

# La Paz County Resource Guide

FOR FAMILIES WITH CHILDREN BIRTH TO AGE 5



2025-2026

 FIRST THINGS FIRST

## About First Things First

Approved by Arizona voters, First Things First (FTF) works to ensure that your youngest children have access to quality early childhood experiences so they will start school healthy and ready to succeed. Across the state, FTF Regional Partnerships Councils — in collaboration with local leaders — identify the education and health needs of children birth through age 5 in their communities and fund strategies to address those needs.

**Phone:** 928-854-8732

**Address:** 1940 Mesquite Avenue Suite E  
Lake Havasu City, AZ 86403

**Website:** [www.FirstThingsFirst.org](http://www.FirstThingsFirst.org)  
[FirstThingsFirst.org/Regions/La-Paz-Mohave/](http://FirstThingsFirst.org/Regions/La-Paz-Mohave/)



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most recent version  
of this guide

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# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### **Arizona Department of Economic Security (AZDES)**

1032 S. Hopi Ave.  
Parker, AZ 85344  
855-432-7587  
<https://des.az.gov/>

**Basic Needs:** Adult Protections Services, Food Assistance, Medical Assistance, Refugee Resettlement, Shelter and Housing

**Child and Family:** Cash Assistance, Child Care, Child Support Services, Community Resources

**Disabilities:** Developmental Disabilities, Early Intervention, Achieving a better life experience

**Older Adults:** Home and Community Based Services, Healthy Living, Medicare Assistance, Legal Services Assistance, Family Caregiver Support, Long-Term Care Ombudsman, Aging Publications, World Elder Abuse Awareness Day Conference

**Employment:** Job Seekers, Reentry Services, Employer Resources, Apprenticeship, Unemployment-Employer, Senior Community Service Program, Veterans, Workforce Innovation and Opportunity Act, Eligible Training Provider List

### **APS Crisis Bill Assistance Program WACOG**

877-829-2264

Provides utility assistance. They offer other services ranging from weatherization of homes to cut energy cost to rental assistance on a case by case basis.

### **CASA Council Helping Children of Mohave County/La Paz County**

Beverly Siemens  
Board President  
530-632-5567  
[casasupport.org](http://casasupport.org)

CASA Council is a 501(c)(3) non-profit organization, which is a foundation that raises money to benefit the unmet needs of children in out-of-home care (foster care, relative placements, and In-Home Services).

# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### Community Legal Services

2701 E. Andy Devine, Suite 400  
Kingman, AZ 86401  
928-681-1177  
1-800-255-9031

TTY: Arizona Relay: 711

FAX: 928-681-5998

Email: [infomoco@clsaz.org](mailto:infomoco@clsaz.org)

\* Applications for services in Mohave and La Paz Counties are completed via the Kingman office.

Community Legal Services (CLS) is dedicated to providing legal assistance, advice or representation, self-help materials and legal education so people can know their rights. We focus on helping survivors of domestic violence; assisting victims of consumer fraud and abuse, protecting tenants from unlawful/unfair practices by landlords, foreclosures, legal problems affecting agricultural workers, wage claims and other employment matters, and federal and state programs affecting peoples' health and economic stability.

### Nikki's Nook

28332 Hwy 72  
Bouse, AZ 85325  
623-498-7246-Liz  
928-916-9744-Randi

A completely free thrift store/resource center featuring clothing, household goods, small appliances, bathroom supplies, bedding, books, and food pantry. Open Saturdays from 11-3.

### River Cities United Way

Main: 928-855-6333

Helping Businesses and individuals with rent utilities, and various needs.

### Social Security Office

1502 Bailey Ave.  
Needles, CA. 92363  
800-772-1213

Obtain social security cards, name change, social security benefits.

# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### Salvation Army-Quartzsite

101 N Moon Mountain Ave.  
Quartzsite, AZ 85346  
928-927-3636  
360-921-7571 (cell)

Thrift Store and Service Center. We provide supportive assistance to those in a crisis situation and work with many agencies to provide additional help. Urgent needs, please use cell phone number. We offer year round backpacks and school supplies, Santa event, Angel Tree and monthly diaper assistance program.

## Birth to Five Resources:

### *Breastfeeding Resources*

### Arizona 24/7 Breastfeeding Hotline

1-800-307-4231

### La Leche League

1-877-452-5324  
<https://llusa.org/>

### Pregnancy and Breastfeeding Hotline

1-800-833-4642

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Child Care Resources*

#### **Child Care Resource & Referral Child and Family Resources, Inc.**

1-800-308-9000

[www.azccrr.com](http://www.azccrr.com)

M-F 8:00 AM - 6:00 PM,

Sat 8:00 AM - 12:00 PM

Child Care Information Line:

1-800-308-9000

Child Care Resource & Referral, CCR&R, is a statewide program of Child & Family Resources, Inc. Funding is provided by the Arizona Department of Economic Security's Child Care Administration through federal Child Care Development Block Grant funds. Staff provides referrals to families including but not limited to: child care, financial assistance, housing/utility assistance. Staff also provides consumer education on the different types of childcare options in the state & how to make the best option for your child and family.

## Birth to Five Resources:

### *Home Visitation*

#### **Health Start Program Mohave County Department of Public Health**

2001 College Drive

Lake Havasu City, AZ 86403

JoBeth Giovanardi

[GiovaJ@mohave.gov](mailto:GiovaJ@mohave.gov)

928-753-0714 ext. 4323

Serves families in Parker Community home visiting program that collaborates with pregnant women and their families. The goal of Health Start is to give your child and family the best chance of success with a strong support system through education, development, and referrals to community resources.

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Home Visitation*

#### **High Risk Perinatal Program Mohave County Department of Public Health**

2001 College Drive  
LHC, AZ 8640  
JoBeth Giovanardi  
GiovaJ@mohave.gov  
928-753-0714 ext. 4323

Provides free in-home community health nursing services to assist eligible families and their newborns during the transition from the Newborn Intensive Care Unit (NICU) to their home and community. The CHN provides support to the family by providing education and connections to community resources.

Eligibility: Infants who have spent five or more days in the NICU.

#### **La Paz Home Visitation Program Child & Family Resources, Inc.**

117 W Riverside Dr.  
Parker, AZ 85344  
928-753-4410  
Jo Harper  
jharper@cfraz.org

Offering the Parents as Teachers and the Healthy Families models. These free programs are designed to support prenatal health and wellness, child development, school readiness, early literacy, family resiliency and so much more. Visits occur in the comfort of your own home and the program supplies all the materials for learning activities. Parent socials, car seat program and community referrals are included in services.



# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Other*

#### **Birth to Five Helpline**

1-877-705-KIDS (5437)

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

(see page 27 for more information)

#### **CRIT Early Literacy Program**

26600 Mohave Road

Parker, AZ 85344

928-669-1339

928-669-1332

[critlibraryarchives@gmail.com](mailto:critlibraryarchives@gmail.com)

The Colorado River Indian Tribes Early Literacy program, funded by First Things First, helps families understand the importance of early literacy and teaches how to implement it in their homes. The program encourages and facilitates adult/child interaction and developmentally-appropriate play. The program distributes books and hosts events for parents/caregivers and children birth - 5, including story times at least two times a week.

#### **CRIT Nutrition And Physical Activity Program**

1321 Mohave Avenue

Parker, AZ 85344

928-525-1287 Office

The Colorado River Indian Nutrition and Physical Activity Program, funded by First Things, is geared toward encouraging the healthy development of children ages 0-5 through physical exercise and nutrition. Activities are geared toward promoting physical activity and healthy eating with the goal of reducing the rate of obesity in small children. Culturally-related activities will be incorporated into the activities as well prenatal, breastfeeding promotion and toddler group.

#### **Lantern**

*(Formerly Bright By Text)*

Text "ARIZONAPBS" to 274448

[www.azpbs.org/kidstext](http://www.azpbs.org/kidstext)

Bright by Text is a free program for parents and caregivers that sends tips and resources promoting child development, targeted to a child's age from prenatal to 11 years old, right to their cell phone.

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Other*

#### **Family Support Coordination - Parenting Arizona**

602-684-1192

[familysupport@cplc.org](mailto:familysupport@cplc.org)

Chicanos Por La Causa/Parenting Arizona's Family Support Coordination program supports families with children age birth to 5. Our goal is to assist them in understanding, accessing, and navigating services that promote family well-being by engaging families and connecting them with community resources. Family Support Coordinators provide guidance, advocacy, and coordination throughout the process. Our aim is to refer families to timely and essential services, fostering family well-being and self-sufficiency.

#### **First Things First**

1940 Mesquite Ave Suite E  
Lake Havasu City, AZ 86403  
928-854-8732

[www.FirstThingsFirst.org](http://www.FirstThingsFirst.org)

Local region covers Mohave and La Paz County

First Things First is Arizona's early childhood agency, with programs and resources to support great childhoods. By focusing on the first five years, we are making a difference in the lives of young children, their families and our communities. Quality early learning and child care are essential for stronger, healthier families and for the economic future of Arizona.

## Child Care Centers

#### **Early Learning Academy**

1013 W Arizona Ave Ste. B

Parker, AZ 85344

928-301-4000

[earlylearningacademy19@gmail.com](mailto:earlylearningacademy19@gmail.com)

Early Childhood Center for infants 6 weeks to preschoolers (age 5) After school care for children 5-12 years of age.

#### **Tiny Cactus Daycare**

43 W. Riverside Dr.

Parker, AZ 85344

928- 575-1095

[www.tinycactusdaycare.com](http://www.tinycactusdaycare.com)

Full-time and Part-Time  
Serving Ages 1-5

After school program for 6-12 years old

# CHILDREN AND FAMILY SERVICES

## Disabilities & Special Needs Resources

### **Arizona Center for Disability Law, Inc**

<https://www.azdisabilitylaw.org>

### **Arizona Early Intervention Program (AZEIP)**

A statewide system of services and supports for families of infants and toddlers, birth to three years of age, with delays or disabilities. AZEIP provides eligible children and their families access to services to support the child's development through in-home individualized parent education and support. AZEIP has service-providing agencies located in your area.

For more information or to make a referral, visit the website - [bit.ly/3S6GK4I](https://bit.ly/3S6GK4I) or make a referral by calling 888-592-0140

For questions or to check the status of the referral call 602-532-9960

### **Encircle Families**

*(Formerly Raising Special Kids)*

5025 E. Washington St. Ste. 204  
Phoenix, AZ 85034

602-242-4366

[www.raisingpecialkids.org](http://www.raisingpecialkids.org)

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

Services include individual consultation, parent-to-parent support, trainings and workshops.

# CHILDREN AND FAMILY SERVICES

## Early Intervention Information

### What is Early Intervention?

Early Intervention is specialized support for infants and toddlers (birth to age 3) who have or may be at risk for developmental delays. It includes services like speech therapy, physical therapy and developmental support to help children reach important milestones.

### Why is Early Intervention Important?

Early support can improve a child's growth, learning and future success. It helps children become more independent, improves school readiness and may reduce long-term therapy costs.

### What Can I Do if I Have Concerns?

**Talk to your child's pediatrician** – Don't wait! Early action makes a difference.

**Check developmental milestones** – Use the CDC Milestone Tracker App (free on iOS & Android) or search CDC Milestone Checklist online.

**Request a developmental screening** – Ask your doctor or complete a free Ages & Stages Questionnaire (ASQ)  
<https://www.firstthingsfirst.org/resources/ages-and-stages/>

**Get an evaluation** – See more info below.

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### How do I get my child evaluated?

#### **If your child is Birth to Age 3:**

Contact the Arizona Early Intervention Program where you can refer your child for evaluation. Scan the QR Code for more information.



#### **If your child is age 3 to 21:**

Contact your local school district to learn about Child Find events or request an evaluation. With parent permission, a home visitor, child care provider, teacher or healthcare provider can also refer the child for evaluation. Scan the QR Code for more information.



# # FIRST THINGS FIRST Ages & Stages

Available in  
English and  
Spanish

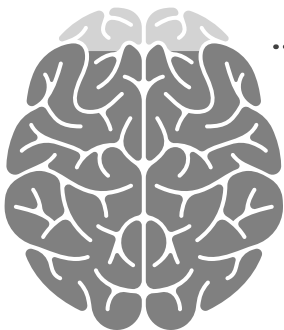


From the day your child is born, understanding how they play, learn, speak, act and move offers important clues about your child's development. While all children develop differently, it helps to know if your child is meeting typical milestones at different ages and stages and how you can support their healthy development. Understand what's happening at different stages of your child's life and how you can help them learn and grow.

**VISIT** [FirstThingsFirst.org/AgesAndStages](https://www.FirstThingsFirst.org/AgesAndStages)

# Why Early Childhood Matters

From birth to age 5, a child's brain grows more than at any other time in life. And early brain development has a lasting impact on a child's ability to learn and succeed in school and life. The quality of a child's experiences in the first few years of life – positive or negative – helps shape how their brain develops.



## 90%

**of Brain Growth Happens  
Before Kindergarten**

At birth, the average baby's brain is about a quarter of the size of the average adult brain. Incredibly, it doubles in size in the first year. It keeps growing to about 80% of adult size by age 3 and 90% – nearly full grown – by age 5.

The brain is the command center of the human body. A newborn baby has all of the brain cells (neurons) they'll have for the rest of their life, but it's the connections between these cells that really make the brain work. Brain connections enable us to move, think, communicate and do just about everything. The early childhood years are crucial for making these connections. At least one million new neural connections (synapses) are made every second, more than at any other time in life.

The early years are the best opportunity for a child's brain to develop the connections they need to be healthy, capable, successful adults. The connections needed for many important, higher-level abilities like motivation, self-regulation, problem solving and communication are formed in these early years – or not formed. It's much harder for these essential brain connections to be formed later in life.

# CHILDREN AND FAMILY SERVICES

## Education

### **Bouse Elementary School District**

44936 Joshua Dr.  
Bouse, AZ 85325  
928-851-2213  
Services grades K - 8

### **CRIT Head Start**

18026 Mohave Road  
Parker, AZ 85344  
928-662-4311  
Center based early childhood development program. Eligibility Requirements: Income guidelines and age (3 & 4 years old by August 31). Priority to children with disabilities, homeless, foster children, lowest income.

### **Parker Unified School District**

1608 S. Laguna Ave  
Parker, AZ 85344  
928-669-9244  
Services pre-k and K - 12

### **Quartzsite Elementary School District**

49241 Ehrenberg Road  
Ehrenberg, AZ 85334  
928-923-7907  
Services pre-k and grades K - 8

### **Salome Consolidated Elementary School District and Preschool Program**

38128 Saguario & Main  
Salome, AZ 85348  
928-859-3339  
Services grades Pre-K - 8  
Developmental preschool program for ages 3-5 based on eligibility.

### **WACOG Head Start**

49241 Ehrenberg-Poston HWY  
Ehrenberg, AZ 85334  
928-782-1886  
Center based early childhood development program. Eligibility Requirements: Income guidelines and age (3 & 4 years old by August 31).  
Priority to children with disabilities, homeless, foster children, lowest income.

### **Wenden Elementary School District and Preschool Program**

71001 Santa Fe Ave  
Wenden, AZ 85357  
928-859-3806  
Services grades Pre K - 8  
Developmental preschool program for ages 3-5 based on eligibility.

# CHILDREN AND FAMILY SERVICES

## Emergency/Non-Emergency

### **Arizona Department of Child Safety**

1032 S. Hopi Ave  
Parker, AZ 85344  
928-669-9293  
Child Abuse Hotline  
1-888-767-2445

### **AZ Statewide Crisis Line**

1-844-534-4673 or 1-844-534-HOPE

### **Bouse Fire Department**

44031 Plomosa Rd.  
Bouse, AZ 85325  
928-851-2648

### **Buckskin Fire Department**

8500 Riverside Dr.  
Parker, AZ 85344  
928-667-3221

### **CRIT Fire Department Station 17 (Big River)**

150260 Capistrano Way  
Big River, CA 92242

### **CRIT Fire Department Station 80**

1819 W Mohave Rd.  
Parker, AZ 85344  
928-669-2328

### **CRIT Fire Department Station 90**

23701 Mohave Rd  
Parker, AZ 85344  
928-662-4388

### **CRIT Law Enforcement Services**

26600 Mohave Rd.  
Parker, AZ 85344  
928-669-1386  
TIPS Line: 928-669-5341

### **Ehrenberg Fire Department**

49100 Ehrenberg Poston Hwy.  
Ehrenberg, AZ 85334  
928-823-8033



# CHILDREN AND FAMILY SERVICES

## Emergency/Non-Emergency

### **La Paz County Dispatch**

1109 W Arizona Ave  
Parker, AZ 85344  
928-669-6141

The primary function of Dispatch is to receive all emergency and non-emergency calls for service and from field units ensuring that the proper departments are dispatched.

The La Paz County Central Dispatch is the communication center for all of La Paz County emergency services, with the exception of American Medical Response ambulance and the Colorado River Indian Tribes.

### **La Paz County Sheriff's Office**

1109 W Arizona Ave  
Parker, AZ 85344  
928-669-6141

### **McMullen Valley Fire Department**

66998 Salome Rd.  
Salome, AZ 85348  
928-859-3261

### **Parker Fire District**

1101 W Arizona Ave  
Parker, AZ 85344  
928-669-2206

### **Parker Police Department**

1314 W 11th St.  
Parker, AZ 85344

### **Quartzsite Fire Department**

70 Tyson St.  
Quartzsite, AZ 85346  
928-927-6556

### **Quartzsite Police Department**

928-927-4644  
305 N. Plymouth Ave.  
PO Box 2812  
Quartzsite, AZ 85346

# CHILDREN AND FAMILY SERVICES

## Health Services

### Community Health Worker Program

#### La Paz County Health Department

1014 W. 11th Street

Parker, AZ 85344

928-669-9364

Point of contact: Carmen Gonzalez

[www.lapaz.gov/645/Community-Health-Worker-CHW](http://www.lapaz.gov/645/Community-Health-Worker-CHW)

The Community Health Worker Program assists residents and visitors to gain access to a wide variety of resources and services that may be required for health and safety. The CHW program covers: Bouse, Cibola, CRIT, Ehrenberg, Parker/Parker Strip, Salome, Quartzsite, and Wenden. CHWs can support members of the public with translation services, veteran resources, health education, informal counseling, mental health services, and more. Some of our goals include improving access to healthcare services, increasing knowledge and use of community and social service resources, and reducing barriers to services available to La Paz County residents and visitors.

