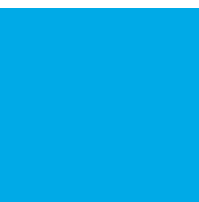
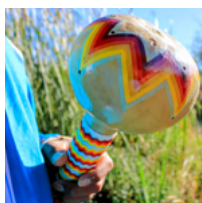


Hualapai Area Resource Guide

Servicing: Hackberry, Peach Springs, Truxton, Valentine and Valley Vista

FOR FAMILIES WITH CHILDREN BIRTH TO AGE 5



FIRST THINGS FIRST

About First Things First

Approved by Arizona voters, First Things First (FTF) works to ensure that your youngest children have access to quality early childhood experiences so they will start school healthy and ready to succeed. Across the state, FTF Regional Partnerships Councils — in collaboration with local leaders — identify the education and health needs of children birth through age 5 in their communities and fund strategies to address those needs.

Phone: 928-854-8732

Address: 1940 Mesquite Avenue Suite E
Lake Havasu City, AZ 86403

Website: www.FirstThingsFirst.org
FirstThingsFirst.org/Regions/Hualapai-Tribe/



Scan here to view the
most recent version
of this guide

Disclaimer

The listing of private companies and services in this guide is not an endorsement or recommendation of those companies or their services by First Things First. First Things First is not responsible or liable for your use of these companies and services. The publishers have taken every reasonable measure to ensure the information in this resource guide is accurate. In the event any information is inaccurate, the publishers assume no liability for damages incurred directly or indirectly as a result of incomplete, incorrect or omitted information. Inclusion of the agency in this directory does not constitute an endorsement of the agency nor their services. If you identify information that is incorrect, please notify First Things First, La Paz/Mohave regional office at 928-854-8732.

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CHILDREN AND FAMILY SERVICES

Assistance Programs

Arizona Department of Economic Security (AZDES)

2400 Airway Ave.
Kingman, AZ 86409
Nutrition, Cash and Medical Assistance
855-432-7587
Child Care Assistance
928-753-6621
Child Support Assistance
928-753-5105
<https://des.az.gov/>

Basic Needs: Adult Protections Services, Food Assistance, Medical Assistance (www.healthearizonaplus.gov), Refugee Resettlement, Shelter and Housing

Child and Family: Cash Assistance, Child Care, Child Support Services, Community Resources

Disabilities: Developmental Disabilities, Early Intervention, Achieving a better life experience

Older Adults: Home and Community Based Services, Healthy Living, Medicare Assistance, Legal Services Assistance, Family Caregiver Support, LongTerm Care Ombudsman, Aging Publications, World Elder Abuse Awareness Day Conference

Employment: Job Seekers, Reentry Services, Employer Resources, Apprenticeship, Unemployment-Employer, Senior Community Service Program, Veterans, Workforce Innovation and Opportunity Act, Eligible Training Provider List

CASA Council Helping Children of Mohave County/La Paz County

Beverly Siemens
Board President
530-632-5567
casasupport.org

CASA Council is a 501(c)(3) non-profit organization, which is a foundation that raises money to benefit the unmet needs of children in out-of-home care (foster care, relative placements, and In-Home Services).

Cornerstone Mission Project, Inc

3049 Sycamore Ave
Kingman, AZ 86409
928-757-1535

Provides a faith-based resource center for people who are homeless.

Services: Public showers, soup kitchen, housing related coordinated entry.

CHILDREN AND FAMILY SERVICES

Assistance Programs

Hualapai Housing Department

600 Highview Street
Peach Springs, AZ 86434
928-769-2274

Low Rent Program—This program provides low-income rental housing to eligible participants who meet all its requirements. It can serve as a stepping stone for the Homeownership Program. Hualapai tribal members are the first to receive preference for the program.

Homeownership Program—This program provides low-income Homeownership opportunities to Hualapai Tribal members who meet the Program's requirements through a lease-to-purchase agreement.

