

2024 Beaver Dam/Littlefield Resource Guide

FOR FAMILIES WITH CHILDREN BIRTH-5 YEARS

 FIRST THINGS FIRST

FIRST THINGS FIRST

Mission

First Things First (FTF) is an essential leader and partner in creating a family-centered, equitable, high-quality early childhood system that supports the development, well-being, health and education of all Arizona's children, birth to age 5.

Vision

All Arizona's children are ready to succeed in school and in life.



Scan here to view
this guide online

**For updates call FTF Lake Havasu City office
928-854-8732**

www.FirstThingsFirst.org/Regions/La-Paz-Mohave

First Things First is Arizona's early childhood agency, with free programs, information and resources to support children's health and development.

www.FirstThingsFirst.org

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CHILDREN AND FAMILY SERVICES

Assistance Programs

APS Crisis Bill Assistance Program WACOG

928-753-6247

Provides utility assistance. They offer other services ranging from weatherization of homes to cut energy cost to rental assistance on a case by case basis.

Arizona Department of Economic Security (AZDES)

1057 Vista Ave.

Page, AZ. 86040

P. 928-645-8131

<https://des.az.gov/>

Basic Needs: Adult Protections Services, Food Assistance, Medical Assistance (www.healthearizonaplus.gov), Refugee Resettlement, Shelter and Housing

Child and Family: Cash Assistance, Child Care, Child Support Services, Community Resources

Disabilities: Developmental Disabilities, Early Intervention, Achieving a better life experience

Older Adults: Home and Community Based Services, Healthy Living, Medicare Assistance, Legal Services Assistance, Family Caregiver Support, LongTerm Care Ombudsman, Aging Publications, World Elder Abuse Awareness Day Conference

Employment: Job Seekers, Reentry Services, Employer Resources, Apprenticeship, Unemployment-Employer, Senior Community Service Program, Veterans, Workforce Innovation and Opportunity Act, Eligible Training Provider List

Community Legal Services

2701 E. Andy Devine, Suite 400

Kingman, AZ 86401

Phone: (928) 681-1177

1+(800) 255-9031

TTY: Arizona Relay: 711

FAX: (928) 681-5998

Email: infomoco@clsaz.org

* Applications for services in Mohave and La Paz Counties are completed via the Kingman office.

Community Legal Services (CLS) is dedicated to providing legal assistance, advice or representation, self-help materials and legal education so people can know their rights. We focus on helping survivors of domestic violence; assisting victims of consumer fraud and abuse, protecting tenants from unlawful/unfair practices by landlords, foreclosures, legal problems affecting agricultural workers, wage claims and other employment matters, and federal and state programs affecting peoples' health and economic stability.

Assistance Programs

Salvation Army Family Services

742 Pioneer Blvd.

Mesquite, NV. 89027

P. 1-800-SAL-ARMY

Provides rent payment assistance, electric and water utility bill payment assistance, food boxes, sack lunches and personal hygiene items.

Social Security Office

1091 N Bluff St #1100

St. George, UT 84770

(800) 772-1213

Obtain social security cards, name change, social security benefits.

Birth to Five Resources: Breastfeeding Resources

Arizona 24/7 Breastfeeding Hotline

1-800-307-4231

La Leche League

1-877-452-5324

<https://llusa.org/>

Pregnancy and Breastfeeding Hotline

1-800-833-4642

Birth to Five Resources: Child Care Resources

Child Care Resource & Referral Child and Family Resources, Inc.

P. 1-800-308-9000

www.azccrr.com

M-F 8:00 AM - 6:00 PM, Sat 8:00 AM - 12:00 PM

Child Care Information Line: P. 1-800-308-9000

Child Care Resource & Referral, CCR&R, is a statewide program of Child & Family Resources, Inc. Funding is provided by the Arizona Department of Economic Security's Child Care Administration through federal Child Care Development Block Grant funds. Staff provides referrals to families including but not limited to: child care, financial assistance, housing/utility assistance. Staff also provides consumer education on the different types of childcare options in the state & how to make the best option for your child and family.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources: Home Visitation

Health Start Program Mohave County Department of Public Health

GiovaJ@mohave.gov
JoBeth Giovanardi
P. 928-753-0714 ext. 4323

Community home visiting program that collaborates with pregnant women and their families. The goal of Health Start is to give your child and family the best chance of success with a strong support system through education, development, and referrals to community resources. Health Start enrollment eligibility is prenatal women and families with children up to the age of 2 years old.

High Risk Perinatal and Occupation Program Mohave County Department of Public Health

GiovaJ@mohave.gov
JoBeth Giovanardi
P. 928-753-0714 ext. 4323

High Risk Perinatal Program: A Community Health Nurse (CHN) provides support to families during the transition of a NICU (five days or more) infant to home conducts developmental screenings. The CHN provides support to the family by providing education and connections to community resources.

Eligibility: Infants who have spent five or more days in the NICU.

Parents As Teachers Child and Family Resources, Inc.

gbarlow@cfraz.org
P. 928-300-4057

Home visitation program for Mohave families who are pregnant and/ or have children 0-5. Parents as Teachers (PAT) addresses the need for parent education and family support. Certified Parent Educators are well qualified to provide child development and parenting information with personal home visits, group connections, screenings and referral to resources.

Birth to Five Resources: Other

Bright By Text - Arizona PBS

Text "ARIZONAPBS" to 274448
www.azpbs.org/kidstext

Bright by Text is a free program for parents and caregivers that sends tips and resources promoting child development, targeted to a child's age from prenatal to 5 years old, right to their cell phone.



CASA of Mohave County

P. 928-753-0790 x4229

The State CASA Program (Court Appointed Special Advocate) recruits and trains volunteers who advocate for foster children in Court and do monthly visits.

CASA Council - Helping Children of Mohave County

530-632-5567
Beverly Siemens
casasupport.org

CASA Council is a 501(c)(3) non-profit organization, which is a Foundation that raises money to benefit the unmet needs of children in out-of-home care (foster care, relative placements, and fictive care) and In-Home Services.

Family Support Coordination- Root For Kids

St. George Office
P. 435-673-5353

The Root For Kids Family Support Coordinator partners with families to assist with locating community support agencies that provide needed community services. The Family Support Coordinator completes the Protective Factors Survey with each family. During the survey, the Family Support Coordinator learns about the unique needs of each family, develops a service plan and provides information about the community resources that can address family's concerns. The Family Support Coordinator assists the family in following through with obtaining these resources to allow for success in achieving the goals of the service plan.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources: Other

First Things First

1940 Mesquite Ave Suite E
Lake Havasu City, AZ 86403
928-854-8732
www.FirstThingsFirst.org

Local region covers Mohave and La Paz County
First Things First is Arizona's early childhood agency, with programs and resources to support great childhoods. By focusing on the first five years, we are making a difference in the lives of young children, their families and our communities. Quality early learning and child care are essential for stronger, healthier families and for the economic future of Arizona.

Disabilities & Special Needs Resources

Arizona Center for Disability Law, Inc

<https://www.azdisabilitylaw.org>

Arizona Early Intervention Program (AZEIP) Root For Kids

P. 435-673-5353

To make an online referral:
https://bit.ly/FTF_AZEIP

A statewide system of services and supports for families of infants and toddlers, birth to three years of age, with delays or disabilities. AzEIP provides eligible children and their families' access to services to support the child's development through in-home individualized parent education and support.

See pages 8 and 9 for more information

Raising Special Kids

5025 E. Washington St. Ste. 204
Phoenix, AZ 85034
www.raisingpecialkids.org
(602)242-4366

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

Education

Beaver Dam Elementary/ Beaver Dam Preschool

PO Box 730
3436 E. Rio Virgin Rd.
Beaver Dam, Az. 86432
P. 928-418-2001

Pre-K through 12th grade. Preschool is a Quality First star rated site.

Littlefield/Beaver Dam School District

PO Box 730
3490 E. Rio Virgin Rd.
Beaver Dam, Az. 86432
P. 928-418-2003

Serving families Pre-K through 12th grade.

Emergency/Non-Emergency

Arizona Department of Child Safety

1057 Vista Ave.
Page, AZ 86040
(928) 608-4245
Child Abuse Hotline 1-888-767-2445

AZ Statewide Crisis Line

1-844-534-4673 or 1-844-534-HOPE

Beaver Dam/ Littlefield Fire Department

630 North HWY 91
Littlefield, AZ
Non-Emergency
P. 928-347-5114
Emergency Dial 911
Emergency services.

Beaver Dam Police Department

920-887-0791 ext. 11
Dispatch:920-386-3726 ext 8

Mohave County Sheriff's Office

700 County Highway 91
Littlefield, AZ 86432
Non-Emergency
P. 928-347-4900
Emergency Services.

CHILDREN AND FAMILY SERVICES

Health Services

Mohave County Department of Public Health

20 S. Colvin St.
Colorado City, Az. 86021
P. 928-875-8960

Services provided include Free immunization clinics for Kids and Adults. The other services we offer are listed under the different programs.

Health Services: Mental Health

MiKID

928-753-4354
Provides support, education, and skill development to families and their children, youth, and young adults who are experiencing mental health and behavior changes.

Health Services: Pediatrics

Canyonlands HealthCare

3272 E. Rio Virgin Rd.
Littlefield, AZ. 86432
P. 928-347-5971
Medical Hours Mon.-Fri. 7:30-6:00
Dental Hours Mon.-Thurs. 8:00-5:00
Closed for lunch 12:30-1:30, Closed Friday

Nutrition and Food Resources

Desert Rose Community Food Bank

633-643 Pioneer Rd.
Littlefield, Az. 86432
928-347-5141
Provide food boxes to families in need.

Salvation Army Family Services

742 Pioneer Blvd.
Mesquite, NV. 89027
P. 1-800-SAL-ARMY
Provides rent payment assistance, electric and water utility bill payment assistance, food boxes, sack lunches and personal hygiene items.

WIC Program Mohave County Department of Public Health

Mesquite, NV.
P. 702.346.3030
Supplemental healthy foods, nutrition education, referrals to other health services Prenatal-5 years of age qualify.

CHILDREN AND FAMILY SERVICES

Early Intervention Information

What is Early Intervention?

Parents, guardians, foster parents and family members know their child best. They observe the health and development of their child daily through routines, play and interactions. Sometimes parents/caregivers may have concerns that their child is not meeting the milestones for his or her age. Other times home visitors, health care providers, child care providers or early education teachers may identify concerns for a child's development and share them with the parent/ caregiver.

These concerns may be observed by the way a child:

- Plays, sees, hears (physical development),
- Interacts with others (social-emotional development),
- Learns (cognitive development),
- and communicates (language/speech development).

Why is Early Intervention important?

Addressing concerns early on in a child's life is important. If the parent, guardian or caregiver is interested in learning more about the additional support their child can receive, there are early intervention resources that can help them. Early intervention resources can have a maximum impact by enhancing the early growth and development in infants and toddlers, who may have or are at risk for developmental delays or disabilities, by providing individualized support and services to the child and their family.

- Children who receive early intervention have improved outcomes and increased success and independence in the long run.
- Early intervention can have a positive impact on a child's health, development and academic success.
- Early intervention therapies can alleviate the financial burden of therapy in the long run by reducing the need for continuing intensive therapy.

What can I do if I have concerns about my child's development?

- Talk to your child's doctor and share your concerns. Don't wait. Acting early can make a real difference!
- Complete a milestone checklist for your child's age.
 - Center for Disease Control (CDC) Milestone checklist Search online: CDC Milestone Checklist. The CDC's Developmental Milestones link will provide checklists for age 2 months to 5 years.
 - CDC's Milestone Tracker App Download it free today on iOS and Android devices.
- Ask about a developmental screening.
 - Ask your child's doctor to conduct a developmental screening and/or if you are concerned about possible signs of autism, an autism screening (generally completed at 18 and 24 months).
 - Parents have FREE access to the Ages & Stages Questionnaires® (ASQ), one of many general developmental screening tools, by visiting **easterseals.com** and searching ASQ.
- Get an Evaluation for your child.
 - Call your local public school district to get information about their upcoming Child Find events. The Individuals with Disabilities Education Act (IDEA) includes the Child Find mandate. Child Find requires all Public Education Agencies (school districts) to identify, locate and evaluate ALL children birth through 21, who may have or are at risk for developmental delays or disabilities. Screening procedures include vision and hearing screenings along with developmental screenings.

CHILDREN AND FAMILY SERVICES

Early Intervention Services

CHILD IDENTIFICATION

There is a concern about the child's growth, development and/or learning. These concerns can be identified by parents/ caregivers, relatives, home visitors, child care providers, school teachers or health care providers based on:

- Observation – the way a child plays, sees, hears, interacts with others, learns and communicates and/or
- A milestone checklist or a developmental screening completed.

THE CHILD IS BIRTH TO AGE 3.

Referral & Intake

- The parent/guardian can start the online or phone referral process for their child; or,
- A home visitor, child care provider, early education teacher or health care provider obtains permission from the parent/guardian before referring and starting the online or phone referral process.

Who to contact:

Arizona Early Intervention Program (AZEIP)
Contracted by Root for Kids

To make an online referral:
https://bit.ly/FTF_AZEIP

Evaluation & Assessment

The **Early Intervention program** (for children age 0-3) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child's development and the family's needs and concerns.

Child is Found Ineligible for Services

If the child is age 0-3:

The child's family receives information on growth and development. Referrals are made to other community resources, if appropriate. The child may be reevaluated at a later date.

If the child is age 3-21:

The school system will notify the parent/guardian in writing and explain why the child has been found "not eligible." The parent/guardian will be given information about what they can do if they disagree with the decision.

THE CHILD IS AGE 3 TO 21.

Referral & Intake

- The parent/guardian can contact their local school district (Public Education Agency) to get information on the next Child Find event, where the child can be evaluated; or,
- The parent/guardian can take the child to their local school district (Public Education Agency) to be evaluated; or,
- A home visitor, child care provider, early education teacher or health care provider obtains permission from the parent/guardian before referring the child to be evaluated by their local school district or Child Find event.

Evaluation & Assessment

The **school district** (for children age 3-21) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child's development and the family's needs and concerns within **45 calendar days** of the date they are notified about the child.

ELIGIBILITY DETERMINATION

Child is Found Eligible for Services

If the child is age 0-3:

Individualized Family Service Plan (IFSP) The family of an eligible child meets with the Early Intervention (EI) team to create an IFSP, usually in the home or in a community setting. The EI team provides services as outlined in the IFSP. The EI team reviews the child's IFSP as needed throughout the year. The IFSP is updated annually with the family.

Transition: As the child approaches their third (3rd) birthday, the family and local EI program prepare for transition to special education preschool, school district (K-12) and/or other community based services.

If the child is age 3-21:

When a concern is identified through evaluation procedures, the parent/guardian must be notified within 10 school days and informed of procedures to follow up on the child's needs. For example:

- The child may be referred to the school's study team for pre-intervention services; or,
- If the child may have a disability, a comprehensive evaluation will be necessary to determine the child's eligibility for special education and related services. A team, of which the parent/guardian will be a member of, will meet to begin the process.

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www.swhd.org

"Nothing Out of the Question"

"Toda Pregunta es Buena"

1-877-705-KIDS(5437)

Call the Helpline to speak with an early childhood specialist, on duty Mon-Fri. 8:00 a.m. to 8:00 p.m.

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

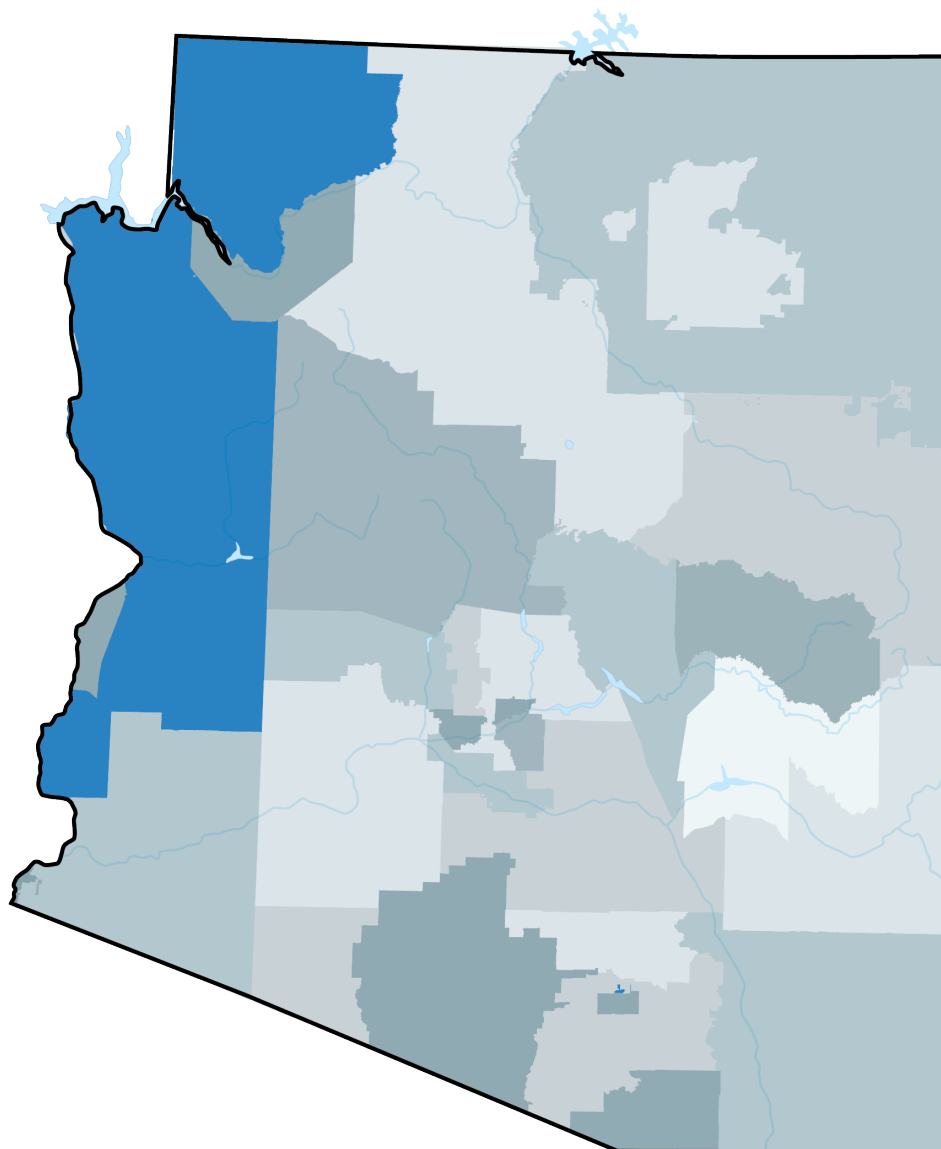
Topics addressed include but not limited to:

- Sleep
- Health and Nutrition
- Safety
- Challenging Behaviors
- Feeding and Eating
- General Child Development
- Potty Training/Learning
- Fussiness/Colic
- Parenting

An extension of the Birth to Five Helpline is the **Fussy Baby** program. This program provides telephone, home visiting and virtual video consultation and support to help families navigate challenges associated with hard-to- soothe infants, excessive crying, sleeping problems and feeding difficulties during their child's first year of life.

Download the Birth to Five Helpline app!





2024

Bullhead City, Fort Mohave, Mohave Valley Resource Guide

FOR FAMILIES WITH CHILDREN BIRTH-5 YEARS

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CHILDREN AND FAMILY SERVICES

Assistance Programs

APS Crisis Bill Assistance Program WACOG

928-753-6247

Provides utility assistance. They offer other services ranging from weatherization of homes to cut energy cost to rental assistance on a case by case basis.

Arizona Department of Economic Security (AZDES)

2601 Hwy 95

Bullhead City, AZ 86442

928-704-7776

<https://des.az.gov/>

Basic Needs: Adult Protections Services, Food Assistance, Medical Assistance (www.healthearizonaplus.gov), Refugee Resettlement, Shelter and Housing

Child and Family: Cash Assistance, Child Care, Child Support Services, Community Resources

Disabilities: Developmental Disabilities, Early Intervention, Achieving a better life experience

Older Adults: Home and Community Based Services, Healthy Living, Medicare Assistance, Legal Services Assistance, Family Caregiver Support, LongTerm Care Ombudsman, Aging Publications, World Elder Abuse Awareness Day Conference

Employment: Job Seekers, Reentry Services, Employer Resources, Apprenticeship, Unemployment-Employer, Senior Community Service Program, Veterans, Workforce Innovation and Opportunity Act, Eligible Training Provider List

Community Legal Services

2701 E. Andy Devine, Suite 400

Kingman, AZ 86401

Phone: (928) 681-1177

1+(800) 255-9031

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Email: infomoco@clsaz.org

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Social Security Office

1502 Bailey Ave.

Needles, CA. 92363

800-772-1213

Obtain social security cards, name change, social security benefits.