### La Paz County Health Department

1112 Joshua Ave, Suite #206

Parker, AZ 85344

Hours 7:00am-6:00pm

928-669-1100

Immunizations, TB testing, STD testing, Family planning, Covid-19 Immunizations, birth certificate printing.

Please call for details and appointments.

## Health Services

### *Mental Health*

### Community Health Associates

1021 S Kofa Ave.

Parker, AZ 85344

928-669-5319

Individual Counseling, Marriage/Family Counseling, Group Counseling, Substance Use Treatment, DUI Treatment, Crisis Services, Health Promotion, Case Management, Peer Support, Community Resources

# CHILDREN AND FAMILY SERVICES

## Health Services:

### *Mental Health*

#### **M.I.K.I.D.**

928-753-4354

[www.mikid.org/](http://www.mikid.org/)

Provides support, education, and skill development to families and their children, youth, and young adults who are experiencing mental health and behavior changes.

#### **Postpartum Support International Helpline**

Call/Text in English:

1-800-944-4773

Text en Español: 971-203-7773

<https://postpartum.net/>

The HelpLine will provide you with support and resources. You will be asked to leave a confidential message and a trained and caring volunteer will return your call or text.

In an emergency or crisis situation, call or text 988.

In a non-emergency situation, call or text the HelpLine at 800-944-4773. You never need a diagnosis to ask for help.

Call or text the National #MaternalMentalHealth Hotline at 1-833-TLC-MAMA (1-833-852-6262)

## Health Services

### *FQHC*

*(Federally Qualified Health Centers are outpatient clinics that serve rural areas)*

#### **Parker Walk-In Clinic Regional Center for Border Health**

601 W Riverside Drive

Parker, AZ 85344

928-256-4109

<https://www.rcfbh.org/>

Behavioral Health Services, Pediatrics & Primary Care Services

Parker Walk-in Clinic is a family integrated service committed to provide the best affordable access to quality health and behavioral health services.

# CHILDREN AND FAMILY SERVICES

## Nutrition and Food Resources

### **CRIT Food Distribution Program (FDPIR)**

12302 Kennedy Drive.

Parker, AZ 85344

Location: 2nd Avenue & Mohave Rd.  
928-575-1191

Commodity Foods Our services are open to anyone living within the CRIT Reservation boundaries.

Our services are for low or no income households residing on the CRIT Reservation.

Applications are accepted M – F 8 - 5

### **CRIT WIC Program**

13350 1st Avenue

Parker, AZ 85344

928-669-5588

Supplemental healthy foods, nutrition educations, referrals to other health services.

Monday-Friday 8am-5pm

### **Friends of the Quartzsite Food Bank**

40 N Moon Mountain Ave

Quartzsite, AZ 85346

928-661-7000

[fqfoodbank@gmail.com](mailto:fqfoodbank@gmail.com)

Provides food, clothing, and toiletries

### **Parker Food Bank**

1124 Geronimo Ave

Parker, AZ 85344

928-669-0114

Walk-ins served. No referral required. Photo ID and proof of address in La Paz County.

Tuesdays & Thursdays

8:00 AM - 12:00 PM

### **St. Vincent de Paul**

1015 S. Joshua Ave.

Parker, AZ 85344

928-669-2523

Monthly food boxes and bag lunches.

Serving Parker, Bouse, Wenden, Salome, Ehrenberg and homebound. Call for more information.

### **Yuma Community Food Bank**

928-343-1243

[yumafoodbank.org](http://yumafoodbank.org)

Distribution sites: Bouse, Cibola, Ehrenberg, Salome/Wenden, Parker, and Quartzsite.

# CHILDREN AND FAMILY SERVICES

## Libraries

### **Bouse Public Library**

44031 E. Plomosa Rd.

Bouse, AZ 85325

928-851-1023

Hours: Mon - Thur, 8am - 4pm

Bouse Public Library is one of two branches of the La Paz Public Library. Books, magazines, movies and internet access available to the public.

### **Centennial Public Library**

69725 Centennial Park Rd.

Salome, AZ 85348

928-859-4271

Hours: 8am-4pm Mon-Thur

Centennial Public Library is one of two branches of the La Paz Public Library. Books, magazines, movies and internet access available to the public.

### **CRIT Library**

26600 Mohave Rd.

Parker, AZ 85344

928-669-1332

C.R.I.T. Library-Archives offers collections of books in Fiction / Non-Fiction – Native American Collections in Adult- Young Adult- Tweens – Children – Early Literacy. We also provide job application assistance- email set-up-Archival Research-Traditional Language classes- Computer Lab-Print-Fax-Arts n Crafts-Traditional workshops- STEM/STEAM- Afterschool Tutoring- After School Activities

# CHILDREN AND FAMILY SERVICES

## Libraries

### Parker Public Library

1001 Navajo Ave  
Parker, AZ 85344  
Fenix Markel  
928-669-2622

The Parker Public Library is dedicated to providing free & equal access to information and knowledge through books, programs, and collaboration with our diverse community. We believe in the freedom to read, to learn, and to discover in a safe environment. For more information please visit our website.

### Quartzsite Library

465 North Plymouth Avenue  
P.O. Box 2812  
Quartzsite, AZ 85346  
qsitelib@hotmail.com

Schedule of Library Hours:  
Monday-Friday 8am - 5pm Closed  
Saturday Sunday & Holidays  
928-927-4333

Access to library services including books, audio tapes, computers, videos and magazines is free. Resident cards are valid for two years. The Yuma Reading Council, in partnership with the Quartzsite Library, is offering adult literacy, GED and English as a second language training. If you are interested in volunteering for any one of these projects, please contact the library at 928-927-4333 for more information. Trained tutors are now available for ESL tutoring, privately or in small groups.

## NOTES

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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[www.swhd.org](http://www.swhd.org)

*"Nothing Out of the Question"*  
*"Toda Pregunta es Buena"*

**1-877-705-KIDS (5437)**

**Call the Helpline to speak with an early childhood specialist, on duty Mon-Fri. 8:00 a.m. to 8:00 p.m.**

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

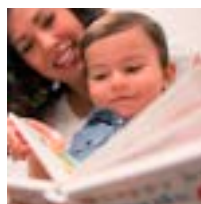
**Topics addressed include but not limited to:**

- Sleep
- Health and Nutrition
- Safety
- Challenging Behaviors
- Feeding and Eating
- General Child Development
- Potty Training/Learning
- Fussiness/Colic
- Parenting

An extension of the Birth to Five Helpline is the Fussy Baby program. This program provides telephone, home visiting and virtual video consultation and support to help families navigate challenges associated with hard-to-soothe infants, excessive crying, sleeping problems and feeding difficulties during their child's first year of life.

**Download the Birth to Five Helpline app!**

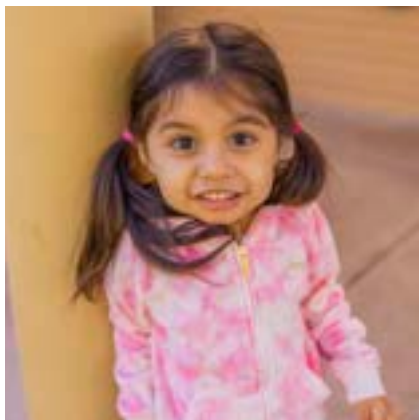




## FIRST THINGS FIRST

# Beaver Dam/ Littlefield/Scenic Resource Guide

FOR FAMILIES WITH CHILDREN BIRTH TO AGE 5



2025-2026

 FIRST THINGS FIRST

## About First Things First

Approved by Arizona voters, First Things First (FTF) works to ensure that your youngest children have access to quality early childhood experiences so they will start school healthy and ready to succeed. Across the state, FTF Regional Partnerships Councils — in collaboration with local leaders — identify the education and health needs of children birth through age 5 in their communities and fund strategies to address those needs.

**Phone:** 928-854-8732

**Address:** 1940 Mesquite Avenue Suite E  
Lake Havasu City, AZ 86403

**Website:** [www.FirstThingsFirst.org](http://www.FirstThingsFirst.org)  
[FirstThingsFirst.org/Regions/La-Paz-Mohave/](http://FirstThingsFirst.org/Regions/La-Paz-Mohave/)



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# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### **APS Crisis Bill Assistance Program WACOG**

928-753-6247

Provides utility assistance. They offer other services ranging from weatherization of homes to cut energy cost to rental assistance on a case by case basis.

### **Arizona Department of Economic Security (AZDES)**

1057 Vista Ave.

Page, AZ 86040

928-645-8131

<https://des.az.gov/>

**Basic Needs:** Adult Protective Services, Food Assistance, Medical Assistance ([www.healthearizonaplus.gov](http://www.healthearizonaplus.gov)), Refugee Resettlement, Shelter and Housing

**Child and Family:** Cash Assistance, Child Care, Child Support Services, Community Resources

**Disabilities:** Developmental Disabilities, Early Intervention, Achieving a better life experience

**Employment:** Job Seekers, Reentry Services, Employer Resources, Apprenticeship, Unemployment-Employer, Senior Community Service Program, Veterans, Workforce Innovation and Opportunity Act, Eligible Training Provider List

### **Arizona Department of Economic Security (AZDES)**

**Older Adults:** Home and Community Based Services, Healthy Living, Medicare Assistance, Legal Services Assistance, Family Caregiver Support, LongTerm Care Ombudsman, Aging Publications, World Elder Abuse Awareness Day Conference

### **CASA Council Helping Children of Mohave County/La Paz County**

Beverly Siemens

Board President

530-632-5567

[casasupport.org](http://casasupport.org)

CASA Council is a 501(c)(3) non-profit organization, which is a foundation that raises money to benefit the unmet needs of children in out-of-home care (foster care, relative placements, and In-Home Services).



# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### Community Legal Services

2701 E. Andy Devine, Suite 400  
Kingman, AZ 86401  
928-681-1177  
1-800-255-9031  
TTY: Arizona Relay: 711  
FAX: 928-681-5998  
Email: [infomoco@clsaz.org](mailto:infomoco@clsaz.org)

\* Applications for services in Mohave and La Paz Counties are completed via the Kingman office.

Community Legal Services (CLS) is dedicated to providing legal assistance, advice or representation, self-help materials and legal education so people can know their rights. We focus on helping survivors of domestic violence; assisting victims of consumer fraud and abuse, protecting tenants from unlawful/unfair practices by landlords, foreclosures, legal problems affecting agricultural workers, wage claims and other employment matters, and federal and state programs affecting peoples' health and economic stability.

### Salvation Army Family Services

742 Pioneer Blvd.  
Mesquite, NV 89027  
1-800-SAL-ARMY

Provides rent payment assistance, electric and water utility bill payment assistance, food boxes, sack lunches and personal hygiene items.

### Social Security Office

1091 N Bluff St #1100  
St. George, UT 84770  
800-772-1213

Obtain social security cards, name change, social security benefits.

## Birth to Five Resources:

### *Breastfeeding Resources*

### Arizona 24/7 Breastfeeding Hotline

1-800-307-4231

### La Leche League

1-877-452-5324  
<https://llusa.org/>

### Pregnancy and Breastfeeding Hotline

1-800-833-4642

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Child Care Resources*

#### **Child Care Resource & Referral Child and Family Resources, Inc.**

1-800-308-9000

[www.azccrr.com](http://www.azccrr.com)

M-F 8:00 AM - 6:00 PM,

Sat 8:00 AM - 12:00 PM

Child Care Information Line:

1-800-308-9000

Child Care Resource & Referral, CCR&R, is a statewide program of Child & Family Resources, Inc. Funding is provided by the Arizona Department of Economic Security's Child Care Administration through federal Child Care Development Block Grant funds. Staff provides referrals to families including but not limited to: child care, financial assistance and housing/utility assistance. Staff also provides consumer education on the different types of childcare options in the state & how to make the best option for your child and family.

## Birth to Five Resources:

### *Home Visitation*

#### **Health Start Program Mohave County Department of Public Health**

[GiovaJ@mohave.gov](mailto:GiovaJ@mohave.gov)

JoBeth Giovanardi

928-753-0714 ext. 4323

Community home visiting program that collaborates with pregnant women and their families. The goal of Health Start is to give your child and family the best chance of success with a strong support system through education, development and referrals to community resources. Health Start enrollment eligibility is prenatal women and families with children up to the age of 2 years old.

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Home Visitation*

#### **High Risk Perinatal Program Mohave County Department of Public Health**

Gioval@mohave.gov

JoBeth Giovanardi

928-753-0714 ext. 4323

Provides free in-home community health nursing services to assist eligible families and their newborns during the transition from the Newborn Intensive Care Unit (NICU) to their home and community. The CHN provides support to the family by providing education and connections to community resources.

Eligibility: Infants who have spent five or more days in the NICU.

#### **Parents As Teachers Child and Family Resources, Inc.**

Jo Harper

jharper@cfraz.org

928-753-4410

Home visitation program for Mohave families who are pregnant and/ or have children 0-5. Parents as Teachers (PAT) addresses the need for parent education and family support. Certified Parent Educators are well qualified to provide child development and parenting information with personal home visits, group connections, screenings and referral to resources.

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Other*

#### **Birth to Five Helpline**

1-877-705-KIDS (5437)

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

(see page 19 for more information)

#### **Family Support Coordination Root For Kids**

2044 Mesa Palms Dr,  
St. George, UT 84770  
435-673-5353

The Root For Kids Family Support Coordinator partners with families to assist with locating community support agencies that provide needed community services.

The Family Support Coordinator completes the Protective Factors Survey with each family. During the survey, the Family Support Coordinator learns about the unique needs of each family, develops a service plan and provides information about the community resources that can address family's concerns. The Family Support Coordinator assists the family in following through with obtaining these resources to allow for success in achieving the goals of the service plan.

#### **First Things First**

1940 Mesquite Ave Suite E  
Lake Havasu City, AZ 86403  
928-854-8732  
[www.FirstThingsFirst.org](http://www.FirstThingsFirst.org)

Local region covers Mohave and La Paz County

First Things First is Arizona's early childhood agency, with programs and resources to support great childhoods. By focusing on the first five years, we are making a difference in the lives of young children, their families and our communities. Quality early learning and child care are essential for stronger, healthier families and for the economic future of Arizona.

#### **Lantern**

*(Formerly Bright By Text)*

Text "ARIZONAPBS" to 274448  
[www.azpbs.org/kidstext](http://www.azpbs.org/kidstext)

Bright by Text is a free program for parents and caregivers that sends tips and resources promoting child development, targeted to a child's age from prenatal to 11 years old, right to their cell phone.

# CHILDREN AND FAMILY SERVICES

## Disabilities & Special Needs Resources

### **Arizona Center for Disability Law, Inc**

<https://www.azdisabilitylaw.org>

### **Arizona Early Intervention Program (AZEIP)**

#### **Root For Kids**

A statewide system of services and supports for families of infants and toddlers, birth to three years of age, with delays or disabilities. AzEIP provides eligible children and their families access to services to support the child's development through in-home individualized parent education and support. AzEIP has service-providing agencies located in your area.

For more information or to make a referral, visit the website - [bit.ly/3S6GK4l](https://bit.ly/3S6GK4l) or make a referral by calling 888-592-0140

For questions or to check the status of the referral call 602-532-9960

### **Encircle Families**

*(Formerly Raising Special Kids)*

5025 E. Washington St. Ste. 204  
Phoenix, AZ 85034  
[www.raisingpecialkids.org](http://www.raisingpecialkids.org)  
602-242-4366

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

# CHILDREN AND FAMILY SERVICES

## Early Intervention Information

### What is Early Intervention?

Early Intervention is specialized support for infants and toddlers (birth to age 3) who have or may be at risk for developmental delays. It includes services like speech therapy, physical therapy and developmental support to help children reach important milestones.

### Why is Early Intervention Important?

Early support can improve a child's growth, learning and future success. It helps children become more independent, improves school readiness and may reduce long-term therapy costs.

### What Can I Do if I Have Concerns?

**Talk to your child's pediatrician** – Don't wait! Early action makes a difference.

**Check developmental milestones** – Use the CDC Milestone Tracker App (free on iOS & Android) or search CDC Milestone Checklist online.

**Request a developmental screening** – Ask your doctor or complete a free Ages & Stages Questionnaire (ASQ)  
<https://www.firstthingsfirst.org/resources/ages-and-stages/>

**Get an evaluation** – See more info below.

---

### How do I get my child evaluated?

#### **If your child is Birth to Age 3:**

Contact the Arizona Early Intervention Program where you can refer your child for evaluation. Scan the QR Code for more information.



#### **If your child is age 3 to 21:**

Contact your local school district to learn about Child Find events or request an evaluation. With parent permission, a home visitor, child care provider, teacher or healthcare provider can also refer the child for evaluation. Scan the QR Code for more information.



# # FIRST THINGS FIRST Ages & Stages

Available in  
English and  
Spanish



From the day your child is born, understanding how they play, learn, speak, act and move offers important clues about your child's development. While all children develop differently, it helps to know if your child is meeting typical milestones at different ages and stages and how you can support their healthy development. Understand what's happening at different stages of your child's life and how you can help them learn and grow.

**VISIT** [FirstThingsFirst.org/AgesAndStages](https://FirstThingsFirst.org/AgesAndStages)

# CHILDREN AND FAMILY SERVICES

## Education

### **Beaver Dam Elementary/ Beaver Dam Preschool**

PO Box 730  
3436 E. Rio Virgin Rd.  
Beaver Dam, AZ 86432  
928-418-2001  
Pre-K through 12th grade.  
Preschool is a Quality First star  
rated site.

