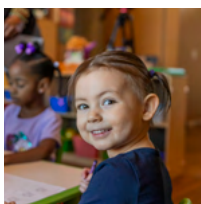


La Paz County Resource Guide

FOR FAMILIES WITH CHILDREN BIRTH TO AGE 5



2025-2026

 FIRST THINGS FIRST

About First Things First

Approved by Arizona voters, First Things First (FTF) works to ensure that your youngest children have access to quality early childhood experiences so they will start school healthy and ready to succeed. Across the state, FTF Regional Partnerships Councils — in collaboration with local leaders — identify the education and health needs of children birth through age 5 in their communities and fund strategies to address those needs.

Phone: 928-854-8732

Address: 1940 Mesquite Avenue Suite E
Lake Havasu City, AZ 86403

Website: www.FirstThingsFirst.org
FirstThingsFirst.org/Regions/La-Paz-Mohave/



Scan here to view the
most recent version
of this guide

Disclaimer

The listing of private companies and services in this guide is not an endorsement or recommendation of those companies or their services by First Things First. First Things First is not responsible or liable for your use of these companies and services. The publishers have taken every reasonable measure to ensure the information in this resource guide is accurate. In the event any information is inaccurate, the publishers assume no liability for damages incurred directly or indirectly as a result of incomplete, incorrect or omitted information. Inclusion of the agency in this directory does not constitute an endorsement of the agency nor their services. If you identify information that is incorrect, please notify First Things First, La Paz/Mohave regional office at 928-854-8732.

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CHILDREN AND FAMILY SERVICES

Assistance Programs

Arizona Department of Economic Security (AZDES)

1032 S. Hopi Ave.
Parker, AZ 85344
855-432-7587
<https://des.az.gov/>

Basic Needs: Adult Protections Services, Food Assistance, Medical Assistance, Refugee Resettlement, Shelter and Housing

Child and Family: Cash Assistance, Child Care, Child Support Services, Community Resources

Disabilities: Developmental Disabilities, Early Intervention, Achieving a better life experience

Older Adults: Home and Community Based Services, Healthy Living, Medicare Assistance, Legal Services Assistance, Family Caregiver Support, Long-Term Care Ombudsman, Aging Publications, World Elder Abuse Awareness Day Conference

Employment: Job Seekers, Reentry Services, Employer Resources, Apprenticeship, Unemployment-Employer, Senior Community Service Program, Veterans, Workforce Innovation and Opportunity Act, Eligible Training Provider List

APS Crisis Bill Assistance Program WACOG

877-829-2264

Provides utility assistance. They offer other services ranging from weatherization of homes to cut energy cost to rental assistance on a case by case basis.

CASA Council Helping Children of Mohave County/La Paz County

Beverly Siemens
Board President
530-632-5567
casasupport.org

CASA Council is a 501(c)(3) non-profit organization, which is a foundation that raises money to benefit the unmet needs of children in out-of-home care (foster care, relative placements, and In-Home Services).

CHILDREN AND FAMILY SERVICES

Assistance Programs

Community Legal Services

2701 E. Andy Devine, Suite 400
Kingman, AZ 86401
928-681-1177
1-800-255-9031

TTY: Arizona Relay: 711

FAX: 928-681-5998

Email: infomoco@clsaz.org

* Applications for services in Mohave and La Paz Counties are completed via the Kingman office.

Community Legal Services (CLS) is dedicated to providing legal assistance, advice or representation, self-help materials and legal education so people can know their rights. We focus on helping survivors of domestic violence; assisting victims of consumer fraud and abuse, protecting tenants from unlawful/unfair practices by landlords, foreclosures, legal problems affecting agricultural workers, wage claims and other employment matters, and federal and state programs affecting peoples' health and economic stability.

Nikki's Nook

28332 Hwy 72
Bouse, AZ 85325
623-498-7246-Liz
928-916-9744-Randi

A completely free thrift store/resource center featuring clothing, household goods, small appliances, bathroom supplies, bedding, books, and food pantry. Open Saturdays from 11-3.

River Cities United Way

Main: 928-855-6333

Helping Businesses and individuals with rent utilities, and various needs.

Social Security Office

1502 Bailey Ave.
Needles, CA. 92363
800-772-1213

Obtain social security cards, name change, social security benefits.

