



2024 Colorado City Resource Guide

FOR FAMILIES WITH CHILDREN BIRTH-5 YEARS

 FIRST THINGS FIRST

FIRST THINGS FIRST

Mission

First Things First (FTF) is an essential leader and partner in creating a family-centered, equitable, high-quality early childhood system that supports the development, well-being, health and education of all Arizona's children, birth to age 5.

Vision

All Arizona's children are ready to succeed in school and in life.



Scan here to view
this guide online

**For updates call FTF Lake Havasu City office
928-854-873**

www.FirstThingsFirst.org/Regions/La-Paz-Mohave

First Things First is Arizona's early childhood agency, with free programs, information and resources to support children's health and development.

www.FirstThingsFirst.org

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CHILDREN AND FAMILY SERVICES

Assistance Programs

APS Crisis Bill Assistance Program WACOG

928-753-6247

Provides utility assistance. They offer other services ranging from weatherization of homes to cut energy cost to rental assistance on a case by case basis.

Arizona Department of Economic Security (AZDES)

1057 Vista Ave.

Page, AZ 86040

P. 928-645-8131

<https://des.az.gov/>

Basic Needs: Adult Protections Services, Food Assistance, Medical Assistance (www.healtharizonaplus.gov), Refugee Resettlement, Shelter and Housing

Child and Family: Cash Assistance, Child Care, Child Support Services, Community Resources

Disabilities: Developmental Disabilities, Early Intervention, Achieving a better life experience

Older Adults: Home and Community Based Services, Healthy Living, Medicare Assistance, Legal Services Assistance, Family Caregiver Support, LongTerm Care Ombudsman, Aging Publications, World Elder Abuse Awareness Day Conference

Employment: Job Seekers, Reentry Services, Employer Resources, Apprenticeship, Unemployment-Employer, Senior Community Service Program, Veterans, Workforce Innovation and Opportunity Act, Eligible Training Provider List

Cherish Families

280 W. Township Ave.

Colorado City, AZ. 86021

Amanda Knudson

P. 928-875-0969

aknudson@cherishfamilies.org

Cherish Families provides food, clothing, hygienic and other needs for individuals from polygamous families or people from communities who are in crisis. In addition, we work with clients to set up long term supports to help provide for basic needs while moving toward stabilization. For information on basic needs contact us [here](#).

Community Legal Services

2701 E. Andy Devine, Suite 400

Kingman, AZ 86401

Phone: (928) 681-1177

1+(800) 255-9031

TTY: Arizona Relay: 711

FAX: (928) 681-5998

Email: infomoco@clsaz.org

* Applications for services in Mohave and La Paz Counties are completed via the Kingman office.

Community Legal Services (CLS) is dedicated to providing legal assistance, advice or representation, self-help materials and legal education so people can know their rights. We focus on helping survivors of domestic violence; assisting victims of consumer fraud and abuse, protecting tenants from unlawful/unfair practices by landlords, foreclosures, legal problems affecting agricultural workers, wage claims and other employment matters, and federal and state programs affecting peoples' health and economic stability.

Salvation Army Family Services - St. George

803 S. Bluff St.

St. George, UT.

P. 435-275-4975

Provides food, clothing, and utility payment assistance to people in need.

Short Creek Dream Center

980 W. Field Ave.

Hilldale, UT. 84784

P. 435-619-4294

konstance@shortcreekdreamcenter.org

The Short Creek Dream Center exists to serve the twin towns of Hildale and Colorado City as they continue to grow, heal, and transform.

From transitional housing, recovery, community outreach and helping combat the effects of poverty, the Dream Center exists to help find and fill the needs of the Short Creek Community and beyond.

Social Security Office

1091 N Bluff St #1100

St. George, UT 84770

(800) 772-1213

Obtain social security cards, name change, social security benefits.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources:

Breastfeeding Resources

Arizona 24/7 Breastfeeding Hotline

1-800-307-4231

La Leche League

1-877-452-5324

<https://llusa.org/>

Pregnancy and Breastfeeding Hotline

1-800-833-4642

Birth to Five Resources:

Child Care Resources

Child Care Resource & Referral

Child and Family Resources, Inc.

