five Helpline

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child's feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.



**Southwest Human Development**  
1-877-705-KIDS (5437)  
[birthtofivehelpline.org](https://www.birthtofivehelpline.org)

## LEARN MORE

For more information about how First Things First supports the healthy development and learning of young children in our community, visit us at [FirstThingsFirst.org/Regions/Tohono-Oodham-Nation](https://www.FirstThingsFirst.org/Regions/Tohono-Oodham-Nation) or call **520.628.6435**.

# FIRST THINGS FIRST .ORG

f AZFirstThingsFirst

🐦 @AZFTF

📷 @azfirstthingsfirst

Space may be limited and eligibility requirements may apply. While this listing only includes programs funded by First Things First, many of them can connect you with additional services that might be right for you.

In accordance with the Americans with Disabilities Act, First Things First (FTF) will not discriminate on the basis of disability in its services, programs or activities. Qualified individuals with disabilities may request auxiliary aids and services to make information and communications accessible as well as request reasonable modifications to policies and programs so that they can participate equally in FTF's services, programs and activities. For assistance, contact FTF at (602) 771-5057. This document was last modified 01/02/2024.

SCAN QR CODE  
TO FIND PROGRAMS  
IN YOUR AREA