Open 8 am.-5 pm. After-hour emergency call: 928-769-2220

River Cities United Way

928-855-6333

Helping Businesses and individuals with rent utilities, and various needs.

Salvation Army

543 E. Andy Devine Ave.
Kingman, AZ 86401
928-718-2600

Provides food, clothing, and utility payment assistance to people in need.

Social Security Office

1502 Bailey Ave.
Needles, CA 92363
800-772-1213

Obtain social security cards, name change, social security benefits.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources:

Breastfeeding Resources

Arizona 24/7 Breastfeeding Hotline

1-800-307-4231

La Leche League

1-877-452-5324

<https://llusa.org/>

Pregnancy and Breastfeeding Hotline

1-800-833-4642

Birth to Five Resources:

Child Care Resources

Child Care Resource & Referral Child and Family Resources, Inc.

1-800-308-9000

www.azccrr.com

M-F 8:00 AM - 6:00 PM,

Sat 8:00 AM - 12:00 PM

Child Care Information Line:

1-800-308-9000

Child Care Resource & Referral, CCR&R, is a statewide program of Child & Family Resources, Inc. Funding is provided by the Arizona Department of Economic Security's Child Care Administration through federal Child Care Development Block Grant funds. Staff provides referrals to families including but not limited to: child care, financial assistance, housing/utility assistance. Staff also provides consumer education on the different types of childcare options in the state & how to make the best option for your child and family.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources:

Home Visitation

Health Start Program

Mohave County Department of Public Health

700 W. Beale St.

Kingman, AZ 86401

JoBeth Giovanardi

GiovaJ@mohave.gov

928-753-0714 ext. 4323

Community home visitation program that collaborates with pregnant women and their families. The goal of Health Start is to give your child and family the best chance of success with a strong support system through education, development, and referrals to community resources.

High Risk Perinatal Program

Mohave County Department of Public Health

700 W. Beale St.

Kingman, AZ 86401

JoBeth Giovanardi

GiovaJ@mohave.gov

928-753-0714 ext. 4323

Provides free in-home community health nursing services to assist eligible families and their newborns during the transition from the Newborn Intensive Care Unit (NICU) to their home and community. The CHN provides support to the family by providing education and connections to community resources.

Eligibility: Infants who have spent five or more days in the NICU.

Hualapai Parents as Teachers

488 Hualapai Way

Peach Springs, AZ 86434

928-769-2207

Parent Educators provide information and education on parenting, child development and various health topics with an emphasis on family culture while promoting family self-sufficiency. Home Visits/Office Visits are conducted with families with children from birth to age 5.

Service areas include the Hualapai Indian Reservation, Kingman and surrounding areas.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources:

Other

Advice And Aid Pregnancy Center

2975 Northern Ave.
Kingman, AZ 86409
928-692-1301

www.pregnancyadviceaid.org

Free pregnancy tests, free ultrasounds for 9-14 weeks, individual pregnancy counseling, post abortion counseling, education and information on options and alternatives, referrals for prenatal and childbirth classes, clothing (0-5 and maternity), diapers, wipes, formula and furniture for mothers and families. Love, Care and Encouragement.

Birth to Five Helpline

1-877-705-KIDS (5437)

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

(see page 31 for more information)

Boys and Girls Club of Peach Springs

479 Diamond Creek Rd,
Peach Springs, AZ 86434
928-769-1801

Provides a safe, affordable space for youth during out-of-school hours and breaks. Offers programs that promote learning, healthy habits, positive values, and personal growth, with support from trained staff and peer connections.

