# 2024

# **NEEDS AND ASSETS REPORT**



# ## FIRST THINGS FIRST

# COCHISE REGIONAL PARTNERSHIP COUNCIL 2024 NEEDS AND ASSETS REPORT

Funded by the

First Things First Cochise Regional Partnership Council

Prepared by

**Community Research, Evaluation & Development (CRED)** 

Norton School of Human Ecology

College of Agricultural, Life and Environmental Sciences

The University of Arizona

PO Box 210078

Tucson, AZ 85721-0462

Phone: (520) 621-2983

https://norton.arizona.edu/cred

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## INTRODUCTION

Ninety percent of a child's brain growth occurs before kindergarten and the quality of a child's early experiences impacts whether their brain will develop in positive ways that promote learning. First Things First (FTF) was created by Arizonans to help ensure that Arizona children have the opportunity to start kindergarten prepared to be successful. Understanding the critical role the early years play in a child's future success is crucial to our ability to foster each child's optimal development and in turn, impact all aspects of well-being in our communities and our state.

This Needs and Assets Report for the Cochise Region helps us in understanding the needs of young children, the resources available to meet those needs and gaps that may exist in those resources. An overview of this information is provided in the Executive Summary and documented in further detail in the full report.

The report is organized by topic areas pertinent to young children in the region, such as population characteristics or educational indicators. Within each topic area are sections that set the context for why the data found in the topic areas are important (Why it Matters), followed by a section that includes available data on the topic (What the Data Tell Us).

The FTF Cochise Regional Partnership Council recognizes the importance of investing in young children and ensuring that families and caregivers have options when it comes to supporting the healthy development and education of young children in their care. It is our sincere hope that this information will help guide community conversations about how we can best support school readiness for all children in the Cochise Region. To that end, this information may be useful to local stakeholders as they work to enhance the resources available to young children and their families and as they make decisions about how best to support children birth to age 5 in communities throughout the region.

## **ACKNOWLEDGEMENTS**

The FTF Cochise Regional Partnership Council wishes to thank all of the federal, state and local partners whose contributions of data, ongoing support and partnership with FTF made this report possible. These partners included the Arizona Departments of Administration (Employment and Population Statistics), Child Safety, Economic Security, Education and Health Services; Child Care Resource and Referral; and the U.S. Census Bureau. We are especially grateful for the spirit of collaboration exhibited by all our partners as we, as a state, continue to recover from the COVID-19 pandemic.

We also want to thank parents and caregivers, local service providers and members of the public who attended regional council meetings and voiced their opinions, as well as all the organizations working to transform the vision of the regional council into concrete programs and services for children and families in the Cochise Region.

Lastly, we want to acknowledge the current and past members of the FTF Cochise Regional Partnership Council whose vision, dedication and passion have been instrumental in improving outcomes for young children and families within the region. As we build upon those successes, we move ever closer to our ultimate goal of creating a comprehensive early childhood system that ensures children throughout Arizona are ready for school and set for life.

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## **EXECUTIVE SUMMARY**

*The Cochise Region.* The First Things First Cochise Region is located in the southeastern corner of Arizona and includes all of Cochise County and a small portion of Pima County, consisting of the areas around Reddington and J-Six Ranchettes.

**Population Characteristics.** According to the U.S. Census, the Cochise Region had a population of 126,400 in 2020, a 4% decrease from 2010, when 132,279 people resided in the region. The population of young children (birth to age 5) decreased even more notably during this time, declining by 23% from 10,177 in 2010 to 7,814 in 2020. This pattern differed from that seen across the state as a whole, which experienced a 12% increase in the total population but a 12% decrease in the population of young children from 2010 to 2020.

Just over one in 10 households (11%) in the region included a young child in 2020, a slightly lower proportion of households than across the state (13%). The 2020 Census undercount of young children<sup>i</sup> in the Cochise Region appears more notable than the trend seen across the state, with a higher number of live births in the region in 2020 (n=1,273) than the number of young children under age 1 in the 2020 Census (n=1,168), reflecting an 8.6% difference. Across the state, a 5.9% difference is seen comparing the same indicators.

Over half (59%) of all Cochise Region residents identify as Non-Hispanic White, though this is true for less than half (46%) of young children (birth to age 4). Young children in the region are more likely to be identified as Hispanic or Latino (47%) than all residents (34%), both representing a slightly larger proportion of the population in the region than across the state (44% and 31%). In addition, a larger proportion of the total population and young children identified as Multiracial (17% and 25%) compared to Arizona overall (14% and 21%). A smaller proportion of the total population and young children in the region identified as American Indian (4% and 3%), Black or African American (5% and 9%) or Asian or Pacific Islander (4% and 5%) than the state.

Twenty percent of young children (birth to age 5) in the Cochise Region live with foreign-born parents, a lower proportion than the state overall (24%). In contrast, a slightly larger proportion of individuals speak Spanish at home in the region (23%) compared to the state overall (20%). Of those who speak a language other than English at home, a similar proportion of individuals do not speak English "very well" in the region and state (both 8%). The percentage of limited-English-speaking households in the region (5%) is slightly larger than that of the state (4%). The number of English Language Learners (ELL) increased in both Cochise Region and Arizona schools between 2020-21 and 2021-22, with 2,316 ELL students enrolled in kindergarten through 3<sup>rd</sup> grade in the region in the 2021-22 school year. This represents 12% of students enrolled in kindergarten through 3<sup>rd</sup> grade that school year.

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<sup>&</sup>lt;sup>i</sup> See "2020 Census data and its limitations" at the beginning of the Population Characteristics section for fuller context on the 2020 Census undercount of young children.

Most young children in the Cochise Region live in two-parent households; 62% live with two married parents or stepparents, a slightly larger proportion than Arizona overall (59%). More than one in three young children in the region (35%) and across the state (37%) live in a household with one parent.

Twelve percent of children birth to age 5 in the region live in their grandparent's household, similar to the proportion of young children across the state (13%). Of grandparents who live with and are responsible for their grandchildren under age 18 in the Cochise Region, around half are 60 or older (52%), female (55%) and in the labor force (49%). Fewer (39%) do not have the child's parent in the household, though still a higher proportion than across the state (33%). Overall, in the Cochise Region, 19% of grandparents have grandchildren under age 18 in their household with no parent present, a higher proportion than across the state (11%).

Economic Circumstances. Median family income for families in Cochise County is lower than for families in Arizona across all household types. The median income for married couple families with children in Cochise County (\$88,800) is lower than for married couple families across Arizona (\$100,000). However, this is more than three times the median income for single-female-headed families in Cochise County (\$26,800).

According to 2017-2021 American Community Survey (ACS) estimates, rates of poverty in the region across the entire population (14%) and for children birth to age 5 (20%) are like those across the state (13% and 20% respectively). Rates of poverty for young children have decreased markedly since 2012-2016 ACS estimates in both the region (2012-2016, 29%; 2017-2021, 20%) and across the state (2012-2016, 28%; 2017-2021, 20%). In 2021, for a family of two adults and two children, this equates to less than \$27,479, far below the self-sufficiency standard for two parents with one infant and one preschooler in 2022 in Cochise County (\$70,282).

A higher proportion of young children in the Cochise Region (49%) live below 185% of the poverty level than across the state (39%). Even this higher category for a family of four (185% = \$50,836) equates to less than the Cochise County self-sufficiency standard, indicating that many families across the region may have less income than needed to fully support themselves.

Between state fiscal years (SFYs) 2018 and 2022, the number of young children (birth to age 5) and families with young children receiving Temporary Assistance for Needy Families (TANF) in the region decreased slightly, mirroring a decline seen across the state. In SF Y2022, the percentage of young children participating in TANF in the region (3.3%) was marginally higher than the state overall (2.8%) but decreased from 3.9% in SFY 2018.

Participation in the Supplemental Nutrition Assistance Program (SNAP) by households with young children declined in the Cochise Region between SFY 2018 and SFY 2022, as did participation across the state. The number of young children birth to age 5 participating in SNAP also decreased during those

ii For more information on the Arizona 2022 Self-sufficiency standard, please see https://womengiving.org/wpcontent/uploads/2022/12/AZ2022 SSS Web.pdf

years in both the region and state, declining to 3,822 young children participating in the region in SFY 2022. The percentage of young children participating in SNAP was consistently higher in the region than across the state between SFY 2018 and SFY 2022, with 49% of children birth to age 5 participating in the region in SFY 2022, compared to 40% across the state.

The number of young children (birth to age 4) enrolled in and participating in the Special Supplemental Nutrition Program for Women, Infants and Children (WIC) in the Cochise Region and across the state generally declined in recent years, though both saw a slight uptick in enrollment and participation in calendar year (CY) 2022. A total of 3,646 young children were enrolled in WIC in the region in CY2022, 3,469 of whom were participating. WIC participation rates were high in 2022, with 96% of women, 97% of children, and 95% of infants enrolled receiving benefits that year in the Cochise Region.

The number of lunches served through the National School Lunch Program (NSLP), Summer Food Service Program (SFSP) and Child and Adult Care Food Program (CACFP) varied substantially between 2019-20 and 2021-22. After the change in school meal policy following the start of the COVID-19 pandemic, meal service through SFSP increased sixfold in Cochise County to 2,249,026 meals served in 2020-21, while meal service through NSLP fell to just 11% of what it had been in 2019-20 to just 169,179 meals. In the 2021-22 school year, NSLP meal service rebounded to 678,047 meals, though still nowhere near pre-pandemic levels (1,428,776 meals in 2019-20). Compared to 2019-20, the number of lunches served through CACFP more than doubled by 2021-22 in Cochise County, indicating higher ongoing participation in CACFP following the onset of the pandemic.

The unemployment rate is the proportion of the total number of people in the civilian labor force who are unemployed and looking for work. Unemployment rates do not include people who have dropped out of the labor force entirely, including those who wanted to work but could not find a suitable job and have stopped looking for employment. Before 2020, unemployment rates in Cochise County were consistently higher than Arizona's in recent years. While rates in both the region and state spiked during the onset of the COVID-19 pandemic in 2020, the region's spiked less sharply. Unemployment rates have since to their lowest level in six years in 2022 with a 4.4% unemployment rate in Cochise County and a 3.8% rate across Arizona. An additional metric of employment is the labor-force participation rate. This rate is the fraction of the population who are in the labor force, whether employed or unemployed. The labor force participation rate is lower in the Cochise Region (51%) than across Arizona (61%). The region has a higher proportion of adults who are not in the labor force (49%) compared to Arizona as a whole (39%).

An estimated 92% of young children in the Cochise Region live in households with at least one parent in the labor force, slightly higher than the proportion across the state (90%). More than half of children birth to age 5 in the region (59%) live in households where all residential parents are in the workforce

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<sup>&</sup>lt;sup>iii</sup> The "labor force" is all persons who are working (employed) or looking for work (unemployed). The "labor force participation rate" is the fraction of the population who are in the labor force, whether employed or unemployed. Persons not in the labor force are mostly students, stay-at-home parents, retirees, and institutionalized people. The "unemployment rate" is the fraction of the civilian labor force which are unemployed.

(that is, are employed or actively seeking paid work), meaning they will likely require some form of child care. This includes children in households with a single parent in the labor force (30%) and those in dual-earner households (29%).

Traditionally, housing has been deemed affordable for families if it costs less than 30% of annual household income.<sup>2</sup> Almost one in four households (24%) in the Cochise Region spend 30% or more of their income on housing. Housing costs do differ by home ownership status, with fewer homeowners in the region (17%) and state (21%) spending 30% or more of household income on housing, compared to 39% of renter-occupied households in the region and 45% across the state.

The McKinney-Vento Act definition of homelessness includes children living in shelters, transitional housing, campgrounds, motels, trailer parks and cars, as well as children whose families are temporarily living within another family's household. Three percent of students enrolled in public and charter schools in the region experienced homelessness in the 2021-22 school year, compared to less than 2% across the state.

Looking at households, 84% in the Cochise Region have both a computer (including smartphones) and broadband internet connectivity, a slightly smaller proportion than the state overall (88%). Looking at the population, the majority (89%) of the overall population in the Cochise Region lives in households with both a computer and internet connection. This is more common among children, with 96% of children under age 18 with both a computer and internet connection in their household in the region.

Educational Indicators. In the 2021-22 school year, 278 children were enrolled in public or charter schools in the Cochise Region. Kindergarten through 3<sup>rd</sup> grade enrollments for the region were all much higher, ranging from a low of 1,342 children enrolled in 1st grade to a high of 1,427 children enrolled in 3<sup>rd</sup> grade. Kindergarten through 3<sup>rd</sup> grade chronic absence rates increased at the region, county and state level in recent years, increasing from 19% in 2020-21 to 33% in 2021-22 in the Cochise Region.

In the 2021-22 school year, only 40% of 3<sup>rd</sup> grade students in the Cochise Region were meeting or exceeding proficiency expectations for the 3<sup>rd</sup> grade English Language Arts assessment, similar to the proportion across the state (41%). An even lower percentage (37%) were meeting or exceeding proficiency expectations for Math, compared to 40% of students across the state. In the region, passing rates for the 3<sup>rd</sup> grade English Language Arts assessment increased from 30% in 2020-21 to 37% in 2021-22. During the same period, English Language Arts passing rates increased from 35% to 41% across the state. Third grade Math passing rates also increased in the region and state between 2020-21 and 2021-22, from 30% to 37% in the region and from 36% to 40% across the state.

In 2021, the four-year graduation rate for the Cochise Region was 76% and the five-year graduation rate was 73%. The state four-year graduation rate (76%) was similar, but the five-year graduation rate was slightly higher (79%). The 7<sup>th</sup>-12<sup>th</sup> grade dropout rate for the Cochise Region steadily increased from 3% in 2019-20 to 5% in 2021-22, mirroring statewide trends. Almost two-thirds (64%) of the adult population in the Cochise Region has more than a high-school education, comparable to the proportion across the state (65%). In both 2020 and 2021, 85% of births in the Cochise Region were to mothers

who had at least a high school diploma, GED or higher educational attainment, similar to births across Arizona in 2020 (84%) and 2021 (85%).

*Early Learning.* In the Cochise Region, 39% of children (ages 3 and 4) are estimated to be enrolled in preschool iv or kindergarten, a slightly higher proportion than across the state (37%). Preschool enrollment in the Cochise Region has decreased in recent years from 41% to 39%. State preschool enrollment decreased from 37% to 36% during the same period, hitting a 10-year low in 2021. V 3 The vast majority of licensed child care capacity in the region is provided by child care centers (93%), with a smaller proportion provided by family child care providers (7%). Given there are around 4,920 children with all residential parents in the labor force in the region, according to the 2017-2021 ACS, an availability of only 3,023 licensed child care slots suggests that many families in the region may face challenges in finding quality child care for their children.

An area is labeled a child care desert if the ratio of children to child care slots is 3 to 1 or more. Looking collectively across all young children birth to age 5, the Cochise Region is not considered a child care desert (2.9). However, for infant and 1-year-old care, the situation is more pronounced. There are nearly six (5.8) times the number of 1-year-olds in the region as available slots for those children, and 13.6 times the number of infants for every available infant child care slot. While this pattern is similar across the state, the limited availability of infant child care is even more notable in the Cochise Region. There were only 299 slots for infants and 1-year-olds in Arizona Department of Health Services (ADHS)-licensed child care providers in July 2023 in the region, meaning that there are only slots for about one in eight of the estimated 2,398 children under age 2 living in the region.

Certified family homes and public schools in Cochise County are the lowest priced type of care in the region for 1–5-year-olds, both with median costs of \$630 per month for a 1–2-year-old, while public schools cost slightly more for a 3–5-year-old (\$693). Care for infants is the most expensive in the county and the state, with the median monthly cost for infant care ranging from \$725 in small group homes to \$903 in licensed centers in the region, just below median costs seen across the state (\$761 and \$949).

Child care costs as a percentage of median family income are slightly higher in Cochise County compared to the state overall. In 2022, the cost of sending an infant to a licensed center in Cochise County was approximately one-sixth (17%) of the median income for families with children under 18 in the region, compared to 15% for families across the state. The percentage of income spent on older children's care is lower in comparison for both the county and state. Median child care costs have also been increasing in the county and state since 2018. For example, the cost of care in the most available type of care in Cochise County, licensed centers, increased 21% for one infant, 27% for one 1–2-year-old and 24% for one 3–5-year-old between 2018 and 2022.

14 Cochise

iv The American Community Survey uses the terms nursery school and preschool interchangeably.

v For more information, see https://www.firstthingsfirst.org/wp-content/uploads/2023/12/State-Needs-and-Assets-Report-2023.pdf

The number of children birth to age 5 eligible for and receiving Department of Economic Security (DES) child care assistance in the region has generally mirrored the pattern seen across the state in recent years. Prior to the onset of the COVID-19 pandemic in 2020, both the number of children eligible for and the number of children receiving assistance were increasing at the region and state level. Since 2020, numbers of eligible and receiving at the region and state level fluctuated, with 385 children found eligible and 362 children receiving services in the Cochise Region in 2022. The proportion of eligible families not using their DES child care assistance in the Cochise Region also mirrored state level trends in recent years. The proportion of eligible families not using their DES assistance declined by at least half at the region and state level between 2020 and 2022, dropping from 13.6% to 5.1% in the Cochise Region and from 18.3% to 9.2% across Arizona.

Children are automatically eligible for DES child care assistance when they are involved with the Department of Child Safety (DCS). vi For DCS-involved children, the number of children eligible for assistance in the Cochise Region has increased in recent years, from 114 young children in 2020 to 191 in 2022, unlike the declining trend seen across the state. More eligible DCS-involved children in the region also received assistance during this period, increasing from 75 children in 2020 to 168 in 2022.

The 31 Quality First child care providers in the Cochise Region enrolled a total of 1,154 young children in 2023. Three-quarters (75%) of children in Quality First sites in the region were enrolled at a site with a 3-5-star rating, indicating a high-quality provider. A total of 203 children enrolled in a Quality First provider site in the region were served by Quality First Scholarships in 2023, accounting for more than one in six (18%) children enrolled.

Two licensed or registered child care providers in the Cochise Region are nationally accredited, representing 3% of providers in the region. These accredited providers have the capacity to serve 307 children, which represents 10% of child care capacity in the region.

DES defines quality environments as child care providers with a 3-, 4-, or 5-star Quality First rating, a national accreditation, or a Child Development Associate (CDA) credential for family child care providers. At the regional level in 2022, 42% of non-DCS involved young children and 60% of DCSinvolved young children in the Cochise Region were enrolled in quality environments, lower proportions than across the state as a whole (68% non-DCS involved; 72% DCS involved). This suggests that quality environments may be less accessible to low-income children in the region, potentially due to factors including issues with child care assistance acceptance, limited supply and a mismatch between needed and offered flexibility and hours.

In federal fiscal year (FFY) 2022, two-thirds (67%) of children birth to age 2 referred to the Arizona Early Intervention Program (AzEIP) were referred by physicians in the Cochise Region, growing steadily from zero referrals by physicians in the region in FFY 2018. Parent and family referrals have

vi Children involved with DCS include children who have been removed by DCS and placed with a foster family or kinship caregiver as well as children who are residing with their own family but receiving services from DCS (such as in-home family support and counseling). Families of these children are not required to pay a co-pay for child care.

been consistently lower in the region than across the state in recent years, with just 9% of referrals from families in FFY 2022 in the region compared to 21% across the state. Under half (43%) of young children referred to AzEIP in FFY 2022 were found eligible (22%) or received services (21%) in the Cochise Region, higher than the 37% referred across the state who were found eligible (16%) or received services (21%). AzEIP service coordinators in the region were more likely to make contact with those referred (13% no contact) than across the state (19% no contact), and referred children were slightly less likely to be screened out based on an initial developmental screening (5% region; 7% state). In the Cochise Region between 2018 and 2022, the number of children birth to age 2 receiving services from AzEIP has hovered slightly above 100, and was at 114 in October 2022. Meanwhile, the number of children receiving AzEIP services across the state has generally declined, with a slight uptick in 2022.

The Cochise Region has seen a steady drop in the number of children birth to age 2 receiving services from the Division of Developmental Disabilities (DDD) since SFY 2018. In SFY 2022, 26 children birth to age 2 received DDD services in the Cochise Region. While the state also saw declines during this time, the number rebounded to 3,691 in SFY 2022.

Qualifying children may receive services from AzEIP and/or DDD, a number which can be used to estimate the total number of young children receiving early intervention services in a region. The total number of children birth to age 2 receiving AzEIP and/or DDD services vii declined overall between SFY 2019 and SFY 2022 in both the region and the state. In SFY 2022, 82 young children received AZEIP and/or DDD services in the region. Using 2020 Census population counts, 2.3% of children birth to age 2 were receiving AzEIP and/or DDD services in the region in SFY 2022, compared to 2.6% across the state.

The number of preschoolers with disabilities served in Local Education Agencies (LEAs) has decreased in both the region and the state since SFY 2020. In SFY 2022, only 114 preschoolers with disabilities were served in the Cochise Region, the lowest number served since SFY 2018. More than four in 10 (43%) of those preschoolers in the Cochise Region were receiving services for a speech or language impairment, compared to only three in 10 (30%) across the state. Forty-six percent of preschoolers with disabilities receiving LEA services in the region had a development delay, and another 10% had a preschool severe delay.

The pattern of kindergarten through 3<sup>rd</sup> grade student enrollment in special education in public and charter schools between SFY 2018 and SFY 2022 was similar for the region and the state. Enrollments peaked in the Cochise Region in SFY 2020 (n=705) and declined to earlier levels in SFY 2022 (n=641). In SFY 2022, nearly half (48%) of the 641 students (K-3rd) enrolled in special education in the region were diagnosed with a speech or language impairment compared to 36% of students statewide. Additionally, 27% of students in the region were diagnosed with a developmental delay, 10% with a specific learning disability and 8% with autism.

vii Please note that this is a unique count of children receiving AzEIP services, DDD services, or both AzEIP and DDD.

Child Health. In the Cochise Region, about one in 12 people (8%) do not have health insurance coverage, a smaller proportion than the state of Arizona overall (11%). Health insurance coverage for young children, specifically, is better than the overall population in the region, with 5% of children birth to age 5 not having health insurance. This proportion is also lower than that seen across the state (7%). The proportion of young children without health insurance has remained consistent in the region in recent years, while it has declined slightly at the state and national levels. Around half of births in the region were paid for by the Arizona Health Care Cost Containment System (AHCCCS; Arizona's Medicaid Agency) between 2018 and 2022, similar to the state.

Rates of timely prenatal care have fluctuated in the Cochise Region in recent years, and the region consistently had a lower proportion of births to mothers who began prenatal care in the first trimester than Arizona between 2018 and 2022. Just 54% of births in 2022 in the Cochise Region were to mothers who began prenatal care in the first trimester, compared to 71% of births statewide. The region also had a larger proportion of births to mothers with inadequate prenatal care over those years, with 6.4% with no prenatal care at all and 8.3% with fewer than five visits if they did have prenatal care in 2022, compared to births across the state (2.3% and 4.7%).

While Arizona saw a decrease in the proportion of births to teenaged mothers between 2018 and 2022, the Cochise Region showed a more fluctuating trend that remained higher than the state. Births to mothers under age 20 in the region showed an overall decline from 7.3% in 2018 to 6.4% in 2022, compared to a decline from 5.8% to 4.6% statewide. The Cochise Region has a relatively high proportion of births to mothers who smoked cigarettes while pregnant, although this proportion decreased from 8.6% in 2019 to 5.8% in 2022. This was still above recent rates seen statewide and did not meet the Healthy People 2030 target of 4.3% or less. Between 2018 and 2022, 191 newborns in the region were hospitalized because of maternal drug use during pregnancy. This equates to 3 newborns per 100 live births, slightly below the rate seen statewide (3.3 per 100 live births).

More than one in four births in the Cochise Region and Arizona in recent years were to mothers with pre-pregnancy obesity. The region, in particular, has seen an increasing trend in pre-pregnancy obesity, from 27.6% in 2018 to 32.6% in 2022. The proportion of births to mothers with gestational diabetes has also increased in the region, doubling from 5.5% in 2018 to 11% in 2022, surpassing state-level trends. More than one in 10 mothers in Arizona (13.7%) reported experiencing post-partum depression in 2020 according to the Pregnancy Risk Assessment Monitoring System.<sup>4</sup>

The proportion of babies born at low birth weight has generally been similar in the region and state in recent years, with 8.1% of births considered low birth weight in the Cochise Region and 7.8% across Arizona in 2022. The one exception to this was 2021, when low birth weight births jumped to 9.6% in the region, compared to 7.9% statewide. Between 2018 and 2020, the proportion of preterm births (less than 37 weeks gestation) in the region was slightly lower than the state and met the Healthy People 2030 target of 9.4% or fewer births considered preterm. However, preterm births in the region also steadily increased during this time, surpassing the state and missing the Healthy People 2030 target in 2021 (10.4%), though the region met the Healthy People 2030 target again in 2022 (9.0%). Births with an admission to a neonatal intensive care unit (NICU) in the region similarly peaked in 2021 (10.7%),

surpassing the rates seen across the state between 2019 and 2021. In 2022, 8.1% of births in the region had a NICU admission (data at the state level were unavailable).

In the Cochise Region, rates of breastfeeding among WIC-enrolled infants were lower than those across the state from 2018 through 2021. In 2022, 80% of WIC-enrolled infants in the region were breastfed at some point, compared to 79% of WIC-enrolled infants statewide.

Childhood immunizations protect against many diseases, including diphtheria, tetanus and pertussis (DTaP); polio; and measles, mumps and rubella (MMR). Across all required immunizations, children in child care in the Cochise Region had higher vaccination rates (DTaP, 94.9%; Polio, 97.6%; MMR, 97.6%) than the state as a whole (DTaP, 90.6%; Polio, 92.2%; MMR, 93%) in the 2022-23 school year. The region and state both met the Healthy People 2030 DTaP immunization target of at least 90%. Exemptions from all immunizations among children in child care in the region have been notably lower than the state since the 2018-19 school year, with just 1.4% of children exempt from all immunizations in the region compared to 4% statewide in 2022-23. While religious exemptions in the region remained well below those seen across the state, they did show an overall increase from 2% in 2018-19 to 2.9% in 2022-23.

Kindergarten immunization rates in the region (DTaP, 88.7%; Polio, 88.1%; MMR, 86.5%) were notably lower than rates among children in child care in the 2022-23 school year, and even fell below immunization rates seen statewide (DTaP 89.6%; Polio 90.3%; MMR 89.9%). Both the region and state failed to meet the Healthy People 2030 kindergarten MMR immunization target of 95%. Regional immunization rates may be too low to assure community immunity of preventable infectious diseases. For measles, for example, 95% of children need to be vaccinated to ensure herd immunity in order to protect communities and achieve and maintain measles elimination.<sup>5</sup>

While largely remaining below rates seen statewide, personal belief exemptions and exemptions from all required vaccinations among kindergarteners in the Cochise Region were often higher than exemption rates seen among children in child care in the region in recent years. During the 2021-22 school year, kindergarten exemptions also increased notably at the region and state level, with 5.8% of children in the region and 6.6% of children statewide receiving a personal belief exemption. Exemptions from all immunizations also peaked in the region that year (4.5%), surpassing the state (3.7%). These exemptions decreased notably in the region in the 2022-23 school year to 5% and 2.7% respectively, while the state saw a slight increase in these exemptions during the same period (7.4% and 4.6%).

The pattern of confirmed and probable cases of RSV<sup>viii</sup> and influenza in young children birth to age 5 was similar between the region and state from 2019 to 2022. RSV cases increased since 2020 while influenza cases showed a marked decrease in 2021 followed by a steep increase. In 2022, there were 173 cases of RSV and 172 cases of influenza in young children in the region, the highest numbers since 2019.

viii Respiratory syncytial virus

Falls were the most common cause of unintentional injuries that led to emergency department visits for children birth to age 4 in both the Cochise Region and the state between 2016 and 2020, followed by 'other' injuries or being 'struck by or against' an object or person. During those years, there were 1,919 emergency department visits due to falls in the region, 511 for other reasons, and 442 due to being struck. The pattern of injuries prompting inpatient hospitalizations were also similar between the region and state, with falls most common, followed by poisoning. Between 2016 and 2020, 22 young children in the region were hospitalized due to falls and 11 due to poisoning.

Between 2019 and 2021, the infant mortality rate was higher in the Cochise Region (6.5 deaths per 1,000 live births), than across the state (5.4); both did not meet the Healthy People 2030 target of 5.0 or less.

Fifty-five children (birth to age 17) died in the region between 2018 and 2021. The most common cause of child death in the region was accidents (18%), followed by intentional self-harm or suicide (11%). Statewide, the leading causes of child death were accidents (20%), congenital malformations (16%), low birthweight (9%), intentional self-harm/suicide (6%) and cancer/malignant neoplasms (5%).

Family Support and Literacy. Children of parents with substance use disorders are frequently referred to child welfare services due to neglect or abuse. The number of non-fatal opioid-related overdoses have decreased in Cochise County in recent years, from 35 in 2018 to 17 in 2021. Unfortunately, this may be partly because more overdoses were fatal. Overdose related deaths in the county peaked at 29 in 2020 and declined to 17 in 2021. To help address opioid addiction, the state of Arizona has made three resources available in recent years; the Opioid Assistance and Referral<sup>ix</sup> line launched in 2018, no cost availability of naloxone (also called Narcan, a medication that rapidly reverses opioid overdose) to many organizations across the state through ADHS<sup>x</sup> and access to naloxone without a prescription at pharmacies.

The number of child abuse and neglect reports assigned for investigation by DCS have fluctuated in the Cochise Region in recent years, increasing overall from 377 reports in the first half of 2020 to 459 reports in the second half of 2022. The number of children under 18 removed by DCS increased overall in the region and across the state between January 2020 and December 2022. Eighty-two children were removed by DCS in the Cochise Region in the last six months of 2022. Neglect was the most common type of substantiated maltreatment during this period in both the region (76%) and state (71%), followed by physical abuse (both 24%).

In the last six months of 2022, more than half (55%) of young children birth to age 5 placed in out-ofhome care by DCS across Arizona were able to remain with family through a kinship placement. Children in DCS custody most often exited out-of-home care to be reunified with their parents (55%) or adopted (39%). The number of licensed kinship foster homes in Arizona steadily declined between 2018

ix For more information, please see https://www.azdhs.gov/oarline/

<sup>\*</sup> For more information, please see <a href="https://www.azdhs.gov/opioid/index.php">https://www.azdhs.gov/opioid/index.php</a>#naloxone

and June 2022, though there was an uptick again in the later half of 2022. Generally, fewer than one in five kinship homes are licensed, and the number of unlicensed kinship homes increased slightly overall during the same period and overtook the number of community foster homes during the pandemic.