CHILDREN AND FAMILY SERVICES

Assistance Programs

Salvation Army-Quartzsite

101 N Moon Mountain Ave.
Quartzsite, AZ 85346
928-927-3636
360-921-7571 (cell)

Thrift Store and Service Center. We provide supportive assistance to those in a crisis situation and work with many agencies to provide additional help. Urgent needs, please use cell phone number. We offer year round backpacks and school supplies, Santa event, Angel Tree and monthly diaper assistance program.

Birth to Five Resources:

Breastfeeding Resources

Arizona 24/7 Breastfeeding Hotline

1-800-307-4231

La Leche League

1-877-452-5324
<https://llusa.org/>

Pregnancy and Breastfeeding Hotline

1-800-833-4642

CHILDREN AND FAMILY SERVICES

Birth to Five Resources:

Child Care Resources

Child Care Resource & Referral Child and Family Resources, Inc.

1-800-308-9000

www.azccrr.com

M-F 8:00 AM - 6:00 PM,

Sat 8:00 AM - 12:00 PM

Child Care Information Line:

1-800-308-9000

Child Care Resource & Referral, CCR&R, is a statewide program of Child & Family Resources, Inc. Funding is provided by the Arizona Department of Economic Security's Child Care Administration through federal Child Care Development Block Grant funds. Staff provides referrals to families including but not limited to: child care, financial assistance, housing/utility assistance. Staff also provides consumer education on the different types of childcare options in the state & how to make the best option for your child and family.

Birth to Five Resources:

Home Visitation

Health Start Program Mohave County Department of Public Health

2001 College Drive

Lake Havasu City, AZ 86403

JoBeth Giovanardi

GiovaJ@mohave.gov

928-753-0714 ext. 4323

Serves families in Parker Community home visiting program that collaborates with pregnant women and their families. The goal of Health Start is to give your child and family the best chance of success with a strong support system through education, development, and referrals to community resources.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources:

Home Visitation

High Risk Perinatal Program Mohave County Department of Public Health

2001 College Drive
LHC, AZ 8640
JoBeth Giovanardi
GiovaJ@mohave.gov
928-753-0714 ext. 4323

Provides free in-home community health nursing services to assist eligible families and their newborns during the transition from the Newborn Intensive Care Unit (NICU) to their home and community. The CHN provides support to the family by providing education and connections to community resources.

Eligibility: Infants who have spent five or more days in the NICU.

La Paz Home Visitation Program Child & Family Resources, Inc.

117 W Riverside Dr.
Parker, AZ 85344
928-753-4410
Jo Harper
jharper@cfraz.org

Offering the Parents as Teachers and the Healthy Families models. These free programs are designed to support prenatal health and wellness, child development, school readiness, early literacy, family resiliency and so much more. Visits occur in the comfort of your own home and the program supplies all the materials for learning activities. Parent socials, car seat program and community referrals are included in services.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources:

Other

Birth to Five Helpline

1-877-705-KIDS (5437)

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

(see page 27 for more information)

CRIT Early Literacy Program

26600 Mohave Road

Parker, AZ 85344

928-669-1339

928-669-1332

critlibraryarchives@gmail.com

The Colorado River Indian Tribes Early Literacy program, funded by First Things First, helps families understand the importance of early literacy and teaches how to implement it in their homes. The program encourages and facilitates adult/child interaction and developmentally-appropriate play. The program distributes books and hosts events for parents/caregivers and children birth - 5, including story times at least two times a week.

CRIT Nutrition And Physical Activity Program

1321 Mohave Avenue

Parker, AZ 85344

928-525-1287 Office

The Colorado River Indian Nutrition and Physical Activity Program, funded by First Things, is geared toward encouraging the healthy development of children ages 0-5 through physical exercise and nutrition. Activities are geared toward promoting physical activity and healthy eating with the goal of reducing the rate of obesity in small children. Culturally-related activities will be incorporated into the activities as well prenatal, breastfeeding promotion and toddler group.