First Things First

1940 Mesquite Ave Suite E
Lake Havasu City, AZ 86403
928-854-8732

www.FirstThingsFirst.org

Local region covers Mohave and La Paz County

First Things First is Arizona's early childhood agency, with programs and resources to support great childhoods. By focusing on the first five years, we are making a difference in the lives of young children, their families and our communities. Quality early learning and child care are essential for stronger, healthier families and for the economic future of Arizona.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources:

Other

Hualapai Department of Cultural Resources

Historic Rte 66,
Peach Springs, AZ 86434
928-769-2223

Promotes Hualapai traditions and public education through programs in cultural arts, language, history, and ecology. Offers classes in pottery, cradleboard making, genealogy, and ethnobotany, plus youth and elder programs, garden projects, language immersion camps, and school outreach. Supports events like the Pai Gathering and Yuman Language Summit, and provides language resources through grants and community partnerships.

Hualapai Transit

941 Hualapai Way
Peach Springs, AZ 86434
928-769-2216 Ext 1137
hualapai.transit@hualapai-nsn.gov
<https://hualapaitransit.org/>

Hualapai Transit is pleased to serve the rural communities along route 66 Northeast of Kingman to Peach Springs. Communities include Valley Vista, Hackberry, Valentine, Truxton, and Peach Springs.

Hualapai Tribal Courts

960 Rodeo Way
Peach Springs, AZ 86434
928-769-2338

Provides fair and impartial court services with respect for cultural values, confidentiality, and integrity. Handles criminal, civil, juvenile, and traffic cases, and offers support for protective orders, name changes, custody, and child support matters. Services include in-person and Zoom hearings, court filings, and document requests. Filing fees apply; only money orders or certified cashier's checks accepted.

Lantern

(Formerly Bright By Text)

Text "ARIZONAPBS" to 274448
www.azpbs.org/kidstext

Bright by Text is a free program for parents and caregivers that sends tips and resources promoting child development, targeted to a child's age from prenatal to 11 years old, right to their cell phone.

CHILDREN AND FAMILY SERVICES

Child Care Centers

Other

Sleep in Heavenly Peace

844-432-2337 x5101

Volunteers build beds for children and youth that need them.

Hualapai Tribal Member Enrollment

enrollment@hualapai-nsn.gov
928-769-2216

The Enrollment Department handles all needs for Hualapai Tribal Members to Enroll as well as keep member records.

Child Care Centers

Hualapai Day Care

475 Hualapai Way
Peach Springs, AZ 86434
928-769-1515 or 1517

The Hualapai Day Care serves children 6 months to 6 years of age. Our rates are dependent upon monthly net income and the number of people in the household. We provide service to Native American children whose parents or guardians are employed or in school. We also provide services to placement and foster children. We are a tribally operated & located in Peach Springs. Quality First Star Rated Site.

7:45am - 5:15pm Monday - Friday

CHILDREN AND FAMILY SERVICES

Disabilities & Special Needs Resources

Arizona Early Intervention Program (AZEIP)

A statewide system of services and supports for families of infants and toddlers, birth to three years of age, with delays or disabilities. AzEIP provides eligible children and their families access to services to support the child's development through in-home individualized parent education and support. AzEIP has service-providing agencies located in your area.

For more information or to make a referral, visit the website - bit.ly/3S6GK4l or make a referral by calling 888-592-0140

For questions or to check the status of the referral call 602-532-9960

Encircle Families

(Formerly Raising Special Kids)

5025 E. Washington St. Ste. 204
Phoenix, AZ 85034
602-242-4366
www.raisingpecialkids.org

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

Essential Therapy Solutions Clinic

1912 Miami
Kingman, AZ 86401
480-677-3349
<https://www.etherapyaz.com>

Essential Therapy Solutions offers various services and programs in both home and clinic settings.

Essential Therapy Solutions contracts with AzEIP to help children birth to 3 years of age and with the Division of Developmental Disabilities (DDD) for children and some adults 3+ years. We also accept families with insurance as well as cash pay. The services we provide are Speech Therapy, Occupational Therapy, Physical Therapy, Feeding Therapy, Service Coordination, Developmental Instruction and Telehealth.