River Cities United Way

Debi Pennington

Debi@rcuw.org

Main: 928-855-6333

Alt.: 928-683-4270

Helping Businesses and individuals with rent utilities, and various needs.

The River Fund BULLHEAD CITY OFFICE

1343 Hancock Road

Bullhead City, Arizona 86442

(928) 704-0039

Monday - Friday: 9:00 AM to

Services include, but are not limited to:

- Utility bills/deposits;
- Appliance repair/replacement;
- Disaster relief (partial or complete destruction of dwelling);
- Transportation/vehicle repairs;
- Rent and Mortgage payments;
- Medical bills (office visit co-pays, prescriptions, COBRA payments, transportation, medical equipment, and other medical-related issues or needs;
- Temporary housing;
- An unexpected loss of living expenses;
- Legal document replacement; and
- Other major hardships on a case-by-case basis.

WestCare Safe House

928-201-5136

WestCare Safe House is a domestic violence service near Bullhead City, AZ providing help for people dealing with domestic abuse.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources:

Breastfeeding Resources

Arizona 24/7 Breastfeeding Hotline

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La Leche League

1-877-452-5324

<https://llusa.org/>

Pregnancy and Breastfeeding Hotline

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Birth to Five Resources:

Child Care Resources

Child Care Resource & Referral

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P. 1-800-308-9000

www.azccrr.com

M-F 8:00 AM - 6:00 PM, Sat 8:00 AM - 12:00 PM

Child Care Information Line: P. 1-800-308-9000

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Birth to Five Resources: Home Visitation

Health Start Program

Mohave County Department of Public Health

1222 Hancock Road
Bullhead City, AZ 86442

JoBeth Giovanardi GiovaJ@mohave.gov

928-753-0714 ext. 4323

Community home visiting program that collaborates with pregnant women and their families. The goal of Health Start is to give your child and family the best chance of success with a strong support system through education, development, and referrals to community resources.

Healthy Families Program

Child and Family Resources, Inc.

1355 Ramar Rd Ste 8
Bullhead City, AZ 86442

928-753-4410

Home visitation program, families can enroll while pre-natal or before the baby turns 3 months old. The program also includes a car seat safety program, assistance with diapers and community based referrals as needed.

High Risk Perinatal and Occupation Program

Mohave County Department of Public Health

1222 Hancock Road
Bullhead City, AZ 86442

JoBeth Giovanardi GiovaJ@mohave.gov

928-753-0714 ext. 4323

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Text "ARIZONAPBS" to 274448

www.azpbs.org/kidstext

Bright by Text is a free program for parents and caregivers that sends tips and resources promoting child development, targeted to a child's age from prenatal to 5 years old, right to their cell phone.



Bullhead City Lion's Club

928-514-5062

Janis Young

Bullhead City Lions Club serves the areas of Bullhead City, Fort Mohave, Mohave Valley, Topock, AZ; Laughlin, NV, Needles, CA with eye exams and glasses. The club also provides vision screening for children 2 yrs to 14 years of age in all the public, private & charter schools. We often will vision screen at local health fairs to address any need for homeschooled children.

CASA Council of Mohave County

928-753-0790 x4229

The State CASA Program (Court Appointed Special Advocate) recruits and trains volunteers who advocate for foster children in Court and do monthly visits.

CASA Council - Helping Children of Mohave County

530-632-5567

Beverly Siemens

casasupport.org

CASA Council is a 501(c)(3) non-profit organization, which is a Foundation that raises money to benefit the unmet needs of children in out-of-home care (foster care, relative placements, and fictive care) and In-Home Services.

Family Support Coordination Parenting Arizona

familysupport@cplc.org

Hanany Topete

602-684-1192

Chicanos Por La Causa/Parenting Arizona's Family Support Coordination program supports families with children age birth to 5. Our goal is to assist them in understanding, accessing, and navigating services that promote family well-being by engaging families and connecting them with community resources. Family Support Coordinators provide guidance, advocacy, and coordination throughout the process. Our aim is to refer families to timely and essential services, fostering family well-being and self-sufficiency.

First Things First

1940 Mesquite Ave Suite E

Lake Havasu City, AZ 86403

928-854-8732

www.FirstThingsFirst.org

Local region covers Mohave and La Paz County

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CHILDREN AND FAMILY SERVICES

Disabilities & Special Needs Resources

Arizona Center for Disability Law, Inc

<https://www.azdisabilitylaw.org>

Arizona Early Intervention Program (AZEIP) Contracted by Essential Therapy Solutions

480-677-3349

<https://www.etherapyaz.com/>

To make an online referral:

https://bit.ly/FTF_AZEIP

A statewide system of services and supports for families of infants and toddlers, birth to three years of age, with delays or disabilities. AzEIP provides eligible children and their families' access to services to support the child's development through in-home individualized parent education and support.

See pages 8 and 9 for more information

Essential Therapy Solution Clinics

2020 Silver Creek Rd. Suite D102

Bullhead City, AZ 86442

480-677-3349

Clinic that offer speech therapy, physical therapy, and occupational therapy to children over the age of three with disability or private insurance.

Milemarkers

3090 Highway 95

Bullhead City, AZ 86442

928-763-4030

Milemarkers provides music, occupational, physical and speech therapy services, after school program, adult day program, employment opportunities for individuals with disabilities, transition to employment curriculum, individual habilitation support, and supervised visit, Connections Program and Nurturing Parent program.

Raising Special Kids

5025 E. Washington St. Ste. 204

Phoenix, AZ 85034

www.raisingpecialkids.org

(602)242-4366

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

CHILDREN AND FAMILY SERVICES

Early Intervention Information

What is Early Intervention?

Parents, guardians, foster parents and family members know their child best. They observe the health and development of their child daily through routines, play and interactions. Sometimes parents/caregivers may have concerns that their child is not meeting the milestones for his or her age. Other times home visitors, health care providers, child care providers or early education teachers may identify concerns for a child's development and share them with the parent/ caregiver.

These concerns may be observed by the way a child:

- Plays, sees, hears (physical development),
- Interacts with others (social-emotional development),
- Learns (cognitive development),
- and communicates (language/speech development).

Why is Early Intervention important?

Addressing concerns early on in a child's life is important. If the parent, guardian or caregiver is interested in learning more about the additional support their child can receive, there are early intervention resources that can help them. Early intervention resources can have a maximum impact by enhancing the early growth and development in infants and toddlers, who may have or are at risk for developmental delays or disabilities, by providing individualized support and services to the child and their family.

- Children who receive early intervention have improved outcomes and increased success and independence in the long run.
- Early intervention can have a positive impact on a child's health, development and academic success.
- Early intervention therapies can alleviate the financial burden of therapy in the long run by reducing the need for continuing intensive therapy.

What can I do if I have concerns about my child's development?

- Talk to your child's doctor and share your concerns. Don't wait. Acting early can make a real difference!
- Complete a milestone checklist for your child's age.
 - Center for Disease Control (CDC) Milestone checklist Search online: CDC Milestone Checklist. The CDC's Developmental Milestones link will provide checklists for age 2 months to 5 years.
 - CDC's Milestone Tracker App Download it free today on iOS and Android devices.
- Ask about a developmental screening.
 - Ask your child's doctor to conduct a developmental screening and/or if you are concerned about possible signs of autism, an autism screening (generally completed at 18 and 24 months).
 - Parents have FREE access to the Ages & Stages Questionnaires® (ASQ), one of many general developmental screening tools, by visiting **easterseals.com** and searching ASQ.
- Get an Evaluation for your child.
 - Call your local public school district to get information about their upcoming Child Find events. The Individuals with Disabilities Education Act (IDEA) includes the Child Find mandate. Child Find requires all Public Education Agencies (school districts) to identify, locate and evaluate ALL children birth through 21, who may have or are at risk for developmental delays or disabilities. Screening procedures include vision and hearing screenings along with developmental screenings.

CHILDREN AND FAMILY SERVICES

Early Intervention Services

CHILD IDENTIFICATION

There is a concern about the child's growth, development and/or learning. These concerns can be identified by parents/ caregivers, relatives, home visitors, child care providers, school teachers or health care providers based on:

- Observation – the way a child plays, sees, hears, interacts with others, learns and communicates and/or
- A milestone checklist or a developmental screening completed.

THE CHILD IS BIRTH TO AGE 3.

Referral & Intake

- The parent/guardian can start the online or phone referral process for their child; or,
- A home visitor, child care provider, early education teacher or health care provider obtains permission from the parent/guardian before referring and starting the online or phone referral process.

Who to contact:

Arizona Early Intervention Program (AZEIP)
Contracted by Essential Therapy Solutions

To make an online referral:
https://bit.ly/FTF_AZEIP

Evaluation & Assessment

The **Early Intervention program** (for children age 0-3) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child's development and the family's needs and concerns.

Child is Found Ineligible for Services

If the child is age 0-3:

The child's family receives information on growth and development. Referrals are made to other community resources, if appropriate. The child may be reevaluated at a later date.

If the child is age 3-21:

The school system will notify the parent/guardian in writing and explain why the child has been found "not eligible." The parent/guardian will be given information about what they can do if they disagree with the decision.

THE CHILD IS AGE 3 TO 21.

Referral & Intake

- The parent/guardian can contact their local school district (Public Education Agency) to get information on the next Child Find event, where the child can be evaluated; or,
- The parent/guardian can take the child to their local school district (Public Education Agency) to be evaluated; or,
- A home visitor, child care provider, early education teacher or health care provider obtains permission from the parent/guardian before referring the child to be evaluated by their local school district or Child Find event.

Evaluation & Assessment

The **school district** (for children age 3-21) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child's development and the family's needs and concerns within **45 calendar days** of the date they are notified about the child.

ELIGIBILITY DETERMINATION

Child is Found Eligible for Services

If the child is age 0-3:

Individualized Family Service Plan (IFSP) The family of an eligible child meets with the Early Intervention (EI) team to create an IFSP, usually in the home or in a community setting. The EI team provides services as outlined in the IFSP. The EI team reviews the child's IFSP as needed throughout the year. The IFSP is updated annually with the family.

Transition: As the child approaches their third (3rd) birthday, the family and local EI program prepare for transition to special education preschool, school district (K-12) and/or other community based services.

If the child is age 3-21:

When a concern is identified through evaluation procedures, the parent/guardian must be notified within 10 school days and informed of procedures to follow up on the child's needs. For example:

- The child may be referred to the school's study team for pre-intervention services; or,
- If the child may have a disability, a comprehensive evaluation will be necessary to determine the child's eligibility for special education and related services. A team, of which the parent/guardian will be a member of, will meet to begin the process.

CHILDREN AND FAMILY SERVICES

Education

Bullhead City School District #15

1004 Hancock Rd. STE 101
Bullhead City, AZ 86442
928-758-3691

Bullhead City School District is home to three elementary schools, one middle school, one junior high, and a dedicated preschool-and- alternative-education program. We serve approximately 2500 students, from preschool through eighth grade, and offer programs designed specifically for students with gifted or special needs. Please take some time to browse these pages to learn more about our incredible schools and programs. Serves preschool-8th Grade

Coyote Canyon Early Childhood Special Education

1820 Lakeside Dr.
Bullhead City AZ 86442
928-758-8858

Early Childhood Special Education is a state and federally mandated program for children aged 3–5 who meet state eligibility criteria because they are experiencing developmental delays. School districts and other public agencies are responsible for locating, identifying, and evaluating eligible children and for offering a free appropriate public education (FAPE). Eligible children are entitled to a FAPE at no cost to the family with programming designed to help children meet challenging objectives alongside their typically developing peers. When a delay is suspected, or children are not meeting milestones, local school districts offer Child Find services, providing screening, and if needed, evaluation services to determine eligibility. Accepts DES subsidy.

Desert Star Academy

5599 HWY 95
Bullhead City, AZ. 86426
928-788-3987

Providing preschool services for families with children 3-12 years old.

Open at 8am.-5pm.

Little treasures

1373 Baseline Rd,
Bullhead City, AZ 86442
Phone: (928) 758-3151
Newborn through 12. Accepts DES

Mohave Valley School District

8450 S. Olive Ave.
Mohave Valley, AZ 86440
928-768-2507
info@mvdistrict.net

WACOG Head Start Bullhead City

1055 Marina Blvd.
Bullhead City, AZ 86442
928-758-3334

Center based early childhood development program.
Eligibility Requirements: Income guidelines and age (3 & 4 years old by August 31). Priority to children with disabilities, homeless, foster children, lowest income

WACOG Head Start Mohave Valley

1425 E. Willow Dr.
Mohave Valley, AZ 86440
928-768-1090

Center based early childhood development program.
Eligibility Requirements: Income guidelines and age (3 & 4 years old by August 31). Priority to children with disabilities, homeless, foster children, lowest income

Young Scholars Academy

1501 Valencia Rd.
Bullhead City, AZ. 86426
Open 8a.m.-4p.m.

Provides services to families with children 3-12 years old.

CHILDREN AND FAMILY SERVICES

Emergency/Non-Emergency

Arizona Department of Child Safety

2440 Adobe Rd. Ste. 110
Bullhead City, AZ. 86442
928- 704-5880
Child Abuse Hotline 1-888-767-2445

AZ Statewide Crisis Line

1-844-534-4673 or 1-844-534-HOPE

Bullhead City Fire Department Administration Office Station #1

1260 Hancock Rd.
Bullhead City, AZ 86442
928-758-3971
Non-emergency Dispatch
928-763-1999
Emergency Services.
Car seat classes. Call for more information.

Bullhead City Police Department

1255 Marina Blvd.
Bullhead City, AZ 86442
928-763-9200
Non-Emergency Dispatch
928-763-1999
Non-emergency Dispatch
Emergency Services.

Mohave County Sheriff's Office

9880 Vanderslice Rd.
Mohave Valley, AZ 86440
928-768-7055
The Sheriff's office duty is to serve the Civil Processes and legal documents originating from Arizona Superior Courts, Justice Courts; attorneys, private individuals and out of state entities needing service in Mohave County. Seventy-five members of the Sheriff's office assist the Sheriff by carrying out search and rescue missions and other duties.

CHILDREN AND FAMILY SERVICES

Health Services

Mohave County Health Department

1222 Hancock Road
Bullhead City, AZ. 86442
928-758-0722

Family Planning Clinics, Environmental Health Programs, Mental Health Services, Nutrition Programs, Vaccination Programs, Woman, Infant and Children Program (WIC), Women's Health Programs.

Birth & Death Certificates, Vital Records

Flu & Pneumonia Shots, HIV & STD testing, Laboratory Services.

River Cities United Way Community Health Outreach Workers

Main: 928-855-6333
Alt.: 928-683-4270

Debi Pennington
Debi@rcuw.org

Community Health Outreach Workers will work closely with medical providers, primary care teams, and other agencies to improve patient care and outcomes.

Health Services Dental

Just 4 Kids Dentistry

2580 AZ-95 #101
Bullhead City, AZ 86442
928-758-9464

Pediatric dental provider.

Wild West Kids Dental

2401 Miracle Mile
Bullhead City, AZ 86442
928-704-5573

Pediatric dental provider.

Health Services: Mental Health

MiKID-Bullhead

810 Gemstone Ave.
Bullhead City, AZ 86442
928-753-4354
bullhead@mikid.org

Provides support, education, and skill development to families and their children, youth, and young adults who are experiencing mental health and behavior changes.

Eligibility: AHCCCS, Mercy Care, Care First or other State insurance.

Mohave Mental Health Children's Clinic

2580 HWY 95 Suite 209
Bullhead City, AZ 86442
928-757-8111

www.mmhc-inc.org

Outpatient clinics offer a full array of behavioral health services to both children and adults. Services may include assessment, psychiatric interventions, therapy and counseling (provided in individual, family, and groups), medication, residential or inpatient programs, case management, vocational services, and living skills training. Other supportive services, such as peer support services, health promotion, and family support services are also offered, geared towards helping individuals and families develop additional self-awareness and specialized recovery skills to improve independent functioning and quality of life. All services are provided by qualified behavioral health staff and are driven by a service plan developed by the client and the client's child and family team or adult recovery team.

Southwest Behavioral Health Outpatient Clinic

2580 HWY 95 Suite 119
Bullhead City, AZ 86442
928-763-7776

www.sbhservices.org
Mon-Fri 8am-7pm

Services provided: Individual, Group and Family Counseling, Medication Services, Psychiatric Care, Skills Training, Case Management, Vocational Services, DUI Education, and DV Education.

CHILDREN AND FAMILY SERVICES

Health Services: Pediatrician

Children's Medical Center

Dr. Naila Tariq
1225 Hancock Road #B
Bullhead City, Az 86442
928-758-0183
Pediatric Services.

Colorado River Pediatrics

Dr. Barton
NP Theresa Marin
1611 Joy Lane #2
Fort Mohave, AZ 86426
928-788-8000
Pediatric Services.

Tiny Tots Pediatric

Dr. Marilou Reyes
2585 Miracle Mile #124
Bullhead City, Az 86442
928-763-7020
Pediatric Services.

Health Services:FQHC

(Federally Qualified Health Centers are outpatient clinics that serve rural areas)

North Country Healthcare

2585 Miracle Mile Ste. 116
Bullhead City, AZ 86442
928-704-1221
Provides family practice clinic, well-woman exams, well-baby checkups, immunizations and referrals to necessary specialists.

Libraries

Mohave County Library-Bullhead

1170 Hancock Rd.
Bullhead City, AZ 86442
928-758-0714
Open 9:00 a.m. to 6:00 p.m. Monday-Saturday

Mohave County Library-Ft. Mohave

5902 AZ-95 #102
Fort Mohave, AZ 85426
928-768-1151
Open 11:00 a.m. to 4:00 p.m. Tuesday-Saturday

Nutrition and Food Resources

Bullhead City Food Bank

590 Hancock Rd.
Bullhead City, AZ 86442
928-758-7717 (behind church)
Provides emergency food boxes and clothes to families in need.

Salvation Army Family Services

1461 Palma Rd.
Bullhead City, AZ 86442
928-758-3141
Provides food boxes and baby formula to people in need in the Bullhead City, AZ and Laughlin, NV area.

WIC Program Mohave County Department of Public Health

1222 Hancock Road
Bullhead City, AZ. 86442
928-758-0722
Supplemental healthy foods, nutrition education, referrals to health services Prenatal-5 years of age qualify.

CHILD CARE CENTERS

Little Scooters Preschool

2750 Miracle Mile Blvd.
Bullhead City, AZ. 86442

928-758-2282

Open 6am.-6pm.

Provides preschool services to families with children ages Birth-12 years old. Accepts DES subsidy.

New Day School

1837 Joy Ln.
Fort Mohave, AZ. 86426

928-768-6465

Open 6am.-6pm. Closed Sat. & Sun.

Providing preschool services to families with children ages 2-5 years old. Accepts DES subsidy.

Stepping Stones Preschool

863 Airpark Dr.
Bullhead City, AZ. 86429

Ages 0-12 Years

Open 5 a.m.-12a.m. Full time /Drop In

Site offers daycare, early learning and extended childcare services for children. Individual learning styles and growth paces are supported to ensure proper stimulation for development. Theme-based curriculum includes arts & crafts, dramatic play, games, sensory exploration and outdoor time. Learning centers encourage hands-on experimentation. Accepts DES subsidy.

Tiny T Birds @Mohave High School

2251 HW-95
Bullhead City, AZ 86442

928-758-3916

Serving families with children ages 1 to 5 years old. Accepts DES subsidy.

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www.swhd.org

"Nothing Out of the Question"
"Toda Pregunta es Buena"

1-877-705-KIDS(5447)

Call the Helpline to speak with an early childhood specialist, on duty Mon-Fri. 8:00 a.m. to 8:00 p.m.