## **ABOUT THIS REPORT**

There is growing acknowledgement of the role our physical, social, and economic environments play in our day-to-day health and wellbeing. These factors, known as the social determinants of health, have an especially strong effect on the development of young children ages birth to 5 and accumulate over time. Measuring and addressing these conditions can significantly impact not only early health and education outcomes, but also health and economic circumstances later in life. Measuring and education as well as living, working and leisure conditions lead to disparate outcomes within and between groups of people. Per example, the U.S.'s history of segregation, discriminatory policy and differential investment across communities has created generational disparities in outcomes for people of color. Native communities have additionally experienced periods of genocide, forced relocation and assimilation leading to systemically poorer economics and health compared with other groups. And the systemically population characteristics, economic characteristics, early learning and educational indicators, child health, and family support and literacy for the First Things First (FTF) Cochise Region.

The data in this report come from a variety of sources including federal and state agencies and local agencies or service providers. Federal government sources include publicly available data from the 2020 Census and the 2017-2021 American Community Survey (ACS) 5-Year Estimates. Data in this report from the ACS summarize the responses from samples of residents taken between 2017 and 2021. Because these estimates are based on samples rather than the full population, ACS data should not be considered exact. Estimates for smaller geographies, such as regions, are less accurate than estimates for larger geographies, such as the state, because they are based on smaller sample sizes.

Data were provided to FTF by state agencies including the Arizona Department of Health Services (ADHS), the Arizona Department of Education (ADE) and the Arizona Department of Economic Security (DES). In most cases, the data in this report were calculated specifically for the Needs and Assets process and are more detailed than the data that are published by these agencies for the general public. Whenever possible, this report will use data tailored to the region, but in some cases, there are only county-level or statewide data available to report. This report also includes publicly available data for the state and counties to supplement data received through specific requests, including from state agencies such as the Arizona Department of Commerce's Office of Economic Opportunity (OEO) and the Arizona Department of Child Safety (DCS) semi-annual child welfare reports.

In most tables in this report, the top rows of data correspond to the FTF Cochise Region. Not all data are available at the FTF regional level because not all data sources analyze their data based on FTF regional

boundaries. The other table rows present data that are useful for comparison purposes, including Cochise County, the state of Arizona and national estimates or targets where available. Data tables and graphs are as complete as possible. Data which are not available for a particular geography are indicated by the abbreviation "N/A." State agencies have varying policies about reporting small values. Entries such as "<11" are used when the count is too small to be reported and has been suppressed to protect privacy. In some cases, table entries will indicate a range of values such as "1 to 9" because the suppression policy prevented the vendor from knowing the exact value, but comparison of these ranges of possible values to other values in the table or figure may still be useful. Table entries of "DS" indicate that data have been suppressed and we are unable to provide a useful range of possible values. Additional data tables not included in the body of the report can be found in Appendix 1.

# THE COCHISE REGION

The First Things First (FTF) regional boundaries were initially established in 2007, creating 31 regions which were designed to (a) reflect the view of families in terms of where they access services, (b) coincide with existing boundaries or service areas of organizations providing early childhood services, (c) maximize the ability to collaborate with service systems and local governments, and facilitate the ability to convene a regional partnership council, and (d) allow for the collection of demographic and indicator data. The regional boundaries are reviewed every two years. In fiscal year 2015, the boundaries were modified using census blocks, creating 28 regions. This report uses the 2015 definition of the regional boundaries.

The First Things First Cochise Region is located in the southeastern corner of Arizona and includes all of Cochise County and a small portion of Pima County, consisting of the areas around Reddington and J-Six Ranchettes. Figure 1 below shows the geographical area covered by the Cochise Region. Additional information available at the end of this report includes a map and table of the region by zip code in Appendix 3 and a map and table of school districts in the region in Appendix 4.

Map by Community Research, Evaluation, & Development (CRED) Team, University of Arizona GRAHAM/GREENLEE Pima County Graham County PIMA **COCHISE REGION** NORTH Bowie Willcox SANTA CRUZ Dragoon PIMA SOUTH Benson St. David COCHISE Sunizona Tombstone Santa Cruz County Whetstone Elfrida McNeal SANTA CRUZ anta Cruz Sierra Vista Southeast Hereford Miracle Valley Pirtleville *□ARIZONA* MEXICO

Figure 1. The First Things First Cochise Region

Source: 2020 TIGER/Line Shapefiles prepared by the U.S. Census. Map produced by CRED.



**POPULATION CHARACTERISTICS** 

## POPULATION CHARACTERISTICS

## **Why It Matters**

Accurate information about the number and characteristics of families allows policymakers and program providers to understand what resources are needed in their communities, including where services should be located and how to tailor offerings to the specific needs of those who are likely to use them. <sup>16, 17, 18, 19</sup> For example, identifying which communities have high numbers of families with young children can facilitate strategic investments in libraries, playgrounds, health care facilities, social services and educational systems, which can help families with young children thrive. <sup>20, 21</sup> Program and policy decisions that are informed by data on the composition of children's home and community environments help ensure more effective supports for families and have a greater chance to improve well-being, economic security and educational outcomes for children.

#### 2020 Census data and its limitations

The release of 2020 Census data in 2023 provided updated information on the population of Arizona and the nation as a whole. However, the 2020 Census faced unprecedented challenges in conducting an accurate count of the population, the foremost of which included the COVID-19 pandemic and its related disruptions to institutions such as local and tribal governments, schools and health care facilities. <sup>22, 23, 24, 25, 26</sup> Overall, data quality reviews of the 2020 Census have concluded that the data are generally reliable and accurate for the overall population; however, specific groups that have been undercounted in the past were again undercounted, often more severely. <sup>27</sup> Young children birth to age 4 were undercounted by 3-5% nationwide (meaning that as many as one in 20 children birth to age 4 were missed by the Census). <sup>28</sup> Nationwide, American Indians living on reservations and Hispanic or Latino individuals were also undercounted by 5.6% and 5.0%, respectively, marking notable increases in undercounting rates compared to the 2010 Census (4.9% and 1.5%, respectively). These undercounts are important to keep in mind when using Census data, particularly data for young children and for communities with substantial American Indian and Hispanic or Latino populations. Undercounted communities risk receiving fewer resources for at least the next decade since the decennial census counts are the basis of many federal funding allocations. <sup>29, 30</sup>

### What the Data Tell Us

#### Population, race and ethnicity

While young children make up a small proportion of the overall population, their well-being has wide-reaching impacts on families, social service systems and the state's future population. Continued investment in children's well-being and the well-being of their families was deemed by the National Academy of Sciences as "the most efficient strategy" for strengthening the future workforce and supporting a thriving community. 31, 32

Knowing the racial-ethnic composition of communities can inform efforts to ensure equitable access to services and resources. Many racial and ethnic minority groups in the U.S. experience reduced access to health care services, more poverty and housing inequality, poorer living conditions and increased rates of homelessness in comparison to non-Hispanic White Americans. 33, 34, 35, 36 These inequities result in disproportionately worse overall health as indicated by higher rates of disease and illness, untreated mental and physical health conditions and lower life expectancies within these groups.<sup>37</sup> Understanding a community's racial-ethnic composition is also critical for identifying communities facing higher risks from environmental and public health hazards due to historic underinvestment and other factors—as the COVID-19 pandemic made woefully clear.<sup>38</sup>

#### How the Cochise Region is faring

- According to the U.S. Census, the Cochise Region had a population of 126,400 in 2020 (Table 1), a 4% decrease from 2010, when 132,279 people resided in the region (Table 2 & Figure 2). The population of young children (birth to age 5) decreased even more notably during this time, declining by 23% from 10,177 in 2010 to 7,814 in 2020. In comparison, the state as a whole experienced a 12% increase in the total population and saw a smaller decline (12%) in the population of young children from 2010 to 2020 (Table 2 & Figure 2).
- Just over one in 10 households (11%) in the region included a young child in 2020, a slightly lower proportion of households than across the state (13%) (Table 1).
- The 2020 Census undercount of young children<sup>xi</sup> in the Cochise Region appears more notable than the trend seen across the state based on comparisons of the number of children born in a year compared to the number of children of a certain age counted in the Census. For example, the number of live births in the region in 2020 (n=1,273) is higher than the number of young children under age 1 in the 2020 Census (n=1,168), reflecting an 8.6% difference. Across the state, a 5.9% difference is seen comparing the same indicators (Figure 3). xii
- Over half (59%) of all Cochise Region residents identify as Non-Hispanic White, though this is true for less than half (46%) of young children (birth to age 4). Young children in the region are more likely to be identified as Hispanic or Latino (47%) than all residents (34%), both representing a slightly larger proportion of the population in the region than across the state (44% and 31%). In addition, a larger proportion of the total population and young children identified as Multiracial (17% and 25%) compared to Arizona overall (14% and 21%). A smaller proportion of the overall population and young children in the region identified as American

xi See "2020 Census data and its limitations" at the beginning of the Population Characteristics section for fuller context on the 2020 Census undercount of young children.

xii Other factors besides undercount that may also contribute to differences in these values include migration (e.g., people moving in and out of the region) and issues related to where a child's birthday falls relative to the Census date.

Indian (4% and 3%), Black or African American (5% and 9%), or Asian or Pacific Islander (4% and 6%) than the state (Figure 4 & Figure 5).

Table 1. Population and households in the 2020 U.S. Census

Geography	Total population	Population (ages 0-5)	Total number of households	Number and percent on households with one or mor children (ages 0-5	
Cochise Region	126,400	7,814	51,338	5,766	11%
Cochise County	125,447	7,769	50,936	5,737	11%
Arizona	7,151,502	480,744	2,705,878	345,601	13%
United States	331,449,281	22,401,565	126,817,580	16,429,111	13%

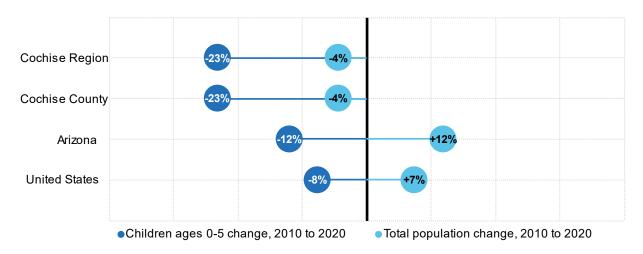
Source: U.S. Census Bureau. (2023). 2020 Decennial Census, Demographic & Housing Characteristics (DHC), Tables P1, P14, P20 & HCT3

Table 2. Change in the total population and population of children birth to age 5, 2010 to 2020 Census

		Total population	1	Population (Ages 0-5)			
Geography	% Change 2010 2020 2010 to 2020			2010	2020	% Change 2010 to 2020	
Cochise Region	132,279	126,400	-4%	10,177	7,814	-23%	
Cochise County	131,346	125,447	-4%	10,125	7,769	-23%	
Arizona	6,392,017	7,151,502	+12%	546,609	480,744	-12%	
United States	308,745,538	331,449,281	+7%	24,258,220	22,401,565	-8%	

Source: U.S. Census Bureau (2023). 2020 Decennial Census, Demographic and Housing Characteristics (DHC), Tables P1, P14, HCT3. U.S. Census Bureau (2010). 2010 Decennial Census, Summary File 1, Tables P1, P14, P20.

Figure 2. Change in the total population and population of children birth to age 5, 2010 to 2020 Census



Source: U.S. Census Bureau (2023). 2020 Decennial Census, Demographic and Housing Characteristics (DHC), Tables P1, P14, HCT3. U.S. Census Bureau (2010). 2010 Decennial Census, Summary File 1, Tables P1, P14, P20.

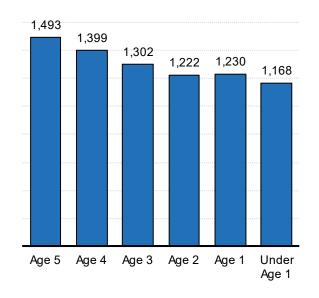
Table 3. Population birth to age 5 by single years of age in the 2020 Census

Geography	Population (Ages 0-5)	Population under age 1	Population age 1	Population age 2	Population age 3	Population age 4	Population age 5
Cochise Region	7,814	1,168	1,230	1,222	1,302	1,399	1,493
Cochise County	7,769	1,164	1,224	1,215	1,295	1,389	1,482
Arizona	480,744	72,415	75,163	78,159	82,033	84,600	88,374
United States	22,401,565	3,480,117	3,532,512	3,672,703	3,797,741	3,917,162	4,001,330

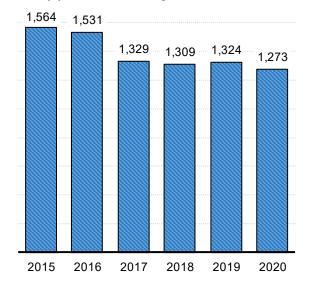
Source: U.S. Census Bureau (2023). 2020 Decennial Census, Demographic and Housing Characteristics (DHC), Tables P1, P14. U.S. Census Bureau (2010). 2010 Decennial Census, Summary File 1, Tables P1, P14.

Figure 3. Children by single year of age in the 2020 Census compared to births (2015 to 2020)

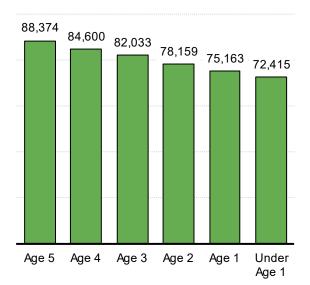
#### Children by age, Cochise Region



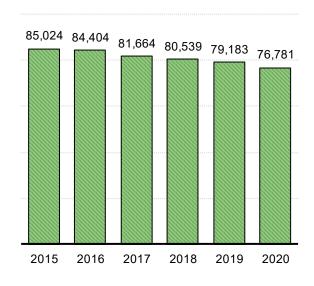
#### Births by year, Cochise Region



#### Children by age, Arizona

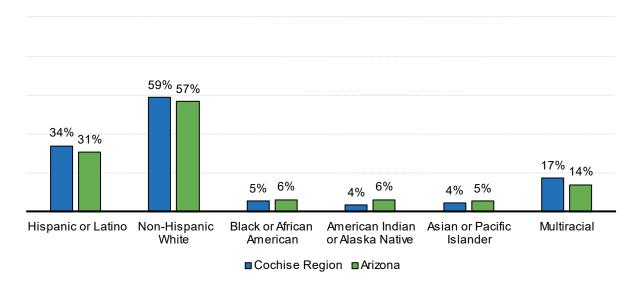


#### Births by year, Arizona



Source: Arizona Department of Health Services (2021). [Vital Statistics Births dataset]. Unpublished data.

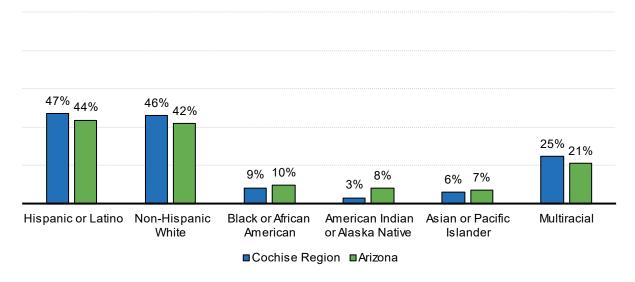
Figure 4. Race and ethnicity of the population of all ages, 2020 Census



Source: U.S. Census Bureau (2023). 2020 Decennial Census, Demographic and Housing Characteristics (DHC), P6, P7, P8, P9, P12, P12A-W.

Note: The six percentages shown in this figure may sum to more or less than 100% because (a) persons reporting Hispanic ethnicity are counted twice if their race is Black, American Indian, Asian, Pacific Islander, or any combination of two or more races, (b) persons reporting any other race are not counted here unless they have Hispanic ethnicity, and (c) rounding.

Figure 5. Race and ethnicity for children birth to age 4, 2020 Census



Source: U.S. Census Bureau (2023). 2020 Decennial Census, Demographic and Housing Characteristics (DHC), P6, P7, P8, P9, P12, P12A-W.

Note: The six percentages shown in this figure may sum to more or less than 100% because (a) persons reporting Hispanic ethnicity are counted twice if their race is Black, American Indian, Asian, Pacific Islander, or any combination of two or more races, (b) persons reporting any other race are not counted here unless they have Hispanic ethnicity, and (c) rounding.

#### Immigrant families and language use

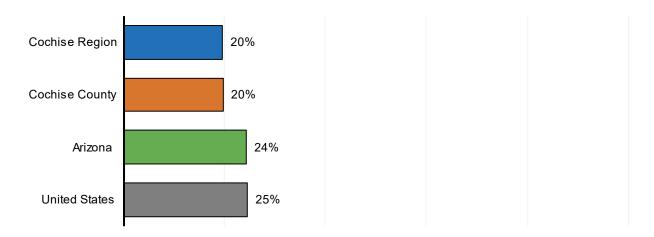
Both immigrants of all ages and children born to immigrant parents are growing populations in the U.S., and the U.S. is continuing to become an increasingly diverse nation.<sup>39, 40</sup> Immigrant parents in Arizona have typically lived in the U.S. for at least nine years, and the vast majority of young children of these foreign-born parents are citizens.<sup>41, 42, 43</sup> Some immigrant parents avoid using social services for which they and their children legally qualify due to fear of deportation or risking their legal status in the country.<sup>44, 45, 46</sup> This can put immigrant families and children at risk of reduced access to medical care and increased food insecurity, which can lead to long-term impacts on health and educational attainment, as well as community-level economic impacts.<sup>47, 48, 49, 50</sup> Understanding the needs of immigrant families and their children is essential to ensuring they have access to available resources that can help them thrive.<sup>51</sup>

Language provides an important connection to family, community and culture. <sup>52</sup> Mastery of more than one language is an asset in school readiness and academic achievement and may offer cognitive and social-emotional benefits in early school experiences and across one's lifetime. <sup>53, 54, 55, 56, 57</sup> However, families with lower English proficiency may face barriers to accessing information about health care and other services or engaging with their children's teachers. Children who do not yet have a full grasp of English may also experience difficulties in school, impeding their academic success and resulting in negative health outcomes. <sup>58, 59</sup> Knowing the languages spoken and level of English proficiency in a region can inform the development of resources and services in multiple languages, ensuring that they are accessible to all families. <sup>60, 61</sup>

#### How the Cochise Region is faring

- Twenty percent of young children (birth to age 5) in the Cochise Region live with foreign-born parents, a lower proportion than the state overall (24%) (Figure 6).
- In contrast, a slightly larger proportion of individuals speak Spanish at home in the region (23%) compared to the state overall (20%) (Figure 7).
- Of those who speak a language other than English at home, a similar proportion of individuals do not speak English "very well" in the region and state (both 8%) (Figure 8).
- The percentage of limited-English-speaking households in the region (5%) is slightly larger than that of the state (4%) (Figure 9).
- The number of English Language Learners (ELL) increased in both Cochise Region and Arizona schools between 2020-21 and 2021-22, with 2,316 ELL students enrolled in all grades in the region in the 2021-22 school year. This represents 12% of students that school year (Table 4).

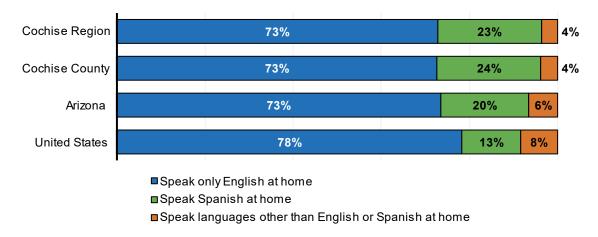
Figure 6. Children birth to age 5 living with parents who are foreign-born, 2017-2021 ACS



Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B05009

Note: The term "parent" here includes stepparents.

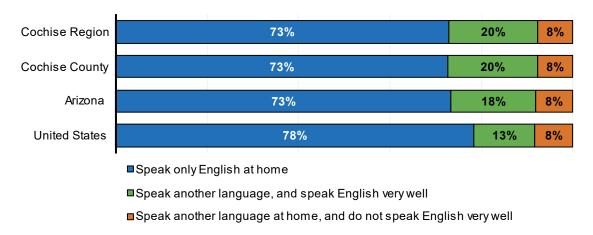
Figure 7. Language spoken at home (by persons ages 5 and older), 2017-2021 ACS



Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table C16001

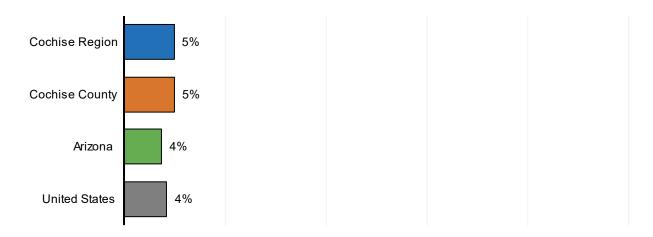
Note: The three percentages in each bar may not sum to 100% because of rounding. The American Community Survey (ACS) no longer specifies the proportion of the population who speak Native North American languages for geographies smaller than the state. In Arizona, Navajo and other Native American languages (including Apache, Hopi, and O'odham) are the most commonly spoken (2%), following English (73%) and Spanish (20%).

Figure 8. English-language proficiency (for persons ages 5 and older), 2017-2021 ACS



Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table C16001 Note: The three percentages in the figure should sum to 100%, but may not because of rounding.

Figure 9. Share of households that are limited-English-speaking, 2017-2021 ACS



Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table C16002 Note: A "limited-English-speaking" household is one in which no one over the age of 13 speaks English very well.

Table 4. Number of English Language Learners enrolled in all grades, 2020-21 to 2021-22

Geography	Number of PS-12 s English Langu	students who were uage Learners	Percent of PS-12 students who were English Language Learners			
Geography	2020-21	2021-22	2020-21	2021-22		
Cochise Region schools	2,013 2,316		Region schools 2,013 2,316 1		11%	12%
Cochise County schools	1,921	2,200	11%	12%		
Arizona schools	86,405	91,881	8%	8%		

Source: Arizona Department of Education (2023). [Oct 1 Enrollment Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team.

Notes: English Language Learners are students who do not score 'proficient' in the English language based on the Arizona English Language Learning Assessment (AZELLA) and thus are eligible for additional supportive services for English language acquisition. Legislation in Arizona requires children in Arizona public schools be taught in English, and English Language Learners to attend English immersion programs. Senate Bill 1014 passed in 2019, increased the flexibility districts have in structuring English Language Learners immersion programs, and lessened the duration required of this instruction. For more information see https://www.azed.gov/oelas/structured-english-immersion-models

#### Family and household composition

Young children in Arizona live in many types of families, each of which has possible implications for child development. 62 For example, families with two married parents tend to offer stability that promotes child well-being. 63, 64, 65 Single-parent households tend to be at higher risk for poverty, and can face challenges accessing health and education resources. <sup>66, 67, 68, 69, 70, 71, 72</sup> Multi-generational living. particularly arrangements where grandparents live in the home with children and parents, has long been practiced in some cultures and communities but is becoming increasingly common in U.S. families of all racial and ethnic groups. <sup>73, 74, 75, 76</sup> These living arrangements can offer financial and social benefits but also specific stressors, such as managing conflicts in parenting styles and family roles. <sup>77, 78, 79, 80, 81</sup> It is also increasingly common for children to live in kinship care, defined as the care of children by someone other than their parents, such as relatives or close friends. 82, 83, 84 These kinship caregivers, especially grandparents who care for their grandchildren, can face unique challenges, including navigating the logistics of informal guardianship (e.g., difficulties in registering children for school), coping with parental absence and addressing the challenges of being an aging caregiver for a young child. 85, 86, 87, 88 Each of these family structures carries with it a unique set of strengths and challenges that are important to consider in relation to the health and development of children. 89, 90, 91

#### How the Cochise Region is faring

- Most young children in the Cochise Region live in two-parent households; 62% live with two married parents or stepparents, a slightly larger proportion than Arizona overall (59%). More than one in three young children in the region (35%) and across the state (37%) live in a household with one parent (Table 5).
- Twelve percent of children birth to age 5 in the region live in their grandparent's household, similar to the proportion of young children across the state (13%) (Figure 10).

- Of grandparents who live with and are responsible for their grandchildren under age 18 in the Cochise Region, around half are 60 or older (52%), female (55%) and in the labor force (49%). A minority (39%) of these grandparents do not have the child's parent in the household, meaning that most do live in at least a three-generation household. This is a higher proportion than across the state (33%) (Table 6).
- Overall, in the Cochise Region, 19% of grandparents have grandchildren under age 18 in their household with no parent present, a higher proportion than across the state (11%) (Figure 11).

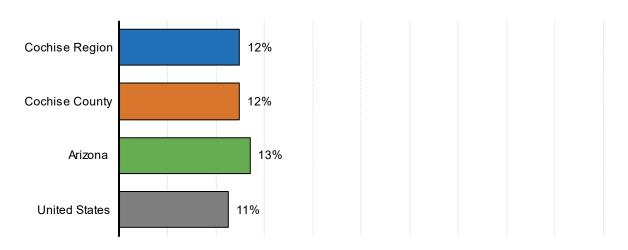
Table 5. Living arrangements for children birth to age 5, 2017-2021 ACS

Geography	Estimated number of children (birth to 5 years old) living in households	Living with two married parents	Living with one parent		Living with non- relatives
Cochise Region	8,643	62%	35%	2%	2%
Cochise County	8,604	62%	35%	2%	2%
Arizona	496,219	59%	37%	3%	2%
United States	23,353,556	64%	32%	2%	2%

Source: U.S. Census Bureau. (2022). American Community Survey five-year estimates 2017-2021, Tables B05009, B09001, & B17001

Note: The four percentages in each row should sum to 100%, but may not because of rounding. The term "parent" here includes stepparents. Please note that due to the way the ACS asks about family relationships, children living with two unmarried, cohabitating parents are not counted as living with two parents (these children are counted in the 'one parent' category).

Figure 10. Grandchildren birth to age 5 living in a grandparent's household, 2020 Census



Source: U.S. Census Bureau (2023). 2020 Decennial Census, Demographic and Housing Characteristics (DHC), Tables P14, PCT11.

Note: This table includes all children (under 6 years old) living in a household headed by a grandparent, regardless of whether the grandparent is responsible for them, or whether the child's parent lives in the same household.

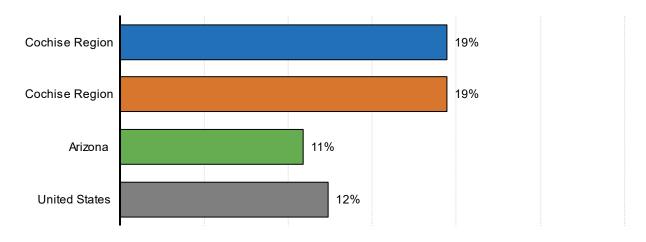
Table 6. Selected characteristics of grandparents who are responsible for one or more grandchildren under age 18 in their households, 2017-2021 ACS

			Percent of these grandparents who:					
Geography	Estimated number of grandparents who live with and are responsible for grandchildren under 18 years old	have the child's parents in	Are 60 years old or older	Are female	Do not speak English very well	In labor force	Have an income below the poverty level	
Cochise Region	1,305	39%	52%	55%	29%	49%	27%	
Cochise County	1,302	39%	52%	55%	29%	49%	27%	
Arizona	56,079	33%	45%	62%	21%	57%	21%	
United States	2,319,443	38%	47%	63%	14%	56%	18%	

Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Tables B10051, B10054, B10056, & B10059

Note: Grandparents are considered responsible for their grandchild or grandchildren if they are "currently responsible for most of the basic needs of any grandchildren under the age of 18" who live in the grandparent's household.

Figure 11. Percent of grandparents who are living with their grandchildren birth to age 17 with no parent present in the household, 2017-2021 ACS



Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Tables B10051, B10054, B10056, & B10059

Note: The denominator in this figure is all grandparents living with grandchildren (including both grandparents who are responsible for their grandchildren and those that are not).

Additional data tables related to *Population Characteristics* can be found in Appendix 1 of this report.



