

**2016** NEEDS AND ASSETS REPORT

# **## FIRST THINGS FIRST**

Coconino

# 

#### Coconino Regional Partnership Council

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# **Coconino Regional Partnership Council**

# 2016

# **Needs and Assets Report**

#### Prepared by

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# Funded by First Things First Coconino Regional Partnership Council

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Peter Van Wyck

February 10, 2017

Message from the Chair:

The past two years have been rewarding for the First Things First Coconino Regional Partnership Council, as we delivered on our mission to build better futures for young children and their families. During the past year, we have touched many lives of young children and their families.

The First Things First Coconino Regional Partnership Council will continue to advocate and provide opportunities as indicated throughout this report.

Our strategic direction has been guided by the Needs and Assets reports, specifically created for the Coconino Region in 2016. The Needs and Assets reports are vital to our continued work in building a true integrated early childhood system for our young children and our overall future. The Coconino Regional Council would like to thank our Needs and Assets vendor the University of Arizona's Norton School of Family and Consumer Sciences for their knowledge, expertise and analysis of the Coconino region. The new report will help guide our decisions as we move forward for young children and their families within the Coconino region.

Going forward, the First Things First Coconino Regional Partnership Council is committed to meeting the needs of young children by providing essential services and advocating for social change.

Thanks to our dedicated staff, volunteers and community partners, First Things First is making a real difference in the lives of our youngest citizens and throughout the entire State.

Thank you for your continued support.

Sincerely,

Paula Stefani, Chair

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# **Introductory Summary and Acknowledgments**

Ninety percent of a child's brain develops before kindergarten and the quality of a child's early experiences impact whether their brain will develop in positive ways that promote learning. Understanding the critical l role the early years play in a child's future success is crucial to our ability to foster each child's optimal development and, in turn, impact all aspects of wellbeing of our communities and our state.

This Needs and Assets Report for the Coconino Region helps us in understanding the needs of young children, the resources available to meet those needs and gaps that may exist in those resources. An overview of this information is provided in the Executive Summary and documented in further detail in the full report.

The First Things First Coconino Regional Partnership Council recognizes the importance of investing in young children and ensuring that families and caregivers have options when it comes to supporting the healthy development of young children in their care. This report provides information that will aid the Council's funding decisions, as well as our work with community partners on building a comprehensive early childhood system that best meets the needs of young children in our community.

It is our sincere hope that this information will help guide community conversations about how we can best support school readiness for all children in the Coconino region. This information may also be useful to stakeholders in our area as they work to enhance the resources available to young children and their families and as they make decisions about how best to support children birth to 5 years old in our area.

#### Acknowledgments:

We want to thank the Arizona Department of Economic Security and the Arizona Child Care Resource and Referral, the Arizona Department of Health Services, the Arizona Department of Education, the Census Bureau, the Arizona Department of Administration- Employment and Population Statistics, and the Arizona Health Care Cost Containment System for their contributions of data for this report, and their ongoing support and partnership with First Things First on behalf of young children.

To the current and past members of the Coconino Regional Partnership Council, your vision, dedication, and passion have been instrumental in improving outcomes for young children and families within the region. Our current efforts will build upon those successes with the ultimate goal of building a comprehensive early childhood system for the betterment of young children within the region and the entire state.

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# **Executive Summary**

#### **Regional Description**

The First Things First Coconino Region includes most but not all of Coconino County and parts of neighboring Mohave and Navajo counties. The region includes the lands belonging to the Hopi Tribe (including the part in Navajo County), the San Juan Southern Paiute Tribe, the Kaibab-Paiute Tribe (which is mostly in Mohave County), and the Havasupai Tribe. The region does not include the lands belonging to the Navajo Nation or the Hualapai Tribe. In the southern part of the county, the city of Sedona is assigned to the Yavapai Region and the Forest Lakes community is assigned to the Navajo/Apache Region. The city of Winslow is assigned to the Coconino Region, although it is located in Navajo County.

#### **Data Sources**

The data contained in this report come from a variety of sources. Some data were provided to First Things First by state agencies, such as the Arizona Department of Economic Security (DES), the Arizona Department of Education (ADE), and the Arizona Department of Health Services (ADHS). Other data were obtained from publically available sources, including the 2010 U. S. Census, the American Community Survey (ACS), the Arizona Department of Administration (ADOA), and the Arizona Health Care Cost Containment System (AHCCCS). In addition, regional data from the 2012 First Things First Family and Community Survey (FCS) are included.

#### **Population Characteristics**

According to the U.S. Census, the Coconino Region had a population of 124,238 in 2010, of whom 9,652 (8%) were children under the age of six. Sixteen percent of households in the region included a young child. According to the Arizona Department of Administration, the population of young children in Coconino County was expected to decrease slightly from 2010 to 2015, and then begin increasing again into 2020. The overall increase from 2010 to 2020 in the young child population in the county (3%) is projected to be substantially lower than the state of Arizona's projected increase (12%).

Living arrangements of children in the Coconino Region differ somewhat from those of children elsewhere in the state. In the Coconino Region, a higher proportion of young children live with one unmarried parent or step-parent (44%), compared to young children across the state (37%). In the region, thirteen percent of children aged birth to 5 live with a foreign-born parent. Compared to the region, the county has a slightly lower percentage of young children living with a foreign-born parent (11%), whereas the proportion across the state as a whole is much higher than the county or the region (28%). Sixteen percent of young children live in a grandparent's household in the region, which is lower than the county (21%) but greater than across the state (14%).

Differences also exist between the region, county, and the state relating to race, ethnicity, and language. Twenty-eight percent of children aged four and under in the Coconino Region are American Indian, compared to 39 percent in Coconino County, and six percent across the state. Most young children in the region (42%) are white, compared to 36 percent for the county and

40 percent for the state. For adults (those aged 18 and older), a much larger percentage in the region, county and state identify as white (65%, 60% and 63%, respectively). A smaller proportion of adults than children identify as American Indian across all geographic levels. In the region, 16 percent of adults (those aged 18 and older) identify as American Indian, compared to 23 percent across Coconino County and four percent across the state. Household language use also reflects these demographic patterns; eight percent of households in the region report speaking native North American languages, compared to only two percent statewide.

#### **Economic Circumstances**

Twenty-two percent of the total (all-age) population of the Coconino Region lives in poverty, which is lower than elsewhere in Coconino County (23% in poverty) but higher than across the state (18%). The percentage of the population aged 0-5 in poverty in the Coconino Region (33%) is higher than the total population in the region in poverty (22%), and higher than the population of children aged 0-5 living in poverty across the state (28%); the county has the same percentage of young children in poverty (33%) as the region. In addition to the families whose incomes fall below the federal poverty level, a proportion of households in the region and county are considered low income (i.e., near but not below the federal poverty level [FPL]). Half of all families (51%) in the region with children aged four and under live below 185 percent of the FPL (i.e., earned less than \$3,677 a month for a family of four) similar to the 52 percent in the county and 48 percent across the state.

Unemployment rates have been dropping in both Coconino County and the state since 2010; both have decreased from 10 percent in 2010 to seven percent in 2014.

In terms of housing, fewer housing units are occupied in the region (74%) and county (73%) compared to the state (83%), indicating a large percentage of vacant seasonal housing units in the region (20%) and county (21%). The foreclosure rate in the region and county (3.6 per 10,000 homes for both) is lower than the rate across the state (7.2 per 10,000).

The percentages of children aged 5 and under receiving Temporary Assistance for Needy Families (TANF) from 2012 to 2014 were low for the region, county, and the state. Across those years, receipt of this benefit was lower in the Coconino Region and Coconino County than the state. Other safety net programs, such as the Supplemental Nutrition Assistance Program (SNAP) and the school-based free or reduced-price lunch program, reached more children. For SNAP, 60 percent of young children in the Coconino Region received this benefit in 2012, decreasing to 55 percent in 2014. Receipt of this benefit was slightly lower in both Coconino County and across the state over the same period. For both TANF and SNAP, the percentage of young children receiving this benefit has decreased between 2012 and 2014. More than half of students in Coconino County have been eligible for free or reduced-price lunch since 2012 (56% in 2012 and 2013; 55% in 2014). At the same time, the percent across the state has remained at 57 or 58 percent.

#### **Educational Indicators**

Education appears to be an asset for the Coconino Region. Adults aged 25 and older are generally well-educated; nearly one-third (32%) have a bachelor's degree or more, which is a slightly higher proportion than across Coconino County (31%) or Arizona (27%). Adults in the region (36%), county (34%), and state (34%) all have a similar likelihood of having had some college or professional training. High school drop-out rates were similar in Coconino County (4%) and in the state of Arizona (3%) in FY 2014. In addition, four and five year graduation rates in 2013 in Coconino County (75% and 79%, respectively) were identical to the state (75% and 79%), although they had decreased from highs in the region during 2011 of 76 and 82 percent, respectively.

Child academic achievement in the county is very similar to the state. Students are considered to "pass" Arizona's Instrument to Measure Standards (AIMS) if they meet or exceed the standard. AIMS 3rd grade math results were similar for Coconino County and the state of Arizona in 2014. In the county, 67 percent of 3rd graders passed the math test compared to 69 percent across the state. On the reading test, students in Coconino County performed slightly worse than students statewide; 73 percent of 3rd graders passed the reading test compared to 78 percent across the state. Only three percent of 3rd graders in the county and state scored "falls far below" in reading; whereas in math, 10 percent of 3rd graders in Coconino County and Arizona received this score.

#### **Early Learning**

In 2014, there were 70 licensed child care providers in the Coconino Region, licensed to serve 4,375 children. Most of these providers were classified as child care centers (n=60) or family child care providers (n=7). The cost of care in Coconino County varies by the type of care and the age of the child receiving care; the median cost in the county relative to the cost of like care across the state differs depending on the situation. For example, residents in Coconino County tend to pay lower prices than other state residents for child care centers (e.g., \$32 vs. \$42 per day for infant care) but higher prices for approved family homes (e.g., \$24 vs. \$22 per day for infant care).

According to data from the American Community Survey, nearly half of children aged 3 and 4 were enrolled in nursery school, preschool, or kindergarten in the Coconino Region (46%) and Coconino County (47%). Statewide, only about one-third (35%) of children those ages were enrolled in similar programs.

In terms of children with special needs, in the Coconino Region, Coconino County, and across Arizona, most referrals made to the Arizona Early Intervention Program (AzEIP) in FY 2014 were for children aged 25 to 35 months (n=115 for the region). The pattern of children being served by AzEIP in October of 2014 was similar for the region, county, and the state with more 25 to 35 month olds being served than 13 to 24 month olds. The number of Division of Developmental Disabilities (DDD) service visits for children aged 0-2 decreased from 2013 to 2014 in the region, county, and state. While this pattern held true for 3-5 year olds across the state, the number of service visits for this age group actually increased in the region from 2,140 visits in 2013 to 2,439 visits in 2014 and from 2,133 visits in 2013 to 2,676 visits in 2014 in Coconino County.

#### Child Health

Characteristics of mothers who gave birth in 2013 in the Coconino Region were similar to or slightly better than those of mothers in Coconino County and across the state of Arizona. For example, five percent of women giving birth in the Coconino Region had fewer than five prenatal visits, compared to six percent in Coconino County and five percent across the state overall. A lower proportion of mothers in the Coconino Region had less than a high school education (13%) than in the county (14%) or state (18%). The region is also successfully meeting the Healthy People 2020 objective related to the proportion of expectant mothers who receive prenatal care in the first trimester; at 15 percent, the region fulfills the Healthy People 2020 goal of no more than 22.1 percent of mothers lacking first-trimester care. However, with two percent of women reporting smoking during pregnancy, the region does not meet the Healthy People 2020 goal of only 1.4 percent.

With regard to infant and child health, the Coconino Region is meeting one of two Healthy People 2020 objectives. Healthy People 2020 objectives include that fewer than 7.8 percent of babies are born at low birth weights and fewer than 11.4 percent are born preterm. In the region in 2013, nine percent of babies were low birth weight and nine percent were born preterm.

Unintentional injuries requiring emergency department visits for children under age six in Coconino County and across the state have been on the decline between 2012 and 2014.

A key factor in health care is health insurance, and young children in the Coconino Region and Coconino County were more likely to be uninsured (13% for both) than children elsewhere in Arizona (10%). Compared to young children, members of the total (all ages) population of the region, county, and state were more likely to lack health insurance. Additionally, more of the total population in the Coconino Region and Coconino County were uninsured (19% and 20%, respectively) than other state residents (17%).

While immunization rates vary slightly by vaccine, over 95 percent of children in child care in the Coconino Region had been immunized against seven major diseases; these rates were slightly higher than those of the state. The Healthy People 2020 Target for vaccination coverage for children ages 19-35 months for the DTAP, polio and MMR vaccines is 90 percent, suggesting the region is meeting this goal. However, given that state regulations require children enrolled in child care to be up to date on immunizations, it is possible that the rates of immunization for children in child care are higher than immunization rates for children not in child care. If that is the case, the rates for the entire population of children in these areas may be lower than the Healthy People 2020 goals. Children in kindergarten were vaccinated at similar, but slightly lower rates than children in child care for the region, and the region's rates of vaccine coverage for kindergarteners were below those at the county and state level.

#### **Family Support and Literacy**

The First Things First Family and Community Survey is a phone-based survey designed to measure many critical areas of parents' knowledge, skills, and behaviors related to their young children. In the Coconino Region, 147 people responded to the 2012 First Things First Family

and Community Survey. Among other topics, the survey collected data about parent and caregiver knowledge of children's early development and their involvement in a variety of behaviors known to contribute positively to healthy development. Parents in the Coconino Region were much more likely to report reading to their children (75%), telling stories to their children (68%) and drawing with their child (49%) six or seven days a week compared to parents across the state (51%, 51% and 47%, respectively). Parents in the Coconino Region also showed a better understanding that brain development can be impacted prenatally or right from birth (87%) than did respondents across the state as a whole (80%).