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

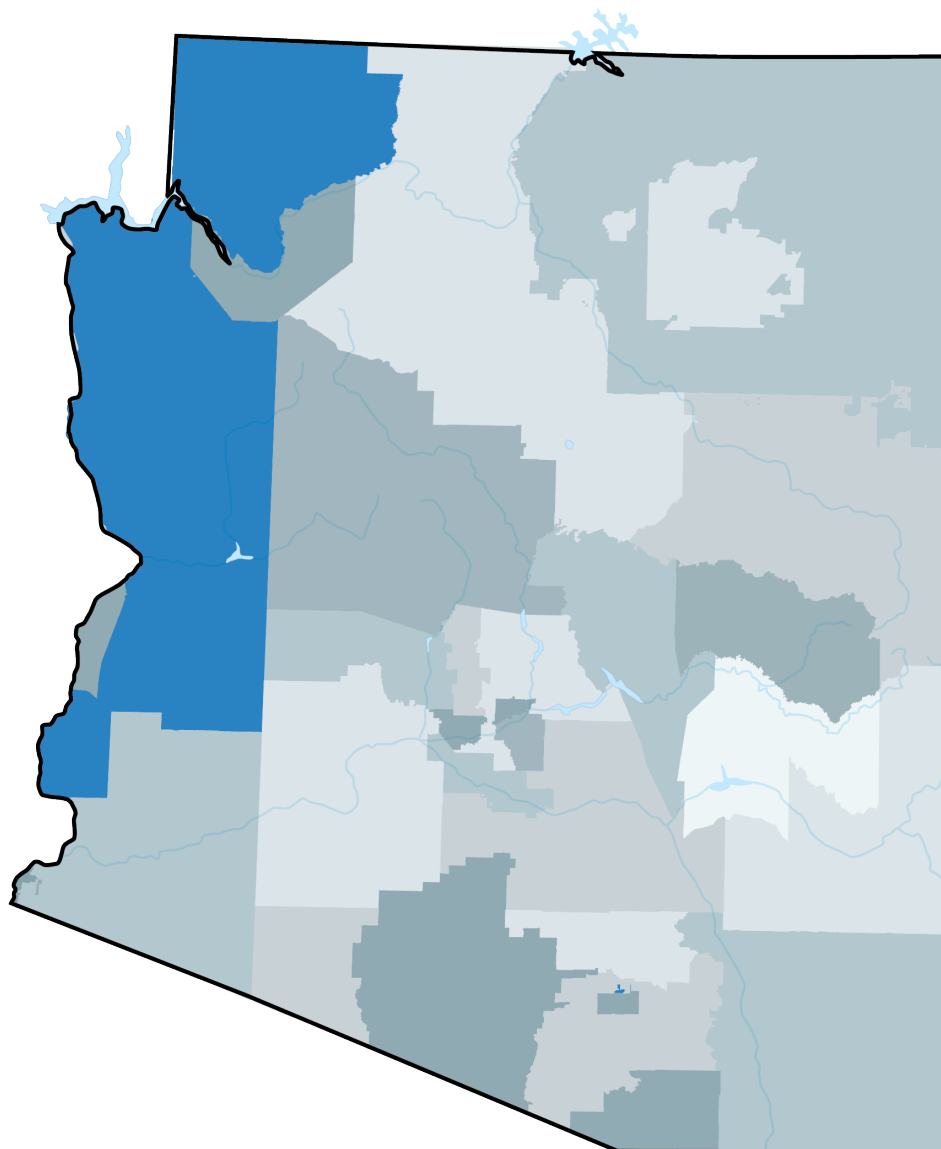
Topics addressed include but not limited to:

- Sleep
- Health and Nutrition
- Safety
- Challenging Behaviors
- Feeding and Eating
- General Child Development
- Potty Training/Learning
- Fussiness/Colic
- Parenting

An extension of the Birth to Five Helpline is the **Fussy Baby** program. This program provides telephone, home visiting and virtual video consultation and support to help families navigate challenges associated with hard-to- soothe infants, excessive crying, sleeping problems and feeding difficulties during their child's first year of life.

Download the Birth to Five Helpline app!





2024 Colorado City Resource Guide

FOR FAMILIES WITH CHILDREN BIRTH-5 YEARS

 FIRST THINGS FIRST

FIRST THINGS FIRST

Mission

First Things First (FTF) is an essential leader and partner in creating a family-centered, equitable, high-quality early childhood system that supports the development, well-being, health and education of all Arizona's children, birth to age 5.

Vision

All Arizona's children are ready to succeed in school and in life.



Scan here to view
this guide online

**For updates call FTF Lake Havasu City office
928-854-873**

www.FirstThingsFirst.org/Regions/La-Paz-Mohave

First Things First is Arizona's early childhood agency, with free programs, information and resources to support children's health and development.

www.FirstThingsFirst.org

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CHILDREN AND FAMILY SERVICES

Assistance Programs

APS Crisis Bill Assistance Program WACOG

928-753-6247

Provides utility assistance. They offer other services ranging from weatherization of homes to cut energy cost to rental assistance on a case by case basis.

Arizona Department of Economic Security (AZDES)

1057 Vista Ave.

Page, AZ 86040

P. 928-645-8131

<https://des.az.gov/>

Basic Needs: Adult Protections Services, Food Assistance, Medical Assistance (www.healtharizonaplus.gov), Refugee Resettlement, Shelter and Housing

Child and Family: Cash Assistance, Child Care, Child Support Services, Community Resources

Disabilities: Developmental Disabilities, Early Intervention, Achieving a better life experience

Older Adults: Home and Community Based Services, Healthy Living, Medicare Assistance, Legal Services Assistance, Family Caregiver Support, LongTerm Care Ombudsman, Aging Publications, World Elder Abuse Awareness Day Conference

Employment: Job Seekers, Reentry Services, Employer Resources, Apprenticeship, Unemployment-Employer, Senior Community Service Program, Veterans, Workforce Innovation and Opportunity Act, Eligible Training Provider List

Cherish Families

280 W. Township Ave.

Colorado City, AZ. 86021

Amanda Knudson

P. 928-875-0969

aknudson@cherishfamilies.org

Cherish Families provides food, clothing, hygienic and other needs for individuals from polygamous families or people from communities who are in crisis. In addition, we work with clients to set up long term supports to help provide for basic needs while moving toward stabilization. For information on basic needs contact us [here](#).

Community Legal Services

2701 E. Andy Devine, Suite 400

Kingman, AZ 86401

Phone: (928) 681-1177

1+(800) 255-9031

TTY: Arizona Relay: 711

FAX: (928) 681-5998

Email: infomoco@clsaz.org

* Applications for services in Mohave and La Paz Counties are completed via the Kingman office.

Community Legal Services (CLS) is dedicated to providing legal assistance, advice or representation, self-help materials and legal education so people can know their rights. We focus on helping survivors of domestic violence; assisting victims of consumer fraud and abuse, protecting tenants from unlawful/unfair practices by landlords, foreclosures, legal problems affecting agricultural workers, wage claims and other employment matters, and federal and state programs affecting peoples' health and economic stability.

Salvation Army Family Services - St. George

803 S. Bluff St.

St. George, UT.

P. 435-275-4975

Provides food, clothing, and utility payment assistance to people in need.

Short Creek Dream Center

980 W. Field Ave.

Hilldale, UT. 84784

P. 435-619-4294

konstance@shortcreekdreamcenter.org

The Short Creek Dream Center exists to serve the twin towns of Hildale and Colorado City as they continue to grow, heal, and transform.

From transitional housing, recovery, community outreach and helping combat the effects of poverty, the Dream Center exists to help find and fill the needs of the Short Creek Community and beyond.

Social Security Office

1091 N Bluff St #1100

St. George, UT 84770

(800) 772-1213

Obtain social security cards, name change, social security benefits.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources:

Breastfeeding Resources

Arizona 24/7 Breastfeeding Hotline

1-800-307-4231

La Leche League

1-877-452-5324

<https://llusa.org/>

Pregnancy and Breastfeeding Hotline

1-800-833-4642

Birth to Five Resources:

Child Care Resources

Child Care Resource & Referral

Child and Family Resources, Inc.

P. 1-800-308-9000

www.azccrr.com

M-F 8:00 AM - 6:00 PM, Sat 8:00 AM - 12:00 PM

Child Care Information Line: P. 1-800-308-9000

Child Care Resource & Referral, CCR&R, is a statewide program of Child & Family Resources, Inc. Funding is provided by the Arizona Department of Economic Security's Child Care Administration through federal Child Care Development Block Grant funds. Staff provides referrals to families including but not limited to: child care, financial assistance, housing/utility assistance. Staff also provides consumer education on the different types of childcare options in the state & how to make the best option for your child and family.

Birth to Five Resources: Home Visitation

Health Start Program

Mohave County Department of Public Health

JoBeth Giovanardi

GiovaJ@mohave.gov

928-753-0714 ext. 4323

Community home visiting program that collaborates with pregnant women and their families. The goal of Health Start is to give your child and family the best chance of success with a strong support system through education, development, and referrals to community resources. Health Start enrollment eligibility is prenatal women and families with children up to the age of 2 years old.

Healthy Families Program & Parents As Teachers Child and Family Resources, Inc.

60 Township Ave.

Colorado City, AZ 86021

Graycee Barlow

gbarlow@cfraz.org

P. 928-300-4057

Home visitation programs, families can enroll while prenatal to five years old. The programs also includes a car seat safety program, assistance with diapers and community based referrals as needed.

High Risk Perinatal and Occupation Program

Mohave County Department of Public Health

JoBeth Giovanardi

GiovaJ@mohave.gov

P. 928-753-0714 ext. 4323

High Risk Perinatal Program: A Community Health Nurse (CHN) provides support to families during the transition of a NICU (five days or more) infant to home conducts developmental screenings. The CHN provides support to the family by providing education and connections to community resources.

Eligibility: Infants who have spent five or more days in the NICU.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources: Other

Bright By Text Arizona PBS

Text "ARIZONAPBS" to 274448

www.azpbs.org/kidstext

Bright by Text is a free program for parents and caregivers that sends tips and resources promoting child development, targeted to a child's age from prenatal to 5 years old, right to their cell phone.



CASA of Mohave County

P. 928-753-0790 x4229

The State CASA Program (Court Appointed Special Advocate) recruits and trains volunteers who advocate for foster children in Court and do monthly visits.

CASA Council Helping Children of Mohave County

530-632-5567

Beverly Siemens

casasupport.org

CASA Council is a 501(c)(3) non-profit organization, which is a Foundation that raises money to benefit the unmet needs of children in out-of-home care (foster care, relative placements, and fictive care) and In-Home Services.

Family Support Coordination Root For Kids

St. George Office

P. 435-673-5353

www.rootforkids.org

The Root For Kids Family Support Coordinator partners with families to assist with locating community support agencies that provide needed community services. The Family Support Coordinator completes the Protective Factors Survey with each family. During the survey, the Family Support Coordinator learns about the unique needs of each family, develops a service plan and provides information about the community resources that can address family's concerns. The Family Support Coordinator assists the family in following through with obtaining these resources to allow for success in achieving the goals of the service plan.

First Things First

1940 Mesquite Ave Suite E

Lake Havasu City, AZ 86403

928-854-8732

www.FirstThingsFirst.org

Local region covers Mohave and La Paz County

First Things First is Arizona's early childhood agency, with programs and resources to support great childhoods. By focusing on the first five years, we are making a difference in the lives of young children, their families and our communities. Quality early learning and child care are essential for stronger, healthier families and for the economic future of Arizona.

CHILDREN AND FAMILY SERVICES

Disabilities & Special Needs Resources

Arizona Center for Disability Law, Inc

<https://www.azdisabilitylaw.org>

Arizona Early Intervention Program (AZEIP) Root For Kids

P. 435-673-5353

To make an online referral:

https://bit.ly/FTF_AZEIP

A statewide system of services and supports for families of infants and toddlers, birth to three years of age, with delays or disabilities. AzEIP provides eligible children and their families' access to services to support the child's development through in-home individualized parent education and support.

See pages 8 and 9 for more information

Autism Courage Foundation

180 W. Wilkins St.

Colorado City, AZ. 86021

P. 435-691-3195

autismcouragefoundation@gmail.com

We provide appropriate education and support to individuals of need. We maintain the highest standards of respect, privacy, care and empathy for delayed learners and their providers/caregivers. We network with community members to provide resources, guidance, educational scholarships and gifting that infuse individuals with Hope and Courage to build a fulfilled future.

Raising Special Kids

5025 E. Washington St. Ste. 204

Phoenix, AZ 85034

(602)242-4366

www.raisingpecialkids.org

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

Education

Colorado City Unified School District

PO Box 309

Colorado City, Az. 86021

P. 435-900-8001

F. 928-875-8066

Serving families from Pre-K through 12th grade

Cottonwood Elementary & Cottonwood Developmental Preschool

185 East University Ave.

Colorado City, Az. 86021

P. 928-875-9055

Early Childhood Special Education is a state and federally mandated program for children aged 3–5 who meet state eligibility criteria because they are experiencing developmental delays. School districts and other public agencies are responsible for locating, identifying, and evaluating eligible children and for offering a free appropriate public education (FAPE). Eligible children are entitled to a FAPE at no cost to the family with programming designed to help children meet challenging objectives alongside their typically developing peers. When a delay is suspected, or children are not meeting milestones, local school districts offer Child Find services, providing screening, and if needed, evaluation services to determine eligibility. Accepts DES subsidy.

Creekside Montessori School

520 W. Johnson Ave..

Colorado City, AZ. 86021

P. 928-614-1641

Margaret Williams

margaret@creeksideway.com

Creating a peaceful community of diverse, respectful, self-motivated, & independent learners.

Water Canyon Preschool

250 Newell Ave.

Hildale, UT. 84784

P. 435-874-1182

Monday and Wednesday (Session 1) 3 yr olds Room A: 8:10-10:55

Tuesday and Thursday (Session 2) 3 yr olds Room A 8:10-10:55

Monday-Thursday (Session 1) 4 yr olds Room OEK 8:10-10:55

Monday-Thursday (Session 2) 4yr olds Room OEK 11:55-2:40

CHILDREN AND FAMILY SERVICES

Early Intervention Information

What is Early Intervention?

Parents, guardians, foster parents and family members know their child best. They observe the health and development of their child daily through routines, play and interactions. Sometimes parents/caregivers may have concerns that their child is not meeting the milestones for his or her age. Other times home visitors, health care providers, child care providers or early education teachers may identify concerns for a child's development and share them with the parent/ caregiver.

These concerns may be observed by the way a child:

- Plays, sees, hears (physical development),
- Interacts with others (social-emotional development),
- Learns (cognitive development),
- and communicates (language/speech development).

Why is Early Intervention important?

Addressing concerns early on in a child's life is important. If the parent, guardian or caregiver is interested in learning more about the additional support their child can receive, there are early intervention resources that can help them. Early intervention resources can have a maximum impact by enhancing the early growth and development in infants and toddlers, who may have or are at risk for developmental delays or disabilities, by providing individualized support and services to the child and their family.

- Children who receive early intervention have improved outcomes and increased success and independence in the long run.
- Early intervention can have a positive impact on a child's health, development and academic success.
- Early intervention therapies can alleviate the financial burden of therapy in the long run by reducing the need for continuing intensive therapy.

What can I do if I have concerns about my child's development?

- Talk to your child's doctor and share your concerns. Don't wait. Acting early can make a real difference!
- Complete a milestone checklist for your child's age.
 - Center for Disease Control (CDC) Milestone checklist Search online: CDC Milestone Checklist. The CDC's Developmental Milestones link will provide checklists for age 2 months to 5 years.
 - CDC's Milestone Tracker App Download it free today on iOS and Android devices.
- Ask about a developmental screening.
 - Ask your child's doctor to conduct a developmental screening and/or if you are concerned about possible signs of autism, an autism screening (generally completed at 18 and 24 months).
 - Parents have FREE access to the Ages & Stages Questionnaires® (ASQ), one of many general developmental screening tools, by visiting **easterseals.com** and searching ASQ.
- Get an Evaluation for your child.
 - Call your local public school district to get information about their upcoming Child Find events. The Individuals with Disabilities Education Act (IDEA) includes the Child Find mandate. Child Find requires all Public Education Agencies (school districts) to identify, locate and evaluate ALL children birth through 21, who may have or are at risk for developmental delays or disabilities. Screening procedures include vision and hearing screenings along with developmental screenings.

CHILDREN AND FAMILY SERVICES

Early Intervention Services

CHILD IDENTIFICATION

There is a concern about the child's growth, development and/or learning. These concerns can be identified by parents/ caregivers, relatives, home visitors, child care providers, school teachers or health care providers based on:

- Observation – the way a child plays, sees, hears, interacts with others, learns and communicates and/or
- A milestone checklist or a developmental screening completed.

THE CHILD IS BIRTH TO AGE 3.

Referral & Intake

- The parent/guardian can start the online or phone referral process for their child; or,
- A home visitor, child care provider, early education teacher or health care provider obtains permission from the parent/guardian before referring and starting the online or phone referral process.

Who to contact:

Arizona Early Intervention Program (AZEIP)
Contracted by Root for Kids

To make an online referral:
https://bit.ly/FTF_AZEIP

Evaluation & Assessment

The **Early Intervention program** (for children age 0-3) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child's development and the family's needs and concerns.

Child is Found Ineligible for Services

If the child is age 0-3:

The child's family receives information on growth and development. Referrals are made to other community resources, if appropriate. The child may be reevaluated at a later date.

If the child is age 3-21:

The school system will notify the parent/guardian in writing and explain why the child has been found "not eligible." The parent/guardian will be given information about what they can do if they disagree with the decision.

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The **school district** (for children age 3-21) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child's development and the family's needs and concerns within **45 calendar days** of the date they are notified about the child.

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Individualized Family Service Plan (IFSP) The family of an eligible child meets with the Early Intervention (EI) team to create an IFSP, usually in the home or in a community setting. The EI team provides services as outlined in the IFSP. The EI team reviews the child's IFSP as needed throughout the year. The IFSP is updated annually with the family.

Transition: As the child approaches their third (3rd) birthday, the family and local EI program prepare for transition to special education preschool, school district (K-12) and/or other community based services.

If the child is age 3-21:

When a concern is identified through evaluation procedures, the parent/guardian must be notified within 10 school days and informed of procedures to follow up on the child's needs. For example:

- The child may be referred to the school's study team for pre-intervention services; or,
- If the child may have a disability, a comprehensive evaluation will be necessary to determine the child's eligibility for special education and related services. A team, of which the parent/guardian will be a member of, will meet to begin the process.

CHILDREN AND FAMILY SERVICES

Emergency/Non-Emergency

Arizona Department of Child Safety

1057 Vista Ave.
Page, AZ 86040
928-608-4245
Child Abuse Hotline 1-888-767-2445

AZ Statewide Crisis Line

1-844-534-4673 or 1-844-534-HOPE

Colorado City Fire Department

40 S. Pioneer St.
Colorado City, AZ 86021
Non-Emergency 928-875-2400
Emergency Dial 911
Emergency services.

Colorado City Police Department

50 N. Colvin St.
Colorado City, AZ 86021
Non-Emergency 928-875-9170
Emergency Dial 911
Emergency Services.

Health Services

Heritage Midwifery

1065 N. Hildale St. #941
Hildale, UT. 84784
P. 435-256-8131 F. 435-256-8931
Helen Barlow
heritagecpm@gmail.com
453-256-8131
Midwives care for low risk pregnant women.

Hometown Wellness

1070 Hildale St.
Hildale, UT. 84784
Thiel Cooke
P. 435-216-5488
Hometown-wellness.com
Hometown Wellness is a primary care facility serving a wide range of patients.

Health Services

Mohave County Department of Public Health

2096 S. Hwy 389
Colorado City, Az. 86021
P. 928-753-8675
Services provided include Free immunization clinics for Kids and Adults. The other services we offer are listed under the different programs.

Health Services: Mental Health

MIKID

928-753-4354
Provides support, education, and skill development to families and their children, youth, and young adults who are experiencing mental health and behavior changes.

Health Services: FQHC

(Federally Qualified Health Centers are outpatient clinics that serve rural areas)

Creek Valley Health Clinic

20 S. Colvin St. #418
Colorado City, Az. 86021
P. 435-900-1104 F. 928-875-2499
Creek Valley Health Clinic offers a range of essential healthcare services designed to meet the diverse needs of our community. Our primary care services cover routine medical care, ensuring that individuals receive thorough and precise attention to their general health needs. We specialize in early childhood developmental screening, prioritizing the healthy growth and development of our youngest patients.
Recognizing the critical connection between physical and mental health, Creek Valley Health Clinic integrates behavioral health services seamlessly into our primary care setting. This approach allows us to provide a comprehensive and individualized healthcare experience, addressing a spectrum of health concerns. Whether it's routine check-ups or specialized services, Creek Valley Health Clinic is committed to promoting overall wellness and providing accessible, high-quality healthcare for our community.