**ECONOMIC CIRCUMSTANCES** 

# **ECONOMIC CIRCUMSTANCES**

# **Why it Matters**

A family's economic stability impacts children's well-being and predicts a variety of health outcomes. 92 Children who grow up in poverty and unstable economic conditions are more likely to experience negative effects on their cognitive, behavioral, social and emotional development compared to those in stable economic environments. 93, 94, 95, 96, 97 The challenges they face might continue into adulthood, and such difficulties may be passed on to the next generation. 98, 99, 100 Poverty also affects children by straining parent well-being and parent-child interactions. Stressors related to poverty, like unemployment, food and housing insecurity and poor mental and physical health, make it difficult for caregivers to provide the necessary support for children's optimal development. <sup>101</sup> In light of these broad impacts, economic stability is a key social determinant of health and is included as a domain in the Healthy People 2030 Objectives. xiii

# What the Data Tell Us

### **Income and poverty**

Poverty is associated with reduced access to nutrition, green space and health care and greater exposure to psychosocial stress and environmental toxins, factors that can both directly and indirectly hinder children's growth and brain development. 102, 103, 104 Children living in poverty are thus at a higher risk of negative impacts including being born at a low birth weight, lower school achievement and poor health. 105, 106, 107, 108, 109, 110, 111 Economic hardship is included in some definitions of adverse childhood experiences (ACEs) and children living in poverty experience other non-economic ACEs, such as parental divorce or separation, exposure to violence, parental incarceration and living with someone with mental illness or a substance use disorder, at higher rates than children in higher income households. 112, 113 Given the many negative effects of poverty on child development, programs that alleviate poverty through providing cash assistance or food, housing or health care assistance can improve child well-being. 114

The Temporary Assistance for Needy Families Cash Assistance Program (TANF)<sup>xiv</sup> provides temporary cash benefits and supportive services to children and families. Eligibility is based on citizenship or qualified resident status, Arizona residency and limits on resources and monthly income. 115

xiii For more information on the Economic Stability Healthy People 2030 Objectives please see https://health.gov/healthypeople/objectivesand-data/browse-objectives/economic-stability

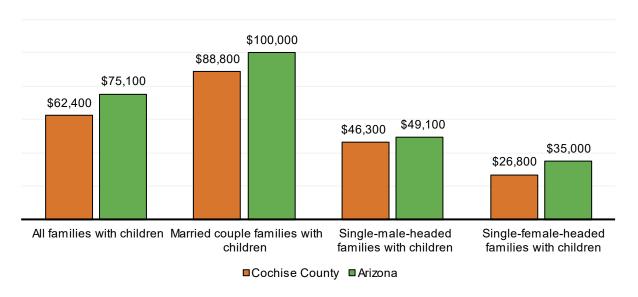
xiv For more information see: https://www.acf.hhs.gov/ofa/programs/temporary-assistance-needy-families-tanf and https://des.az.gov/ca

## How the Cochise Region is faring

- Median family income for families in Cochise County is lower than for families in Arizona across all household types. The median income for married couple families with children in Cochise County (\$88,800) is lower than for married couple families across Arizona (\$100,000). However, this is more than three times the median income for single-female-headed families in Cochise County (\$26,800) (Figure 12).
- According to 2017-2021 American Community Survey (ACS) estimates, rates of poverty in the region across the entire population (14%) and for children birth to age 5 (20%) are like those across the state (13% and 20% respectively) (Figure 13). Rates of poverty for young children have decreased markedly since 2012-2016 ACS estimates in both the region (2012-2016, 29%; 2017-2021, 20%) and across the state (2012-2016, 28%; 2017-2021, 20%) (Figure 14). In 2021, for a family of two adults and two children, this equates to less than \$27,479, far below the selfsufficiency standard<sup>xv</sup> for two parents with one infant and one preschooler in 2022 in Cochise County (\$70,282).
- A higher proportion of young children in the Cochise Region (49%) live below 185% of the poverty level than across the state (39%) (Figure 15). Even this higher category for a family of four (185% = \$50,836) equates to less than the Cochise County self-sufficiency standard, indicating that many families across the region may have less income than needed to fully support themselves.
- Between SFY 2018 and SFY 2022, the number of young children (birth to age 5) and families with young children receiving TANF in the region decreased slightly, mirroring a decline seen across the state (Figure 16). The proportion of young children in the region served by TANF has always been slightly higher than that of the state overall (e.g., 3.3% vs 2.8% in SFY 2022) but decreased from 3.9% in SFY 2018 (Figure 17).

xv For more information on the Arizona 2022 Self-sufficiency standard, please see https://womengiving.org/wpcontent/uploads/2022/12/AZ2022 SSS Web.pdf

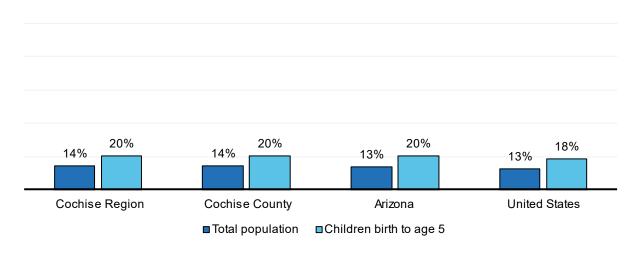
Figure 12. Median family income for families with children birth to age 17, 2017-2021 ACS



Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B19126

Note: Half of the families in the population are estimated to have annual incomes above the median value, and the other half have incomes below the median. The median family income for all families includes families without children birth to age 17.

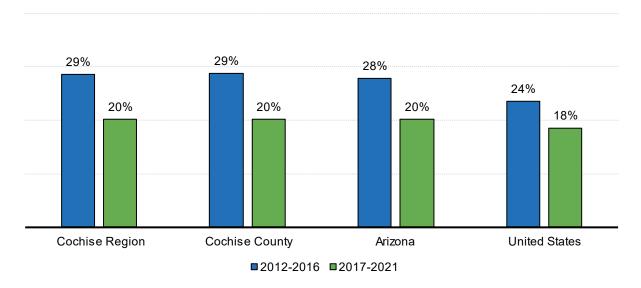
Figure 13. Rates of poverty for persons of all ages and for children birth to age 5, 2017-2021 **ACS** 



Source: U.S. Census Bureau. (2020). American Community Survey 5-year estimates 2017-2021, Table B17001

Note: This graph includes only persons whose poverty status can be determined. Adults who live in group settings such as dormitories or institutions are not included. Children who live with unrelated persons are not included. In 2021, the poverty threshold for a family of two adults and two children was \$27,479; for a single parent with one child, it was \$18,677.

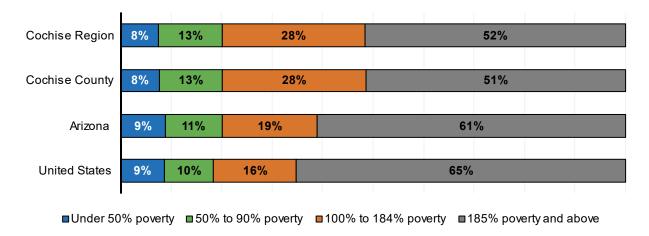
Figure 14. Rates of poverty for children birth to age 5, 2012-2016 and 2017-2021 ACS



Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B17001. U.S. Census Bureau. (2017). American Community Survey 5-year estimates 2012-2016, Table B17001.

Note: This graph includes only persons whose poverty status can be determined. Adults who live in group settings such as dormitories or institutions are not included. Children who live with unrelated persons are not included. In 2021, the poverty threshold for a family of two adults and two children was \$27,479; for a single parent with one child, it was \$18,677.

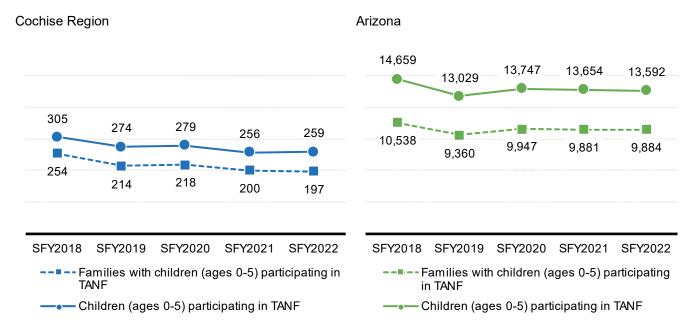
Figure 15. Children birth to age 5 living at selected poverty thresholds, 2017-2021 ACS



Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B17024

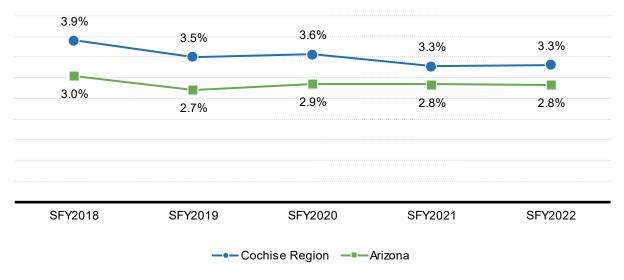
Note: The four percentages in each bar should sum to 100% but may not because of rounding. In 2021, the poverty threshold for a family of two adults and two children was \$27,479; for a single parent with one child, it was \$18,677. The 185% thresholds are \$50,836 and \$34,552, respectively.

Figure 16. Number of children birth to age 5 and families with children birth to age 5 receiving TANF, state fiscal years 2018 to 2022



Sources: Arizona Department of Economic Security (2023). [Division of Benefits and Medical Eligibility dataset]. Unpublished data.

Figure 17. Estimated percent of children birth to age 5 participating in TANF, state fiscal years 2018 to 2022



Sources: Arizona Department of Economic Security (2023). [Division of Benefits and Medical Eligibility dataset]. Unpublished data. & U.S. Census Bureau (2023). 2020 Decennial Census, DHC, Table P14 & P20.

## **Food security**

Many families struggle with consistent access to "enough food for an active, healthy life," a problem known as food insecurity. <sup>116</sup> Food insecurity is linked with many aspects of child and parent well-being; it can be a major source of stress for parents and has been linked to health and behavioral problems for children, such as poorer parent-child attachment, decreased social skills and self-control and increased risk of depression. <sup>117, 118, 119, 120, 121, 122</sup>

The Supplemental Nutrition Assistance Program (SNAP; also referred to as "nutrition assistance" and "food stamps"), <sup>xvi</sup> is administered by the Arizona Department of Economic Security and aims to support working families who are unable to afford the food necessary to sustain their health with their income alone. Nationally, about one in every five children participates in SNAP, and families on average receive a benefit of up to \$2.61 per person for each meal. <sup>123</sup> The SNAP program has been shown to reduce hunger and improve access to healthy food options among those who utilize it. <sup>124</sup>

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) <sup>xvii</sup> is a federally funded program administered by the Arizona Department of Health Services aimed to support economically disadvantaged women who are pregnant, postpartum and/or breastfeeding, along with infants and young children. The program's services include directing participants to health services, nutrition and breastfeeding education and supplemental funding for food. In Arizona, WIC provided an average monthly benefit of \$42 per month in 2022, lower than the national average of \$48 per month. <sup>125</sup>

School meals provide another important nutritional safety net for children and their families. The National School Lunch Program (NSLP), xviii administered by the Arizona Department of Education (ADE) and funded by the United States Department of Agriculture (USDA), provides meals for students of low-income families at a reduced price. The Summer Food Service Program (SFSP)xix, also funded by the USDA and administered by ADE, works to keep all children birth to age 18 fed when school is out of session by providing free meals (breakfast, lunch, supper) and snacks at community sites. SFSP unites community sponsors like camps, faith-based organizations and schools with sites like parks, libraries, community centers and apartment complexes in high-need areas to distribute food. 126 In March 2020, in response to school closures due to the COVID-19 pandemic, the USDA issued waivers allowing year-round operation of the (SFSP) to serve meals to children of all ages engaging in remote learning; these waivers remained in effect through June 2022 and led to increased meal service through SFSP compared to NSLP for many schools. 127 The Child and Adult Care Food Program (CACFP), xx also funded by the USDA, gives reimbursements to participating child care centers, preschools, emergency centers and after-school programs for nutritious meals and snacks served to eligible children.

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xvi For more information see: https://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program and https://des.az.gov/na

xvii For more information see: https://www.fns.usda.gov/wic and https://www.azdhs.gov/prevention/azwic/

xviii For more information see: https://www.fns.usda.gov/nslp

xix For more information see: https://www.azed.gov/hns/sfsp

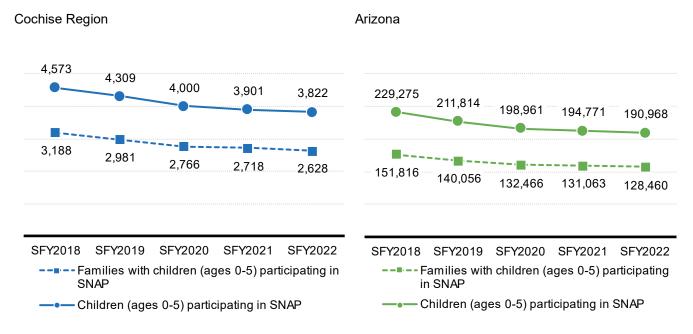
xx For more information see: <a href="https://www.azed.gov/hns/cacfp">https://www.azed.gov/hns/cacfp</a>

Eligible providers include for-profit child care centers serving at least 25% free or reduced-price lunch participants or any non-profit program. 128

## How the Cochise Region is faring

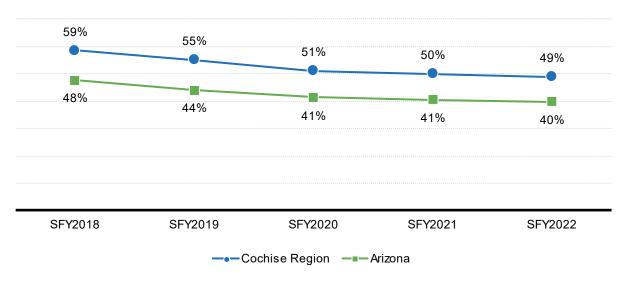
- Participation in SNAP by households with young children declined in the Cochise Region between state fiscal years (SFYs) 2018 and 2022, as did participation across the state. The number of young children birth to age 5 participating in SNAP also decreased during those years in both the region and state, declining to 3,822 young children participating in the region in SFY 2022 (Figure 18). The percentage of young children participating in SNAP was consistently higher in the region than across the state between SFY 2018 and SFY 2022, with 49% of children birth to age 5 participating in the region in SFY 2022, compared to 40% across the state (Figure 19).
- The number of young children (birth to age 4) enrolled in and participating in WIC in the Cochise Region and across the state generally declined in recent years, though both saw a slight uptick in enrollment and participation in calendar year (CY) 2022. A total of 3,646 young children were enrolled in WIC in the region in CY2022, 3,469 of whom were participating (Figure 20).
- WIC participation rates were high in 2022, with 96% of women, 97% of children, and 95% of infants enrolled receiving benefits that year in the Cochise Region (Figure 21).
- The number of lunches served through the NSLP, SFSP, and CACFP meal programs varied substantially between 2019-20 and 2021-22. After the change in school meal policy following the start of the COVID-19 pandemic, meal service through SFSP increased sixfold in Cochise County to 2,249,026 meals served in 2020-21, while meal service through NSLP fell to just 11% of what it had been in 2019-20—just 169,179 meals. In the 2021-22 school year, NSLP meal service rebounded to 678,047 meals, though still nowhere near pre-pandemic levels (1,428,776 meals in 2019-20) (Figure 22).
- Compared to 2019-20, the number of lunches served through CACFP more than doubled by 2021-22 in Cochise County, indicating higher ongoing participation in CACFP following the onset of the pandemic (Figure 22).

Figure 18. Number of children birth to age 5 and households with children birth to age 5 participating in SNAP, state fiscal years 2018 to 2022



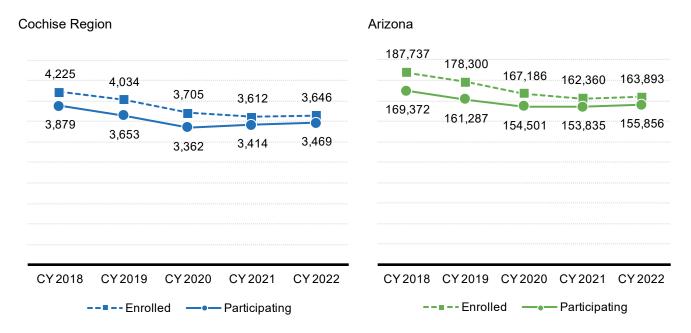
Sources: Arizona Department of Economic Security (2023). [Division of Benefits and Medical Eligibility dataset]. Unpublished data.

Figure 19. Estimated percent of children birth to age 5 participating in SNAP, state fiscal years 2018 to 2022



Sources: Arizona Department of Economic Security (2023). [Division of Benefits and Medical Eligibility dataset]. Unpublished data. & U.S. Census Bureau (2023). 2020 Decennial Census, DHC, Table P14 & P20.

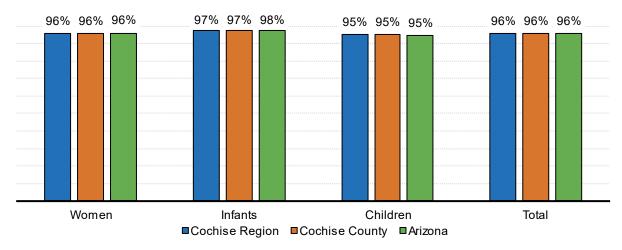
Figure 20. Children birth to age 4 enrolled and participating in WIC, 2018 to 2022



Source: Arizona Department of Health Services (2023). [WIC Dataset]. Unpublished data.

Note: Children are counted as 'participating' if they received benefits during the time period in question.

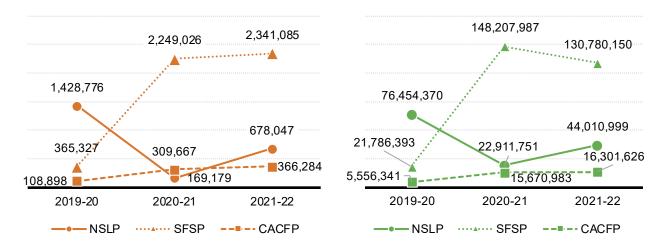
Figure 21. WIC participation rates by category, 2022



Source: Arizona Department of Health Services (2023). [WIC Dataset]. Unpublished data.

Note: Individuals are counted as 'participating' if they received benefits during the time period in question.

Figure 22. Trends in lunches served through school nutrition programs, 2019-20 to 2021-22 Cochise County Arizona



Source: Arizona Department of Education (2021). [Health and Nutrition Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team.

Note: Due to the COVID-19 pandemic, the USDA issued a substantial number of waivers for school nutrition programs to allow greater flexibility for schools to get meals to students in need. More information on the pandemic's effect on school nutrition can be found on the ADE website: https://www.azed.gov/hns/covid19

### **Employment**

Unemployment and underemployment<sup>xxi</sup> can impact families in ways that affect children's health and well-being. 129 Unemployment can limit access to resources that support children's physical and mental health, like health insurance, and can also contribute to family stress, conflict, homelessness and child abuse. 130, 131 Children with parents who have lost their jobs may also experience poorer school performance and behavioral issues, resulting in grade repetition, suspension or expulsion. 132

Education and employment support programs for parents and caregivers are important for increasing wages and improving the economic stability of families. "Two-generation" or "2Gen" approaches address the needs of both parents and children simultaneously through programs to support children and families together, such as a family literacy program that provides educational support to parents while enrolling children in free high-quality preschool. 133, 134, 135 These programs have the goal of decreasing the intergenerational effects of poverty by building parental capacity and protective factors within families. 136, 137, 138

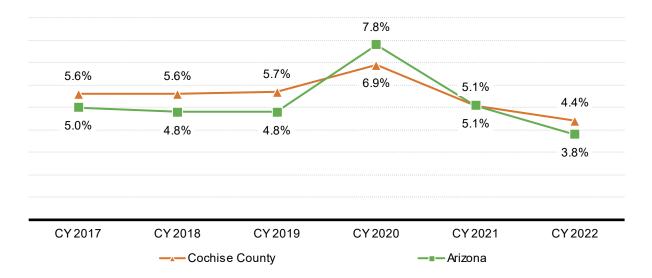
xxi Underemployment means that someone works fewer hours than they would like or is in a job that does not require the skills or training that they have.

## How the Cochise Region is faring

- The unemployment rate is the proportion of the total number of people in the civilian labor force who are unemployed and looking for work. Unemployment rates do not include people who have dropped out of the labor force entirely, including those who wanted to work but could not find a suitable job and have stopped looking for employment. <sup>139</sup> Before 2020, unemployment rates in Cochise County were consistently higher than Arizona's in recent years. While rates in both the region and state spiked during the onset of the COVID-19 pandemic in 2020, the region's spiked less sharply. Unemployment rates have since to their lowest level in six years in 2022 with a 4.4% unemployment rate in Cochise County and a 3.8% rate across Arizona (Figure 23).
- An additional metric of employment is the labor-force participation rate. xxii This rate is the fraction of the population who are in the labor force, whether employed or unemployed. The labor force participation rate is lower in the Cochise Region (51%) than across Arizona (61%). The region has a higher proportion of adults who are not in the labor force (49%) compared to Arizona as a whole (39%) (Table 7 & Figure 24).
- An estimated 92% of young children in the Cochise Region live in households with at least one parent in the labor force, slightly higher than the proportion across the state (90%). More than half of children birth to age 5 in the region (59%) live in households where all residential parents are in the workforce (that is, are employed or actively seeking paid work), meaning they will likely require some form of child care. This includes children in households with a single parent in the labor force (30%) and those in dual-earner households (29%) (Table 8 & Figure 25).

xxii The "labor force" is all persons who are working (employed) or looking for work (unemployed). The "labor force participation rate" is the fraction of the population who are in the labor force, whether employed or unemployed. Persons not in the labor force are mostly students, stay-at-home parents, retirees, and institutionalized people. The "unemployment rate" is the fraction of the civilian labor force which are unemployed.

Figure 23. Average annual unemployment rates (not seasonally adjusted), 2017 to 2022



Source: Arizona Commerce Authority (2021), Office of Economic Opportunity, Local Area Unemployment Survey (LAUS)

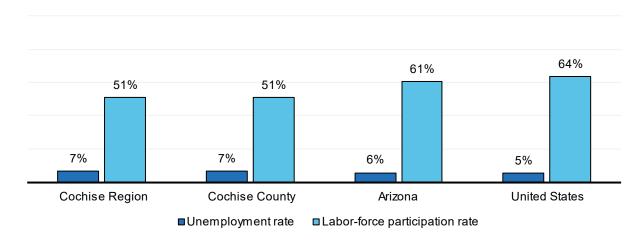
Table 7. Unemployment and labor-force participation for the population ages 16 and older, 2017-2021 ACS

Geography	Estimated working-age population (age 16 and older)		Labor-force participation rate		In the labor force but unemployed	In armed forces	Not in the labor force
Cochise Region	101,760	7%	51%	44%	3%	3.6%	49%
Cochise County	101,053	7%	51%	44%	3%	3.6%	49%
Arizona	5,650,624	6%	61%	57%	3%	0.4%	39%
United States	264,087,642	5%	64%	60%	3%	0.5%	36%

Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2022, Table B23025

Note: The labor force is all persons who are working (employed) or looking for work (unemployed). Persons not in the labor force are mostly students, stay-at-home parents, retirees, and institutionalized people. The "labor force participation rate" is the fraction of the population who are in the labor force, whether employed or unemployed. The "unemployment rate" is the fraction of the civilian labor force which are unemployed. The last four percentages in each row (employed, unemployed, in armed forces, and not in the labor force) should sum to 100% but may not because of rounding.

Figure 24. Unemployment and labor-force participation for the population ages 16 and older, 2017-2021 ACS



Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B23025

Note: The labor force is all persons who are working (employed) or looking for work (unemployed). Persons not in the labor force are mostly students, stay-at-home parents, retirees, and institutionalized people. The "labor force participation rate" is the fraction of the population who are in the labor force, whether employed or unemployed. The "unemployment rate" is the fraction of the civilian labor force which are unemployed.

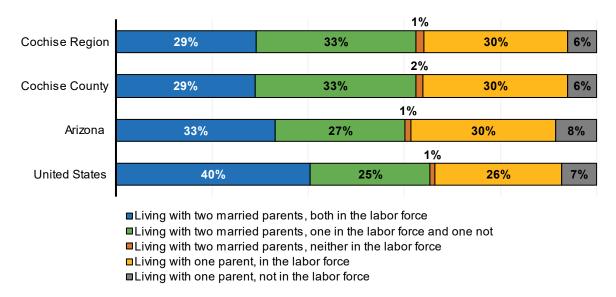
Table 8. Parents of children birth to age 5 who are or are not in the labor force, 2017-2021 **ACS** 

Geography	Estimated number of children (birth to 5 years old) living with parent(s)	Living with two married parents, both in the labor force	Living with two married parents, one in the labor force and one not	Living with two married parents, neither in the labor force	Living with one parent, in the labor force	Living with one parent, not in the labor force
Cochise Region	8,339	29%	33%	1%	30%	6%
Cochise County	8,302	29%	33%	2%	30%	6%
Arizona	473,732	33%	27%	1%	30%	8%
United States	22,399,131	40%	25%	1%	26%	7%

Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B23008

Note: The labor force is all persons who are working (employed) or looking for work (unemployed). Persons not in the labor force are mostly students, stay-at-home parents, retirees, and institutionalized people. The term "parent" here includes step-parents. The five percentages in each row should sum to 100%, but may not because of rounding. Please note that due to the way the ACS asks about family relationships, children living with two unmarried, cohabitating parents are not counted as living with two parents (these children are counted in the 'one parent' category).

Figure 25. Parents of children birth to age 5 who are or are not in the labor force, 2017-2021 ACS



Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B23025

Note: The labor force is all persons who are working (employed) or looking for work (unemployed). Persons not in the labor force are mostly students, stay-at-home parents, retirees, and institutionalized people. The term "parent" here includes stepparents. The five percentages in each row should sum to 100% but may not because of rounding. Please note that due to the way the ACS asks about family relationships, children living with two unmarried, cohabitating parents are not counted as living with two parents (these children are counted in the 'one parent' category).

## Housing instability and internet access

Housing instability can have harmful effects on the development of young children. High housing costs relative to family income are associated with increased risk for overcrowding, frequent moving, poor nutrition, declines in mental health and homelessness. <sup>140, 141, 142</sup> High relative housing costs leave inadequate funds for other necessities, such as food and utilities. <sup>143</sup> This can negatively affect the physical, social-emotional and cognitive development of children, with severe forms of housing instability associated with poorer performance in school. <sup>144, 145</sup>

Another increasingly important utility in homes is reliable internet access. Access to broadband (high-speed) internet enables quick access to a far greater number of resources and information, telehealth options and other opportunities that can be critical for education and employment. Internet access has been deemed a "super determinant" of health because of its influence on more traditional social determinants of health such as education, employment, health care access and social connection. Household access to computers and high-speed internet is also important for school-aged children who may need this technology for school assignments and projects, particularly during the later years of primary education and beyond. Lack of access to reliable high-speed internet disproportionately occurs in rural areas and pockets of segregated urban areas, and this disparate access is known as the digital divide. Due to the importance of high-speed internet access, the federal government has instituted

several funding initiatives to improve access to and the affordability of high-speed internet, including in Arizona. xxiii

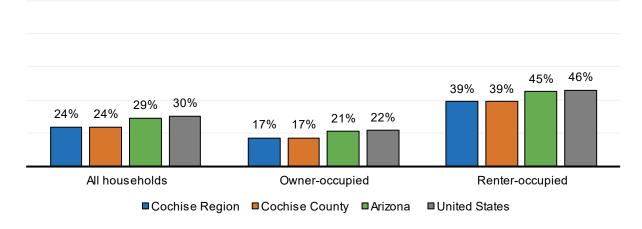
## How the Cochise Region is faring

- Traditionally, housing has been deemed affordable for families if it costs less than 30% of annual household income. Almost one in four households (24%) in the Cochise Region spend 30% or more of their income on housing. Housing costs do differ by home ownership status, with fewer homeowners in the region (17%) and state (21%) spending 30% or more of household income on housing, compared to renter-occupied households (region, 39%; state, 45%) (Figure 26).
- The McKinney-Vento Act definition of homelessness includes children living in shelters, transitional housing, campgrounds, motels, trailer parks and cars, as well as children whose families are temporarily living within another family's household. About 500 students (or 3%) enrolled in public and charter schools in the region experienced homelessness in the 2021-22 school year, compared to less than 2% across the state (Table 9).
- Looking at households, a majority (84%) in the Cochise Region have both a computer (including smartphones) and broadband internet connectivity, although this is a slightly smaller proportion than across the state overall (88%) (Table 10).
- Looking at the population, a majority (89%) of people in the Cochise Region live in households with both a computer and internet connection (Figure 27). This is more common among children, with 96% of children under age 18 with both a computer and internet connection in their household in the region (Figure 28).

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xxiii For more information, please see https://internetforall.gov/program/digital-equity-act-programs

Figure 26. Percent of households spending 30% or more of household income on housing by home ownership status, 2017-2021 ACS



Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B25106

Table 9. Students experiencing homelessness (all grades) enrolled in public and charter schools, 2019-20 to 2021-22

	l	of students ex homelessnes		Percent of students who were homeless		
Geography	2019-20	2020-21	2021-22	2019-20	2020-21	2021-22
Cochise Region schools	276	483	501	2%	3%	3%
Cochise County schools	276	483	503	2%	3%	3%
Arizona schools	12,931	8,542	11,161	1%	<2%	<2%

Source: Arizona Department of Education (2023). [Oct 1 Enrollment Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team.

Note: Differences between the county and the region are due to several charter schools in the region being assigned to the county where the primary charter office is located (i.e., Maricopa County for Liberty Traditional School, Pima County for Leman Academy) and due to the Patagonia High School CTD program being assigned to Cochise County (because of the main CTD office location in Cochise County). The McKinney-Vento Act provides funding and supports to ensure that children and youth experiencing homelessness have access to education. Under the McKinney-Vento Act, children are defined as homeless if they lack a "fixed, regular, and adequate nighttime address." This includes children living in shelters, cars, transitional housing, campground, motels, and trailer parks, as well as children who are living 'doubled up' with another family due to loss of housing or economic hardship. More information can be found on the ADE website: <a href="https://www.azed.gov/homeless">https://www.azed.gov/homeless</a>

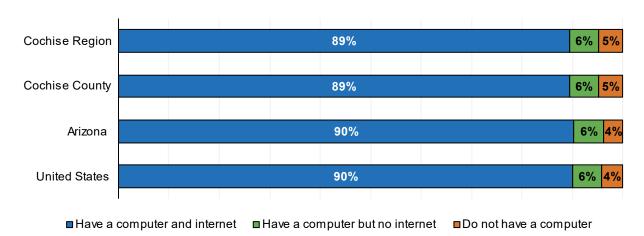
Table 10. Households with a computer and broadband internet connectivity, 2017-2021 ACS

Geography	Estimated number of households		seholds with a computer and padband internet connectivity
Cochise Region	49,606	41,761	84%
Cochise County	49,239	41,447	84%
Arizona	2,683,557	2,350,265	88%
United States	124,010,992	106,957,995	86%

Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B28008.

Note: In this table, "computer" includes desktops, laptops, tablets and smartphones.

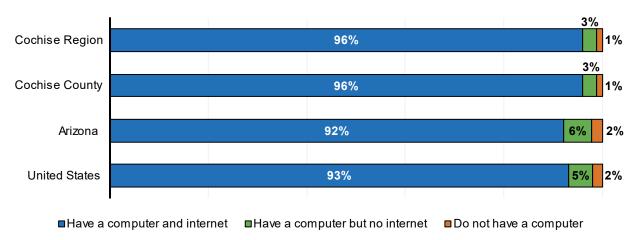
Figure 27. Persons of all ages in households with and without computers and internet connectivity, 2017-2021 ACS



Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B28005

Note: The three percentages in each bar should sum to 100%, but may not because of rounding.

Figure 28. Children birth to age 17 in households with and without computers and internet connectivity, 2017-2021 ACS



Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B28005 Note: The three percentages in each bar should sum to 100%, but may not because of rounding.

Additional data tables related to Economic Circumstances can be found in Appendix 1 of this report.



**EDUCATIONAL INDICATORS** 

# **EDUCATIONAL INDICATORS**

# **Why it Matters**

A community's K-12 education system can support positive outcomes for children, families and the overall well-being of the community. Individuals who have higher levels of education tend to live longer and healthier lives. 149 Graduating from high school, in particular, is associated with better health, financial stability and socio-emotional outcomes as well as a lower risk for incarceration compared to dropping out of high school. 150, 151 Children with parents that have attained higher levels of education are more likely to do well in school, such as score higher in reading, math and science in their first four years of school and attain higher levels of education themselves. 152, 153, 154 High-quality early learning experiences also set a strong foundation for children's learning in kindergarten, elementary school and beyond. 155 When children participate in high-quality early education, they are more likely to perform better in reading and math in later grades. 156 Given these lifetime and intergenerational impacts of educational attainment, it is critical to provide substantial support for early education and promote policies and programs that encourage the success of Arizona's children.