#### **Communication, Public Information and Awareness**

In addition to measuring parent knowledge, skills, and behaviors related to their young children, the 2012 First Things First Family and Community Survey collected data on parents' perceptions regarding resources available to young children and their families across Arizona. Results from the survey demonstrated that parents in the Coconino Region had greater levels of satisfaction with available information and resources and found these resources easier to locate compared to parents elsewhere in Arizona. Over half (55%) of Coconino Region respondents indicated they were "very satisfied" with "the community information and resources available to them about their children's development and health," compared to 39 percent of respondents across the state. Seventy-nine percent of Coconino Region respondents "strongly agreed" or "somewhat agreed" that "it is easy to locate services that I want or need," compared to 74 percent of respondents across the state.

#### Systems Coordination among Early Childhood Programs and Services

The 2012 First Things First Family and Community Survey collected data on parents' perceptions regarding how well agencies that serve young children and their families coordinate and collaborate. One item from the survey addresses the issue of perceived early childhood system coordination. Respondents in both the region and the state were more likely to indicate satisfaction (42% in the region, 43% in the state) than dissatisfaction (34% in the region, 29% in the state) with how care providers and government agencies work together and communicate.

# The Coconino Region

## **Regional Description**

The First Things First regional boundaries were initially established in 2007, creating 31 regions which were designed to (a) reflect the view of families in terms of where they access services, (b) coincide with existing boundaries or service areas of organizations providing early childhood services, (c) maximize the ability to collaborate with service systems and local governments, and facilitate the ability to convene a Regional Partnership Council, and (d) allow for the collection of demographic and indicator data. The regional boundaries are reviewed every two years. In fiscal year 2015, the boundaries were modified using census blocks, creating 28 regions. This report uses the 2015 definition of the regional boundaries.

The First Things First Coconino Region includes most but not all of Coconino County and parts of neighboring Mohave and Navajo counties. The region includes the lands belonging to the Hopi Tribe (including the part in Navajo County), the San Juan Southern Paiute Tribe, the Kaibab-Paiute Tribe (which is mostly in Mohave County), and the Havasupai Tribe. The region does not include the lands belonging to the Navajo Nation or the Hualapai Tribe. In the southern part of the county, the city of Sedona is assigned to the Yavapai Region and the Forest Lakes community is assigned to the Navajo/Apache Region. The city of Winslow is assigned to the Coconino Region, although it is located in Navajo County.

Figure 1 below shows the geographical area covered by the Coconino Region. Additional information available at the end of this report includes a map of the region by zip code in Appendix 1, a table listing zip codes for the region in Appendix 2, and a map of school districts in the region in Appendix 3.

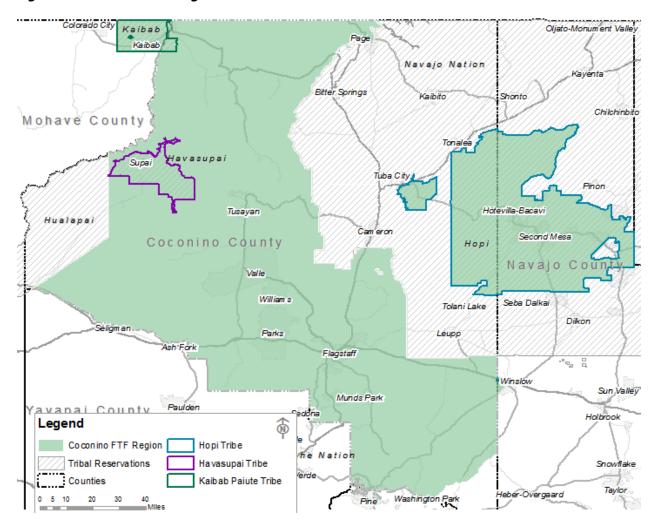


Figure 1. The Coconino Region

Source: U.S. Census Bureau (2010). TIGER/Line Shapefiles: TabBlocks, Streets, Counties, American Indian/Alaska Native Homelands. Retrieved from http://www.census.gov/geo/maps-data/data/tiger-line.html

#### **Data Sources**

The data contained in this report come from a variety of sources. Some data were provided to First Things First by state agencies, such as the Arizona Department of Economic Security (DES), the Arizona Department of Education (ADE), and the Arizona Department of Health Services (ADHS). Other data were obtained from publically available sources, including the 2010 U.S. Census, the American Community Survey (ACS), the Arizona Department of Administration (ADOA), and the Arizona Health Care Cost Containment System (AHCCCS). In addition, regional data from the 2012 First Things First Family and Community Survey (FCS) are included.

The U.S. Census<sup>1</sup> is an enumeration of the population of the United States. It is conducted every ten years, and includes information about housing, race, and ethnicity. The 2010 U.S. Census data are available by census block. There are about 115,000 inhabited blocks in Arizona, with an average population of 56 people each. The Census data for the Coconino Region presented in this report were calculated by identifying each block in the region, and aggregating the data over all of those blocks. (Note that the Census 2010 data in the current report may vary to a small degree from census data reported in previous Needs & Assets reports. The reason is that in the previous reports, the Census 2010 data were aggregated by zip code; the current report uses aggregation by census blocks.)

The American Community Survey<sup>2</sup> is a survey conducted by the U.S. Census Bureau each month by mail, telephone, and face-to-face interviews. It covers many different topics, including income, language, education, employment, and housing. The ACS data are available by census tract. Arizona is divided into about 1,500 census tracts, with an average of about 4,200 people in each. The ACS data for the Coconino Region were calculated by aggregating over the census tracts which are wholly or partially contained in the region. The data from partial census tracts were apportioned according to the percentage of the 2010 Census population in that tract living inside the Coconino Region. The most recent and most reliable ACS data are averaged over the past five years; those are the data included in this report. They are based on surveys conducted from 2009 to 2013. In general, the reliability of ACS estimates is greater for more populated areas. Statewide estimates, for example, are more reliable than county-level estimates.

To protect the confidentiality of program participants, the First Things First Data Dissemination and Suppression Guidelines preclude our reporting social service and early education programming data if the count is less than ten, and preclude our reporting data related to health or developmental delay if the count is less than twenty-five. In addition, some data received from state agencies may be suppressed according to their own guidelines. The Arizona Department of Health Services, for example, does not report counts less than six. Throughout this report, information which is not available because of suppression guidelines will be indicated by entries of "N/A" in the data tables.

<sup>&</sup>lt;sup>1</sup> U.S. Census Bureau. (May, 2000). Factfinder for the Nation. Retrieved from http://www.census.gov/history/pdf/cff4.pdf

<sup>&</sup>lt;sup>2</sup> U.S. Census Bureau (April, 2013). *American Community Survey Information Guide*. Retrieved from http://www.census.gov/content/dam/Census/programs-surveys/acs/about/ACS\_Information\_Guide.pdf

# **Population Characteristics**

## Why it Matters

The characteristics of families living within a region can influence the availability of resources and supports for those families.<sup>3</sup> Population characteristics and trends in family composition are often considered by policymakers when making decisions about the type and location of services to be provided within a region such as schools, health care facilities and services, and social services and programs. As a result of these decisions, families with young children may have very different experiences within and across regions regarding access to employment, food resources, schools, health care facilities and providers, and social services. It is important, therefore, that decision-makers understand who their constituents are so that they can prioritize policies that address the needs of diverse families with young children. Accurate and up-to-date information about population characteristics such as the number of children and families in a geographic region, their ethnic composition, whether their parents were born abroad, living arrangements and languages spoken can support the development or continuation of resources that are linguistically, culturally, and geographically most appropriate for a given locale.

In addition to being affected by community resources, the likelihood of a child reaching his or her optimal development can also be affected by the supports and resources available within the family. <sup>4,5</sup> The availability of family resources can be influenced by the characteristics of the family structure, such as who resides in a household and who is responsible for a child's care. Children living with and being cared for by relatives or caregivers other than parents, is increasingly common. <sup>6</sup> Those providing this type of care, such as friends, aunts, uncles, siblings and grandparents, may be in need of special support. Raising or supporting young children may pose a particular challenge for aging grandparents, as they often lack information on resources,

<sup>&</sup>lt;sup>3</sup> U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau. (2014). *Child Health USA 2014. Population Characteristics*. Retrieved from: http://mchb.hrsa.gov/chusa14/population-characteristics.html

<sup>&</sup>lt;sup>4</sup> Center for American Progress. (2015). Valuing All Our Families. Progressive Policies that Strengthen Family Commitments and Reduce Family Disparities. Retrieved from: https://cdn.americanprogress.org/wp-content/uploads/2015/01/FamilyStructure-report.pdf

<sup>&</sup>lt;sup>5</sup> Kidsdata.org. (n.d.). Summary: Family Structure. Retrieved from: http://www.kidsdata.org/topic/8/family-structure/summary

<sup>&</sup>lt;sup>6</sup> U.S. Department of Health and Human Services. (2012). *ASPE Report. Children in Nonparental Care: A Review of the Literature and Analysis of Data Gaps*. Retrieved from http://aspe.hhs.gov/basic-report/children-nonparental-care-review-literature-and-analysis-data-gaps

support services, benefits and policies available to aid in their caregiving role. Often, grandparents take on child rearing responsibilities when parents are unable to provide care because of the parent's death, unemployment or underemployment, physical or mental illness, substance abuse, incarceration, or because of domestic violence or child neglect in the family. Caring for children who have experienced family trauma can pose an even greater challenge to grandparents, who may be in need of specialized assistance and resources to support their grandchildren.

Understanding language use in the region can also contribute to being better able to serve the needs of families with young children. Language preservation and revitalization have been recognized by the U.S. Department of Health & Human Services as keys to strengthening culture in Native communities and to encouraging communities to move toward social unity and self-sufficiency. Special consideration should be given to respecting and supporting the numerous Native languages spoken by families, particularly in tribal communities around the state. In addition, assuring that early childhood resources and services are available in Spanish is important in many areas of Arizona, given that five percent of the households in the state are limited English speaking households (that is, a household where none of the members speak English very well). Language barriers for these families can limit their access to health care and social services, and can provide challenges to communication between parents and their child's teachers, which can impact the quality of education children are able to receive.

#### What the Data Tell Us

According to the U.S. Census, the Coconino Region had a population of 124,238 in 2010, of whom 9,652 (8%) were children under the age of six (see Table 1). Sixteen percent of households in the region included a young child. According to the Arizona Department of Administration, the population of young children in Coconino County was expected to decrease slightly from 2010 to 2015, and then begin increasing again into 2020 (see Table 3). The overall increase from 2010 to 2020 in the young child population in the county (3%) is projected to be substantially lower than the state of Arizona's projected increase (12%).

<sup>&</sup>lt;sup>7</sup> American Association for Marriage and Family Therapy. (2015). *Grandparents Raising Grandchildren*. Retrieved from http://www.aamft.org/imis15/AAMFT/Content/Consumer Updates/Grandparents Raising Grandchildren.aspx

<sup>&</sup>lt;sup>8</sup> Population Reference Bureau. (2012). *More U.S. Children Raised by Grandparents*. Retrieved from http://www.prb.org/Publications/Articles/2012/US-children-grandparents.aspx

<sup>&</sup>lt;sup>9</sup> U.S. Department of Health & Human Services, Administration for Native Americans. (n.d.). *Native Languages*. Retrieved from http://www.acf.hhs.gov/programs/ana/programs/native-language-preservation-maintenance

<sup>&</sup>lt;sup>10</sup> Shields, M. & Behrman, R. (2004). Children of immigrant families: Analysis and recommendations. *The Future of Children,* 14(2). Retrieved from: https://www.princeton.edu/futureofchildren/publications/docs/14\_02\_1.pdf

Living arrangements of children in the Coconino Region differ somewhat from those of children elsewhere in the state. In the Coconino Region, a higher proportion of young children live with one unmarried parent or step-parent (44%), compared to young children across the state (37%) (see Figure 2). In the region, thirteen percent of children aged birth to 5 live with a foreign-born parent. Compared to the region, the county has a slightly lower percentage of young children living with a foreign-born parent (11%), whereas the proportion across the state as a whole is much higher than the county or the region (28%) (see Table 4). Sixteen percent of young children live in a grandparent's household in the region, which is lower than the county (21%) but greater than across the state (14%) (see Table 5).

Differences also exist between the region, county, and the state relating to race, ethnicity, and language. Twenty-eight percent of children aged four and under in the Coconino Region are American Indian, compared to 39 percent in Coconino County, and six percent across the state. (see Table 7). Most young children in the region (42%) are white, compared to 36 percent for the county and 40 percent for the state. For adults (those aged 18 and older) a much larger percentage in the region, county, and state identify as white (65%, 60% and 63%, respectively). A smaller proportion of adults than children identify as American Indian across all geographic levels. In the region, 16 percent of adults (those aged 18 and older) identify as American Indian, compared to 23 percent across Coconino County and four percent across the state (see Table 8). Language use also reflects these demographic patterns; eight percent of people aged 5 years and older in the region report speaking native North American languages, compared to only two percent statewide (see Figure 4).

## **Population and Households**

Table 1. Population and households, 2010

	TOTAL POPULATION			HOUSEHOLDS WITH ONE OR MORE CHILDREN (AGES 0-5)		
Coconino Region	124,238	9,652	43,764	6,795	16%	
Coconino County	134,421	10,777	46,711	7,474	16%	
Arizona	6,392,017	546,609	2,380,990	384,441	16%	

Source: U.S. Census Bureau (2010). 2010 Decennial Census, Summary File 1, Tables P1, P14, P20. Retrieved from: http://factfinder.census.gov

Table 2. Population of children by single year-of-age, 2010

	AGES 0-5	AGE 0	AGE 1	AGE 2	AGE 3	AGE 4	AGE 5
Coconino Region	9,652	1,547	1,572	1,640	1,687	1,548	1,658
Coconino County	10,777	1,732	1,773	1,845	1,882	1,713	1,832
Arizona	546,609	87,557	89,746	93,216	93,880	91,316	90,894

Source: U.S. Census Bureau (2010). 2010 Decennial Census, Summary File 1, Table P14.

Retrieved from: http://factfinder.census.gov

Note: Children age 0 were born between April 2009 and March 2010; children age 5 were born between April 2004 and March 2005.