P. 1-800-308-9000

www.azccrr.com

M-F 8:00 AM - 6:00 PM, Sat 8:00 AM - 12:00 PM

Child Care Information Line: P. 1-800-308-9000

Child Care Resource & Referral, CCR&R, is a statewide program of Child & Family Resources, Inc. Funding is provided by the Arizona Department of Economic Security's Child Care Administration through federal Child Care Development Block Grant funds. Staff provides referrals to families including but not limited to: child care, financial assistance, housing/utility assistance. Staff also provides consumer education on the different types of childcare options in the state & how to make the best option for your child and family.

Birth to Five Resources: Home Visitation

Health Start Program

Mohave County Department of Public Health

JoBeth Giovanardi

GiovaJ@mohave.gov

928-753-0714 ext. 4323

Community home visiting program that collaborates with pregnant women and their families. The goal of Health Start is to give your child and family the best chance of success with a strong support system through education, development, and referrals to community resources. Health Start enrollment eligibility is prenatal women and families with children up to the age of 2 years old.

Healthy Families Program & Parents As Teachers Child and Family Resources, Inc.

60 Township Ave.

Colorado City, AZ 86021

Graycee Barlow

gbarlow@cfraz.org

P. 928-300-4057

Home visitation programs, families can enroll while prenatal to five years old. The programs also includes a car seat safety program, assistance with diapers and community based referrals as needed.

High Risk Perinatal and Occupation Program

Mohave County Department of Public Health

JoBeth Giovanardi

GiovaJ@mohave.gov

P. 928-753-0714 ext. 4323

High Risk Perinatal Program: A Community Health Nurse (CHN) provides support to families during the transition of a NICU (five days or more) infant to home conducts developmental screenings. The CHN provides support to the family by providing education and connections to community resources.

Eligibility: Infants who have spent five or more days in the NICU.

CHILDREN AND FAMILY SERVICES

Birth to Five Resources: Other

Bright By Text Arizona PBS

Text "ARIZONAPBS" to 274448

www.azpbs.org/kidstext

Bright by Text is a free program for parents and caregivers that sends tips and resources promoting child development, targeted to a child's age from prenatal to 5 years old, right to their cell phone.



CASA of Mohave County

P. 928-753-0790 x4229

The State CASA Program (Court Appointed Special Advocate) recruits and trains volunteers who advocate for foster children in Court and do monthly visits.

CASA Council Helping Children of Mohave County

530-632-5567

Beverly Siemens

casasupport.org

CASA Council is a 501(c)(3) non-profit organization, which is a Foundation that raises money to benefit the unmet needs of children in out-of-home care (foster care, relative placements, and fictive care) and In-Home Services.

Family Support Coordination Root For Kids

St. George Office

P. 435-673-5353

www.rootforkids.org

The Root For Kids Family Support Coordinator partners with families to assist with locating community support agencies that provide needed community services. The Family Support Coordinator completes the Protective Factors Survey with each family. During the survey, the Family Support Coordinator learns about the unique needs of each family, develops a service plan and provides information about the community resources that can address family's concerns. The Family Support Coordinator assists the family in following through with obtaining these resources to allow for success in achieving the goals of the service plan.

First Things First

1940 Mesquite Ave Suite E

Lake Havasu City, AZ 86403

928-854-8732

www.FirstThingsFirst.org

Local region covers Mohave and La Paz County

First Things First is Arizona's early childhood agency, with programs and resources to support great childhoods. By focusing on the first five years, we are making a difference in the lives of young children, their families and our communities. Quality early learning and child care are essential for stronger, healthier families and for the economic future of Arizona.