## What the Data Tell Us

#### School attendance and absenteeism

School attendance is an important factor in predicting the academic performance and future health of children. Chronic absenteeism, defined as missing 10% of school days in a school year, predicts a student experiencing academic difficulties and even dropping out of school entirely. 157 Children who are part of a racial or ethnic minority group, have disabilities or other health conditions, or live in lowincome families are at increased risk of absenteeism. 158, 159

## How the Cochise Region is faring

- In the 2021-22 school year, 278 children were enrolled in preschool in public or charter schools in the Cochise Region. Kindergarten through 3<sup>rd</sup> grade enrollments for the region were all much higher, ranging from a low of 1,342 children enrolled in 1st grade to a high of 1,427 children enrolled in 3<sup>rd</sup> grade (Table 11).
- Kindergarten through 3<sup>rd</sup> grade chronic absence rates have jumped sharply at the region, county and state level in recent years, increasing from 19% in 2020-21 to 33% in 2021-22 in the Cochise Region (Figure 29).

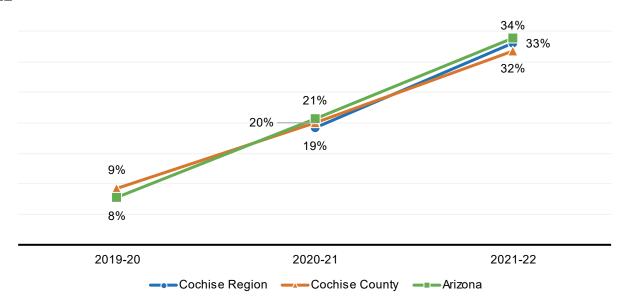
Table 11. Preschool to 3<sup>rd</sup> grade students enrolled in public and charter schools, 2021-22

Geography	Preschool	Kindergarten	1st Grade	2nd Grade	3rd Grade
Cochise Region schools	278	1,352	1,342	1,389	1,427
Cochise County schools	275	1,247	1,236	1,280	1,320
Arizona schools	17,840	79,423	79,202	82,342	82,243

Source: Arizona Department of Education (2023). [Oct 1 Enrollment Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team

Note: Differences between the county and the region are due to several charter schools in the region being assigned to the county where the primary charter office is located (i.e., Maricopa County for Liberty Traditional School, Pima County for Leman Academy) and due to the Patagonia High School CTD program being assigned to Cochise County (because of the main CTD office location in Cochise County).

Figure 29. Chronic absenteeism rates for kindergarten to 3<sup>rd</sup> grade students, 2019-20 to 2021-22



Source: Arizona Department of Education (2023). [Absenteeism Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team.

Note: Students are considered chronically absent if they miss more than 10% of the school days in a school year. This table includes children who are absent due to chronic illness. Please note that school closures and transitions to distance learning substantially affected how attendance was tracked by schools in the spring of 2020. Data for the 2019-20 school year were unavailable for the Cochise Region.

## Achievement on standardized testing

All Arizona public schools, including both district and charter schools (but not private schools), are required to administer state and federally mandated standardized tests. Between 2019 and 2022, the statewide English language arts (ELA) and Math assessment tool for 3<sup>rd</sup> through 8<sup>th</sup> graders in public

schools was Arizona's Statewide Achievement Assessment for English Language Arts and Math (AzM2), previously called Arizona's Measurement of Educational Readiness to Inform Teaching (AzMERIT). xxiv, 160, 161 The Move on When Reading policy, enacted by the Arizona legislature in 2010, states that a 3<sup>rd</sup> grade student shall not be promoted to 4<sup>th</sup> grade if their reading score falls far below the 3<sup>rd</sup> grade level, as established by the State Board of Education. xxv, 162

These policies are intended to help identify struggling readers who may benefit from more targeted literacy interventions. Children's 3<sup>rd</sup> grade reading comprehension and proficiency skills can predict their future academic success, such as their likelihood of graduating high school and attending college. 163 Poor reading skills are associated with a six-fold increase in the likelihood of dropping out of high school in comparison to proficient readers. 164

## How the Cochise Region is faring

- In the 2021-22 school year, only 40% of 3<sup>rd</sup> grade students in the Cochise Region were meeting or exceeding proficiency expectations for the 3<sup>rd</sup> grade English Language Arts assessment, similar to the proportion across the state (41%). An even lower percentage (37%) were meeting or exceeding proficiency expectations for Math, compared to 40% of students across the state (Table 12 & Table 13).
- Although these passing rates are low, they have been increasing. In the region, passing rates for the 3<sup>rd</sup> grade English Language Arts assessment increased from 30% in 2020-21 to 37% in 2021-22. During the same period, passing rates increased from 35% to 41% across the state (Figure 30).
- Third grade Math passing rates also increased in the region and state between 2020-21 and 2021-22, from 30% to 37% in the region and from 36% to 40% across the state (Figure 31).

xxiv In 2022, AzM2 was replaced by Arizona's Academic Standards Assessment (AASA).

xxv Exceptions exist for students identified with or being evaluated for learning disabilities or reading impairments, English language learners and those who have demonstrated reading proficiency on alternate forms of assessment approved by the State Board of Education. Students who test in the 'far below' proficiency range can also be promoted to 4th grade if they complete summer school and then demonstrate reading at a proficient level. Given these exceptions, historically very few  $3^{rd}$  grade students (<1%) have been retained due to Move on When Reading. As of 2022, schools with early elementary grade students are now required to screen all kindergarten and first grade students for dyslexia and have at least one teacher who has complete ADE-approved trainings in reading instruction, intensifying instruction and understanding and recognizing dyslexia.

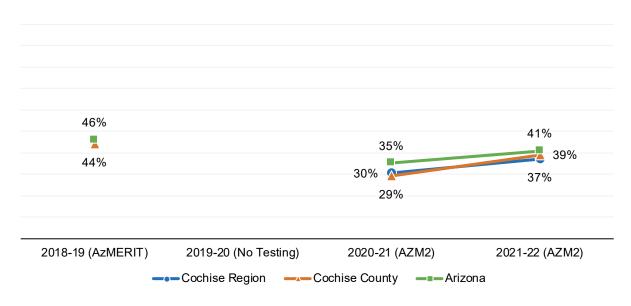
Table 12. Assessment results: 3rd Grade English Language Arts, 2021-22

Geography	Students Tested			Meets	Exceeds	Passing
Cochise Region schools	DS	48%	12%	27%	13%	40%
Cochise County schools	1,268	49%	12%	27%	12%	39%
Arizona schools	79,586	47%	12%	26%	15%	41%

Source: Arizona Department of Education (2023). [Assessment Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team.

Note: The number of students tested is suppressed at the regional level due to redaction requirements from the ADE data access process. Differences between the county and the region are due to several charter schools in the region being assigned to the county where the primary charter office is located (i.e., Maricopa County for Liberty Traditional School, Pima County for Leman Academy) and due to the Patagonia High School CTD program being assigned to Cochise County (because of the main CTD office location in Cochise County).

Figure 30. Trends in passing rates for 3rd Grade English Language Arts assessments, 2021-22



Source: Arizona Department of Education (2021). [Assessment Dataset]. Custom tabulation of unpublished data by the UArizona CRED

Note: Comparable regional passing rates were not available for 2018-19 due to differences in how the data were pulled. Differences between the county and the region are due to several charter schools in the region being assigned to the county where the primary charter office is located (i.e., Maricopa County for Liberty Traditional School, Pima County for Leman Academy) and due to the Patagonia High School CTD program being assigned to Cochise County (because of the main CTD office location in Cochise County).

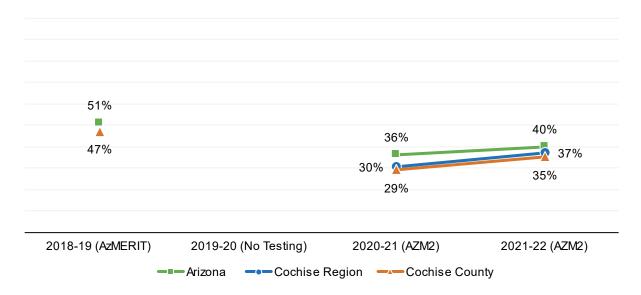
Table 13. Assessment results: 3rd Grade Math. 2021-22

Geography	Students Tested		Approaches	Meets	Exceeds	Passing
Cochise Region schools	DS	32%	31%	27%	10%	37%
Cochise County schools	1,282	33%	32%	26%	9%	35%
Arizona schools	80,445	33%	27%	28%	12%	40%

Source: Arizona Department of Education (2023). [Assessment Dataset]. Custom tabulation of unpublished data by the UArizona CRED

Note: The number of students tested is suppressed at the regional level due to redaction requirements from the ADE data access process. Differences between the county and the region are due to several charter schools in the region being assigned to the county where the primary charter office is located (i.e., Maricopa County for Liberty Traditional School, Pima County for Leman Academy) and due to the Patagonia High School CTD program being assigned to Cochise County (because of the main CTD office location in Cochise County).

Figure 31. Trends in passing rates for 3rd Grade Math assessments, 2018-19 to 2021-22



Source: Arizona Department of Education (2021). [Assessment Dataset]. Custom tabulation of unpublished data by the UArizona CRED

Note: Comparable regional passing rates were not available for 2018-19 due to differences in how the data were pulled. Differences between the county and the region are due to several charter schools in the region being assigned to the county where the primary charter office is located (i.e., Maricopa County for Liberty Traditional School, Pima County for Leman Academy) and due to the Patagonia High School CTD program being assigned to Cochise County (because of the main CTD office location in Cochise County).

#### Graduation rates and adult educational attainment

High school graduation and dropout rates within a region can provide insight into the assets within and challenges faced by a community and its future workforce. Adults who graduated from high school have higher rates of employment, higher incomes and better overall health compared to adults who dropped

out of high school, even if they received a high school equivalency degree, such as the General Educational Development certificate (GED). 165 Maternal education is associated with an array of child outcomes starting with infant health, <sup>166, 167,168</sup> and both targeted and universal programs serving children from families with lower educational backgrounds can support child development. 169, 170

In contrast to the U.S. as a whole, Arizona has a larger proportion of disconnected youth, defined as teenagers ages 16 to 19 who are neither attending school nor employed, xxvi which has been linked to negative physical and mental health outcomes and higher rates of unemployment. <sup>171</sup> Native youth, both nationally and in Arizona, are disproportionately disconnected and therefore particularly vulnerable to these negative outcomes and may need additional support. 172

### How the Cochise Region is faring

- In 2021, the four-year graduation rate for the Cochise Region was 78% and the five-year graduation rate was 73%. xxvii The state four-year graduation rate (76%) was similar, but the fiveyear graduation rate was slightly higher (79%) (Figure 32 & Table 14).
- The 7<sup>th</sup>-12<sup>th</sup> grade dropout rate for the Cochise Region slightly but steadily increased from 3% in 2019-20 to 5% in 2021-22, mirroring statewide trends (Table 15). This jump was higher in Cochise County schools, where the dropout rate rose to 7% in 2021-22.
- Almost two-thirds (64%) of the adult population in the Cochise Region has more than a highschool education, comparable to the proportion across the state (65%) (Figure 33).
- In both 2020 and 2021, 85% of births in the Cochise Region were to mothers who had at least a high school diploma, GED or higher educational attainment, similar to births across Arizona in 2020 (84%) and 2021 (85%) (Table 16).

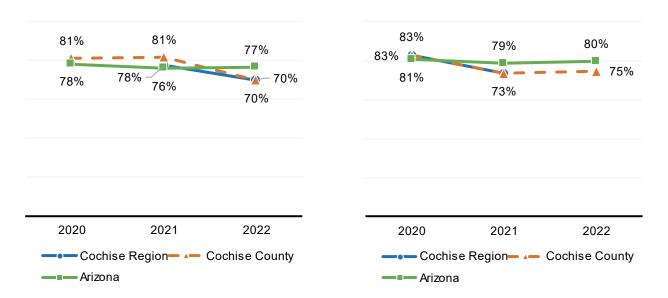
xxvi Age ranges used for 'disconnected youth' vary by source, with some estimates including both teenagers ages 16-19 and young adults ages 20-24 and others focusing on only teenagers or young adults.

xxvii Please note that while 5-year graduation rates are usually higher than 4-year graduation rates, due to the COVID-19 pandemic, students moved in and out of high school differently in 2020 and 2021 than in prior years, leading to larger than normal 5-year high school cohorts.

Figure 32. Trends in 4-year and 5-year graduation rates, 2020 to 2022

#### 4-year graduation rates

### 5-year graduation rates



Source: Arizona Department of Education (2023). [Graduation Dataset]. Custom tabulation of unpublished data by the UArizona CRED

Note: Regional data were not available for 2020 4-year graduation rates, and 5-year graduation rates for 2022 had yet to be released at the time of the data pull for this report (December 2023). Differences between the county and the region are due to several charter schools in the region being assigned to the county where the primary charter office is located (i.e., Maricopa County for Liberty Traditional School, Pima County for Leman Academy) and due to the Patagonia High School CTD program being assigned to Cochise County (because of the main CTD office location in Cochise County).

Table 14. Trends in 4-year and 5-year graduation rates, 2020 to 2022

	4-Yea	r Graduation	Rates	5-Year Graduation Rates		
Geography	2020	2021	2022	2020	2021	2022
Cochise Region schools	N/A	78%	70%	83%	73%	N/A
Cochise County schools	81%	81%	70%	83%	73%	75%
Arizona schools	78%	76%	77%	81%	79%	80%

Source: Arizona Department of Education (2023). [Oct 1 Enrollment Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team.

Note: Regional data were not available for 2020 4-year graduation rates, and 5-year graduation rates for 2022 had yet to be released at the time of the data pull for this report (December 2023). Differences between the county and the region are due to several charter schools in the region being assigned to the county where the primary charter office is located (i.e., Maricopa County for Liberty Traditional School, Pima County for Leman Academy) and due to the Patagonia High School CTD program being assigned to Cochise County (because of the main CTD office location in Cochise County). The 5-year graduation rate reflects the percentage of students who graduated high school within 5 years of entry. See

https://www.azed.gov/sites/default/files/2017/08/2018%2006%2001%20Graduation%20DO%20and%20Persistence%20Rate%20Tech% 20Manual.pdf?id=598a34233217e10ce06647ff

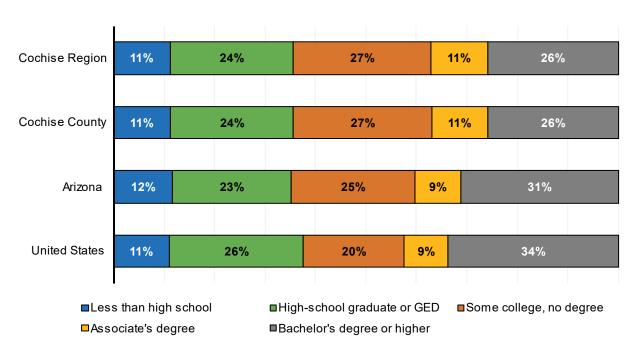
Table 15. 7th to 12th grade dropout rates, 2019-20 to 2021-22

Coornelli	Descrit Bata 2010 20	Descript Bata 2020 24	Design and Data 2024 22
Geography Cochise Region Schools	Dropout Rate, 2019-20	Dropout Rate, 2020-21	Dropout Rate, 2021-22 5%
Cochise Region Schools	370	4 70	5%
Cochise County Schools	4%	4%	7%
Arizona Schools	3%	4%	5%

Source: Arizona Department of Education (2023). [Dropout Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team

Notes: Dropouts are defined by ADE as students who were enrolled in school at any time during the school year but were not enrolled at the end of the year and who did not transfer to another school, graduate, or die. Dropout rates are calculated by dividing the number of dropouts by the total enrollment. In many elementary districts, dropout rates reflect students who transferred out and were lost to followup. Differences between the region and county in the 2019-20 school year are due to slight differences between school and county-level data in ADE files.

Figure 33. Level of education for the adult population (ages 25 and older), 2017-2021 ACS



Source: U.S. Census Bureau. (2022). American Community Survey five-year estimates 2017-2021, Table B15002

Note: The five percentages in each bar should sum to 100%, but may not because of rounding.

Table 16. Level of education for the mothers of babies born in 2020 and 2021

Geography	Calendar year	Number of births	Mother had less than a high-school education	Mother finished high school or had GED	Mother had more than a high-school education
	2020	1,273	15%	30%	55%
Cochise Region	2021	1,248	14%	30%	55%
Cashina Caumh	2020	1,273	15%	30%	55%
Cochise County	2021	1,247	14%	30%	55%
ARIZONA	2020	76,781	15%	27%	57%
ARIZUNA	2021	77,857	14%	27%	58%

Source: Arizona Department of Health Services (2023). [Vital Statistics Births dataset]. Unpublished data.

Note: Mothers of twins are counted twice in this table. A small number of births are missing data on maternal educational attainment, so percentages in this table may not sum to 100%.

Additional data tables related to Educational Indicators can be found in Appendix 1 of this report.



**EARLY LEARNING** 

# **EARLY LEARNING**

# **Why it Matters**

Early childhood is a pivotal time for building crucial physical, cognitive and social-emotional skills. <sup>173</sup>, <sup>174</sup> Early experiences are important for healthy brain development and set the stage for lifelong learning and well-being. 175, 176, 177 Just as rich, stimulating environments can promote healthy development, early negative experiences can also have lasting effects. <sup>178, 179</sup> However, considering the major COVID-19 pandemic-related challenges experienced by many Arizona families, it is important to remember that predicted short- and long-term effects of adverse experiences are not inevitable. 180, 181 Access to quality early care and learning environments can be a powerful protective factor for every child, and the effects can be particularly life-changing for children facing chronic stressors and for children with disabilities. 182, 183

Quality early care and educational experiences help children develop into capable learners by supporting many crucial systems in the body. 184 In addition to promoting healthy brain development, positive and adverse experiences in the first few years of life can shape a child's immune functioning, ability to handle stress in a healthy way and capacity to learn and thrive. 185 Each of these factors contribute to being a skillful learner. 186

# What the Data Tell Us

### Access to early care and education

Early childhood systems play a key role in supporting children, parents, caregivers and communities as a whole. 187, 188 Unfortunately, many Arizona families continue to face obstacles when seeking quality early care and education. Communities in both urban and rural areas of Arizona face a gap between the number of young children and licensed child care slots. 189, 190, 191, 192 According to the Center for American Progress, almost half of Arizonans (48%), including the majority of rural, low-income and Hispanic or Latino families, live in a "child care desert," defined as areas where there are three times as many children as there are available child care opportunities. 193, 194

Analyses by the Bipartisan Policy Center indicate that Arizona needed an additional 76,740 licensed or registered early care and education slots to have enough for all young children in working families in 2019. 195 Because the COVID-19 pandemic forced many child care centers and home-based providers to close either temporarily or permanently, care has been disrupted for many more families in Arizona and nationwide. 196 Disruptions to child care arrangements may have been especially burdensome for Hispanic and Latino households, <sup>197</sup> which is meaningful to Arizona given the high proportion of young children who are Hispanic or Latino compared to children nationwide. Parents and caregivers in Hispanic and Latino households were less likely to use paid leave or to simultaneously supervise their children while working – likely due to lower access to paid leave and telework options – and more likely to leave or lose their job as a result. 198

Availability and cost are especially challenging for parents seeking care for infants and young children in Arizona. For example, a family with one infant and one preschooler can expect to pay about \$1,670 per month for a licensed child care provider. 199 This monthly cost exceeds what many Arizonans pay per month for housing, creating potential financial challenges that are further compounded for families with multiple children under the age of 6. xxviii, 200, 201 The Arizona Department of Economic Security (DES) provides child care assistance to financially eligible families, including specific funding for families involved with the Arizona Department of Child Safety (DCS). 202 However, families that are eligible to receive funding may not have access to child care services in their community that are licensed or that accept assistance payments, leaving them unable to utilize the funding. 203, 204

# How the Cochise Region is faring

- In the Cochise Region, 39% of children (ages 3 and 4) are estimated to be enrolled in preschool xxix or kindergarten, a slightly higher proportion than across the state (36%). Preschool enrollment in the Cochise Region has decreased in recent years from 41% to 39%. State preschool enrollment decreased from 37% to 36% during the same period, hitting a 10-year low in 2021<sup>205</sup> (Figure 34).
- The vast majority of licensed child care capacity in the region is provided by child care centers (93%), with a smaller proportion provided by family child care providers (7%). Given there are around 4,920 children with all residential parents in the labor force in the region, according to the 2017-2021 American Community Survey (ACS) (see Table 8), an availability of only 3,023 licensed child care slots suggests that families in the region may face challenges in finding child care (Table 17).
- An area is labeled a child care desert if the ratio of children to child care slots is 3 to 1 or more. Looking collectively across all young children birth to age 5, the Cochise Region is not considered a child care desert (2.9). However, for infant and 1-year-old care, the situation is more pronounced. There are nearly six (5.8) times the number of 1-year-olds in the region as available slots for those children, and 13.6 times the number of infants for every available infant child care slot. While this pattern is similar across the state, the limited availability of infant child care is even more notable in the Cochise Region (Table 18).
- There were only 299 slots for infants and 1-year-olds in Arizona Department of Health Services (ADHS)-licensed child care providers in July 2023 in the region, meaning that there are only

xxviii In addition to the financial challenges faced by parents paying for child care, the early care and education workforce is one of the most underpaid fields in the country. Nationally, educators working with infants and toddlers are 7.7 times more likely to live in poverty compared to K-8 teachers. The median hourly wage for a child care worker in Arizona (\$11.97) is \$13.19 less per hour than what is considered a living wage for a single parent with 1 child (\$25.16). For more information on early care and education workforce wages visit https://cscce.berkeley.edu/workforce-index-2020/the-early-educator-workforce/early-educator-pay-economic-insecurity-across-thestates/

xxix The American Community Survey uses the terms nursery school and preschool interchangeably.

- slots for about one in eight of the estimated 2,398 children under age 2 living in the region (Figure 35 & Table 3).
- Certified family homes and public schools in Cochise County are the lowest priced type of care in the region for 1–5-year-olds, both with median costs of \$630 per month for a 1–2-year-old, while public schools cost slightly more for a 3–5-year-old (\$693). Care for infants is the most expensive in the county and the state, with the median monthly cost for infant care ranging from \$725 in small group homes to \$903 in licensed centers in the region, just below median costs seen across the state (\$761 and \$949) (Figure 36).
- Child care costs as a percentage of median family income are slightly higher in Cochise County compared to the state overall. In 2022, the cost of sending an infant to a licensed center in Cochise County was approximately one-sixth (17%) of the median income for families with children under 18 in the region, compared to 15% for families across the state. The percentage of income spent on older children's care is lower in comparison for both the county and state (Figure 37).
- Median child care costs have climbed sharply in the county and state since 2018. For example, the cost of care in the most available type of care in Cochise County, licensed centers, increased 21% for one infant, 27% for one 1–2-year-old and 24% for one 3–5-year-old between 2018 and 2022 (Table 19).
- The number of children birth to age 5 eligible for and receiving DES child care assistance in the region has generally mirrored the pattern seen across the state in recent years. Prior to the onset of the COVID-19 pandemic in 2020, both the number of children eligible for and the number of children receiving assistance were increasing at the region and state level. Since 2020, numbers of eligible and receiving at the region and state level fluctuated, with 385 children found eligible and 362 children receiving services in the Cochise Region in 2022 (Figure 38).
- The proportion of eligible families not using their DES child care assistance in the Cochise Region also mirrored state level trends in recent years. The proportion of eligible families not using their DES assistance declined by at least half at the region and state level between 2020 and 2022, dropping from 13.6% to 5.1% in the Cochise Region and from 18.3% to 9.2% across Arizona (Figure 39).
- Children are automatically eligible for DES child care assistance when they are involved with DCS. \*\*xx\* For DCS-involved children, the number of children eligible for assistance in the Cochise Region has increased in recent years, from 114 young children in 2020 to 191 in 2022, unlike the declining trend seen across the state. More eligible DCS-involved children in the region also

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xxx Children involved with DCS include children who have been removed by DCS and placed with a foster family or kinship caregiver as well as children who are residing with their own family but receiving services from DCS (such as in-home family support and counseling). Families of these children are not required to pay a co-pay for child care.

received assistance during this period, increasing from 75 children in 2020 to 168 in 2022 (Figure 40).

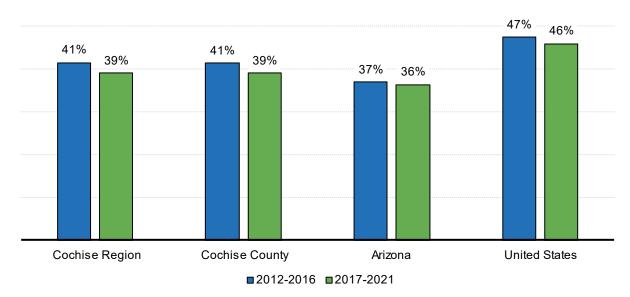


Figure 34. School enrollment for children ages 3 to 4, 2012-2016 and 2017-2021 ACS

Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B14003. U.S. Census Bureau. (2017). American Community Survey 5-year estimates 2012-2016, Table B14003

Note: In this table, "school" may include nursery school, preschool, or kindergarten.

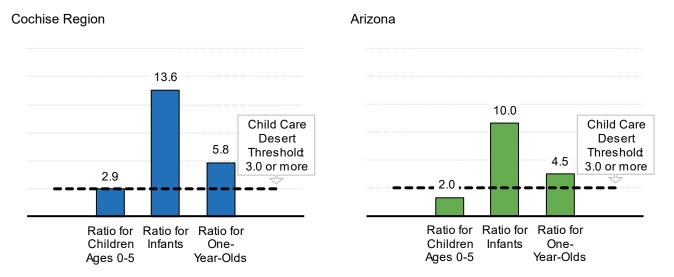
Table 17. Number and Capacity of Early Care & Education Providers active in the National Data System for Child Care, May 2023

	Total ECE Providers		Child ca			child care riders	Nannies or individual providers	
Geography	Number	Capacity	Number	Capacity	Number	Capacity	Number	Capacity
Cochise Region	72	3,023	38	2,824	34	199	0	0
Cochise County	72	3,023	38	2,824	34	199	0	0
Arizona	2,454	211,860	1,933	208,407	516	3,435	5	18

Source: Arizona Department of Economic Security (2023). [Child Care Administration dataset]. Unpublished data.

Note: Providers in this table are those who were active in the National Data System for Child Care NACCRRAware database as of May 2023. This database of child care providers includes most state-licensed child care providers in the state of Arizona, but the database does not include informal or unlicensed providers or providers who are licensed through military or tribal authorities. Please also note that not all school-based preschools or Head Start centers participate in this data system (whereas all center-based facilities are required to be licensed and thus will appear in the ADHS licensing dataset in Table 18).

Figure 35. Ratio of children to slots in ADHS-licensed child care facilities, July 2023



Source: U.S. Census Bureau (2023). 2020 Decennial Census, Demographic and Housing Characteristics (DHC), Tables P1, P14. ADHS (2023). [Child Care Licensing Database]. Retrieved from https://www.azdhs.gov/licensing/childcare-facilities/index.php#parentsdatabases on 12 July 2023

Note: ADHS licenses most child care centers in the state of Arizona, except for those regulated by military or tribal authorities. While these licensed slots do not account for home-based care, as evidenced in Table 17, the majority of child care capacity in the region is in center-based care. Child care deserts are defined by the Center for American Progress as areas where there are more than three times as many children as available child care slots. To see a nationwide map of childcare supply, visit https://childcaredeserts.org/

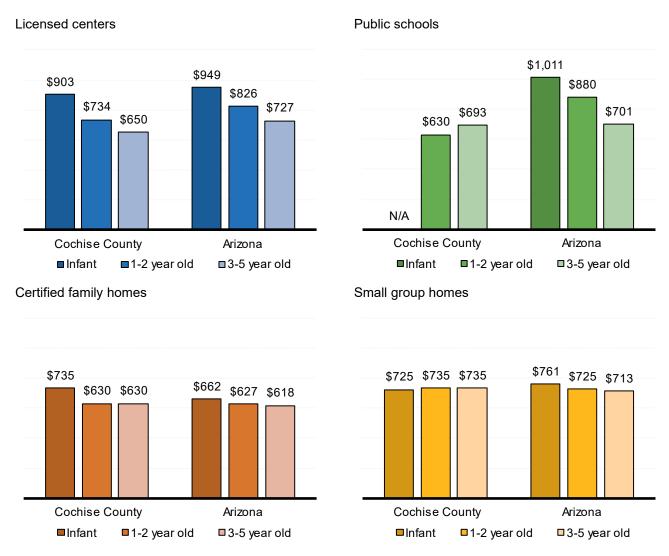
Table 18. ADHS-licensed child care providers by age of child served, July 2023

Geography	Licenso Num	ed Providers  Capacity	Int Num.	fants Capacity	1-ye. Num.	ar-olds Capacity	Number of providers licensed for 2-year- olds	Number of providers licensed for 3- to 5- year-olds
Cochise Region	49	2,662	21	86	24	213	25	46
Cochise County	49	2,662	21	86	24	213	25	46
Arizona	2,344	246,369	822	7,474	1,136	17,323	1,217	2,175

Source: U.S. Census Bureau (2023). 2020 Decennial Census, Demographic and Housing Characteristics (DHC), Tables P1, P14. ADHS (2023). [Child Care Licensing Database]. Retrieved from https://www.azdhs.gov/licensing/childcarefacilities/index.php#parents-databases on 12 July 2023

Note: ADHS licenses most child care centers in the state of Arizona, except for those regulated by military or tribal authorities. While these licensed slots do not account for home-based care, as evidenced in Table 17, the majority of child care capacity in the region is in center-based care.

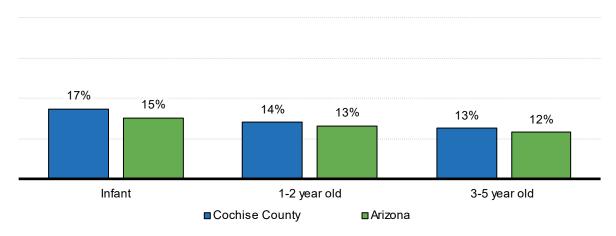
Figure 36. Median monthly charge for full-time child care, 2022



Source: Health Management Associates (2022). 2022 Child Care Market Rate Survey. Arizona Department of Economic Security. Retrieved from https://des.az.gov/sites/default/files/media/2022-Market-Rate-Survey.pdf?time=1670616239540

Note: Median monthly charges are calculated by multiplying the daily median cost of care by 21 to approximate a full month of care.