### **Littlefield/Beaver Dam School District**

PO Box 730  
3490 E. Rio Virgin Rd.  
Beaver Dam, AZ 86432  
928-418-2003  
Serving families Pre-K through 12th  
grade.

## Emergency/Non-Emergency

### **Arizona Department of Child Safety**

1057 Vista Ave.  
Page, AZ 86040  
928-608-4245  
Child Abuse Hotline  
1-888-767-2445

### **AZ Statewide Crisis Line**

1-844-534-4673 or 1-844-534-HOPE

### **Beaver Dam/Littlefield Fire District**

630 North HWY 91  
Littlefield, AZ 86432  
Non-Emergency 928-347-5114  
Emergency Dial 911  
Emergency services.

### **Beaver Dam Police Department**

920-887-0791 ext. 11  
Dispatch: 920-386-3726 ext 8

### **Mohave County Sheriff's Office**

700 County Highway 91  
Littlefield, AZ 86432  
Non-Emergency  
928-347-4900  
Emergency Services.



# CHILDREN AND FAMILY SERVICES

## Health Services

### **Mohave County Department of Public Health**

20 S. Colvin St.  
Colorado City, AZ 86021  
928-875-8960

Services provided include Free immunization clinics for Kids and Adults. The other services we offer are listed under the different programs.

## Health Services:

### *Mental Health*

#### **M.I.K.I.D.**

928-753-4354  
[www.mikid.org/](http://www.mikid.org/)

Provides support, education and skill development to families and their children, youth and young adults who are experiencing mental health and behavior changes.

#### **Postpartum Support International Helpline**

1-800-944-4773  
Text in English: 800-944-4773  
Text en Español: 971-203-7773  
<https://postpartum.net/>

The HelpLine will provide you with support and resources. You will be asked to leave a confidential message and a trained and caring volunteer will return your call or text.

In an emergency or crisis situation, call or text 988.

In a non-emergency situation, call or text the HelpLine at 800-944-4773. You never need a diagnosis to ask for help.

Call or text the National #MaternalMentalHealth Hotline at 1-833-TLC-MAMA (1-833-852-6262)

# CHILDREN AND FAMILY SERVICES

## Health Services:

### *Pediatrics*

#### **Canyonlands HealthCare**

3272 E. Rio Virgin Rd.  
Littlefield, AZ 86432  
928-347-5971

Medical Hours Mon.-Fri. 7:30-6:00  
Dental Hours Mon.-Thurs. 8:00-5:00  
Closed for lunch 12:30-1:30,  
Closed Friday

## Nutrition and Food Re

#### **Desert Rose Community Food Bank**

633-643 Pioneer Rd.  
Littlefield, AZ 86432  
928-347-5141

Provide food boxes to families in need.

#### **Salvation Army Family Services**

742 Pioneer Blvd.  
Mesquite, NV 89027  
1-800-SAL-ARMY

Provides rent payment assistance, electric and water utility bill payment assistance, food boxes, sack lunches and personal hygiene items.

#### **WIC Program**

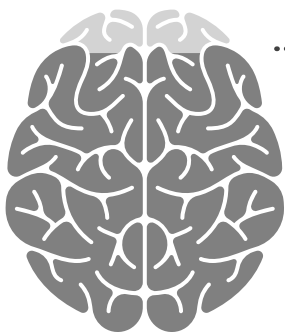
#### **Mohave County Department of Public Health**

Sunrise Children Foundation  
355 W Mesquite Blvd suite d-15  
Mesquite, NV 89027  
702-346-3030

Supplemental healthy foods, nutrition education, referrals to other health services Prenatal-5 years of age qualify.

# Why Early Childhood Matters

From birth to age 5, a child's brain grows more than at any other time in life. And early brain development has a lasting impact on a child's ability to learn and succeed in school and life. The quality of a child's experiences in the first few years of life – positive or negative – helps shape how their brain develops.



## 90%

**of Brain Growth Happens  
Before Kindergarten**

At birth, the average baby's brain is about a quarter of the size of the average adult brain. Incredibly, it doubles in size in the first year. It keeps growing to about 80% of adult size by age 3 and 90% – nearly full grown – by age 5.

The brain is the command center of the human body. A newborn baby has all of the brain cells (neurons) they'll have for the rest of their life, but it's the connections between these cells that really make the brain work. Brain connections enable us to move, think, communicate and do just about everything. The early childhood years are crucial for making these connections. At least one million new neural connections (synapses) are made every second, more than at any other time in life.

The early years are the best opportunity for a child's brain to develop the connections they need to be healthy, capable, successful adults. The connections needed for many important, higher-level abilities like motivation, self-regulation, problem solving and communication are formed in these early years – or not formed. It's much harder for these essential brain connections to be formed later in life.

## NOTES

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

## NOTES

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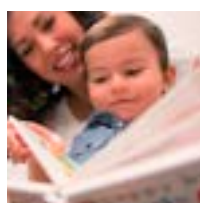
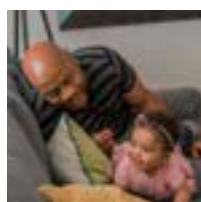
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- Challenging Behaviors
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- General Child Development
- Potty Training/Learning
- Fussiness/Colic
- Parenting

An extension of the Birth to Five Helpline is the Fussy Baby program. This program provides telephone, home visiting and virtual video consultation and support to help families navigate challenges associated with hard-to-soothe infants, excessive crying, sleeping problems and feeding difficulties during their child's first year of life.

**Download the Birth to Five Helpline app!**





## FIRST THINGS FIRST



# Bullhead City Area Resource Guide

Servicing: Fort Mohave, Mohave Valley, Oatman and Topock

**FOR FAMILIES WITH CHILDREN BIRTH TO AGE 5**



**2025-2026**

**## FIRST THINGS FIRST**

## About First Things First

Approved by Arizona voters, First Things First (FTF) works to ensure that your youngest children have access to quality early childhood experiences so they will start school healthy and ready to succeed. Across the state, FTF Regional Partnerships Councils — in collaboration with local leaders — identify the education and health needs of children birth through age 5 in their communities and fund strategies to address those needs.

**Phone:** 928-854-8732

**Address:** 1940 Mesquite Avenue Suite E  
Lake Havasu City, AZ 86403

**Website:** [www.FirstThingsFirst.org](http://www.FirstThingsFirst.org)  
[FirstThingsFirst.org/Regions/La-Paz-Mohave/](http://FirstThingsFirst.org/Regions/La-Paz-Mohave/)



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# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### **Arizona Department of Economic Security (AZDES)**

2601 Hwy 95  
Bullhead City, AZ 86442  
928-704-7776  
<https://des.az.gov/>

**Basic Needs:** Adult Protections Services, Food Assistance, Medical Assistance ([www.healthearizonaplus.gov](http://www.healthearizonaplus.gov)), Refugee Resettlement, Shelter and Housing

**Child and Family:** Cash Assistance, Child Care, Child Support Services, Community Resources

**Disabilities:** Developmental Disabilities, Early Intervention, Achieving a better life experience

**Employment:** Job Seekers, Reentry Services, Employer Resources, Apprenticeship, Unemployment-Employer, Senior Community Service Program, Veterans, Workforce Innovation and Opportunity Act, Eligible Training Provider List.

**Older Adults:** Home and Community Based Services, Healthy Living, Medicare Assistance, Legal Services Assistance, Family Caregiver Support, LongTerm Care Ombudsman, Aging Publications, World Elder Abuse Awareness Day Conference

### **APS Crisis Bill Assistance Program WACOG**

928-753-6247

Provides utility assistance. They offer other services ranging from weatherization of homes to cut energy cost to rental assistance on a case by case basis.

### **CASA Council Helping Children of Mohave County/La Paz County**

Beverly Siemens  
Board President  
530-632-5567  
[casasupport.org](http://casasupport.org)

CASA Council is a 501(c)(3) non-profit organization, which is a foundation that raises money to benefit the unmet needs of children in out-of-home care (foster care, relative placements, and In-Home Services).

# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### Community Legal Services

2701 E. Andy Devine, Suite 400  
Kingman, AZ 86401  
928-681-1177  
1-800-255-9031  
TTY: Arizona Relay: 711  
FAX: 928-681-5998  
Email: [infomoco@clsaz.org](mailto:infomoco@clsaz.org)

\* Applications for services in Mohave and La Paz Counties are completed via the Kingman office.

Community Legal Services (CLS) is dedicated to providing legal assistance, advice or representation, self-help materials and legal education so people can know their rights. We focus on helping survivors of domestic violence; assisting victims of consumer fraud and abuse, protecting tenants from unlawful/unfair practices by landlords, foreclosures, legal problems affecting agricultural workers, wage claims and other employment matters, and federal and state programs affecting peoples' health and economic stability.

### River Cities United Way

Main: 928-855-6333  
Alt.: 928-683-4270  
Helping Businesses and individuals with rent utilities, and various needs.

### Social Security Office

1502 Bailey Ave.  
Needles, CA 92363  
800-772-1213  
Obtain social security cards, name change, social security benefits.

# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### The River Fund- Bullhead City Office

1343 Hancock Road  
Bullhead City, AZ 86442  
928-704-0039

Monday - Friday: 9:00 AM to 1:00 PM

Services include, but are not limited to:

- Utility bills/deposits;
- Appliance repair/replacement;
- Disaster relief (partial or complete destruction of dwelling);
- Transportation/vehicle repairs;
- Rent and Mortgage payments;
- Medical bills (office visit co-pays, prescriptions, COBRA payments, transportation, medical equipment, and other medical-related issues or needs;
- Temporary housing;
- An unexpected loss of living expenses;
- Legal document replacement; and
- Other major hardships on a case-by-case basis.

### WestCare Safe House

928-201-5136

WestCare Safe House is a domestic violence service near Bullhead City, AZ providing help for people dealing with domestic abuse.

## Birth to Five Resources:

### *Breastfeeding Resources*

### Arizona 24/7 Breastfeeding Hotline

1-800-307-4231

### La Leche League

1-877-452-5324

<https://llusa.org/>

### Pregnancy and Breastfeeding Hotline

1-800-833-4642

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Child Care Resources*

#### **Child Care Resource & Referral Child and Family Resources, Inc.**

1-800-308-9000

[www.azccrr.com](http://www.azccrr.com)

M-F 8:00 AM - 6:00 PM,

Sat 8:00 AM - 12:00 PM

Child Care Information Line:

1-800-308-9000

Child Care Resource & Referral, CCR&R, is a statewide program of Child & Family Resources, Inc. Funding is provided by the Arizona Department of Economic Security's Child Care Administration through federal Child Care Development Block Grant funds. Staff provides referrals to families including but not limited to: child care, financial assistance, housing/utility assistance. Staff also provides consumer education on the different types of childcare options in the state & how to make the best option for your child and family.

## Birth to Five Resources:

### *Home Visitation*

#### **Health Start Program Mohave County Department of Public Health**

1222 Hancock Road

Bullhead City, AZ 86442

JoBeth Giovanardi

[GiovaJ@mohave.gov](mailto:GiovaJ@mohave.gov)

928-753-0714 ext. 4323

Community home visiting program that collaborates with pregnant women and their families. The goal of Health Start is to give your child and family the best chance of success with a strong support system through education, development, and referrals to community resources.

#### **Healthy Families Program Child and Family Resources, Inc.**

1355 Ramar Rd Ste 10

Bullhead City, AZ 86442

928-753-4410

Jo Harper

[jharper@cfraz.org](mailto:jharper@cfraz.org)

Home visitation program, families can enroll while pre-natal or before the baby turns 3 months old. The program also includes a car seat safety program, assistance with diapers and community based referrals as needed.

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Home Visitation*

#### **High Risk Perinatal Program Mohave County Department of Public Health**

1222 Hancock Road  
Bullhead City, AZ 86442  
JoBeth Giovanardi GiovaJ@  
mohave.gov  
928-753-0714 ext. 4323

Provides free in-home community health nursing services to assist eligible families and their newborns during the transition from the Newborn Intensive Care Unit (NICU) to their home and community. The CHN provides support to the family by providing education and connections to community resources.

Eligibility: Infants who have spent five or more days in the NICU.

## Birth to Five Resources:

### *Other*

#### **Birth to Five Helpline**

1-877-705-KIDS (5437)

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

(see page 27 for more information)

#### **Bullhead City Lion's Club**

928-514-5062

Janis Young

Bullhead City Lions Club serves the areas of Bullhead City, Fort Mohave, Mohave Valley, Topock, AZ; Laughlin, NV, Needles, CA with eye exams and glasses. The club also provides vision screening for children 2 yrs to 14 years of age in all the public, private & charter schools. We often will vision screen at local health fairs to address any need for homeschooled children.

#### **Lantern**

*(Formerly Bright By Text)*

Text "ARIZONAPBS" to 274448

[www.azpbs.org/kidstext](http://www.azpbs.org/kidstext)

Bright by Text is a free program for parents and caregivers that sends tips and resources promoting child development, targeted to a child's age from prenatal to 11 years old, right to their cell phone.



# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Other*

#### **Family Support Coordination Parenting Arizona**

Hanany Topete  
602-684-1192

Chicanos Por La Causa/Parenting Arizona's Family Support Coordination program supports families with children age birth to 5. Our goal is to assist them in understanding, accessing, and navigating services that promote family well-being by engaging families and connecting them with community resources. Family Support Coordinators provide guidance, advocacy, and coordination throughout the process. Our aim is to refer families to timely and essential services, fostering family well-being and self-sufficiency.

#### **First Things First**

1940 Mesquite Ave Suite E  
Lake Havasu City, AZ 86403  
928-854-8732  
[www.FirstThingsFirst.org](http://www.FirstThingsFirst.org)

Local region covers Mohave and La Paz County

First Things First is Arizona's early childhood agency, with programs and resources to support great childhoods. By focusing on the first five years, we are making a difference in the lives of young children, their families and our communities. Quality early learning and child care are essential for stronger, healthier families and for the economic future of Arizona.

## Child Care Centers

#### **Bullhead City School District (BCSD) #15 - Early Learning Center**

1820 Lakeside Dr.  
Bullhead City, AZ 86442  
928-758-4909

Child care center serving children birth to the age of five. Accepts DES subsidy.

#### **Discovery Learning Center and Child Care**

1895 Lakeside Dr.  
Bullhead City, AZ 86442  
928-763-3290

Child Care Center accepting children 1 to 12. Accepts DES subsidy.

# CHILDREN AND FAMILY SERVICES

## Child Care Centers

### Little Scooters Preschool

2750 Miracle Mile Blvd.

Bullhead City, AZ 86442

928-758-2282

Open 6am.-6pm.

Provides preschool services to families with children ages Birth-12 years old. Accepts DES subsidy.

### Little Treasures

1373 Baseline Rd,

Bullhead City, AZ 86442

928-758-3151

Newborn through 12. Accepts DES

### New Day School

1837 Joy Ln.

Fort Mohave, AZ 86426

928-768-6465

Open 6am.-6pm. Closed Sat. & Sun.

Providing preschool services to families with children ages 2-5 years old. Accepts DES subsidy.

### New Day School Bullhead

1380 Riverview Dr

Bullhead City, AZ 86442

928-763-1115

Child Care center taking children 1 to 12 years of age. Accepts DES subsidy.

### Stepping Stones Preschool

863 Airpark Dr.

Bullhead City, AZ 86429

928-754-2221

Ages 0-12 Years

Open 5 a.m.-12a.m. Full time / Drop In

Site offers daycare, early learning and extended childcare services for children. Individual learning styles and growth paces are supported to ensure proper stimulation for development. Theme-based curriculum includes arts & crafts, dramatic play, games, sensory exploration and outdoor time. Learning centers encourage hands-on experimentation. Accepts DES subsidy.

### Tiny T Birds @Mohave High School

2251 HW-95

Bullhead City, AZ 86442

928-758-3916

Serving families with children ages 1 to 5 years old. Accepts DES subsidy.

# CHILDREN AND FAMILY SERVICES

## Disabilities & Special Needs Resources

### **Arizona Center for Disability Law, Inc**

<https://www.azdisabilitylaw.org>

### **Arizona Early Intervention Program (AZEIP)**

#### **Root For Kids**

A statewide system of services and supports for families of infants and toddlers, birth to three years of age, with delays or disabilities. AzEIP provides eligible children and their families access to services to support the child's development through in-home individualized parent education and support. AzEIP has service-providing agencies located in your area.

For more information or to make a referral, visit the website - [bit.ly/3S6GK4I](https://bit.ly/3S6GK4I) or make a referral by calling 888-592-0140

For questions or to check the status of the referral call 602-532-9960

### **Encircle Families**

*(Formerly Raising Special Kids)*

5025 E. Washington St. Ste. 204  
Phoenix, AZ 85034  
[www.raisingpecialkids.org](http://www.raisingpecialkids.org)  
602-242-4366

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

### **Essential Therapy Solutions**

2020 Silver Creek Dr, Ste. D102  
Bullhead City, AZ 86442  
480-677-3349  
<https://www.etherapyaz.com>

Essential Therapy Solutions offers various services and programs in both home and clinic settings. Essential Therapy Solutions contracts with AzEIP to help children birth to 3 years of age and with the Division of Developmental Disabilities (DDD) for children and some adults 3+ years. We also accept families with insurance as well as cash pay. The services we provide are Speech Therapy, Occupational Therapy, Physical Therapy, Feeding Therapy, Service Coordination, Developmental Instruction and Telehealth.

# CHILDREN AND FAMILY SERVICES

## Early Intervention Information

### What is Early Intervention?

Early Intervention is specialized support for infants and toddlers (birth to age 3) who have or may be at risk for developmental delays. It includes services like speech therapy, physical therapy and developmental support to help children reach important milestones.