Lantern

(Formerly Bright By Text)

Text "ARIZONAPBS" to 274448

www.azpbs.org/kidstext

Bright by Text is a free program for parents and caregivers that sends tips and resources promoting child development, targeted to a child's age from prenatal to 11 years old, right to their cell phone.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources:

Other

Family Support Coordination - Parenting Arizona

602-684-1192

familysupport@cplc.org

Chicanos Por La Causa/Parenting Arizona's Family Support Coordination program supports families with children age birth to 5. Our goal is to assist them in understanding, accessing, and navigating services that promote family well-being by engaging families and connecting them with community resources. Family Support Coordinators provide guidance, advocacy, and coordination throughout the process. Our aim is to refer families to timely and essential services, fostering family well-being and self-sufficiency.

First Things First

1940 Mesquite Ave Suite E
Lake Havasu City, AZ 86403
928-854-8732

www.FirstThingsFirst.org

Local region covers Mohave and La Paz County

First Things First is Arizona's early childhood agency, with programs and resources to support great childhoods. By focusing on the first five years, we are making a difference in the lives of young children, their families and our communities. Quality early learning and child care are essential for stronger, healthier families and for the economic future of Arizona.

Child Care Centers

Early Learning Academy

1013 W Arizona Ave Ste. B
Parker, AZ 85344

928-301-4000

earlylearningacademy19@gmail.com

Early Childhood Center for infants 6 weeks to preschoolers (age 5) After school care for children 5-12 years of age.

Tiny Cactus Daycare

43 W. Riverside Dr.
Parker, AZ 85344

928- 575-1095

www.tinycactusdaycare.com

Full-time and Part-Time
Serving Ages 1-5

After school program for 6-12 years old

CHILDREN AND FAMILY SERVICES

Disabilities & Special Needs Resources

Arizona Center for Disability Law, Inc

<https://www.azdisabilitylaw.org>

Arizona Early Intervention Program (AZEIP)

A statewide system of services and supports for families of infants and toddlers, birth to three years of age, with delays or disabilities. AZEIP provides eligible children and their families access to services to support the child's development through in-home individualized parent education and support. AZEIP has service-providing agencies located in your area.

For more information or to make a referral, visit the website - bit.ly/3S6GK4I or make a referral by calling 888-592-0140

For questions or to check the status of the referral call 602-532-9960

Encircle Families

(Formerly Raising Special Kids)

5025 E. Washington St. Ste. 204
Phoenix, AZ 85034

602-242-4366

www.raisingpecialkids.org

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

Services include individual consultation, parent-to-parent support, trainings and workshops.

CHILDREN AND FAMILY SERVICES

Early Intervention Information

What is Early Intervention?

Early Intervention is specialized support for infants and toddlers (birth to age 3) who have or may be at risk for developmental delays. It includes services like speech therapy, physical therapy and developmental support to help children reach important milestones.

Why is Early Intervention Important?

Early support can improve a child's growth, learning and future success. It helps children become more independent, improves school readiness and may reduce long-term therapy costs.

What Can I Do if I Have Concerns?

Talk to your child's pediatrician – Don't wait! Early action makes a difference.

Check developmental milestones – Use the CDC Milestone Tracker App (free on iOS & Android) or search CDC Milestone Checklist online.

Request a developmental screening – Ask your doctor or complete a free Ages & Stages Questionnaire (ASQ)
<https://www.firstthingsfirst.org/resources/ages-and-stages/>

Get an evaluation – See more info below.

How do I get my child evaluated?

If your child is Birth to Age 3:

Contact the Arizona Early Intervention Program where you can refer your child for evaluation. Scan the QR Code for more information.



If your child is age 3 to 21:

Contact your local school district to learn about Child Find events or request an evaluation. With parent permission, a home visitor, child care provider, teacher or healthcare provider can also refer the child for evaluation. Scan the QR Code for more information.



FIRST THINGS FIRST Ages & Stages

Available in
English and
Spanish

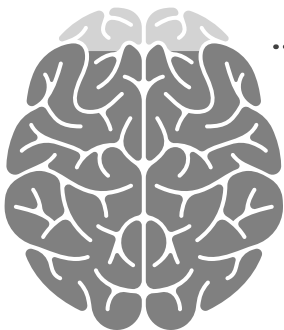


From the day your child is born, understanding how they play, learn, speak, act and move offers important clues about your child's development. While all children develop differently, it helps to know if your child is meeting typical milestones at different ages and stages and how you can support their healthy development. Understand what's happening at different stages of your child's life and how you can help them learn and grow.