Table 3. State and county population projections, 2015 & 2020

	POPULATION (AGES 0-5) IN 2010 CENSUS	PROJECTED POPULATION (AGES 0-5) IN 2015	PROJECTED POPULATION (AGES 0-5) IN 2020	PROJECTED CHANGE FROM 2010 TO 2020
Coconino County	10,777	10,600	11,100	3%
Arizona	546,609	537,200	610,400	12%

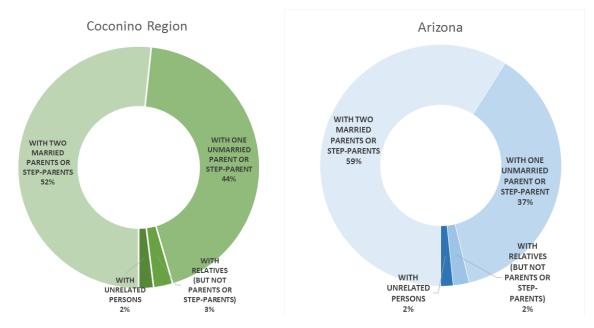
Sources: Arizona Dept. of Administration (2015). 2012-2050 State and county population projections & U.S. Census Bureau (2010). 2010 Decennial Census, Summary File 1, Tables P1, P14.

Retrieved from: http://factfinder.census.gov

Note: Regional data were not available for this indicator.

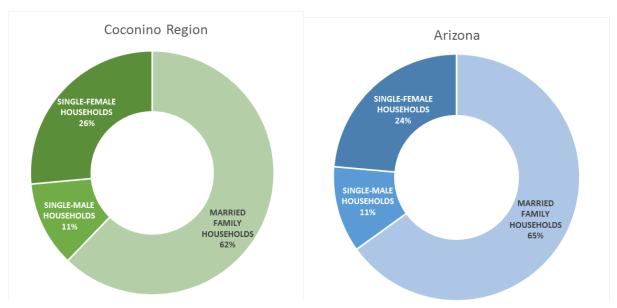
# **Living Arrangements for Young Children**

Figure 2. Living arrangements for children (ages 0-5), 2009-2013 five-year estimate



Source: American Community Survey, 5-year estimates (2009-2013), Tables B05009, B09001, B17006 Retrieved from: http://factfinder.census.gov

Figure 3. Heads of households in which young children (ages 0-5) live, 2010



Source: U.S. Census Bureau (2010). 2010 Decennial Census, Summary File 1, Tables P20, P32. Retrieved from: http://factfinder.census.gov

Table 4. Children (ages 0-5) living with one or two foreign-born parents, 2009-2013 five-year estimate

CHILDREN (0-5) LIVING WITH ONE OR TWO FOREIGN-BORN PARENTS

Coconino Region	13%
Coconino County	11%
Arizona	28%

Source: U.S. Census Bureau (2014). 2009-2013 American Community Survey 5 Year Estimates, Table B05009.

 $Retrieved\ from:\ http://factfinder.census.gov$ 

Table 5. Children (ages 0-5) living in the household of a grandparent, 2010

CHILDREN (0-5) LIVING IN A GRANDPARENT'S HOUSEHOLD

Coconino Region	16%
Coconino County	21%
Arizona	14%

Source: U.S. Census Bureau (2010). 2010 Decennial Census, Summary File 1, Table P41

Retrieved from: http://factfinder.census.gov

Table 6. Grandparents responsible for grandchildren (ages 0-17) living with them, 2009-2013 five-year estimate

	GRANDCHILDREN (0-17) LIVING WITH GRANDPARENT HOUSEHOLDER	GRANDPARENT HOUSE RESPONSIBLE FOR GRANDCHILDREN (	OWN	GRANDPARENT HOUSEHOLDER RESPONSIBLE FOR OWN GRANDCHILDREN (0-17) WITH NO PARENT PRESENT		
Coconino Region	3,354	1,716	51%	387	12%	
Coconino County	4,973	2,546	51%	385	8%	
Arizona	137,753	73,467	53%	20,102	15%	

Source: U.S. Census Bureau (2014). 2009-2013 American Community Survey 5 Year Estimates, Table B10002.

Retrieved from: http://factfinder.census.gov

# Race, Ethnicity, and Language

Table 7. Race and ethnicity of the population of young children (ages 0-4), 2010

	TOTAL POPULATION (AGES 0-4)	HISPANIC OR LATINO	WHITE, NOT HISPANIC	BLACK OR AFRICAN AMERICAN	AMERICAN INDIAN	ASIAN OR PACIFIC ISLANDER
Coconino Region	7,994	27%	42%	1%	28%	1%
Coconino County	8,945	22%	36%	1%	39%	1%
Arizona	455,715	45%	40%	5%	6%	3%

Source: U.S. Census Bureau (2010). 2010 Decennial Census, Summary File 1, Tables P12A-H.

Retrieved from: http://factfinder.census.gov

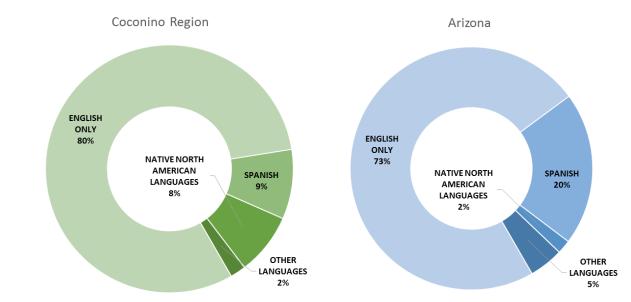
Table 8. Race and ethnicity of the adult population (ages 18 and older), 2010

			NOT HISPANIC OR LATINO				
	TOTAL POPULATION (AGES 18+)	HISPANIC OR LATINO	WHITE	BLACK OR AFRICAN AMERICAN	AMERICAN INDIAN	ASIAN OR PACIFIC ISLANDER	OTHER
Coconino Region	96,015	14%	65%	2%	16%	2%	2%
Coconino County	102,633	12%	60%	1%	23%	2%	2%
Arizona	4,763,003	25%	63%	4%	4%	3%	1%

Source: U.S. Census Bureau (2010). 2010 Decennial Census, Summary File 1, Table P11

Retrieved from: http://factfinder.census.gov.

Figure 4. Language spoken at home, by persons ages 5 and older, 2009-2013 five-year estimate



Source: U.S. Census Bureau (2014). 2009-2013 American Community Survey 5 Year Estimates, Table B16001. Retrieved from: http://factfinder.census.gov

Table 9. Household use of languages other than English, 2009-2013 five-year estimate

		HOUSEHOLDS IN			
		WHICH A	LIMITED	LIMITED	LIMITED
		LANGUAGE	ENGLISH	ENGLISH	ENGLISH
		OTHER THAN	SPEAKING	SPEAKING	SPEAKING
	NUMBER OF	ENGLISH IS	HOUSEHOLDS	HOUSEHOLDS	HOUSEHOLDS
	HOUSEHOLDS	SPOKEN	(TOTAL)	(SPANISH)	(NOT SPANISH)
Coconino Region	43,133	23%	3%	2%	1%
Coconino County	46,198	28%	4%	1%	3%
Arizona	2,370,289	27%	5%	4%	1%

Source: U.S. Census Bureau (2014). 2009-2013 American Community Survey 5 Year Estimates, Table B16002. Retrieved from: http://factfinder.census.gov

## **Economic Circumstances**

#### Why it Matters

Many economic factors contribute to a child's well-being, including family income, parent employment status, and the availability of safety-net programs such as housing and nutrition assistance. <sup>11,12</sup> Understanding the economic context in which families with young children live is crucial when designing programs and policies intended to assist them.

Employment rates and income are common indicators of economic well-being. Unemployment and job loss often results in families having fewer resources to meet their regular monthly expenses and support their children's development. Family dynamics can be negatively impacted by job loss as reflected in higher levels of parental stress, family conflict and more punitive parental behaviors. Parental job loss can also impact children's school performance (shown by lower test scores, poorer attendance, higher risk of grade repetition, suspension or expulsion among children whose parents have lost their jobs.) Unemployment rates, therefore, can be an indicator of family stress, and are also an important indicator of regional economic vitality.

Employment rates and job opportunities contribute to the income families have available. It is estimated that families need an income of about twice the federal poverty level (FPL)<sup>15</sup> to meet basic needs.<sup>16</sup> Families earning less may experience unstable access to basic resources like food and housing. Food insecurity – the lack of reliable access to affordable, nutritious food – negatively impacts the health and well-being of children, including a heightened risk for developmental delays.<sup>17</sup> High housing costs, relative to income, are associated with increased risk for homelessness, overcrowding, poor nutrition, frequent moving, lack of supervision while

<sup>&</sup>lt;sup>11</sup> Annie E Casey Foundation. (2015). *Kids Count 2015 Data Book–State Trends in Child Well-being*. Retrieved from http://www.aecf.org/m/databook/aecf-2015kidscountdatabook-2015-em.pdf

<sup>&</sup>lt;sup>12</sup> Kalil, A. (2013). Effects of the great recession on child development. *The Annals of the American Academy of Political and Social Science*, 650(1), 232-250. Retrieved from http://ann.sagepub.com/content/650/1/232.full.pdf+html

<sup>&</sup>lt;sup>13</sup> Isaacs, J. (2013). *Unemployment from a child's perspective*. Retrieved from http://www.urban.org/UploadedPDF/1001671-Unemployment-from-a-Childs-Perspective.pdf

<sup>14</sup> Ibid

<sup>&</sup>lt;sup>15</sup> The 2015 FPL for a family of four is \$24,250. Source: U.S. Department of Health and Human Services. (2015). *2015 Poverty Guidelines*. Retrieved from: http://aspe.hhs.gov/2015-poverty-guidelines

<sup>&</sup>lt;sup>16</sup> National Center for Children in Poverty. (2015). *Arizona Demographics of Low-income Children*. Retrieved from http://www.nccp.org/profiles/AZ\_profile\_6.html

<sup>&</sup>lt;sup>17</sup> Rose-Jacobs, R., Black, M. M., Casey, P. H., Cook, J. T., Cutts, D. B., Chilton, M., Heeren, T., Levenson, S. M., Meyers, A. F., & Frank, D. A. (2008). Household food insecurity: Associations with at-risk infant and toddler development. *Pediatrics, 121*(1), 65-72. Retrieved from http://pediatrics.aappublications.org/content/121/1/65.full.pdf

parents are at work, and low cognitive achievement.<sup>18</sup> Poverty, especially among children, can have far reaching negative consequences, including an effect on brain development and later cognitive ability.<sup>19</sup>

Public assistance programs are one way of combating the effects of poverty and providing supports to children and families in need. Temporary Assistance for Needy Families<sup>20</sup> (TANF, which has replaced previous welfare programs) provides cash assistance and services to the very poor and can help offset some of the economic circumstances of families that may have a detrimental effect on young children. Another safety net program, the Supplemental Nutrition Assistance Program (SNAP, also referred to as "Nutrition Assistance" and "food stamps") has been shown to help reduce hunger and improve access to healthier food.<sup>21</sup> SNAP benefits support working families whose incomes simply do not provide for all their needs. For low-income working families, the additional income from SNAP is substantial. For example, for a three-person family with one person whose wage is \$10 per hour, SNAP benefits boost takehome income by ten to 20 percent.<sup>22</sup> Similarly, the National School Lunch Program<sup>23</sup> provides free and reduced-price meals at school for students whose families meet income criteria. These income criteria are 130 percent of the federal poverty level (FPL) for free lunch, and 185 percent of the FPL for reduced price lunch.

https://morrisoninstitute.asu.edu/sites/default/files/content/products/TANF.doc\_0.pdf; Floyd, I., Pavetti, L., and Schott, L. (2015). *How states use federal and state funds under the TANF block grant*. Retrieved from http://www.cbpp.org/research/family-income-support/how-states-use-federal-and-state-funds-under-the-tanf-block-grant;

<sup>&</sup>lt;sup>18</sup> The Federal Interagency Forum on Child and Family Statistics. (2015). *America's Children: Key National Indicators of Well-Being, 2015*. Retrieved from http://www.childstats.gov/pdf/ac2015/ac\_15.pdf

<sup>&</sup>lt;sup>19</sup> Noble, K.G., Houston, S.M., Brito, N.H., Bartsch, H. Kan E., et. al. (2015). Family income, parental education and brain structure in children and adolescents. *Nature Neuroscience*, *18*, 773–778. Retrieved from http://www.nature.com/neuro/journal/v18/n5/full/nn.3983.html#close

<sup>&</sup>lt;sup>20</sup> In Arizona, TANF eligibility is capped at \$335 per month, or \$4020 annually for a family of four, and has recently undergone significant changes. Beginning in 2016, Arizona will become the first and only state that limits a person's lifetime benefit to 12 months. In addition, since 2009, a steadily decreasing percentage of Arizona TANF funds have been spent on three of the key assistance categories: cash assistance to meet basic needs, helping connect parents to employment opportunities, and child care. In 2013, Arizona ranked 51<sup>st</sup>, 47<sup>th</sup>, and 46<sup>th</sup> respectively in proportional spending in those categories across all states and the District of Columbia. Meanwhile, since 2009, an increasing percentage of Arizona TANF funds have been spent on other costs such as child protection, foster care, and adoption. Sources: Reilly, T., and Vitek, K. (2015). *TANF cuts: Is Arizona shortsighted in its dwindling support for poor families?* Retrieved from

<sup>&</sup>lt;sup>21</sup> Food Research and Action Center. (2013). SNAP and Public Health: The Role of the Supplemental Nutrition Assistance Program in Improving the Health and Well-Being of Americans. Retrieved from http://frac.org/pdf/snap\_and\_public\_health\_2013.pdf

<sup>&</sup>lt;sup>22</sup> Ibid

<sup>&</sup>lt;sup>23</sup> United States Department of Agriculture, Food and Nutrition Service. (2015). *National School Lunch Program (NSLP)*. Retrieved from http://www.fns.usda.gov/nslp/national-school-lunch-program-nslp

#### What the Data Tell Us

Twenty-two percent of the total (all-age) population of the Coconino Region lives in poverty, which is lower than elsewhere in Coconino County (23% in poverty) but higher than across the state (18%) (see Figure 5). The percentage of the population aged 0-5 in poverty in the Coconino Region (33%) is higher than the total population in the region in poverty (22%), and higher than the population of children aged 0-5 living in poverty across the state (28%); the county has the same percentage of young children in poverty (33%) as the region. In addition to the families whose incomes fall below the federal poverty level, a proportion of households in the region and county are considered low income (i.e., near but not below the federal poverty level [FPL]). Half of all families (51%) in the region with children aged four and under live below 185 percent of the FPL (i.e., earned less than \$3,677<sup>24</sup> a month for a family of four) similar to the 52 percent in the county and 48 percent across the state (see Table 10).