### Why is Early Intervention Important?

Early support can improve a child's growth, learning and future success. It helps children become more independent, improves school readiness and may reduce long-term therapy costs.

### What Can I Do if I Have Concerns?

**Talk to your child's pediatrician** – Don't wait! Early action makes a difference.

**Check developmental milestones** – Use the CDC Milestone Tracker App (free on iOS & Android) or search CDC Milestone Checklist online.

**Request a developmental screening** – Ask your doctor or complete a free Ages & Stages Questionnaire (ASQ)

<https://www.firstthingsfirst.org/resources/ages-and-stages/>

**Get an evaluation** – See more info below.

---

### How do I get my child evaluated?

#### **If your child is Birth to Age 3:**

Contact the Arizona Early Intervention Program where you can refer your child for evaluation. Scan the QR Code for more information.



#### **If your child is age 3 to 21:**

Contact your local school district to learn about Child Find events or request an evaluation. With parent permission, a home visitor, child care provider, teacher or healthcare provider can also refer the child for evaluation. Scan the QR Code for more information.



# # FIRST THINGS FIRST Ages & Stages

Available in  
English and  
Spanish



From the day your child is born, understanding how they play, learn, speak, act and move offers important clues about your child's development. While all children develop differently, it helps to know if your child is meeting typical milestones at different ages and stages and how you can support their healthy development. Understand what's happening at different stages of your child's life and how you can help them learn and grow.

**VISIT** [FirstThingsFirst.org/AgesAndStages](https://www.FirstThingsFirst.org/AgesAndStages)

# CHILDREN AND FAMILY SERVICES

## Education

### **Bullhead City School District #15**

1004 Hancock Rd. STE 101  
Bullhead City, AZ 86442  
928-758-3691

Bullhead City School District is home to three elementary schools, one middle school, one junior high, and a dedicated preschool-and-alternative-education program. We serve approximately 2500 students, from preschool through eighth grade, and offer programs designed specifically for students with gifted or special needs. Please take some time to browse these pages to learn more about our incredible schools and programs. Serves preschool-8th Grade.

### **Desert Star Academy**

5599 HWY 95  
Bullhead City, AZ 86426  
928-788-3987

Providing preschool services for families with children 3-12 years old. Open at 8am.-5pm.

### **Diamondback Elementary/Preschool**

2550 Tesota Way  
Bullhead City, AZ 86442  
928-758-6858

Preschool taking 4 year olds. Program is at no cost to families that qualify for a Title 1 Grant.

### **Coyote Canyon Early Childhood Special Education**

1820 Lakeside Dr.  
Bullhead City AZ 86442  
928-758-8858

Early Childhood Special Education is a state and federally mandated program for children aged 3-5 who meet state eligibility criteria because they are experiencing developmental delays. School districts and other public agencies are responsible for locating, identifying, and evaluating eligible children and for offering a free appropriate public education (FAPE). Eligible children are entitled to a FAPE at no cost to the family with programming designed to help children meet challenging objectives alongside their typically developing peers. When a delay is suspected, or children are not meeting milestones, local school districts offer Child Find services, providing screening, and if needed, evaluation services to determine eligibility.

Accepts DES subsidy.

### **Fort Mojave Elementary**

1760 Joy Ln  
Fort Mohave, AZ 86426  
928-769-3986

Preschool serving ages 3 to 5 years.

# CHILDREN AND FAMILY SERVICES

## Education

### **Mohave Accelerated Learning Center/Preschool**

625 Marina Blvd  
Bullhead City, AZ 86442  
928-704-9345

The school serves children kindergarten through age 12 with a rigorous and accelerated academic program designed to prepare them for college and career success, the school proudly features an on-campus preschool for 4- and 5-year-olds.

### **Mohave Valley School District**

8450 S. Olive Ave.  
Mohave Valley, AZ 86440  
928-768-2507  
[info@mvdistrict.net](mailto:info@mvdistrict.net)

Comprised of Fort Mojave Elementary (serving students in grades PK-2), Camp Mohave Elementary (serving students in grades 3-5), and Mohave Valley Junior High (serving students in grades 6-8), the Mohave Valley School District serves about 1,200 students. Students have access to a wide variety of services and activities, including special education services, after-school extra-curricular and intramural sports programs, and access to updated technology in every classroom on all three campuses.

### **Sunrise Elementary/Preschool**

2645 Landon Dr.  
Bullhead City, AZ 86429  
928-219-3004

Preschool serving ages 3 to 5 years.

### **Topock Elementary School District/Preschool**

5083 Tule Dr.  
Topock, AZ 86436  
928-768-3344

Serving Families Pre-k through 6th grade. Preschool accepts children ages 3 to 5 years old.

# CHILDREN AND FAMILY SERVICES

## Education

### **WACOG Head Start Bullhead City**

1055 Marina Blvd.  
Bullhead City, AZ 86442  
928-758-3334

Center based early childhood development program. Eligibility Requirements: Income guidelines and age (3 & 4 years old by August 31). Priority to children with disabilities, homeless, foster children, lowest income.

### **WACOG Head Start Mohave Valley**

1425 E. Willow Dr.  
Mohave Valley, AZ 86440  
928-768-1090

Center based early childhood development program. Eligibility Requirements: Income guidelines and age (3 & 4 years old by August 31). Priority to children with disabilities, homeless, foster children, lowest income.

### **Young Scholars Academy**

1501 Valencia Rd.  
Bullhead City, AZ 86426  
928-704-1100

Open 8a.m.-4p.m.

Provides services to families with children 3-12 years old.

## Emergency/Non-Emergency

### **Arizona Department of Child Safety**

2440 Adobe Rd. Ste. 110  
Bullhead City, AZ 86442  
928-704-5880

Child Abuse Hotline  
1-888-767-2445

### **AZ Statewide Crisis Line**

1-844-534-4673 or 1-844-534-HOPE

### **Bullhead City Fire Department Administration Office Station #1**

1260 Hancock Rd.  
Bullhead City, AZ 86442  
928-758-3971  
Non-emergency Dispatch  
928-763-1999

Emergency Services.

Car seat classes. Call for more information.

### **Bullhead City Police Department**

1255 Marina Blvd.  
Bullhead City, AZ 86442  
928-763-9200  
Non-Emergency Dispatch  
928-763-1999  
Non-emergency Dispatch  
Emergency Services.



# CHILDREN AND FAMILY SERVICES

## Emergency/Non-Emergency

### Golden Shores Fire Department

12950 Oatman-Topock Hwy,  
Topock, AZ 86436  
928-768-4546  
Emergency services.

### Mohave County Sheriff's Office

9880 Vanderslice Rd.  
Mohave Valley, AZ 86440  
928-768-7055  
The Sheriff's office duty is to serve the Civil Processes and legal documents originating from Arizona Superior Courts, Justice Courts; attorneys, private individuals and out of state entities needing service in Mohave County. Seventy-five members of the Sheriff's office assist the Sheriff by carrying out search and rescue missions and other duties.

## Health Services

### Community Health Outreach Workers

#### River Cities United Way

Main: 928-855-6333  
Community Health Outreach Workers will work closely with medical providers, primary care teams, and other agencies to improve patient care and outcomes.

### Mohave County Health Department

1222 Hancock Road  
Bullhead City, AZ 86442  
928-758-0722  
Family Planning Clinics, Environmental Health Programs, Mental Health Services, Nutrition Programs, Vaccination Programs, Woman, Infant and Children Program (WIC), Women's Health Programs.  
Birth & Death Certificates, Vital Records, Flu & Pneumonia Shots, HIV & STD testing, Laboratory Services.

## Health Services

### Dental

### Just 4 Kids Dentistry

2580 AZ-95 #101  
Bullhead City, AZ 86442  
928-758-9464  
Pediatric dental provider.

### Wild West Kids Dental

2401 Miracle Mile  
Bullhead City, AZ 86442  
928-704-5573  
Pediatric dental provider.

# CHILDREN AND FAMILY SERVICES

## Health Services:

### *Mental Health*

#### **Mohave Mental Health Children's Clinic**

2580 HWY 95 Suite 209  
Bullhead City, AZ 86442  
928-757-8111  
[www.mmhc-inc.org](http://www.mmhc-inc.org)

Outpatient clinics offer a full array of behavioral health services to both children and adults. Services may include assessment, psychiatric interventions, therapy and counseling (provided in individual, family, and groups), medication, residential or inpatient programs, case management, vocational services, and living skills training. Other supportive services, such as peer support services, health promotion, and family support services are also offered, geared towards helping individuals and families develop additional self-awareness and specialized recovery skills to improve independent functioning and quality of life. All services are provided by qualified behavioral health staff and are driven by a service plan developed by the client and the client's child and family team or adult recovery team.

#### **M.I.K.I.D. - Bullhead**

810 Gemstone Ave.  
Bullhead City, AZ 86442  
928-753-4354  
[bullhead@mikid.org](mailto:bullhead@mikid.org)  
<https://www.mikid.org/>

Provides support, education, and skill development to families and their children, youth, and young adults who are experiencing mental health and behavior changes.

Eligibility: AHCCCS, Mercy Care, Care First or other State insurance.

#### **Postpartum Support International Helpline**

Call/Text in English:  
1-800-944-4773  
Text en Español: 971-203-7773  
<https://postpartum.net/>

The HelpLine will provide you with support and resources. You will be asked to leave a confidential message and a trained and caring volunteer will return your call or text.

In an emergency or crisis situation, call or text 988.

In a non-emergency situation, call or text the HelpLine at 800-944-4773. You never need a diagnosis to ask for help.

Call or text the National  
#MaternalMentalHealth Hotline at  
1-833-TLC-MAMA (1-833-852-6262)

# CHILDREN AND FAMILY SERVICES

## Health Services:

*Mental Health*

### Southwest Behavioral Health Outpatient Clinic

2580 HWY 95 Suite 119  
Bullhead City, AZ 86442  
928-763-7776  
www.sbhservices.org  
Mon-Fri 8am-7pm

Services provided: Individual, Group  
and Family Counseling, Medication  
Services, Psychiatric Care, Skills  
Training, Case Management,  
Vocational Services, DUI Education,  
and DV Education.

## Health Services

*Pediatrics*

### Children's Medical Center

Dr. Naila Tariq  
1225 Hancock Road #B  
Bullhead City, AZ 86442  
928-758-0183  
Pediatric Services.

### Colorado River Pediatrics

Dr. Barton  
NP Theresa Marin  
1611 Joy Lane #2  
Fort Mohave, AZ 86426  
928-788-8000  
Pediatric Services.

## Health Services:

*Pediatrics*

### Tiny Tots Pediatric

Dr. Marilou Reyes  
2585 Miracle Mile #124  
Bullhead City, AZ 86442  
928-763-7020  
Pediatric Services.

## Health Services:

*FQHC*

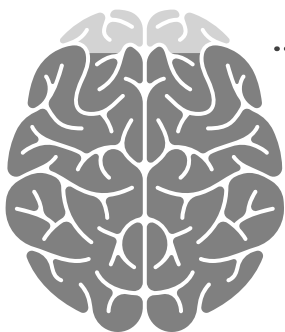
*(Federally Qualified Health Centers are  
outpatient clinics that serve rural areas)*

### North Country Healthcare

2585 Miracle Mile Ste. 116  
Bullhead City, AZ 86442  
928-704-1221  
Provides family practice clinic,  
well-woman exams, well-baby  
checkups, immunizations and  
referrals to necessary specialists.

# Why Early Childhood Matters

From birth to age 5, a child's brain grows more than at any other time in life. And early brain development has a lasting impact on a child's ability to learn and succeed in school and life. The quality of a child's experiences in the first few years of life – positive or negative – helps shape how their brain develops.



## 90%

**of Brain Growth Happens  
Before Kindergarten**

At birth, the average baby's brain is about a quarter of the size of the average adult brain. Incredibly, it doubles in size in the first year. It keeps growing to about 80% of adult size by age 3 and 90% – nearly full grown – by age 5.

The brain is the command center of the human body. A newborn baby has all of the brain cells (neurons) they'll have for the rest of their life, but it's the connections between these cells that really make the brain work. Brain connections enable us to move, think, communicate and do just about everything. The early childhood years are crucial for making these connections. At least one million new neural connections (synapses) are made every second, more than at any other time in life.

The early years are the best opportunity for a child's brain to develop the connections they need to be healthy, capable, successful adults. The connections needed for many important, higher-level abilities like motivation, self-regulation, problem solving and communication are formed in these early years – or not formed. It's much harder for these essential brain connections to be formed later in life.

# CHILDREN AND FAMILY SERVICES

## Libraries

### **Mohave County Library- Bullhead**

1170 Hancock Rd.  
Bullhead City, AZ 86442  
928-758-0714  
Open 9:00 a.m. to 6:00 p.m.  
Monday-Saturday

### **Mohave County Library- Ft. Mohave**

5902 AZ-95 #102  
Fort Mohave, AZ 85426  
928-768-1151  
Open 11:00 a.m. to 4:00 p.m.  
Tuesday-Saturday

### **Mohave County Library- Golden Shores/Topock Community**

13136 S. Golden Shores Parkway  
Topock, AZ 86436  
928-768-2235  
Open Tues, Thurs, Sat  
9:00 a.m. to 1:00 p.m.  
Open Wednesdays  
2:00 p.m. to 5:00 p.m.  
Library loans books, e-books, audio  
books, videotapes, CDs and DVDs.

## Nutrition and Food Resources

### **Bullhead City Food Bank**

590 Hancock Rd.  
Bullhead City, AZ 86442  
928-758-7717 (behind church)  
Provides emergency food boxes  
and clothes to families in need.

### **Salvation Army Family Services**

1461 Palma Rd.  
Bullhead City, AZ 86442  
928-758-3141  
Provides food boxes and baby  
formula to people in need in the  
Bullhead City, AZ and Laughlin, NV  
area.

### **WIC Program Mohave County Department of Public Health**

1222 Hancock Road  
Bullhead City, AZ 86442  
928-758-0722  
Supplemental healthy foods,  
nutrition education, referrals to  
health services Prenatal-5 years of  
age qualify.

## NOTES

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[www.swhd.org](http://www.swhd.org)

*"Nothing Out of the Question"*  
*"Toda Pregunta es Buena"*

**1-877-705-KIDS (5437)**

**Call the Helpline to speak with an early childhood specialist, on duty Mon-Fri. 8:00 a.m. to 8:00 p.m.**

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

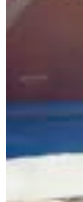
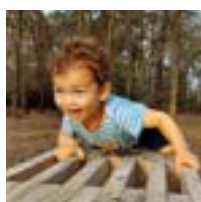
**Topics addressed include but not limited to:**

- Sleep
- Health and Nutrition
- Safety
- Challenging Behaviors
- Feeding and Eating
- General Child Development
- Potty Training/Learning
- Fussiness/Colic
- Parenting

An extension of the Birth to Five Helpline is the Fussy Baby program. This program provides telephone, home visiting and virtual video consultation and support to help families navigate challenges associated with hard-to-soothe infants, excessive crying, sleeping problems and feeding difficulties during their child's first year of life.

**Download the Birth to Five Helpline app!**





## FIRST THINGS FIRST

# Colorado City Area Resource Guide

Servicing: Centennial Park and Cane Beds

FOR FAMILIES WITH CHILDREN BIRTH TO AGE 5



2025-2026

## About First Things First

Approved by Arizona voters, First Things First (FTF) works to ensure that your youngest children have access to quality early childhood experiences so they will start school healthy and ready to succeed. Across the state, FTF Regional Partnerships Councils — in collaboration with local leaders — identify the education and health needs of children birth through age 5 in their communities and fund strategies to address those needs.

**Phone:** 928-854-8732

**Address:** 1940 Mesquite Avenue Suite E  
Lake Havasu City, AZ 86403

**Website:** [www.FirstThingsFirst.org](http://www.FirstThingsFirst.org)  
[FirstThingsFirst.org/Regions/La-Paz-Mohave/](http://FirstThingsFirst.org/Regions/La-Paz-Mohave/)



Scan here to view the  
most recent version  
of this guide

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## Disclaimer

The listing of private companies and services in this guide is not an endorsement or recommendation of those companies or their services by First Things First. First Things First is not responsible or liable for your use of these companies and services. The publishers have taken every reasonable measure to ensure the information in this resource guide is accurate. In the event any information is inaccurate, the publishers assume no liability for damages incurred directly or indirectly as a result of incomplete, incorrect or omitted information. Inclusion of the agency in this directory does not constitute an endorsement of the agency nor their services. If you identify information that is incorrect, please notify First Things First, La Paz/Mohave regional office at 928-854-8732.

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# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### Arizona Department of Economic Security (AZDES)

1057 Vista Ave.  
Page, AZ 86040  
928-645-8131  
<https://des.az.gov/>

**Basic Needs:** Adult Protections Services, Food Assistance, Medical Assistance ([www.healthearizonaplus.gov](http://www.healthearizonaplus.gov)), Refugee Resettlement, Shelter and Housing

**Child and Family:** Cash Assistance, Child Care, Child Support Services, Community Resources

**Disabilities:** Developmental Disabilities, Early Intervention, Achieving a better life experience

**Employment:** Job Seekers, Reentry Services, Employer Resources, Apprenticeship, Unemployment-Employer, Senior Community Service Program, Veterans, Workforce Innovation and Opportunity Act, Eligible Training Provider List.

**Older Adults:** Home and Community Based Services, Healthy Living, Medicare Assistance, Legal Services Assistance, Family Caregiver Support, LongTerm Care Ombudsman, Aging Publications, World Elder Abuse Awareness Day Conference

### APS Crisis Bill Assistance Program WACOG

928-753-6247

Provides utility assistance. They offer other services ranging from weatherization of homes to cut energy cost to rental assistance on a case by case basis.