VISIT FirstThingsFirst.org/AgesAndStages

Why Early Childhood Matters

From birth to age 5, a child's brain grows more than at any other time in life. And early brain development has a lasting impact on a child's ability to learn and succeed in school and life. The quality of a child's experiences in the first few years of life – positive or negative – helps shape how their brain develops.



90%

**of Brain Growth Happens
Before Kindergarten**

At birth, the average baby's brain is about a quarter of the size of the average adult brain. Incredibly, it doubles in size in the first year. It keeps growing to about 80% of adult size by age 3 and 90% – nearly full grown – by age 5.

The brain is the command center of the human body. A newborn baby has all of the brain cells (neurons) they'll have for the rest of their life, but it's the connections between these cells that really make the brain work. Brain connections enable us to move, think, communicate and do just about everything. The early childhood years are crucial for making these connections. At least one million new neural connections (synapses) are made every second, more than at any other time in life.

The early years are the best opportunity for a child's brain to develop the connections they need to be healthy, capable, successful adults. The connections needed for many important, higher-level abilities like motivation, self-regulation, problem solving and communication are formed in these early years – or not formed. It's much harder for these essential brain connections to be formed later in life.

CHILDREN AND FAMILY SERVICES

Education

Bouse Elementary School District

44936 Joshua Dr.
Bouse, AZ 85325
928-851-2213
Services grades K - 8

CRIT Head Start

18026 Mohave Road
Parker, AZ 85344
928-662-4311
Center based early childhood development program. Eligibility Requirements: Income guidelines and age (3 & 4 years old by August 31). Priority to children with disabilities, homeless, foster children, lowest income.

Parker Unified School District

1608 S. Laguna Ave
Parker, AZ 85344
928-669-9244
Services pre-k and K - 12

Quartzsite Elementary School District

49241 Ehrenberg Road
Ehrenberg, AZ 85334
928-923-7907
Services pre-k and grades K - 8

Salome Consolidated Elementary School District and Preschool Program

38128 Saguario & Main
Salome, AZ 85348
928-859-3339
Services grades Pre-K - 8
Developmental preschool program for ages 3-5 based on eligibility.

WACOG Head Start

49241 Ehrenberg-Poston HWY
Ehrenberg, AZ 85334
928-782-1886
Center based early childhood development program. Eligibility Requirements: Income guidelines and age (3 & 4 years old by August 31).
Priority to children with disabilities, homeless, foster children, lowest income.

Wenden Elementary School District and Preschool Program

71001 Santa Fe Ave
Wenden, AZ 85357
928-859-3806
Services grades Pre K - 8
Developmental preschool program for ages 3-5 based on eligibility.

CHILDREN AND FAMILY SERVICES

Emergency/Non-Emergency

Arizona Department of Child Safety

1032 S. Hopi Ave
Parker, AZ 85344
928-669-9293
Child Abuse Hotline
1-888-767-2445

AZ Statewide Crisis Line

1-844-534-4673 or 1-844-534-HOPE

Bouse Fire Department

44031 Plomosa Rd.
Bouse, AZ 85325
928-851-2648

Buckskin Fire Department

8500 Riverside Dr.
Parker, AZ 85344
928-667-3221

CRIT Fire Department Station 17 (Big River)

150260 Capistrano Way
Big River, CA 92242

CRIT Fire Department Station 80

1819 W Mohave Rd.
Parker, AZ 85344
928-669-2328

CRIT Fire Department Station 90

23701 Mohave Rd
Parker, AZ 85344
928-662-4388

CRIT Law Enforcement Services

26600 Mohave Rd.
Parker, AZ 85344
928-669-1386
TIPS Line: 928-669-5341

Ehrenberg Fire Department

49100 Ehrenberg Poston Hwy.
Ehrenberg, AZ 85334
928-823-8033

CHILDREN AND FAMILY SERVICES

Emergency/Non-Emergency

La Paz County Dispatch

1109 W Arizona Ave
Parker, AZ 85344
928-669-6141

The primary function of Dispatch is to receive all emergency and non-emergency calls for service and from field units ensuring that the proper departments are dispatched.