Figure 37. Cost of center-based child care for one child, as a percentage of income, 2022



Source: Health Management Associates (2022). 2022 Child Care Market Rate Survey. Arizona Department of Economic Security. Retrieved from <a href="https://des.az.gov/sites/default/files/media/2022-Market-Rate-Survey.pdf?time=1670616239540">https://des.az.gov/sites/default/files/media/2022-Market-Rate-Survey.pdf?time=1670616239540</a>

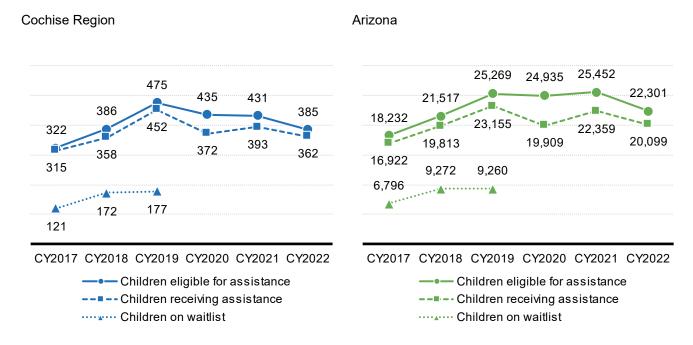
Note: Annual costs of care are calculated by multiplying the median daily cost of care by 252 to approximate a full year of care, divided by the median income for families with children under the age of 18 in the region.. The U.S. Department of Health and Human Services Child Care and Development Fund (CCDF) Program sets a benchmark for affordable co-payments for child care at 7% of family income.

Table 19. Increase in median child care cost by provider type and child age, 2018 to 2022

	Certified family homes			Small group homes			Licensed centers		
Geography	One infant	One 1 or 2 year old	One 3 to 5 year old			One 3 to 5 year old	One infant	One 1 or 2 year old	One 3 to 5
Cochise Region		Regional data not available							
Cochise County	+43%	+33%	+33%	+50%	+46%	+52%	+21%	+27%	+24%
Arizona	+26%	+23%	+26%	+28%	+28%	+28%	+21%	+19%	+18%

Source: Health Management Associates (2022). 2022 Child Care Market Rate Survey. Arizona Department of Economic Security. Retrieved from https://des.az.gov/sites/default/files/media/2022-Market-Rate-Survey.pdf?time=1670616239540

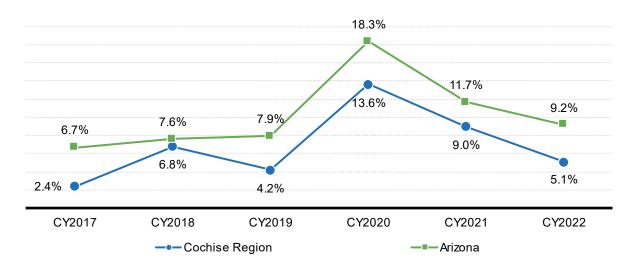
Figure 38. Children birth to age 5 eligible for, receiving, and on waitlist for DES child care assistance, 2017 to 2022



Sources: Arizona Department of Economic Security (2023). [Child Care Administration dataset]. Unpublished data.

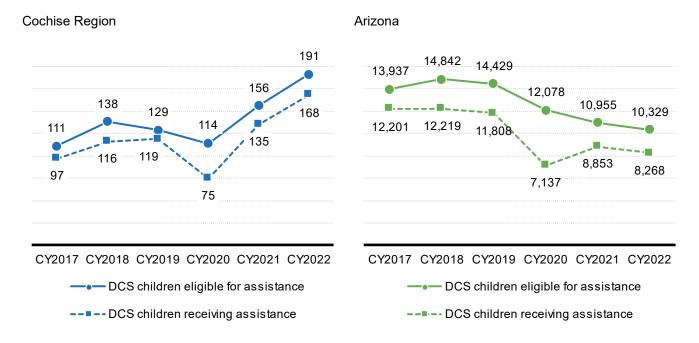
Note: The DES child care waitlist was suspended in June 2019, so there are no waitlist numbers for 2020 or beyond. DES child care assistance amounts vary based on a number of factors including the age of the child, the type of provider and the quality status of the provider. For more information, please see the current DES reimbursement rates for child care at https://des.az.gov/sites/default/files/dl/CCA-1227A 1.pdf?time=1646262773961

Figure 39. Eligible families not using DES child care assistance, 2015 to 2020



Source: Arizona Department of Economic Security (2021). [Child Care Administration dataset]. Unpublished data.

Figure 40. DCS-involved children birth to age 5 eligible for and receiving for DES child care assistance, 2017 to 2022



Sources: Arizona Department of Economic Security (2023). [Child Care Administration dataset]. Unpublished data.

Note: The DES child care waitlist was suspended in June 2019, so there are no waitlist numbers for 2020 or beyond. DES child care assistance amounts vary based on a number of factors including the age of the child, the type of provider and the quality status of the provider. For more information, please see the current DES reimbursement rates for child care at <a href="https://des.az.gov/sites/default/files/dl/CCA-1227A\_1.pdf?time=1646262773961">https://des.az.gov/sites/default/files/dl/CCA-1227A\_1.pdf?time=1646262773961</a>

# High quality early care and education

Children who begin their education in high-quality preschool programs tend to repeat grades less frequently, obtain higher scores on standardized tests, experience fewer behavior problems and are more likely to graduate from high school. <sup>206</sup> This provides a return on investment to society through increased educational achievement and employment, reductions in crime and better overall health of children as they mature into adults. <sup>207, 208</sup> The key ingredients in positive early experiences include responsive relationships, core adaptive skills development, reduced sources of stress and appropriate nutrition – all things that quality early care and education are in a unique position to provide at the critical time to encourage optimal learning and well-being for years to come. <sup>209</sup> Early care and education shapes far more than a child's future academic achievement, and an investment in early childhood can be one of the most productive investments a community can make. <sup>210</sup>

One way that the quality of early child care and education is measured in Arizona is through the Quality First program.<sup>211</sup> The program offers training and funding for participating schools and providers to improve the quality of the services they provide. The Quality First program also rates the quality of child care providers and preschools on a scale of one to five stars, with providers considered high quality

when they have received a three-star rating or higher.<sup>212</sup> Quality First providers are supported by regional funding.

## How the Cochise Region is faring

The 31 Quality First child care providers in the Cochise Region enrolled a total of 1,154 young children in 2023. Three-quarters (75%) of children in Quality First sites in the region were enrolled at a site with a 3-5-star rating, indicating a high-quality provider (Table 20, Table 21 &

- Figure 41).
- A total of 203 children enrolled in a Quality First provider site in the region were served by Quality First Scholarships in 2023, accounting for more than one in six (18%) children enrolled (Table 21).
- Two licensed or registered child care providers in the Cochise Region are nationally accredited, representing 3% of providers in the region. These accredited providers have the capacity to serve 307 children, which represents 10% of child care capacity in the region (Table 22).
- DES defines quality environments as child care providers with a 3-, 4-, or 5-star Quality First rating, a national accreditation, or a Child Development Associate (CDA) credential for family child care providers. At the regional level in 2022, 42% of non-DCS involved young children and 60% of DCS-involved young children in the Cochise Region were enrolled in quality environments, lower proportions than across the state as a whole (68% non-DCS involved; 72% DCS involved) (Table 23). This suggests that quality environments may be less accessible to low-income children in the region, potentially due to factors including issues with child care assistance acceptance, limited supply, location and a mismatch between needed and offered flexibility and hours.

Table 20. Quality First child care providers by funding source, state fiscal year 2023

Geography	Child care providers served	Regional Funding	DES Expansion	Buy-In
Cochise Region	31	31	0	0
Cochise County		County data not a	/ailable	
Arizona	1,434	1,045	384	5

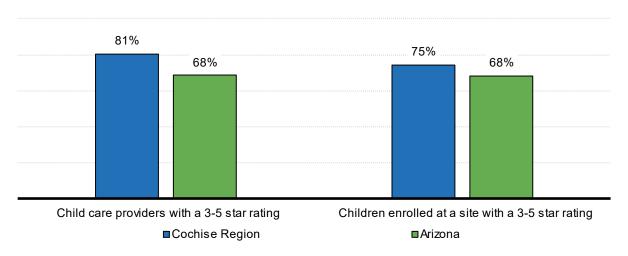
Source: First Things First (2023). Quality First Summary Data. Unpublished data.

Table 21. Children served by Quality First child care providers, state fiscal year 2023

Geography Cochise Region	Children enrolled at a Quality First provider site 1,154	Children enrolled at a Quality First provider site with a star rating 1,117	Children enrolled at a Quality First provider site with a 3-5 star rating	% of Children in a Quality- Level Setting (3-5 Stars) 75%	Children served by Quality First Scholarships 203
Cochise County		С	ounty data not ava	ilable	
Arizona	70,837	54,155	48,379	68%	8,262

Source: First Things First (2023). Quality First Summary Data. Unpublished data.

Figure 41. Percent of Quality First programs with a 3-5 star-rating and percent of children enrolled in quality-level programs, state fiscal year 2023



Source: First Things First (2023). Quality First Summary Data. Unpublished data.

Note: Quality First considers providers with a 3-star rating and above to be 'quality level.' Percents are of total Quality First providers and children enrolled in Quality First sites.

Table 22. Number and licensed capacity of accredited child care providers, May 2023

Geography Cochise Region	Number of accredited providers	Percent of providers who are accredited	Capacity in accredited providers	Percent of provider capacity which is with accredited providers
Cochise Region  Cochise County	2	3%	307	10%
Arizona	224	9%	25,486	12%

Source: Arizona Department of Economic Security (2023). [Child Care Administration dataset]. Unpublished data.

Note: This table includes only licensed or registered centers, homes, or individual providers listed in the CCR&R who have a national accreditation, such as NECPA - National Early Childhood Program Accreditation, CDA - Child Development Association, AMI -American Montessori International, or NAEYC - National Association for the Education of Young Children.

Table 23. Children receiving DES child care assistance who are enrolled in quality environments, 2022

	Children	ages 0-5 (non-D0	CS involved)	DCS-involved children ages 0-5		
		Enrolled in	Percent in		Enrolled in	Percent in
	Received	quality	quality	Received	quality	quality
Geography	assistance	environment	environment	assistance	environment	environment
Cochise Region	362	153	42%	168	100	60%
Cochise County	362	153	42%	166	100	60%
Arizona	20,099	13,619	68%	8,268	5,969	72%

Source: Arizona Department of Economic Security (2023). [Child Care Administration dataset]. Unpublished data.

Note: Quality environments are defined by DES as child care providers with a 3-, 4-, or 5-star Quality First rating, a national accreditation, or a Child Development Associate (CDA) credential for family child care providers. DCS-involved means that DCS is involved with the child or their family. In other words, the child has been reported to DCS and determined to need some level of supervision while in their parents' home, or the child has been removed

## Young children with special needs

Timely intervention can improve the language, cognitive and socio-emotional developmental outcomes of young children who have, or are at risk for, developmental delays. 213, 214 Early intervention also reduces educational costs by decreasing the need for special education. <sup>215</sup> Ensuring that children have access to timely and adequate screening and intervention services from birth to age 5 can be key for preparing children for kindergarten.

In Arizona, the Arizona Early Intervention Program (AzEIP), xxxii the Division of Developmental Disabilities (DDD), xxxiii and the Arizona Department of Education (ADE) Early Childhood Special Education Program are designed to provide services to families with children who have special needs. xxxiiii AzEIP is a program under DES that provides early intervention and a variety of supportive services to Arizona children birth to age 2 with developmental delays or disabilities, as well as their families. The goal of these services is to improve the learning and development of children and inform their family members of how they can best support their child. DDD is a program under DES that provides supportive services to people of all ages with a qualifying developmental disability, including cerebral palsy, autism spectrum disorder, down syndrome, epilepsy and cognitive disabilities. Children under the age of 6 that have been assessed by AzEIP to have a qualifying disability may also receive DDD services. At age 3, children with special needs transition from AzEIP services to their local education agency (LEA), usually a school district. Each Arizona school district is mandated to participate in Child Find xxxiiv and to provide preschool services to children with special needs either through their own schools or through agreements with other programs such as Head Start.

According to national research, insufficient funding and staffing of these programs are the greatest obstacles to identifying and providing resources for all children who would benefit from early intervention. Arizona falls in the bottom 10 states in the nation for early intervention service provision. Fewer children in Arizona are accessing critical early intervention services that can identify disabilities, provide parent-coaching and encourage optimal development at home. This matters because, while early education discussions often center around pre-kindergarten for 4-year-olds, research continues to point to the impact of experiences during the first three years of life as being just as crucial for healthy brain and body development. Positively, Arizona has taken steps toward improving funding for early intervention, including being one of 10 states to cross-reference Medicaid and Early Intervention data to maximize federal Medicaid matching of funds.

## How the Cochise Region is faring

• In federal fiscal year (FFY) 2022, two-thirds (67%) of children birth to age 2 referred to AzEIP were referred by physicians in the Cochise Region, growing steadily from zero referrals by physicians in the region in FFY 2018. Parent and family referrals have consistently made up a smaller proportion of referrals in the region than across the state in recent years, with just 9% of referrals from families in FFY 2022 in the region compared to 21% across the state (Figure 42).

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xxxi For more information on AzEIP (which is a division of the Department of Economic Security), visit https://www.azdes.gov/azeip/

xxxii For more information on DDD (which is a division of the Department of Economic Security), visit https://des.az.gov/services/disabilities/developmental-disabilities

xxxiii For more information on ADE's Early Childhood Special Education program, visit <a href="http://www.azed.gov/ece/early-childhood-special-education/az-find/">http://www.azed.gov/ece/early-childhood-special-education/az-find/</a>

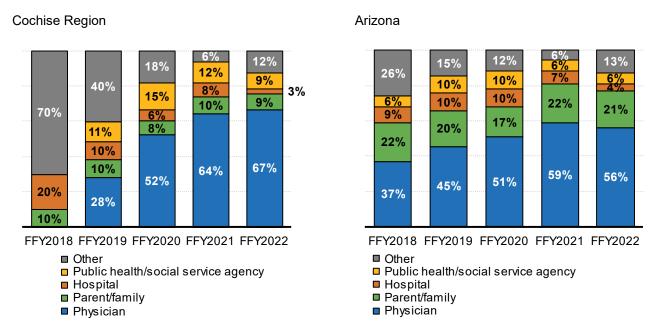
xxxiv The Arizona Child Find program is a component of the Individuals with Disabilities Education Act (IDEA) that requires states to identify and evaluate all children with disabilities (birth through age 21) to attempt to ensure that they receive the supports and services they need.

- Under half (43%) of young children referred to AzEIP in FFY 2022 were found eligible (22%) or received services (21%) in the Cochise Region, higher than the 37% referred across the state who were found eligible (16%) or received services (21%). AzEIP service coordinators in the region were more likely to make contact with those referred (13% no contact) than across the state (19%) no contact), and referred children were slightly less likely to be screened out based on an initial developmental screening (5% region; 7% state) (Figure 43).
- In the Cochise Region between 2018 and 2022, the number of children birth to age 2 receiving services from AzEIP has hovered slightly above 100, and was at 114 in October 2022 (Figure 44). Meanwhile, the number of children receiving AzEIP services across the state has generally declined, with a slight uptick in 2022.
- The Cochise Region has seen a drop in the number of children birth to age 5 receiving services from DDD since state fiscal year (SFY) 2018. In SFY 2022, 26 children birth to age 5 received DDD services in the Cochise Region, compared to 62 in 2018. While the state also saw declines during this time, the number climbed again in SFY 2022 (Figure 45).
- Qualifying children may receive services from AzEIP and/or DDD, a number which can be used to estimate the total number of young children receiving early intervention services in a region. The total number of children birth to age 2 receiving AzEIP and/or DDD services xxxv declined overall between SFY 2019 and SFY 2022 in both the region and the state. In SFY 2022, 82 young children received AZEIP and/or DDD services in the region (Figure 46). Using 2020 Census population counts, 2.3% of children birth to age 2 were receiving AzEIP and/or DDD services in the region in SFY 2022, compared to 2.6% across the state (see Table 61).
- The number of preschoolers with disabilities served in LEAs has decreased in both the region and the state since SFY 2020. In SFY 2022, only 114 preschoolers with disabilities were served in the Cochise Region, the lowest number served since SFY 2018 (Figure 47).
- More than four in 10 (43%) of those preschoolers in the Cochise Region were receiving services for a speech or language impairment, compared to only three in 10 (30%) across the state. Fortysix percent of preschoolers with disabilities receiving LEA services in the region had a development delay, and another 10% had a preschool severe delay (Figure 48).
- The pattern of kindergarten through 3<sup>rd</sup> grade student enrollment in special education in public and charter schools between SFY 2018 and SFY 2022 was similar for the region and the state. Enrollments peaked in the Cochise Region in SFY 2020 (n=705) and declined to earlier levels in SFY 2022 (n=641) (Figure 49).
- In SFY 2022, nearly half (48%) of the 641 students (K-3rd) enrolled in special education in the region were diagnosed with a speech or language impairment compared to 36% of students

xxxv Please note that this is a unique count of children receiving AzEIP services, DDD services, or both AzEIP and DDD.

statewide. Additionally, 27% of students in the region were diagnosed with a developmental delay, 10% with a specific learning disability and 8% with autism (Figure 50).

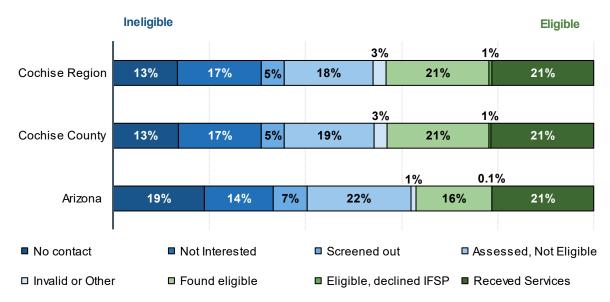
Figure 42. Children birth to age 2 referred to AzEIP by referral source, federal fiscal years 2018 to 2022



Sources: Arizona Department of Economic Security (2023). [Arizona Early Intervention Program dataset]. Unpublished data.

Note: Other referral sources include audiologists, child care or early learning programs, foster care or adoption agencies, homeless shelters or programs, public health facilities, schools, Department of Child Safety, or referrals without a recorded sources. These referrals reflect unique children (duplicates have been removed). The large number of "other" referrals in FFY18 and FFY19 were due to a large number of referrals from a public health facility.

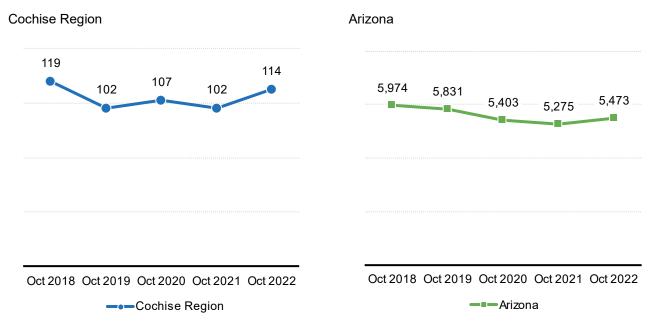
Figure 43. Outcomes for children birth to age 2 referred to AzEIP, federal fiscal year 2022



Sources: Arizona Department of Economic Security (2023). [Arizona Early Intervention Program dataset]. Unpublished data.

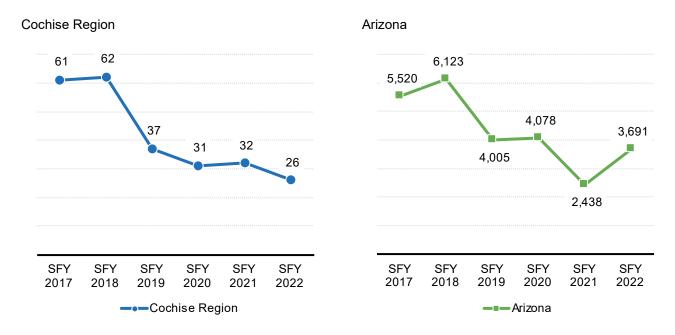
Note: These referral outcomes are recorded by AzEIP service providers. "No contact" means that a service coordinator made multiple attempts to contact a child's family but was unsuccessful. "Not interested" indicates that when contacted the family of the child did not proceed with screening for eligibility. Children who are "screened out" were not suspected to have a qualifying developmental delay based on an initial developmental screening with a service coordinator; children who are "assessed, not eligible" are those with a formal evaluation who were found to not have a qualifying developmental delay. "Invalid or Other" refers to cases where the child was over-age (age 3 or older) or residing outside Arizona, the referral was a duplicate, the referral was for information-only, or the outcome was listed as "other."

Figure 44. Children birth to age 2 receiving services from AzEIP as of October 1, 2018 to 2022



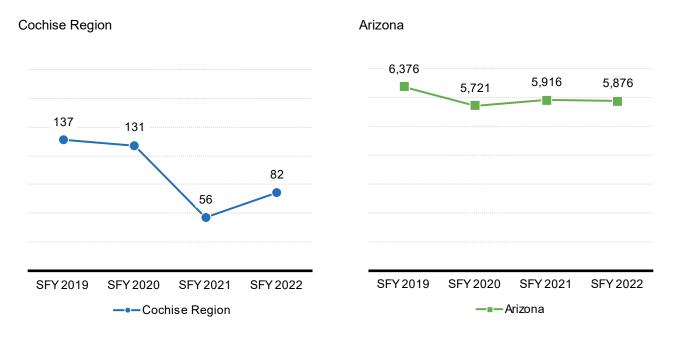
Sources: Arizona Department of Economic Security (2023). [Arizona Early Intervention Program dataset]. Unpublished data. Note: These data reflect the Oct 1 snapshot of AzEIP services, not a cumulative total throughout the year.

Figure 45. Number of children (birth to age 5) receiving DDD services, state fiscal years 2017 to 2022



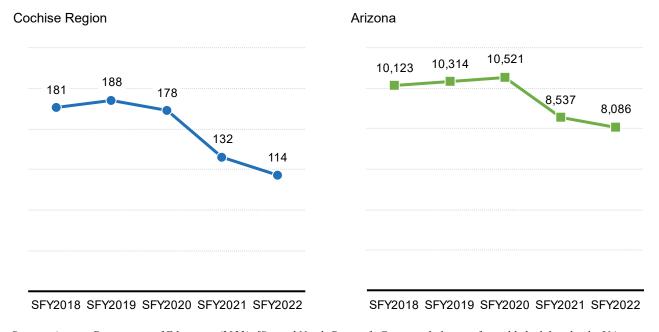
Sources: Arizona Department of Economic Security (2023). [Arizona Early Intervention Program dataset]. Unpublished data.

Figure 46. Number of children (birth to age 2) receiving AzEIP and/or DDD services, state fiscal years 2019 to 2022



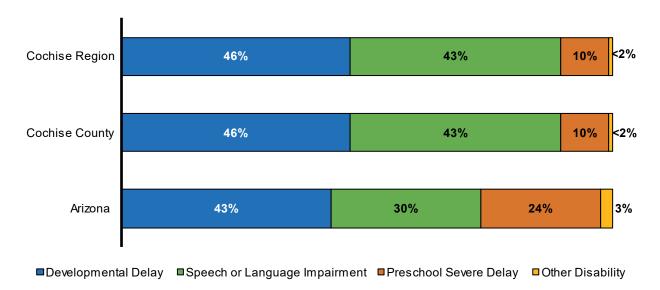
Sources: Arizona Department of Economic Security (2023). [Arizona Early Intervention Program dataset]. Unpublished data.

Figure 47. Trends in preschoolers with disabilities served by LEAs, state fiscal years 2018 to 2022



Source: Arizona Department of Education (2023). [Special Needs Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team

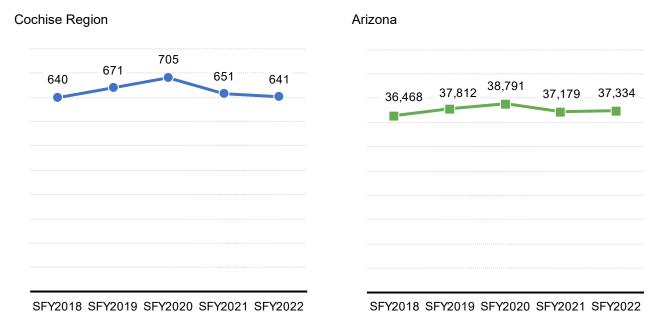
Figure 48. Preschoolers with disabilities receiving services through LEAs by type of disability, state fiscal year 2022



Source: Arizona Department of Education (2021). [Graduation Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team

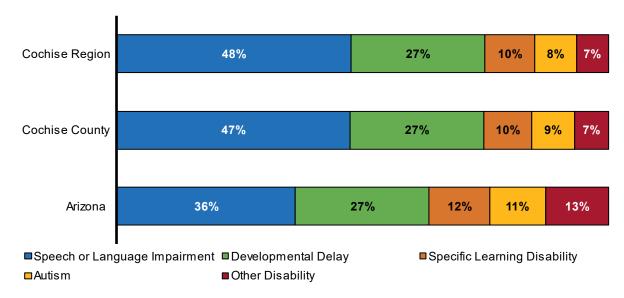
Note: The "Other Disability" includes children with hearing impairment, visual impairment, or deaf-blindness.

Figure 49. Kindergarten to 3rd grade students enrolled in special education in public and charter schools, state fiscal years 2018 to 2022



Source: Arizona Department of Education (2023). [Special Needs Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team

Figure 50. Kindergarten to 3rd grade students enrolled in special education in public and charter schools by primary disability, state fiscal year 2022



Source: Arizona Department of Education (2023). [Special Needs Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team

Note: The "Other Disabilities" category includes children with emotional disturbance, deafness, deaf-blindness, hearing impairment, intellectual disability, multiple disabilities, orthopedic impairment, other health impairments such as chronic medical conditions that affect a child's ability to participate in the educational setting, traumatic brain injury, or visual impairment.

Additional data tables related to Early Learning can be found in Appendix 1 of this report.



**CHILD HEALTH** 

# CHILD HEALTH

# **Why it Matters**

The physical and mental health of both children and their caregivers are important for optimal child development and well-being. Early childhood health, and even maternal health before pregnancy, has lasting impacts on an individual's quality of life. 224, 225 Experiences during the prenatal and early childhood periods can result in lifelong impacts on immune functioning, brain development and risk for chronic diseases. <sup>226, 227</sup> Poor health in childhood can also result in lower educational attainment and socioeconomic status in adolescence, adulthood and even inter-generationally. <sup>228, 229</sup> Therefore, adequate access to preventive care and treatment services is vital to support a child's long-term health, development and success. 230, 231, 232

# What the Data Tell Us

#### Access to health services

Health insurance coverage is an important indicator of whether families can access, afford and utilize medical care. In Arizona, children up to age 19 can enroll in health insurance through the Arizona Health Care Cost Containment System (AHCCCS), Arizona's Medicaid program. Children whose families earn too much for AHCCCS but do not earn enough to afford private health insurance may also be enrolled in KidsCare, Arizona's Children's Health Insurance Program. xxxvi During the COVID-19 pandemic, uninsured rates declined due to federal policies prohibiting states from disenrolling people from Medicaid.<sup>233</sup> Despite these efforts, uninsured rates in the overall population are still high.<sup>234</sup> One primary reason for this is perceived cost, with more than two-thirds (69.6%) of uninsured U.S. adults citing their inability to pay for health insurance as the primary reason they were uninsured.<sup>235</sup> Families who qualify for low- or no-cost health insurance may not be aware that they qualify, or they may face administrative barriers to enrolling.<sup>236</sup>

A variety of health outcomes for both mothers and infants depend on access to quality health care and support before, during and after pregnancy. Early initiation of prenatal care reduces the risk of smoking during pregnancy, pregnancy complications, xxxvii premature births and maternal and infant mortality. 237, <sup>238, 239, 240, 241</sup> Poor access to maternal health care (e.g., hospitals with labor and delivery units, birth centers and obstetric health providers) is one factor that can contribute to these outcomes. 242, 243, 244 Black, Hispanic, American Indian and Alaska Native people experience a disproportionate lack of access to quality health care and support for their pregnancies. 245, 246 Lack of access to this care has

xxxxi For more information on AHCCCS and KidsCare see: https://www.azahcccs.gov/Members/GetCovered/Categories/KidsCare.html

xxxvii One such complication is congenital syphilis, where untreated maternal syphilis is passed to the fetus and can lead to stillbirth or infant death. The number of babies born in Arizona with congenital syphilis increased more than 10-fold in the last 6 years, even though congenital syphilis can be prevented with adequate prenatal care. For more information, see:

https://www.azdhs.gov/preparedness/epidemiology-disease-control/disease-integration-services/std-control/congenital-syphilis/index.php

contributed to considerably higher rates of low birth weight births, preterm births and maternal and infant mortality compared to non-Hispanic White Americans. 247, 248, 249 Efforts to increase the number of women in Arizona with access to early prenatal care, such as expanding access to telehealth care and midwifery care, could improve the health outcomes of the state's mothers and babies, especially in counties with lower access to maternal health care services. <sup>250</sup>

## How the Cochise Region is faring

- In the Cochise Region, about one in 12 people (8%) do not have health insurance coverage, a smaller proportion than the state of Arizona overall (11%) (Table 24).
- Health insurance coverage for young children, specifically, is better than the overall population in the region, with 5% of children birth to age 5 not having health insurance. This proportion is also lower than that seen across the state (7%) (Table 24).
- The proportion of young children without health insurance has remained consistent in the region in recent years, while it has declined slightly at the state and national levels (Figure 51).
- Around half of births in the region were paid for by AHCCCS between 2018 and 2022, similar to the state (Figure 52).
- Rates of timely prenatal care have fluctuated in the Cochise Region in recent years, and the region consistently had a lower proportion of births to mothers who began prenatal care in the first trimester than Arizona between 2018 and 2022. Just 54% of births in 2022 in the Cochise Region were to mothers who began prenatal care in the first trimester, compared to 71% of births statewide (Figure 53).
- The region also had a larger proportion of births to mothers with inadequate prenatal care over those years, with 6.4% with no prenatal care at all and 8.3% with fewer than five visits, compared to births across the state (2.3% and 4.7%) in 2022 (Figure 54).