### CASA Council Helping Children of Mohave County/La Paz County

Beverly Siemens  
Board President  
530-632-5567  
[casasupport.org](http://casasupport.org)

CASA Council is a 501(c)(3) non-profit organization, which is a foundation that raises money to benefit the unmet needs of children in out-of-home care (foster care, relative placements, and In-Home Services).



# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### Community Legal Services

2701 E. Andy Devine, Suite 400  
Kingman, AZ 86401  
928-681-1177  
1-800-255-9031  
TTY: Arizona Relay: 711  
FAX: 928-681-5998  
Email: [infomoco@clsaz.org](mailto:infomoco@clsaz.org)

\* Applications for services in Mohave and La Paz Counties are completed via the Kingman office.

Community Legal Services (CLS) is dedicated to providing legal assistance, advice or representation, self-help materials and legal education so people can know their rights. We focus on helping survivors of domestic violence; assisting victims of consumer fraud and abuse, protecting tenants from unlawful/unfair practices by landlords, foreclosures, legal problems affecting agricultural workers, wage claims and other employment matters, and federal and state programs affecting peoples' health and economic stability.

### Cherish Families

280 W. Township Ave.  
Colorado City, AZ 86021  
Amanda Knudson  
928-875-0969  
[cherishfamilies.org/](http://cherishfamilies.org/)  
[aknudson@cherishfamilies.org](mailto:aknudson@cherishfamilies.org)  
Cherish Families provides food, clothing, hygienic and other needs for individuals from polygamous families or people from communities who are in crisis. In addition, we work with clients to set up long term supports to help provide for basic needs while moving toward stabilization. For information on basic needs contact us here.

### Salvation Army Family Services - St. George

803 S. Bluff St.  
St. George, UT 84770  
435-275-4975  
Provides food, clothing, and utility payment assistance to people in need.

### Social Security Office

1091 N Bluff St #1100  
St. George, UT 84770  
800-772-1213  
Obtain social security cards, name change, social security benefits.

# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### Short Creek Dream Center

980 W. Field Ave.  
Hilldale, UT 84784  
435-619-4294  
[www.shortcreekdreamcenter.org/](http://www.shortcreekdreamcenter.org/)  
[konstance@shortcreekdreamcenter.org](mailto:konstance@shortcreekdreamcenter.org)

The Short Creek Dream Center exists to serve the twin towns of Hilldale and Colorado City as they continue to grow, heal, and transform.

From transitional housing, recovery, community outreach and helping combat the effects of poverty, the Dream Center exists to help find and fill the needs of the Short Creek Community and beyond.

## Birth to Five Resources:

### *Child Care Resources*

### Child Care Resource & Referral Child and Family Resources, Inc.

1-800-308-9000  
[www.azccrr.com](http://www.azccrr.com)  
M-F 8:00 AM - 6:00 PM,  
Sat 8:00 AM - 12:00 PM  
Child Care Information Line:  
1-800-308-9000

Child Care Resource & Referral, CCR&R, is a statewide program of Child & Family Resources, Inc. Funding is provided by the Arizona Department of Economic Security's Child Care Administration through federal Child Care Development Block Grant funds. Staff provides referrals to families including but not limited to: child care, financial assistance, housing/utility assistance. Staff also provides consumer education on the different types of childcare options in the state & how to make the best option for your child and family.

## Birth to Five Resources:

### *Breastfeeding Resources*

### Arizona 24/7 Breastfeeding Hotline

1-800-307-4231

### La Leche League

1-877-452-5324  
<https://llusa.org/>

### Pregnancy and Breastfeeding Hotline

1-800-833-4642

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Home Visitation*

#### **Health Start Program Mohave County Department of Public Health**

JoBeth Giovanardi  
GiovaJ@mohave.gov  
928-753-0714 ext. 4323

Community home visiting program that collaborates with pregnant women and their families. The goal of Health Start is to give your child and family the best chance of success with a strong support system through education, development, and referrals to community resources. Health Start enrollment eligibility is prenatal women and families with children up to the age of 2 years old.

#### **Healthy Families Program & Parents As Teachers Child and Family Resources, Inc.**

60 Township Ave.  
Colorado City, AZ 86021  
Jo Harper  
jharper@cfraz.org  
928-753-4410

Home visitation programs, families can enroll while prenatal to five years old. The programs also includes a car seat safety program, assistance with diapers and community based referrals as needed.

#### **High Risk Perinatal Program Mohave County Department of Public Health**

JoBeth Giovanardi  
GiovaJ@mohave.gov  
928-753-0714 ext. 4323

Provides free in-home community health nursing services to assist eligible families and their newborns during the transition from the Newborn Intensive Care Unit (NICU) to their home and community. The CHN provides support to the family by providing education and connections to community resources.

Eligibility: Infants who have spent five or more days in the NICU.

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Other*

#### **Birth to Five Helpline**

1-877-705-KIDS (5437)

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

(see page 23 for more information)

#### **Family Support Coordination Root For Kids**

St. George Office  
2044 Mesa Palms Dr  
St. George, UT 84770  
435-673-5353  
[www.rootforkids.org](http://www.rootforkids.org)

The Root For Kids Family Support Coordinator partners with families to assist with locating community support agencies that provide needed community services. The Family Support Coordinator completes the Protective Factors Survey with each family. During the survey, the Family Support Coordinator learns about the unique needs of each family, develops a service plan and provides information about the community resources that can address family's concerns. The Family Support Coordinator assists the family in following through with obtaining these resources to allow for success in achieving the goals of the service plan.

#### **First Things First**

1940 Mesquite Ave Suite E  
Lake Havasu City, AZ 86403  
928-854-8732  
[www.FirstThingsFirst.org](http://www.FirstThingsFirst.org)

Local region covers Mohave and La Paz County

First Things First is Arizona's early childhood agency, with programs and resources to support great childhoods. By focusing on the first five years, we are making a difference in the lives of young children, their families and our communities. Quality early learning and child care are essential for stronger, healthier families and for the economic future of Arizona.

#### **Lantern**

*(Formerly Bright By Text)*

Text "ARIZONAPBS" to 274448  
[www.azpbs.org/kidstext](http://www.azpbs.org/kidstext)

Bright by Text is a free program for parents and caregivers that sends tips and resources promoting child development, targeted to a child's age from prenatal to 11 years old, right to their cell phone.

# CHILDREN AND FAMILY SERVICES

## Disabilities & Special Needs Resources

### **Arizona Center for Disability Law, Inc**

<https://www.azdisabilitylaw.org>

### **Arizona Early Intervention Program (AZEIP)**

A statewide system of services and supports for families of infants and toddlers, birth to three years of age, with delays or disabilities. AZEIP provides eligible children and their families access to services to support the child's development through in-home individualized parent education and support. AZEIP has service-providing agencies located in your area.

For more information or to make a referral, visit the website - [bit.ly/3S6GK4I](https://bit.ly/3S6GK4I)

or make a referral by calling 888-592-0140

For questions or to check the status of the referral call 602-532-9960

### **Autism Courage Foundation**

180 W. Wilkins St.

Colorado City, AZ 86021

435-691-3195

[autismcouragefoundation.com/#/](https://autismcouragefoundation.com/#/)  
[autismcouragefoundation@gmail.com](mailto:autismcouragefoundation@gmail.com)

We provide appropriate education and support to individuals of need. We maintain the highest standards of respect, privacy, care and empathy for delayed learners and their providers/caregivers. We network with community members to provide resources, guidance, educational scholarships and gifting that infuse individuals with Hope and Courage to build a fulfilled future.

### **Encircle Families**

*(Formerly Raising Special Kids)*

5025 E. Washington St. Ste. 204

Phoenix, AZ 85034

602-242-4366

[www.raisingpecialkids.org](http://www.raisingpecialkids.org)

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

# CHILDREN AND FAMILY SERVICES

## Early Intervention Information

### What is Early Intervention?

Early Intervention is specialized support for infants and toddlers (birth to age 3) who have or may be at risk for developmental delays. It includes services like speech therapy, physical therapy and developmental support to help children reach important milestones.

### Why is Early Intervention Important?

Early support can improve a child's growth, learning and future success. It helps children become more independent, improves school readiness and may reduce long-term therapy costs.

### What Can I Do if I Have Concerns?

**Talk to your child's pediatrician** – Don't wait! Early action makes a difference.

**Check developmental milestones** – Use the CDC Milestone Tracker App (free on iOS & Android) or search CDC Milestone Checklist online.

**Request a developmental screening** – Ask your doctor or complete a free Ages & Stages Questionnaire (ASQ)  
<https://www.firstthingsfirst.org/resources/ages-and-stages/>

**Get an evaluation** – See more info below.

---

### How do I get my child evaluated?

#### **If your child is Birth to Age 3:**

Contact the Arizona Early Intervention Program where you can refer your child for evaluation. Scan the QR Code for more information.



#### **If your child is age 3 to 21:**

Contact your local school district to learn about Child Find events or request an evaluation. With parent permission, a home visitor, child care provider, teacher or healthcare provider can also refer the child for evaluation. Scan the QR Code for more information.



# # FIRST THINGS FIRST Ages & Stages

Available in  
English and  
Spanish



From the day your child is born, understanding how they play, learn, speak, act and move offers important clues about your child's development. While all children develop differently, it helps to know if your child is meeting typical milestones at different ages and stages and how you can support their healthy development. Understand what's happening at different stages of your child's life and how you can help them learn and grow.

**VISIT** [FirstThingsFirst.org/AgesAndStages](https://www.FirstThingsFirst.org/AgesAndStages)

# CHILDREN AND FAMILY SERVICES

## Education

### **Colorado City Unified School District**

PO Box 309

Colorado City, AZ 86021

435-900-8001

928-875-8066

Serving families from Pre-K through 12th grade

### **Creekside Montessori School**

520 W. Johnson Ave.

Colorado City, AZ 86021

928-614-1641

Margaret Williams

[margaret@creeksideway.com](mailto:margaret@creeksideway.com)

Creating a peaceful community of diverse, respectful, self-motivated, & independent learners.

### **Cottonwood Elementary & Cottonwood Developmental Preschool**

185 East University Ave.

Colorado City, AZ 86021

928-875-9055

Early Childhood Special Education is a state and federally mandated program for children aged 3–5 who meet state eligibility criteria because they are experiencing developmental delays. School districts and other public agencies are responsible for locating, identifying, and evaluating eligible children and for offering a free appropriate public education (FAPE). Eligible children are entitled to a FAPE at no cost to the family with programming designed to help children meet challenging objectives alongside their typically developing peers. When a delay is suspected, or children are not meeting milestones, local school districts offer Child Find services, providing screening, and if needed, evaluation services to determine eligibility.

Accepts DES subsidy.



# CHILDREN AND FAMILY SERVICES

## Education

### **Masada Charter School Early Learning Center Sensory Rich Developmental Preschool**

300 West Woolley, Bldg #B  
PO Box 2277  
Centennial Park, AZ 86021  
928-875-2525  
[www.masadaschool.org](http://www.masadaschool.org)

The vision of Masada Charter School is to 'Unleash the Learning Power of Students'. Our mission is to provide the opportunity for students to develop their learning skills and be motivated to use them continually in their lives through the close involvement of parents and the use of the most current learning technology. These means will lead to comprehensively, literate, self-fulfilled individuals who will benefit the community.

### **Water Canyon Preschool**

250 Newell Ave.  
Hildale, UT 84784  
435-874-1182

Monday and Wednesday (Session 1)  
3 yr olds Room A: 8:10-10:55  
Tuesday and Thursday (Session 2)  
3 yr olds Room A 8:10-10:55  
Monday-Thursday (Session 1)  
4 yr olds Room OEK 8:10-10:55  
Monday-Thursday (Session 2)  
4yr olds Room OEK 11:55-2:40

# CHILDREN AND FAMILY SERVICES

## Emergency/Non-Emergency

### Arizona Department of Child Safety

1057 Vista Ave.  
Page, AZ 86040  
928-608-4245  
Child Abuse Hotline  
1-888-767-2445

### AZ Statewide Crisis Line

1-844-534-4673 or 1-844-534-HOPE

### Colorado City Fire Department

40 S. Pioneer St.  
Colorado City, AZ 86021  
Non-Emergency 928-875-2400  
Emergency Dial 911  
Emergency services.

### Colorado City Police Department

50 N. Colvin St.  
Colorado City, AZ 86021  
Non-Emergency 928-875-9170  
Emergency Dial 911  
Emergency Service

## Health Services

### Heritage Midwifery

1065 N. Hildale St. #941  
Hildale, UT 84784  
P:435-256-8131  
F. 435-256-8931  
Helen Barlow  
heritagecpm@gmail.com  
453-256-8131

Midwives care for low risk pregnant women.

### Hometown Wellness

1070 Hildale St.  
Hildale, UT 84784  
Thiel Cooke  
435-216-5488

Hometown Wellness is a primary care facility serving a wide range of patients.

### Mohave County Department of Public Health

2096 S. Hwy 389  
Colorado City, AZ 86021  
928-753-8675

Services provided include Free immunization clinics for Kids and Adults. The other services we offer are listed under the different programs.

# CHILDREN AND FAMILY SERVICES

## Health Services:

### Mental Health

#### M.I.K.I.D.

928-753-4354

[www.mikid.org/](http://www.mikid.org/)

Provides support, education, and skill development to families and their children, youth, and young adults who are experiencing mental health and behavior changes.

#### Postpartum Support International Helpline

Call/Text in English:

1-800-944-4773

Text en Español: 971-203-7773

<https://postpartum.net/>

The Helpline will provide you with support and resources. You will be asked to leave a confidential message and a trained and caring volunteer will return your call or text.

In an emergency or crisis situation, call or text 988.

In a non-emergency situation, call or text the Helpline at 800-944-4773. You never need a diagnosis to ask for help.

Call or text the National #MaternalMentalHealth Hotline at 1-833-TLC-MAMA (1-833-852-6262)

## Health Services

### FQHC

*(Federally Qualified Health Centers are outpatient clinics that serve rural areas)*

#### Creek Valley Health Clinic

20 S. Colvin St. #418

Colorado City, AZ 86021

P: 435-900-1104

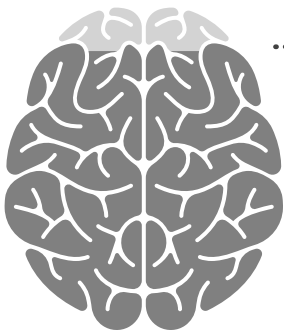
F: 928-875-2499

Creek Valley Health Clinic offers a range of essential healthcare services designed to meet the diverse needs of our community. Our primary care services cover routine medical care, ensuring that individuals receive thorough and precise attention to their general health needs. We specialize in early childhood developmental screening, prioritizing the healthy growth and development of our youngest patients.

Recognizing the critical connection between physical and mental health, Creek Valley Health Clinic integrates behavioral health services seamlessly into our primary care setting. This approach allows us to provide a comprehensive and individualized healthcare experience, addressing a spectrum of health concerns. Whether it's routine check-ups or specialized services, Creek Valley Health Clinic is committed to promoting overall wellness and providing accessible, high-quality healthcare for our community.

# Why Early Childhood Matters

From birth to age 5, a child's brain grows more than at any other time in life. And early brain development has a lasting impact on a child's ability to learn and succeed in school and life. The quality of a child's experiences in the first few years of life – positive or negative – helps shape how their brain develops.



## 90%

**of Brain Growth Happens  
Before Kindergarten**

At birth, the average baby's brain is about a quarter of the size of the average adult brain. Incredibly, it doubles in size in the first year. It keeps growing to about 80% of adult size by age 3 and 90% – nearly full grown – by age 5.

The brain is the command center of the human body. A newborn baby has all of the brain cells (neurons) they'll have for the rest of their life, but it's the connections between these cells that really make the brain work. Brain connections enable us to move, think, communicate and do just about everything. The early childhood years are crucial for making these connections. At least one million new neural connections (synapses) are made every second, more than at any other time in life.

The early years are the best opportunity for a child's brain to develop the connections they need to be healthy, capable, successful adults. The connections needed for many important, higher-level abilities like motivation, self-regulation, problem solving and communication are formed in these early years – or not formed. It's much harder for these essential brain connections to be formed later in life.

# CHILDREN AND FAMILY SERVICES

## Libraries

### **Washington County Library**

440 E. Newel Ave.  
Hildale, UT 84784  
435-874-1341

The Hildale Public Library is dedicated to providing free & equal access to information and knowledge through books, programs, and collaboration with our diverse community. We believe in the freedom to read, to learn, and to discover in a safe environment.

## Nutrition and Food Resources

### **Salvation Army Family Services - St. George**

803 S. Bluff St.  
St. George, UT  
435-275-4975

Provides food, clothing, and utility payment assistance to people in need.

### **Colorado City WIC**

2096 S HWY 389  
Colorado City, AZ 86021  
928-753-8675

Supplemental healthy foods, nutrition education, referrals to other health services Prenatal-5 years of age qualify.

## NOTES

[illegible]

## NOTES

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[www.swhd.org](http://www.swhd.org)

*"Nothing Out of the Question"*  
*"Toda Pregunta es Buena"*

**1-877-705-KIDS (5437)**

**Call the Helpline to speak with an early childhood specialist, on duty Mon-Fri. 8:00 a.m. to 8:00 p.m.**

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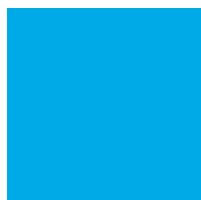
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- Sleep
- Health and Nutrition
- Safety
- Challenging Behaviors
- Feeding and Eating
- General Child Development
- Potty Training/Learning
- Fussiness/Colic
- Parenting

An extension of the Birth to Five Helpline is the Fussy Baby program. This program provides telephone, home visiting and virtual video consultation and support to help families navigate challenges associated with hard-to-soothe infants, excessive crying, sleeping problems and feeding difficulties during their child's first year of life.