CHILDREN AND FAMILY SERVICES

Library

Washington County Library

440 E. Newel Ave.
Hildale, UT. 84784
P. 435-874-1341

The Hildale Public Library is dedicated to providing free & equal access to information and knowledge through books, programs, and collaboration with our diverse community. We believe in the freedom to read, to learn, and to discover in a safe environment.

Nutrition and Food Resources

Salvation Army Family Services - St. George

803 S. Bluff St.
St. George, UT.
P. 435-275-4975

Provides food, clothing, and utility payment assistance to people in need.

WIC Program - Mohave County Department of health

P. 928-875-8399
Supplemental healthy foods, nutrition education, referrals to other health services Prenatal-5 years of age qualify.

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www.swhd.org

"Nothing Out of the Question"
"Toda Pregunta es Buena"

1-877-705-KIDS(5447)

Call the Helpline to speak with an early childhood specialist, on duty Mon-Fri. 8:00 a.m. to 8:00 p.m.

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

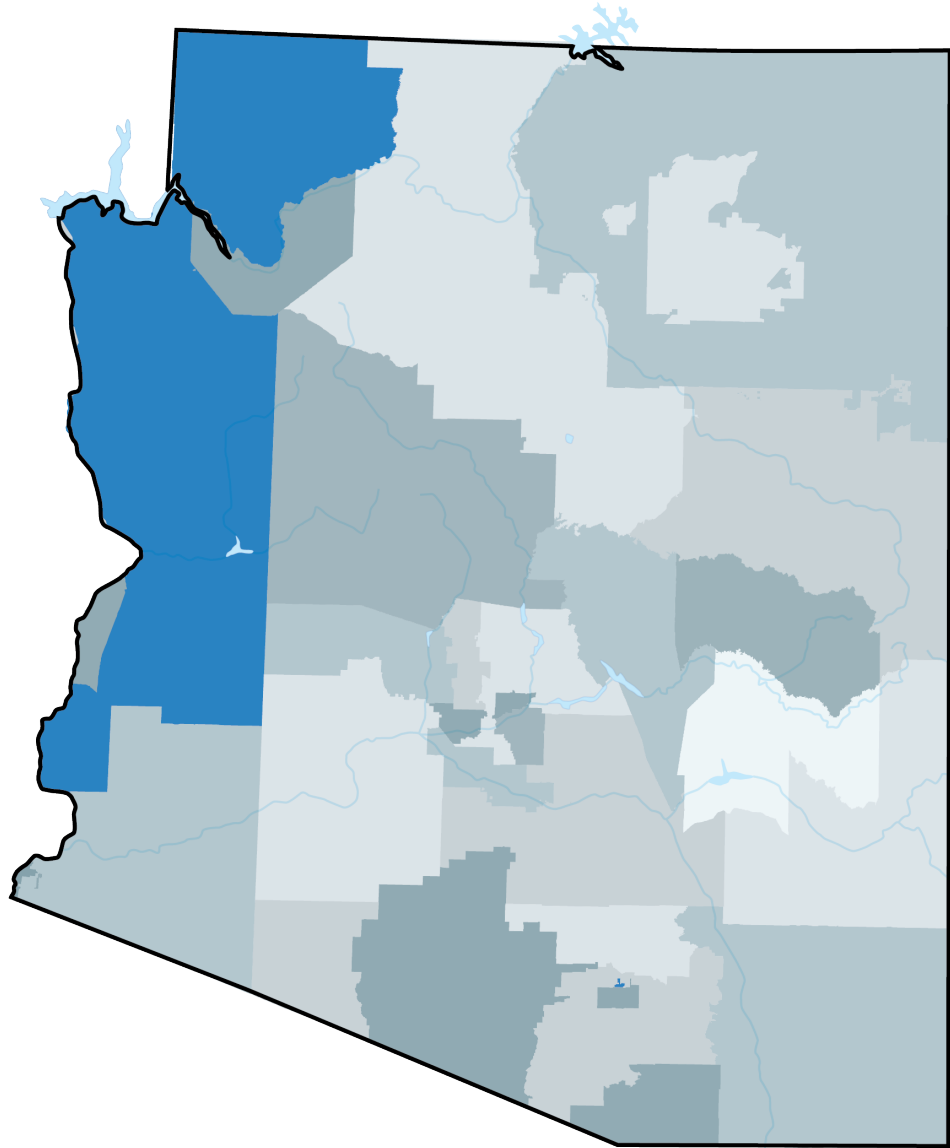
Topics addressed include but not limited to:

- Sleep
- Health and Nutrition
- Safety
- Challenging Behaviors
- Feeding and Eating
- General Child Development
- Potty Training/Learning
- Fussiness/Colic
- Parenting

An extension of the Birth to Five Helpline is the **Fussy Baby** program. This program provides telephone, home visiting and virtual video consultation and support to help families navigate challenges associated with hard-to- soothe infants, excessive crying, sleeping problems and feeding difficulties during their child's first year of life.

Download the Birth to Five Helpline app!





2024 Kingman Resource Guide

FOR FAMILIES WITH CHILDREN BIRTH-5 YEARS

 FIRST THINGS FIRST

FIRST THINGS FIRST

Mission

First Things First (FTF) is an essential leader and partner in creating a family-centered, equitable, high-quality early childhood system that supports the development, well-being, health and education of all Arizona's children, birth to age 5.

Vision

All Arizona's children are ready to succeed in school and in life.



Scan here to view
this guide online

**For updates call FTF Lake Havasu City office
928-854-873**

www.FirstThingsFirst.org/Regions/La-Paz-Mohave

First Things First is Arizona's early childhood agency, with free programs, information and resources to support children's health and development.

www.FirstThingsFirst.org

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CHILDREN AND FAMILY SERVICES

Assistance Programs

APS Crisis Bill Assistance Program WACOG

928-753-6247

Provides utility assistance. They offer other services ranging from weatherization of homes to cut energy cost to rental assistance on a case by case basis.

Arizona Department of Economic Security (AZDES)

2400 Airway Ave.

Kingman, AZ 86409

Nutrition, Cash and Medical Assistance

855-432-7587

Child Care Assistance

928-753-6621

Child Support Assistance

928-753-5105

<https://des.az.gov/>

Basic Needs: Adult Protections Services, Food Assistance, Medical Assistance (www.healthearizonaplus.gov), Refugee Resettlement, Shelter and Housing

Child and Family: Cash Assistance, Child Care, Child Support Services, Community Resources

Disabilities: Developmental Disabilities, Early Intervention, Achieving a better life experience

Older Adults: Home and Community Based Services, Healthy Living, Medicare Assistance, Legal Services Assistance, Family Caregiver Support, LongTerm Care Ombudsman, Aging Publications, World Elder Abuse Awareness Day Conference

Employment: Job Seekers, Reentry Services, Employer Resources, Apprenticeship, Unemployment-Employer, Senior Community Service Program, Veterans, Workforce Innovation and Opportunity Act, Eligible Training Provider List

Cornerstone Mission Project, Inc

3049 Sycamore Ave

Kingman, AZ 86409

928-757-1535

Provides a faith-based resource center for people who are homeless.

Services: Public showers, soup kitchen, housing related coordinated entry

Community Legal Services

2701 E. Andy Devine, Suite 400

Kingman, AZ 86401

Phone: (928) 681-1177

1+(800) 255-9031

TTY: Arizona Relay: 711

FAX: (928) 681-5998

Email: infomoco@clsaz.org

* Applications for services in Mohave and La Paz Counties are completed via the Kingman office.

Community Legal Services (CLS) is dedicated to providing legal assistance, advice or representation, self-help materials and legal education so people can know their rights. We focus on helping survivors of domestic violence; assisting victims of consumer fraud and abuse, protecting tenants from unlawful/unfair practices by landlords, foreclosures, legal problems affecting agricultural workers, wage claims and other employment matters, and federal and state programs affecting peoples' health and economic stability.

River Cities United Way

Debi Pennington

Debi@rcuw.org

Main: 928-855-6333

Alt.: 928-683-4270

Helping Businesses and individuals with rent utilities, and various needs.

Salvation Army

1200 E. Andy Devine Ave.

Kingman, AZ 86401

928-718-2600

Provides food, clothing, and utility payment assistance to people in need.

Social Security Office

1502 Bailey Ave.

Needles, CA. 92363

800-772-1213

Obtain social security cards, name change, social security benefits.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources:

Breastfeeding Resources

Arizona 24/7 Breastfeeding Hotline

1-800-307-4231

La Leche League

1-877-452-5324

<https://llusa.org/>

Pregnancy and Breastfeeding Hotline

1-800-833-4642

Birth to Five Resources:

Child Care Resources

Child Care Resource & Referral

Child and Family Resources, Inc.

P. 1-800-308-9000

www.azccrr.com

M-F 8:00 AM - 6:00 PM, Sat 8:00 AM - 12:00 PM

Child Care Information Line: P. 1-800-308-9000

Child Care Resource & Referral, CCR&R, is a statewide program of Child & Family Resources, Inc. Funding is provided by the Arizona Department of Economic Security's Child Care Administration through federal Child Care Development Block Grant funds. Staff provides referrals to families including but not limited to: child care, financial assistance, housing/utility assistance. Staff also provides consumer education on the different types of childcare options in the state & how to make the best option for your child and family.

Birth to Five Resources: Home Visitation

Healthy Families Program

Child & Family Resources, Inc.

625 E. Beale Street

Kingman, AZ 86401

928-753-4410

Home visitation program, families can enroll while pre-natal or before the baby turns 3 months old. The program also includes a car seat safety program, assistance with diapers and community based referrals as needed.

Health Start Program

Mohave County Department of Public Health

700 W. Beale St.

Kingman, AZ 86401

JoBeth Giovanardi Gioval@mohave.gov

928-753-0714 ext. 4323

Community home visitation program that collaborates with pregnant women and their families. The goal of Health Start is to give your child and family the best chance of success with a strong support system through education, development, and referrals to community resources.

High Risk Perinatal and Occupation Program

Mohave County Department of Public Health

700 W. Beale St.

Kingman, AZ 86401

JoBeth Giovanardi Gioval@mohave.gov

928-753-0714 ext. 4323

High Risk Perinatal Program: A Community Health Nurse (CHN) provides support to families during the transition of a NICU (five days or more) infant to home conducts developmental screenings. The CHN provides support to the family by providing education and connections to community resources.

Eligibility: Infants who have spent five or more days in the NICU.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources: Other

Bright By Text

Text "ARIZONAPBS" to 274448

www.azpbs.org/kidstext

Bright by Text is a free program for parents and caregivers that sends tips and resources promoting child development, targeted to a child's age from prenatal to 5 years old, right to their cell phone.



CASA Council of Mohave County

928-753-0790 x4229

The State CASA Program (Court Appointed Special Advocate) recruits and trains volunteers who advocate for foster children in Court and do monthly visits.

CASA Council Helping Children of Mohave County

530-632-5567

Beverly Siemens

casasupport.org

CASA Council is a 501(c)(3) non-profit organization, which is a Foundation that raises money to benefit the unmet needs of children in out-of-home care (foster care, relative placements, and fictive care) and In-Home Services.

Family Support Coordination Parenting Arizona

Hanany Topete

602-684-1192

familysupport@cplc.org

Chicanos Por La Causa/Parenting Arizona's Family Support Coordination program supports families with children age birth to 5. Our goal is to assist them in understanding, accessing, and navigating services that promote family well-being by engaging families and connecting them with community resources. Family Support Coordinators provide guidance, advocacy, and coordination throughout the process. Our aim is to refer families to timely and essential services, fostering family well-being and self-sufficiency.

First Things First

1940 Mesquite Ave Suite E

Lake Havasu City, AZ 86403

928-854-8732

www.FirstThingsFirst.org

Local region covers Mohave and La Paz County

First Things First is Arizona's early childhood agency, with programs and resources to support great childhoods. By focusing on the first five years, we are making a difference in the lives of young children, their families and our communities. Quality early learning and child care are essential for stronger, healthier families and for the economic future of Arizona.

Sleep in Heavenly Peace

844-432-2337 x5101

Volunteers build beds for children and youth that need them.

CHILDREN AND FAMILY SERVICES

Disabilities & Special Needs Resources

Arizona Center for Disability Law, Inc

<https://www.azdisabilitylaw.org>

Arizona Early Intervention Program (AZEIP) Contracted by Essential Therapy Solutions

480-677-3349

<https://www.etherapyaz.com/>

To make an online referral:

https://bit.ly/FTF_AZEIP

A statewide system of services and supports for families of infants and toddlers, birth to three years of age, with delays or disabilities. AzEIP provides eligible children and their families' access to services to support the child's development through in-home individualized parent education and support.

See pages 8 and 9 for more information

Essential Therapy Solution Clinics

1912 Miami Ave.

Kingman, AZ 86401

480-677-3349

Clinic that offer speech therapy, physical therapy, and occupational therapy to children over the age of three with disability or private insurance.

Milemarkers

2403 Stockton Hill Rd Ste s 4

Kingman, AZ 86409

928-854-5439

Milemarkers provides music, occupational, physical and speech therapy services, after school program, adult day program, employment opportunities for individuals with disabilities, transition to employment curriculum, individual habilitation support, and supervised visit, Connections Program and Nurturing Parent program.

Raising Special Kids

5025 E. Washington St. Ste. 204

Phoenix, AZ 85034

(602)242-4366

www.raisingpecialkids.org

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

RISE Services

2519 Airway Ave.

Kingman, AZ 86409

928-753-5889

Provides support services for seniors and children and adults with developmental and physical disabilities.

CHILDREN AND FAMILY SERVICES

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 - CDC's Milestone Tracker App Download it free today on iOS and Android devices.
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CHILDREN AND FAMILY SERVICES

Education

Kingman Unified School District

3033 MacDonald Ave
Kingman, AZ 86401
928-753-5678

Provides academic instruction for students in pre-K through grade 12.

Homeless School Transition Program, Special Education Classes/Centers.

Little Explorers Preschool

3175 Gordon Dr.
Kingman, AZ 86409
928-753-6413

Preschool, Junior Kindergarten, and Special Needs programs available. Accepts DES subsidy.

Wacog Head Start - Brian Meyer-Davis

601 Van Buren St.
Kingman, AZ 86401
928-753-8730

Center based early childhood development program.

Wacog Head Start - Cerbat

2689 Jagerson Ave.
Kingman, AZ 86409
928-757-7574

Center based early childhood development program.

Wacog Head Start - Golden Valley

3404 Santa Maria Rd.
Golden Valley, AZ 86413
Center based early childhood development program.

Wacog Head Start - Hubbs House

421 Golconda St.
Kingman, AZ 86401
928-753-1066

Center based early childhood development program.

Wacog Head Start - Kingman North

1971 Jagerson Ave. Bldg. 700
Kingman, AZ 86409
Center based early childhood development program.

Emergency/Non-Emergency

Arizona Department of Child Safety

2400 Airway Ave.
Kingman, AZ. 86004
928-753-5056

Child Abuse Hotline 1-888-767-2445

AZ Statewide Crisis Line

1-844-534-4673 or 1-844-534-HOPE

Kingman Aid to Abused People

Confidential Location
Kingman, AZ 86401
928-753-4242

Services: Baby clothes donation programs, cleaning product donation programs, domestic violence hotline, domestic violence shelter, housing related coordinated entry, personal grooming supplies, sexual assault hotline, sexual assault shelter, underwear/sleepwear donation program.

Kingman Fire Department

412 E Oak St
Kingman, AZ 86401
Office: (928) 753-2891
Fax: (928) 753-7597
Email: fire@cityofkingman.gov
Dispatch: (928) 753-8050

Kingman Police Department

2730 E Andy Devine Ave.
Kingman, AZ 86401
928-753-2191

Provides emergency response law enforcement and crime prevention services for the city.

Mohave County Sheriff's Office

600 W. Beale Street
Kingman, AZ 86401
928-753-0753

The Sheriff's office duty is to serve the Civil Processes and legal documents originating from Arizona Superior Courts, Justice Courts; attorneys, private individuals and out of state entities needing service in Mohave County. Seventy-five members of the Sheriff's office assist the Sheriff by carrying out search and rescue missions and other duties.

CHILDREN AND FAMILY SERVICES

Health Services

Mohave County Health Department

700 Beale St.
Kingman, AZ. 86402
928-753-0714

Mailing Address: PO Box 7000
Kingman, AZ. 86402

Family Planning Clinics, Environmental Health Programs,
Mental Health Services, Nutrition Programs, Vaccination
Programs, Woman, Infant and Children Program (WIC),
Women's Health Programs.

Birth & Death Certificates, Vital Records

Flu & Pneumonia Shots, HIV & STD testing, Laboratory
Services.

River Cities United Way Community Health Outreach Workers

Debi@rcuw.org
Debi Pennington

Main: 928-855-6333
Alt.: 928-683-4270

Community Health Outreach Workers will work closely with
medical providers, primary care teams, and other agencies to
improve patient care and outcomes.

Health Services: Dental

Just For Kids Dentistry

2401 Stockton Hill Rd # 1
Kingman, AZ 86401
(928) 718-7188

Kids Little Smiles

2202 Hualapai Mountain Rd
Kingman, AZ 86401
928-718-7645
Pediatric dental provider.

Health Services: Mental Health

MiKID-Kingman

2615 E. Beverly Ave.
Kingman, AZ 86409
928-753-4354

Provides support, education, and skill development to
families and their children, youth, and young adults who are
experiencing mental health and behavior changes.

Mohave Mental Health Children's Clinic

915 Airway Ave.
Kingman, AZ 86409
928-718-4800

www.mmhc-inc.org

Outpatient clinics offer a full array of behavioral health
services to both children and adults. Services may include
assessment, psychiatric interventions, therapy and
counseling (provided in individual, family, and groups),
medication, residential or inpatient programs, case
management, vocational services, and living skills training.
Other supportive services, such as peer support services,
health promotion, and family support services are also
offered, geared towards helping individuals and families
develop additional self-awareness and specialized recovery
skills to improve independent functioning and quality of life.
All services are provided by qualified behavioral health staff
and are driven by a service plan developed by the client and
the client's child and family team or adult recovery team.

Southwest Behavioral Health Outpatient Clinic

2215 Hualapai Mountain Rd. Ste H
Kingman, AZ 86401
928-753-9387

www.sbhservices.org

Services provided: Individual, Group and Family Counseling,
Medication Services, Psychiatric Care, Skills Training, Case
Management, Vocational Services, DUI Education, and DV
Education.

CHILDREN AND FAMILY SERVICES

Health Services: Pediatrics

Family Practice Residency Clinic

3801 Santa Rosa Drive Ste#400
Kingman, AZ 86401

928-681-8701

KRMC's Family Practice Residency Clinic offers comprehensive medical care to people of all ages, from newborns to senior adults. Whether you're ill or simply in need of a check-up, our family medicine residents will provide you thorough, attentive medical care.

Joshua Tree Pediatrics

2202 Stockton Hill Rd. #100
Kingman, AZ 86401

928-681-8706

At Joshua Tree Pediatrics, our skilled pediatricians and support staff provide a full range of healthcare services for children 0-18. From routine health maintenance and preventative care to diagnosing and treating complex medical problems, we are here to assure your child's maximum health and wellbeing at each stage in their development.

Health Services: FQHC

(Federally Qualified Health Centers are outpatient clinics that serve rural areas)

North Country Healthcare

Dr. Tiffany Russell
1510 Stockton Hill Rd.
Kingman, AZ 86401

928-753-1177

North Country HealthCare's doctors and care providers are dedicated to providing primary care to you and your whole family. Our family practice offers walk-ins and same day appointments for routine and sick visits. We accept most insurance plans and offer affordable payment options for those who are uninsured or underinsured. Our low-cost options include a sliding fee scale discount program which is based on income and family size.

Regional Center for Border Health Kingman Family Walk-in Clinic

2302 Stockton Hill Rd. Suite G
Kingman, AZ 86401

Family Primary Care: Immunizations, family planning services, woman and teens health, laboratory services, and chronic disease management.

Behavioral Health: Intake, assessments, referral services, children and adult services, substance abuse, evaluation and treatment, general mental health therapy, psychiatric health and medication management.

CHILDREN AND FAMILY SERVICES

Libraries

Mohave County Library - Meadview

149 E Meadview Blvd.
Meadview, AZ 86444-0187
928-564-2535

Call for current hours

Library loans books, e-books, audio books, videotapes, CDs and DVDs.