CHILDREN AND FAMILY SERVICES

Disabilities & Special Needs Resources

Arizona Center for Disability Law, Inc

<https://www.azdisabilitylaw.org>

Arizona Early Intervention Program (AZEIP) Root For Kids

P. 435-673-5353

To make an online referral:

https://bit.ly/FTF_AZEIP

A statewide system of services and supports for families of infants and toddlers, birth to three years of age, with delays or disabilities. AzEIP provides eligible children and their families' access to services to support the child's development through in-home individualized parent education and support.

See pages 8 and 9 for more information

Autism Courage Foundation

180 W. Wilkins St.

Colorado City, AZ. 86021

P. 435-691-3195

autismcouragefoundation@gmail.com

We provide appropriate education and support to individuals of need. We maintain the highest standards of respect, privacy, care and empathy for delayed learners and their providers/caregivers. We network with community members to provide resources, guidance, educational scholarships and gifting that infuse individuals with Hope and Courage to build a fulfilled future.

Raising Special Kids

5025 E. Washington St. Ste. 204

Phoenix, AZ 85034

(602)242-4366

www.raisingpecialkids.org

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

Education

Colorado City Unified School District

PO Box 309

Colorado City, Az. 86021

P. 435-900-8001

F. 928-875-8066

Serving families from Pre-K through 12th grade

Cottonwood Elementary & Cottonwood Developmental Preschool

185 East University Ave.

Colorado City, Az. 86021

P. 928-875-9055

Early Childhood Special Education is a state and federally mandated program for children aged 3–5 who meet state eligibility criteria because they are experiencing developmental delays. School districts and other public agencies are responsible for locating, identifying, and evaluating eligible children and for offering a free appropriate public education (FAPE). Eligible children are entitled to a FAPE at no cost to the family with programming designed to help children meet challenging objectives alongside their typically developing peers. When a delay is suspected, or children are not meeting milestones, local school districts offer **Child Find** services, providing screening, and if needed, evaluation services to determine eligibility. Accepts DES subsidy.

Creekside Montessori School

520 W. Johnson Ave..

Colorado City, AZ. 86021

P. 928-614-1641

Margaret Williams

margaret@creeksideway.com

Creating a peaceful community of diverse, respectful, self-motivated, & independent learners.

Water Canyon Preschool

250 Newell Ave.

Hildale, UT. 84784

P. 435-874-1182

Monday and Wednesday (Session 1) 3 yr olds Room A: 8:10-10:55

Tuesday and Thursday (Session 2) 3 yr olds Room A 8:10-10:55

Monday-Thursday (Session 1) 4 yr olds Room OEK 8:10-10:55

Monday-Thursday (Session 2) 4yr olds Room OEK 11:55-2:40

CHILDREN AND FAMILY SERVICES

Early Intervention Information

What is Early Intervention?

Parents, guardians, foster parents and family members know their child best. They observe the health and development of their child daily through routines, play and interactions. Sometimes parents/caregivers may have concerns that their child is not meeting the milestones for his or her age. Other times home visitors, health care providers, child care providers or early education teachers may identify concerns for a child's development and share them with the parent/ caregiver.

These concerns may be observed by the way a child:

- Plays, sees, hears (physical development),
- Interacts with others (social-emotional development),
- Learns (cognitive development),
- and communicates (language/speech development).

Why is Early Intervention important?

Addressing concerns early on in a child's life is important. If the parent, guardian or caregiver is interested in learning more about the additional support their child can receive, there are early intervention resources that can help them. Early intervention resources can have a maximum impact by enhancing the early growth and development in infants and toddlers, who may have or are at risk for developmental delays or disabilities, by providing individualized support and services to the child and their family.

- Children who receive early intervention have improved outcomes and increased success and independence in the long run.
- Early intervention can have a positive impact on a child's health, development and academic success.
- Early intervention therapies can alleviate the financial burden of therapy in the long run by reducing the need for continuing intensive therapy.

What can I do if I have concerns about my child's development?