**Download the Birth to Five Helpline app!**





## FIRST THINGS FIRST

# Kingman Area Resource Guide

Servicing: Chloride, Dolan Springs, Golden Valley, Hackberry, Temple Bar  
Marina, Truxton, Valentine, Valley Vista, White Hills, Wikieup, and Yucca

**FOR FAMILIES WITH CHILDREN BIRTH TO AGE 5**



**2025-2026**

**## FIRST THINGS FIRST**

## About First Things First

Approved by Arizona voters, First Things First (FTF) works to ensure that your youngest children have access to quality early childhood experiences so they will start school healthy and ready to succeed. Across the state, FTF Regional Partnerships Councils — in collaboration with local leaders — identify the education and health needs of children birth through age 5 in their communities and fund strategies to address those needs.

**Phone:** 928-854-8732

**Address:** 1940 Mesquite Avenue Suite E  
Lake Havasu City, AZ 86403

**Website:** [www.FirstThingsFirst.org](http://www.FirstThingsFirst.org)  
[FirstThingsFirst.org/Regions/La-Paz-Mohave/](http://FirstThingsFirst.org/Regions/La-Paz-Mohave/)



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# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### Arizona Department of Economic Security (AZDES)

2400 Airway Ave.  
Kingman, AZ 86409  
Nutrition, Cash and Medical Assistance  
855-432-7587  
Child Care Assistance  
928-753-6621  
Child Support Assistance  
928-753-5105  
<https://des.az.gov/>

**Basic Needs:** Adult Protections Services, Food Assistance, Medical Assistance ([www.healthearizonaplus.gov](http://www.healthearizonaplus.gov)), Refugee Resettlement, Shelter and Housing

**Child and Family:** Cash Assistance, Child Care, Child Support Services, Community Resources

**Disabilities:** Developmental Disabilities, Early Intervention, Achieving a better life experience

**Older Adults:** Home and Community Based Services, Healthy Living, Medicare Assistance, Legal Services Assistance, Family Caregiver Support, LongTerm Care Ombudsman, Aging Publications, World Elder Abuse Awareness Day Conference

**Employment:** Job Seekers, Reentry Services, Employer Resources, Apprenticeship, Unemployment-Employer, Senior Community Service Program, Veterans, Workforce Innovation and Opportunity Act, Eligible Training Provider List

### APS Crisis Bill Assistance Program WACOG

928-753-6247

Provides utility assistance. They offer other services ranging from weatherization of homes to cut energy cost to rental assistance on a case by case basis.

### CASA Council Helping Children of Mohave County/La Paz County

Beverly Siemens  
Board President  
530-632-5567  
[casasupport.org](http://casasupport.org)

CASA Council is a 501(c)(3) non-profit organization, which is a foundation that raises money to benefit the unmet needs of children in out-of-home care (foster care, relative placements, and In-Home Services).



# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### Community Legal Services

2701 E. Andy Devine, Suite 400

Kingman, AZ 86401

P: 928-681-1177

1-800-255-9031

TTY: Arizona Relay: 711

F: 928-681-5998

Email: [infomoco@clsaz.org](mailto:infomoco@clsaz.org)

Community Legal Services (CLS) is dedicated to providing legal assistance, advice or representation, self-help materials and legal education so people can know their rights. We focus on helping survivors of domestic violence; assisting victims of consumer fraud and abuse, protecting tenants from unlawful/unfair practices by landlords, foreclosures, legal problems affecting agricultural workers, wage claims and other employment matters, and federal and state programs affecting peoples' health and economic stability.

### Cornerstone Mission Project, Inc

3049 Sycamore Ave

Kingman, AZ 86409

928-757-1535

Provides a faith-based resource center for people who are homeless.

Services: Public showers, soup kitchen, housing related coordinated entry

### River Cities United Way

928-855-6333

Helping Businesses and individuals with rent utilities, and various needs.

### Salvation Army

543 E. Andy Devine Ave.

Kingman, AZ 86401

928-718-2600

Provides food, clothing, and utility payment assistance to people in need.

### Social Security Office

1502 Bailey Ave.

Needles, CA 92363

800-772-1213

Obtain social security cards, name change, social security benefits.

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Breastfeeding Resources*

#### **Arizona 24/7 Breastfeeding Hotline**

1-800-307-4231

#### **La Leche League**

1-877-452-5324

<https://llusa.org/>

#### **Pregnancy and Breastfeeding Hotline**

1-800-833-4642

## Birth to Five Resources:

### *Child Care Resources*

#### **Child Care Resource & Referral Child and Family Resources, Inc.**

1-800-308-9000

[www.azccrr.com](http://www.azccrr.com)

M-F 8:00 AM - 6:00 PM,

Sat 8:00 AM - 12:00 PM

Child Care Information Line:

1-800-308-9000

Child Care Resource & Referral, CCR&R, is a statewide program of Child & Family Resources, Inc. Funding is provided by the Arizona Department of Economic Security's Child Care Administration through federal Child Care Development Block Grant funds. Staff provides referrals to families including but not limited to: child care, financial assistance, housing/utility assistance. Staff also provides consumer education on the different types of childcare options in the state & how to make the best option for your child and family.

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Home Visitation*

#### **Health Start Program Mohave County Department of Public Health**

700 W. Beale St.  
Kingman, AZ 86401  
JoBeth Giovanardi  
GiovaJ@mohave.gov  
928-753-0714 ext. 4323

Community home visitation program that collaborates with pregnant women and their families. The goal of Health Start is to give your child and family the best chance of success with a strong support system through education, development, and referrals to community resources.

#### **Healthy Families Program Child and Family Resources, Inc.**

625 E. Beale Street  
Kingman, AZ 86401  
928-753-4410  
Jo Harper  
jharper@cfraz.org  
928-753-4410

Home visitation program, families can enroll while pre-natal or before the baby turns 3 months old. The program also includes a car seat safety program, assistance with diapers and community based referrals as needed.

#### **High Risk Perinatal Program Mohave County Department of Public Health**

700 W. Beale St.  
Kingman, AZ 86401  
JoBeth Giovanardi  
GiovaJ@mohave.gov  
928-753-0714 ext. 4323

Provides free in-home community health nursing services to assist eligible families and their newborns during the transition from the Newborn Intensive Care Unit (NICU) to their home and community. The CHN provides support to the family by providing education and connections to community resources.

Eligibility: Infants who have spent five or more days in the NICU.

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Other*

#### **Advice And Aid Pregnancy Center**

2975 Northern Ave.  
Kingman, AZ 86409  
928-692-1301

[www.pregnancyadviceaid.org](http://www.pregnancyadviceaid.org)

Free pregnancy tests, free ultrasounds for 9-14 weeks, individual pregnancy counseling, post abortion counseling, education and information on options and alternatives, referrals for prenatal and childbirth classes, clothing (0-5 and maternity), diapers, wipes, formula and furniture for mothers and families. Love, Care and Encouragement.

#### **First Things First**

1940 Mesquite Ave Suite E  
Lake Havasu City, AZ 86403  
928-854-8732

[www.FirstThingsFirst.org](http://www.FirstThingsFirst.org)

Local region covers Mohave and La Paz County

First Things First is Arizona's early childhood agency, with programs and resources to support great childhoods. By focusing on the first five years, we are making a difference in the lives of young children, their families and our communities. Quality early learning and child care are essential for stronger, healthier families and for the economic future of Arizona.

#### **Birth to Five Helpline**

1-877-705-KIDS (5437)

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

(see page 27 for more information)

#### **Family Support Coordination Parenting Arizona**

Hanany Topete  
602-684-1192

Chicanos Por La Causa/Parenting Arizona's Family Support Coordination program supports families with children age birth to 5. Our goal is to assist them in understanding, accessing, and navigating services that promote family well-being by engaging families and connecting them with community resources. Family Support Coordinators provide guidance, advocacy, and coordination throughout the process. Our aim is to refer families to timely and essential services, fostering family well-being and self-sufficiency.

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

*Other*

### Lantern

*(Formerly Bright By Text)*

Text "ARIZONAPBS" to 274448  
[www.azpbs.org/kidstext](http://www.azpbs.org/kidstext)

Bright by Text is a free program for parents and caregivers that sends tips and resources promoting child development, targeted to a child's age from prenatal to 11 years old, right to their cell phone.

### Sleep in Heavenly Peace

844-432-2337 x5101  
[shpbeds.org/chapter/az-kingman/](http://shpbeds.org/chapter/az-kingman/)  
Volunteers build beds for children and youth that need them.

## Child Care Centers

### Bright Beginnings Childcare Center

810 Eastern St  
Kingman, AZ 86401  
928-418-0584

Child care center servicing children birth to the age of 12. Accepts DES subsidy.

### Grace Neal Preschool

1730 Kino Ave.  
Kingman, AZ 86409  
928-692-8830

Childcare services birth through 12 years of age. Accepts DES Subsidy.

### Kingman Gingerbread House

4145 N. Bank St.  
Kingman, AZ 86409  
928-757-7977

Childcare services provided for families with infants to school age. Accept DES Subsidy.

### Lily Pad Preschool and Daycare Center

1099 Sunrise Ave.  
Kingman, AZ 86401  
928-718-4482

Center provides services to ages 1 to 12 years of age. Accepts DES Subsidy.

# CHILDREN AND FAMILY SERVICES

## Child Care Centers

### **Little Knights and Ladies Child Development Center, Inc.**

1911 Kino Ave.  
Kingman, AZ 86409  
928-529-5287  
Open 7am.-6pm.

Childcare service for families with children Ages 1-5 years old. Accepts DES subsidy.

### **Little Minnows Learning Center**

3348 Western Ave.  
Kingman, AZ 86409  
928-757-3144  
Open 6am.-8pm.

Childcare services with families with children ages 6 weeks- 12 years old.

### **SLS Family Child Care Provider**

928-733-7836  
Open Monday - Thursday

Local registered child care provider taking children ages 2 and up. Times and availability discussed by appointment only, please call the contact number above.

## Disabilities & Special Needs Resources

### **Arizona Center for Disability Law, Inc**

<https://www.azdisabilitylaw.org>

### **Arizona Early Intervention Program (AZEIP)**

A statewide system of services and supports for families of infants and toddlers, birth to three years of age, with delays or disabilities. AZEIP provides eligible children and their families access to services to support the child's development through in-home individualized parent education and support. AZEIP has service-providing agencies located in your area.

For more information or to make a referral, visit the website - [bit.ly/3S6GK4l](https://bit.ly/3S6GK4l) or make a referral by calling 888-592-0140

For questions or to check the status of the referral call 602-532-9960

# CHILDREN AND FAMILY SERVICES

## Disabilities & Special Needs Resources

### Encircle Families

*(Formerly Raising Special Kids)*

5025 E. Washington St. Ste. 204

Phoenix, AZ 85034

602-242-4366

[www.raisingpecialkids.org](http://www.raisingpecialkids.org)

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

### RISE Services

2519 Airway Ave.

Kingman, AZ 86409

928-753-5889

Provides support services for children, adults and seniors with developmental and physical disabilities.

### Essential Therapy Solutions Clinic

1912 Miami

Kingman, AZ 86401

480-677-3349

<https://www.etherapyaz.com>

Essential Therapy Solutions offers various services and programs in both home and clinic settings.

Essential Therapy Solutions contracts with AzEIP to help children birth to 3 years of age and with the Division of Developmental Disabilities (DDD) for children and some adults 3+ years. We also accept families with insurance as well as cash pay. The services we provide are Speech Therapy, Occupational Therapy, Physical Therapy, Feeding Therapy, Service Coordination, Developmental Instruction and Telehealth.

# CHILDREN AND FAMILY SERVICES

## Early Intervention Information

### What is Early Intervention?

Early Intervention is specialized support for infants and toddlers (birth to age 3) who have or may be at risk for developmental delays. It includes services like speech therapy, physical therapy and developmental support to help children reach important milestones.

### Why is Early Intervention Important?

Early support can improve a child's growth, learning and future success. It helps children become more independent, improves school readiness and may reduce long-term therapy costs.

### What Can I Do if I Have Concerns?

**Talk to your child's pediatrician** – Don't wait! Early action makes a difference.

**Check developmental milestones** – Use the CDC Milestone Tracker App (free on iOS & Android) or search CDC Milestone Checklist online.

**Request a developmental screening** – Ask your doctor or complete a free Ages & Stages Questionnaire (ASQ)  
<https://www.firstthingsfirst.org/resources/ages-and-stages/>

**Get an evaluation** – See more info below.

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### How do I get my child evaluated?

#### **If your child is Birth to Age 3:**

Contact the Arizona Early Intervention Program where you can refer your child for evaluation. Scan the QR Code for more information.



#### **If your child is age 3 to 21:**

Contact your local school district to learn about Child Find events or request an evaluation. With parent permission, a home visitor, child care provider, teacher or healthcare provider can also refer the child for evaluation. Scan the QR Code for more information.





# # FIRST THINGS FIRST Ages & Stages

Available in  
English and  
Spanish



From the day your child is born, understanding how they play, learn, speak, act and move offers important clues about your child's development. While all children develop differently, it helps to know if your child is meeting typical milestones at different ages and stages and how you can support their healthy development. Understand what's happening at different stages of your child's life and how you can help them learn and grow.

**VISIT** [FirstThingsFirst.org/AgesAndStages](https://www.FirstThingsFirst.org/AgesAndStages)

# CHILDREN AND FAMILY SERVICES

## Education

### **Building Blocks Preschool**

2040 Golden Gate Ave  
Kingman, AZ 86401  
928-753-5699

Child Care Center serving children birth to age 12. Accepts DES subsidy.

### **Emmanuel Christian Academy**

3120 Hualapai Mountain Rd.  
Kingman, AZ 86401  
928-681-4220

Private Christian School for ages pre-k through 8th grade.

### **Kingman Academy of Learning- Primary School**

3400 N. Burbank St.  
Kingman, AZ 86409  
928-692-2500

Charter schools providing services to families with children in preschool through high school.

### **Kingman Unified School District**

3033 MacDonald Ave  
Kingman, AZ 86401  
928-753-5678

Provides academic instruction for students in pre-K through grade 12. Homeless School Transition Program, Special Education Classes/Centers.

### **Little Brick Schoolhouse**

2302 Lilly Ave.  
Kingman, AZ 86401  
928-753-5439

Preschool services for families with children ages 3-12 years old.

### **Little Eagle Preschool**

1475 Gordon Dr.  
Kingman, AZ 86409  
928-757-7888

Open 6am.-6pm.

Preschool services provided to families with children ages 3-5 years. Accepts DES subsidy.

### **Little Explorers Preschool**

3175 Gordon Dr.  
Kingman, AZ 86409  
928-753-6413

Preschool, Junior Kindergarten, and Special Needs programs available. Accepts DES subsidy.

# CHILDREN AND FAMILY SERVICES

## Education

### **WACOG Head Start - Brian Meyer-Davis**

601 Van Buren St.  
Kingman, AZ 86401  
928-753-8730

Center based early childhood development program. Eligibility Requirements: Income guidelines and age (3 & 4 years old by August 31). Priority to children with disabilities, homeless, foster children, lowest income.

### **WACOG Head Start - Cerbat**

2689 Jagerson Ave.  
Kingman, AZ 86409  
928-757-7574

Center based early childhood development program. Eligibility Requirements: Income guidelines and age (3 & 4 years old by August 31). Priority to children with disabilities, homeless, foster children, lowest income.

### **WACOG Head Start - Golden Valley**

3404 Santa Maria Rd.  
Golden Valley, AZ 86413

Center based early childhood development program. Eligibility Requirements: Income guidelines and age (3 & 4 years old by August 31). Priority to children with disabilities, homeless, foster children, lowest income.

### **WACOG Head Start - Hubbs House**

421 Golconda St.  
Kingman, AZ 86401  
928-753-1066

Center based early childhood development program. Eligibility Requirements: Income guidelines and age (3 & 4 years old by August 31). Priority to children with disabilities, homeless, foster children, lowest income.

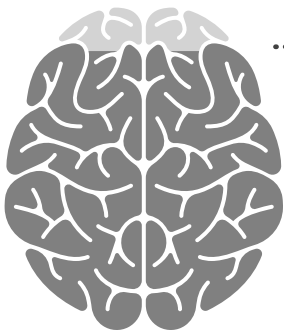
### **WACOG Head Start - Kingman North**

1971 Jagerson Ave. Bldg. 700  
Kingman, AZ 86409

Center based early childhood development program. Eligibility Requirements: Income guidelines and age (3 & 4 years old by August 31). Priority to children with disabilities, homeless, foster children, lowest income.

# Why Early Childhood Matters

From birth to age 5, a child's brain grows more than at any other time in life. And early brain development has a lasting impact on a child's ability to learn and succeed in school and life. The quality of a child's experiences in the first few years of life – positive or negative – helps shape how their brain develops.



## 90%

**of Brain Growth Happens  
Before Kindergarten**

At birth, the average baby's brain is about a quarter of the size of the average adult brain. Incredibly, it doubles in size in the first year. It keeps growing to about 80% of adult size by age 3 and 90% – nearly full grown – by age 5.

The brain is the command center of the human body. A newborn baby has all of the brain cells (neurons) they'll have for the rest of their life, but it's the connections between these cells that really make the brain work. Brain connections enable us to move, think, communicate and do just about everything. The early childhood years are crucial for making these connections. At least one million new neural connections (synapses) are made every second, more than at any other time in life.

The early years are the best opportunity for a child's brain to develop the connections they need to be healthy, capable, successful adults. The connections needed for many important, higher-level abilities like motivation, self-regulation, problem solving and communication are formed in these early years – or not formed. It's much harder for these essential brain connections to be formed later in life.

# CHILDREN AND FAMILY SERVICES

## Emergency/Non-Emergency

### **Arizona Department of Child Safety**

2400 Airway Ave.  
Kingman, AZ 86004  
928-753-5056  
Child Abuse Hotline  
1-888-767-2445

### **AZ Statewide Crisis Line**

1-844-534-4673 or 1-844-534-HOPE

### **Kingman Aid to Abused People**

Confidential Location  
Kingman, AZ 86401  
928-753-4242

Services: Baby clothes donation programs, cleaning product donation programs, domestic violence hotline, domestic violence shelter, housing related coordinated entry, personal grooming supplies, sexual assault hotline, sexual assault shelter, underwear/sleepwear donation program.

