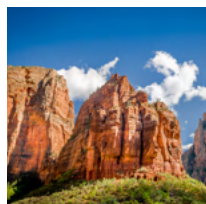
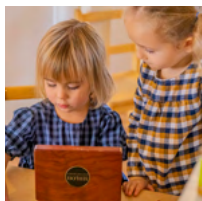


# Colorado City Area Resource Guide

Servicing: Centennial Park and Cane Beds

**FOR FAMILIES WITH CHILDREN BIRTH TO AGE 5**



**2025-2026**

**## FIRST THINGS FIRST**

## About First Things First

Approved by Arizona voters, First Things First (FTF) works to ensure that your youngest children have access to quality early childhood experiences so they will start school healthy and ready to succeed. Across the state, FTF Regional Partnerships Councils — in collaboration with local leaders — identify the education and health needs of children birth through age 5 in their communities and fund strategies to address those needs.

**Phone:** 928-854-8732

**Address:** 1940 Mesquite Avenue Suite E  
Lake Havasu City, AZ 86403

**Website:** [www.FirstThingsFirst.org](http://www.FirstThingsFirst.org)  
[FirstThingsFirst.org/Regions/La-Paz-Mohave/](http://FirstThingsFirst.org/Regions/La-Paz-Mohave/)



Scan here to view the  
most recent version  
of this guide

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## Disclaimer

The listing of private companies and services in this guide is not an endorsement or recommendation of those companies or their services by First Things First. First Things First is not responsible or liable for your use of these companies and services. The publishers have taken every reasonable measure to ensure the information in this resource guide is accurate. In the event any information is inaccurate, the publishers assume no liability for damages incurred directly or indirectly as a result of incomplete, incorrect or omitted information. Inclusion of the agency in this directory does not constitute an endorsement of the agency nor their services. If you identify information that is incorrect, please notify First Things First, La Paz/Mohave regional office at 928-854-8732.

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# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### **Arizona Department of Economic Security (AZDES)**

1057 Vista Ave.  
Page, AZ 86040  
928-645-8131  
<https://des.az.gov/>

**Basic Needs:** Adult Protections Services, Food Assistance, Medical Assistance ([www.healthearizonaplus.gov](http://www.healthearizonaplus.gov)), Refugee Resettlement, Shelter and Housing

**Child and Family:** Cash Assistance, Child Care, Child Support Services, Community Resources

**Disabilities:** Developmental Disabilities, Early Intervention, Achieving a better life experience

**Employment:** Job Seekers, Reentry Services, Employer Resources, Apprenticeship, Unemployment-Employer, Senior Community Service Program, Veterans, Workforce Innovation and Opportunity Act, Eligible Training Provider List.

**Older Adults:** Home and Community Based Services, Healthy Living, Medicare Assistance, Legal Services Assistance, Family Caregiver Support, LongTerm Care Ombudsman, Aging Publications, World Elder Abuse Awareness Day Conference

### **APS Crisis Bill Assistance Program WACOG**

928-753-6247

Provides utility assistance. They offer other services ranging from weatherization of homes to cut energy cost to rental assistance on a case by case basis.

### **CASA Council Helping Children of Mohave County/La Paz County**

Beverly Siemens  
Board President  
530-632-5567  
[casasupport.org](http://casasupport.org)

CASA Council is a 501(c)(3) non-profit organization, which is a foundation that raises money to benefit the unmet needs of children in out-of-home care (foster care, relative placements, and In-Home Services).

# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### Community Legal Services

2701 E. Andy Devine, Suite 400  
Kingman, AZ 86401  
928-681-1177  
1-800-255-9031  
TTY: Arizona Relay: 711  
FAX: 928-681-5998  
Email: [infomoco@clsaz.org](mailto:infomoco@clsaz.org)

\* Applications for services in Mohave and La Paz Counties are completed via the Kingman office.

Community Legal Services (CLS) is dedicated to providing legal assistance, advice or representation, self-help materials and legal education so people can know their rights. We focus on helping survivors of domestic violence; assisting victims of consumer fraud and abuse, protecting tenants from unlawful/unfair practices by landlords, foreclosures, legal problems affecting agricultural workers, wage claims and other employment matters, and federal and state programs affecting peoples' health and economic stability.