Mohave County Library - Valle Vista

7264 Concho Dr. Ste B
Kingman, AZ 86401
928-692-7662

Call for current hours

Library loans books, e-books, audio books, videotapes, CDs and DVDs.

Mohave County Library - Golden Valley

3417 Verde Rd.
Golden Valley, AZ 86413
928-565-2989

Call for current hours

Library loans books, e-books, audio books, videotapes, CDs and DVDs.

Mohave County Library - Golden Valley

4901 Pay Roll Ave.
Chloride, AZ 86431
928-565-2200

Call for current hours

Library loans books, e-books, audio books, videotapes, CDs and DVDs.

Mohave County Library - Dolan Springs

16140 Pierce Ferry Road
Dolan Springs, AZ 86441
928-767-4292

Call for current hours

Library loans books, e-books, audio books, videotapes, CDs and DVDs.

Mohave County Library - Kingman

3269 N. Burbank St
Kingman, AZ 86409
928-692-2665

Services: Book loan, document copying services, faxing, public access computers, public internet access, family story time, after school fun for kids.

Nutrition and Food Resources

Happy Hearts Consignment/Thrift Store

5317 Hwy 68
Golden Valley, AZ 86413
goldenvalleyfamilyresources@gmail.com
Food Distribution

Kingman Area Food Bank

2930 E Butler Ave.
Kingman, AZ 86409
928-757-4165

Provides emergency food boxes once every 30 days if needed.

Salvation Army

1200 E. Andy Devine Ave.
Kingman, AZ 86401
928-718-2600

Provides food, clothing, and utility payment assistance to people in need.

WIC Program

Mohave County Department of Public Health

700 W. Beale St.
Kingman, AZ 86402
928-753-0794 ext. 4334

8am-6pm M-Thurs
8am-12pm Friday

Supplemental healthy foods, nutrition education, referrals to other health services Prenatal-5 years of age qualify.

CHILD CARE CENTERS

Emmanuel Christian Academy

3120 Hualapai Mountain Rd.

Kingman, Az 86401

928-681-4220

Private Christian School for ages pre-k through 8th grade.

Grace Neal Preschool

1730 Kino Ave.

Kingman, Az 86409

928-692-8830

Preschool services birth through 12 years of age. Accepts DES Subsidy.

Kingman Academy of Learning- Primary School

3400 N. Burbank St.

Kingman, AZ 86409

928-692-2500

Charter schools providing services to families with children in preschool through high school.

Kingman Gingerbread House

4145 N. Bank St.

Kingman, AZ. 86409

928-757-7977

Preschool services provided for families with infants to school age. Accept DES Subsidy.

Lily Pad Preschool and Daycare Center

1099 Sunrise Ave.

Kingman, Az 86401

928-718-4482

www.lilypaddaycarecenter.com

Center provides services to ages 1 to 12 years of age.

Accepts DES Subsidy.

Little Brick Schoolhouse

2302 Lilly Ave.

Kingman, AZ. 86401

928-753-5439

Preschool services for families with children ages 3-12 years old.

Little Eagle Preschool

1475 Gordon Dr.

Kingman, AZ 86409

928-757-7888

Open 6am.-6pm.

Preschool services provided to families with children ages 3-5 years. Accepts DES subsidy.

Little Knights and Ladies Child Development Center, Inc.

1911 Kino Ave.

Kingman, AZ 86409

928-529-5287

Open 7am.-6pm.

Preschool service for families with children Ages 1-5 years old. Accepts DES subsidy.

Little Minnows Learning Center

3348 Western Ave.

Kingman, AZ 86409

928-757-3144

Open 6am.-8pm.

Preschool services with families with children ages 6 weeks-12 years old.

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www.swhd.org

"Nothing Out of the Question"
"Toda Pregunta es Buena"

1-877-705-KIDS(5447)

Call the Helpline to speak with an early childhood specialist, on duty Mon-Fri. 8:00 a.m. to 8:00 p.m.

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

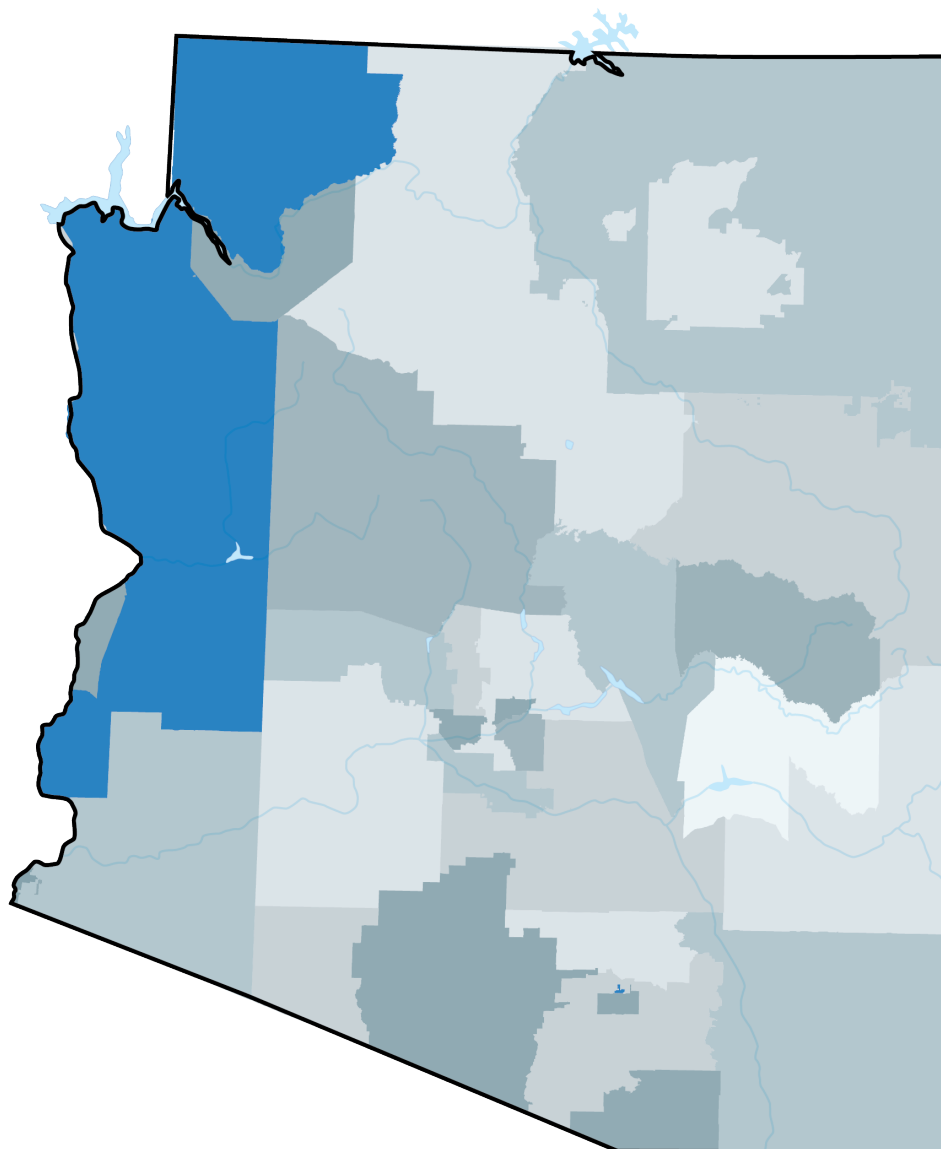
Topics addressed include but not limited to:

- Sleep
- Health and Nutrition
- Safety
- Challenging Behaviors
- Feeding and Eating
- General Child Development
- Potty Training/Learning
- Fussiness/Colic
- Parenting

An extension of the Birth to Five Helpline is the **Fussy Baby** program. This program provides telephone, home visiting and virtual video consultation and support to help families navigate challenges associated with hard-to- soothe infants, excessive crying, sleeping problems and feeding difficulties during their child's first year of life.

Download the Birth to Five Helpline app!





2024 La Paz County Resource Guide

FOR FAMILIES WITH CHILDREN BIRTH-5 YEARS

 FIRST THINGS FIRST

FIRST THINGS FIRST

Mission

First Things First (FTF) is an essential leader and partner in creating a family-centered, equitable, high-quality early childhood system that supports the development, well-being, health and education of all Arizona's children, birth to age 5.

Vision

All Arizona's children are ready to succeed in school and in life.



Scan here to view
this guide online

**For updates call FTF Lake Havasu City office
928-854-873**

www.FirstThingsFirst.org/Regions/La-Paz-Mohave

First Things First is Arizona's early childhood agency, with free programs, information and resources to support children's health and development.

www.FirstThingsFirst.org

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CHILDREN AND FAMILY SERVICES

Assistance Programs

APS Crisis Bill Assistance Program WACOG

1317 S Joshua Ave Suite S
Parker, AZ 85344
877-829-2264

Provides utility assistance. They offer other services ranging from weatherization of homes to cut energy cost to rental assistance on a case by case basis.

Arizona Department of Economic Security (AZDES)

1032 S. Hopi Ave.
Parker, AZ 85344
855-432-7587
<https://des.az.gov/>

Basic Needs: Adult Protections Services, Food Assistance, Medical Assistance, Refugee Resettlement, Shelter and Housing
Child and Family: Cash Assistance, Child Care, Child Support Services, Community Resources

Disabilities: Developmental Disabilities, Early Intervention, Achieving a better life experience

Older Adults: Home and Community Based Services, Healthy Living, Medicare Assistance, Legal Services Assistance, Family Caregiver Support, Long-Term Care Ombudsman, Aging Publications, World Elder Abuse Awareness Day Conference

Employment: Job Seekers, Reentry Services, Employer Resources, Apprenticeship, Unemployment-Employer, Senior Community Service Program, Veterans, Workforce Innovation and Opportunity Act, Eligible Training Provider List

Community Legal Services

2701 E. Andy Devine, Suite 400
Kingman, AZ 86401
Phone: (928) 681-1177
1+(800) 255-9031
TTY: Arizona Relay: 711
FAX: (928) 681-5998
Email: infomoco@clsaz.org

* Applications for services in Mohave and La Paz Counties are completed via the Kingman office.

Community Legal Services (CLS) is dedicated to providing legal assistance, advice or representation, self-help materials and legal education so people can know their rights. We focus on helping survivors of domestic violence; assisting victims of consumer fraud and abuse, protecting tenants from unlawful/unfair practices by landlords, foreclosures, legal problems affecting agricultural workers, wage claims and other employment matters, and federal and state programs affecting peoples' health and economic stability.

River Cities United Way

Debi@rcuw.org
Main: 928-855-6333
Alt.: 928-683-4270

Helping Businesses and individuals with rent utilities, and various needs.

Social Security Office

1502 Bailey Ave.
Needles, CA. 92363
800-772-1213

Obtain social security cards, name change, social security benefits.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources: Breastfeeding Resources

Arizona 24/7 Breastfeeding Hotline

1-800-307-4231

La Leche League

1-877-452-5324

<https://llusa.org/>

Pregnancy and Breastfeeding Hotline

1-800-833-4642

Birth to Five Resources: Child Care Resources

Child Care Resource & Referral Child and Family Resources, Inc.

P. 1-800-308-9000

www.azccrr.com

M-F 8:00 AM - 6:00 PM, Sat 8:00 AM - 12:00 PM

Child Care Information Line: P. 1-800-308-9000

Child Care Resource & Referral, CCR&R, is a statewide program of Child & Family Resources, Inc. Funding is provided by the Arizona Department of Economic Security's Child Care Administration through federal Child Care Development Block Grant funds. Staff provides referrals to families including but not limited to: child care, financial assistance, housing/utility assistance. Staff also provides consumer education on the different types of childcare options in the state & how to make the best option for your child and family.

Birth to Five Resources: Home Visitation

Health Start Program Mohave County Department of Public Health

2001 College Drive
Lake Havasu City, AZ 86403

JoBeth Giovanardi Giovalj@mohave.gov

928-753-0714 ext. 4323

Serves families in Parker

Community home visiting program that collaborates with pregnant women and their families. The goal of Health Start is to give your child and family the best chance of success with a strong support system through education, development, and referrals to community resources.

High Risk Perinatal and Occupation Program Mohave County Department of Public Health

2001 College Drive
LHC, AZ 8640

JoBeth Giovanardi Giovalj@mohave.gov

928-753-0714 ext. 4323

High Risk Perinatal Program: A Community Health Nurse (CHN) provides support to families during the transition of a NICU (five days or more) infant to home conducts developmental screenings. The CHN provides support to the family by providing education and connections to community resources.

Eligibility: Infants who have spent five or more days in the NICU.

La Paz Home Visitation Program Child & Family Resources, Inc.

928-753-4410

Offering the Parents as Teachers and the Healthy Families models. These free programs are designed to support prenatal health and wellness, child development, school readiness, early literacy, family resiliency and so much more. Visits occur in the comfort of your own home and the program supplies all the materials for learning activities. Parent socials, car seat program and community referrals are included in services.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources: Other

Bright By Text - Arizona PBS

Text "ARIZONAPBS" to 274448

www.azpbs.org/kidstext

Bright by Text is a free program for parents and caregivers that sends tips and resources promoting child development, targeted to a child's age from prenatal to 5 years old, right to their cell phone.



CASA Council of Mohave County

928-753-0790 x4229

The State CASA Program (Court Appointed Special Advocate) recruits and trains volunteers who advocate for foster children in Court and do monthly visits.

CASA Council Helping Children of Mohave County

530-632-5567

Beverly Siemens

casasupport.org

CASA Council is a 501(c)(3) non-profit organization, which is a Foundation that raises money to benefit the unmet needs of children in out-of-home care (foster care, relative placements, and fictive care) and In-Home Services.

Early Literacy Program Colorado River Indian Tribes

26600 Mohave Road

Parker, AZ 85344

928-669-1339

928-669-1332

www.critlibraryarchives.com

critlibraryarchives@gmail.com

The Colorado River Indian Tribes Early Literacy program, funded by First Things First, helps families understand the importance of early literacy and teaches how to implement it in their homes. The program encourages and facilitates adult/child interaction and developmentally-appropriate play. The program distributes books and hosts events for parents/caregivers and children birth - 5, including story times at least two times a week.

Family Support Coordination - Parenting Arizona

602-684-1192

familysupport@cplc.org

Chicanos Por La Causa/Parenting Arizona's Family Support Coordination program supports families with children age birth to 5. Our goal is to assist them in understanding, accessing, and navigating services that promote family well-being by engaging families and connecting them with community resources. Family Support Coordinators provide guidance, advocacy, and coordination throughout the process. Our aim is to refer families to timely and essential services, fostering family well-being and self-sufficiency.

First Things First

1940 Mesquite Ave Suite E

Lake Havasu City, AZ 86403

928-854-8732

www.FirstThingsFirst.org

Local region covers Mohave and La Paz County

First Things First is Arizona's early childhood agency, with programs and resources to support great childhoods. By focusing on the first five years, we are making a difference in the lives of young children, their families and our communities. Quality early learning and child care are essential for stronger, healthier families and for the economic future of Arizona.

Nutrition And Physical Activity Program Colorado River Indian Tribes

1321 Mohave Avenue

Parker, Arizona 85344

928-525-1287 Office

928-916-4157 Office Cell

Shawni Laffoon, Coordinator

Shawni.Laffoon@CRIT-DHS.org

The Colorado River Indian Nutrition and Physical Activity Program, funded by First Things, is geared toward encouraging the healthy development of children ages 0-5 through physical exercise and nutrition. Activities are geared toward promoting physical activity and healthy eating with the goal of reducing the rate of obesity in small children. Culturally-related activities will be incorporated into the activities as well prenatal, breastfeeding promotion and toddler group.

CHILDREN AND FAMILY SERVICES

Disabilities & Special Needs Resources

Arizona Early Intervention Program (AZEIP) Contracted by Essential Therapy Solutions

480-677-3349

<https://www.etherapyaz.com/>

To make an online referral:

https://bit.ly/FTF_AZEIP

A statewide system of services and supports for families of infants and toddlers, birth to three years of age, with delays or disabilities. AzEIP provides eligible children and their families' access to services to support the child's development through in-home individualized parent education and support.

See pages 8 and 9 for more information

Arizona Center for Disability Law

<https://www.azdisabilitylaw.org>

Raising Special Kids

5025 E. Washington St. Ste. 204

Phoenix, AZ 85034

(602)242-4366

www.raisingpecialkids.org

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

Services include individual consultation, parent-to-parent support, trainings and workshops.

Education

Head Start Program Colorado River Indian Tribes

18026 Mohave Road

Parker, Arizona 85344

928-662-4311

Center based early childhood development program. Family development services. Provide meals daily and transportation services. Health screenings.

Eligibility Requirements:

Income guidelines and age (3 & 4 years old by August 31). Priority to children with disabilities, homeless, foster children, CRIT Members, lowest income.

Education

Bouse Elementary School District

44936 Joshua Dr.

Bouse, AZ 85325

928-851-2213

Services grades K - 8

Head Start Program WACOG

49241 Ehrenberg-Poston HWY

Ehrenberg, AZ 85334

928-782-1886

Center based early childhood development program.

Eligibility Requirements: Income guidelines and age (3 & 4 years old by August 31). Priority to children with disabilities, homeless, foster children, lowest income.

Parker Unified School District

1608 S. Laguna Ave

Parker Arizona 85344

928-669-9244

Services pre-k and K - 12

Quartzsite Elementary School District

49241 Ehrenberg Road

Ehrenberg, AZ 85334

928-923-7907

Services pre-k and grades K - 8

Salome Consolidated Elementary School District and Preschool Program

38128 Saguaro & Main

Salome, AZ 85348

928-859-3339

Services grades Pre-K - 8

Developmental preschool program for ages 3-5 based on eligibility.

Wenden Elementary School District and Preschool Program

71001 Santa Fe Ave

Wenden, AZ 85357

928-859-3806

Services grades Pre K - 8

Developmental preschool program for ages 3-5 based on eligibility.

CHILDREN AND FAMILY SERVICES

Early Intervention Information

What is Early Intervention?

Parents, guardians, foster parents and family members know their child best. They observe the health and development of their child daily through routines, play and interactions. Sometimes parents/caregivers may have concerns that their child is not meeting the milestones for his or her age. Other times home visitors, health care providers, child care providers or early education teachers may identify concerns for a child's development and share them with the parent/ caregiver.

These concerns may be observed by the way a child:

- Plays, sees, hears (physical development),
- Interacts with others (social-emotional development),
- Learns (cognitive development),
- and communicates (language/speech development).

Why is Early Intervention important?

Addressing concerns early on in a child's life is important. If the parent, guardian or caregiver is interested in learning more about the additional support their child can receive, there are early intervention resources that can help them. Early intervention resources can have a maximum impact by enhancing the early growth and development in infants and toddlers, who may have or are at risk for developmental delays or disabilities, by providing individualized support and services to the child and their family.

- Children who receive early intervention have improved outcomes and increased success and independence in the long run.
- Early intervention can have a positive impact on a child's health, development and academic success.
- Early intervention therapies can alleviate the financial burden of therapy in the long run by reducing the need for continuing intensive therapy.

What can I do if I have concerns about my child's development?

- Talk to your child's doctor and share your concerns. Don't wait. Acting early can make a real difference!
- Complete a milestone checklist for your child's age.
 - Center for Disease Control (CDC) Milestone checklist Search online: CDC Milestone Checklist. The CDC's Developmental Milestones link will provide checklists for age 2 months to 5 years.
 - CDC's Milestone Tracker App Download it free today on iOS and Android devices.
- Ask about a developmental screening.
 - Ask your child's doctor to conduct a developmental screening and/or if you are concerned about possible signs of autism, an autism screening (generally completed at 18 and 24 months).
 - Parents have FREE access to the Ages & Stages Questionnaires® (ASQ), one of many general developmental screening tools, by visiting **easterseals.com** and searching ASQ.
- Get an Evaluation for your child.
 - Call your local public school district to get information about their upcoming Child Find events. The Individuals with Disabilities Education Act (IDEA) includes the Child Find mandate. Child Find requires all Public Education Agencies (school districts) to identify, locate and evaluate ALL children birth through 21, who may have or are at risk for developmental delays or disabilities. Screening procedures include vision and hearing screenings along with developmental screenings.

