FIRST THINGS FIRST Family Guide

San Carlos Apache Region

First Things First supports early childhood programs in Arizona through grants to community organizations that provide services—at no cost—for young children from birth to age 5 (before kindergarten) and their families.

The boundaries of the San Carlos Apache Region are defined to be those of the San Carlos Apache Indian Reservation.

FIRST THINGS FIRST
FIND PROGRAMS

GET THIS INFO ONLINE: FirstThingsFirst.org / Find-Programs

Parenting

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

Community Based Language and Literacy

Gives parents and families of young children the opportunity to participate in language and literacy workshops at community locations, such as libraries, schools or housing complexes. The workshops may be one-time, one-day events or may be ongoing, but they all include opportunities for parents to learn about early language and literacy in a group setting.

Gowa: Teachable Moments for Apache Children
University of Arizona Cooperative Extension
Ashley Dixon-Kleiber | (928) 978-2911
adixon@arizona.edu

Family Resource Centers (FRC)

Bring your children and take classes and workshops from trained parent educators, connect with community resources and more, all in one convenient location.

San Carlos Apache Tribe Wellness Center
Bernadine Andrade | (928) 475-7983
bernadine.andrade@scatwellness.net

Child Health and Development

All children develop differently, but it helps to know if they're meeting typical milestones or could use extra assistance, and many medical and dental problems can be prevented.

Developmental and Sensory Screening

Have your child checked for vision, hearing or developmental concerns (including communication, social-emotional, problem-solving and motor skills) and, if needed, get a referral for further evaluation or support.

Developmental and Sensory Screening
University of Arizona Cooperative Extension, Gila County
Pam Trobaugh | (928) 595-0655
ptrobaugh@arizona.edu

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Quality Child Care and Preschool

Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.

QUALITY FIRST
FIRST THINGS FIRST

Learn more and find programs near you at: ***FirstThingsFirst.org***

Birth to Five Helpline

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child's feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.

Birth to Five HELPLINE
"Nothing Out of the Question"

Southwest Human Development
1-877-705-KIDS (5437)
birthtofivehelpline.org

LEARN MORE

For more information about how First Things First supports the healthy development and learning of young children in our community, visit us at **FirstThingsFirst.org/Regions/San-Carlos-Apache** or call **928.425.8172**.

FIRST THINGS FIRST .ORG | AZFirstThingsFirst | @AZFTF | @azfirstthingsfirst

Space may be limited and eligibility requirements may apply. While this listing only includes programs funded by First Things First, many of them can connect you with additional services that might be right for you.

In accordance with the Americans with Disabilities Act, First Things First (FTF) will not discriminate on the basis of disability in its services, programs or activities. Qualified individuals with disabilities may request auxiliary aids and services to make information and communications accessible as well as request reasonable modifications to policies and programs so that they can participate equally in FTF's services, programs and activities. For assistance, contact FTF at (602) 771-5057. This document was last modified 10/26/2026.

SCAN QR CODE
TO FIND PROGRAMS
IN YOUR AREA