- Talk to your child's doctor and share your concerns. Don't wait. Acting early can make a real difference!
- Complete a milestone checklist for your child's age.
 - Center for Disease Control (CDC) Milestone checklist Search online: CDC Milestone Checklist. The CDC's Developmental Milestones link will provide checklists for age 2 months to 5 years.
 - CDC's Milestone Tracker App Download it free today on iOS and Android devices.
- Ask about a developmental screening.
 - Ask your child's doctor to conduct a developmental screening and/or if you are concerned about possible signs of autism, an autism screening (generally completed at 18 and 24 months).
 - Parents have FREE access to the Ages & Stages Questionnaires® (ASQ), one of many general developmental screening tools, by visiting **easterseals.com** and searching ASQ.
- Get an Evaluation for your child.
 - Call your local public school district to get information about their upcoming Child Find events. The Individuals with Disabilities Education Act (IDEA) includes the Child Find mandate. Child Find requires all Public Education Agencies (school districts) to identify, locate and evaluate ALL children birth through 21, who may have or are at risk for developmental delays or disabilities. Screening procedures include vision and hearing screenings along with developmental screenings.

CHILDREN AND FAMILY SERVICES

Early Intervention Services

CHILD IDENTIFICATION

There is a concern about the child's growth, development and/or learning. These concerns can be identified by parents/ caregivers, relatives, home visitors, child care providers, school teachers or health care providers based on:

- Observation – the way a child plays, sees, hears, interacts with others, learns and communicates and/or
- A milestone checklist or a developmental screening completed.

THE CHILD IS BIRTH TO AGE 3.

Referral & Intake

- The parent/guardian can start the online or phone referral process for their child; or,
- A home visitor, child care provider, early education teacher or health care provider obtains permission from the parent/guardian before referring and starting the online or phone referral process.

Who to contact:

Arizona Early Intervention Program (AZEIP)
Contracted by Root for Kids

To make an online referral:
https://bit.ly/FTF_AZEIP

Evaluation & Assessment

The **Early Intervention program** (for children age 0-3) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child's development and the family's needs and concerns.

Child is Found Ineligible for Services

If the child is age 0-3:

The child's family receives information on growth and development. Referrals are made to other community resources, if appropriate. The child may be reevaluated at a later date.

If the child is age 3-21:

The school system will notify the parent/guardian in writing and explain why the child has been found "not eligible." The parent/guardian will be given information about what they can do if they disagree with the decision.

THE CHILD IS AGE 3 TO 21.

Referral & Intake

- The parent/guardian can contact their local school district (Public Education Agency) to get information on the next Child Find event, where the child can be evaluated; or,
- The parent/guardian can take the child to their local school district (Public Education Agency) to be evaluated; or,
- A home visitor, child care provider, early education teacher or health care provider obtains permission from the parent/guardian before referring the child to be evaluated by their local school district or Child Find event.

Evaluation & Assessment

The **school district** (for children age 3-21) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child's development and the family's needs and concerns within **45 calendar days** of the date they are notified about the child.

ELIGIBILITY DETERMINATION

Child is Found Eligible for Services

If the child is age 0-3:

Individualized Family Service Plan (IFSP) The family of an eligible child meets with the Early Intervention (EI) team to create an IFSP, usually in the home or in a community setting. The EI team provides services as outlined in the IFSP. The EI team reviews the child's IFSP as needed throughout the year. The IFSP is updated annually with the family.

Transition: As the child approaches their third (3rd) birthday, the family and local EI program prepare for transition to special education preschool, school district (K-12) and/or other community based services.

If the child is age 3-21:

When a concern is identified through evaluation procedures, the parent/guardian must be notified within 10 school days and informed of procedures to follow up on the child's needs. For example:

- The child may be referred to the school's study team for pre-intervention services; or,
- If the child may have a disability, a comprehensive evaluation will be necessary to determine the child's eligibility for special education and related services. A team, of which the parent/guardian will be a member of, will meet to begin the process.