RISE Services

2519 Airway Ave.
Kingman, AZ 86409
928-753-5889

Provides support services for children, adults and seniors with developmental and physical disabilities.

CHILDREN AND FAMILY SERVICES

Early Intervention Information

What is Early Intervention?

Early Intervention is specialized support for infants and toddlers (birth to age 3) who have or may be at risk for developmental delays. It includes services like speech therapy, physical therapy and developmental support to help children reach important milestones.

Why is Early Intervention Important?

Early support can improve a child's growth, learning and future success. It helps children become more independent, improves school readiness and may reduce long-term therapy costs.

What Can I Do if I Have Concerns?

Talk to your child's pediatrician – Don't wait! Early action makes a difference.

Check developmental milestones – Use the CDC Milestone Tracker App (free on iOS & Android) or search CDC Milestone Checklist online.

Request a developmental screening – Ask your doctor or complete a free Ages & Stages Questionnaire (ASQ)
<https://www.firstthingsfirst.org/resources/ages-and-stages/>

Get an evaluation – See more info below.

How do I get my child evaluated?

If your child is Birth to Age 3:

Contact the Arizona Early Intervention Program where you can refer your child for evaluation. Scan the QR Code for more information.



If your child is age 3 to 21:

Contact your local school district to learn about Child Find events or request an evaluation. With parent permission, a home visitor, child care provider, teacher or healthcare provider can also refer the child for evaluation. Scan the QR Code for more information.



FIRST THINGS FIRST Ages & Stages

Available in
English and
Spanish



From the day your child is born, understanding how they play, learn, speak, act and move offers important clues about your child's development. While all children develop differently, it helps to know if your child is meeting typical milestones at different ages and stages and how you can support their healthy development. Understand what's happening at different stages of your child's life and how you can help them learn and grow.

VISIT FirstThingsFirst.org/AgesAndStages

CHILDREN AND FAMILY SERVICES

Education

District

Kingman Academy of Learning- Primary School

3400 N. Burbank St.
Kingman, AZ 86409
928-692-2500

Charter schools providing services to families with children in preschool through high school.

Kingman Unified School District

3033 MacDonald Ave
Kingman, AZ 86401
928-753-5678

Provides academic instruction for students in pre-K through grade 12. Homeless School Transition Program, Special Education Classes/ Centers.

Peach Springs Unified School District #8

403 Diamond Creek Road
Peach Springs, AZ 86434
Elementary / District Office
928-769-2202

Music Mountain High School
928-455-5003

Provides academic instruction for students in pre-k through grade 12.

Seligman Unified School District #40

54255 N. Main St.
Seligman, AZ 86337
(928) 216-4123

Education

Other

Hualapai Department of Education and Training

460 Hualapai Way
Peach Springs AZ 86434
928-769-2200

Offers a book distribution program, public family library, supplemental food distribution, and additional support services to meet community needs.

CHILDREN AND FAMILY SERVICES

Education

Schools/Preschool

Emmanuel Christian Academy

3120 Hualapai Mountain Rd.
Kingman, AZ 86401
928-681-4220

Private Christian School for ages
pre-k through 8th grade.

Hualapai Tribe Head Start

479 Hualapai Way
Peach Springs, AZ 86434
928-769-2522
Headstart@hualapai-nsn.gov

Center-based early childhood
development program—family
development services. Provide
meals daily and transportation
services. Health screenings.

Eligibility Requirements: Income
guidelines and age (3 & 4 years old
by August 31). Priority to children
with disabilities, homeless, foster
children, Hualapai Members lowest
income.

Little Brick Schoolhouse

2302 Lilly Ave.
Kingman, AZ 86401
928-753-5439

Preschool services for families
with children ages 3-12 years old.

Little Eagle Preschool

1475 Gordon Dr.
Kingman, AZ 86409
928-757-7888
Open 6am.-6pm.

Preschool services provided to
families with children ages 3-5
years. Accepts DES subsidy.