The La Paz County Central Dispatch is the communication center for all of La Paz County emergency services, with the exception of American Medical Response ambulance and the Colorado River Indian Tribes.

La Paz County Sheriff's Office

1109 W Arizona Ave
Parker, AZ 85344
928-669-6141

McMullen Valley Fire Department

66998 Salome Rd.
Salome, AZ 85348
928-859-3261

Parker Fire District

1101 W Arizona Ave
Parker, AZ 85344
928-669-2206

Parker Police Department

1314 W 11th St.
Parker, AZ 85344

Quartzsite Fire Department

70 Tyson St.
Quartzsite, AZ 85346
928-927-6556

Quartzsite Police Department

928-927-4644
305 N. Plymouth Ave.
PO Box 2812
Quartzsite, AZ 85346

CHILDREN AND FAMILY SERVICES

Health Services

Community Health Worker Program

La Paz County Health Department

1014 W. 11th Street

Parker, AZ 85344

928-669-9364

Point of contact: Carmen Gonzalez

www.lapaz.gov/645/Community-Health-Worker-CHW

The Community Health Worker Program assists residents and visitors to gain access to a wide variety of resources and services that may be required for health and safety. The CHW program covers: Bouse, Cibola, CRIT, Ehrenberg, Parker/Parker Strip, Salome, Quartzsite, and Wenden. CHWs can support members of the public with translation services, veteran resources, health education, informal counseling, mental health services, and more. Some of our goals include improving access to healthcare services, increasing knowledge and use of community and social service resources, and reducing barriers to services available to La Paz County residents and visitors.

La Paz County Health Department

1112 Joshua Ave, Suite #206

Parker, AZ 85344

Hours 7:00am-6:00pm

928-669-1100

Immunizations, TB testing, STD testing, Family planning, Covid-19 Immunizations, birth certificate printing.

Please call for details and appointments.

Health Services

Mental Health

Community Health Associates

1021 S Kofa Ave.

Parker, AZ 85344

928-669-5319

Individual Counseling, Marriage/Family Counseling, Group Counseling, Substance Use Treatment, DUI Treatment, Crisis Services, Health Promotion, Case Management, Peer Support, Community Resources

CHILDREN AND FAMILY SERVICES

Health Services:

Mental Health

M.I.K.I.D.

928-753-4354

www.mikid.org/

Provides support, education, and skill development to families and their children, youth, and young adults who are experiencing mental health and behavior changes.

Postpartum Support International Helpline

Call/Text in English:

1-800-944-4773

Text en Español: 971-203-7773

<https://postpartum.net/>

The HelpLine will provide you with support and resources. You will be asked to leave a confidential message and a trained and caring volunteer will return your call or text.

In an emergency or crisis situation, call or text 988.

In a non-emergency situation, call or text the HelpLine at 800-944-4773. You never need a diagnosis to ask for help.

Call or text the National #MaternalMentalHealth Hotline at 1-833-TLC-MAMA (1-833-852-6262)

Health Services

FQHC

(Federally Qualified Health Centers are outpatient clinics that serve rural areas)

Parker Walk-In Clinic Regional Center for Border Health

601 W Riverside Drive

Parker, AZ 85344

928-256-4109

<https://www.rcfbh.org/>

Behavioral Health Services, Pediatrics & Primary Care Services

Parker Walk-in Clinic is a family integrated service committed to provide the best affordable access to quality health and behavioral health services.

CHILDREN AND FAMILY SERVICES

Nutrition and Food Resources

CRIT Food Distribution Program (FDPIR)

12302 Kennedy Drive.

Parker, AZ 85344

Location: 2nd Avenue & Mohave Rd.
928-575-1191

Commodity Foods Our services are open to anyone living within the CRIT Reservation boundaries.

Our services are for low or no income households residing on the CRIT Reservation.

Applications are accepted M – F 8 - 5

CRIT WIC Program

13350 1st Avenue

Parker, AZ 85344

928-669-5588

Supplemental healthy foods, nutrition educations, referrals to other health services.

