

First Things First supports early childhood programs in Arizona through grants to community organizations that provide services—at no cost—for young children from birth to age 5 (before kindergarten) and their families.

The East Maricopa Region includes Chandler, Scottsdale, Tempe, Carefree, Cave Creek, Fountain Hills, Guadalupe, Paradise Valley, Goldfield Ranch, Rio Verde, Sun Lakes, Ahwatukee, Paradise Valley Village and the Fort McDowell Yavapai Nation.



GET THIS INFO ONLINE:

[FirstThingsFirst.org / Find-Programs](https://www.FirstThingsFirst.org/Find-Programs)



## Parenting

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

### Home Visiting Programs

Work 1-on-1 with a trained and caring parent educator, in the convenience of your own home, to build on the parenting skills you already have and nurture your child's health, development and learning.

#### **Healthy Families**

##### **Southwest Human Development**

Amy Jaffe | (602) 427-4725

[Healthyfamilies@swhd.org](mailto:Healthyfamilies@swhd.org)

#### **Parents as Teachers**

##### **Ft. McDowell Yavapai Nation**

Cathy Quintana | (480) 789-7208

[cquintana@fmyn.org](mailto:cquintana@fmyn.org)

#### **Parent Partners Plus**

(602) 633-0732

### Family Resource Centers

Bring your children and take classes and workshops from trained parent educators, connect with community resources and more, all in one convenient location.

#### **Chandler CARE Center**

(480) 812-7900 | [chandlercarecenter@cusd80.com](mailto:chandlercarecenter@cusd80.com)

#### **Family Resource Center at Valleywise Community Health Center - Chandler**

Jackie Mireles | (480) 344-6165

[frc@valleywisehealth.org](mailto:frc@valleywisehealth.org)

#### **Thrive to Five Family Resource Center at Thew Elementary**

(480) 894-5574 x 7082

[lupita.avelar@tempeschools.org](mailto:lupita.avelar@tempeschools.org)

#### **Guadalupe Family Resource Center**

(480) 491-2301 | [renato.ramos@parentingaz.org](mailto:renato.ramos@parentingaz.org)

#### **Scottsdale Family Resource Center**

(480) 312-0038

[scottsdalefamilyresourcecenter@scottsdaleaz.gov](mailto:scottsdalefamilyresourcecenter@scottsdaleaz.gov)



## Quality Child Care and Preschool

Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.



Learn more and find programs near you at: [FirstThingsFirst.org](https://www.FirstThingsFirst.org)



## Birth to Five Helpline

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child's feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.



**Southwest Human Development**  
1-877-705-KIDS (5437)  
[birthtofivehelpline.org](https://www.birthtofivehelpline.org)

### LEARN MORE

For more information about how First Things First supports the healthy development and learning of young children in our community, visit us at [FirstThingsFirst.org/Regions/East-Maricopa](https://www.FirstThingsFirst.org/Regions/East-Maricopa) or call **602.771.4980**.

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*Space may be limited and eligibility requirements may apply. While this listing only includes programs funded by First Things First, many of them can connect you with additional services that might be right for you.*

*In accordance with the Americans with Disabilities Act, First Things First (FTF) will not discriminate on the basis of disability in its services, programs or activities. Qualified individuals with disabilities may request auxiliary aids and services to make information and communications accessible as well as request reasonable modifications to policies and programs so that they can participate equally in FTF's services, programs and activities. For assistance, contact FTF at (602) 771-5057. This document was last modified 12/27/2023.*

SCAN QR CODE  
TO FIND PROGRAMS  
IN YOUR AREA