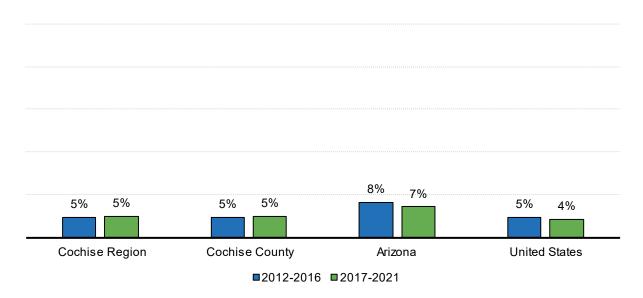
Table 24. Health insurance coverage, 2017-2021 ACS

Geography	Estimated civilian non- institutionalized population (all ages)	Without health insurance (all ages)		Without health insurance (ages 0-5)
Cochise Region	118,084	8%	8,644	5%
Cochise County	117,243	8%	8,605	5%
Arizona	6,976,512	11%	496,410	7%
United States	324,818,565	9%	23,365,564	4%

Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B27001

Note: This table excludes persons in the military and persons living in institutions such as college dormitories. People whose only health coverage is the Indian Health Service (IHS) are considered "uninsured" by the U.S. Census Bureau.

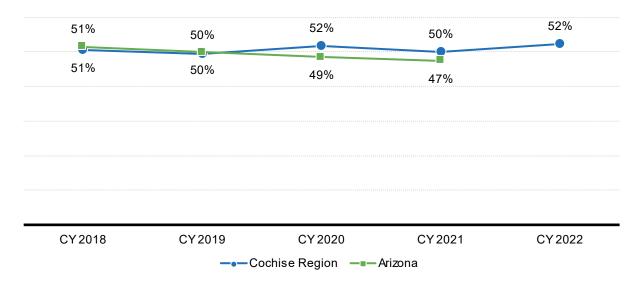
Figure 51. Children birth to age 5 without health insurance, 2012-2016 and 2017-2022 ACS



Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2012-2016 & 2017-2022, Table B27001

Note: This table excludes persons in the military and persons living in institutions such as college dormitories. People whose only health coverage is the Indian Health Service (IHS) are considered "uninsured" by the U.S. Census Bureau.

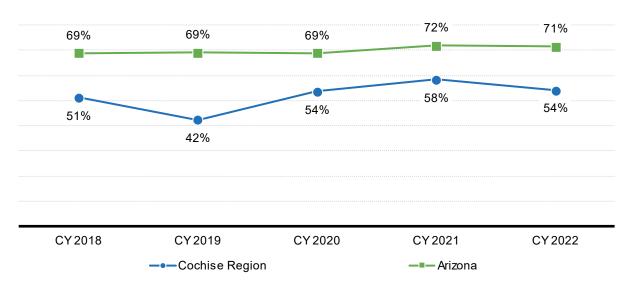
Figure 52. Births paid for by AHCCCS or IHS, 2018 to 2022



Source: Arizona Department of Health Services (2023). [Vital Statistics Births dataset]. Unpublished data.

Note: In the Cochise Region less than 1% of births per year were paid for by IHS.

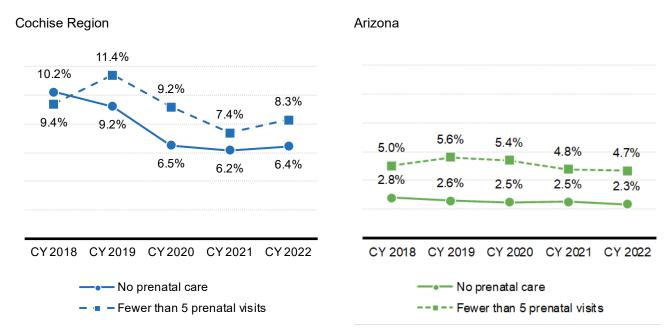
Figure 53. Births to mothers who began prenatal care in the first trimester, 2018 to 2022



Source: Arizona Department of Health Services (2023). [Vital Statistics Births dataset]. Unpublished data.

Note: Mothers of twins are counted twice in this figure.

Figure 54. Births to mothers with inadequate prenatal care, 2018 to 2022



Source: Arizona Department of Health Services (2023). [Vital Statistics Births dataset]. Unpublished data.

Note: Mothers of twins are counted twice in these figures

### Maternal age and substance abuse

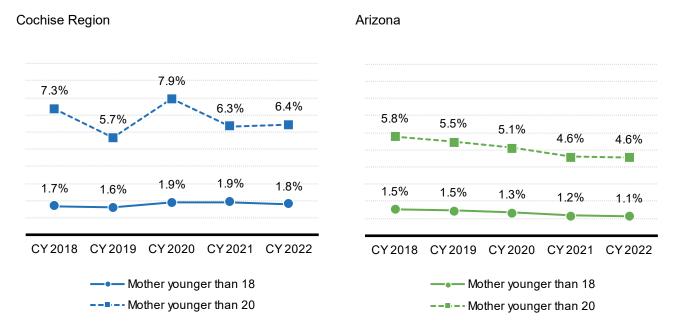
Infants' immediate and long-term health can be influenced by maternal characteristics including age and substance use during or after pregnancy. For example, teenage parents often experience increased stress and hardship in comparison to older parents and other non-parent teenagers as they are less likely to complete high school or college and more likely to maintain a lower socioeconomic status and require public assistance to make ends meet. 251, 252, 253, 254, 255

The use of substances during pregnancy can cause negative health complications for fetuses and babies. For example, babies born to mothers who smoked cigarettes during pregnancy are more likely to be born preterm, have low birth weight, die from sudden infant death syndrome (SIDS) and have weak lungs. 256,257 The use of opioids, whether prescribed or illicit, during pregnancy also poses health risks to developing fetuses including preterm birth, stillbirth and birth defects.<sup>258</sup> It may also cause infants to experience withdrawal symptoms after birth, which is referred to as neonatal abstinence syndrome (NAS). Symptoms of NAS include sleep problems, seizures, poor feeding, dehydration, loose stool, sweating, tremors and vomiting. However, suddenly stopping opioid use while pregnant is also dangerous for both mothers and their fetuses, so access to knowledgeable health care providers and appropriate treatment options are vital for protecting both maternal and fetal health.<sup>259</sup>

## How the Cochise Region is faring

- While Arizona saw a steady decrease in the proportion of births to teenaged mothers between 2018 and 2022, the Cochise Region showed a more fluctuating trend that remained higher than the state. Births to mothers under age 20 in the region showed an overall decline from 7.3% in 2018 to 6.4% in 2022, compared to a decline from 5.8% to 4.6% statewide (Figure 55).
- The Cochise Region has a relatively high proportion of births to mothers who smoked cigarettes while pregnant, although this proportion decreased from 8.6% in 2019 to 5.8% in 2022. This was still above both recent rates seen statewide and did not meet the Healthy People 2030 target of 4.3% or less (Figure 56).
- Between 2018 and 2022, 191 newborns in the region were hospitalized because of maternal drug use during pregnancy. This equates to 3 newborns per 100 live births, slightly below the rate seen statewide (3.3 per 100 live births) (Table 25).

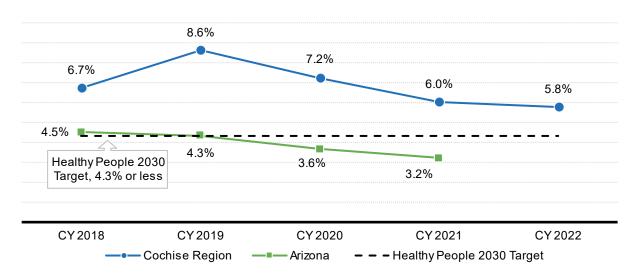
Figure 55. Births to teenaged mothers, 2018 to 2022



Source: Arizona Department of Health Services (2023). [Vital Statistics Births dataset]. Unpublished data.

Note: Mothers of twins are counted twice in this figure. The Healthy People 2030 target for maternal use of tobacco during pregnancy was increased to 4.3% of females giving birth reporting smoking during pregnancy, or alternatively 95.7% of females reporting abstaining from smoking during pregnancy.

Figure 56. Births to mothers who smoked cigarettes during pregnancy, 2018 to 2022



Source: Arizona Department of Health Services (2023). [Vital Statistics Births dataset]. Unpublished data.

Note: Mothers of twins are counted twice in this figure. The Healthy People 2030 target for maternal use of tobacco during pregnancy was increased to 4.3% of females giving birth reporting smoking during pregnancy, or alternatively 95.7% of females reporting abstaining from smoking during pregnancy.

Table 25. Newborns hospitalized because of maternal drug use during pregnancy, 2018-2022 combined

Geography	Newborns hospitalized	Average length of stay (days)
Cochise Region	191	6.6
Cochise County	207	6.4
Arizona	12,939	9.5

Source: Arizona Department of Health Services (2023). [Hospital Discharge dataset]. Unpublished data.

Note: Data on newborns hospitalizations were geocoded to FTF regions using the address provided by parents at the time of hospitalization; however, in cases where the address provided was not valid, hospitalizations could not be assigned to a region. County of residence is captured separately from addresses, meaning that counts in the county often exceed those seen in a particular region because they include all newborns regardless of address validity.

#### Maternal health and well-being

A pregnant woman's health and well-being are closely linked to infant and child health and development. Gestational diabetes (i.e., diabetes that only presents during the pregnancy) increases the likelihood of an infant having low blood sugar, being born preterm, being larger than average at birth, needing to be delivered through cesarean section and even developing type 2 diabetes and cardiovascular diseases later in life. 260, 261 Children of mothers categorized as having maternal obesity have increased risk of birth complications, asthma, diabetes, heart disease and neonatal and infant mortality. 262, 263, 264 A variety of social determinants of health have been linked to the development of diabetes and obesity, including low socioeconomic status, employment struggles, lack of health insurance and living in rural areas with fewer resources. 265, 266, 267, 268 Risks associated with these conditions can be reduced through increased access to maternal health care before, during and after childbirth as well as planning high-risk deliveries at hospital facilities with more resources and technical expertise. 269, 270

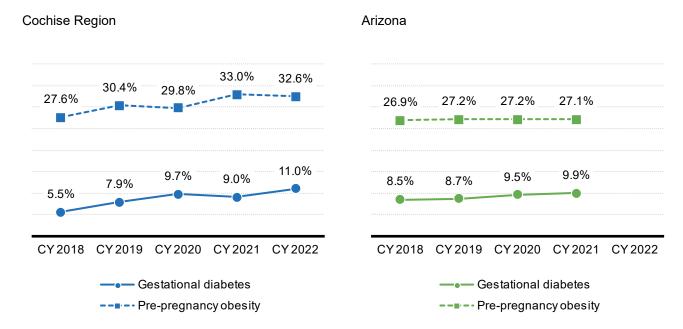
Postpartum depression has a clear link to negative outcomes in infant health and development. Untreated postpartum depression can lead to infant sleeping, eating and behavioral problems, issues with maternal and infant bonding and infant developmental delays. <sup>271, 272</sup> Groups that have higher rates of postpartum depression include American Indian and Alaska Native mothers, mothers who are under age 19 and mothers who smoked during or after pregnancy.<sup>273</sup> The United States Preventive Services Task Force and the American Congress of Obstetricians and Gynecologists recommend assessing mothers' mental health both during pregnancy and after giving birth to facilitate early identification and intervention.<sup>274</sup> In 2022, AHCCCS implemented a policy requiring depression screenings during prenatal and postpartum visits as well as well-child visits within the first 6 months of an infant's life for all enrolled mothers in Arizona.<sup>275</sup> Mothers who screen positively for depression must be referred to a case manager or treatment services. <sup>276</sup> These screenings, as well as the ability to bill AHCCCS for the cost of

screenings, will hopefully increase the likelihood that mothers experiencing postpartum depression are referred to appropriate mental health services.

## How the Cochise Region is faring

- Nearly one in three births in the Cochise Region and Arizona in recent years were to mothers with pre-pregnancy obesity. The region, in particular, has seen an increasing trend in prepregnancy obesity, from 27.6% in 2018 to 32.6% in 2022 while the state as a whole has consistently been about 27% (Figure 57).
- The proportion of births to mothers with gestational diabetes has also increased in the region, doubling from 5.5% in 2018 to 11% in 2022 (Figure 57).
- More than one in 10 mothers in Arizona (13.7%) reported experiencing post-partum depression in 2020 according to the Pregnancy Risk Assessment Monitoring System. 277

Figure 57. Births to mothers diagnosed with gestational diabetes or pre-pregnancy obesity. 2018 to 2022



Source: Arizona Department of Health Services (2023). [Vital Statistics Births dataset]. Unpublished data.

Note: Mothers of twins are counted twice in this figure. Data on gestational diabetes and pre-pregnancy obesity were not available for Arizona in 2022.

#### Infant health

Infants who are born preterm or at a low birth weight have a higher possibility of short- and long-term health complications. Preterm birth is defined as birth at less than 37 weeks of gestation. Risks related to preterm births include respiratory, immune, neurological, vision, hearing and intestinal developmental

issues.<sup>278</sup> Infants born preterm also have increased rates of mortality during their first 28 days to 1 year of life, longer hospitalization after birth, more health care costs and physical impairments.<sup>279, 280</sup> Preterm births are more likely among mothers who are under age 20, over the age of 35, low income, experience infections during pregnancy or engage in substance use.<sup>281</sup>

Low birth weight is defined as weighing less than 5 pounds and 8 ounces (2,500 grams) at birth. Babies born in this condition have a higher risk of infant mortality and long-term health problems such as diabetes, hypertension and cardiac disease. <sup>282, 283</sup> Low birth weight risk factors include low maternal weight during pregnancy, preterm birth, teen pregnancy, pregnancy over the age of 35, high blood pressure, diabetes, substance use and air pollution. <sup>284</sup>

Newborns are admitted into neonatal intensive care units (NICUs) in hospitals for numerous reasons that can vary across medical providers and have implications for the short- and long-term health of babies and families. <sup>285</sup> NICU stays can take a large emotional and financial toll on families, especially families living far from the hospital. Although NICU admissions may be an indicator of important health concerns in newborns, including low birth weight, they can also be a site of family-based interventions that can positively impact infant development and parent-child relationships. <sup>286</sup>

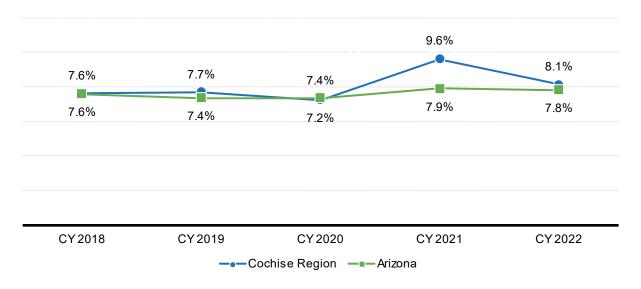
For parents who are able to breastfeed, the American Academy of Pediatrics recommends breastfeeding infants exclusively for the first 6 months after birth, followed by a combination of breastfeeding and other foods for up to 2 years or longer. Breastfeeding offers a variety of benefits to infants due to the nutrition and antibodies that human breast milk provides. These benefits include lowering an infant's risk of type 1 diabetes, obesity, ear infections, SIDS, asthma and gastrointestinal infections. Robust data on breastfeeding rates are only available for children served through the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) program.

#### How the Cochise Region is faring

- The proportion of babies born at low birth weight has generally been similar in the region and state in recent years, with 8.1% of births considered low birth weight in the Cochise Region and 7.8% across Arizona in 2022. The one exception to this was 2021, when low birth weight births jumped to 9.6% in the region, compared to 7.9% statewide (Figure 58).
- Between 2018 and 2020, the proportion of preterm births (less than 37 weeks gestation) in the region was slightly lower than the state and met the Healthy People 2030 target of 9.4% or fewer births considered preterm. However, preterm births in the region also steadily increased during this time, surpassing the state and missing the Healthy People 2030 target in 2021 (10.4%), though the region met the Healthy People 2030 target again in 2022 (9.0%) (Figure 59).
- Births with an admission to a NICU in the region similarly peaked in 2021 (10.7%), surpassing the rates seen across the state between 2019 and 2021. In 2022, 8.1% of births in the region had a NICU admission (data at the state level were unavailable) (Figure 60).
- In the Cochise Region, rates of breastfeeding among WIC-enrolled infants were lower than those across the state from 2018 through 2021. That gap closed in 2022, when 80% of WIC-enrolled

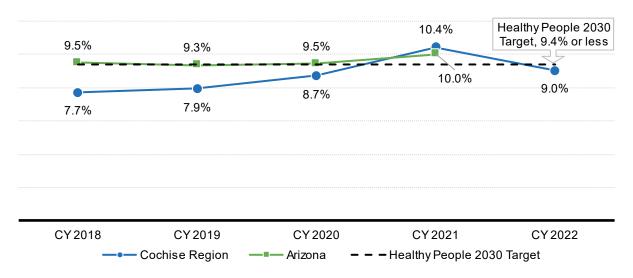
infants in the region were breastfed at some point, compared to 79% of WIC-enrolled infants statewide (Figure 61).

Figure 58. Low birth weight births (less than 2,500 grams), 2018 to 2022



Source: Arizona Department of Health Services (2023). [Vital Statistics Births dataset]. Unpublished data.

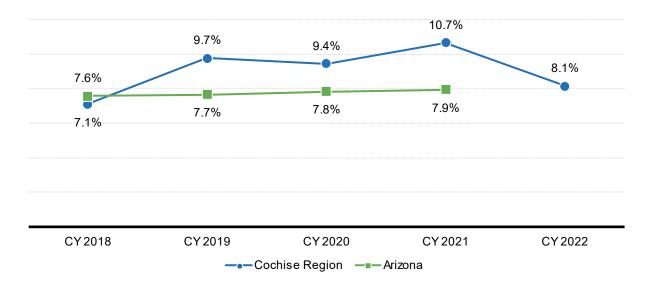
Figure 59. Preterm births (less than 37 weeks gestation), 2018 to 2022



Source: Arizona Department of Health Services (2023). [Vital Statistics Births dataset]. Unpublished data.

Note: Data on preterm births were not available for Arizona in 2022.

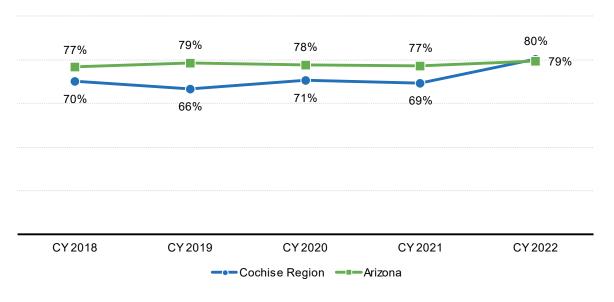
Figure 60. Births with a NICU admission, 2018 to 2022



Source: Arizona Department of Health Services (2023). [Vital Statistics Births dataset]. Unpublished data.

Note: Data on NICU admissions were not available for Arizona in 2022.

Figure 61. Percent of WIC-enrolled infants ever breastfed, 2018 to 2022



Source: Arizona Department of Health Services (2023). [WIC dataset]. Unpublished data.

#### Childhood infectious disease and immunization

Immunization against preventable diseases protects both children and the surrounding community from potential illness and death. Immunization protects not only the vaccinated person but also individuals who are unable to be vaccinated, through "community immunity." <sup>289</sup> In order to attend state-licensed child care programs and public or charter schools, children are required to receive specific vaccinations or obtain an official exemption, which can be requested for medical, personal or religious reasons.<sup>290</sup> Statewide and nationally, childhood immunization rates have been declining in recent years. The COVID-19 pandemic exacerbated disparities in health care access, including routine immunizations, that specifically impacted children who are Black, Hispanic, low-income, live in rural areas or lack health insurance.<sup>291</sup> National survey data from the Pew Research Center also show that declining childhood immunization rates, particularly for measles, mumps and rubella (MMR), can be linked to parents' shifting attitudes towards vaccines. While the majority of U.S. parents continue to express confidence in the value of childhood vaccination for MMR, a sizable proportion expressed concerns about the necessity of vaccines and showed declining support for vaccine requirements for children to attend public schools.<sup>292</sup>

Respiratory syncytial virus (RSV) and influenza (flu) are leading causes of serious illness in young children, and following the COVID-19 pandemic in 2020, recent flu and RSV seasons have been more severe nationwide. 293, 294 RSV is the most frequent cause of hospitalization in children under 1 year of age. 295 In 2023, two new preventative therapies for RSV were approved—a single-dose antibody medication for infants, and an adult immunization for pregnant people administered in the third trimester of pregnancy. <sup>296, 297</sup> These new treatments have the potential to prevent severe illness in infants and young children, but shortages of the antibody medication have led the Centers for Disease Control and Prevention (CDC) to recommend prioritizing access for the highest-risk infants. This includes infants under 6 months of age, those with underlying health conditions such as lung or heart disease and American Indian or Alaska Native infants under 8 months of age, as well as older American Indian or Alaska Native infants who live in remote areas with limited access to health care facilities.<sup>298</sup> The flu can also cause serious illness in young children under age 5, particularly for children birth to age 2, who are the most likely to be hospitalized with flu complications.<sup>299</sup> The American Academy of Pediatrics recommends that all children ages 6 months and older be vaccinated against influenza each year. 300

#### How the Cochise Region is faring

• Across all required immunizations, children in child care in the Cochise Region had higher vaccination rates (DTaPxxxviii, 94.9%; Polio, 97.6%; MMR, 97.6%) than the state as a whole (DTaP, 90.6%; Polio, 92.2%; MMR, 93.0%) in the 2022-23 school year. The region and state both met the Healthy People 2030 DTaP immunization target of at least 90% (Table 26).

xxxviii The DTaP vaccine immunizes against Diphtheria, Tetanus and Pertussis.

- Exemptions from all immunizations among children in child care in the region have been notably lower than the state since the 2018-19 school year, with just 1.4% of children exempt from all immunizations in the region compared to 4% statewide in 2022-23. While religious exemptions in the region remained well below those seen across the state, they did show an overall increase from 2% in 2018-19 to 2.9% in 2022-23 (Figure 62).
- Kindergarten immunization rates in the region (DTaP, 88.7%; Polio, 88.1%; MMR, 86.5%) were notably lower than rates among children in child care in the 2022-23 school year, and even fell below immunization rates seen statewide (DTaP 89.6%; Polio 90.3%; MMR 89.9%). Both the region and state failed to meet the Healthy People 2030 kindergarten MMR immunization target of 95% (Table 27). Regional immunization rates may be too low to assure community immunity of preventable infectious diseases. For measles, for example, 95% of children need to be vaccinated to ensure herd immunity in order to protect communities and achieve and maintain measles elimination. 301
- While largely remaining below rates seen statewide, personal belief exemptions and exemptions from all required vaccinations among kindergarteners in the Cochise Region were often higher than exemption rates seen among children in child care in the region in recent years. During the 2021-22 school year, kindergarten exemptions also increased notably at the region and state level, with 5.8% of children in the region and 6.6% of children statewide receiving a personal belief exemption. Exemptions from all immunizations also peaked in the region that year (4.5%), surpassing the state (3.7%). These exemptions decreased notably in the region in the 2022-23 school year to 5% and 2.7% respectively, while the state saw a slight increase in these exemptions during the same period (7.4% and 4.6%) (Figure 63).
- The pattern of confirmed and probable cases of RSV and influenza in young children birth to age 5 was similar between the region and state from 2019 to 2022. RSV cases increased since 2020 while influenza cases showed a marked decrease in 2021 followed by a steep increase. In 2022, there were 173 cases of RSV and 172 cases of influenza in young children in the region, the highest numbers since 2019 (Figure 64).

Table 26. Children in child care with selected required immunizations, 2022-23

Geography Cochise Region	Number Enrolled 1,104	DTaP 94.9%	Polio 97.6%	MMR 97.6%	Religious exemption 2.9%		Exempt from every required vaccine 1.4%
Cochise County	1,104	95.1%	97.6%	97.6%	2.9%	0.1%	1.6%
Arizona	70,690	90.6%	92.2%	93.0%	5.7%	0.2%	4.0%
Healthy People 2030 targ	gets	90.0%	·				

Source: Arizona Department of Health Services (2023). Childcare Immunization Coverage, 2022-2023 School Year. Unpublished data received by request & aggregated by the Community, Research, & Development Team. Arizona Department of Health Services (2023). Childcare Immunization Coverage by County, 2022-2023 School Year. Retrieved from https://www.azdhs.gov/preparedness/epidemiology-disease-control/immunization/index.php#reports-immunization-coverage

Figure 62. Child care immunization exemption rates, 2018-19 to 2022-23

Cochise Region Arizona 5.7% 5.7% 5.0% 5.1% 4.6% 4.5% 3.4% 4.0% 3.3% 3.1% 2.9% 2.2% 3% 3.0% 2.0% 1.4% 1.8% 1.5% 0.6% 0.5% 0.3% 0.2% 0.5% 0.2% 0.2% 0.1% 0.1% 2018-19 2019-20 2020-21 2021-22 2022-23 2018-19 2019-20 2020-21 2021-22 2022-23 -- Religious Exemption Religious Exemption ····· Medical Exemption ···· Medical Exemption Exempt from all immunizations - Exempt from all immunizations

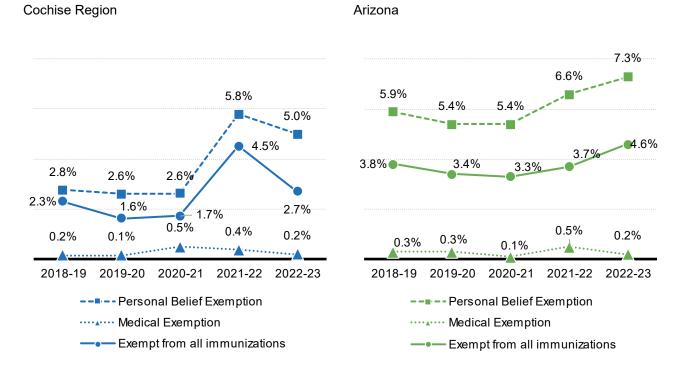
Source: Arizona Department of Health Services (2023). Childcare Immunization Coverage, 2018-2019 to 2022-2023 School Years. Unpublished data received by request & aggregated by the Community, Research, & Development Team. Arizona Department of Health Services (2023). Childcare Immunization Coverage by County, 2018-2019 through 2022-2023 School Years. Retrieved from: https://www.azdhs.gov/preparedness/epidemiology-disease-control/immunization/index.php#reports-immunization-coverage

Table 27. Kindergarteners with selected required immunizations, 2022-23

Geography Cochise Region	Number Enrolled 1,041	DTaP 88.7%	Polio 88.1%	MMR 86.5%	Personal belief exemption 5.0%		Exempt from every required vaccine 2.7%
Cochise County	1,041	88.7%	88.1%	86.5%	5.0%	0.2%	2.7%
Arizona	78,937	89.6%	90.3%	89.9%	7.3%	0.2%	4.6%
Healthy People 2030 targets				95.0%			

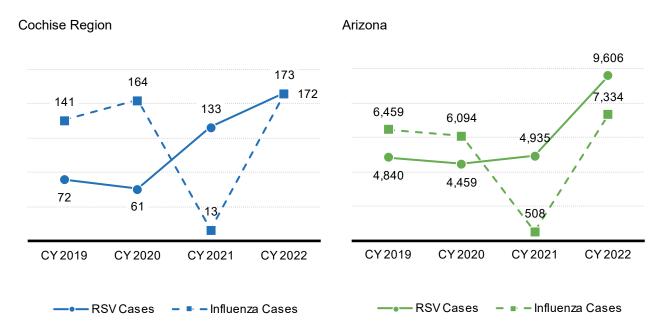
Source: Arizona Department of Health Services (2023). Kindergarten Immunization Coverage, 2022-2023 School Year. Unpublished data received by request & aggregated by the Community, Research, & Development Team. Arizona Department of Health Services (2023). Kindergarten Immunization Coverage by County, 2022-2023 School Year. Retrieved from <a href="https://www.azdhs.gov/preparedness/epidemiology-disease-control/immunization/index.php#reports-immunization-coverage">https://www.azdhs.gov/preparedness/epidemiology-disease-control/immunization/index.php#reports-immunization-coverage</a>

Figure 63. Kindergarten immunization exemption rates, 2018-19 to 2022-23



Source: Arizona Department of Health Services (2023). Kindergarten Immunization Coverage, 2018-2019 to 2022-2023 School Years. Unpublished data received by request & aggregated by the Community, Research, & Development Team. Arizona Department of Health Services (2023). Kindergarten Immunization Coverage by County, 2018-2019 through 2022-2023 School Years. Retrieved from: https://www.azdhs.gov/preparedness/epidemiology-disease-control/immunization/index.php#reports-immunization-coverage

Figure 64. Confirmed and probable cases of infectious diseases in children birth to age 5, 2019 to 2022



Source: Arizona Department of Health Services (2023). [FTF VPD Flu RSV dataset]. Unpublished data.