### Cherish Families

280 W. Township Ave.  
Colorado City, AZ 86021  
Amanda Knudson  
928-875-0969  
[cherishfamilies.org/](http://cherishfamilies.org/)  
[aknudson@cherishfamilies.org](mailto:aknudson@cherishfamilies.org)  
Cherish Families provides food, clothing, hygienic and other needs for individuals from polygamous families or people from communities who are in crisis. In addition, we work with clients to set up long term supports to help provide for basic needs while moving toward stabilization. For information on basic needs contact us here.

### Salvation Army Family Services - St. George

803 S. Bluff St.  
St. George, UT 84770  
435-275-4975  
Provides food, clothing, and utility payment assistance to people in need.

### Social Security Office

1091 N Bluff St #1100  
St. George, UT 84770  
800-772-1213  
Obtain social security cards, name change, social security benefits.

# CHILDREN AND FAMILY SERVICES

## Assistance Programs

### Short Creek Dream Center

980 W. Field Ave.  
Hilldale, UT 84784  
435-619-4294  
[www.shortcreekdreamcenter.org/](http://www.shortcreekdreamcenter.org/)  
[konstance@shortcreekdreamcenter.org](mailto:konstance@shortcreekdreamcenter.org)

The Short Creek Dream Center exists to serve the twin towns of Hilldale and Colorado City as they continue to grow, heal, and transform.

From transitional housing, recovery, community outreach and helping combat the effects of poverty, the Dream Center exists to help find and fill the needs of the Short Creek Community and beyond.

## Birth to Five Resources:

### *Child Care Resources*

### Child Care Resource & Referral Child and Family Resources, Inc.

1-800-308-9000  
[www.azccrr.com](http://www.azccrr.com)  
M-F 8:00 AM - 6:00 PM,  
Sat 8:00 AM - 12:00 PM  
Child Care Information Line:  
1-800-308-9000

Child Care Resource & Referral, CCR&R, is a statewide program of Child & Family Resources, Inc. Funding is provided by the Arizona Department of Economic Security's Child Care Administration through federal Child Care Development Block Grant funds. Staff provides referrals to families including but not limited to: child care, financial assistance, housing/utility assistance. Staff also provides consumer education on the different types of childcare options in the state & how to make the best option for your child and family.

## Birth to Five Resources:

### *Breastfeeding Resources*

### Arizona 24/7 Breastfeeding Hotline

1-800-307-4231

### La Leche League

1-877-452-5324  
<https://llusa.org/>

### Pregnancy and Breastfeeding Hotline

1-800-833-4642

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Home Visitation*

#### **Health Start Program Mohave County Department of Public Health**

JoBeth Giovanardi  
GiovaJ@mohave.gov  
928-753-0714 ext. 4323

Community home visiting program that collaborates with pregnant women and their families. The goal of Health Start is to give your child and family the best chance of success with a strong support system through education, development, and referrals to community resources. Health Start enrollment eligibility is prenatal women and families with children up to the age of 2 years old.

#### **Healthy Families Program & Parents As Teachers Child and Family Resources, Inc.**

60 Township Ave.  
Colorado City, AZ 86021  
Jo Harper  
jharper@cfraz.org  
928-753-4410

Home visitation programs, families can enroll while prenatal to five years old. The programs also includes a car seat safety program, assistance with diapers and community based referrals as needed.

#### **High Risk Perinatal Program Mohave County Department of Public Health**

JoBeth Giovanardi  
GiovaJ@mohave.gov  
928-753-0714 ext. 4323

Provides free in-home community health nursing services to assist eligible families and their newborns during the transition from the Newborn Intensive Care Unit (NICU) to their home and community. The CHN provides support to the family by providing education and connections to community resources.

Eligibility: Infants who have spent five or more days in the NICU.

# CHILDREN AND FAMILY SERVICES

## Birth to Five Resources:

### *Other*

#### **Birth to Five Helpline**

1-877-705-KIDS (5437)

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

(see page 23 for more information)

#### **Family Support Coordination Root For Kids**

St. George Office  
2044 Mesa Palms Dr  
St. George, UT 84770  
435-673-5353  
[www.rootforkids.org](http://www.rootforkids.org)

The Root For Kids Family Support Coordinator partners with families to assist with locating community support agencies that provide needed community services. The Family Support Coordinator completes the Protective Factors Survey with each family. During the survey, the Family Support Coordinator learns about the unique needs of each family, develops a service plan and provides information about the community resources that can address family's concerns. The Family Support Coordinator assists the family in following through with obtaining these resources to allow for success in achieving the goals of the service plan.