Unemployment rates have been dropping in both Coconino County and the state since 2010; both have decreased from 10 percent in 2010 to seven percent in 2014 (see Figure 7).

In terms of housing, fewer housing units are occupied in the region (74%) and county (73%) compared to the state (83%), indicating a large percentage of vacant seasonal housing units in the region (20%) and county (21%) (see Table 12). The foreclosure rate in the region and county (3.6 per 10,000 homes for both) is lower than the rate across the state (7.2 per 10,000) (see Table 13).

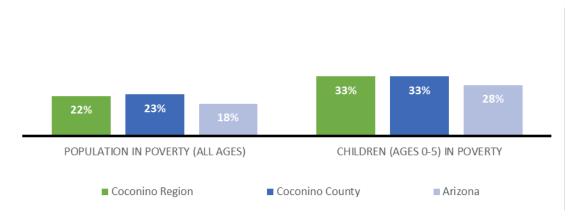
The percentages of children aged 5 and under receiving Temporary Assistance for Needy Families (TANF) from 2012 to 2014 were low for the region, county, and the state. Across those years, receipt of this benefit was lower in the Coconino Region and Coconino County than the state (see Table 14). Other safety net programs, such as the Supplemental Nutrition Assistance Program (SNAP) and the school-based free or reduced-price lunch program, reached more children. For SNAP, 60 percent of young children in the Coconino Region received this benefit in 2012, decreasing to 55 percent in 2014. Receipt of this benefit was slightly lower in both Coconino County and across the state over the same period (see Table 15). For both TANF and SNAP, the percentage of young children receiving this benefit has decreased between 2012 and 2014. More than half of students in Coconino County have been eligible for free or reduced-price lunch since 2012 (56% in 2012 and 2013; 55% in 2014) (see Table 16). At the same time, the percent across the state has remained at 57 or 58 percent.

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<sup>&</sup>lt;sup>24</sup> Based on 2014 FPL Guidelines, see http://aspe.hhs.gov/2014-poverty-guidelines

# **Poverty and Income**

Figure 5. Percent of population in poverty, 2009-2013 five-year estimate



Source: U.S. Census Bureau (2014). 2009-2013 American Community Survey 5 Year Estimates, Table B17001. Retrieved from: http://factfinder.census.gov

Table 10. Federal poverty levels for families with young children (ages 0-4), 2009-2013 five-year estimate

		FAMILIES WITH CHILDREN 0-4				
	FAMILIES WITH CHILDREN 0-4	BELOW POVERTY	BELOW 130% POVERTY	BELOW 150% POVERTY	BELOW 185% POVERTY	
Coconino Region	5,297	32%	37%	43%	51%	
Coconino County	6,027	31%	37%	44%	52%	
Arizona	307,126	26%	35%	40%	48%	

Source: U.S. Census Bureau (2014). 2009-2013 American Community Survey 5 Year Estimates, Tables 17010 and 17022. Retrieved from: http://factfinder.census.gov

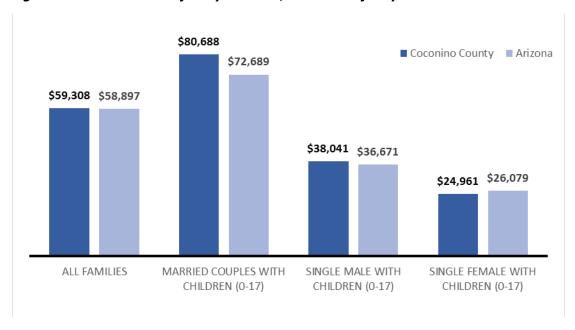
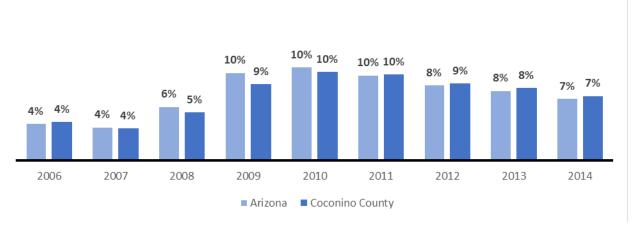


Figure 6. Median annual family incomes, 2009-2013 five-year estimate

Source: U.S. Census Bureau (2014). 2009-2013 American Community Survey 5 Year Estimates, Table B19126. Retrieved from: http://factfinder.census.gov

# **Employment and Housing**

Figure 7. Average annual unemployment rates, 2006-2014



Source: Arizona Labor Statistics (2015). Local Area Unemployment Statistics (LAUS). Retrieved from: https://laborstats.az.gov/local-area-unemployment-statistics

Table 11. Parents of young children (ages 0-5) who are or are not in the labor force, 2009-2013 five-year estimate

	ESTIMATED NUMBER OF	CHILDREN (0-5) LIVING WITH TWO PARENTS			CHILDREN (0-5) LIVING WITH ONE PARENT	
	CHILDREN (AGES 0-5) LIVING WITH ONE OR TWO PARENTS	BOTH PARENTS IN LABOR FORCE	ONE PARENT IN LABOR FORCE	NEITHER PARENT IN LABOR FORCE	PARENT IN LABOR FORCE	PARENT NOT IN LABOR FORCE
Coconino Region	8,639	31%	22%	1%	35%	11%
Coconino County	9,864	30%	20%	1%	35%	14%
Arizona	517,766	31%	29%	1%	29%	10%

Source: U.S. Census Bureau (2014). 2009-2013 American Community Survey 5 Year Estimates, Table B23008.

Retrieved from: http://factfinder.census.gov

Note: Persons who are unemployed but looking for work are considered to be "in the labor force."

Table 12. Vacant and occupied housing units, 2009-2013 five-year estimate

	TOTAL HOUSING UNITS	OCCUPIED HOUSING UNITS	VACANT HOUSING UNITS (NON- SEASONAL)	VACANT HOUSING UNITS (SEASONAL)
Coconino Region	58,496	74%	6%	20%
Coconino County	63,679	73%	6%	21%
Arizona	2,859,768	83%	10%	7%

Source: U.S. Census Bureau (2014). 2009-2013 American Community Survey 5 Year Estimates, Table B25002, B25106.

Retrieved from: http://factfinder.census.gov

Note: Seasonal units are intended for use only in certain seasons or for weekends or other occasional use.

Table 13. Occupied housing units, costs relative to income, and foreclosures, 2009-2013 fiveyear estimate

	NUMBER OF OCCUPIED HOUSING UNITS	UNITS WHICH COST THE OW MORE THAN 30% OF TH	_	FORECLOSURE RATE (PER 10,000 HOUSING UNITS)
Coconino Region	43,133	16,147	37%	3.6
Coconino County	46,198	16,643	36%	3.6
Arizona	2,370,289	847,315	36%	7.2

Source: U.S. Census Bureau (2014). 2009-2013 American Community Survey 5 Year Estimates, Table B25002, B25106. RealtyTrac (2015). Real Estate Trend & Market Info.

 $Retrieved\ from:\ http://factfinder.census.gov;\ http://www.realtytrac.com/statsandtrends/az$ 

# **Economic Supports**

Table 14. Children (ages 0-5) receiving Temporary Assistance to Needy Families (TANF), 2012-2014

		CHILDREN (	CHANGE		
	CENSUS 2010 POPULATION (AGES 0-5)	2012	2013	2014	FROM 2012 TO 2014
Coconino Region	9,652	3%	3%	2%	-41%
Coconino County	10,777	1%	1%	1%	-43%
Arizona	546,609	5%	5%	4%	-26%

Source: The Arizona Department of Economic Security (July 2015). [SNAP/TANF Dataset]. Unpublished data.

 $Note: The \ data \ reflect \ unduplicated \ counts \ of \ children \ served \ during \ each \ calendar \ year.$ 

Table 15. Children (ages 0-5) in the Supplemental Nutrition Assistance Program (SNAP), 2012-2014

		CHILDREN (	CHANGE		
	CENSUS 2010 POPULATION (AGES 0-5)	2012	2013	2014	FROM 2012 TO 2014
Coconino Region	9,652	60%	59%	55%	-9%
Coconino County	10,777	59%	57%	52%	-12%
Arizona	546,609	54%	53%	51%	-7%

Source: The Arizona Department of Economic Security (July 2015). [SNAP/TANF Dataset]. Unpublished data.

 $Note: The\ data\ reflect\ unduplicated\ counts\ of\ children\ served\ during\ each\ calendar\ year.$ 

Table 16. Students eligible for free or reduced-price lunch, 2012-2014

	STUDENTS ELIGIBLE FOR FREE OR REDUCED- PRICE LUNCH			
	2012 2013 2014			
Coconino County	56%	56%	55%	
Arizona	57%	57%	58%	

 $Source: The \ Arizona \ Department \ of \ Education \ (July \ 2015). \ [Education \ Dataset]. \ Unpublished \ data.$ 

Note: Regional data were not available for this indicator.

## **Educational Indicators**

#### Why it Matters

Characteristics of educational involvement and achievement in a region, such as school attendance, standardized tests scores, graduation rates, and the overall level of education of adults, all impact the developmental and economic resources available to young children and their families. Education, in and of itself, is an important factor in how able parents and caregivers are to provide for the children in their care. Parents who graduate from high school earn more and are less likely to rely on public assistance programs than those without high school degrees. <sup>25,26</sup> Higher levels of education are associated with better housing, neighborhood of residence, and working conditions, all of which are important for the health and well-being of children. <sup>27,28</sup>

Early school attendance and performance can set the stage for later achievement. Absenteeism in kindergarten is already an indicator of the likelihood of higher rates of absences later in a student's school career, as well as lower achievement in reading and math.<sup>29</sup> By third grade, reading ability is strongly associated with high school completion. One in six third graders who do not read proficiently will not graduate from high school on time, and the rates are even higher (23%) for children who were both not reading proficiently in third grade and living in poverty for at least a year.<sup>30</sup> In recognition of the importance of assuring that children are reading by the third grade, legislators enacted the Arizona Revised Statute §15-701 (also known as the *Move on When Reading* law) which states that as of school year 2013-2014 a student shall not be promoted from the third grade if the student obtains a score on the statewide reading assessment "that demonstrates that the pupil's reading falls far below the

<sup>&</sup>lt;sup>25</sup> Planty, M., Hussar, W., Snyder, T., Provasnik, S., Kena, G., Dinkes, R., KewalRamani, A., & Kemp, J. (2008). *The Condition of Education 2008* (NCES 2008-031). National Center for Education Statistics, Institute of Education Sciences, U.S. Department of Education, Washington, D.C. Retrieved from: http://nces.ed.gov/pubs2008/2008031.pdf

<sup>&</sup>lt;sup>26</sup> Waldfogel, J., Garfinkel, I., & Kelly, B. (2007). Welfare and the costs of public assistance. In C.R. Belfield and H.M. Levin (Eds.). *The price we pay: Economic and social consequences for inadequate education*. Washington, DC: The Brookings Institution, 160-174.

<sup>&</sup>lt;sup>27</sup> Annie E. Casey Foundation. (2013). *The First Eight Years. Giving kids a foundation for lifelong success*. Retrieved from http://www.aecf.org/m/resourcedoc/AECF-TheFirstEightYearsKCpolicyreport-2013.pdf

<sup>&</sup>lt;sup>28</sup> Lynch, J., & Kaplan, G. (2000). Socioeconomic position (pp. 13-35). In *Social Epidemiology*. Berkman, L. F. & Kawachi, I. (Eds.). New York: Oxford University Press.

<sup>&</sup>lt;sup>29</sup> Romero, M., & Lee, Y. (2007). *A National Portrait of Chronic Absenteeism in the Early Grades*. New York, NY: The National Center for Children in Poverty. Retrieved from http://www.nccp.org/publications/pdf/text\_771.pdf

<sup>&</sup>lt;sup>30</sup> Hernandez, D. (2011). *Double jeopardy: How third-grade reading skills and poverty influence high school graduation*. The Annie E. Casey Foundation. Retrieved from http://files.eric.ed.gov/fulltext/ED518818.pdf.

third-grade level." Exceptions exist for students identified with or being evaluated for learning disabilities, English language learners, and those with reading impairments.

From 2000-2014, the primary in-school performance of students in the public elementary schools in the state has been measured by Arizona's Instrument to Measure Standards (AIMS).<sup>31</sup> AIMS scores were used to meet the requirement of *Move on When Reading*.

However, a new summative assessment system which reflects Arizona's K-12 academic standards, Arizona's Measurement of Educational Readiness to Inform Teaching (AzMERIT), was implemented in the 2014-2015 school year.<sup>32</sup> This assessment replaced the reading and mathematics portions of the AIMS test. Although it is not a graduation requirement, it will still be used to determine promotion from the third grade in accordance with Arizona Revised Statute §15-701.<sup>33</sup>

AIMS results are included in this report, but future reports will use AzMERIT scores as they become available.

In order for children to be prepared to succeed on tests such as the AIMS or AzMERIT, research shows that early reading experiences, opportunities to build vocabularies and literacy rich environments are the most effective ways to support the literacy development of young children.<sup>34</sup>

#### What the Data Tell Us

Education appears to be an asset for the Coconino Region. Adults aged 25 and older are generally well-educated; nearly one-third (32%) have a bachelor's degree or more, which is a slightly higher proportion than across Coconino County (31%) or Arizona (27%) (see Figure 8). Adults in the region (36%), county (34%), and state (34%) all have a similar likelihood of having had some college or professional training. High school drop-out rates were similar in Coconino County (4%) and in the state of Arizona (3%) in FY 2014 (see Table 17). In addition, four and five year graduation rates in 2013 in Coconino County (75% and 79%, respectively) were identical to the state (75% and 79%), although they had decreased from highs in the region during 2011 of 76 and 82 percent, respectively.