Valentine Elementary School

12491 Byers St
Peach Springs, AZ 86434
928-769-2310

CHILDREN AND FAMILY SERVICES

Emergency/Non-Emergency

AZ Statewide Crisis Line

1-844-534-4673 or 1-844-534-HOPE

Kingman Aid to Abused People

Confidential Location

Kingman, AZ 86401

928-753-4242

Services: Baby clothes donation programs, cleaning product donation programs, domestic violence hotline, domestic violence shelter, housing related coordinated entry, personal grooming supplies, sexual assault hotline, sexual assault shelter, underwear/sleepwear donation program.

Hualapai Fire & EMS

941 Hualapai Way,
Peach Springs, AZ 86434
928-769-2205 or 911

In addition to emergency response, offers First Aid and CPR training, fire extinguisher courses, and business safety inspections.

Hualapai Police

468 Diamond Creek
Peach Springs, AZ 86434
Office Phone
928-769-1024
Dispatch
928-769-2220

Provides emergency response law enforcement and crime preventions services.

CHILDREN AND FAMILY SERVICES

Health Services

Community Health Outreach Workers

River Cities United Way

928-855-6333

Community Health Outreach Workers will work closely with medical providers, primary care teams, and other agencies to improve patient care and outcomes.

Diabetes Prevention/Fitness Program

Hualapai Prevention Diabetes Program for Indians

950 Rodeo Way,
Peach Springs, AZ 86434
928-769-2644

The Hualapai Diabetes Prevention Program manages the Community Fitness Center. It provides basic health assessments and personalized fitness programs, which may include guidance on the use of exercise equipment and/or healthy eating choices.

Mohave County Health Department

700 Beale St.
Kingman, AZ 86402
928-753-0714
Mailing Address: PO Box 7000
Kingman, AZ 86402

Family Planning Clinics, Environmental Health Programs, Mental Health Services, Nutrition Programs, Vaccination Programs, Woman, Infant and Children Program (WIC), Women's Health Programs.

Birth & Death Certificates, Vital Records, Flu & Pneumonia Shots, HIV & STD testing, Laboratory Services.

Peach Springs Health Center Indian Health Services

943 Hualapai Way
Peach Springs, AZ 86434
928-769-2900

The Peach Springs Health Center is a 40-hour ambulatory care facility that supplements the hospital's health care. General outpatient services, dental care and preventive services are provided by one physician and one physician's assistant. Services provided by the Indian Health Service (IHS) are meant exclusively for American Indians and Alaska Natives.

CHILDREN AND FAMILY SERVICES

Health Services

Dental

Just For Kids Dentistry

2401 Stockton Hill Rd # 1
Kingman, AZ 86401
928-718-7188

Kids Little Smiles

2202 Hualapai Mountain Rd
Kingman, AZ 86401
928-718-7645

Pediatric dental provider.

Health Services:

Mental Health

Hualapai Behavioral Health

488 Hualapai Way
Peach Springs, AZ 86434
928-769-2207

We provide counseling services to individuals and families in a variety of settings, including traditional in-office sessions (individual or group) and non-traditional environments such as homes, the Juvenile Detention Center, or Adult Jail. Program counselors also collaborate with schools, police, social services, and other referring agencies to offer support, coordinate placement in residential facilities, and ensure aftercare follow-up upon an individual's return to the community.

CHILDREN AND FAMILY SERVICES

Health Services:

Mental Health

Mohave Mental Health Children's Clinic

915 Airway Ave.
Kingman, AZ 86409
928-718-4800
www.mmhc-inc.org

Outpatient clinics offer a full array of behavioral health services to both children and adults. Services may include assessment, psychiatric interventions, therapy and counseling (provided in individual, family, and groups), medication, residential or inpatient programs, case management, vocational services, and living skills training. Other supportive services, such as peer support services, health promotion, and family support services are also offered, geared towards helping individuals and families develop additional self-awareness and specialized recovery skills to improve independent functioning and quality of life. All services are provided by qualified behavioral health staff and are driven by a service plan developed by the client and the client's child and family team or adult recovery team.