Note: In 2022, there were 172 influenza cases and 173 RSV cases

#### Infant and child hospitalization and mortality

Infant mortality refers to the death of infants under 1 year of age. Some of the most common causes of infant mortality in Arizona and the U.S. include congenital abnormalities, low birth weight, preterm birth, pregnancy complications, SIDS and unintentional injuries. 302, 303, 304 According to provisional CDC data, infant mortality increased between 2021 and 2022 by 3% nationally, 13% in Arizona for all infants, and 21% for American Indian or Alaska Native infants nationwide, the highest increase seen for any group. 305 In addition to increasing, the infant mortality rates for American Indian or Alaska Native (9.1 deaths per 1,000 live births) and Black infants (10.9) were also notably higher than White (4.5) or Hispanic (4.9) infants in 2022, racial disparities that have been linked to maternal care deserts, which are particularly prevalent on tribal lands. This indicates a serious need to increase access to timely prenatal care, newborn screening and home visiting programs in rural and tribal areas to begin to reduce infant mortality rates. 307

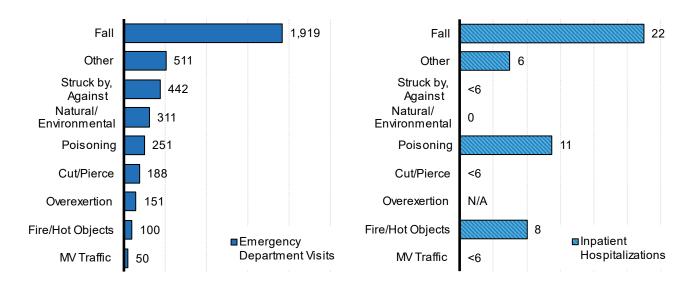
The leading cause of death for children birth to age 17 in the United States is unintentional injuries. 308 The most prevalent accidental injuries are car crashes, drowning, falls, suffocation, fires and poisoning. 309 Death from unintentional injuries is more common in children living in rural areas, as well as among American Indian and Alaska Native children. 310, 311 Increased awareness and safety precautions have helped reduce childhood deaths in the last decade, including child swimming lessons, proper infant sleeping position, installing smoke detectors, keeping medications out of reach, practicing gun safety and utilizing seatbelts and helmets. 312

# How the Cochise Region is faring

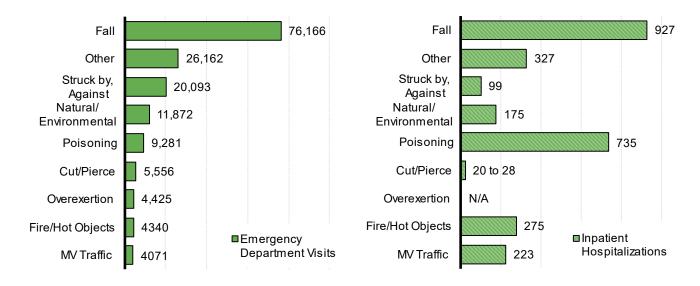
- Falls were the most common cause of unintentional injuries that led to emergency department visits for children birth to age 4 in both the Cochise Region and the state between 2016 and 2020, followed by 'other' injuries or being 'struck by or against' an object or person. During those years, there were 1,919 emergency department visits due to falls in the region, 511 for other reasons, and 442 due to being struck. The pattern of injuries prompting inpatient hospitalizations were also similar between the region and state, with falls most common, followed by poisoning. Between 2016 and 2020, 22 young children in the region were hospitalized due to falls and 11 due to poisoning (Figure 65).
- Between 2019 and 2021, the infant mortality rate was higher in the Cochise Region (6.5 deaths per 1,000 live births), than across the state (5.4); both did not meet the Healthy People 2030 target of 5.0 or less (Figure 66).
- Fifty-five children (birth to age 17) died in the region between 2018 and 2021. The most common cause of child death in the region was accidents (18%), followed by intentional self-harm or suicide (11%). Statewide, the leading causes of child death were accidents (20%), congenital malformations (16%), low birthweight (9%), intentional self-harm/suicide (6%) and cancer/malignant neoplasms (5%) (Figure 67).

Figure 65. Non-fatal hospitalizations and emergency department visits due to unintentional injuries for children birth to age 4 by selected mechanism of injury, 2016-2020 combined

#### Cochise Region

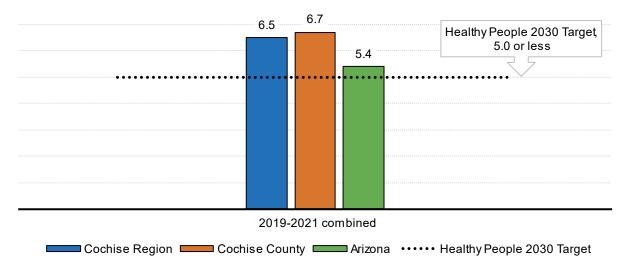


#### Arizona



Source: Arizona Department of Health Services (2023). [Hospital Discharge dataset]. Unpublished data.

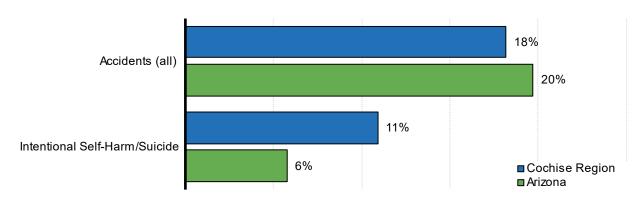
Figure 66. Infant mortality rates, 2019-2021 combined



Source: Arizona Department of Health Services (2023). [Vital Statistics Mortality Report dataset]. Unpublished data.

Note: The infant mortality rate is the number of infant (under age 1) deaths per 1,000 live births.

Figure 67. Leading causes of death for children birth to age 17, 2018-2021 combined



Source: Arizona Department of Health Services (2023). [Vital Statistics Mortality Report dataset]. Unpublished data.

Note: The leading causes of child death in Arizona are accidents (20%), congenital malformations (16%), low birthweight (9%), intentional self-harm/suicide (6%), and cancer/malignant neoplasms (5%). Causes of death in this figure are ordered by the leading causes of death in the region. No other cause of death caused more than 5 child deaths between 2018 and 2021.

Additional data tables related to Child Health can be found in Appendix 1 of this report.



**FAMILY SUPPORT AND LITERACY** 

# **FAMILY SUPPORT AND LITERACY**

### **Why it Matters**

Children's long-term well-being and success is tied to their relationships and experiences with their caregivers. Adverse childhood experiences (ACEs) refer to childhood experiences of abuse, neglect and other life events that can negatively impact children's immediate and long-term well-being. xxxix,313 ACEs have been associated with negative effects on development, educational achievement, future employment, mental health, drug and alcohol use and overall increased health care utilization. ACEs are more prevalent among Arizona children with special health care needs and children living in poverty. 317

Social, physical, academic and economic outcomes are positively influenced by healthy relationships and interactions with family members and caregivers during childhood. <sup>318, 319, 320, 321, 322</sup> An understanding of, and ability to utilize, positive parenting skills is an important protective factor that reduces the likelihood of abuse and neglect, leading to better childhood and long-term outcomes. <sup>323</sup> Positive Childhood Experiences (PCEs), including positive parent-child relationships and feelings of safety and support, have been shown to have positive long term impacts on mental and relational health. <sup>324</sup> Even if children have experienced multiple ACEs, if their families show high levels of resilience and connection (e.g., working together to solve problems, staying hopeful in difficult times and talking together about things that matter to their family) they show higher rates of flourishing, characterized by healthy social and emotional development and an open and engaged approach to learning. <sup>325</sup> These higher flourishing scores coupled with higher ACE scores point to the reality that childhood flourishing can, and does, exist amid adverse experiences and can potentially help mitigate their negative health effects. <sup>326</sup> Supporting families with the knowledge and skills to promote resilience and connection can therefore be critical for ensuring children's long-term well-being.

### What the Data Tell Us

#### Early literacy

Parents and families can play an important role in promoting early academic skills. When families read, sing and tell stories together, it can help young children develop reading and writing fluency as well as their capacity for reading comprehension. 327, 328, 329 Literacy practices at home have also been found to increase children's motivation to learn. These early literacy skills are important because they are linked to durable outcomes including elementary school performance and overall educational achievement. 331

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xxxix ACEs include eight categories of traumatic or stressful life events experienced before the age of 18 years. The eight ACE categories are sexual abuse, physical abuse, emotional abuse, household adult mental illness, household substance abuse, domestic violence in the household, incarceration of a household member, and parental divorce or separation.

Some families may face challenges to implementing literacy practices with their young children, especially when they are low-resourced. Barriers include being unfamiliar with child development benchmarks, having limited free time to spend with children and lower access to books in the home. 332 Community programs, family resource centers, home visitation and larger-scale initiatives can help caregivers implement home-based literacy practices to improve children's reading scores. Recognizing the influence caregivers can have, the American Academy of Pediatrics suggests that pediatricians provide information to families about the benefits of early literacy practices. Doctor's offices and other community locations are also places where initiatives like Read on Arizona and Reach Out & Read may provide books and other materials that families can bring home.<sup>333</sup>

#### Substance use disorders

Parental substance use has major implications for children's health and well-being. Children of parents with substance use disorders are frequently referred to child welfare services due to neglect or abuse and face a higher risk of later mental health and behavioral health issues, including developing substance use disorders themselves. 334, 335 Access to treatment for substance use disorders and supports for parents and families grappling with these issues can help ameliorate the short and long-term impacts on young children. 336, 337

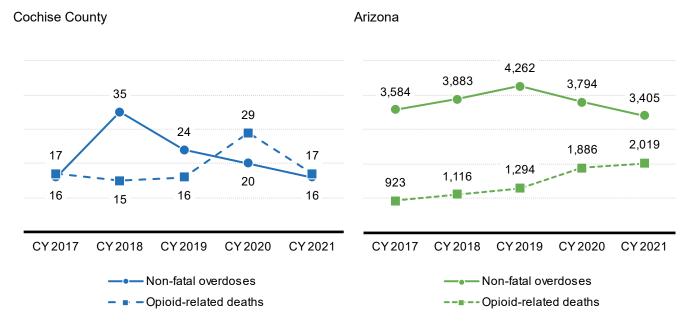
#### How the Cochise Region is faring

The number of non-fatal opioid-related overdoses have decreased in Cochise County in recent years, from 35 in 2018 to 17 in 2021. Overdose related deaths in the county peaked at 29 in 2020 and declined to 17 in 2021 (Figure 68). To help address opioid addiction, the state of Arizona has made three resources available in recent years; the Opioid Assistance and Referralxl line launched in 2018, no cost availability of naloxone (also called Narcan, a medication that rapidly reverses opioid overdose) to many organizations across the state through the Arizona Department of Health Services (ADHS)<sup>xli</sup> and access to naloxone without a prescription at pharmacies.

xl For more information, please see https://www.azdhs.gov/oarline/

xli For more information, please see https://www.azdhs.gov/opioid/index.php#naloxone

Figure 68. Number of non-fatal overdoses with opioids or opiates contributing to the overdose and opioid-related deaths, 2017 to 2021



Source: Arizona Department of Health Services (2021). [Opioid-related vital statistics dataset]. Unpublished data.

#### Child removals

In situations where the harm in remaining with their family is determined to be too great to a child, they may be removed from their home, either temporarily or permanently. Since 2014, the number of children removed from their home by the Arizona Department of Child Safety (DCS) was nearly cut in half, from 12,162 children (birth to age 17) in 2014 to 6,689 in 2022. 338, 339, 340 This major reduction in removals is tied to multiple intentional efforts by DCS over the past decade to improve Arizona's child welfare system and safely reduce the number of children in foster care. 341, 342, 343

One notable effort was the work to better define instances of neglect and reduce unnecessary investigations of families. After a 2015 review found that DCS hotline staff lacked clear guidelines for determining cases of neglect, DCS provided coaching for hotline staff and developed an improved decision-making protocol with clearer guidance. This resulted in screened-in cases declining from 70% to 55%. 344

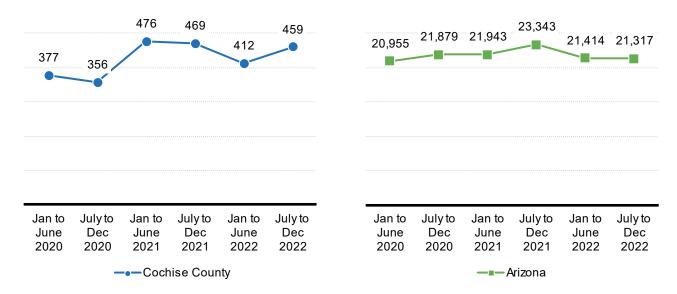
In March 2022, Arizona also passed legislation (SB 1050) which created a stricter definition of 'neglect,' reducing the risk that children are separated from their families simply for living in poverty. 345, 346 Despite removals declining, Black and American Indian children continue to be overrepresented in the DCS system. Addressing this disproportionality of Black and American Indian children in the DCS system is another area of targeted effort by the agency. In June 2023, Mathematica published the Arizona Department of Child Safety Next Event Study, which aimed to identify disparities in DCS engagement and provide recommendations to further reduce unnecessary investigations and

removals.<sup>347</sup> DCS has developed several strategic initiatives to reduce these disparities, including implementing standardized training for staff and increasing involvement of family and community members in decision-making processes.<sup>348</sup>

#### How the Cochise Region is faring

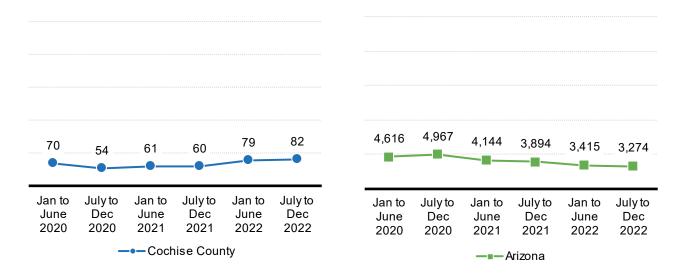
- The number of child abuse and neglect reports assigned for investigation by DCS have fluctuated in the Cochise Region in recent years, increasing overall from 377 reports in the first half of 2020 to 459 reports in the second half of 2022 (Figure 69).
- The number of children under 18 removed by DCS increased overall in the region and across the state between January 2020 and December 2022. Eighty-two children were removed by DCS in the Cochise Region in the last six months of 2022. Neglect was the most common type of substantiated maltreatment during this period in both the county (76%) and state (71%), followed by physical abuse (both 24%) (Figure 70 & Figure 71).

Figure 69. Child abuse and neglect reports (for children birth to age 17) assigned for investigation by DCS, Jan 2020 to Dec 2022



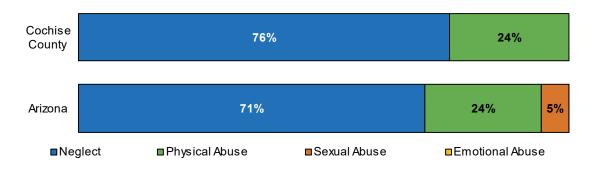
Source: Department of Child Safety (2023). Semiannual child welfare reports, Sept 2020 to March 2023. Retrieved from https://dcs.az.gov/reports

Figure 70. Children birth to age 17 removed by DCS, Jan 2020 to Dec 2022



Source: Department of Child Safety (2023). Semiannual child welfare report, March 2023. Retrieved from https://dcs.az.gov/reports

Figure 71. Substantiated maltreatment reports by type for children birth to age 17, July-Dec 2022



Source: Department of Child Safety (2023). Semiannual child welfare report, March 2023. Retrieved from <a href="https://dcs.az.gov/reports">https://dcs.az.gov/reports</a>
Note: Statewide, 0.1% of substantiated maltreatment reports (fewer than 5 in the given time period) were due to emotional abuse.

#### Foster care

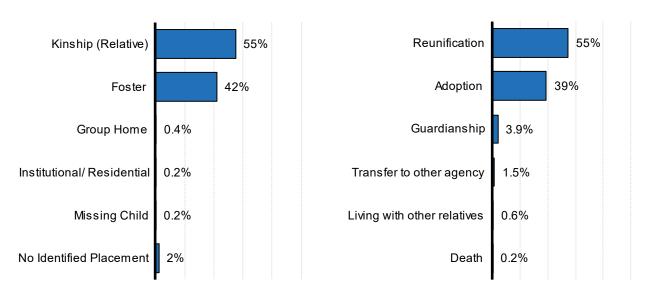
The Family First Prevention Services Act, signed into federal law on February 9, 2018, aims to ensure children are placed in the least restrictive, most family-like setting appropriate to their unique needs when foster care is needed. One effect of the Family First Prevention Services Act has been an increased focus on kinship placements, which are placements of children with relatives or close family friends. In recent years, the number of unlicensed kinship homes has even exceeded the number of foster homes in the state. This increase is likely related to several changes at DCS, including efforts to reduce barriers to licensure (e.g., waiving some fingerprint clearance card requirements) and funds to assist kinship

caregivers with meeting licensing requirements (e.g., purchasing car seats). Additionally, an increase in the monthly kinship stipend (from \$75/month to \$300/month) for unlicensed kinship homes can help support relatives, such as grandparents, who are caring for children even if they are not currently able to pursue becoming a licensed foster home. 350

#### How Arizona is faring

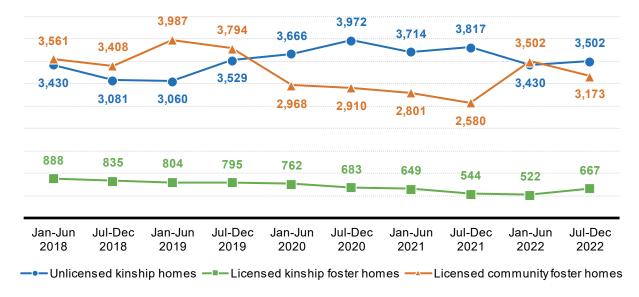
- In the last six months of 2022, more than half (55%) of young children birth to age 5 placed in out-of-home care by DCS across Arizona were able to remain with family through a kinship placement. Children in DCS custody most often exited out-of-home care to be reunified with their parents (55%) or adopted (39%) (Figure 72).
- The number of licensed kinship foster homes in Arizona steadily declined between 2018 and June 2022, though there was an uptick again in the later half of 2022. Generally, fewer than one in five kinship homes are licensed, and the number of unlicensed kinship homes increased slightly overall during the same period and overtook the number of community foster homes during the pandemic (Figure 73).

Figure 72. Types of placement and outcomes for children birth to age 5 in DCS custody in Arizona, July-Dec 2022



Source: Department of Child Safety (2023). Semiannual child welfare report, March 2023. Retrieved from <a href="https://dcs.az.gov/reports">https://dcs.az.gov/reports</a>

Figure 73. Licensed foster homes and unlicensed kinship homes in Arizona, Jan 2018 to Dec 2022



Source: Department of Child Safety (2023). Semiannual child welfare reports, Sept 2018 to March 2023. Retrieved from <a href="https://dcs.az.gov/reports">https://dcs.az.gov/reports</a>

Additional data tables related to Family Support and Literacy can be found in Appendix 1 of this report.

# **APPENDIX 1: ADDITIONAL DATA TABLES**

## **Population Characteristics**

Table 28. Population projections for children birth to age 4, 2020 to 2060

Geography	Population ages 0-4, 2020 Census	Population ages 0-4, 2030 (projected)	Population ages 0-4, 2040 (projected)	Population ages 0-4, 2050 (projected)	Population ages 0-4, 2060 (projected)
Cochise Region	6,321	N/A	N/A	N/A	N/A
Cochise County	6,287	7,313	7,858	7,824	7,890
Arizona	392,370	459,822	499,925	497,031	525,849

Source: Arizona Office of Economic Opportunity (2022). Arizona Population Projections: 2022 to 2060, Medium Series

Table 29. Race and ethnicity of the population of all ages, 2020 Census

Geography	Estimated population (all ages)		White, not Hispanic or Latino	Black or African American	American Indian or Alaska Native	Asian or Pacific	more
Cochise Region	126,400	34%	59%	5%	4%	4%	17%
Cochise County	125,447	34%	59%	6%	4%	4%	17%
Arizona	7,151,502	31%	57%	6%	6%	5%	14%
United States	331,449,281	19%	62%	14%	3%	8%	10%

Source: U.S. Census Bureau (2023). 2020 Decennial Census, Demographic and Housing Characteristics (DHC), P6, P7, P8, P9, P12, P12A-W.

Note: The six percentages in each row may sum to more or less than 100% because (a) persons reporting Hispanic ethnicity are counted twice if their race is Black, American Indian, Asian, Pacific Islander, or any combination of two or more races, (b) persons reporting any other race are not counted here unless they have Hispanic ethnicity, and (c) rounding.

Table 30. Race and ethnicity of children birth to age 4

Geography	Estimated number of children (birth to 4 years old)	Hispanic or Latino	White, not Hispanic or Latino	African	Alaska	Asian or Pacific Islander	Two or more races
Cochise Region	6,321	47%	46%	9%	3%	6%	25%
Cochise County	6,287	47%	46%	9%	3%	6%	25%
Arizona	392,370	44%	42%	10%	8%	7%	21%
United States	18,400,235	25%	54%	18%	4%	9%	16%

Source: U.S. Census Bureau (2023). 2020 Decennial Census, Demographic and Housing Characteristics (DHC), P6, P7, P8, P9, P12, P12A-W.

Note: The six percentages in each row may sum to more or less than 100% because (a) children reporting Hispanic ethnicity are counted twice if their race is Black, American Indian, Asian, Pacific Islander, or any combination of two or more races, (b) children reporting any other race are not counted here unless they have Hispanic ethnicity, and (c) rounding.

Table 31. Race and ethnicity for the mothers of babies born in 2020 and 2021

Geography	Calendar year	Number of births	Mother was non-Hispanic White	Mother was Hispanic or Latina	Mother was Black or African American	Mother was American Indian or Alaska Native	Mother was Asian or Pacific Islander
	2020	1,273	47%	45%	4%	1%	3%
Cochise Region	2021	2021 1,248 48% 46% 3	3%	1%	2%		
	2020	1,273	47%	45%	4%	1%	3%
Cochise County	2021	1,247	48%	45%	3%	1%	2%
Arizono	2020	76,781	0%	41%	6%	5%	4%
Arizona	2021	77,857	0%	41%	6%	5%	4%

Source: Arizona Department of Health Services (2023). [Vital Statistics Births dataset]. Unpublished data.

Note: The five percentages in each row should sum to 100%, but may not because of rounding. Mothers who report more than one race or ethnicity are assigned to the one which is smaller. Mothers of twins are counted twice in this table.

Table 32. Children birth to age 5 living with parents who are foreign-born, 2017-2021 ACS

Geography	Estimated number of children (birth to 5 years old) living with one or two parents	Number and percent living	with one or two foreign-born parents
Cochise Region	8,339	1,637	20%
Cochise County	8,302	1,637	20%
Arizona	473,732	115,267	24%
United States	22,399,131	5,504,770	25%

Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B05009

*Note: The term "parent" here includes stepparents.* 

Table 33. Language spoken at home (by persons ages 5 and older), 2017-2021 ACS

Geography	Estimated population (age 5 and older)	Speak only English at home	Speak Spanish at home	
Cochise Region	118,941	73%	23%	4%
Cochise County	118,133	73%	24%	4%
Arizona	6,666,597	73%	20%	6%
United States	310,302,360	78%	13%	8%

Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table C16001

Note: The three percentages in each row may not sum to 100% because of rounding. The American Community Survey (ACS) no longer specifies the proportion of the population who speak Native North American languages for geographies smaller than the state. In Arizona, Navajo and other Native American languages (including Apache, Hopi, and O'odham) are the most commonly spoken (2%), following English (73%) and Spanish (20%).

Table 34. English-language proficiency (for persons ages 5 and older), 2017-2021 ACS

Geography	Estimated population (age 5 and older)		Speak another language at home, and speak English very well	Speak another language at home, and do not speak English very well
Cochise Region	118,941	73%	20%	8%
Cochise County	118,133	73%	20%	8%
Arizona	6,666,597	73%	18%	8%
United States	310,302,360	78%	13%	8%

Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table C16001

Note: The three percentages in each row should sum to 100%, but may not because of rounding.

Table 35. Limited-English-speaking households, 2017-2021 ACS

Geography	Estimated number of households	Number and percent	of limited-English-speaking households
Cochise Region	49,606	2,442	5%
Cochise County	49,239	2,439	5%
Arizona	2,683,557	99,159	4%
United States	124,010,992	5,241,326	4%

Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table C16002

Note: A "limited-English-speaking" household is one in which no one over the age of 13 speaks English very well.

Table 36. Grandchildren birth to age 5 living in a grandparent's household, 2020 Census

Geography	Estimated number of children (birth to 5 years old) living in households		ing in their grandparent's household
Cochise Region	7,814	970	12%
Cochise County	7,769	962	12%
Arizona	480,744	64,792	13%
United States	22,401,565	2,520,305	11%

Source: U.S. Census Bureau (2023). 2020 Decennial Census, Demographic and Housing Characteristics (DHC), Tables P14, PCT11.

Note: This table includes all children (under 6 years old) living in a household headed by a grandparent, regardless of whether the grandparent is responsible for them, or whether the child's parent lives in the same household.

### **Economic Circumstances**

Table 37. Median annual family income, 2017-2021 ACS

Geography	Median annual income for all families	Median annual income for all families with children under 18 years old	income for married- couple families with		Median annual income for single- female-headed families with children under 18 years old
Cochise County	\$69,700	\$62,400	\$88,800	\$46,300	\$26,800
Arizona	\$78,800	\$75,100	\$100,000	\$49,100	\$35,000
United States	\$85,000	\$82,800	\$110,000	\$50,900	\$32,600

Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B19126

Note: Half of the families in the population are estimated to have incomes above the median value, and the other half have incomes below the median.

Table 38. Children birth to age 5 living at selected poverty thresholds, 2017-2021 ACS

Geography	Estimated number of children (birth to 5 years old) who live with parents or other relatives	Percent of children under 50% of the	Percent of children between 50% and 99% of the poverty level	Percent of children between 100% and 184% of the poverty level	Percent of children at or above 185% of the poverty level
Cochise Region	8,511	8%	13%	28%	52%
Cochise County	8,472	8%	13%	28%	51%
Arizona	486,513	9%	11%	19%	61%
United States	22,940,195	9%	10%	16%	65%

Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B17024

Note: The four percentages in each row should sum to 100%, but may not because of rounding. In 2021, the poverty threshold for a family of two adults and two children was \$27,479; for a single parent with one child, it was \$18,677. The 185% thresholds are \$50,836 and \$34,552, respectively.

Table 39. Families with children birth to age 5 receiving TANF, state fiscal years 2018 to 2022

	Households	Number of fa	Percent of households with young children				
	with one or more children						(ages 0-5) participating in
Geography	(ages 0-5)	SFY 2018	SFY 2019	SFY 2020	SFY 2021	SFY 2022	TANF in SFY 2022
Cochise Region	5,766	254	214	218	200	197	3%
Cochise County	5,737	253	211	217	200	197	3%
Arizona	345,601	10,538	9,360	9,947	9,881	9,884	3%

Sources: Arizona Department of Economic Security (2023). [Division of Benefits and Medical Eligibility dataset]. Unpublished data. & U.S. Census Bureau (2023). 2020 Decennial Census, DHC, Table P14 & P20.

Table 40. Children birth to age 5 receiving TANF, state fiscal years 2018 to 2022

	Number of young children (ages 0-5) in	Number of	Number of young children (ages 0-5) participating in TANF					
Geography	the population		SFY 2019	SFY 2020	SFY 2021	SFY 2022	participating in TANF in SFY 2022	
Cochise Region	7,814	305	274	279	256	259	3%	
Cochise County	7,769	304	271	278	256	259	3%	
Arizona	480,744	14,659	13,029	13,747	13,654	13,592	3%	

Sources: Arizona Department of Economic Security (2023). [Division of Benefits and Medical Eligibility dataset]. Unpublished data. & U.S. Census Bureau (2023). 2020 Decennial Census, DHC, Table P14 & P20.

Table 41. Families participating in SNAP, state fiscal years 2018 to 2022

	Households with one or more children	Number of families participating in SNAP					Percent of households with young children (0- 5) participating in
Geography	(ages 0-5)	SFY 2018	SFY 2019	SFY 2020	SFY 2021	SFY 2022	SNAP in SFY 2022
Cochise Region	5,766	3,188	2,981	2,766	2,718	2,628	46%
Cochise County	5,737	3,177	2,970	2,752	2,706	2,618	46%
Arizona	345,601	151,816	140,056	132,466	131,063	128,460	37%

Sources: Arizona Department of Economic Security (2023). [Division of Benefits and Medical Eligibility dataset]. Unpublished data. & U.S. Census Bureau (2023). 2020 Decennial Census, DHC, Table P14 & P20.

Table 42. Children participating in SNAP, state fiscal years 2018 to 2022

	Number of young children	Number of children (0-5) participating in SNAP					Percent of young children (0-5)
Geography	(ages 0-5) in the population	SFY 2016	SFY 2017	SFY 2018	SFY 2019	SFY 2020	participating in SNAP in SFY 2022
Cochise Region	7,814	4,573	4,309	4,000	3,901	3,822	49%
Cochise County	7,769	4,554	4,291	3,975	3,884	3,803	49%
Arizona	480,744	229,275	211,814	198,961	194,771	190,968	40%

Sources: Arizona Department of Economic Security (2023). [Division of Benefits and Medical Eligibility dataset]. Unpublished data. & U.S. Census Bureau (2023). 2020 Decennial Census, DHC, Table P14 & P20.

Table 43. Women enrolled in WIC, 2018 to 2022

Geography	Enrolled Women, 2018	Enrolled Women, 2019	Enrolled Women, 2020	Enrolled Women, 2021	Enrolled Women, 2022
Cochise Region	1,561	1,523	1,342	1,247	1,282
Cochise County	1,594	1,555	1,379	1,241	1,276
Arizona	72,098	68,312	63,111	59,588	60,866

Source: Arizona Department of Health Services (2023). [WIC Dataset]. Unpublished data.

Note: Enrolled women include both pregnant and breastfeeding women.

Table 44. Women participating in WIC, 2018 to 2022

Geography Cochise Region	Participating Women, 2018 1,481		Participating Women, 2020 1,262	Participating Women, 2021 1,179	Participating Women, 2022 1,225
Cochise County	1,514	1,473	1,298	1,174	1,220
Arizona	67,687	64,225	59,477	56,953	58,456

Source: Arizona Department of Health Services (2023). [WIC Dataset]. Unpublished data.

Note: Participating women include both pregnant and breastfeeding women. Women are counted as 'participating' if they received benefits during the time period in question.

Table 45. Children birth to age 4 enrolled in WIC, 2018 to 2022

Geography	Enrolled infants and children, 2018	Enrolled infants and children, 2019			Enrolled infants and children, 2022
Cochise Region	4,225	4,034	3,705	3,612	3,646
Cochise County	4,332	4,138	3,812	3,596	3,630
Arizona	187,737	178,300	167,186	162,360	163,893

Source: Arizona Department of Health Services (2021). [WIC Dataset]. Unpublished data.

Table 46. Children birth to age 4 participating in WIC, 2018 to 2022

Geography Cochise Region	Participating infants and children, 2018	Participating infants and children, 2019	Participating infants and children, 2020	Participating infants and children, 2021	Participating infants and children, 2022
Cochise County	3,981	3,751	3,463	3,399	3,455
Arizona	169,372	161,287	154,501	153,835	155,856

Source: Arizona Department of Health Services (2021). [WIC Dataset]. Unpublished data.

Note: Children are counted as 'participating' if they received benefits during the time period in question.

Table 47. Persons of all ages in households with and without computers and internet connectivity, 2017-2021 ACS

Geography Cochise Region	Estimated number of persons (all ages) living in households	Have a computer and internet 89%		Do not have a computer 5%
Cochise County	118,600	89%	6%	5%
Arizona	6,930,677	90%	6%	4%
United States	321,899,278	90%	6%	4%

Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B28005

Note: The three percentages in each row should sum to 100%, but may not because of rounding.