<sup>&</sup>lt;sup>31</sup> For more information on the AIMS test, see http://arizonaindicators.org/education/aims

<sup>&</sup>lt;sup>32</sup> For more information on AzMERIT, see http://www.azed.gov/assessment/azmerit/

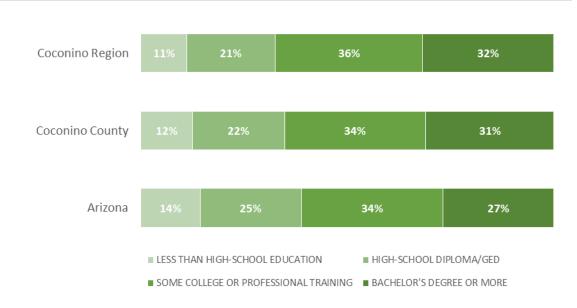
<sup>&</sup>lt;sup>33</sup> For more information on Move on When Reading, see http://www.azed.gov/mowr/

<sup>&</sup>lt;sup>34</sup> First Things First. (2012). *Read All About It: School Success Rooted in Early Language and Literacy*. Retrieved from http://www.azftf.gov/WhoWeAre/Board/Documents/Policy\_Brief\_Q1-2012.pdf

Child academic achievement in the county is very similar to the state. Students are considered to "pass" Arizona's Instrument to Measure Standards (AIMS) if they meet or exceed the standard. AIMS 3<sup>rd</sup> grade math results were similar for Coconino County and the state of Arizona in 2014. In the county, 67 percent of 3<sup>rd</sup> graders passed the math test compared to 69 percent across the state (see Figure 9). On the reading test, students in Coconino County performed slightly worse than students statewide; 73 percent of 3<sup>rd</sup> graders passed the reading test compared to 78 percent across the state (see Figure 10). Only three percent of 3<sup>rd</sup> graders in the county and state scored "falls far below" in reading; whereas in math, 10 percent of 3<sup>rd</sup> graders in Coconino County and Arizona received this score.

### **Educational Attainment of the Adult Population**

Figure 8. Level of education for the population ages 25 and older, 2009-2013 five-year estimate



Source: U.S. Census Bureau (2014). 2009-2013 American Community Survey 5 Year Estimates, Table B15002

# **Graduation and Drop-out Rates**

Table 17. Drop-out and graduation rates, 2012-2014

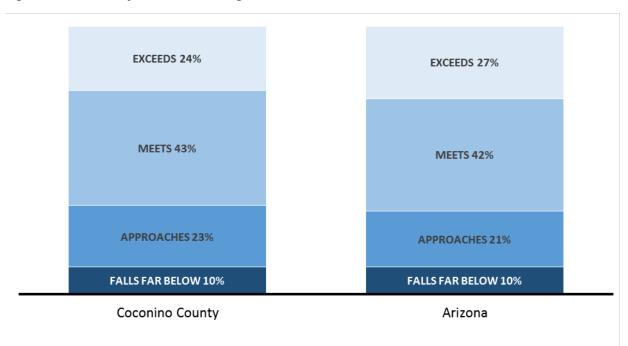
	D	ROPOUT RAT	E	FOUR-YE	AR GRADUAT	ION RATE	FIVE-YEA	R GRADUATI	ON RATE
	FY 2012	FY 2013	FY 2014	2011 COHORT	2012 COHORT	2013 COHORT	2011 COHORT	2012 COHORT	2013 COHORT
Coconino County	4%	4%	4%	76%	74%	75%	82%	79%	79%
Arizona	4%	4%	3%	78%	77%	75%	81%	80%	79%

Source: The Arizona Department of Education (July 2015). [Education dataset]. Unpublished data.

Note: Regional data were not available for this indicator.

# **Third-grade Test Scores**

Figure 9. Results of the 2014 third-grade AIMS Math test



Source: Arizona Department of Education, Research and Evaluation (2015). AIMS Assessment Results. Retrieved from: www.azed.gov/research-evaluation/aims-assessment-results

EXCEEDS 10%

MEETS 63%

MEETS 66%

FALLS FAR
BELOW 3%

APPROACHES 20%

FALLS FAR
BELOW 3%

Arizona

Figure 10. Results of the 2014 third-grade AIMS Reading test

Source: Arizona Department of Education, Research and Evaluation (2015). AIMS Assessment Results. Retrieved from: www.azed.gov/research-evaluation/aims-assessment-results

#### **Other Educational Indicators**

Table 18. Percent of students (Pre-K through 3rd grade) who were homeless, 2012-2014

	HOMELESS IN 2012	<b>HOMELESS IN 2013</b>	HOMELESS IN 2014
Coconino County	2%	3%	3%
Arizona	2%	2%	2%

Source: The Arizona Department of Education (July 2015). [Education dataset]. Unpublished data. Note: Regional data were not available for this indicator.

Table 19. Attendance rates for first-, second-, and third-graders, 2014

	FIRST-GRADE ENROLLMENT	FIRST-GRADE ATTENDANCE RATE	SECOND- GRADE ENROLLMENT	SECOND-GRADE ATTENDANCE RATE	THIRD-GRADE ENROLLMENT	THIRD-GRADE ATTENDANCE RATE
Coconino County	1,364	94%	1,210	95%	1,234	95%
Arizona	79,826	95%	76,666	95%	75,029	96%

Source: The Arizona Department of Education (July 2015). [Education dataset]. Unpublished data.

Note: Regional data were not available for this indicator.

# **Early Learning**

#### Why it Matters

Early childhood marks a time of peak plasticity in the brain, and early adversity can weaken the foundation upon which future learning will be built; in other words, positive developmental experiences in early life are crucial.<sup>35</sup> Research has shown that the experiences that children have from birth to five years of age influence future health and well-being, and that supporting children during this time has a great return on investment.<sup>36</sup> Investing in high-quality early childhood programs, particularly for disadvantaged children, provides substantial benefits to society through increased educational achievement and employment, reductions in crime, and better overall health of those children as they mature into adults.<sup>37,38</sup> Children whose education begins with high-quality preschool repeat grades less frequently, obtain higher scores on standardized tests, experience fewer behavior problems, and are more likely to graduate high school.<sup>39</sup>

The ability of families to access quality, affordable early care and education opportunities, however, can be limited. The annual cost of full-time center-based care for a young child in Arizona is only slightly less than a year of tuition and fees at a public college. Although the Department of Health and Human Services recommends that parents spend no more than 10 percent of their family income on child care, the cost of center-based care for a single infant, toddler, or 3-5 year old is an estimated 17, 15 and 11 percent, respectively, of an average Arizona family's income.

<sup>&</sup>lt;sup>35</sup> Center on the Developing Child at Harvard University. (2010). *The Foundations of Lifelong Health Are Built in Early Childhood*. Retrieved from http://developingchild.harvard.edu/wp-content/uploads/2015/05/Foundations-of-Lifelong-Health.pdf

<sup>&</sup>lt;sup>36</sup> Executive Office of the President of the United States. (2014). *The Economics of Early Childhood Investments*. Retrieved from https://www.whitehouse.gov/sites/default/files/docs/early\_childhood\_report1.pdf

<sup>&</sup>lt;sup>37</sup> The Heckman Equation. (2013). *The Heckman Equation Brochure*. Retrieved from http://heckmanequation.org/content/resource/heckman-equation-brochure-0

<sup>&</sup>lt;sup>38</sup> The Heckman Equation. (n.d.) *Research Summary: Abecedarian & Health*. Retrieved from http://heckmanequation.org/content/resource/research-summary-abecedarian-health

<sup>&</sup>lt;sup>39</sup> Annie E. Casey Foundation. (2013). *The First Eight Years. Giving kids a foundation for lifelong success*. Retrieved from http://www.aecf.org/m/resourcedoc/AECF-TheFirstEightYearsKCpolicyreport-2013.pdf

<sup>&</sup>lt;sup>40</sup> Child Care Aware® of America. (2014). *Parents and the High Cost of Child Care: 2014 Report*. Retrieved from https://www.ncsl.org/documents/cyf/2014\_Parents\_and\_the\_High\_Cost\_of\_Child\_Care.pdf

<sup>&</sup>lt;sup>41</sup> U.S. Department of Health and Human Services, Child Care Bureau (2008). *Child Care and Development Fund: Report of state and territory plans: FY 2008-2009*. Section 3.5.5 – Affordable co-payments, p. 89. Retrieved from http://www.researchconnections.org/childcare/resources/14784/pdf

<sup>&</sup>lt;sup>42</sup> The cost of center-based care as a percentage of income is based on the Arizona median annual family income of \$58,900.

Child care subsidies can help families who otherwise would be unable to access early learning services. However, the availability of this type of support is also limited. The number of children receiving Child Care and Development Fund (CCDF) subsidies in Arizona is low. In 2014, only 26,685 children aged birth to 5 (about 5% of Arizona's children in this age range) received CCDF vouchers. With half of young children in Arizona living below the federal poverty level, the number in need of these subsidies is likely much higher than those receiving them.

The availability of services for young children with special needs is an ongoing concern across the state, particularly in more geographically remote communities. The services available to families include early intervention screening and intervention services provided through the Arizona Department of Education AZ FIND (Child Find), <sup>44</sup> the Arizona Early Intervention Program (AzEIP) <sup>45</sup> and the Division of Developmental Disabilities (DDD). <sup>46</sup> These programs help identify and assist families with young children who may need additional support to meet their potential. Timely intervention can help young children with, or at risk for, developmental delays improve language, cognitive, and social/emotional development. It also reduces educational costs by decreasing the need for special education. <sup>47,48,49</sup>

#### What the Data Tell Us

In 2014, there were 70 licensed child care providers in the Coconino Region, licensed to serve 4,375 children (see Table 20). Most of these providers were classified as child care centers (n=60) or family child care providers (n=7). The cost of care in Coconino County varies by the type of care and the age of the child receiving care; the median cost in the county relative to the cost of like care across the state differs depending on the situation. For example, residents in Coconino County tend to pay lower prices than other state residents for child care centers (e.g., \$32 vs. \$42 per day for infant care) but higher prices for approved family homes (e.g., \$24 vs. \$22 per day for infant care) (see Table 21).

<sup>&</sup>lt;sup>43</sup> For more information on child care subsidies see https://www.azdes.gov/child care/

<sup>&</sup>lt;sup>44</sup> For more information on AZ FIND see http://www.azed.gov/special-education/az-find/

<sup>&</sup>lt;sup>45</sup> For more information on AzEIP see https://www.azdes.gov/azeip/

<sup>&</sup>lt;sup>46</sup> For more information on DDD see https://www.azdes.gov/developmental disabilities/

<sup>&</sup>lt;sup>47</sup> The National Early Childhood Technical Assistance Center. (2011). *The Importance of Early Intervention for Infants and Toddlers with Disabilities and their Families*. Retrieved from http://www.nectac.org/~pdfs/pubs/importanceofearlyintervention.pdf

<sup>&</sup>lt;sup>48</sup> Hebbeler, K, Spiker, D, Bailey, D, Scarborough, A, Mallik, S, Simeonsson, R, Singer, M & Nelson, L. (2007). *Early intervention for infants and toddlers with disabilities and their families: Participants, services and outcomes. Final Report of the National Early Intervention Longitudinal Study (NEILS*). Retrieved from <a href="http://www.sri.com/sites/default/files/publications/neils">http://www.sri.com/sites/default/files/publications/neils</a> finalreport 200702.pdf

<sup>&</sup>lt;sup>49</sup> NECTAC Clearinghouse on Early Intervention and Early Childhood Special Education. (2005). *The long term economic benefits of high quality early childhood intervention programs*. Retrieved from http://ectacenter.org/~pdfs/pubs/econbene.pdf

According to data from the American Community Survey, nearly half of children aged 3 and 4 were enrolled in nursery school, preschool, or kindergarten in the Coconino Region (46%) and Coconino County (47%). Statewide, only about one-third (35%) of children those ages were enrolled in similar programs (see Table 23).

In terms of children with special needs, in the Coconino Region, Coconino County, and across Arizona, most referrals made to the Arizona Early Intervention Program (AzEIP) in FY 2014 were for children aged 25 to 35 months (n=115 for the region) (see Table 24). The pattern of children being served by AzEIP in October of 2014 was similar for the region, county, and the state with more 25 to 35 month olds being served than 13 to 24 month olds. The number of Division of Developmental Disabilities (DDD) service visits for children aged 0-2 decreased from 2013 to 2014 in the region, county, and state (see Table 25). While this pattern held true for 3-5 year olds across the state, the number of service visits for this age group actually increased in the region from 2,140 visits in 2013 to 2,439 visits in 2014 and from 2,133 visits in 2013 to 2,676 visits in 2014 in Coconino County (see Table 26).

#### **Early Care and Education**

Table 20. Child care providers, number of providers and total licensed capacity, 2014

	CHILD CAI	RE CENTERS  LICENSED  CAPACITY	GRO	UP HOMES  LICENSED  CAPACITY	FAMILY	CHILD CARE LICENSED CAPACITY		NNY OR DIVIDUAL LICENSED CAPACITY	ALL TYPI	ES OF CARE  LICENSED  CAPACITY
Coconino Region	60	4,323	2	20	7	28	1	4	70	4,375
Coconino County	54	4,050	1	10	5	20	1	4	61	4,084
Arizona	2,020	219,482	272	2,683	833	3,312	54	211	3,179	225,688

Source: The Arizona Department of Economic Security (2015). [Child care dataset]. Unpublished data.

Note: "Licensed Capacity" refers to the number of children (of all ages) who may be served, according to the provider's license.

Table 21. Median daily charge for full-time child care, 2014

	MEDIAN DAILY CHARGE FOR FULL- TIME CHILD CARE IN LICENSED CHILD CARE CENTERS			MEDIAN DAILY CHARGE FOR FULL-TIME CHILD CARE IN APPROVED FAMILY HOMES			MEDIAN DAILY CHARGE FOR FULL- TIME CHILD CARE IN CERTIFIED GROUP HOMES		
	INFANT	1 OR 2 YEAR OLD	3 TO 5 1 OR 2 YEAR YEAR OLD INFANT OLD		YEAR	3 TO 5 YEAR OLD	INFANT	1 OR 2 YEAR OLD	3 TO 5 YEAR OLD
Coconino County	\$32	\$27.60	\$25.25	\$24	\$22	\$21	\$28	\$25	\$25.50
Arizona	\$42	\$38	\$33	\$22	\$20	\$20	\$27	\$25	\$25

Source: Arizona Department of Economic Security (2015). Child Care Market Rate Survey. Received by request.