M.I.K.I.D. - Kingman

2615 E. Beverly Ave.
Kingman, AZ 86409
928-753-4354
www.mikid.org/

Provides support, education, and skill development to families and their children, youth, and young adults who are experiencing mental health and behavior changes.

Parent Support Circle Health Education and Wellness Department

488 Hualapai Way
Peach Springs, AZ.
928-769-2207

Covers topics like effective communication, family dynamics, cultural values, anger management, self-care, and more. Includes group discussion, problem-solving, and personal growth in a confidential, compassionate space. Lunch provided (first come, first served). A supportive community for parents to connect, reflect and grow together.

CHILDREN AND FAMILY SERVICES

Health Services:

Mental Health

Postpartum Support International Helpline

Call/Text in English: 1-800-944-4773

Text en Español: 971-203-7773

<https://postpartum.net/>

The HelpLine will provide you with support and resources. You will be asked to leave a confidential message and a trained and caring volunteer will return your call or text. In an emergency or crisis situation, call or text 988.

In an emergency or crisis situation, call or text 988.

In a non-emergency situation, call or text the HelpLine at 800-944-4773.

You never need a diagnosis to ask for help.

Call or text the National #MaternalMentalHealth Hotline at 1-833-TLC-MAMA (1-833-852-6262)

Southwest Behavioral Health Outpatient Clinic

2215 Hualapai Mountain Rd. Ste H
Kingman, AZ 86401

928-753-9387

www.sbhservices.org

Services provided: Individual, Group and Family Counseling, Medication Services, Psychiatric Care, Skills Training, Case Management, Vocational Services, DUI Education, and DV Education.

Health Services:

Pediatrics

Family Practice Residency Clinic

3801 Santa Rosa Drive Ste #400

Kingman, AZ 86401

928-681-8701

KRMC's Family Practice Residency Clinic offers comprehensive medical care to people of all ages, from newborns to senior adults. Whether you're ill or simply in need of a check-up, our family medicine residents will provide you thorough, attentive medical care.

Joshua Tree Pediatrics

2202 Stockton Hill Rd. #100

Kingman, AZ 86401

928-681-8706

At Joshua Tree Pediatrics, our skilled pediatricians and support staff provide a full range of healthcare services for children 0-18. From routine health maintenance and preventative care to diagnosing and treating complex medical problems, we are here to assure your child's maximum health and wellbeing at each stage in their development.

CHILDREN AND FAMILY SERVICES

Health Services:

FQHC

(Federally Qualified Health Centers are outpatient clinics that serve rural areas)

North Country Healthcare

Dr. Tiffany Russell
1510 Stockton Hill Rd.
Kingman, AZ 86401
928-753-1177

North Country HealthCare's doctors and care providers are dedicated to providing primary care to you and your whole family. Our family practice offers walk-ins and same day appointments for routine and sick visits. We accept most insurance plans and offer affordable payment options for those who are uninsured or underinsured. Our low-cost options include a sliding fee scale discount program which is based on income and family size.

Kingman Family Walk-in Clinic Regional Center for Border Health

2302 Stockton Hill Rd. Suite G
Kingman, AZ 86401

Family Primary Care:

Immunizations, family planning services, woman and teens health, laboratory services, and chronic disease management.

Behavioral Health: Intake, assessments, referral services, children and adult services, substance abuse, evaluation and treatment, general mental health therapy, psychiatric health and medication management.

Libraries

Mohave County Library - Golden Valley

4901 Pay Roll Ave.
Chloride, AZ 86431
928-565-2200
Call for current hours

Library loans books, e-books, audio books, videotapes, CDs and DVDs.