Table 48. Children birth to age 17 in households with and without computers and internet connectivity, 2017-2021

Geography	Estimated number of children (ages 0-17) living in households	Have a computer and internet	Have a computer but no internet	
Cochise Region	26,930	96%	3%	1%
Cochise County	26,771	96%	3%	1%
Arizona	1,611,069	92%	6%	2%
United States	74,041,861	93%	5%	2%

Source: U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B28005

Note: The three percentages in each row should sum to 100%, but may not because of rounding.

### **Educational Indicators**

Table 49. Migrant students (grades K-12) enrolled in public and charter schools, 2019-20 to 2021-22

	Number of migrant students			Percent of	students who we students	ere migrant
Geography	2019-20	2020-21	2021-22	2019-20	2020-21	2021-22
Cochise Region Schools	Regio	Regional data not available				
Cochise County	104	104 148 231			<2%	<2%
Arizona	4,498	3,598	6,280	0%	<2%	<2%

Source: Arizona Department of Education (2023). [Oct 1 Enrollment Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team.

Note: Migrant students are those students participating in the Arizona Migrant Education Program, a federally-funded, state-run program that provides supplemental services to the children of migrant farmworkers.

Table 50. Kindergarten to 3rd grade students with chronic absences, 2019-20 to 2021-22

	K-3 students with chronic absences			Percent of K-3 students with chronic absences			
Geography	2019-20	2020-21	2021-22	2019-20	2020-21	2021-22	
Cochise Region Schools	N/A	954	1,678	N/A	19%	33%	
Cochise County	502	894	1,594	9%	20%	32%	
Arizona	25,382	56,547	100,955	8%	21%	34%	

Source: Arizona Department of Education (2023). [Oct 1 Enrollment Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team.

Note: Students are considered chronically absent if they miss more than 10% of the school days in a school year. This table includes children who are absent due to chronic illness. Regional data were not available for 2019-20 due to differences in how regional estimates were created in prior RNA report cycles.

Table 51. 4-year and 5-year graduation rates, 2021

Geography Cochise Region	4-Year senior cohort (2021) 1,666		4-Year graduation rate (2021) 70%	5-Year graduates (2021) N/A	5-Year graduation rate (2021) N/A
Cochise County	1,690	1,182	70%	1,151	75%
Arizona	90,880	69,623	77%	73,320	80%

Source: Arizona Department of Education (2023). [Graduation Dataset]. Custom tabulation of unpublished data by the UArizona CRED

Note: The 2022 4-year senior cohort is the number of students who are expected to graduate in 2022.

### **Early Learning**

Table 52. School enrollment for children ages 3 to 4, 2017-2021 ACS

Geography	Estimated number of children (3 or 4 years old)		and percent enrolled in school
Cochise Region	2,843	1,111	39%
Cochise County	2,831	1,104	39%
Arizona	176,033	63,974	36%
United States	8,100,136	3,719,992	46%

Source: U.S. Census Bureau. (2023). American Community Survey 5-year estimates 2017-2021, Table B14003

Note: In this table, "school" may include nursery school, preschool, or kindergarten.

Table 53. Quality First Programs, state fiscal year 2023

Geography Cochise Region	Child care providers served	Child care providers with a 3-5 star rating	
Cochise County		<u>I</u>	
Arizona	1,434	982	68%

Source: First Things First (2023). Quality First Summary Data. Unpublished data.

Table 54. Median monthly charge for full-time center-based child care, 2022

		Licensed center	ers	Public schools				
Geography	One infant	One 1 or 2 year old		One infant		One 3 to 5 year old		
Cochise Region		Regional data not available						
Cochise County	\$903	\$734	\$650	N/A	\$630	\$693		
Arizona	\$949	\$826	\$727	\$1,011	\$880	\$701		

Source: Health Management Associates (2022). 2022 Child Care Market Rate Survey. Arizona Department of Economic Security. Retrieved from https://des.az.gov/sites/default/files/media/2022-Market-Rate-Survey.pdf?time=1670616239540

Table 55. Median monthly charge for full-time home-based child care, 2022

		Certified family ho	omes	Small group homes			
Geography	One infant	One 1 or 2 year old		One infant		One 3 to 5 year old	
Cochise Region	Regional data not available						
Cochise County	\$735	\$630	\$630	\$725	\$735	\$735	
Arizona	\$662	\$627	\$618	\$761	\$725	\$713	

Source: Health Management Associates (2022). 2022 Child Care Market Rate Survey. Arizona Department of Economic Security. Retrieved from https://des.az.gov/sites/default/files/media/2022-Market-Rate-Survey.pdf?time=1670616239540

Table 56. Cost of center-based child care as a percentage of income, 2022

Geography	Median family income	Cost for an infant	Cost for a 1 to 2 year old child					
Cochise Region	Regional data not available							
Cochise County	\$62,400	17%	14%	13%				
Arizona	\$75,000	15%	13%	12%				

Sources: Health Management Associates (2022). 2022 Child Care Market Rate Survey. Arizona Department of Economic Security. Retrieved from https://des.az.gov/sites/default/files/media/2022-Market-Rate-Survey.pdf?time=1670616239540 & U.S. Census Bureau. (2022). American Community Survey 5-year estimates 2017-2021, Table B19126.

Note: Annual costs of care are calculated by multiplying the median daily cost of care by 252 to approximate a full year of care.

Table 57. Children receiving DES child care assistance, 2017 to 2022

	Number of children receiving assistance				Perce	Percent of eligible children receiving assistance						
Geography	CY 2017	CY 2018	CY 2019	CY 2020	CY 2021	CY 2022	CY 2017	CY 2018	CY 2019	CY 2020	CY 2021	CY 2022
Cochise Region	315	358	452	372	393	362	98%	93%	95%	86%	91%	94%
Cochise County	315	358	452	372	393	362	98%	93%	95%	86%	91%	94%
Arizona	16,922	19,813	23,155	19,909	22,359	20,099	93%	92%	92%	80%	88%	90%

Source: Arizona Department of Economic Security (2023). [Child Care Administration dataset]. Unpublished data.

Table 58. DCS-involved children receiving DES child care assistance, 2017 to 2022

	Number of DCS children receiving assistance				Percent of DCS eligible children receiving assistance							
Geography	CY 2017	CY 2018	CY 2019	CY 2020	CY 2021	CY 2022	CY 2017	CY 2018	CY 2019	CY 2020	CY 2021	CY 2022
Cochise Region	97	115	119	75	135	166	87%	84%	92%	66%	87%	88%
Cochise County	97	115	119	75	135	166	87%	84%	92%	66%	87%	88%
Arizona	12,201	12,219	11,808	7,137	8,853	8,268	88%	82%	82%	59%	81%	80%

Source: Arizona Department of Economic Security (2023). [Child Care Administration dataset]. Unpublished data.

Table 59. Eligible families not using DES child care assistance, 2017 to 2022

Geography	CY 2017	CY 2018	CY 2019	CY 2020	CY 2021	CY 2022
Cochise Region	2.4%	6.8%	4.2%	13.6%	9.0%	5.1%
Cochise County	2.4%	6.8%	4.2%	13.6%	9.0%	5.1%
Arizona	6.7%	7.6%	7.9%	18.3%	11.7%	9.2%

Source: Arizona Department of Economic Security (2023). [Child Care Administration dataset]. Unpublished data.

Table 60. Number of children birth to age 5 receiving DDD services, state fiscal years 2019 to 2022

Geography Cochise Region	SFY 2019 37	SFY 2020 31	SFY 2021 32	SFY 2022 26	Percent change from 2019 to 2022 -30%
Cochise County	37	31	32	26	-30%
Arizona	4,005	4,078	2,438	3,691	-8%

Source: Arizona Department of Economic Security (2023). [Division of Developmental Disabilities dataset]. Unpublished data.

Table 61. Number of children birth to age 2 receiving AzEIP and/or DDD services, state fiscal years 2019 to 2022

	Number o	f children age from AzEIP		ng services		Estimated percent of children (ages 0-2)		
Geography	FY2019	FY2020	FY2021	FY2022	Population ages 0-2 (Census 2020)	receiving AzEIP and/or DDD services, SFY 2022		
Cochise Region	137	131	56	82	3,620	2.3%		
Cochise County	137	131	56	82	3,603	2.3%		
Arizona	6,376	5,721	5,916	5,876	225,737	2.6%		

Source: Arizona Department of Economic Security (2023). [AzEIP dataset]. Unpublished data.

Table 62. Preschoolers with disabilities receiving services through LEAs, state fiscal years 2018 to 2022

		Preschoolers enrolled in special education								
Geography	FY2018	FY2019	FY2020	FY2021	FY2022					
Cochise Region	181	188	178	132	114					
Cochise County	181	188	178	132	114					
Arizona	10,123	10,314	10,521	8,537	8,086					

Source: Arizona Department of Education (2023). [Special Needs Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team

Table 63. Preschoolers with disabilities receiving services through LEAs by type of disability, 2019-20

Geography Cochise Region Schools	Total Preschoolers 114		Speech or Language Impairment 43%	Severe	Other
Cochise County Schools	114	46%	43%	10%	<2%
Arizona Schools	8,086	43%	30%	24%	3%

Source: Arizona Department of Education (2021). [Graduation Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team

Table 64. Kindergarten to 3rd grade students enrolled in special education in public and charter schools, state fiscal years 2018 to 2022

	K-3rd grade students enrolled in special education				
Geography	FY2018	FY2019	FY2020	FY2021	FY2022
Cochise Region	640	671	705	651	641
Cochise County	618	636	668	623	608
Arizona	36,468	37,812	38,791	37,179	37,334

Source: Arizona Department of Education (2023). [Special Needs Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team

Table 65. Kindergarten to 3rd grade students enrolled in special education in public and charter schools by primary disability, state fiscal year 2022

Geography Cochise Region Schools	Total K-3rd grade students 641	Speech or Language Impairment 48%	Developmental	Specific Learning Disability 10%	Autism 8%	Other Disability 7%
Cochise County Schools	608	47%	27%	10%	9%	7%
Arizona Schools	37,334	36%	27%	12%	11%	13%

Source: Arizona Department of Education (2023). [Special Needs Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team

Note: The "Other Disabilities" category includes children with emotional disturbance, deafness, deaf-blindness, hearing impairment, intellectual disability, multiple disabilities, orthopedic impairment, other health impairments such as chronic medical conditions that affect a child's ability to participate in the educational setting, traumatic brain injury, or visual impairment.

### **Child Health**

Table 66. Prenatal care for the mothers of babies born in 2020 and 2021

Geography	Calendar year	Number of births	Mother had no prenatal care	Mother had fewer than five prenatal visits	Mother began prenatal care in the first trimester
	2020	1,273	7%	9%	54%
Cochise Region	2021	1,248	6%	7%	58%
	2020	1,273	7%	9%	54%
Cochise County	2021	1,247	6%	7%	58%
Arizona	2020	76,781	0%	5%	69%
Alizona	2021	77,857	0%	5%	72%

Source: Arizona Department of Health Services (2023). [Vital Statistics Births dataset]. Unpublished data.

Note: Mothers of twins are counted twice in this table.

Table 67. Selected characteristics of mothers giving birth, 2020 to 2021

Geography	Calendar year	Number of births	Mother was younger than 18	Mother was younger than 20	Mother smoked cigarettes during pregnancy
Ozabica Basica	2020	1,273	2%	8%	7.2%
Cochise Region	2021	1,248	2%	6%	6.0%
Ozakia Ozamka	2020	1,273	2%	8%	7.2%
Cochise County	2021	1,247	2%	6%	6.0%
	2020	76,781	1%	5%	3.6%
Arizona	2021	77,857	1%	5%	3.2%
Healthy People 2030 target 4.3%					

Source: Arizona Department of Health Services (2023). [Vital Statistics Births dataset]. Unpublished data.

Note: Mothers of twins are counted twice in this table. The Healthy People 2030 target for maternal use of tobacco during pregnancy is 95.7% of females reporting abstaining from smoking during pregnancy.

Table 68. Births to mothers with gestational diabetes or pre-pregnancy obesity, 2020 to 2021

Geography	Calendar year 2020		Mother had gestational diabetes 9.7%	Mother had pre- pregnancy obesity 30%
Cochise Region	2020	1,273	9.0%	33%
		1,2 10		
Cochise County	2020	1,273	9.7%	28%
Cochise County	2021	1,247	9.0%	28%
A :	2020	76,781	9.5%	27%
Arizona	2021	77,857	9.9%	27%

Source: Arizona Department of Health Services (2023). [Vital Statistics Births dataset]. Unpublished data.

Note: Mothers of twins are counted twice in this table.

Table 69. Selected birth outcomes, 2020 to 2021

Geography	Calendar year	Number of births	Baby weighed less than 2500 grams		Baby was admitted to a NICU
Cashina Basian	2020	1,273	7.2%	8.7%	9%
Cochise Region	2021	1,248	9.6%	9.5%	8%
Ozakia a Ozamata	2020	1,273	7.2%	8.7%	9%
Cochise County	2021	1,247	9.6%	10.3%	11%
Avizana	2020	76,781	7.4%	9.5%	8%
Arizona	2021	77,857	9.6%	10.0%	8%
Healthy People 20	30 targets		-	9.4%	

Source: Arizona Department of Health Services (2023). [Vital Statistics Births dataset]. Unpublished data.

Table 70. WIC-enrolled infants ever breastfed, 2022

Geography Cochise Region	Infants for whom breastfeeding status is determined 675	Infants ever breastfed 543	Percent of infants ever breastfed 80%
Cochise County	672	540	80%
Arizona	31,612	25,103	79%

Source: Arizona Department of Health Services (2023). [WIC dataset]. Unpublished data.

Table 71. Percent of WIC-enrolled infants ever breastfed, 2018 to 2022

Geography	Breastfeeding rate, 2018	Breastfeeding rate, 2019	Breastfeeding rate, 2020	Breastfeeding rate, 2021	Breastfeeding rate, 2022
Cochise Region	70%	66%	71%	69%	80%
Cochise County	69%	65%	71%	69%	80%
Arizona	77%	79%	78%	77%	79%

Source: Arizona Department of Health Services (2023). [WIC Dataset]. Unpublished data.

Table 72. Child care immunization exemption rates, 2018-19 to 2022-23

	Childre	Children in child care with religious exemptions					en in child c	are exempt	from all va	ccines
Geography	2018-19	2019-20	2020-21	2021-22	2022-23	2018-19	2019-20	2020-21	2021-22	2022-23
Cochise Region	2.0%	2.2%	4.6%	2.3%	2.9%	1.8%	1.8%	1.4%	1.5%	1.4%
Cochise County	2.0%	2.2%	4.7%	2.4%	2.9%	1.8%	1.8%	1.4%	1.5%	1.6%
Arizona	4.5%	5.0%	5.1%	5.7%	5.7%	3.0%	3.1%	3.3%	3.4%	4.0%

Source: Arizona Department of Health Services (2023). Childcare Immunization Coverage, 2018-2019 to 2022-2023 School Years. Unpublished data received by request & aggregated by the Community, Research, & Development Team. Arizona Department of Health Services (2023). Childcare Immunization Coverage by County, 2018-2019 through 2022-2023 School Years. Retrieved from: https://www.azdhs.gov/preparedness/epidemiology-disease-control/immunization/index.php#reports-immunization-coverage

Table 73. Kindergarten immunization exemption rates, 2018-19 to 2022-23

	Kindergarteners with personal belief exemptions					Kinde	ergarteners	exempt fr	om all vac	cines
Geography	2018-19	2019-20	2020-21	2021-22	2022-23	2018-19	2019-20	2020-21	2021-22	2022-23
Cochise Region	2.8%	2.6%	2.6%	5.8%	5.0%	2.3%	1.6%	1.7%	4.5%	2.7%
Cochise County	2.8%	2.6%	2.7%	6.3%	5.0%	2.3%	1.6%	1.8%	3.9%	2.7%
Arizona	5.9%	5.4%	5.4%	6.6%	7.3%	3.8%	3.4%	3.3%	3.7%	4.6%

Source: Arizona Department of Health Services (2023). Childcare Immunization Coverage, 2018-2019 to 2022-2023 School Years. Unpublished data received by request & aggregated by the Community, Research, & Development Team. Arizona Department of Health Services (2023). Childcare Immunization Coverage by County, 2018-2019 through 2022-2023 School Years. Retrieved from: https://www.azdhs.gov/preparedness/epidemiology-disease-control/immunization/index.php#reports-immunization-coverage

Table 74. Non-fatal hospitalizations and emergency department visits due to unintentional injuries for children birth to age 5, 2018-2022 combined

Geography	Non-fatal inpatient hospitalizations for unintentional injuries	Non-fatal emergency department visits for unintentional injuries
Cochise Region	55	3,940
Cochise County	60	2,522
Arizona	2,811	160,742

Source: Arizona Department of Health Services (2023). [Hospital Discharge dataset]. Unpublished data.

Note: Data on hospitalizations were geocoded to FTF regions using the address provided by parents or caregivers at the time of hospitalization; however, in cases where the address provided was not valid, hospitalizations could not be assigned to a region. County of residence is captured separately from addresses, meaning that counts in the county often exceed those seen in a particular region because they include all hospitalizations regardless of address validity.

### **Family Support & Literacy**

Table 75. Number of deaths with opiates or opioids contributing, 2018-2021 combined

Geography	Number of deaths with opiates or opioids contributing, 2018-2021
Cochise Region	76
Cochise County	76
Arizona	6,315

Source: Arizona Department of Health Services (2023). [Vital Statistics dataset]. Unpublished data.

Note: About 35% of overdose deaths statewide were missing address information and thus could not be geocoded to an FTF region, but county assignments were available from death certificates.

Table 76. Substantiated maltreatment reports by type for children birth to age 17, July-Dec 2022

Geography	Total substantiated maltreatment reports		Physical abuse	Sexual abuse	Emotional abuse
Cochise Region	Regional data not available				
Cochise County	38	79%	16%	5%	0%
Arizona	988	67%	30%	4%	0%

Source: Department of Child Safety (2023). Semiannual child welfare report, March 2023. Retrieved from https://dcs.az.gov/reports

Table 77. Children birth to age 17 removed by the Department of Child Services (DCS), Jan 2020 to Dec 2022

Geography	Children removed (Jan 2020-Jun 2020)	Children removed (Jul 2020- Dec 2020)	Children removed (Jan 2021-Jun 2021)	Children removed (Jul 2021-Dec 2021)	Children removed (Jan 2022- Jun 2022)	Children removed (Jul 2022-Dec 2022)
Cochise Region	Regional data not available					
Cochise County	70	54	61	60	79	82
Arizona	4,616	4,967	4,114	3,894	3,415	3,274

Source: Department of Child Safety (2023). Semiannual child welfare report, September 2023. Retrieved from https://dcs.az.gov/reports

## **APPENDIX 2: METHODS AND DATA SOURCES**

*U.S. Census and American Community Survey Data.* The U.S. Census<sup>351</sup> is an enumeration of the population of the United States. It is conducted every ten years, and includes information about housing, race, and ethnicity. The 2020 U.S. Census data are available by census block. There are about 108,000 inhabited blocks in Arizona, with an average population of 66 people each. The Census data for the Cochise Region presented in this report were calculated for most indicators by identifying each block in the region and aggregating the data across all of those blocks. With the implementation of new privacy measures by the U.S. Census, some data previously available at the block level, such as grandchildren living in a grandparent's households or counts of households with children birth to age 5, are now only published at the block group or tract level. Regional estimates for these indicators were calculated by aggregating data over the census tracts which are wholly or partially contained in the region. Data from partial census tracts were apportioned according to the percentage of the 2020 Census population in that tract living inside the region.

The American Community Survey (ACS)<sup>352</sup> is a survey conducted by the U.S. Census Bureau each month by mail, telephone, and face-to-face interviews. It covers many different topics, including income, language, education, employment, and housing. ACS data are available by census tract. Arizona is divided into about 1,750 census tracts, with an average of about 3,900 people in each. The ACS data for the Cochise Region were calculated by aggregating over the census tracts which are wholly or partially contained in the region. The data from partial census tracts were apportioned according to the percentage of the 2020 Census population in that tract living inside the region. The most recent and most reliable ACS data are averaged over the past five years; those are the data included in this report. They are based on surveys conducted from 2017 to 2021. In general, the reliability of ACS estimates is greater for more populated areas. Statewide estimates, for example, are more reliable than county-level estimates.

Education Data from ADE. Education data from the Arizona Department of Education (ADE) included in this report were obtained through a custom tabulation of unredacted data files conducted by the vendor on a secure ADE computer terminal in the fall of 2023. The vendor worked with the regional director to create a list of all public and charter schools in the region based on the school's physical location within the region as well as local knowledge as to whether any schools located outside the region served a substantial number of children living within the region. This list was used to assign schools and districts to the region as well to aggregate school-level data to the region-level. This methodology differs slightly from the methods that ADE uses to allocate school-level data to counties, so county and region totals may vary in some tables. Data were presented over time where available; however, due to changes in the ADE data system as well as the effects of the COVID-19 pandemic on data collection and definitions over the past three years, some indicators could not be presented as a time series.

*Child Care Capacity Calculations.* Lists of child care providers are maintained by multiple state agencies in Arizona, including the Arizona Department of Education, which licenses child care centers; the Arizona Department of Health Services (ADHS), Arizona Department of Economic Security (DES), which maintains the Child Care Resource and Referral (CCR&R) list; and First Things First (FTF),

which administers the Quality First program. The ADHS child care licensing database was used as the primary source for child care capacity calculations in this report, as analyses of both statewide and region-level data showed that most child care slots in regulated providers in the region are provided by centers. Centers that only serve children ages 5-12 were removed from child care capacity calculations, as these are typically before- & after-school programs that only serve school-age children. For all tables, providers were geocoded to regions using addresses or coordinates provided in the state agency datasets to assign them to regions. Comparisons of child care capacity to the young child population are meant to provide a relative assessment of the abundance or scarcity of child care supply relative to potential demand. The child care tables in this report do not reflect the capacity of unlicensed, unregulated or informal child care providers in the region. The estimated supply may also over-estimate availability in regulated care as it did not account for child care providers that operate under licensed capacity by choice or children who enroll in multiple facilities (e.g., a child who attends part-day Head Start or school-based preschool in the morning and a child care center in the afternoon).

Change Calculations. Unless otherwise specified, changes in counts of data over time (i.e., percent increase or decrease) are calculated by subtracting the earlier number (e.g., a 2010 count) from the later number (e.g. the 2020 count) and dividing the result by the earlier number (e.g. the 2010 count). This calculation provides the percent change between the most recent count and the prior count, relative to the prior count.

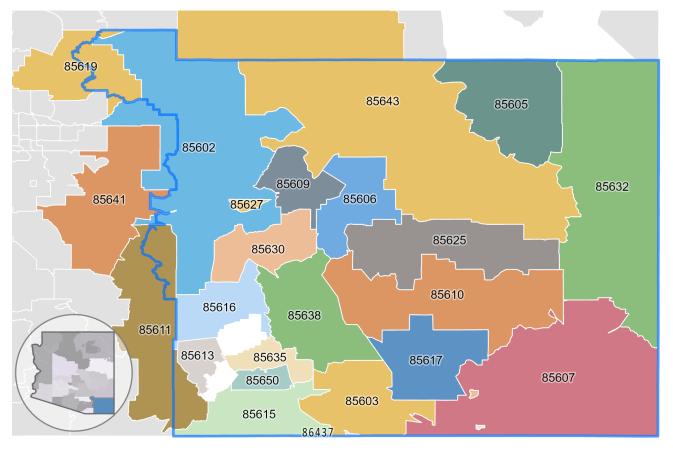
**Data Availability.** State agency data in this report were provided to FTF by agency staff through a data request process initiated in May 2023 and extending to January 2024. Wherever possible, data were requested for multiple years to allow for the visualization of trends as well as for the most recent year available. However, due to both the constraints of agency staff and agency-maintained datasets as well as the timing of requests, not all data were available on the same time and geographic scales. This report attempts to include the most recent and complete data available, with notes indicating where data were not available for particular time periods or geographies.

Data Suppression. To protect the confidentiality of program participants, the FTF Data Dissemination and Suppression Guidelines preclude our reporting of social service and early education programming data if the count is less than 10 and preclude our reporting data related to health or developmental delay if the count is less than 6. In addition, some data received from state agencies are suppressed according to their own guidelines. ADHS does not report counts between 1 and 5; DES does not report counts between 1 and 9; ADE does not report counts less than 11. Additionally, both ADE and DES require suppression of the second-smallest value or the denominator in tables where a reader might be able to use the numbers provided to calculate a suppressed value. Throughout this report, information which is not available because of suppression guidelines is indicated by entries of "1-5" or "1-9" or "<11" for counts, or "DS" (data suppressed) for percentages. Data are sometimes not available for particular regions, either because a program did not operate in the region or because data are only available at the county level. Cases where data are not available will be indicated by an entry of "N/A" or a table row note that states "regional data not available."

For some data, an exact number was not available because it was the sum of several numbers provided by a state agency, and some numbers were suppressed in accordance with agency guidelines or because the number was suppressed as a second-smallest value that could be used to calculate a suppressed value. In these cases, a range of possible numbers is provided, where the true number lies within that range. For example, for data from the sum of a suppressed number of children enrolled in Child-only Temporary Assistance for Needy Families (TANF) and 12 children enrolled in a household with TANF, the entry in the table would read "13 to 21." This is because the suppressed number of children in Child-only TANF is between 1 and 9, so the possible range of values is the sum of the known number (12) and 1 on the lower bound to the sum of the known number (12) plus 9 on the upper bound. Ranges that include numbers below the suppression threshold of less than 6 or 10 may still be included if the upper limit of the range is above 6 or 10. Since a range is provided rather than an exact number, the confidentiality of program participants is preserved.

# **APPENDIX 3: ZIP CODES OF THE COCHISE REGION**

Figure 74. Zip Code Tabulation Areas (ZCTAs) in the Cochise Region



Map by Community Research, Evaluation, & Development (CRED) Team, University of Arizona

Source: Custom map by the Community Research, Evaluation, & Development (CRED) Team using shapefiles obtained from First Things First and the U.S. Census Bureau 2020 TIGER/Line Shapefiles (https://www.census.gov/cgi-bin/geo/shapefiles/index.php)

Table 78. Zip Code Tabulation Areas (ZCTAs) in the Cochise Region

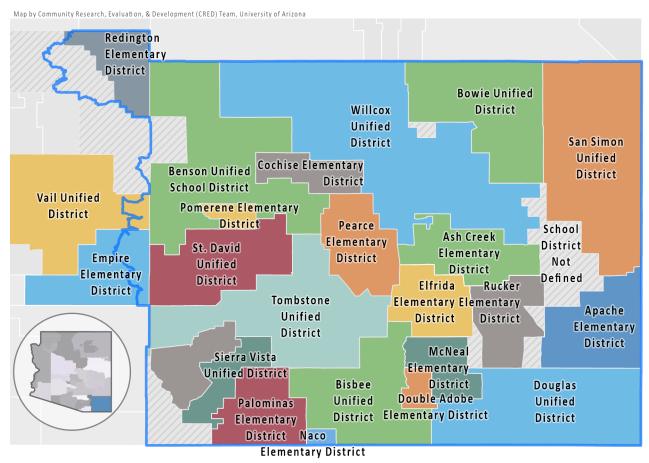
Zip Code Tabulation Area (ZCTA) Cochise Region	Population (all ages) 126,400	Percent of this ZCTA's total population living in the Cochise Region	This ZCTA is shared with
85602	10,189	100%	
85603	6,342	100%	
85605	629	100%	
85606	977	100%	
85607	17,738	100%	
85608	1,983	100%	
85609	325	100%	
85610	1,053	100%	
85611	114	11%	Pima South Region, Santa Cruz Region
85613	5,239	100%	
85615	9,073	100%	
85616	5110	100%	
85617	1,086	100%	
85619	5	4%	Pima North Region
85620	734	100%	
85625	1,871	100%	
85626	1,006	100%	
85627	472	100%	
85630	2,585	100%	
85632	812	100%	
85635	35095	100%	
85638	1,886	100%	
85643	7,219	88%	Graham/Greenlee Region
85650	14,857	100%	

Source: U.S. Census Bureau (2020). 2020 Decennial Census, Demographic and Housing Characteristics, Table P1

Note: With the implementation of differential privacy in the 2020 Census, small area estimates now have injected 'noise' (error) to prevent accidental disclosure of Census responses. Geographies that are not primary census geographies, like ZCTAs, have noisier (or less accurate) estimates than primary geographies, like tracts. ZCTA 85641 overlaps the Cochise Region, but the portion of 85641 in the region is unpopulated.

# **APPENDIX 4: SCHOOL DISTRICTS OF THE COCHISE REGION**

Figure 75. School Districts in the Cochise Region



Source: Custom map by the Community Research, Evaluation, & Development (CRED) Team using shapefiles obtained from First Things First and the U.S. Census Bureau 2020 TIGER/Line Shapefiles (https://www.census.gov/cgi-bin/geo/shapefiles/index.php)

Table 79. School Districts and Local Education Agencies (LEAs) in the Cochise Region

Name of district or Local Education Agency (LEA)  Cochise Region	Number of schools	Grades served PS-12
Apache Elementary District	1	K-8
Ash Creek Elementary District	1	PS-8
Benson Unified School District	5	PS-12
Bisbee Unified District	5	PS-12
Bowie Unified District	2	K-12
Cochise County Accommodation School District	1	10-12
Cochise Elementary District	1	K-8
Cochise Technology District	12	9-12
Double Adobe Elementary District	1	PS-8
Douglas Unified District	10	PS-12
Elfrida Elementary District	1	PS-8
Fort Huachuca Accommodation District	3	PS-8
McNeal Elementary District	1	K-8
Naco Elementary District	1	PS-8
Palominas Elementary School District 49	3	PS-8
Pearce Elementary District	1	PS-8
Pomerene Elementary District	1	K-8
San Simon Unified District	1	K-12
Sierra Vista Unified District	10	PS-12
St David Unified District	2	PS-12
Tombstone Unified District	3	PS-12
Valley Union High School District	1	9-12
Willcox Unified District	5	PS-12
Center for Academic Success, Inc.	5	K-12
Cochise Community Development Corporation	1	K-12
Leman Academy of Excellence, Inc.	1	K-8
Liberty Traditional Charter School	1	K-8
Omega Alpha Academy	1	K-12
Portable Practical Educational Preparation, Inc. (PPEP, Inc.)	2	9-12

Source: Arizona Department of Education (2023). [Oct 1 Enrollment Dataset]. Custom tabulation of unpublished data by the UArizona CRED Team.

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