Note: Regional data were not available for this indicator.

Table 22. Cost of child care in a licensed center as a percentage of median family income

CHARGE FOR FULL-TIME CHILDCARE IN A LICENSED CHILDCARE CENTER AS A PERCENTAGE OF MEDIAN INCOME MEDIAN ANNUAL **FAMILY INCOME** INFANT 1 OR 2 YEAR OLD 3 TO 5 YEAR OLD Coconino County \$59,300 13% 11% 10% \$58,900 17% 15% Arizona 11%

Source: United State Census Bureau (2014). 2009-2013 American Community Survey 5 Year Estimates, Table B19126. Retrieved from http://factfinder.census.gov; Arizona Department of Economic Security (2015). [2014 Child care market rate survey data]. Received by request. Note: Regional data were not available for this indicator.

Table 23. Estimated number of children (ages 3 or 4) enrolled in nursery school, preschool, or kindergarten, 2009-2013 five-year estimate

	ESTIMATED POPULATION (AGES 3-4)	ENROLLED IN SCHOOL (AGES 3-4)
Coconino Region	3,138	1,444 46%
Coconino County	3,594	1,694 47%
Arizona	185,310	65,591 35%

Source: U.S. Census Bureau (2014). 2009-2013 American Community Survey 5 Year Estimates, Table B14003. Retrieved from: http://factfinder.census.gov

## **Families with Children Who Have Special Needs**

Table 24. AzEIP referrals and children served, 2014

		AzEIP REFERRA		NUMBER OF CHILDREN BEING SERVED BY AZEIP ON OCTOBER 1, 2014			
	LESS THAN 1 YEAR OLD	FROM 13 TO 24 MONTHS OLD	FROM 25 TO 35 MONTHS OLD	LESS THAN 1 YEAR OLD	FROM 13 TO 24 MONTHS OLD	FROM 25 TO 35 MONTHS OLD	
Coconino Region	59	74	115	N/A	33	46	
Coconino County	59	77	116	N/A	34	46	
Arizona	2,651	3,669	5,421	746	1,659	2,843	

Source: Arizona Department of Economic Security (July 2015). [Special needs dataset]. Unpublished data.

Note: Entries of "N/A" indicate percentages which cannot be reported because of data suppression, or are otherwise not available.

Table 25. Division of Developmental Disabilities (DDD) services to children (ages 0-2), 2013-2014

	CHILDREN (AGES 0-2) REFERRED TO DDD		CHILDREN (AGES 0-2) SCREENED BY DDD		CHILDREN (AGES 0-2) SERVED BY DDD		NUMBER OF DDD SERVICE VISITS TO CHILDREN (AGES 0-2)	
	FY 2013	FY 2014	FY 2013	FY 2014	FY 2013	FY 2014	FY 2013	FY 2014
Coconino Region	N/A	31	N/A	N/A	31	26	1,176	1,121
Coconino County	N/A	30	N/A	N/A	29	25	1,427	1,157
Arizona	2,186	2,479	314	216	2,693	2,341	158,496	130,486

Source: Arizona Department of Economic Security (July 2015). [Special needs dataset]. Unpublished data.

Note: Entries of "N/A" indicate percentages which cannot be reported because of data suppression, or are otherwise not available.

Table 26. Division of Developmental Disabilities (DDD) services to children (ages 3-5), 2013-2014

	CHILDREN (AGES 3-5) REFERRED TO DDD		CHILDREN (AGES 3-5) SCREENED BY DDD		CHILDREN (AGES 3-5) SERVED BY DDD		NUMBER OF DDD SERVICE VISITS TO CHILDREN (AGES 3-5)	
	FY 2013	FY 2014	FY 2013	FY 2014	FY 2013	FY 2014	FY 2013	FY 2014
Coconino Region	N/A	N/A	N/A	N/A	N/A	N/A	2,140	2,439
Coconino County	N/A	N/A	N/A	N/A	N/A	N/A	2,133	2,676
Arizona	1,401	1,804	731	727	2,600	2,533	374,440	367,590

Source: Arizona Department of Economic Security (July 2015). [Special needs dataset]. Unpublished data.

Note: Entries of "N/A" indicate percentages which cannot be reported because of data suppression, or are otherwise not available.

### **Child Health**

#### Why it Matters

The Institute of Medicine defines children's health as the extent to which children are able or enabled to develop and realize their potential, satisfy their needs, and develop the capacities that allow them to successfully interact with their biological, physical, and social environments. Health therefore encompasses not only physical health, but also mental, intellectual, social, and emotional well-being. Children's health can be influenced by their mother's health and the environment into which they are born and raised. The health of a child in utero, at birth, and in early life can impact many aspects of a child's development and later life. Factors such as a mother's prenatal care, access to health care and health insurance, and receipt of preventive care such as immunizations and oral health care all influence not only a child's current health, but long-term development and success as well. As in addition, nonfatal unintentional injuries substantially impact the well-being of children, and injuries are the leading cause of death in children in the United States.

Healthy People is a science-based government initiative which provides 10-year national objectives for improving the health of Americans. Healthy People 2020 targets are developed with the use of current health data, baseline measures, and areas for specific

<sup>&</sup>lt;sup>50</sup> National Research Council and Institute of Medicine. (2004). *Children's Health, the Nation's Wealth: Assessing and Improving Child Health*. Washington, DC: National Academies Press. Retrieved from http://www.ncbi.nlm.nih.gov/books/NBK92198/#ch2.s3

<sup>&</sup>lt;sup>51</sup> The Future of Children. (2015). *Policies to Promote Child Health, (25)*1. Retrieved from http://www.princeton.edu/futureofchildren/publications/docs/FOC-spring-2015.pdf

<sup>&</sup>lt;sup>52</sup> Center on the Developing Child at Harvard University. (2010). *The Foundations of Lifelong Health Are Built in Early Childhood*. Retrieved from http://developingchild.harvard.edu/wp-content/uploads/2015/05/Foundations-of-Lifelong-Health.pdf

<sup>&</sup>lt;sup>53</sup> Maternal and Child Health Bureau, Health Resources and Services Administration, U.S. Department of Health and Human Services. (n.d.) *Prenatal services*. Retrieved from http://mchb.hrsa.gov/programs/womeninfants/prenatal.html

<sup>&</sup>lt;sup>54</sup> Patrick, D. L., Lee, R. S., Nucci, M., Grembowski, D., Jolles, C. Z., & Milgrom, P. (2006). Reducing oral health disparities: A focus on social and cultural determinants. *BMC Oral Health, 6*(Suppl 1), S4. Retrieved from http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2147600/

<sup>&</sup>lt;sup>55</sup> Council on Children With Disabilities, Section on Developmental Behavioral Pediatrics, Bright Futures Steering Committee, and Medical Home Initiatives for Children With Special Needs Project Advisory Committee. (2006). Identifying infants and young children with developmental disorders in the medical home: An algorithm for developmental surveillance and screening. *Pediatrics*, *118*s(1), 405-420. Retrieved from http://pediatrics.aappublications.org/content/118/1/405.full

<sup>&</sup>lt;sup>56</sup> Danesco, E.R., Miller, T.R., & Spicer, R. S. (2000). Incidence and costs of 1987-1994 childhood injuries: Demographic breakdowns. *Pediatrics*, 105(2), E27. Retrieved from http://pediatrics.aappublications.org/content/105/2/e27.long

<sup>&</sup>lt;sup>57</sup> Centers for Disease Control and Prevention, National Center for Injury Prevention and Control. (2013). *10 Leading Causes of Death by Age Group, United States-2013*. Retrieved from: http://www.cdc.gov/injury/images/lc-charts/leading\_causes\_of\_death\_by\_age\_group\_2013-a.gif

improvement. Understanding where Arizona mothers and children fall in relation to these national benchmarks can help highlight areas of strength in relation to young children's health and those in need of improvement in the state. The Arizona Department of Health Services monitors state level progress towards a number of maternal, infant and child health objectives for which data are available at the regional level, including increasing the proportion of pregnant women who receive prenatal care in the first trimester; reducing low birth weight; reducing preterm births; and increasing abstinence from cigarette smoking among pregnant women. Although not a target of a Healthy People 2020 objective, high-birth weight, or macrosomia, is also associated with health risks for both the mother and infant during birth. These children are also at increased risk for obesity and metabolic syndrome (which is linked to an increase risk of heart disease, stroke, and diabetes). 59

The ability to obtain health care is critical for supporting the health of young children. In the early years of a child's life, well-baby and well-child visits allow clinicians to offer developmentally appropriate information and guidance to parents and provide a chance for health professionals to assess the child's development and administer preventative care measures like vaccines and developmental screenings. Without health insurance, each visit can be prohibitively expensive and may be skipped.<sup>60</sup>

#### What the Data Tell Us

Characteristics of mothers who gave birth in 2013 in the Coconino Region were similar to or slightly better than those of mothers in Coconino County and across the state of Arizona (see Table 27). For example, five percent of women giving birth in the Coconino Region had fewer than five prenatal visits, compared to six percent in Coconino County and five percent across the state overall. A lower proportion of mothers in the Coconino Region had less than a high school education (13%) than in the county (14%) or state (18%). The region is also successfully meeting the Healthy People 2020 objective related to the proportion of expectant mothers who receive prenatal care in the first trimester; at 15 percent, the region fulfills the Healthy People 2020 goal of no more than 22.1 percent of mothers lacking first-trimester care (see Figure 11).

<sup>&</sup>lt;sup>58</sup> Arizona Department of Health Services. (2013). *Arizona Health Status and Vital Statistics 2013 Annual Report. Table 6A: Monitoring Progress Toward Arizona and Selected Healthy People 2020 Objectives: Statewide Trends* Retrieved from: http://www.azdhs.gov/plan/report/ahs/ahs2013/pdf/6a1\_10.pdf

<sup>&</sup>lt;sup>59</sup> Mayo Clinic Staff. (2015). *Fetal macrosomia*. Retrieved from http://www.mayoclinic.org/diseases-conditions/fetal-macrosomia/basics/complications/con-20035423

<sup>&</sup>lt;sup>60</sup> Yeung, LF, Coates, RJ, Seeff, L, Monroe, JA, Lu, MC, & Boyle, CA. (2014). Conclusions and future directions for periodic reporting on the use of selected clinical preventive services to improve the health of infants, children, and adolescents—United States. *Morbidity and Mortality Weekly Report 2014, 63*(Suppl-2), 99-107. Retrieved from http://www.cdc.gov/mmwr/pdf/other/su6302.pdf.

However, with two percent of women reporting smoking during pregnancy, the region does not meet the Healthy People 2020 goal of only 1.4 percent.

With regard to infant and child health, the Coconino Region is meeting one of two Healthy People 2020 objectives. Healthy People 2020 objectives include that fewer than 7.8 percent of babies are born at low birth weights and fewer than 11.4 percent are born preterm. In the region in 2013, nine percent of babies were low birth weight and nine percent were born preterm (see Figure 12).

Unintentional injuries requiring emergency department visits for children under age six in Coconino County and across the state have been on the decline between 2012 and 2014 (see Table 29).

A key factor in health care is health insurance, and young children in the Coconino Region and Coconino County were more likely to be uninsured (13% for both) than children elsewhere in Arizona (10%) (see Figure 15). Compared to young children, members of the total (all ages) population of the region, county, and state were more likely to lack health insurance. Additionally, more of the total population in the Coconino Region and Coconino County were uninsured (19% and 20%, respectively) than other state residents (17%).

While immunization rates vary slightly by vaccine, over 95 percent of children in child care in the Coconino Region had been immunized against seven major diseases; these rates were slightly higher than those of the state (see Table 31). The Healthy People 2020 Target for vaccination coverage for children ages 19-35 months for the DTAP, polio and MMR vaccines is 90 percent, <sup>61</sup> suggesting the region is meeting this goal. However, given that state regulations require children enrolled in child care to be up to date on immunizations, it is possible that the rates of immunization for children in child care are higher than immunization rates for children not in child care. <sup>62</sup> If that is the case, the rates for the entire population of children in these areas may be lower than the Healthy People 2020 goals. Children in kindergarten were vaccinated at similar, but slightly lower rates than children in child care for the region, and the region's rates of vaccine coverage for kindergarteners were below those at the county and state level (see Table 32).

<sup>62</sup> For example, the National Immunization Survey (NIS) monitors vaccination coverage among U.S. children aged 19–35 months, and estimates the Arizona statewide rate for DTAP (Diptheria, Tetanus, Pertussis, 4 or more doses) to be about 81 percent and the statewide rate for MMR (Measles, Mumps and Rubella, 1 or more doses) to be about 84 percent. Source: Hill, H., Elam-Evans, L., Yankey, D., Singleton, J., Kolasa, M. (2015). National, state, and selected local area vaccination coverage among children aged 19–35 months—United States. *Morbidity and Mortality Weekly Report, 2014, 64*(33), 889-896. Retrieved from: http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6433a1.htm

<sup>&</sup>lt;sup>61</sup> U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion. (2015). *Immunization and Infectious Diseases*. Washington, DC. Retrieved from: https://www.healthypeople.gov/2020/topics-objectives/topic/immunization-and-infectious-diseases/objectives

### **Mothers Giving Birth**

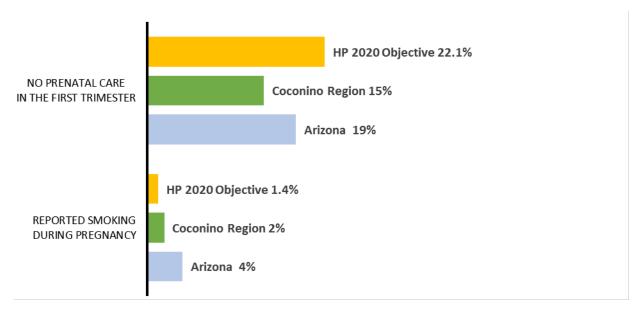
Table 27. Selected characteristics of mothers giving birth, 2013

	TOTAL NUMBER BIRTHS TO ARIZONA- RESIDENT MOTHERS, 2013	HAD FEWER THAN 5 PRENATAL VISITS	HAD NO PRENATAL CARE IN FIRST TRI- MESTER	MOTHER REPORTED SMOKING DURING PREG- NANCY	MOTHER REPORTED DRINKING DURING PREG- NANCY	MOTHER HAD LESS THAN A HIGH SCHOOL- EDU-CATION	MOTHERS YOUNGER THAN 20 YEARS OLD	MOTHERS YOUNGER THAN 18 YEARS OLD	BIRTH WAS PAID FOR BY AHCCCS OR IHS (PUBLIC PAYOR)
Coconino Region	1,508	5%	15%	2%	0%	13%	9%	N/A	60%
Coconino County	1,625	6%	15%	2%	N/A	14%	10%	3%	63%
Arizona	84,963	5%	19%	4%	0%	18%	9%	2%	55%

Source: Arizona Department of Health Services (July 2015). [Vital statistics dataset]. Unpublished data.