#### **First Things First**

1940 Mesquite Ave Suite E  
Lake Havasu City, AZ 86403  
928-854-8732  
[www.FirstThingsFirst.org](http://www.FirstThingsFirst.org)

Local region covers Mohave and La Paz County

First Things First is Arizona's early childhood agency, with programs and resources to support great childhoods. By focusing on the first five years, we are making a difference in the lives of young children, their families and our communities. Quality early learning and child care are essential for stronger, healthier families and for the economic future of Arizona.

#### **Lantern**

*(Formerly Bright By Text)*

Text "ARIZONAPBS" to 274448  
[www.azpbs.org/kidstext](http://www.azpbs.org/kidstext)

Bright by Text is a free program for parents and caregivers that sends tips and resources promoting child development, targeted to a child's age from prenatal to 11 years old, right to their cell phone.



# CHILDREN AND FAMILY SERVICES

## Disabilities & Special Needs Resources

### **Arizona Center for Disability Law, Inc**

<https://www.azdisabilitylaw.org>

### **Arizona Early Intervention Program (AZEIP)**

A statewide system of services and supports for families of infants and toddlers, birth to three years of age, with delays or disabilities. AZEIP provides eligible children and their families access to services to support the child's development through in-home individualized parent education and support. AZEIP has service-providing agencies located in your area.

For more information or to make a referral, visit the website - [bit.ly/3S6GK4I](https://bit.ly/3S6GK4I)

or make a referral by calling 888-592-0140

For questions or to check the status of the referral call 602-532-9960

### **Autism Courage Foundation**

180 W. Wilkins St.

Colorado City, AZ 86021

435-691-3195

[autismcouragefoundation.com/#/](https://autismcouragefoundation.com/#/)  
[autismcouragefoundation@gmail.com](mailto:autismcouragefoundation@gmail.com)

We provide appropriate education and support to individuals of need. We maintain the highest standards of respect, privacy, care and empathy for delayed learners and their providers/caregivers. We network with community members to provide resources, guidance, educational scholarships and gifting that infuse individuals with Hope and Courage to build a fulfilled future.

### **Encircle Families**

*(Formerly Raising Special Kids)*

5025 E. Washington St. Ste. 204

Phoenix, AZ 85034

602-242-4366

[www.raisingpecialkids.org](http://www.raisingpecialkids.org)

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

# CHILDREN AND FAMILY SERVICES

## Early Intervention Information

### What is Early Intervention?

Early Intervention is specialized support for infants and toddlers (birth to age 3) who have or may be at risk for developmental delays. It includes services like speech therapy, physical therapy and developmental support to help children reach important milestones.

### Why is Early Intervention Important?

Early support can improve a child's growth, learning and future success. It helps children become more independent, improves school readiness and may reduce long-term therapy costs.

### What Can I Do if I Have Concerns?

**Talk to your child's pediatrician** – Don't wait! Early action makes a difference.

**Check developmental milestones** – Use the CDC Milestone Tracker App (free on iOS & Android) or search CDC Milestone Checklist online.

**Request a developmental screening** – Ask your doctor or complete a free Ages & Stages Questionnaire (ASQ)  
<https://www.firstthingsfirst.org/resources/ages-and-stages/>

**Get an evaluation** – See more info below.

---

### How do I get my child evaluated?

#### **If your child is Birth to Age 3:**

Contact the Arizona Early Intervention Program where you can refer your child for evaluation. Scan the QR Code for more information.



#### **If your child is age 3 to 21:**

Contact your local school district to learn about Child Find events or request an evaluation. With parent permission, a home visitor, child care provider, teacher or healthcare provider can also refer the child for evaluation. Scan the QR Code for more information.



# # FIRST THINGS FIRST Ages & Stages

Available in  
English and  
Spanish



From the day your child is born, understanding how they play, learn, speak, act and move offers important clues about your child's development. While all children develop differently, it helps to know if your child is meeting typical milestones at different ages and stages and how you can support their healthy development. Understand what's happening at different stages of your child's life and how you can help them learn and grow.

**VISIT** [FirstThingsFirst.org/AgesAndStages](https://FirstThingsFirst.org/AgesAndStages)

# CHILDREN AND FAMILY SERVICES

## Education

### **Colorado City Unified School District**

PO Box 309

Colorado City, AZ 86021

435-900-8001

928-875-8066

Serving families from Pre-K through 12th grade

### **Creekside Montessori School**

520 W. Johnson Ave.

Colorado City, AZ 86021

928-614-1641

Margaret Williams

[margaret@creeksideway.com](mailto:margaret@creeksideway.com)

Creating a peaceful community of diverse, respectful, self-motivated, & independent learners.