CHILDREN AND FAMILY SERVICES

Early Intervention Services

CHILD IDENTIFICATION

There is a concern about the child's growth, development and/or learning. These concerns can be identified by parents/ caregivers, relatives, home visitors, child care providers, school teachers or health care providers based on:

- Observation – the way a child plays, sees, hears, interacts with others, learns and communicates and/or
- A milestone checklist or a developmental screening completed.

THE CHILD IS BIRTH TO AGE 3.

Referral & Intake

- The parent/guardian can start the online or phone referral process for their child; or,
- A home visitor, child care provider, early education teacher or health care provider obtains permission from the parent/guardian before referring and starting the online or phone referral process.

Who to contact:

Arizona Early Intervention Program (AZEIP)
Contracted by Essential Therapy Solutions

To make an online referral:
https://bit.ly/FTF_AZEIP

Evaluation & Assessment

The **Early Intervention program** (for children age 0-3) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child's development and the family's needs and concerns.

Child is Found Ineligible for Services

If the child is age 0-3:

The child's family receives information on growth and development. Referrals are made to other community resources, if appropriate. The child may be reevaluated at a later date.

If the child is age 3-21:

The school system will notify the parent/guardian in writing and explain why the child has been found "not eligible." The parent/guardian will be given information about what they can do if they disagree with the decision.

THE CHILD IS AGE 3 TO 21.

Referral & Intake

- The parent/guardian can contact their local school district (Public Education Agency) to get information on the next Child Find event, where the child can be evaluated; or,
- The parent/guardian can take the child to their local school district (Public Education Agency) to be evaluated; or,
- A home visitor, child care provider, early education teacher or health care provider obtains permission from the parent/guardian before referring the child to be evaluated by their local school district or Child Find event.

Evaluation & Assessment

The **school district** (for children age 3-21) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child's development and the family's needs and concerns within **45 calendar days** of the date they are notified about the child.

ELIGIBILITY DETERMINATION

Child is Found Eligible for Services

If the child is age 0-3:

Individualized Family Service Plan (IFSP) The family of an eligible child meets with the Early Intervention (EI) team to create an IFSP, usually in the home or in a community setting. The EI team provides services as outlined in the IFSP. The EI team reviews the child's IFSP as needed throughout the year. The IFSP is updated annually with the family.

Transition: As the child approaches their third (3rd) birthday, the family and local EI program prepare for transition to special education preschool, school district (K-12) and/or other community based services.

If the child is age 3-21:

When a concern is identified through evaluation procedures, the parent/guardian must be notified within 10 school days and informed of procedures to follow up on the child's needs. For example:

- The child may be referred to the school's study team for pre-intervention services; or,
- If the child may have a disability, a comprehensive evaluation will be necessary to determine the child's eligibility for special education and related services. A team, of which the parent/guardian will be a member of, will meet to begin the process.

CHILDREN AND FAMILY SERVICES

Emergency/Non-Emergency

Arizona Department of Child Safety

1032 S. Hopi Ave
Parker, AZ 85344
928-669-9293
Child Abuse Hotline 1-888-767-2445

AZ Statewide Crisis Line

1-844-534-4673 or 1-844-534-HOPE

Bouse Fire Department

44031 Plomosa Rd.
Bouse, AZ 85325
928-851-2648

Buckskin Fire Department

8500 Riverside Dr.
Parker, AZ 85344
928-667-3221

CRIT Fire Department Station 17 (Big River)

150260 Capistrano Way
Big River, CA 92242

CRIT Fire Department Station 80

1819 W Mohave Rd.
Parker, AZ 85344
928-669-2328

CRIT Fire Department Station 90

23701 Mohave Rd
Parker, AZ 85344
928-662-4388

CRIT Law Enforcement Services

26600 Mohave Rd.
Parker, AZ 85344
928-669-1386
TIPS Line: 928-669-5341

Ehrenberg Fire Department

49100 Ehrenberg Poston Hwy.
Ehrenberg, AZ 85334
928-823-8033

La Paz County Dispatch

1109 W Arizona Ave
Parker, Az 85344
928-669-6141
The primary function of Dispatch is to receive all emergency and non-emergency calls for service and from field units ensuring that the proper departments are dispatched.
The La Paz County Central Dispatch is the communication center for all of La Paz County emergency services, with the exception of American Medical Response ambulance and the Colorado River Indian Tribes.

La Paz County Sheriff's Office

1109 W Arizona Ave
Parker, AZ 85344
928-669-6141

McMullen Valley Fire Department

66998 Salome Rd.
Salome, AZ 85348
928-859-3261

Parker Fire District

1101 W Arizona Ave
Parker, AZ 85344
928-669-2206

Parker Police Department

1314 W 11th St.
Parker, AZ 85344

Quartzsite Fire Department

70 Tyson St.
Quartzsite, AZ 85346
928-927-6556

Quartzsite Police Department

Phone: 928-927-4644
Fax: 928-927-5252
Administrative Office
305 N. Plymouth Ave. PO Box 2812
Quartzsite, AZ 85346

CHILDREN AND FAMILY SERVICES

Health Services

Community Health Worker Program La Paz County Health Department

1014 W. 11th Street

Parker, AZ 85344

928-669-9364

Point of contact: Carmen Gonzalez

<https://www.lpchd.com/>

The Community Health Worker Program assists residents and visitors to gain access to a wide variety of resources and services that may be required for health and safety. The CHW program covers: Bouse, Cibola, CRIT, Ehrenberg, Parker/Parker Strip, Salome, Quartzsite, and Wenden. CHWs can support members of the public with translation services, veteran resources, health education, informal counseling, mental health services, and more. Some of our goals include improving access to healthcare services, increasing knowledge and use of community and social service resources, and reducing barriers to services available to La Paz County residents and visitors.

La Paz County Health Department

1112 Joshua Ave, Suite #206

Parker, AZ 85344

Hours 7:00am-6:00pm

928-669-1100

Immunizations, TB testing, STD testing, Family planning, Covid-19 Immunizations.

Please call for details and appointments.

Health Services: Pediatrics / FQHC

(Federally Qualified Health Centers are outpatient clinics that serve rural areas)

Regional Center for Border Health Parker Walk-In Clinic

601 W Riverside Drive

Parker, AZ 85344

928-256-4109

<https://www.rcfbh.org/>

Behavioral Health Services, Pediatrics & Primary Care Services

Parker Walk-in Clinic is a family integrated service committed to provide the best affordable access to quality health and behavioral health services.

CHILDREN AND FAMILY SERVICES

Nutrition and Food Resources

CRIT Food Distribution Program (FDPIR)

12302 Kennedy Drive.
Parker, Az. 85344

Location: 2nd Avenue & Mohave Rd.

928-575-1191

Commodity Foods Our services are open to anyone living within the CRIT Reservation boundaries.

Our services are for low or no income households residing on the CRIT Reservation.

Applications are accepted M – F 8 - 5

Friends of the Quartzsite Food Bank

40 N Moon Mountain Ave
Quartzsite, AZ 85346

928-661-7000

fqfoodbank@gmail.com

Provides food, clothing, and toiletries

Parker Food Bank

1124 Geronimo Ave
Parker, AZ 85344

928-669-0114

Walk-ins served. No referral required. Photo ID and proof of address in La Paz County.

Tuesdays & Thursdays 8:00 AM - 12:00 PM

St. Vincent de Paul

1015 S. Joshua Ave.
Parker, AZ 85344

928-669-2523

Monthly food boxes and bag lunches.

Serving Parker, Bouse, Wenden, Salome, Ehrenberg and homebound. Call for more information.

Yuma Community Food Bank

928-343-1243

yumafoodbank.org

Distribution sites: Bouse, Cibola, Ehrenberg, Salome/Wenden, Parker, and Quartzsite.

WIC Program

13350 1st Avenue
Parker, AZ.

928-669-5588

Supplemental healthy foods, nutrition educations, referrals to other health services. Monday-Friday 8am-5pm

CHILDREN AND FAMILY SERVICES

Libraries

Bouse Public Library

44031 E. Plomosa Rd.
Bouse, AZ 85325

928-851-1023

Hours: Mon - Thur, 8am - 4pm

Bouse Public Library is one of two branches of the La Paz Public Library. Books, magazines, movies and internet access available to the public.

Centennial Public Library

69725 Centennial Park Rd.
Salome AZ 85348

928-859-4271

www.centennialpubliclibrary.com

Hours: 8am-4pm Mon-Thur

Centennial Public Library is one of two branches of the La Paz Public Library. Books, magazines, movies and internet access available to the public.

Colorado River Indian Tribes Library

26600 Mohave Rd.
Parker, AZ 85344

928-669-1332

C.R.I.T. Library-Archives offers collections of books in Fiction / Non-Fiction – Native American Collections in Adult- Young Adult- Tweens – Children – Early Literacy. We also provide job application assistance- email set-up-Archival Research- Traditional Language classes- Computer Lab-Print-Fax-Arts n Crafts-Traditional workshops- STEM/STEAM- Afterschool Tutoring- After School Activities

Quartzsite Library

465 North Plymouth Avenue P.O. Box 2812
Quartzsite, Arizona 85346

qsitelib@hotmail.com

Schedule of Library Hours:

Monday-Friday 8am - 5pm Closed Saturday Sunday & Holidays

928-927-4333

Access to library services including books, audio tapes, computers, videos and magazines is free. Resident cards are valid for two years. The Yuma Reading Council, in partnership with the Quartzsite Library, is offering adult literacy, GED and English as a second language training. If you are interested in volunteering for any one of these projects, please contact the library at 928-927-4333 for more information. Trained tutors are now available for ESL tutoring, privately or in small groups.

Parker Public Library

1001 Navajo Ave
Parker, Arizona 85344

Fenix Markel
libmgr@townofparkeraz.us

928-669-2622

The Parker Public Library is dedicated to providing free & equal access to information and knowledge through books, programs, and collaboration with our diverse community. We believe in the freedom to read, to learn, and to discover in a safe environment. For more information please visit our website.

CHILD CARE CENTERS

Early Learning Academy

1013 W Arizona Ave Ste. B
Parker, AZ 85344
928-301-4000
earlylearningacademy19@gmail.com
Early Childhood Center for infants 6 weeks to preschoolers
(age 5) After school care for children 5-12 years of age

Tiny Cactus Daycare

147 Riverside Dr.
Parker, AZ 85344
Serving ages 1 through 5.
Opening August 2024

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www.swhd.org

"Nothing Out of the Question"
"Toda Pregunta es Buena"

1-877-705-KIDS(5447)

Call the Helpline to speak with an early childhood specialist, on duty Mon-Fri. 8:00 a.m. to 8:00 p.m.

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

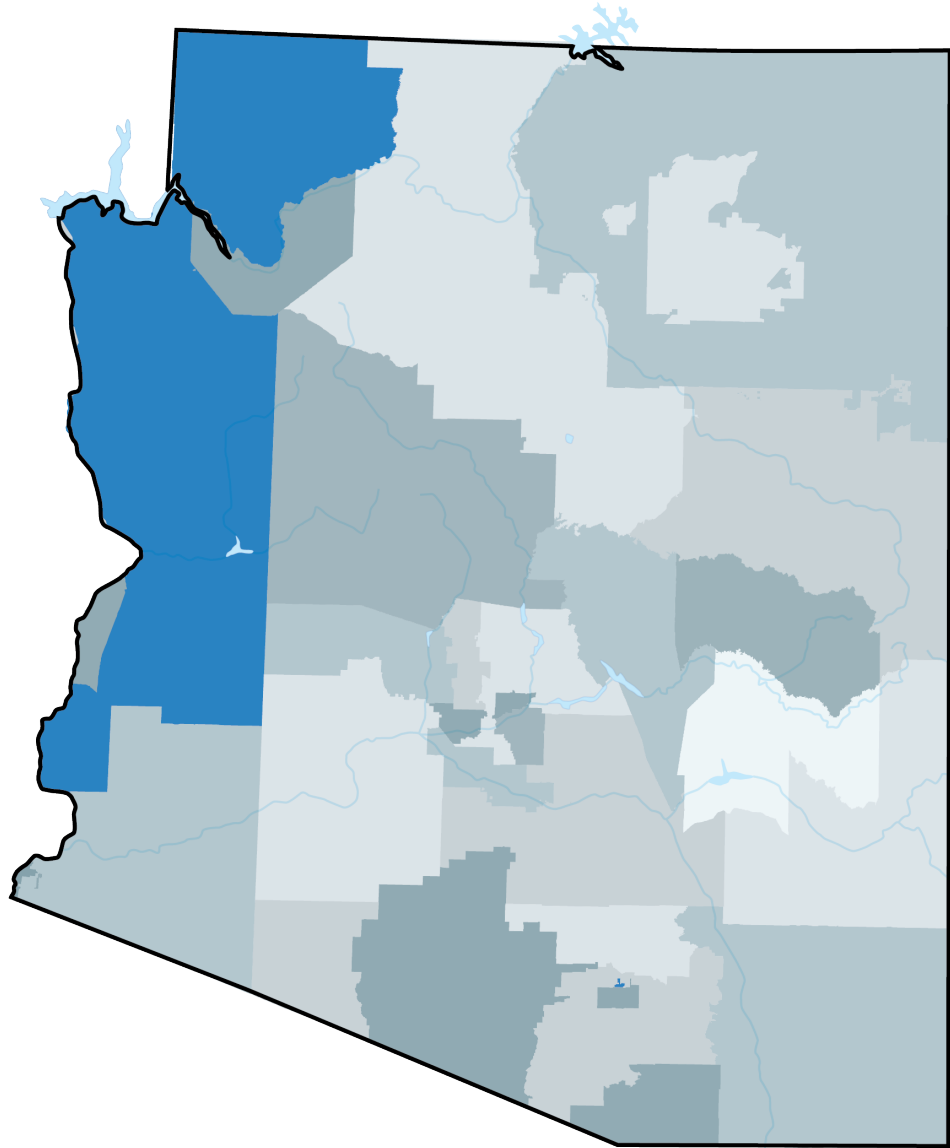
Topics addressed include but not limited to:

- Sleep
- Health and Nutrition
- Safety
- Challenging Behaviors
- Feeding and Eating
- General Child Development
- Potty Training/Learning
- Fussiness/Colic
- Parenting

An extension of the Birth to Five Helpline is the **Fussy Baby** program. This program provides telephone, home visiting and virtual video consultation and support to help families navigate challenges associated with hard-to- soothe infants, excessive crying, sleeping problems and feeding difficulties during their child's first year of life.

Download the Birth to Five Helpline app!





2024 Lake Havasu City Resource Guide

FOR FAMILIES WITH CHILDREN BIRTH-5 YEARS

 FIRST THINGS FIRST

FIRST THINGS FIRST

Mission

First Things First (FTF) is an essential leader and partner in creating a family-centered, equitable, high-quality early childhood system that supports the development, well-being, health and education of all Arizona's children, birth to age 5.

Vision

All Arizona's children are ready to succeed in school and in life.



Scan here to view
this guide online

**For updates call FTF Lake Havasu City office
928-854-873**

www.FirstThingsFirst.org/Regions/La-Paz-Mohave

First Things First is Arizona's early childhood agency, with free programs, information and resources to support children's health and development.

www.FirstThingsFirst.org

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CHILDREN AND FAMILY SERVICES

Assistance Programs

APS Crisis Bill Assistance Program WACOG

928-753-6247

Provides utility assistance. They offer other services ranging from weatherization of homes to cut energy cost to rental assistance on a case by case basis.

Arizona Department of Economic Security (AZDES)

2031 Spawr Cir.

Lake Havasu City, AZ 86403

855-432-7587

<https://des.az.gov/>

www.healthearizonaplus.gov

Basic Needs: Adult Protections Services, Food Assistance, Medical Assistance, Refugee Resettlement, Shelter and Housing

Child and Family: Cash Assistance, Child Care, Child Support Services, Community Resources

Disabilities: Developmental Disabilities, Early Intervention, Achieving a better life experience

Older Adults: Home and Community Based Services, Healthy Living, Medicare Assistance, Legal Services Assistance, Family Caregiver Support, LongTerm Care Ombudsman, Aging Publications, World Elder Abuse Awareness Day Conference

Employment: Job Seekers, Reentry Services, Employer Resources, Apprenticeship, Unemployment-Employer, Senior Community Service Program, Veterans, Workforce Innovation and Opportunity Act, Eligible Training Provider List

Clothes Closet

1968 Mesquite Ave.

LHC, AZ 86403

928-230-3113

clothescloset@frontier.com

The Clothes Closet helps anyone in need of clothing, food, or other necessities without charge. They help find community resources in a judgment free atmosphere.

HAVEN Family Resource Center

2174 McCulloch Blvd. N

LHC, AZ 86403

928-505-3153

Administers services for victims of abuse and sexual assault. Provides a crisis hotline for families in crisis and for victims of child abuse, domestic violence, and sexual assault.

Community Legal Services

2701 E. Andy Devine, Suite 400

Kingman, AZ 86401

Phone: (928) 681-1177

1+(800) 255-9031

TTY: Arizona Relay: 711

FAX: (928) 681-5998

Email: infomoco@clsaz.org

* Applications for services in Mohave and La Paz Counties are completed via the Kingman office.

Community Legal Services (CLS) is dedicated to providing legal assistance, advice or representation, self-help materials and legal education so people can know their rights. We focus on helping survivors of domestic violence; assisting victims of consumer fraud and abuse, protecting tenants from unlawful/unfair practices by landlords, foreclosures, legal problems affecting agricultural workers, wage claims and other employment matters, and federal and state programs affecting peoples' health and economic stability.

Faith and Grace, Inc.

24 hour Hotline 928-302-1358

Safe housing for women and children of domestic violence.

River Cities United Way

Debi Pennington

Debi@rcuw.org

145 N. Lake Havasu Ave.

LHC, AZ 86403

Main: 928-855-6333 Alt.: 928-683-4270

Helping Businesses and individuals with rent, utilities, and various needs.

Salvation Army-Lake Havasu

2049 Swanson Ave

LHC, AZ 86403

928-680-3678

Provides rent payment assistance, electric and water utility bill payment assistance, food boxes, sack lunches and personal hygiene items.

Social Security Office

1502 Bailey Ave.

Needles, CA. 92363

800-772-1213

Obtain social security cards, name change, social security benefits.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources:

Breastfeeding Resources

Arizona 24/7 Breastfeeding Hotline

1-800-307-4231

La Leche League

1-877-452-5324

<https://llusa.org/>

Pregnancy and Breastfeeding Hotline

1-800-833-4642

Birth to Five Resources:

Child Care Resources

Child Care Resource & Referral Child and Family Resources, Inc.

P. 1-800-308-9000

www.azccrr.com

M-F 8:00 AM - 6:00 PM, Sat 8:00 AM - 12:00 PM

Child Care Information Line: P. 1-800-308-9000

Child Care Resource & Referral, CCR&R, is a statewide program of Child & Family Resources, Inc. Funding is provided by the Arizona Department of Economic Security's Child Care Administration through federal Child Care Development Block Grant funds. Staff provides referrals to families including but not limited to: child care, financial assistance, housing/utility assistance. Staff also provides consumer education on the different types of childcare options in the state & how to make the best option for your child and family.

Birth to Five Resources: Home Visitation

Health Start Program Mohave County Department of Public Health

2001 College Drive
LHC, AZ 86403

JoBeth Giovanardi Gioval@mohave.gov
928-753-0714 ext. 4323

Community home visiting program that collaborates with pregnant women and their families. The goal of Health Start is to give your child and family the best chance of success with a strong support system through education, development, and referrals to community resources.

Healthy Families Program Child & Family Resources, Inc.

116 S. Lake Havasu Ave. Suite 104
LHC, AZ 86403
928-753-4410

Free Home visitation program. Families can enroll while pre-natal or before the baby turns 3 months old. The program also includes a car seat safety program, assistance with diapers and community based referrals as needed. Substance Exposed Newborn Safe Environment (SENSE) provider.

High Risk Perinatal and Occupation Program Mohave County Department of Public Health

2001 College Drive
LHC, AZ 86403

JoBeth Giovanardi Gioval@mohave.gov
928-753-0714 ext. 4323

High Risk Perinatal Program: A Community Health Nurse (CHN) provides support to families during the transition of a NICU (five days or more) infant to home conducts developmental screenings. The CHN provides support to the family by providing education and connections to community resources.

Eligibility: Infants who have spent five or more days in the NICU.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources: Other

Bright By Text - Arizona PBS

Text "ARIZONAPBS" to 274448

www.azpbs.org/kidstext

Bright by Text is a free program for parents and caregivers that sends tips and resources promoting child development, targeted to a child's age from prenatal to 5 years old, right to their cell phone.