Monday-Friday 8am-5pm

Friends of the Quartzsite Food Bank

40 N Moon Mountain Ave

Quartzsite, AZ 85346

928-661-7000

fqfoodbank@gmail.com

Provides food, clothing, and toiletries

Parker Food Bank

1124 Geronimo Ave

Parker, AZ 85344

928-669-0114

Walk-ins served. No referral required. Photo ID and proof of address in La Paz County.

Tuesdays & Thursdays

8:00 AM - 12:00 PM

St. Vincent de Paul

1015 S. Joshua Ave.

Parker, AZ 85344

928-669-2523

Monthly food boxes and bag lunches.

Serving Parker, Bouse, Wenden, Salome, Ehrenberg and homebound. Call for more information.

Yuma Community Food Bank

928-343-1243

yumafoodbank.org

Distribution sites: Bouse, Cibola, Ehrenberg, Salome/Wenden, Parker, and Quartzsite.

CHILDREN AND FAMILY SERVICES

Libraries

Bouse Public Library

44031 E. Plomosa Rd.

Bouse, AZ 85325

928-851-1023

Hours: Mon - Thur, 8am - 4pm

Bouse Public Library is one of two branches of the La Paz Public Library. Books, magazines, movies and internet access available to the public.

Centennial Public Library

69725 Centennial Park Rd.

Salome, AZ 85348

928-859-4271

Hours: 8am-4pm Mon-Thur

Centennial Public Library is one of two branches of the La Paz Public Library. Books, magazines, movies and internet access available to the public.

CRIT Library

26600 Mohave Rd.

Parker, AZ 85344

928-669-1332

C.R.I.T. Library-Archives offers collections of books in Fiction / Non-Fiction – Native American Collections in Adult- Young Adult- Tweens – Children – Early Literacy. We also provide job application assistance- email set-up-Archival Research-Traditional Language classes- Computer Lab-Print-Fax-Arts n Crafts-Traditional workshops- STEM/STEAM- Afterschool Tutoring- After School Activities

CHILDREN AND FAMILY SERVICES

Libraries

Parker Public Library

1001 Navajo Ave
Parker, AZ 85344
Fenix Markel
928-669-2622

The Parker Public Library is dedicated to providing free & equal access to information and knowledge through books, programs, and collaboration with our diverse community. We believe in the freedom to read, to learn, and to discover in a safe environment. For more information please visit our website.

Quartzsite Library

465 North Plymouth Avenue
P.O. Box 2812
Quartzsite, AZ 85346
qsitelib@hotmail.com

Schedule of Library Hours:
Monday-Friday 8am - 5pm Closed
Saturday Sunday & Holidays
928-927-4333

Access to library services including books, audio tapes, computers, videos and magazines is free. Resident cards are valid for two years. The Yuma Reading Council, in partnership with the Quartzsite Library, is offering adult literacy, GED and English as a second language training. If you are interested in volunteering for any one of these projects, please contact the library at 928-927-4333 for more information. Trained tutors are now available for ESL tutoring, privately or in small groups.

NOTES

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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www.swhd.org

"Nothing Out of the Question"
"Toda Pregunta es Buena"

1-877-705-KIDS (5437)

Call the Helpline to speak with an early childhood specialist, on duty Mon-Fri. 8:00 a.m. to 8:00 p.m.

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

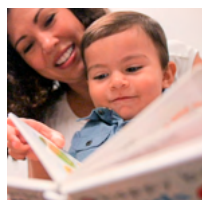
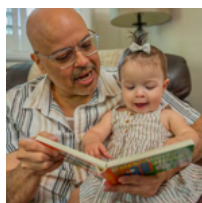
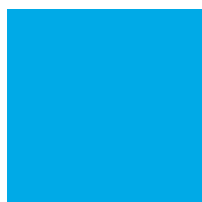
Topics addressed include but not limited to:

- Sleep
- Health and Nutrition
- Safety
- Challenging Behaviors
- Feeding and Eating
- General Child Development
- Potty Training/Learning
- Fussiness/Colic
- Parenting

An extension of the Birth to Five Helpline is the Fussy Baby program. This program provides telephone, home visiting and virtual video consultation and support to help families navigate challenges associated with hard-to-soothe infants, excessive crying, sleeping problems and feeding difficulties during their child's first year of life.

Download the Birth to Five Helpline app!





FIRST THINGS FIRST