### **Cottonwood Elementary & Cottonwood Developmental Preschool**

185 East University Ave.

Colorado City, AZ 86021

928-875-9055

Early Childhood Special Education is a state and federally mandated program for children aged 3–5 who meet state eligibility criteria because they are experiencing developmental delays. School districts and other public agencies are responsible for locating, identifying, and evaluating eligible children and for offering a free appropriate public education (FAPE). Eligible children are entitled to a FAPE at no cost to the family with programming designed to help children meet challenging objectives alongside their typically developing peers. When a delay is suspected, or children are not meeting milestones, local school districts offer Child Find services, providing screening, and if needed, evaluation services to determine eligibility.

Accepts DES subsidy.

# CHILDREN AND FAMILY SERVICES

## Education

### Masada Charter School Early Learning Center Sensory Rich Developmental Preschool

300 West Woolley, Bldg #B  
PO Box 2277  
Centennial Park, AZ 86021  
928-875-2525  
[www.masadaschool.org](http://www.masadaschool.org)

The vision of Masada Charter School is to 'Unleash the Learning Power of Students'. Our mission is to provide the opportunity for students to develop their learning skills and be motivated to use them continually in their lives through the close involvement of parents and the use of the most current learning technology. These means will lead to comprehensively, literate, self-fulfilled individuals who will benefit the community.

### Water Canyon Preschool

250 Newell Ave.  
Hildale, UT 84784  
435-874-1182

Monday and Wednesday (Session 1)  
3 yr olds Room A: 8:10-10:55  
Tuesday and Thursday (Session 2)  
3 yr olds Room A 8:10-10:55  
Monday-Thursday (Session 1)  
4 yr olds Room OEK 8:10-10:55  
Monday-Thursday (Session 2)  
4yr olds Room OEK 11:55-2:40

# CHILDREN AND FAMILY SERVICES

## Emergency/Non-Emergency

### Arizona Department of Child Safety

1057 Vista Ave.  
Page, AZ 86040  
928-608-4245  
Child Abuse Hotline  
1-888-767-2445

### AZ Statewide Crisis Line

1-844-534-4673 or 1-844-534-HOPE

### Colorado City Fire Department

40 S. Pioneer St.  
Colorado City, AZ 86021  
Non-Emergency 928-875-2400  
Emergency Dial 911  
Emergency services.

### Colorado City Police Department

50 N. Colvin St.  
Colorado City, AZ 86021  
Non-Emergency 928-875-9170  
Emergency Dial 911  
Emergency Service

## Health Services

### Heritage Midwifery

1065 N. Hildale St. #941  
Hildale, UT 84784  
P:435-256-8131  
F. 435-256-8931  
Helen Barlow  
heritagecpm@gmail.com  
453-256-8131

Midwives care for low risk pregnant women.

### Hometown Wellness

1070 Hildale St.  
Hildale, UT 84784  
Thiel Cooke  
435-216-5488

Hometown Wellness is a primary care facility serving a wide range of patients.

### Mohave County Department of Public Health

2096 S. Hwy 389  
Colorado City, AZ 86021  
928-753-8675

Services provided include Free immunization clinics for Kids and Adults. The other services we offer are listed under the different programs.

# CHILDREN AND FAMILY SERVICES

## Health Services:

### Mental Health

#### M.I.K.I.D.

928-753-4354

[www.mikid.org/](http://www.mikid.org/)

Provides support, education, and skill development to families and their children, youth, and young adults who are experiencing mental health and behavior changes.

#### Postpartum Support International Helpline

Call/Text in English:

1-800-944-4773

Text en Español: 971-203-7773

<https://postpartum.net/>

The Helpline will provide you with support and resources. You will be asked to leave a confidential message and a trained and caring volunteer will return your call or text.

In an emergency or crisis situation, call or text 988.

In a non-emergency situation, call or text the Helpline at 800-944-4773. You never need a diagnosis to ask for help.

Call or text the National #MaternalMentalHealth Hotline at 1-833-TLC-MAMA (1-833-852-6262)

## Health Services

### FQHC

*(Federally Qualified Health Centers are outpatient clinics that serve rural areas)*

#### Creek Valley Health Clinic

20 S. Colvin St. #418

Colorado City, AZ 86021

P: 435-900-1104

F: 928-875-2499

Creek Valley Health Clinic offers a range of essential healthcare services designed to meet the diverse needs of our community.