Note: Entries of "N/A" indicate percentages which cannot be reported because of data suppression, or are otherwise not available.

Figure 11. Healthy People 2020 objectives for mothers, compared to 2013 region and state data



Source: Arizona Department of Health Services (July 2015). [Vital statistics dataset]. Unpublished data. Arizona Department of Health Services (2015). Status on Healthy People 2020 Objectives, Table 6A. Retrieved from http://www.azdhs.gov/plan/menu/info/status.php

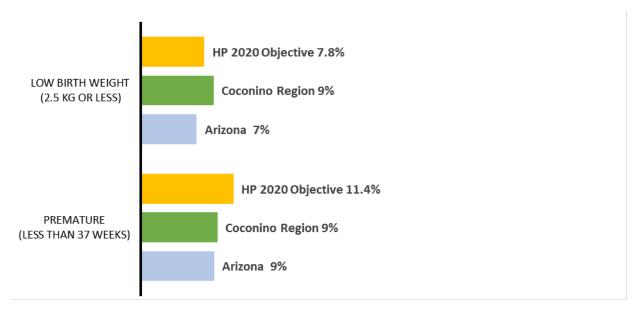
#### **Infant Health**

Table 28. Selected characteristics of babies born, 2013

	TOTAL NUMBER OF BIRTHS TO ARIZONA- RESIDENT MOTHERS, 2013	BABY HAD LOW BIRTH WEIGHT (2.5 kg OR LESS)	BABY HAD HIGH BIRTH WEIGHT (4 kg OR MORE)	BABY WAS PREMATURE (LESS THAN 37 WEEKS)	BABY WAS IN NEONATAL INTENSIVE CARE
Coconino Region	1,508	9%	4%	9%	1%
Coconino County	1,625	7%	6%	9%	1%
Arizona	84,963	7%	8%	9%	5%

Source: Arizona Department of Health Services (July 2015). [Vital statistics dataset]. Unpublished data.

Figure 12. Healthy People 2020 objectives for babies, compared to 2013 region and state data



Source: Arizona Department of Health Services (July 2015). [Vital statistics dataset]. Unpublished data. Arizona Department of Health Services (2015). Status on Healthy People 2020 Objectives, Table 6A. Retrieved from http://www.azdhs.gov/plan/menu/info/status.php

Table 29. Unintentional injuries to children (ages 0-5), 2012-2014

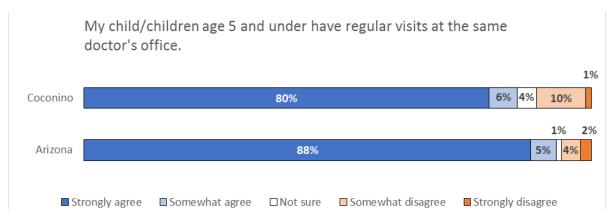
	NON-FATAL INI	PATIENT HOSPITAI	LIZATIONS	NON-FATAL EME	RGENCY DEPARTM	MENT VISITS
	2012 2013 2014		2012	2013	2014	
Coconino County	N/A	N/A	N/A	880	835	811
Arizona	1,306	1,049	901	49,453	46,407	46,033

Source: Arizona Department of Health Services (June 2015). [Injury report]. Received by request.

Note: Regional data were not available for this indicator.

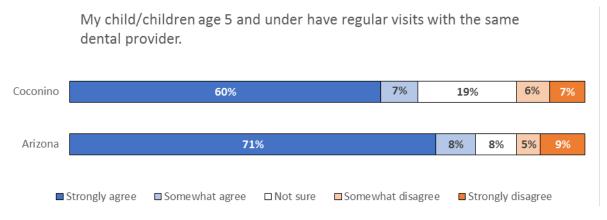
Note: Entries of "N/A" indicate percentages which cannot be reported because of data suppression, or are otherwise not available.

Figure 13. Regular visits at the same doctor's office (Family and Community Survey, 2012)



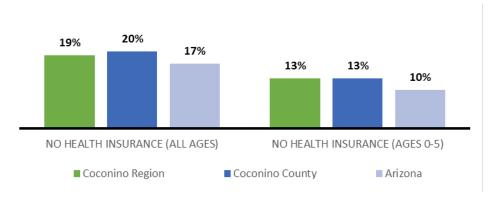
Source: First Things First (2014). [2012 Family and Community Survey data]. Unpublished data.

Figure 14. Regular visits with the same dental provider (Family and Community Survey, 2012)



#### **Health Insurance**

Figure 15. Estimated percent of population without health insurance, 2009-2013 five-year estimate



Source: U.S. Census Bureau (2014). 2009-2013 American Community Survey 5 Year Estimates, Table B27001. Retrieved from: http://factfinder.census.gov

Table 30. Number of children (all ages) enrolled in KidsCare, 2005-2014

	JAN 2005	JAN 2006	JAN 2007	JAN 2008	JAN 2009	JAN 2010	JAN 2011	JAN 2012	JAN 2013	JAN 2014
Coconino County	1,084	1,172	1,146	1,222	1,272	1,080	474	228	732	1,191
Arizona	48,075	55,996	58,612	63,527	61,198	45,809	22,943	12,837	34,127	42,686

Source: Arizona Health Care Cost Containment System (2014). KidsCare Population Reports Note: Regional data were not available for this indicator.

#### **Immunizations**

Table 31. Immunizations for children in child care, school year 2014-2015

	NUMBER OF STUDENTS	DTAP (DIPHTHERIA, TETANUS, PERTUSSIS), 4 OR MORE DOSES	POLIO, 3 OR MORE DOSES	MMR (MEASLES, MUMPS, RUBELLA), 1 OR MORE DOSES	RELIGIOUS BELIEFS EXEMPTIONS	MEDICAL EXEMPTIONS
Coconino Region	1,522	95%	95%	96%	4.2%	0.4%
Coconino County	1,514	95%	95%	96%	4.3%	0.5%
Arizona	84,778	93%	95%	96%	3.6%	0.5%

Source: Arizona Department of Health Services (2015). [Regional immunization dataset]. Unpublished data. Arizona Department of Health Services (2015). Arizona childcare immunization coverage. Retrieved from: http://azdhs.gov/preparedness/epidemiology-disease-control/immunization/index.php#reports-immunization-coverage

Table 32. Immunizations for children in kindergarten, school year 2014-2015

	NUMBER OF STUDENTS	DTAP (DIPHTHERIA, TETANUS, PERTUSSIS), 4 OR MORE DOSES	POLIO, 3 OR MORE DOSES	MMR (MEASLES, MUMPS, RUBELLA), 1 OR MORE DOSES	PERSONAL BELIEFS EXEMPTIONS	MEDICAL EXEMPTIONS
Coconino Region	1,162	93%	93%	93%	5.9%	0.4%
Coconino County	1,414	94%	94%	94%	5.1%	0.7%
Arizona	84,651	94%	95%	94%	4.6%	0.3%

Source: Arizona Department of Health Services (2015). [Regional immunization dataset]. Unpublished data. Arizona Department of Health Services (2015). Arizona kindergarten immunization coverage. Retrieved from: http://azdhs.gov/preparedness/epidemiology-disease-control/immunization/index.php#reports-immunization-coverage

# **Family Support and Literacy**

#### Why it Matters

Parents and families have a crucial role in providing nurturing and stable relationships for optimal brain development during their child's first years. 63,64,65 When children experience nurturing, responsive caregiving, they face better life prospects across a number of social, physical, academic and economic outcomes. 66,67 Consequently, healthy development depends on positive relationships between children and their caregivers from an early age. For parents of young children, reading aloud, singings songs, practicing nursery rhymes, and engaging in conversation primes children to reach their full potential. Such interactions not only support literacy skills, but also offer exposure to a range of ideas, including recognizing and naming emotions, an important socio-emotional skill. Parents and family are children's first teachers; the most rapid expansion in vocabulary happens between ages one and three. In fact, literacy promotion is so central to a child's development that the American Academy of Pediatrics has recently focused on it as a key issue in primary pediatric care, aiming to make parents more aware of their important role in literacy.

Data on the amount and quality of the interaction parents typically have with their children can be useful to inform programs and policies to encourage positive engagement. Communities may employ many resources to support families in engaging with their children. Examples of these opportunities include: home visitation programs; "stay and play" programs featuring

<sup>&</sup>lt;sup>63</sup> Evans, G. W., & Kim, P. (2013). Childhood poverty, chronic stress, self-regulation, and coping. *Child Development Perspectives*, 7(1), 43-48. Retrieved from http://onlinelibrary.wiley.com/doi/10.1111/cdep.12013/abstract

<sup>&</sup>lt;sup>64</sup> Shonkoff, J. P., & Fisher, P. A. (2013). Rethinking evidence-based practice and two-generation programs to create the future of early childhood policy. *Development and Psychopathology, 25*, 1635- 1653. Retrieved from http://journals.cambridge.org/download.php?file=%2FDPP%2FDPP25\_4pt2%2FS0954579413000813a.pdf&code=aeb62de3e0e a8214329e7a33e0a9df0e

<sup>&</sup>lt;sup>65</sup> Shonkoff, J. P. & Phillips, D. A. (2000). *From Neurons to Neighborhoods: The Science of Early Childhood Development*. Washington, D.C.: National Academy Press. Retrieved from http://www.nap.edu/read/9824/chapter/1

<sup>&</sup>lt;sup>66</sup> Magnuson, K. & Duncan, G. (2013). Parents in poverty (95-121) In Bornstein, M. *Handbook of Parenting: Biology and Ecology of Parenting Vol. 4: Social Conditions and Applied Parenting*. New Jersey: Lawrence Erlbaum.

<sup>&</sup>lt;sup>67</sup> Center on the Developing Child at Harvard University. (2010). *The Foundations of Lifelong Health Are Built in Early Childhood*. Retrieved from http://www.developingchild.harvard.edu

<sup>&</sup>lt;sup>68</sup> National Scientific Council on the Developing Child. (n.d.). Category: Working Papers. Retrieved from http://developingchild.harvard.edu/resourcecategory/working-papers/

<sup>&</sup>lt;sup>69</sup> Read On Arizona. (n.d.). As a parent what can I do at home to support early literacy? Retrieved from http://readonarizona.org/about-us/faq/

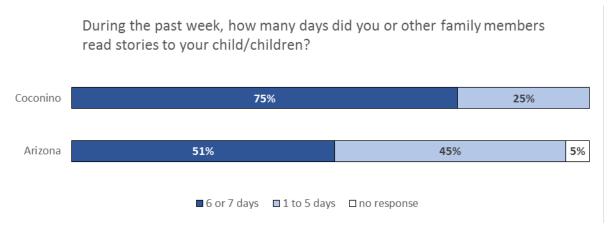
<sup>&</sup>lt;sup>70</sup> American Academy of Pediatrics. (n.d.). *Pediatric Professional Resource: Evidence Supporting Early Literacy and Early Learning*. Retrieved from https://www.aap.org/en-us/Documents/booksbuildconnections\_evidencesupportingearlyliteracyandearlylearning.pdf

developmentally appropriate activities for children and their parents; Read On Arizona, a program that promotes early literacy; and the national "Reach Out & Read" program, in which nearly 200 clinics and pediatric practices across the state seeing children for a well-child visit provide them with a book to take home.<sup>71</sup>

#### What the Data Tell Us

The First Things First Family and Community Survey is a phone-based survey designed to measure many critical areas of parents' knowledge, skills, and behaviors related to their young children. In the Coconino Region, 147 people responded to the 2012 First Things First Family and Community Survey. Among other topics, the survey collected data about parent and caregiver knowledge of children's early development and their involvement in a variety of behaviors known to contribute positively to healthy development. Parents in the Coconino Region were much more likely to report reading to their children (75%), telling stories to their children (68%) and drawing with their child (49%) six or seven days a week compared to parents across the state (51%, 51% and 47%, respectively) (see Figure 16, Figure 17, and Figure 18). Parents in the Coconino Region also showed a better understanding that brain development can be impacted prenatally or right from birth (87%) than did respondents across the state as a whole (80%) (see Figure 19).

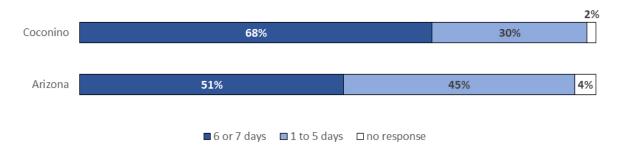
Figure 16. Reading stories to young children (Family and Community Survey, 2012)



<sup>&</sup>lt;sup>71</sup> Reach Out and Read. (n.d.). *Programs Near You*. Retrieved from http://www.reachoutandread.org/resource-center/find-a-program/

Figure 17. Telling stories or singing songs to young children (Family and Community Survey, 2012)

During the past week, how many days did you or other family members tell stories or sing songs to your child/children?



Source: First Things First (2014). [2012 Family and Community Survey data]. Unpublished data.