Mohave County Library - Kingman

3269 N. Burbank St
Kingman, AZ 86409
928-692-2665

Services: Book loan, document copying services, faxing, public access computers, public internet access, family story time, after school fun for kids.

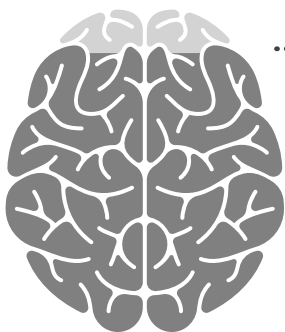
Mohave County Library - Valle Vista

7264 Concho Dr. Ste B
Kingman, AZ 86401
928-692-7662
Call for current hours

Library loans books, e-books, audio books, videotapes, CDs and DVDs.

Why Early Childhood Matters

From birth to age 5, a child's brain grows more than at any other time in life. And early brain development has a lasting impact on a child's ability to learn and succeed in school and life. The quality of a child's experiences in the first few years of life – positive or negative – helps shape how their brain develops.



90%

**of Brain Growth Happens
Before Kindergarten**

At birth, the average baby's brain is about a quarter of the size of the average adult brain. Incredibly, it doubles in size in the first year. It keeps growing to about 80% of adult size by age 3 and 90% – nearly full grown – by age 5.

The brain is the command center of the human body. A newborn baby has all of the brain cells (neurons) they'll have for the rest of their life, but it's the connections between these cells that really make the brain work. Brain connections enable us to move, think, communicate and do just about everything. The early childhood years are crucial for making these connections. At least one million new neural connections (synapses) are made every second, more than at any other time in life.

The early years are the best opportunity for a child's brain to develop the connections they need to be healthy, capable, successful adults. The connections needed for many important, higher-level abilities like motivation, self-regulation, problem solving and communication are formed in these early years – or not formed. It's much harder for these essential brain connections to be formed later in life.

CHILDREN AND FAMILY SERVICES

Nutrition and Food Resources

Helping Other People Eat (H.O.P.E.)

Emergency Operations Center

1176 Mesa View Dr.
Peach Springs, AZ 86434
928-769-2080
928-769-0003

Provide families in need with food boxes. Available on the 2nd and 4th Wednesday of the month drive-through service. Delivery is available for special circumstances except for distribution on Wednesdays.

Office hours are available Monday-Thursday, 7:30 am-5:30 pm.

Hualapai Education and Training Department

460 Hualapai Way
Peach Springs, AZ 86434
928-769-2200

Provide food boxes every fourth Thursday of the month at 9am.

Hualapai WIC Program Hualapai Health Education and Wellness Department

488 Hualapai Way
Peach Springs, AZ.
928-769-2207

Supplemental healthy foods, nutrition education, and referrals to other health services, for Prenatal to 5 years of age qualify.

Kingman Area Food Bank

2930 E Butler Ave.
Kingman, AZ 86409
928-757-4165

Provides emergency food boxes once every 30 days if needed.

Salvation Army

1200 E. Andy Devine Ave.
Kingman, AZ 86401
928-718-2600

Provides food, clothing, and utility payment assistance to people in need.

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"Nothing Out of the Question"
"Toda Pregunta es Buena"

1-877-705-KIDS (5437)

Call the Helpline to speak with an early childhood specialist, on duty Mon-Fri. 8:00 a.m. to 8:00 p.m.

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

Topics addressed include but not limited to:

- Sleep
- Health and Nutrition
- Safety
- Challenging Behaviors
- Feeding and Eating
- General Child Development
- Potty Training/Learning
- Fussiness/Colic
- Parenting

An extension of the Birth to Five Helpline is the Fussy Baby program. This program provides telephone, home visiting and virtual video consultation and support to help families navigate challenges associated with hard-to-soothe infants, excessive crying, sleeping problems and feeding difficulties during their child's first year of life.

Download the Birth to Five Helpline app!