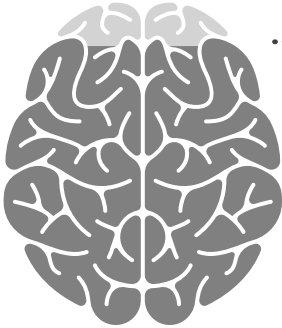
Our primary care services cover routine medical care, ensuring that individuals receive thorough and precise attention to their general health needs.

We specialize in early childhood developmental screening, prioritizing the healthy growth and development of our youngest patients.

Recognizing the critical connection between physical and mental health, Creek Valley Health Clinic integrates behavioral health services seamlessly into our primary care setting. This approach allows us to provide a comprehensive and individualized healthcare experience, addressing a spectrum of health concerns. Whether it's routine check-ups or specialized services, Creek Valley Health Clinic is committed to promoting overall wellness and providing accessible, high-quality healthcare for our community.

# Why Early Childhood Matters

From birth to age 5, a child's brain grows more than at any other time in life. And early brain development has a lasting impact on a child's ability to learn and succeed in school and life. The quality of a child's experiences in the first few years of life – positive or negative – helps shape how their brain develops.



## 90%

**of Brain Growth Happens  
Before Kindergarten**

At birth, the average baby's brain is about a quarter of the size of the average adult brain. Incredibly, it doubles in size in the first year. It keeps growing to about 80% of adult size by age 3 and 90% – nearly full grown – by age 5.

The brain is the command center of the human body. A newborn baby has all of the brain cells (neurons) they'll have for the rest of their life, but it's the connections between these cells that really make the brain work. Brain connections enable us to move, think, communicate and do just about everything. The early childhood years are crucial for making these connections. At least one million new neural connections (synapses) are made every second, more than at any other time in life.

The early years are the best opportunity for a child's brain to develop the connections they need to be healthy, capable, successful adults. The connections needed for many important, higher-level abilities like motivation, self-regulation, problem solving and communication are formed in these early years – or not formed. It's much harder for these essential brain connections to be formed later in life.



# CHILDREN AND FAMILY SERVICES

## Libraries

### **Washington County Library**

440 E. Newel Ave.  
Hildale, UT 84784  
435-874-1341

The Hildale Public Library is dedicated to providing free & equal access to information and knowledge through books, programs, and collaboration with our diverse community. We believe in the freedom to read, to learn, and to discover in a safe environment.

## Nutrition and Food Resources

### **Salvation Army Family Services - St. George**

803 S. Bluff St.  
St. George, UT  
435-275-4975

Provides food, clothing, and utility payment assistance to people in need.

### **Colorado City WIC**

2096 S HWY 389  
Colorado City, AZ 86021  
928-753-8675

Supplemental healthy foods, nutrition education, referrals to other health services Prenatal-5 years of age qualify.

## NOTES

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[www.swhd.org](http://www.swhd.org)

*"Nothing Out of the Question"*  
*"Toda Pregunta es Buena"*

**1-877-705-KIDS (5437)**

**Call the Helpline to speak with an early childhood specialist, on duty Mon-Fri. 8:00 a.m. to 8:00 p.m.**

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

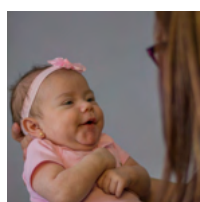
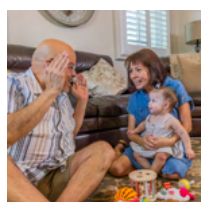
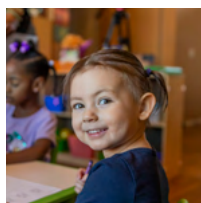
**Topics addressed include but not limited to:**

- Sleep
- Health and Nutrition
- Safety
- Challenging Behaviors
- Feeding and Eating
- General Child Development
- Potty Training/Learning
- Fussiness/Colic
- Parenting

An extension of the Birth to Five Helpline is the Fussy Baby program. This program provides telephone, home visiting and virtual video consultation and support to help families navigate challenges associated with hard-to-soothe infants, excessive crying, sleeping problems and feeding difficulties during their child's first year of life.

**Download the Birth to Five Helpline app!**





## FIRST THINGS FIRST