CHILDREN AND FAMILY SERVICES

Emergency/Non-Emergency

Arizona Department of Child Safety

1057 Vista Ave.
Page, AZ 86040
928-608-4245
Child Abuse Hotline 1-888-767-2445

AZ Statewide Crisis Line

1-844-534-4673 or 1-844-534-HOPE

Colorado City Fire Department

40 S. Pioneer St.
Colorado City, AZ 86021
Non-Emergency 928-875-2400
Emergency Dial 911
Emergency services.

Colorado City Police Department

50 N. Colvin St.
Colorado City, AZ 86021
Non-Emergency 928-875-9170
Emergency Dial 911
Emergency Services.

Health Services

Heritage Midwifery

1065 N. Hildale St. #941
Hildale, UT. 84784
P. 435-256-8131 F. 435-256-8931
Helen Barlow
heritagecpm@gmail.com
453-256-8131
Midwives care for low risk pregnant women.

Hometown Wellness

1070 Hildale St.
Hildale, UT. 84784
Thiel Cooke
P. 435-216-5488
Hometown-wellness.com
Hometown Wellness is a primary care facility serving a wide range of patients.

Health Services

Mohave County Department of Public Health

2096 S. Hwy 389
Colorado City, Az. 86021
P. 928-753-8675
Services provided include Free immunization clinics for Kids and Adults. The other services we offer are listed under the different programs.

Health Services: Mental Health

MIKID

928-753-4354
Provides support, education, and skill development to families and their children, youth, and young adults who are experiencing mental health and behavior changes.

Health Services: FQHC

(Federally Qualified Health Centers are outpatient clinics that serve rural areas)

Creek Valley Health Clinic

20 S. Colvin St. #418
Colorado City, Az. 86021
P. 435-900-1104 F. 928-875-2499
Creek Valley Health Clinic offers a range of essential healthcare services designed to meet the diverse needs of our community. Our primary care services cover routine medical care, ensuring that individuals receive thorough and precise attention to their general health needs. We specialize in early childhood developmental screening, prioritizing the healthy growth and development of our youngest patients.
Recognizing the critical connection between physical and mental health, Creek Valley Health Clinic integrates behavioral health services seamlessly into our primary care setting. This approach allows us to provide a comprehensive and individualized healthcare experience, addressing a spectrum of health concerns. Whether it's routine check-ups or specialized services, Creek Valley Health Clinic is committed to promoting overall wellness and providing accessible, high-quality healthcare for our community.

CHILDREN AND FAMILY SERVICES

Library

Washington County Library

440 E. Newel Ave.
Hildale, UT. 84784
P. 435-874-1341

The Hildale Public Library is dedicated to providing free & equal access to information and knowledge through books, programs, and collaboration with our diverse community. We believe in the freedom to read, to learn, and to discover in a safe environment.

Nutrition and Food Resources

Salvation Army Family Services - St. George

803 S. Bluff St.
St. George, UT.
P. 435-275-4975

Provides food, clothing, and utility payment assistance to people in need.

WIC Program - Mohave County Department of health

P. 928-875-8399
Supplemental healthy foods, nutrition education, referrals to other health services Prenatal-5 years of age qualify.

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www.swhd.org

"Nothing Out of the Question"
"Toda Pregunta es Buena"

1-877-705-KIDS(5447)

Call the Helpline to speak with an early childhood specialist, on duty Mon-Fri. 8:00 a.m. to 8:00 p.m.

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions about their infants, toddlers and preschoolers.

Topics addressed include but not limited to:

- Sleep
- Health and Nutrition
- Safety
- Challenging Behaviors
- Feeding and Eating
- General Child Development
- Potty Training/Learning
- Fussiness/Colic
- Parenting

An extension of the Birth to Five Helpline is the **Fussy Baby** program. This program provides telephone, home visiting and virtual video consultation and support to help families navigate challenges associated with hard-to- soothe infants, excessive crying, sleeping problems and feeding difficulties during their child's first year of life.

Download the Birth to Five Helpline app!