### **Kingman Fire Department**

412 E Oak St  
Kingman, AZ 86401  
Office: 928-753-2891  
Fax: 928-753-7597  
Email: [fire@cityofkingman.gov](mailto:fire@cityofkingman.gov)  
Dispatch: 928-753-8050

### **Kingman Police Department**

2730 E Andy Devine Ave.  
Kingman, AZ 86401  
928-753-2191  
Provides emergency response law enforcement and crime prevention services for the city.

### **Mohave County Sheriff's Office**

600 W. Beale Street  
Kingman, AZ 86401  
928-753-0753

The Sheriff's office duty is to serve the Civil Processes and legal documents originating from Arizona Superior Courts, Justice Courts; attorneys, private individuals and out of state entities needing service in Mohave County. Seventy-five members of the Sheriff's office assist the Sheriff by carrying out search and rescue missions and other duties.

# CHILDREN AND FAMILY SERVICES

## Health Services

### Community Health Outreach Workers

#### River Cities United Way

928-855-6333

Community Health Outreach Workers will work closely with medical providers, primary care teams, and other agencies to improve patient care and outcomes.

### Mohave County Health Department

700 Beale St.

Kingman, AZ 86402

928-753-0714

Mailing Address: PO Box 7000

Kingman, AZ. 86402

Family Planning Clinics, Environmental Health Programs, Mental Health Services, Nutrition Programs, Vaccination Programs, Woman, Infant and Children Program (WIC), Women's Health Programs.

Birth & Death Certificates, Vital Records, Flu & Pneumonia Shots, HIV & STD testing, Laboratory Services.

## Health Services:

### *Dental*

### Just For Kids Dentistry

2401 Stockton Hill Rd # 1

Kingman, AZ 86401

928-718-7188

### Kids Little Smiles

2202 Hualapai Mountain Rd

Kingman, AZ 86401

928-718-7645

Pediatric dental provider.

## Health Services:

### *Mental Health*

### M.I.K.I.D. - Kingman

2615 E. Beverly Ave.

Kingman, AZ 86409

928-753-4354

[www.mikid.org/](http://www.mikid.org/)

Provides support, education, and skill development to families and their children, youth, and young adults who are experiencing mental health and behavior changes.

# CHILDREN AND FAMILY SERVICES

## Health Services:

### *Mental Health*

#### **Mohave Mental Health Children's Clinic**

915 Airway Ave.  
Kingman, AZ 86409  
928-718-4800  
[www.mmhc-inc.org](http://www.mmhc-inc.org)

Outpatient clinics offer a full array of behavioral health services to both children and adults. Services may include assessment, psychiatric interventions, therapy and counseling (provided in individual, family, and groups), medication, residential or inpatient programs, case management, vocational services, and living skills training. Other supportive services, such as peer support services, health promotion, and family support services are also offered, geared towards helping individuals and families develop additional self-awareness and specialized recovery skills to improve independent functioning and quality of life. All services are provided by qualified behavioral health staff and are driven by a service plan developed by the client and the client's child and family team or adult recovery team.

#### **Postpartum Support International Helpline**

Call/Text in English:  
1-800-944-4773  
Text en Español: 971-203-7773  
<https://postpartum.net/>

The HelpLine will provide you with support and resources. You will be asked to leave a confidential message and a trained and caring volunteer will return your call or text.

In an emergency or crisis situation, call or text 988.

In a non-emergency situation, call or text the HelpLine at 800-944-4773. You never need a diagnosis to ask for help.

Call or text the National #MaternalMentalHealth Hotline at 1-833-TLC-MAMA (1-833-852-6262)

#### **Southwest Behavioral Health Outpatient Clinic**

2215 Hualapai Mountain Rd. Ste H  
Kingman, AZ 86401  
928-753-9387  
[www.sbhservices.org](http://www.sbhservices.org)

Services provided: Individual, Group and Family Counseling, Medication Services, Psychiatric Care, Skills Training, Case Management, Vocational Services, DUI Education, and DV Education.

# CHILDREN AND FAMILY SERVICES

## Health Services:

### *Pediatrics*

#### **Family Practice Residency Clinic**

3801 Santa Rosa Drive Ste #400  
Kingman, AZ 86401  
928-681-8701

KRMC's Family Practice Residency Clinic offers comprehensive medical care to people of all ages, from newborns to senior adults. Whether you're ill or simply in need of a check-up, our family medicine residents will provide you thorough, attentive medical care.

#### **Joshua Tree Pediatrics**

2202 Stockton Hill Rd. #100  
Kingman, AZ 86401  
928-681-8706

At Joshua Tree Pediatrics, our skilled pediatricians and support staff provide a full range of healthcare services for children 0-18. From routine health maintenance and preventative care to diagnosing and treating complex medical problems, we are here to assure your child's maximum health and wellbeing at each stage in their development.

## Health Services:

### *FQHC*

*(Federally Qualified Health Centers are outpatient clinics that serve rural areas)*

#### **Kingman Family Walk-in Clinic Regional Center for Border Health**

2302 Stockton Hill Rd. Suite G  
Kingman, AZ 86401

##### **Family Primary Care:**

Immunizations, family planning services, woman and teens health, laboratory services, and chronic disease management.

**Behavioral Health:** Intake, assessments, referral services, children and adult services, substance abuse, evaluation and treatment, general mental health therapy, psychiatric health and medication management.

#### **North Country Healthcare**

Dr. Tiffany Russell  
1510 Stockton Hill Rd.  
Kingman, AZ 86401  
928-753-1177

North Country HealthCare's doctors and care providers are dedicated to providing primary care to you and your whole family. Our family practice offers walk-ins and same day appointments for routine and sick visits. We accept most insurance plans and offer affordable payment options for those who are uninsured or underinsured. Our low-cost options include a sliding fee scale discount program which is based on income and family size.



# CHILDREN AND FAMILY SERVICES

## Libraries

### **Mohave County Library - Dolan Springs**

16140 Pierce Ferry Road  
Dolan Springs, AZ 86441  
928-767-4292

Call for current hours

Library loans books, e-books, audio books, videotapes, CDs and DVDs.

### **Mohave County Library - Golden Valley**

4901 Pay Roll Ave.  
Chloride, AZ 86431  
928-565-2200

Call for current hours

Library loans books, e-books, audio books, videotapes, CDs and DVDs.

### **Mohave County Library - Golden Valley**

3417 Verde Rd.  
Golden Valley, AZ 86413  
928-565-2989

Call for current hours

Library loans books, e-books, audio books, videotapes, CDs and DVDs.

### **Mohave County Library - Kingman**

3269 N. Burbank St  
Kingman, AZ 86409  
928-692-2665

Services: Book loan, document copying services, faxing, public access computers, public internet access, family story time, after school fun for kids.

### **Mohave County Library - Meadview**

149 E Meadview Blvd.  
Meadview, AZ 86444-0187  
928-564-2535

Call for current hours

Library loans books, e-books, audio books, videotapes, CDs and DVDs.

### **Mohave County Library - Valle Vista**

7264 Concho Dr. Ste B  
Kingman, AZ 86401  
928-692-7662

Call for current hours

Library loans books, e-books, audio books, videotapes, CDs and DVDs.

# CHILDREN AND FAMILY SERVICES

## Nutrition and Food Resources

### **Happy Hearts Consignment/ Thrift Store**

5317 Hwy 68  
Golden Valley, AZ 86413  
goldenvalleyfamilyresources@gmail.com  
Food Distribution

### **Kingman Area Food Bank**

2930 E Butler Ave.  
Kingman, AZ 86409  
928-757-4165  
Provides emergency food boxes once  
every 30 days if needed.

### **Salvation Army**

1200 E. Andy Devine Ave.  
Kingman, AZ 86401  
928-718-2600  
Provides food, clothing, and utility  
payment assistance to people in  
need.

### **WIC Program**

#### **Mohave County Department of Public Health**

700 W. Beale St.  
Kingman, AZ 86402  
928-753-0794 ext. 4334  
8am-6pm M-Thurs  
8am-12pm Friday  
Supplemental healthy foods,  
nutrition education, referrals to  
other health services Prenatal-5  
years of age qualify.

## NOTES

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## NOTES

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[www.swhd.org](http://www.swhd.org)

*"Nothing Out of the Question"*  
*"Toda Pregunta es Buena"*

**1-877-705-KIDS (5437)**

**Call the Helpline to speak with an early childhood specialist, on duty Mon-Fri. 8:00 a.m. to 8:00 p.m.**

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

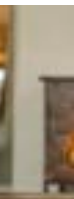
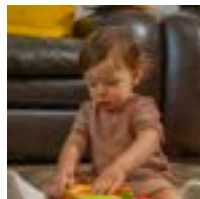
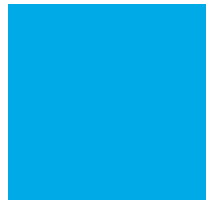
**Topics addressed include but not limited to:**

- Sleep
- Health and Nutrition
- Safety
- Challenging Behaviors
- Feeding and Eating
- General Child Development
- Potty Training/Learning
- Fussiness/Colic
- Parenting

An extension of the Birth to Five Helpline is the Fussy Baby program. This program provides telephone, home visiting and virtual video consultation and support to help families navigate challenges associated with hard-to-soothe infants, excessive crying, sleeping problems and feeding difficulties during their child's first year of life.

**Download the Birth to Five Helpline app!**





## FIRST THINGS FIRST



# Lake Havasu City Area Resource Guide

FOR FAMILIES WITH CHILDREN BIRTH TO AGE 5



2025-2026

## About First Things First

Approved by Arizona voters, First Things First (FTF) works to ensure that your youngest children have access to quality early childhood experiences so they will start school healthy and ready to succeed. Across the state, FTF Regional Partnerships Councils — in collaboration with local leaders — identify the education and health needs of children birth through age 5 in their communities and fund strategies to address those needs.

**Phone:** 928-854-8732

**Address:** 1940 Mesquite Avenue Suite E  
Lake Havasu City, AZ 86403

**Website:** [www.FirstThingsFirst.org](http://www.FirstThingsFirst.org)  
[FirstThingsFirst.org/Regions/La-Paz-Mohave/](http://FirstThingsFirst.org/Regions/La-Paz-Mohave/)



Scan here to view the  
most recent version  
of this guide

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## Disclaimer

The listing of private companies and services in this guide is not an endorsement or recommendation of those companies or their services by First Things First. First Things First is not responsible or liable for your use of these companies and services. The publishers have taken every reasonable measure to ensure the information in this resource guide is accurate. In the event any information is inaccurate, the publishers assume no liability for damages incurred directly or indirectly as a result of incomplete, incorrect or omitted information. Inclusion of the agency in this directory does not constitute an endorsement of the agency nor their services. If you identify information that is incorrect, please notify First Things First, La Paz/Mohave regional office at 928-854-8732.

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# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### Arizona Department of Economic Security (AZDES)

2031 Spawr Cir.  
Lake Havasu City, AZ 86403  
855-432-7587  
<https://des.az.gov/>  
[www.healthearizonaplus.gov](http://www.healthearizonaplus.gov)

**Basic Needs:** Adult Protections Services, Food Assistance, Medical Assistance, Refugee Resettlement, Shelter and Housing

**Child and Family:** Cash Assistance, Child Care, Child Support Services, Community Resources

**Disabilities:** Developmental Disabilities, Early Intervention, Achieving a better life experience

**Older Adults:** Home and Community Based Services, Healthy Living, Medicare Assistance, Legal Services Assistance, Family Caregiver Support, Long-Term Care Ombudsman, Aging Publications, World Elder Abuse Awareness Day Conference

**Employment:** Job Seekers, Reentry Services, Employer Resources, Apprenticeship, Unemployment-Employer, Senior Community Service Program, Veterans, Workforce Innovation and Opportunity Act, Eligible Training Provider List

### APS Crisis Bill Assistance Program WACOG

928-753-6247

Provides utility assistance. They offer other services ranging from weatherization of homes to cut energy cost to rental assistance on a case by case basis.

### CASA Council Helping Children of Mohave County/La Paz County

Beverly Siemens  
Board President  
530-632-5567  
[casasupport.org](http://casasupport.org)

CASA Council is a 501(c)(3) non-profit organization, which is a foundation that raises money to benefit the unmet needs of children in out-of-home care (foster care, relative placements, and In-Home Services).

# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### **Clothes Closet**

1968 Mesquite Ave.  
LHC, AZ 86403  
928-230-3113  
clothescloset@frontier.com

The Clothes Closet helps anyone in need of clothing, food, or other necessities without charge. They help find community resources in a judgment free atmosphere.

### **Faith and Grace, Inc.**

24 hour Hotline 928-302-1358  
Safe housing for women and children of domestic violence.

### **HAVEN Family Resource Center**

2174 McCulloch Blvd. N  
LHC, AZ 86403  
928-505-3153

Administers services for victims of abuse and sexual assault. Provides a crisis hotline for families in crisis and for victims of child abuse, domestic violence, and sexual assault.

### **Community Legal Services**

2701 E. Andy Devine, Suite 400  
Kingman, AZ 86401  
928-681-1177  
1-800-255-9031  
TTY: Arizona Relay: 711  
FAX: 928-681-5998  
Email: infomoco@clsaz.org

\* Applications for services in Mohave and La Paz Counties are completed via the Kingman office.

Community Legal Services (CLS) is dedicated to providing legal assistance, advice or representation, self-help materials and legal education so people can know their rights. We focus on helping survivors of domestic violence; assisting victims of consumer fraud and abuse, protecting tenants from unlawful/unfair practices by landlords, foreclosures, legal problems affecting agricultural workers, wage claims and other employment matters, and federal and state programs affecting peoples' health and economic stability.

# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### River Cities United Way

145 N. Lake Havasu Ave.  
LHC, AZ 86403  
Main: 928-855-6333  
Helping Businesses and individuals with rent, utilities, and various needs.

### Salvation Army-Lake Havasu

2049 Swanson Ave  
LHC, AZ 86403  
928-680-3678  
Provides rent payment assistance, electric and water utility bill payment assistance, food boxes, sack lunches and personal hygiene items.

### Social Security Office

1502 Bailey Ave.  
Needles, CA. 92363  
800-772-1213  
Obtain social security cards, name change, social security benefits.

## Birth to Five Resources:

### *Breastfeeding Resources*

### Arizona 24/7 Breastfeeding Hotline

1-800-307-4231

### La Leche League

1-877-452-5324  
<https://llusa.org/>

### Pregnancy and Breastfeeding Hotline

1-800-833-4642

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Child Care Resources*

#### **Child Care Resource & Referral Child and Family Resources, Inc.**

1-800-308-9000

[www.azccrr.com](http://www.azccrr.com)

M-F 8:00 AM - 6:00 PM,

Sat 8:00 AM - 12:00 PM

Child Care Information Line:

1-800-308-9000

Child Care Resource & Referral, CCR&R, is a statewide program of Child & Family Resources, Inc. Funding is provided by the Arizona Department of Economic Security's Child Care Administration through federal Child Care Development Block Grant funds. Staff provides referrals to families including but not limited to: child care, financial assistance, housing/utility assistance. Staff also provides consumer education on the different types of childcare options in the state & how to make the best option for your child and family.

## Birth to Five Resources:

### *Home Visitation*

#### **Health Start Program Mohave County Department of Public Health**

2001 College Drive

Lake Havasu City, AZ 86403

JoBeth Giovanardi

[GiovaJ@mohave.gov](mailto:GiovaJ@mohave.gov)

928-753-0714 ext. 4323

Serves families in Parker Community home visiting program that collaborates with pregnant women and their families. The goal of Health Start is to give your child and family the best chance of success with a strong support system through education, development, and referrals to community resources.

#### **Healthy Families Program Child and Family Resources, Inc.**

2005 Injo Drive #103

Lake Havasu City, AZ 86403

Jo Harper

[jharper@cfraz.org](mailto:jharper@cfraz.org)

928-753-4410

Free Home visitation program. Families can enroll while pre-natal or before the baby turns 3 months old. The program also includes a car seat safety program, assistance with diapers and community based referrals as needed.

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Home Visitation*

#### **High Risk Perinatal Program Mohave County Department of Public Health**

2001 College Drive  
LHC, AZ 8640  
JoBeth Giovanardi  
GiovaJ@mohave.gov  
928-753-0714 ext. 4323

Provides free in-home community health nursing services to assist eligible families and their newborns during the transition from the Newborn Intensive Care Unit (NICU) to their home and community. The CHN provides support to the family by providing education and connections to community resources.

Eligibility: Infants who have spent five or more days in the NICU.

## Birth to Five Resources:

### *Other*

#### **Birth to Five Helpline**

1-877-705-KIDS (5437)

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

(see page 27 for more information)

#### **Family Support Coordination Parenting Arizona**

602-684-1192

Chicanos Por La Causa/Parenting Arizona's Family Support Coordination program supports families with children age birth to 5. Our goal is to assist them in understanding, accessing, and navigating services that promote family well-being by engaging families and connecting them with community resources. Family Support Coordinators provide guidance, advocacy, and coordination throughout the process. Our aim is to refer families to timely and essential services, fostering family well-being and self-sufficiency.



# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Other*

#### **First Things First**

1940 Mesquite Ave Suite E  
Lake Havasu City, AZ 86403  
928-854-8732  
[www.FirstThingsFirst.org](http://www.FirstThingsFirst.org)

Local region covers Mohave and La Paz County

First Things First is Arizona's early childhood agency, with programs and resources to support great childhoods. By focusing on the first five years, we are making a difference in the lives of young children, their families and our communities. Quality early learning and child care are essential for stronger, healthier families and for the economic future of Arizona.