Figure 18. Drawing and scribbling with young children (Family and Community Survey, 2012)

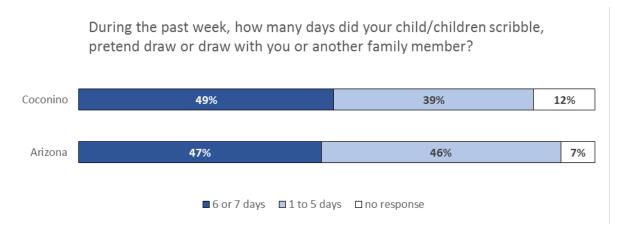
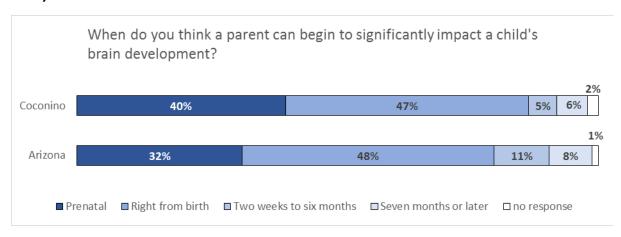


Figure 19. Understanding of prenatal brain development (Family and Community Survey, 2012)



# **Communication, Public Information and Awareness**

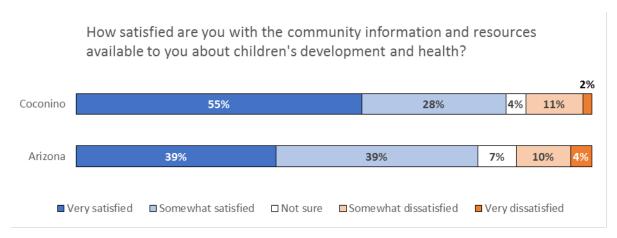
#### Why it Matters

To create a strong, comprehensive, and sustainable early childhood system, communities need an awareness of the importance of the first five years in a child's life, and a commitment to align priorities and resources to programs and policies affecting these first years. Supporting public awareness by providing accessible information and resources on early childhood development and health, and educating community members about the benefits of committing resources to early childhood, are key to supporting and growing this system. Assessing the reach of these educational and informational efforts in First Things First regions across the state can help early childhood leadership and stakeholders refine, expand or re-direct these efforts.

#### What the Data Tell Us

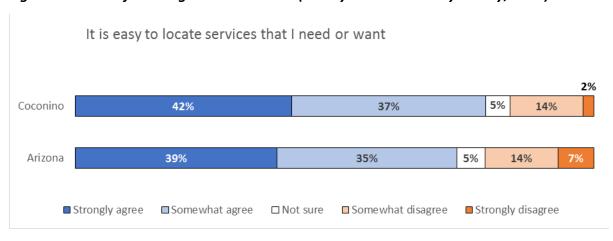
In addition to measuring parent knowledge, skills, and behaviors related to their young children, the 2012 First Things First Family and Community Survey collected data on parents' perceptions regarding resources available to young children and their families across Arizona. Results from the survey demonstrated that parents in the Coconino Region had greater levels of satisfaction with available information and resources and found these resources easier to locate compared to parents elsewhere in Arizona. Over half (55%) of Coconino Region respondents indicated they were "very satisfied" with "the community information and resources available to them about their children's development and health," compared to 39 percent of respondents across the state (see Figure 20). Seventy-nine percent of Coconino Region respondents "strongly agreed" or "somewhat agreed" that "it is easy to locate services that I want or need," compared to 74 percent of respondents across the state (see Figure 21).

Figure 20. Satisfaction with information and resources (Family and Community Survey, 2012)



Source: First Things First (2014). [2012 Family and Community Survey data]. Unpublished data.

Figure 21. Ease of locating needed services (Family and Community Survey, 2012)



# Systems Coordination among Early Childhood Programs and Services

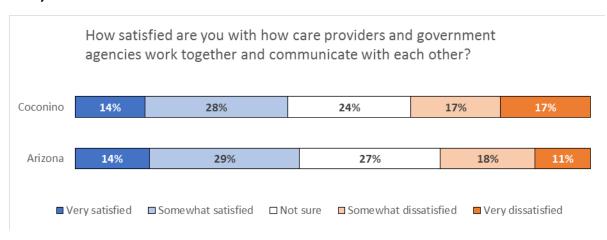
#### **Why it Matters**

Through system-building, First Things First is focused on developing approaches to connect various components of the early childhood system. This is done in an effort to create a more holistic system that operates to promote shared results for children and families. Agencies that work together and achieve a high level of coordination and collaboration are often easier for families to access and the services provided are more responsive to the needs of the families. Coordination efforts may also result in an increased capacity to deliver services because of the work that organizations do to identify and address gaps in the service delivery continuum. By supporting a variety of coordination efforts, First Things First aims to create a high quality, interconnected, and comprehensive early childhood service delivery system that is timely, culturally responsive, family driven, community based, and directed toward enhancing children's overall development. Determining how these efforts are impacting regions and the families within them can help inform service, program and policy decisions that will benefit families and young children across the state.

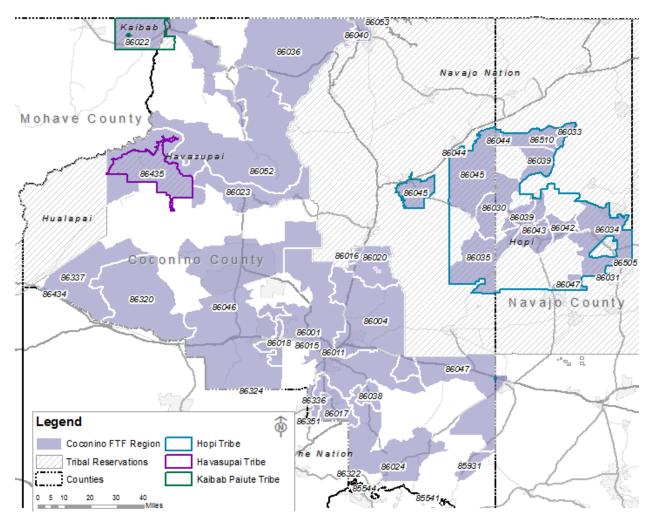
#### What the Data Tell Us

The 2012 First Things First Family and Community Survey collected data on parents' perceptions regarding how well agencies that serve young children and their families coordinate and collaborate. One item from the survey addresses the issue of perceived early childhood system coordination. Respondents in both the region and the state were more likely to indicate satisfaction (42% in the region, 43% in the state) than dissatisfaction (34% in the region, 29% in the state) with how care providers and government agencies work together and communicate (see Figure 22).

Figure 22. Satisfaction with coordination and communication (Family and Community Survey, 2012)



# **Appendix 1: Map of zip codes of the Coconino Region**



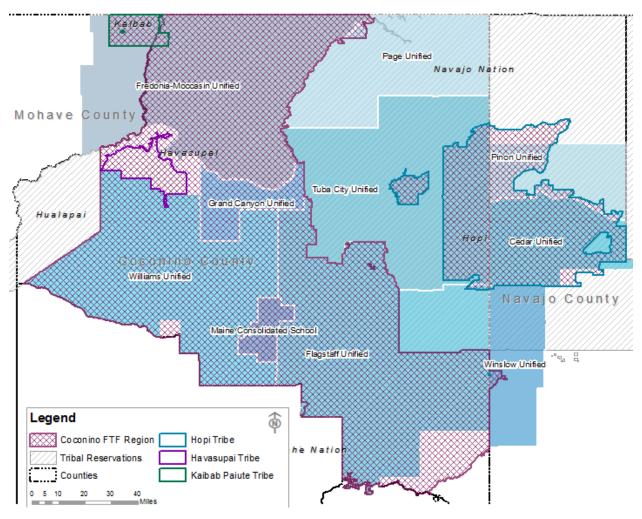
Source: U.S. Census Bureau (2010). TIGER/Line Shapefiles: ZCTAs, Counties, American Indian/Alaska Native Homelands. Retrieved from http://www.census.gov/geo/maps-data/data/tiger-line.html

# **Appendix 2: Zip codes of the Coconino Region**

ZIP CODE TABULATION AREA (ZCTA)	TOTAL POPULATION	POPULATION (AGES 0-5)	TOTAL NUMBER OF HOUSEHOLDS	HOUSEHOLDS WITH ONE OR MORE CHILDREN (AGES 0-5)	PERCENT OF ZCTA'S TOTAL POPULATION LIVING IN THE COCONINO REGION	THIS ZCTA IS SHARED WITH				
Coconino Region	124,238	9,652	43,764	6,795						
85931	4	1	1	1	2%	Navajo/Apache				
86001	40,776	2,840	16,311	2,063	100%					
86004	37,131	3,355	13,404	2,354	99%	Navajo Nation				
86011	6,362	0	9	0	100%					
86015	385	75	135	47	100%					
86016	6	2	2	1	10%	Navajo Nation				
86017	667	28	325	21	100%					
86018	759	48	332	35	100%					
86020	52	8	16	6	3%	Navajo Nation				
86022	1,724	163	630	105	78%	La Paz/Mohave				
86023	2,627	151	1,034	109	100%					
86024	703	14	374	10	100%					
86030	1,148	112	362	77	84%	Navajo Nation				
86033	10	0	5	0	0.1%	Navajo Nation				
86034	604	55	185	36	27%	Navajo Nation				
86035	53	4	18	3	3%	Navajo Nation				
86036	241	2	145	2	62%	Navajo Nation				
86038	77	1	43	1	100%					
86039	671	62	232	43	46%	Navajo Nation				
86040	7,638	733	2,699	500	74%	Navajo Nation				
86042	1,778	183	517	120	100%					
86043	1,798	227	454	149	100%					
86045	1,010	117	269	78	9%	Navajo Nation				
86046	6,090	440	2,478	322	100%					
86047	10,150	906	3,083	626	68%	Navajo Nation & Navajo/Apache				
86052	28	0	8	0	100%					
86320	885	54	381	42	47%	Yavapai				
86336	308	4	170	4	3%	Yavapai				
86337	56	3	29	2	4%	Yavapai				
86435	481	64	105	38	99%	Hualapai Tribe				
86510	8	0	5	0	0.1%	Navajo Nation				
Other	8	0	3	0						
Source: U.S. Census Rureau (2010), 2010 Decennial Census, Summary File 1, Tables P1, P14, P20										

Source: U.S. Census Bureau (2010). 2010 Decennial Census, Summary File 1, Tables P1, P14, P20.

# **Appendix 3: Map of Elementary and Unified School Districts in the Coconino Region**



Source: U.S. Census Bureau (2015). TIGER/Line Shapefiles: Elementary School Districts, Unified School Districts. Retrieved from http://www.census.gov/geo/maps-data/data/tiger-line.html

# **Appendix 4: Data Sources**

- Arizona Department of Administration, Office of Employment and Population Statistics (December 2012): "2012-2050 State and county population projections." Retrieved from http://www.workforce.az.gov/population-projections.aspx
- Arizona Department of Administration, Office of Employment and Population Statistics (2014).

  Local area unemployment statistics (LAUS). Retrieved from

  https://laborstats.az.gov/local-area-unemployment-statistics
- Arizona Department of Economic Security (2015). Child Care Market Rate Survey 2014. Data received from the First Things First State Agency Data Request
- Arizona Department of Economic Security (2015). [Attendance data set]. Unpublished raw data received from the First Things First State Agency Data Request
- Arizona Department of Economic Security (2015). [AzEIP Data]. Unpublished raw data received through the First Things First State Agency Data Request
- Arizona Department of Economic Security (2015). [DDD Data]. Unpublished raw data received through the First Things First State Agency Data Request
- Arizona Department of Economic Security (2015). [Drop-Out and Graduation data set].

  Unpublished raw data received from the First Things First State Agency Data Request
- Arizona Department of Economic Security (2015). [Homeless data set]. Unpublished raw data received from the First Things First State Agency Data Request
- Arizona Department of Economic Security (2015). [SNAP data set]. Unpublished raw data received from the First Things First State Agency Data Request
- Arizona Department of Economic Security (2015). [TANF data set]. Unpublished raw data received from the First Things First State Agency Data Request
- Arizona Department of Education (2014). AIMS and AIMSA 2014. Retrieved from http://www.azed.gov/research-evaluation/aims-assessment-results/
- Arizona Department of Education (2015). Percentage of children approved for free or reducedprice lunches, July 2015. Unpublished raw data received from the First Things First State Agency Data Request
- Arizona Department of Health Services (2015). [Immunizations Dataset]. Unpublished raw data received from the First Things First State Agency Data Request

- Arizona Department of Health Services, Bureau of Public Health Statistics (2015). [Vital Statistics Dataset]. Unpublished raw data received from the First Things First State Agency Data Request
- Arizona Department of Health Services, Office of Injury Prevention (2015). [Injuries Dataset].

  Data received from the First Things First State Agency Data Request
- Arizona Health Care Cost Containment System (2014). KidsCare Enrollment by County.

  Retrieved from

  http://www.azahcccs.gov/reporting/Downloads/KidsCareEnrollment/2014/Feb/KidsCareEnrollmentbyCounty.pdf
- First Things First (2014). [2012 Family and Community Survey data]. Unpublished data received from First Things First
- U.S. Census Bureau (2010). 2010 Decennial Census, Tables P1, P11, P12A, P12B, P12C, P12D, P12E, P12F, P12G, P12H, P14, P20, P32, P41. Retrieved from http://factfinder2.census.gov/faces/nav/jsf/pages/index.xhtml
- U.S. Census Bureau (2010). 2010 Tiger/Line Shapefiles prepared by the U.S. Census. Retrieved from http://www.census.gov/geo/maps-data/data/tiger-line.html
- U.S. Census Bureau (2014). American Community Survey 5-Year Estimates, 2009-2013, Table B05009, Table B10002, B14003, *B15002*, B16001, B16002, B17001, B17002, B19126, B23008, B25002, B25106. Retrieved from http://factfinder2.census.gov/faces/nav/jsf/pages/index.xhtml
- U.S. Census Bureau (2015). 2015 Tiger/Line Shapefiles prepared by the U.S. Census. Retrieved from http://www.census.gov/geo/maps-data/data/tiger-line.html