CASA Council of Mohave County

928-753-0790 x4229

The State CASA Program (Court Appointed Special Advocate) recruits and trains volunteers who advocate for foster children in Court and do monthly visits.

CASA Council Helping Children of Mohave County

530-632-5567

Beverly Siemens

casasupport.org

CASA Council is a 501(c)(3) non-profit organization, which is a Foundation that raises money to benefit the unmet needs of children in out-of-home care (foster care, relative placements, and fictive care) and In-Home Services.

Family Support Coordination Parenting Arizona

602-684-1192

familysupport@cplc.org

Chicanos Por La Causa/Parenting Arizona's Family Support Coordination program supports families with children age birth to 5. Our goal is to assist them in understanding, accessing, and navigating services that promote family well-being by engaging families and connecting them with community resources. Family Support Coordinators provide guidance, advocacy, and coordination throughout the process. Our aim is to refer families to timely and essential services, fostering family well-being and self-sufficiency.

First Things First

1940 Mesquite Ave Suite E

Lake Havasu City, AZ 86403

928-854-8732

www.FirstThingsFirst.org

Local region covers Mohave and La Paz County

First Things First is Arizona's early childhood agency, with programs and resources to support great childhoods. By focusing on the first five years, we are making a difference in the lives of young children, their families and our communities. Quality early learning and child care are essential for stronger, healthier families and for the economic future of Arizona.

Pregnancy Care, Inc

500 N. Lake Havasu Ave Suite B104

LHC, AZ 86403

Administers programs for pregnant women in La Paz and Mohave County.

CHILDREN AND FAMILY SERVICES

Disabilities & Special Needs Resources

Arizona Center for Disability Law, Inc

<https://www.azdisabilitylaw.org>

Arizona Early Intervention Program (AZEIP) Contracted by Essential Therapy Solutions

480-677-3349

<https://www.etherapyaz.com/>

To make an online referral:

https://bit.ly/FTF_AZEIP

A statewide system of services and supports for families of infants and toddlers, birth to three years of age, with delays or disabilities. AzEIP provides eligible children and their families' access to services to support the child's development through in-home individualized parent education and support.

See pages 8 and 9 for more information

Milemarkers

5601 Hwy 95 C-308

LHC, AZ 86404

928-854-5439

Milemarkers provides music, occupational, physical and speech therapy services, after school program, adult day program, employment opportunities for individuals with disabilities, transition to employment curriculum, individual habilitation support, and supervised visit, Connections Program and Nurturing Parent program.

New Horizons Center for People with Special Needs

2045 Moyo Dr.

LHC, AZ 86403

928-855-9392

Offers in-home visits to assist parents of infants 0-3 and in-home services for adults.

Raising Special Kids

5025 E. Washington St. Ste. 204

Phoenix, AZ 85034

(602)242-4366

www.raisingpecialkids.org

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

RISE Services

1979 McCulloch Blvd. Suite 101 and 103

LHC, AZ 86403

928-316-6520

Provides support services for seniors and children and adults with developmental and physical disabilities.

Playful Beginnings

909-583-4040

Psychological testing for autism as well as in home ABA (social/behavior) intervention for children in Lake Havasu between the ages of 2-12 years. Accepting United Health Care, Blue Cross Blue Shield AZ, Anthem Blue Cross, and HealthChoice.

CHILDREN AND FAMILY SERVICES

Early Intervention Information

What is Early Intervention?

Parents, guardians, foster parents and family members know their child best. They observe the health and development of their child daily through routines, play and interactions. Sometimes parents/caregivers may have concerns that their child is not meeting the milestones for his or her age. Other times home visitors, health care providers, child care providers or early education teachers may identify concerns for a child's development and share them with the parent/ caregiver.

These concerns may be observed by the way a child:

- Plays, sees, hears (physical development),
- Interacts with others (social-emotional development),
- Learns (cognitive development),
- and communicates (language/speech development).

Why is Early Intervention important?

Addressing concerns early on in a child's life is important. If the parent, guardian or caregiver is interested in learning more about the additional support their child can receive, there are early intervention resources that can help them. Early intervention resources can have a maximum impact by enhancing the early growth and development in infants and toddlers, who may have or are at risk for developmental delays or disabilities, by providing individualized support and services to the child and their family.

- Children who receive early intervention have improved outcomes and increased success and independence in the long run.
- Early intervention can have a positive impact on a child's health, development and academic success.
- Early intervention therapies can alleviate the financial burden of therapy in the long run by reducing the need for continuing intensive therapy.

What can I do if I have concerns about my child's development?

- Talk to your child's doctor and share your concerns. Don't wait. Acting early can make a real difference!
- Complete a milestone checklist for your child's age.
 - Center for Disease Control (CDC) Milestone checklist Search online: CDC Milestone Checklist. The CDC's Developmental Milestones link will provide checklists for age 2 months to 5 years.
 - CDC's Milestone Tracker App Download it free today on iOS and Android devices.
- Ask about a developmental screening.
 - Ask your child's doctor to conduct a developmental screening and/or if you are concerned about possible signs of autism, an autism screening (generally completed at 18 and 24 months).
 - Parents have FREE access to the Ages & Stages Questionnaires® (ASQ), one of many general developmental screening tools, by visiting **easterseals.com** and searching ASQ.
- Get an Evaluation for your child.
 - Call your local public school district to get information about their upcoming Child Find events. The Individuals with Disabilities Education Act (IDEA) includes the Child Find mandate. Child Find requires all Public Education Agencies (school districts) to identify, locate and evaluate ALL children birth through 21, who may have or are at risk for developmental delays or disabilities. Screening procedures include vision and hearing screenings along with developmental screenings.

CHILDREN AND FAMILY SERVICES

Early Intervention Services

CHILD IDENTIFICATION

There is a concern about the child's growth, development and/or learning. These concerns can be identified by parents/ caregivers, relatives, home visitors, child care providers, school teachers or health care providers based on:

- Observation – the way a child plays, sees, hears, interacts with others, learns and communicates and/or
- A milestone checklist or a developmental screening completed.

THE CHILD IS BIRTH TO AGE 3.

Referral & Intake

- The parent/guardian can start the online or phone referral process for their child; or,
- A home visitor, child care provider, early education teacher or health care provider obtains permission from the parent/guardian before referring and starting the online or phone referral process.

Who to contact:

Arizona Early Intervention Program (AZEIP)
Contracted by Essential Therapy Solutions

To make an online referral:
https://bit.ly/FTF_AZEIP

Evaluation & Assessment

The **Early Intervention program** (for children age 0-3) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child's development and the family's needs and concerns.

Child is Found Ineligible for Services

If the child is age 0-3:

The child's family receives information on growth and development. Referrals are made to other community resources, if appropriate. The child may be reevaluated at a later date.

If the child is age 3-21:

The school system will notify the parent/guardian in writing and explain why the child has been found "not eligible." The parent/guardian will be given information about what they can do if they disagree with the decision.

THE CHILD IS AGE 3 TO 21.

Referral & Intake

- The parent/guardian can contact their local school district (Public Education Agency) to get information on the next Child Find event, where the child can be evaluated; or,
- The parent/guardian can take the child to their local school district (Public Education Agency) to be evaluated; or,
- A home visitor, child care provider, early education teacher or health care provider obtains permission from the parent/guardian before referring the child to be evaluated by their local school district or Child Find event.

Evaluation & Assessment

The **school district** (for children age 3-21) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child's development and the family's needs and concerns within **45 calendar days** of the date they are notified about the child.

ELIGIBILITY DETERMINATION

Child is Found Eligible for Services

If the child is age 0-3:

Individualized Family Service Plan (IFSP) The family of an eligible child meets with the Early Intervention (EI) team to create an IFSP, usually in the home or in a community setting. The EI team provides services as outlined in the IFSP. The EI team reviews the child's IFSP as needed throughout the year. The IFSP is updated annually with the family.

Transition: As the child approaches their third (3rd) birthday, the family and local EI program prepare for transition to special education preschool, school district (K-12) and/or other community based services.

If the child is age 3-21:

When a concern is identified through evaluation procedures, the parent/guardian must be notified within 10 school days and informed of procedures to follow up on the child's needs. For example:

- The child may be referred to the school's study team for pre-intervention services; or,
- If the child may have a disability, a comprehensive evaluation will be necessary to determine the child's eligibility for special education and related services. A team, of which the parent/guardian will be a member of, will meet to begin the process.

CHILDREN AND FAMILY SERVICES

Education

Lake Havasu Unified School District

2200 Havasupai Blvd.

LHC, AZ 86403

928-505-6900

Provides academic instruction for students in pre-K through grade 12.

Paw Prints Preschool Telesis Preparatory Academy

2598 Starlite Lane

LHC, AZ 86403

928-855-8661 ext. 122

Serving ages 3-5 years.

Smoketree Developmental Preschool

2395 Smoketree Ave. N.

LHC, AZ 86403

928-505-6020

Developmental preschool program for children with special needs, ages 3-5, who qualify for services based on state and federal guidelines. Accepts DES subsidy

WACOG Head Start Havasupai

880 Cashmere Dr.

LHC, AZ 86404

928-505-4046

Center based early childhood development program.

Eligibility Requirements: Income guidelines and age (3 & 4 years old by August 31). Priority to children with disabilities, homeless, foster children, lowest income.

Wacog Head Start Lake Havasu City

2385 Pima Dr. N.

LHC, AZ 86403

928-680-6212

Center based early childhood development program.

Eligibility Requirements: Income guidelines and age (3 & 4 years old by August 31). Priority to children with disabilities, homeless, foster children, lowest income.

Emergency/Non-Emergency

Arizona Department of Child Safety

1755 McCulloch Blvd. N. Ste 101

928-854-0315

Child Abuse Hotline 1-888-767-2445

AZ Statewide Crisis Line

1-844-534-4673 or 1-844-534-HOPE

Lake Havasu City Fire Department

928-855-1141

Emergency services.

Lake Havasu City Police Department

2360 McCulloch Blvd. N

LHC, AZ 86403

Emergency: 911

Non-emergency: 928-855-1171

Provides emergency response law enforcement and crime prevention services for the city.

Mohave County Sheriff's Department

3500 AZ-95

LHC, AZ 86404

928-453-0745

The Sheriff's office duty is to serve the Civil Processes and legal documents originating from Arizona Superior Courts, Justice Courts; attorneys, private individuals and out of state entities needing service in Mohave County. Seventy-five members of the Sheriff's office assist the Sheriff by carrying out search and rescue missions and other duties.

CHILDREN AND FAMILY SERVICES

Health Services

Community Health Outreach Workers River Cities United Way

145 N. Lake Havasu Ave.
LHC, AZ 86403

Main: 928-855-6333
Alt.: 928-683-4270

Debi Pennington
Debi@rcuw.org

Community Health Outreach Workers will work closely with medical providers, primary care teams, and other agencies to improve patient care and outcomes.

Mohave County Health Department

2001 College Drive
LHC, AZ 86403

928-453-0703

Mohave.gov

Family Planning Clinics, Environmental Health Programs, Mental Health Services, Nutrition Programs, Vaccination Programs, Woman, Infant and Children Program (WIC), Women's Health Programs.

Birth & Death Certificates, Vital Records

Flu & Pneumonia Shots, HIV & STD testing, Laboratory Services.

Health Services: Dental

Cosmic Kids Dentistry

80 Acoma Blvd. S,
LHC, AZ 86403

928-855-7717

Pediatric dental provider.

Kids Little Smiles

5601 Hwy. 95 Ste A116
LHC, AZ 86406

928-505-5437

Pediatric dental provider.

CHILDREN AND FAMILY SERVICES

Health Services: Mental Health

Mohave Mental Health-Children’s Clinic

151 Riviera Dr. Suite B
LHC, AZ 86403
928-855-3432
www.mmhc-inc.org

Outpatient clinics offer a full array of behavioral health services to both children and adults. Services may include assessment, psychiatric interventions, therapy and counseling (provided in individual, family, and groups), medication, residential or inpatient programs, case management, vocational services, and living skills training. Other supportive services, such as peer support services, health promotion, and family support services are also offered, geared towards helping individuals and families develop additional self-awareness and specialized recovery skills to improve independent functioning and quality of life. All services are provided by qualified behavioral health staff and are driven by a service plan developed by the client and the client’s child and family team or adult recovery team.

MiKID

928-704-9111
Services Lake Havasu
Provides support, education, and skill development to families and their children, youth, and young adults who are experiencing mental health and behavior changes.
Eligibility: AHCCCS, Mercy Care, Care First or other State insurance.

Southwest Behavioral Health Outpatient Clinic

2215 Hualapai Mountain Rd. Ste H
Kingman, AZ 86401
928-753-9387
www.sbhservices.org
Services provided: Individual, Group and Family Counseling, Medication Services, Psychiatric Care, Skills Training, Case Management, Vocational Services, DUI Education, and DV Education.

Health Services: Pediatricians

Havasu Medical Group-Primary Care and Diabetes

1851 Mesquite Ave Ste #202
LHC, AZ 86403
928-854-0094
Pediatric services.

Havasu Rainbow Pediatrics

1980 Mesquite Ave., #101
LHC, AZ 86403
Medical group practice located in LHC that specializes in Pediatrics.

Health Services: FQHC

(Federally Qualified Health Centers are outpatient clinics that serve rural areas)

Havasu Pediatric and Family Center- Regional Center for Border Health

1940 Mesquite Ave. Ste A
LHC, AZ 86403
928-459-3512
Provides primary health care and integrated behavioral health services.

North Country Healthcare

2090 N. Smoketree Ave
LHC, AZ 86403
928-854-1800
Provides family practice clinic, well-woman exams, well-baby checkups, immunizations and referrals to necessary specialists. Offer pediatric care.

CHILDREN AND FAMILY SERVICES

Nutrition and Food Resources

Christ Chapel Food Pantry

3450 Chemehuevi Blvd.

LHC, AZ 86403

928-855-7230

Open Monday-Friday 8:00 a.m. to 12:00 p.m.

Please call before coming in as food availability varies.

HCHF Community Food Bank

1980 N Kiowa Blvd

LHC, AZ 86403

928-264-1177

Open M, T, TH, F from 10am-1pm

Restoration Hope Church Food Pantry

3430 McCulloch Blvd. N.

LHC, AZ 86403

928-302-3264

Open Saturdays 9:00-12:00

St. Vincent De Paul

Food Distribution Center

1851 Commander Dr.

LHC, AZ 86403

928-680-2874

Food Distribution 9:30-2:00 Wednesday-Friday

WIC Program

Mohave County Department of Public Health

2001 College Drive

LHC, AZ 86403

928-453-0716

Supplemental healthy foods, nutrition education, referrals to other health services Prenatal-5 years of age qualify.

Recreation

Mohave County Library - Lake Havasu City

1770 N. McCulloch Blvd.

LHC, AZ 86403

928-453-0718

<https://www.mohavecountylibrary.us/lake-havasu-city>

Library loans books, e-books, audio books, videotapes, CDs and DVDs.

Programs for all ages including Baby jamboree (ages 0-2) and Sunshine Hour (ages 2-5).

Sunshine Indoor Play

kate@sunshineindoorplay.com

www.sunshineindoorplay.com

Sunshine Indoor Play is more than just an indoor playground. We are a Mom-munity that is by your side through every step of your parenting journey. We offer lactation support, birth classes, car seat help, babywearing fit checks, postpartum support groups, and more. We also host mommy and me classes and events.

CHILD CARE CENTERS

Guiding Light Christian Educational Center

220 Mescal Ln

LHC, AZ 86403

928-855-1022

Serving ages 1 through 1st grade. Accepts DES subsidy

Family Tree Daycare

3415 Oro Grande Blvd.

LHC, AZ

928-505-8719

Serving 3 months through age 5.

Hilltop Learning Center

3180 McCulloch Blvd N

LHC, AZ 86403

928-855-3085

Serving ages 2 ½ through 5 years. Accepts DES subsidy

Little Knights Preschool

2675 Palo Verde Blvd. S

LHC, AZ 86403

928-854-5347

Serving ages 3-5 years.

Little People's Day Care, Inc

2419 Smoketree Ave N #102

LHC, AZ 86403

928-453-6348

Serving ages 2-5 years. Accepts DES subsidy

New Day School

2200 Sotol Lane

LHC, AZ 86403

Serving ages 1 through 5 years. Accepts DES subsidy

New Day School

3438 Oro Grande Blvd.

LHC, AZ 86406

928-680-1002

Serving ages 1 through 5 years. Accepts DES subsidy

New Day School

2915 Havasupai Blvd.

LHC 86404

928-855-2227

Serving ages 1 through 5 years. Accepts DES subsidy

Oro Grande Classical Academy Preschool

1250 Pawnee Dr.

LHC, AZ 86406

928-505-6080

Our goal is to incorporate virtues and values, good manners, and develop a social and educational foundation in an effort to become kindergarten ready.

Serving 4 year olds.

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www.swhd.org

"Nothing Out of the Question"
"Toda Pregunta es Buena"

1-877-705-KIDS(5447)

Call the Helpline to speak with an early childhood specialist, on duty Mon-Fri. 8:00 a.m. to 8:00 p.m.

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

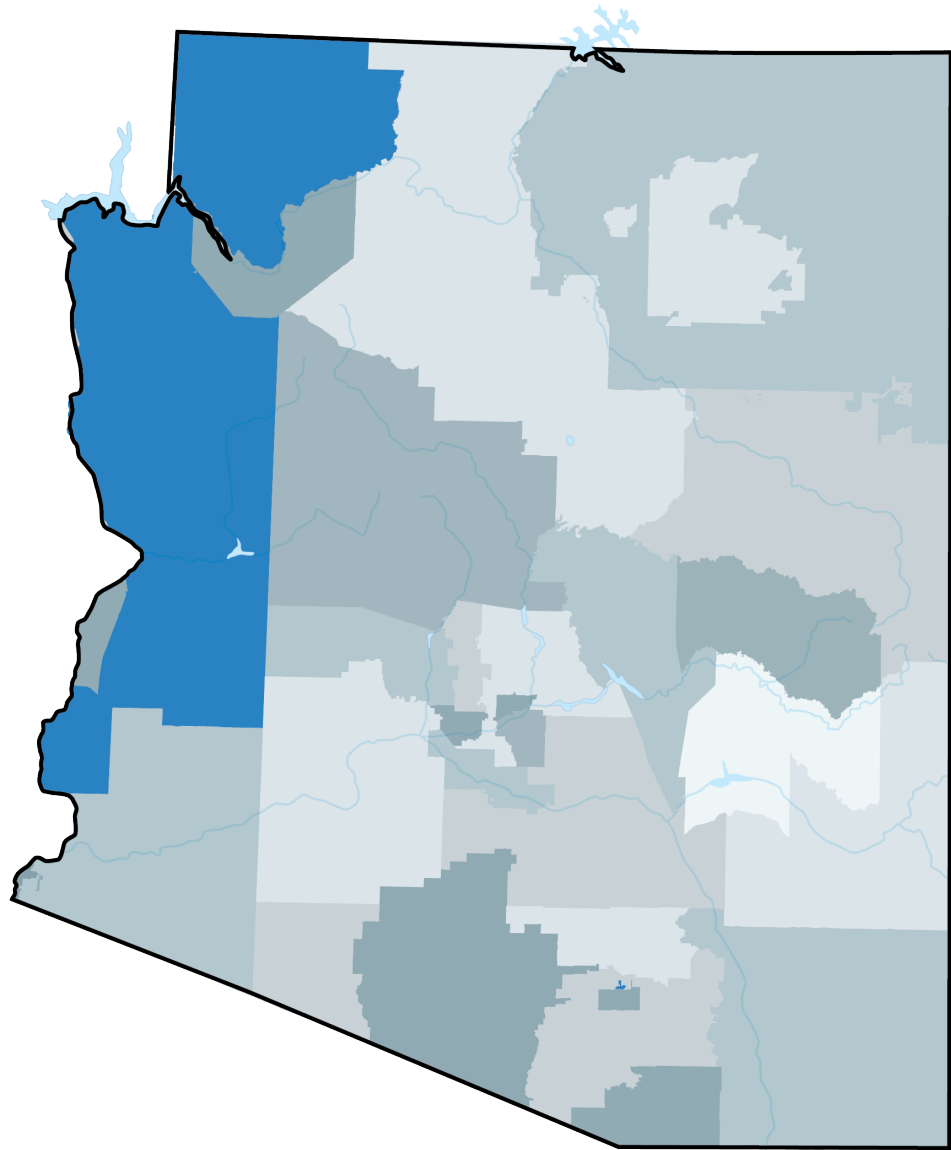
Topics addressed include but not limited to:

- Sleep
- Health and Nutrition
- Safety
- Challenging Behaviors
- Feeding and Eating
- General Child Development
- Potty Training/Learning
- Fussiness/Colic
- Parenting

An extension of the Birth to Five Helpline is the **Fussy Baby** program. This program provides telephone, home visiting and virtual video consultation and support to help families navigate challenges associated with hard-to- soothe infants, excessive crying, sleeping problems and feeding difficulties during their child's first year of life.