#### **Lantern**

*(Formerly Bright By Text)*

Text "ARIZONAPBS" to 274448  
[www.azpbs.org/kidstext](http://www.azpbs.org/kidstext)

Bright by Text is a free program for parents and caregivers that sends tips and resources promoting child development, targeted to a child's age from prenatal to 11 years old, right to their cell phone.

#### **Pregnancy Care, Inc**

500 N. Lake Havasu Ave Suite B104  
LHC, AZ 86403  
928-855-2273

Administers programs for pregnant women in La Paz and Mohave County.

## Child Care Centers

#### **Family Tree Daycare**

3415 Oro Grande Blvd.  
LHC, AZ  
928-505-8719  
Serving 3 months through age 5.

#### **Guiding Light Christian Educational Center**

220 Mescal Ln  
LHC, AZ 86403  
928-855-1022  
Serving ages 1 through 1st grade.  
Accepts DES subsidy

# CHILDREN AND FAMILY SERVICES

## Child Care Centers

### Hilltop Learning Center

3180 McCulloch Blvd N  
LHC, AZ 86403  
928-855-3085

Serving ages 2 ½ through 5 years.  
Accepts DES subsidy

### Little People's Day Care, Inc

2419 Smoketree Ave N #102  
LHC, AZ 86403  
928-453-6348

Serving ages 2-5 years. Accepts DES  
subsidy

### New Day School

2200 Sotol Lane  
LHC, AZ 86403  
3438 Oro Grande Blvd.  
LHC, AZ 86406  
928-680-1002

2915 Havasupai Blvd.  
LHC 86404  
928-855-2227

Serving ages 1 through 5 years.  
Accepts DES subsidy

### Playtime Childcare

2625 Cliffwood Plz  
LHC, AZ 86403  
928-505-6251

Serving ages 1 through 12 years.  
Licensed in-home, group home  
childcare. Available evenings and  
weekends. Accepts DES subsidy.

## Disabilities & Special Needs Resources

### Arizona Center for Disability Law, Inc

<https://www.azdisabilitylaw.org>

### Arizona Early Intervention Program (AZEIP)

A statewide system of services and supports for families of infants and toddlers, birth to three years of age, with delays or disabilities. AZEIP provides eligible children and their families access to services to support the child's development through in-home individualized parent education and support. AZEIP has service-providing agencies located in your area.

For more information or to make a referral, visit the website - [bit.ly/3S6GK4l](https://bit.ly/3S6GK4l) or make a referral by calling 888-592-0140

For questions or to check the status of the referral call 602-532-9960

# CHILDREN AND FAMILY SERVICES

## Disabilities & Special Needs Resources

### Encircle Families

*(Formerly Raising Special Kids)*

5025 E. Washington St. Ste. 204

Phoenix, AZ 85034

602-242-4366

[www.raisingpecialkids.org](http://www.raisingpecialkids.org)

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

### Essential Therapy Solutions

500 Lake Havasu N, Ste C-100

Lake Havasu City, AZ 86403

480-677-3349

<https://www.etherapyaz.com>

Essential Therapy Solutions offers various services and programs in both home and clinic settings. Essential Therapy Solutions contracts with AzEIP to help children birth to 3 years of age and with the Division of Developmental Disabilities (DDD) for children and some adults 3+ years. We also accept families with insurance as well as cash pay. The services we provide are Speech Therapy, Occupational Therapy, Physical Therapy, Feeding Therapy, Service Coordination, Developmental Instruction and Telehealth.

### Milemarkers

5601 Hwy 95 C-308

LHC, AZ 86404

928-854-5439

Milemarkers provides music, occupational, physical and speech therapy services, after school program, adult day program, employment opportunities for individuals with disabilities, transition to employment curriculum, individual habilitation support, and supervised visit, Connections Program and Nurturing Parent program.

### Playful Beginnings

909-583-4040

Psychological testing for autism as well as in home ABA (social/behavior) intervention for children in Lake Havasu between the ages of 2-12 years. Accepting United Health Care, Blue Cross Blue Shield AZ, Anthem Blue Cross, and HealthChoice.

### RISE Services

1979 McCulloch Blvd.

Suite 101 and 103

LHC, AZ 86403

928-316-6520

Provides support services for seniors, children and adults with developmental and physical disabilities.

# CHILDREN AND FAMILY SERVICES

## Early Intervention Information

### What is Early Intervention?

Early Intervention is specialized support for infants and toddlers (birth to age 3) who have or may be at risk for developmental delays. It includes services like speech therapy, physical therapy and developmental support to help children reach important milestones.

### Why is Early Intervention Important?

Early support can improve a child's growth, learning and future success. It helps children become more independent, improves school readiness and may reduce long-term therapy costs.

### What Can I Do if I Have Concerns?

**Talk to your child's pediatrician** – Don't wait! Early action makes a difference.

**Check developmental milestones** – Use the CDC Milestone Tracker App (free on iOS & Android) or search CDC Milestone Checklist online.

**Request a developmental screening** – Ask your doctor or complete a free Ages & Stages Questionnaire (ASQ)  
<https://www.firstthingsfirst.org/resources/ages-and-stages/>

**Get an evaluation** – See more info below.

---

### How do I get my child evaluated?

#### **If your child is Birth to Age 3:**

Contact the Arizona Early Intervention Program where you can refer your child for evaluation. Scan the QR Code for more information.



#### **If your child is age 3 to 21:**

Contact your local school district to learn about Child Find events or request an evaluation. With parent permission, a home visitor, child care provider, teacher or healthcare provider can also refer the child for evaluation. Scan the QR Code for more information.



# # FIRST THINGS FIRST Ages & Stages

Available in  
English and  
Spanish



From the day your child is born, understanding how they play, learn, speak, act and move offers important clues about your child's development. While all children develop differently, it helps to know if your child is meeting typical milestones at different ages and stages and how you can support their healthy development. Understand what's happening at different stages of your child's life and how you can help them learn and grow.

**VISIT** [FirstThingsFirst.org/AgesAndStages](https://FirstThingsFirst.org/AgesAndStages)

# CHILDREN AND FAMILY SERVICES

## Education

### **Havasu Preparatory Academy Preschool**

3155 Maricopa Ave  
LHC, AZ 86406  
928-854-4011

Our preschool program introduces children to the concept of school in a playful and nurturing environment.

Preschool is a paid tuition program.

### **Lake Havasu Unified School District**

2200 Havasupai Blvd.  
LHC, AZ 86403  
928-505-6900

Provides academic instruction for students in pre-K through grade 12.

### **Little Knights Preschool**

2675 Palo Verde Blvd. S  
LHC, AZ 86403  
928-854-5347

Serving ages 3-5 years.

### **Nautilus Preschool**

1425 Patricial Drive  
LHC, AZ 86404  
928-505-6060

Provides a high-quality education that meets the unique needs and development of the whole child. We strive to provide a safe learning space where every child feels valued, respected, and loved.

### **Oro Grande Classical Academy Preschool**

1250 Pawnee Dr.  
LHC, AZ 86406  
928-505-6080

Our goal is to incorporate virtues and values, good manners, and develop a social and educational foundation in an effort to become kindergarten ready. Serving 4 year olds.

### **Our Lady of the Lake Catholic Preschool**

1975 Daytona Drive  
LHC, AZ 86403  
928-855-0154

Preschool accepts students from 3 to 5 years old. All students must be 3 years of age before September 1, 2025 and must be potty trained.

# CHILDREN AND FAMILY SERVICES

## Education

### **Paw Prints Preschool Telesis Preparatory Academy**

2598 Starlite Lane  
LHC, AZ 86403  
928-855-8661 ext. 122  
Serving ages 3-5 years.

### **Smoketree Developmental Preschool**

2395 Smoketree Ave  
LHC, AZ 86403  
928-505-6033  
Developmental preschool program  
for children with special needs, ages  
3-5, who qualify for services based  
on state and federal guidelines.  
Accepts DES subsidy.

### **WACOG Head Start - Havasupai**

880 Cashmere Dr.  
LHC, AZ 56404  
928-505-4046  
Center based early childhood  
development program. Eligibility  
Requirements: Income guidelines  
and age (3 & 4 years old by  
August 31). Priority to children  
with disabilities, homeless, foster  
children, lowest income.

### **WACOG Head Start - Lake Havasu City**

2385 Pima Dr. N.  
LHC, AZ 86403  
928-680-6212  
Center based early childhood  
development program. Eligibility  
Requirements: Income guidelines  
and age (3 & 4 years old by  
August 31). Priority to children  
with disabilities, homeless, foster  
children, lowest income.

# CHILDREN AND FAMILY SERVICES

## Emergency/Non-Emergency

### **Arizona Department of Child Safety**

1755 McCulloch Blvd. N. Ste 101  
928-854-0315  
Child Abuse Hotline  
1-888-767-2445

### **AZ Statewide Crisis Line**

1-844-534-4673 or 1-844-534-HOPE

### **Lake Havasu City Fire Department**

928-855-1141  
Emergency services.

### **Lake Havasu City Police Department**

2360 McCulloch Blvd. N  
LHC, AZ 86403  
Emergency: 911  
Non-emergency: 928-855-1171  
Provides emergency response law enforcement and crime prevention services for the city.

### **Mohave County Sheriff's Department**

3500 AZ-95  
LHC, AZ 86404  
928-453-0745

The Sheriff's office duty is to serve the Civil Processes and legal documents originating from Arizona Superior Courts, Justice Courts; attorneys, private individuals and out of state entities needing service in Mohave County. Seventy-five members of the Sheriff's office assist the Sheriff by carrying out search and rescue missions and other duties.



# CHILDREN AND FAMILY SERVICES

## Health Services

### Community Health Outreach Workers

#### River Cities United Way

145 N. Lake Havasu Ave.

LHC, AZ 86403

Main: 928-855-6333

Community Health Outreach Workers will work closely with medical providers, primary care teams, and other agencies to improve patient care and outcomes.

### Mohave County Health Department

2001 College Drive

LHC, AZ 86403

928-453-0703

Mohave.gov

Family Planning Clinics, Environmental Health Programs, Mental Health Services, Nutrition Programs, Vaccination Programs, Woman, Infant and Children Program (WIC), Women's Health Programs.

Birth & Death Certificates, Vital Records, Flu & Pneumonia Shots, HIV & STD testing, Laboratory Services.

## Health Services:

### Dental

### Cosmic Kids Dentistry

80 Acoma Blvd. S,

LHC, AZ 86403

928-855-7717

Pediatric dental provider.

### Kids Little Smiles

5601 Hwy. 95 Ste A116

LHC, AZ 86406

928-505-5437

Pediatric dental provider.

# CHILDREN AND FAMILY SERVICES

## Health Services

### *Mental Health*

#### **Mohave Mental Health-Children's Clinic**

151 Riviera Dr. Suite B  
LHC, AZ 86403  
928-855-3432  
[www.mmhc-inc.org](http://www.mmhc-inc.org)

Outpatient clinics offer a full array of behavioral health services to both children and adults. Services may include assessment, psychiatric interventions, therapy and counseling (provided in individual, family, and groups), medication, residential or inpatient programs, case management, vocational services, and living skills training. Other supportive services, such as peer support services, health promotion, and family support services are also offered, geared towards helping individuals and families develop additional self-awareness and specialized recovery skills to improve independent functioning and quality of life. All services are provided by qualified behavioral health staff and are driven by a service plan developed by the client and the client's child and family team or adult recovery team.

#### **M.I.K.I.D.**

928-704-9111  
[www.mikid.org/](http://www.mikid.org/)  
Services Lake Havasu

Provides support, education, and skill development to families and their children, youth, and young adults who are experiencing mental health and behavior changes.

Eligibility: AHCCCS, Mercy Care, Care First or other State insurance.

#### **Postpartum Support International Helpline**

Call/Text in English:  
1-800-944-4773  
Text en Español: 971-203-7773  
<https://postpartum.net/>  
The Helpline will provide you with support and resources. You will be asked to leave a confidential message and a trained and caring volunteer will return your call or text.

In an emergency or crisis situation, call or text 988.

In a non-emergency situation, call or text the Helpline at 800-944-4773. You never need a diagnosis to ask for help.

Call or text the National #MaternalMentalHealth Hotline at 1-833-TLC-MAMA (1-833-852-6262)

# CHILDREN AND FAMILY SERVICES

## Health Services:

### *Mental Health*

#### **Southwest Behavioral Health Outpatient Clinic**

1845 McCulloch Blvd. Suite B-1  
LHC, AZ 86403  
928-453-2661  
www.sbhservices.org

Services provided: Individual, Group and Family Counseling, Medication Services, Psychiatric Care, Skills Training, Case Management, Vocational Services, DUI Education, and DV Education.

## Health Services:

### *Pediatricians*

#### **Havasu Medical Group- Primary Care and Diabetes**

1851 Mesquite Ave Ste #202  
LHC, AZ 86403  
928-854-0094  
Pediatric services.

#### **Havasu Rainbow Pediatrics**

1980 Mesquite Ave., #101  
LHC, AZ 86403  
Medical group practice located in LHC that specializes in Pediatrics.

## Health Services

### *FQHC*

*(Federally Qualified Health Centers are outpatient clinics that serve rural areas)*

#### **Havasu Pediatric and Family Center - Regional Center for Border Health**

1940 Mesquite Ave. Ste A  
LHC, AZ 86403  
928-459-3512  
Provides primary health care and integrated behavioral health services.

#### **North Country Healthcare**

2090 N. Smoketree Ave  
LHC, AZ 86403  
928-854-1800  
Provides family practice clinic, well-woman exams, well-baby checkups, immunizations and referrals to necessary specialists.  
Offer pediatric care.

# CHILDREN AND FAMILY SERVICES

## Nutrition and Food Resources

### Christ Chapel Food Pantry

3450 Chemehuevi Blvd.  
LHC, AZ 86403  
928-855-7230  
Open Monday-Friday  
8:00 a.m. to 12:00 p.m.  
Please call before coming in as food availability varies.

### HCHF Community Food Bank

1980 N Kiowa Blvd  
LHC, AZ 86403  
928-264-1177  
Open M, T, TH, F from 10am-1pm

### Restoration Hope Church Food Pantry

3430 McCulloch Blvd. N.  
LHC, AZ 86403  
928-302-3264  
Open Saturdays 9:00-12:00

### St. Vincent De Paul Food Distribution Center

1851 Commander Dr.  
LHC, AZ 86403  
928-680-2874  
Food Distribution 9:30-2:00  
Wednesday-Friday

### WIC Program

#### Mohave County Department of Public Health

2001 College Drive  
LHC, AZ 86403  
928-453-0716

Supplemental healthy foods, nutrition education, referrals to other health services Prenatal-5 years of age qualify.

## Recreation

### Mohave County Library - Lake Havasu City

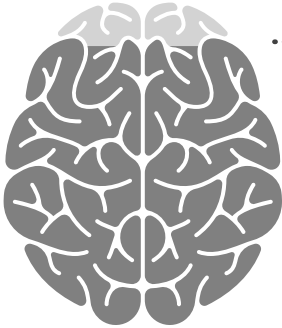
1770 N. McCulloch Blvd.  
LHC, AZ 86403  
928-453-0718  
<https://www.mohavecountylibrary.us/lake-havasu-city>  
Library loans books, e-books, audio books, videotapes, CDs and DVDs. Programs for all ages including Baby jamboree (ages 0-2) and Sunshine Hour (ages 2-5).

### Sunshine Indoor Play

5601 Hwy 95 Unit H814  
LHC, AZ 86404  
928-466-6750  
[kate@sunshineindoorplay.com](mailto:kate@sunshineindoorplay.com)  
[www.sunshineindoorplay.com](http://www.sunshineindoorplay.com)  
Sunshine Indoor Play is more than just an indoor playground. We are a Mom-munity that is by your side through every step of your parenting journey. We offer lactation support, birth classes, car seat help, babywearing fit checks, postpartum support groups, and more. We also host mommy and me classes and events.

# Why Early Childhood Matters

From birth to age 5, a child's brain grows more than at any other time in life. And early brain development has a lasting impact on a child's ability to learn and succeed in school and life. The quality of a child's experiences in the first few years of life – positive or negative – helps shape how their brain develops.



## 90%

**of Brain Growth Happens  
Before Kindergarten**

At birth, the average baby's brain is about a quarter of the size of the average adult brain. Incredibly, it doubles in size in the first year. It keeps growing to about 80% of adult size by age 3 and 90% – nearly full grown – by age 5.

The brain is the command center of the human body. A newborn baby has all of the brain cells (neurons) they'll have for the rest of their life, but it's the connections between these cells that really make the brain work. Brain connections enable us to move, think, communicate and do just about everything. The early childhood years are crucial for making these connections. At least one million new neural connections (synapses) are made every second, more than at any other time in life.

The early years are the best opportunity for a child's brain to develop the connections they need to be healthy, capable, successful adults. The connections needed for many important, higher-level abilities like motivation, self-regulation, problem solving and communication are formed in these early years – or not formed. It's much harder for these essential brain connections to be formed later in life.

## NOTES

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## NOTES

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[www.swhd.org](http://www.swhd.org)

*"Nothing Out of the Question"*  
*"Toda Pregunta es Buena"*

**1-877-705-KIDS (5437)**

**Call the Helpline to speak with an early childhood specialist, on duty Mon-Fri. 8:00 a.m. to 8:00 p.m.**

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

**Topics addressed include but not limited to:**

- Sleep
- Health and Nutrition
- Safety
- Challenging Behaviors
- Feeding and Eating
- General Child Development
- Potty Training/Learning
- Fussiness/Colic
- Parenting

An extension of the Birth to Five Helpline is the Fussy Baby program. This program provides telephone, home visiting and virtual video consultation and support to help families navigate challenges associated with hard-to-soothe infants, excessive crying, sleeping problems and feeding difficulties during their child's first year of life.

**Download the Birth to Five Helpline app!**





 FIRST THINGS FIRST