Download the Birth to Five Helpline app!





2024 Topock Resource Guide

FOR FAMILIES WITH CHILDREN BIRTH-5 YEARS

 FIRST THINGS FIRST

FIRST THINGS FIRST

Mission

First Things First (FTF) is an essential leader and partner in creating a family-centered, equitable, high-quality early childhood system that supports the development, well-being, health and education of all Arizona's children, birth to age 5.

Vision

All Arizona's children are ready to succeed in school and in life.



Scan here to view
this guide online

**For updates call FTF Lake Havasu City office
928-854-873**

www.FirstThingsFirst.org/Regions/La-Paz-Mohave

First Things First is Arizona's early childhood agency, with free programs, information and resources to support children's health and development.

www.FirstThingsFirst.org

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CHILDREN AND FAMILY SERVICES

Assistance Programs

APS Crisis Bill Assistance Program WACOG

928-753-6247

Provides utility assistance. They offer other services ranging from weatherization of homes to cut energy cost to rental assistance on a case by case basis.

Arizona Department of Economic Security (AZDES)

2601 Hwy 95

Bullhead City, AZ 86442

928-704-7776

<https://des.az.gov/>

Basic Needs: Adult Protections Services, Food Assistance, Medical Assistance (www.healthearizonaplus.gov), Refugee Resettlement, Shelter and Housing

Child and Family: Cash Assistance, Child Care, Child Support Services, Community Resources

Disabilities: Developmental Disabilities, Early Intervention, Achieving a better life experience

Older Adults: Home and Community Based Services, Healthy Living, Medicare Assistance, Legal Services Assistance, Family Caregiver Support, LongTerm Care Ombudsman, Aging Publications, World Elder Abuse Awareness Day Conference

Employment: Job Seekers, Reentry Services, Employer Resources, Apprenticeship, Unemployment-Employer, Senior Community Service Program, Veterans, Workforce Innovation and Opportunity Act, Eligible Training Provider List

River Cities United Way

Debi Pennington

Debi@rcuw.org

Main: 928-855-6333

Alt.: 928-683-4270

Helping Businesses and individuals with rent utilities, and various needs.

The River Fund BULLHEAD CITY OFFICE

1343 Hancock Road

Bullhead City, Arizona 86442

(928) 704-0039

Monday - Friday: 9:00 AM to

Services include, but are not limited to:

- Utility bills/deposits;
- Appliance repair/replacement;
- Disaster relief (partial or complete destruction of dwelling);
- Transportation/vehicle repairs;
- Rent and Mortgage payments;
- Medical bills (office visit co-pays, prescriptions, COBRA payments, transportation, medical equipment, and other medical-related issues or needs;
- Temporary housing;
- An unexpected loss of living expenses;
- Legal document replacement; and
- Other major hardships on a case-by-case basis.

Social Security Office

1502 Bailey Ave.

Needles, CA. 92363

800-772-1213

Obtain social security cards, name change, social security benefits.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources:

Breastfeeding Resources

Arizona 24/7 Breastfeeding Hotline

1-800-307-4231

La Leche League

1-877-452-5324

<https://llusa.org/>

Pregnancy and Breastfeeding Hotline

1-800-833-4642

Birth to Five Resources:

Child Care Resources

Child Care Resource & Referral

Child and Family Resources, Inc.

P. 1-800-308-9000

www.azccrr.com

M-F 8:00 AM - 6:00 PM, Sat 8:00 AM - 12:00 PM

Child Care Information Line: P. 1-800-308-9000

Child Care Resource & Referral, CCR&R, is a statewide program of Child & Family Resources, Inc. Funding is provided by the Arizona Department of Economic Security's Child Care Administration through federal Child Care Development Block Grant funds. Staff provides referrals to families including but not limited to: child care, financial assistance, housing/utility assistance. Staff also provides consumer education on the different types of childcare options in the state & how to make the best option for your child and family.

Birth to Five Resources: Home Visitation

Healthy Families Program

1355 Ramar Rd Ste 8

Bullhead City, AZ 86442

928-753-4410

Home visitation program, families can enroll while pre-natal or before the baby turns 3 months old. The program also includes a car seat safety program, assistance with diapers and community based referrals as needed.

Health Start Program

Mohave County Department of Public Health

1222 Hancock Road

Bullhead City, AZ 86442

JoBeth Giovanardi Giovalj@mohave.gov

928-753-0714 ext. 4323

Community home visiting program that collaborates with pregnant women and their families. The goal of Health Start is to give your child and family the best chance of success with a strong support system through education, development, and referrals to community resources. Health Start services Kingman

High Risk Perinatal and Occupation Program Mohave County Department of Public Health

1222 Hancock Road

Bullhead City, AZ 86442

JoBeth Giovanardi Giovalj@mohave.gov

928-753-0714 ext. 4323

HRPP Community Health Nursing services for NICU families. The Community Health Nurse provides support to families during the transition of a NICU (5 days or more) infant to home; conducts physical, developmental, psychosocial, and environmental assessment and screening. The CHN provides support to the family by providing education and connections to community resources. The Children and Youth with Special Health Care Needs (CYSHCN) provides community health nurse visits for children (birth to 19 years) with chronic medical conditions or demonstrates risks for developmental delay.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources: Other

Bright By Text

Text "ARIZONAPBS" to 274448

www.azpbs.org/kidstext

Bright by Text is a free program for parents and caregivers that sends tips and resources promoting child development, targeted to a child's age from prenatal to 5 years old, right to their cell phone.



Bullhead City Lion's Club

928-514-5062

Janis Young

Bullhead City Lions Club serves the areas of Bullhead City, Fort Mohave, Mohave Valley, Topock, AZ; Laughlin, NV, Needles, CA with eye exams and glasses. The club also provides vision screening for children 2 yrs to 14 years of age in all the public, private & charter schools. We often will vision screen at local health fairs to address any need for homeschooled children.

CASA Council of Mohave County

928-753-0790 x4229

The State CASA Program (Court Appointed Special Advocate) recruits and trains volunteers who advocate for foster children in Court and do monthly visits.

CASA Council Helping Children of Mohave County

530-632-5567

Beverly Siemens

casasupport.org

CASA Council is a 501(c)(3) non-profit organization, which is a Foundation that raises money to benefit the unmet needs of children in out-of-home care (foster care, relative placements, and fictive care) and In-Home Services.

Family Support Coordination Parenting Arizona

Hanany Topete

602-684-1192

familysupport@cplc.org

Chicanos Por La Causa/Parenting Arizona's Family Support Coordination program supports families with children age birth to 5. Our goal is to assist them in understanding, accessing, and navigating services that promote family well-being by engaging families and connecting them with community resources. Family Support Coordinators provide guidance, advocacy, and coordination throughout the process. Our aim is to refer families to timely and essential services, fostering family well-being and self-sufficiency.

First Things First

1940 Mesquite Ave Suite E

Lake Havasu City, AZ 86403

928-854-8732

www.FirstThingsFirst.org

Local region covers Mohave and La Paz County

First Things First is Arizona's early childhood agency, with programs and resources to support great childhoods. By focusing on the first five years, we are making a difference in the lives of young children, their families and our communities. Quality early learning and child care are essential for stronger, healthier families and for the economic future of Arizona.

CHILDREN AND FAMILY SERVICES

Disabilities & Special Needs Resources

Arizona Center for Disability Law, Inc

<https://www.azdisabilitylaw.org>

Arizona Early Intervention Program (AZEIP) Contracted by Essential Therapy Solutions

480-677-3349

<https://www.etherapyaz.com/>

To make an online referral:

https://bit.ly/FTF_AZEIP

A statewide system of services and supports for families of infants and toddlers, birth to three years of age, with delays or disabilities. AzEIP provides eligible children and their families' access to services to support the child's development through in-home individualized parent education and support.

See pages 8 and 9 for more information

Raising Special Kids

5025 E. Washington St. Ste. 204

Phoenix, AZ 85034

(602)242-4366

www.raisingpecialkids.org

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

Education

Mohave Valley Elementary School District

8450 S. Olive Ave.

Mohave Valley, AZ 86440

928-768-2507

info@mvdistrict.net

Topock Elementary /Preschool

5083 Tule Dr.

Topock, AZ 86436

928-768-3344

Serving Families Pre-k through 6th grade.

Preschool accepts children ages 3 to 5 years old.

Topock Elementary School District

5083 Tule Dr.

Topock, AZ 86436

928-768-3344

Services grades pre-k - 6

WACOG Head Start

Mohave Valley

1425 E. Willow Dr.

Mohave Valley, AZ 86440

928-768-1090

Center based early childhood development program.

Eligibility Requirements: Income guidelines and age (3 & 4 years old by August 31). Priority to children with disabilities, homeless, foster children, lowest income

Emergency/Non-Emergency

Arizona Department of Child Safety

2440 Adobe Rd., Ste. 110

Bullhead City, AZ 86442

928-704-5880

Child Abuse Hotline 1-888-767-2445

AZ Statewide Crisis Line

1-844-534-4673 or 1-844-534-HOPE

Golden Shores Fire Department

12950 Oatman-Topock Hwy,

Topock, AZ 86436

(928) 768-4546

Emergency services.

CHILDREN AND FAMILY SERVICES

Early Intervention Information

What is Early Intervention?

Parents, guardians, foster parents and family members know their child best. They observe the health and development of their child daily through routines, play and interactions. Sometimes parents/caregivers may have concerns that their child is not meeting the milestones for his or her age. Other times home visitors, health care providers, child care providers or early education teachers may identify concerns for a child's development and share them with the parent/ caregiver.

These concerns may be observed by the way a child:

- Plays, sees, hears (physical development),
- Interacts with others (social-emotional development),
- Learns (cognitive development),
- and communicates (language/speech development).

Why is Early Intervention important?

Addressing concerns early on in a child's life is important. If the parent, guardian or caregiver is interested in learning more about the additional support their child can receive, there are early intervention resources that can help them. Early intervention resources can have a maximum impact by enhancing the early growth and development in infants and toddlers, who may have or are at risk for developmental delays or disabilities, by providing individualized support and services to the child and their family.

- Children who receive early intervention have improved outcomes and increased success and independence in the long run.
- Early intervention can have a positive impact on a child's health, development and academic success.
- Early intervention therapies can alleviate the financial burden of therapy in the long run by reducing the need for continuing intensive therapy.

What can I do if I have concerns about my child's development?

- Talk to your child's doctor and share your concerns. Don't wait. Acting early can make a real difference!
- Complete a milestone checklist for your child's age.
 - Center for Disease Control (CDC) Milestone checklist Search online: CDC Milestone Checklist. The CDC's Developmental Milestones link will provide checklists for age 2 months to 5 years.
 - CDC's Milestone Tracker App Download it free today on iOS and Android devices.
- Ask about a developmental screening.
 - Ask your child's doctor to conduct a developmental screening and/or if you are concerned about possible signs of autism, an autism screening (generally completed at 18 and 24 months).
 - Parents have FREE access to the Ages & Stages Questionnaires® (ASQ), one of many general developmental screening tools, by visiting **easterseals.com** and searching ASQ.
- Get an Evaluation for your child.
 - Call your local public school district to get information about their upcoming Child Find events. The Individuals with Disabilities Education Act (IDEA) includes the Child Find mandate. Child Find requires all Public Education Agencies (school districts) to identify, locate and evaluate ALL children birth through 21, who may have or are at risk for developmental delays or disabilities. Screening procedures include vision and hearing screenings along with developmental screenings.

CHILDREN AND FAMILY SERVICES

Early Intervention Services

CHILD IDENTIFICATION

There is a concern about the child's growth, development and/or learning. These concerns can be identified by parents/ caregivers, relatives, home visitors, child care providers, school teachers or health care providers based on:

- Observation – the way a child plays, sees, hears, interacts with others, learns and communicates and/or
- A milestone checklist or a developmental screening completed.

THE CHILD IS BIRTH TO AGE 3.

Referral & Intake

- The parent/guardian can start the online or phone referral process for their child; or,
- A home visitor, child care provider, early education teacher or health care provider obtains permission from the parent/guardian before referring and starting the online or phone referral process.

Who to contact:

Arizona Early Intervention Program (AZEIP)
Contracted by Essential Therapy Solutions

To make an online referral:
https://bit.ly/FTF_AZEIP

Evaluation & Assessment

The **Early Intervention program** (for children age 0-3) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child's development and the family's needs and concerns.

Child is Found Ineligible for Services

If the child is age 0-3:

The child's family receives information on growth and development. Referrals are made to other community resources, if appropriate. The child may be reevaluated at a later date.

If the child is age 3-21:

The school system will notify the parent/guardian in writing and explain why the child has been found "not eligible." The parent/guardian will be given information about what they can do if they disagree with the decision.

THE CHILD IS AGE 3 TO 21.

Referral & Intake

- The parent/guardian can contact their local school district (Public Education Agency) to get information on the next Child Find event, where the child can be evaluated; or,
- The parent/guardian can take the child to their local school district (Public Education Agency) to be evaluated; or,
- A home visitor, child care provider, early education teacher or health care provider obtains permission from the parent/guardian before referring the child to be evaluated by their local school district or Child Find event.

Evaluation & Assessment

The **school district** (for children age 3-21) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child's development and the family's needs and concerns within **45 calendar days** of the date they are notified about the child.

ELIGIBILITY DETERMINATION

Child is Found Eligible for Services

If the child is age 0-3:

Individualized Family Service Plan (IFSP) The family of an eligible child meets with the Early Intervention (EI) team to create an IFSP, usually in the home or in a community setting. The EI team provides services as outlined in the IFSP. The EI team reviews the child's IFSP as needed throughout the year. The IFSP is updated annually with the family.

Transition: As the child approaches their third (3rd) birthday, the family and local EI program prepare for transition to special education preschool, school district (K-12) and/or other community based services.

If the child is age 3-21:

When a concern is identified through evaluation procedures, the parent/guardian must be notified within 10 school days and informed of procedures to follow up on the child's needs. For example:

- The child may be referred to the school's study team for pre-intervention services; or,
- If the child may have a disability, a comprehensive evaluation will be necessary to determine the child's eligibility for special education and related services. A team, of which the parent/guardian will be a member of, will meet to begin the process.

CHILDREN AND FAMILY SERVICES

Health Services

Mohave County Health Department

700 Beale St.
Kingman, AZ. 86402
928-753-0714

Mailing Address: PO Box 7000
Kingman, AZ. 86402

Family Planning Clinics, Environmental Health Programs,
Mental Health Services, Nutrition Programs, Vaccination
Programs, Woman, Infant and Children Program (WIC),
Women's Health Programs.

Birth & Death Certificates, Vital Records

Flu & Pneumonia Shots, HIV & STD testing, Laboratory
Services.

River Cities United Way Community Health Outreach Workers

145 N. Lake Havasu Ave.
LHC, AZ 86403

Main: 928-855-6333
Alt.: 928-683-4270

Debi Pennington
Debi@rcuw.org

Community Health Outreach Workers will work closely
with medical providers, primary care teams, and other
agencies to improve patient care and outcomes.

Health Services: Mental Health

MiKID-Bullhead

810 Gemstone Ave.
Bullhead City, AZ 86442
928-753-4354
bullhead@mikid.org

Provides support, education, and skill development to
families and their children, youth, and young adults who are
experiencing mental health and behavior changes.

Eligibility: AHCCCS, Mercy Care, Care First or other State
insurance.

Mohave Mental Health Children's Clinic

2580 HWY 95 Suite 209
Bullhead City, AZ 86442
928-757-8111
www.mmhc-inc.org

Outpatient clinics offer a full array of behavioral health
services to both children and adults. Services may include
assessment, psychiatric interventions, therapy and
counseling (provided in individual, family, and groups),
medication, residential or inpatient programs, case
management, vocational services, and living skills training.
Other supportive services, such as peer support services,
health promotion, and family support services are also
offered, geared towards helping individuals and families
develop additional self-awareness and specialized recovery
skills to improve independent functioning and quality of life.
All services are provided by qualified behavioral health staff
and are driven by a service plan developed by the client and
the client's child and family team or adult recovery team.

Southwest Behavioral Health - Outpatient Clinic

2580 HWY 95 Suite 119
Bullhead City, AZ 86442
928-763-7776
Mon-Fri 8am-7pm
www.sbhservices.org

Services provided: Individual, Group and Family Counseling,
Medication Services, Psychiatric Care, Skills Training, Case
Management, Vocational Services, DUI Education, and DV
Education.

CHILDREN AND FAMILY SERVICES

Health Services: Pediatrician

Children's Medical Center

Dr. Naila Tariq
1225 Hancock Road #B
Bullhead City, Az 86442
928-758-0183
Pediatric Services.

Colorado River Pediatrics

Dr. Barton
NP Theresa Marin
1611 Joy Lane #2
Fort Mohave, AZ 86426
928-788-8000
Pediatric Services.

Havasu Medical Group-Primary Care and Diabetes

1851 Mesquite Ave Ste #202
LHC, AZ 86403
928-854-0094
Dr. Changizzadah Dr. Carl Satori Dr. Denise Satori
Pediatric services.

Havasu Rainbow Pediatrics

1980 Mesquite Ave., #101
LHC, AZ 86403
Medical group practice located in LHC that specializes in Pediatrics.

North Country Healthcare

2090 N. Smoketree Ave
LHC, AZ 86403
928-854-1800
Provides family practice clinic, well-woman exams, well-baby checkups, immunizations and referrals to necessary specialists.

Tiny Tots Pediatric

Dr. Marilou Reyes
2585 Miracle Mile #124
Bullhead City, Az 86442
928-763-7020
Pediatric Services.

Health Services: FQHC

(Federally Qualified Health Centers are outpatient clinics that serve rural areas)

North Country Healthcare

2585 Miracle Mile Ste. 116
Bullhead City, AZ 86442
928-704-1221
Provides family practice clinic, well-woman exams, well-baby checkups, immunizations and referrals to necessary specialists.

CHILDREN AND FAMILY SERVICES

Nutrition and Food Resources

Salvation Army Family Services

1461 Palma Rd.
Bullhead City, AZ 86442
928-758-3141

Provides food boxes and baby formula to people in need in the Bullhead City, AZ and Laughlin, NV area.

WIC Program - Mohave County Department of Public Health

1222 Hancock Road
Bullhead City, AZ. 86442
928-758-0722

Open Mon.-Thurs. 7am.-5pm. & Fri. 8am.-12pm.

Supplemental healthy foods, nutrition education, referrals to health services Prenatal-5 years of age qualify.
Appointments available by phone or virtually.

WIC Program - Mohave County Department of Public Health

2001 College Drive
LHC, AZ 86403
928-453-0716

Supplemental healthy foods, nutrition education, referrals to other health services Prenatal-5 years of age qualify.

Library

Mohave County Library- Golden Shores/Topock Community

13136 S. Golden Shores Parkway
Topock, AZ 86436

928-768-2235

Open Tues, Thurs, Sat 9:00 a.m. to 1:00 p.m.

Open Wednesdays 2:00 p.m. to 5:00 p.m

Library loans books, e-books, audio books, videotapes, CDs and DVDs.

NOTES

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NOTES

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www.swhd.org

"Nothing Out of the Question"
"Toda Pregunta es Buena"

1-877-705-KIDS(5447)

Call the Helpline to speak with an early childhood specialist, on duty Mon-Fri. 8:00 a.m. to 8:00 p.m.

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

Topics addressed include but not limited to:

- Sleep
- Health and Nutrition
- Safety
- Challenging Behaviors
- Feeding and Eating
- General Child Development
- Potty Training/Learning
- Fussiness/Colic
- Parenting

An extension of the Birth to Five Helpline is the **Fussy Baby** program. This program provides telephone, home visiting and virtual video consultation and support to help families navigate challenges associated with hard-to- soothe infants, excessive crying, sleeping problems and feeding difficulties during their child's first year of life.

Download the Birth to Five Helpline app!

